IN THIS ISSUE

MORE THAN A COLLECTION:
Los Altos History Museum preserves stories

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ON THE COVER:
Photos, paintings and prints abound in the Los Altos History Museum collection, coordinated by Sophia Abarca.

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Sophia Abarca spends a majority of her time among old things. From the yellowing pages of Town Crier issues of years past to now-rusted slice of life artifacts that wouldn’t have made anyone bat an eye, like a coffee tin or honey jar, Abarca’s role as the Los Altos History Museum curator of collections has her spending a lot of time with pieces of local history.

While there’s nothing in the archive that she finds the “most interesting,” she said the archive itself, and how the city of Los Altos came to be, is distinctive. Abarca said she enjoyed reading the meeting minutes of the San Antonio Club, which began as a literary-music society but became a women’s club in 1908, according to former Los Altos Historian Don McDonald in a 1999 episode of “The Los Altos History Show.” It served during WWII as a social club of sorts, McDonald noted.

“I like seeing how a city developed, and we have the Town Crier, obviously,” she laughed. “And then we have agricultural objects that were from an apricot orchard, and even the photos of how those people used to live before it turned into a suburban little city, its downtown and how that developed over time.”
Abarca’s always been called to that sort of thing. She went to San Jose State University for her undergraduate degree in anthropology. After volunteering with the San Francisco Academy of Sciences made her realize a passion for collections, she went back to school and received her master’s degree in collections with an emphasis in registration from San Francisco State University.

“The very first day, I was like, ‘This is so cool. It doesn’t feel like work.’ So that’s where I got most of my experience,” Abarca said. “The stories of objects really inspired me to go get my master’s degree just so I can do collections work.”

And the collection at the museum is vast. The more than 16,000-item collection is full of items from paintings to photos, journals, books, furniture, boxes, textiles and even a blood pressure reader, gynecology book and pill bottle filled with antibiotics from the mid-20th century.

“I like hearing their stories, why (an object’s) important to them, and how the object made its place in Los Altos, how it played a role in Los Altos and also their lives. It’s rewarding to hear the stories.”

SOPHIA ABARCA, CURATOR OF COLLECTIONS
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Because all the items in the archive are aging and certain conditions—like heat and humidity—speed up the deterioration of objects, the collection is stored in a room that’s always cold and humidity controlled.

“And within that they are in archival housing and protection,” Abarca said. “So archival folders, archival boxes, archival tissue paper, everything is archival grade, which means that they’re PH balanced. A lot of papers and newspapers and ink, they are very acidic, so that’ll undo it or balance it.”

Paper objects can either be handled by people wearing standard nitrile gloves or by those who’ve recently washed and cleaned their hands, she added.

The collection has been built over the years through donations and is meant to document the histories and stories of events, groups and people who called Los Altos and the greater region home, according to the Los Altos History Museum.

Accepting donations and fulfilling research requests are the most enjoyable parts of her career, Abarca said; while

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Sophia Abarca spends the majority of her time among the LAHM collections. PHOTO COURTESY OF SHELBY BOWERS

Pastor Dave Moore and family

Image by Zara Tahir
Hi there, my name is Ryan Gowdy. I am a second-generation Los Altos realtor who lives, breathes, and loves everything Los Altos. My children attend our local schools and I am a proud sponsor of LAEF. I still live in the wonderful community where I was raised. I take great pride in providing exceptional service to my clients who trust me for guidance in all things real estate. If there is ever anything that I can do support you with your real estate needs, please don’t hesitate to reach out.

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items and stories themselves may seem impersonal on their own, the people she speaks with have attachments to them, and it adds a personal touch to her job.

“Answering research requests is always rewarding, especially when someone is trying to find something out from when they’re a kid, or a family member, and then we find it and they’re so happy,” she said. “Also, donations. People donate, and we accept it, and we’re so happy to have it in the museum. The histories behind objects are obviously very personal. I like hearing their stories, why (an object’s) important to them, and how the object made its place in Los Altos, how it played a role in Los Altos and also their lives. It’s rewarding to hear the stories.”

Currently, Abarca is working on expanding the museum’s Museum without Walls initiative and is trying to upload more of the collections online. Last year, 50 oral histories were uploaded; her goals this year are to make more of what’s stored in the collections available to the public and “making the museum more accessible from the outside.”

The Los Altos History Museum is located at 51 S. San Antonio Road. Admission is free.
Hours are noon to 4 p.m. Thursday through Sunday.

Those interested in the donation process can visit losaltoshistory.org/collections/donate.

To explore a sliver of the collection, visit losaltoshistory.org/collections/explore.
It started with a phone call. A highly unusual phone call.

My family could be described as passive-aggressive in terms of dealing with just about anything that might hurt someone’s feelings. Rather than telling you that you look ridiculous in those skinny jeans, I might tell you that I really like the sweater you wore last Christmas eve. It takes more than a genius to read the tea leaves in my family.

Out of the blue, my adult son Scott called me in 2016 to tell me that I made a major mistake while raising him. He told me what I did wrong and asked, what in the heck was I thinking? I was confused. I wondered who was this impersonator with the gall to confront me so strongly? I soon discovered that my son had been researching animal rights and had come to the conclusion that I had been unnecessarily abusing and killing animals and “teaching” others to do the same. Scott added that my wife and I had been feeding our kids a much less-than-ideal diet all those years. ➤
Well, that wasn’t the type of phone call I expected that, or any other, day. So I picked my ego off the floor, expertly deflected his arguments, and put aside the anger from having him tell me the emperor has no clothes. That said, I had a nagging feeling that I needed to figure out what all this was about and why he was suddenly so passionate about veganism. My vegan journey was just starting.

First of all, I wondered what exactly is veganism. My mom’s side of the family were dairy farmers and I had more experience helping work a farm than your typical American, so certainly I must know about how to treat animals, I thought. I scooped so much cow manure with Grandpa that when I drive near a farm, I still associate the smell of manure with warm feelings about my grandparents, who were nice, honorable people and even had framed photos of prized cows like they were part of the family.

Surely, I couldn’t be doing anything wrong by maintaining my current diet. We need the protein and vitamin B-12 from cow’s milk and meat, and those cows will die eventually anyway. I mean, I know Grandpa just did with the cows what was needed to feed America. Before Scott called, I never considered that the average dairy cow lives about three to four years of their 20-year natural life expectancy, and they have it good compared to cattle raised for beef. My son must be nuts, I thought, but I’ll humor him and look into this “vegan thing.” I wondered if vegans...
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were just angry antagonists hell bent on challenging the status quo and unnecessarily questioning our dietary traditions and animal agriculture? I also wondered if some crazy vegans lost their taste buds, forced my son into a cult and now he’s totally lost his way?

The first step on my journey was to attempt to rationalize my dietary choices. Yeah, my cholesterol and blood pressure were a bit high in spite of being razor thin and doing triathlons, but I loved BBQ pork and beef steaks. Yeah, my skin issues were troublesome, but I love dairy and need that vitamin D. I started by watching some of the standard shocking vegan scare videos you can find on YouTube, like those by Gary Yourofsky, and watched movies. I was swayed but not totally moved because I felt I “needed” (OK, wanted) these products for my health if I wanted to continue to be the solidly mediocre athlete I was. That said, I wanted to support Scott and better understand him, so I “went vegan” for a month or two and continued my research. I figured that after time elapsed, I’d be able to come back to Scott with a solidly researched and irrefutable explanation for why veganism wasn’t for me or most people.

My first plant-based food month went poorly. Fortunately, my wife joined me on the adventure or I probably would have given up after a week; we monitored each other. I felt hungry a lot and I missed my BBQ after the first week. I bought fake meat, and it tasted like a poor substitute for what I was used to. I couldn’t find a decent butter or milk substitute, but hey, I was committed and prepared for a short adventure. I tried to keep up my fairly...
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intense exercise schedule but felt a bit more run down. The only upside was that I felt much more energetic after meals, whereas I previously needed to rest after a heavy meal. What also helped keep me motivated was that all the medical research I was doing indicated that I should be able to thrive, not just survive on a plant-based diet. I also started to learn how to discern real science from feel-good propaganda. I found that the seemingly endless amount of non-plant-based advertising, articles and social media supported by the meat and dairy industries was much less scientific and research-based than the information I found supporting thriving on a plant-based diet. I also started to learn how these animals to be healthy and enjoy food. Could Scott have been correct that vegans are just trying to help the world become more compassionate and sustainable? But nah, I wasn’t not sold yet. Plus, if I couldn’t prove to myself that I was just as healthy and reasonably satiated on a plant-based diet, I was out.

My second plant-based month was a transition. I still craved and occasionally tried meat and dairy, but I was starting to get used to my new food choices. My taste buds started to change and I was appreciating more subtle flavors, as long as I didn’t eat too much fake meat. Some plant-based eaters believe fake meats are a great way to transition, but my personal feeling is that the fake meats keep people from fully appreciating plant-based foods because they’re similar to what you’re comfortable with, but not what you enjoy. They’re also just as fatty and salty, so your palate doesn’t change as much. The main thing I learned in month two was I needed to eat way more food. I was eating the same amount of food, but a plant-based diet isn’t nearly as calorie or protein-heavy as a diet with meat. This was a recipe for disaster, but I found that you almost can’t eat too much on a plant-based diet. I like to eat a lot, so that’s good for me. I simply needed to find protein-intensive and high caloric meals for athletes, and once I did, I started to feel better.

On my third plant-based month I decided to be vegan for a year; not only to enjoy the challenge, but to see what the impact would be on my health. During this period, I discovered that most pre-made and restaurant plant-based food is terrible. I bought several vegan cookbooks and went
to work. The more recent the cookbook, the better, as vegan cooking techniques are rapidly improving. I even dabbled with the idea of opening a vegan dessert shop because I could make vegan desserts that matched or surpassed my old recipes and could not be found elsewhere.

Meanwhile, I continued my research to counter Scott’s claims about veganism. I was moved by the overwhelming scientific research connecting our environment with animal agriculture and surprised by how large of an impact it had. I started to see the effect of animal agriculture on those less economically fortunate worldwide. My eyes were opening.

By the end of year one, I was almost all in – but I don’t give up easily.

I started my journey by trying to counter Scott’s animal welfare arguments so I could continue my old diet, but I’d found no rational science-based counter argument. Not only that, but I found it’s better for my health, the environment and those less fortunate. I also wasn’t craving my old food. So, by the end of year one, I had all these reasons to stick with it. Like most of us, I tried to live in a way that matched my values. Empathy and fairness and regard for the earth were aligned with plant-based eating.

Then I stopped: a good reason to stop all this plant-based nonsense would be going to the doctor for an annual exam and see what blood tests say. I was still playing basketball twice a week, doing Crossfit and getting lots of other exercise. I wanted to stay fit and healthy long-term. If doc said I’m worse now, I might give up. No way in heck was I giving up my health for others.

How’d the exam go? Every single health indicator was better or the same, including B-12, and my borderline high cholesterol was now in the low range. I had essentially become younger.

Fast forward eight years to 2024. As I turned 63, I’ve found that I’m just as healthy and just as mediocre an athlete as before. I’m still doing that research, but I’ve given up on trying to convince Scott that he’s wrong about veganism. In fact, every day I find more reasons to stick with a plant-based diet. My wife and I are still in this together and other family members have joined us over the years.

Scott, thanks for that phone call. It changed my life. By the way, those skinny jeans really look horrible on you.

Cary Anderson is a Los Altos resident and GreenTown Los Altos volunteer. For tips on green eating and more information, email eating-green@greentownlosaltos.org.

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After a difficult life experience left me feeling broken and lost, I spent days crying and mourning the future I had planned; it slipped through my fingers so easily, and when I looked at who I’d become, I didn’t know if I recognized myself.

I gave myself (more than) a few days to grieve, but I knew action was crucial to my growth and healing. That’s when I decided to get in touch with what I wanted, what I enjoyed and what filled my cup; doing what I liked, I later realized, was something I’d neglected for quite a while.

I leaned on my amazing friends for support and planned an outing for Superbowl Sunday. Shortly after my friend Amani and I hit a plant shop and got brunch, we went back to her place – per my request – because she was fostering two cats for Pink Paws for the Cause, a cat rescue founded by Los Altos Hills resident Charlene Mercadante, and I was excited to meet the kitties I’d heard so much about.

Bonito, a rotund, 15-pound flame point Siamese with piercing blue eyes, stared cautiously yet curiously at me when I walked in. His sister Betty, a gray long-haired ball of fur (most likely of the Nebelung breed) darted as soon as she saw me. They were previously feral and Betty was much more distrusting of humans than Bonito.
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As I established trust with Bonito – a process which included me sitting on the floor, slowly blinking my eyes at him so he didn't perceive me as a threat – we moved over to the much comfier couch, where Amani eventually encouraged him to endure my love. As his purrs grew into what I can only compare to the hum of a car engine, I was reminded of Julius, a handsome tabby Maine Coon who used to follow me around when I volunteered at San Jose-based 13th Street Cat Rescue as a teen.

I had joined the rescue as part of my high school's senior volunteer project, but for me it was more than that. It was an outlet for me to care for being who experienced hard lives, who knew pain and who were more than deserving of love and a good life.

Julius was put down before I stopped volunteering because he was in pain and no longer responding to medical treatments. While it broke my heart, I knew the life the rescue provided him was better than anything he could have ever experienced if the rescue didn't exist – he would have continued being a street cat, never knowing the warmth of indoor life or what it felt like to be loved. The work all the volunteers did made an impact in the lives of the cats we cared for, and for me, that was incredible.

I stopped volunteering in 2019 because my other responsibilities and college got in the way. But as I looked at the overweight, surprisingly turkey-shaped cat enjoying the unrequited love I was giving him, it clicked: I had time now, and if there's anything that would help me reconnect with myself, it was volunteering.

While I'm now volunteering in the "garage," the location where I volunteered years ago for 13th Street Cats where I cared for and socialized older, sick, and feral cats, I also plan to implement professional skills I've developed to help with newsletters and other communications.

Volunteering has helped me heal in that I get to focus on caring for other beings; I also get to get out, do what I love, and cuddle some cute kitties.

I always look forward to seeing (and hearing) Gregory, a deaf black cat with entrancing yellow eyes, when I get to the garage. He's a sweetheart who loves belly rubs and attention, but as soon as you stop, he'll follow you around and yap until you give him the attention he wants.

Others are permanent residents, like Jill, a black and white American shorthair, who's been there since I last volunteered. While she used to stay in the rafters then, watching volunteers from what she felt was a safe distance, she has so much more confidence now and isn't as afraid of humans. She doesn't dart when people enter the garage and sits much closer to volunteers. To see her growth assures me the work volunteers do is not wasted. The love we've shown has transformed her and to see she's softened has made my heart grow and my cup overflow.

If you're lost, looking to reconnect with yourself, looking to contribute to a good cause or just want to get out and do fulfilling work, volunteering at an animal rescue or fostering a cat is a great idea.
The rescue I volunteer with, 13th Street Cat Rescue, is open to volunteers, fosters and donations. For more information, visit tinyurl.com/13thstreetvolunteer. Many of the in-person volunteering happens in San Jose and Campbell. Luckily, there are plenty of local animal rescue organizations that are open to volunteers and fosters.

**Pets in Need Palo Alto**

Located at 3281 E. Bayshore Rd., Pets in Need operates in Palo Alto and Redwood City. Those interested can sign up for drop-in volunteering opportunities – which range from helping in the office to animal transport, doggy day out and laundry care – that require volunteering once a week for a set number of weeks. Recruitment for in-shelter volunteers (those who work with socializing and providing exercise to the shelter’s various residents) begins April 1; the commitment is for much longer than drop-in volunteers because of the training provided. Volunteers will spend two hours weekly for four months with the animals, including cats, dogs, rabbits, guinea pigs, hamsters and birds. For more information, visit tinyurl.com/petsinneedvolunteer.

**Pink Paws for the Cause**

This organization was a grassroots effort founded by a Los Altos Hills resident who noticed many feral and stray cats in the area. As the pandemic moved many rescue organizations that provided TNR (trap, neuter, return) to almost a standstill, Mercadente focused on rescuing and adopting out cats that were friendly and suitable for indoor life, per previous Town Crier reporting. The rescue is looking for fosters, like my friend Amani and volunteers. Those interested in fostering can fill out the application at tinyurl.com/pinkpawsfoster. Those hoping to volunteer can do so with Pink Paws for the Cause, partnered with San Jose-based Gatos de la Noche. Some of their local opportunities include adoption fairs at the Palo Alto Pet Food Express, 3910 Middlefield Rd., providing marketing and promotion, and photography. Those interested in volunteering can access the application by visiting tinyurl.com/pinkpawsvolunteer.

Volunteering is one of the most rewarding experiences I’ve had. Every day I know I’ll get to spend with the cats is a day I know I’ll enjoy. Give it a chance and volunteer with some furry friends! 🐾

Jump Into Spring With A Fresh Start

Warmest wishes to you and yours as the year begins to bloom. We hope it is filled with exciting new adventures and bright celebrations.

The Sangsters wish you a fruitful and abundant Spring.

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You will never be younger than you are right now and your body is declining with each passing day. It sounds depressing, but there is good news. While you can’t stop time, there are actions you can take to offset the natural aging process.

Think of your body as a car. You can drive it hard and fast. You can choose to ignore the “check engine” light. You can skip the oil changes and avoid the investment in tire rotations and car washes, or, you can treat it with respect.

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Like cars, our bodies have parts. There are the parts you can see and the parts you can’t but they all serve their purpose. If one part isn’t working in your car, it will fail to run efficiently, or may not even run at all. The same is true of your body. While we don’t come with a “check engine” light or an owner’s manual, there are things you can do to prevent wear and tear and to ensure that your “vehicle” lasts as long as possible.

Exercise is the most important thing you can do to offset or slow aging in your body. Exercising your body is like driving your car. If you race it down the street and do donuts in the parking lot, you will accelerate wear and tear. If you never drive it, the battery will die, and the tires will rot. Exercise that is too aggressive will accelerate wear and tear to your joints. Lack of exercise will soften your bones, atrophy your muscles, and increase the likelihood that your body fails you – or breaks down on the side of the road, if you will. Investing in smart, well programmed strength and mobility training is the equivalent to buying the sensible car with the extended warranty. It may not be as exciting as the flashy luxury brand or the shiny rims, but it will help you go the distance.

While most cars and bodies depreciate with age, you can invest in regular exercise to increase bone density and lean muscle mass, improve insulin sensitivity, metabolic health, cognitive health and body composition. Moreover, a workout that incorporates strength, balance, mobility, and alignment-based movement reduces the risk of aches, pains, injuries and disease.

Choosing exercise is much like choosing a car. We gravitate towards the bells and whistles like the sunroof, sound system and heated seats. We tend to take for granted safety ratings, batteries and brakes. Rather than focusing on short-term, temporary or myopically focused gains, focus on the exercises that are holistic and will give you the best overall outcomes longer-term.

Here are my recommendations on what types of movement to incorporate into your daily life to ensure your vehicle goes the distance.

**Mobility.** Mobility is the foundation for everything. Move it or lose it. Walk. Stand and sit. Go up and down stairs. Get up and down off the floor. Feeling sticky or have aches and pains? Roll. Myofascial release (aka foam rolling) will help your body slide and glide through life like a well-oiled engine. Invest in a set of massage therapy balls and take your quality of life and movement to the next level.

**Balance.** We take this for granted until it’s gone. Strengthen your core with planks. Stand on one leg while you brush your teeth and swap sides halfway through. Slowly walk across the room lifting your knee towards your chest as you balance on the opposing leg. Bonus: close your eyes.

**Functional Exercise.** Practice proper alignment and form of the seven functional movements: squat, hinge, lunge, push, pull, rotate and walk. Incorporating these exercises into your workout will help everything else you do in life.

**Functional Strength.** Whether it’s body weight or lifting weight, focus on building strength for the purpose of improving your bone density and reducing risk of aches, breaks and injuries. Think of what you want to be able to do in life (i.e. lift a suitcase into the overhead compartment, carry your groceries, pick up a pet or young child, and practice accordingly). If you’re not going to bench press your car, no need to train as if you would. The risk of the extremes isn’t worth it.

**Heart health.** Your lungs need to be exercised just like your engine. Walk, run, cycle, dance or jump on a trampoline. Get your heart rate up. It doesn’t have to be for long because more is not better. It’s the consistency that’s key. >>
Los Altos Hills County Fire District
Working hard to keep you safe!

Since 2020, residents have removed more than 100,000 cubic yards of brush from the Fire District using our Brush Chipping program.

The program helps residents remove hazardous vegetation to create defensible space on their property, helping to protect homes from wildfire.

Learn more about defensible space: bit.ly/BrushChipping

The recent rains will cause more growth this spring. Help protect your home and property from wildfire.

Register today: www.lahcfd.org/dsbcregistration

With your help, in 2022, we removed enough hazardous brush from the Fire District to cover an entire football field, up to the goal post cross bar!

2022 Fire Safety Projects
These are projects and programs that increase fire safety in the community by removing dead and dying vegetation that could ignite in the event of a wildfire.

• Altamont Evacuation Route
• Arastradero Evacuation Route
• Goat grazing in Byrne Preserve
• Defensible Space Vegetation Removal Monthly Drop Off

Visit www.lahcfd.org for more information about our projects and programs.

Learn how your neighborhood can lower its wildfire risk and qualify for insurance discounts by becoming a Recognized Firewise USA® Community.

Email firewiseinfo@lahcfd.org for more information.

For more fire safety and emergency preparedness information, visit and bookmark Los Altos Hills County Fire District www.lahcfd.org or call (650) 949-1044.
While these examples may not seem very special or exciting, that’s the point. Invest in a reliable plan for your actual body. Save the fun, flashy options for your actual car, an inanimate object that can easily be replaced when it breaks down.

You get one vehicle, and you own it. There is no lease. There is no return policy. There is no “buying a new one” if it fails. While you may not be able to get a zero-mile read on the odometer or the “new car” scent back, you can invest in a maintenance plan that will take you the distance. Your body is a lot more useful and fun when it’s out on the road vs. stuck in a repair shop.

In the wise words of Joan Collins, “The body is like a car: The older you become, the more you have to take care of it – and you don’t leave a Ferrari out in the sun.”

Will you be the jalopy that rusts in the junkyard, or will you be the vintage classic that appreciates as it ages?

Erin Paruszewski is founder and CEO of Alkalign, a functional online studio. She is a certified wellness coach and the author of “It Doesn’t Have to Hurt to Work.” For more information, email erin@alkalignstudios.com.
Make the move that is right for you.

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Patrons of Los Altos’ Woodland Library have the ability to visit the library outside of its regular operating hours through its self-service program, which has grown in popularity since its launch almost a year and a half ago.

The Santa Clara County Library District implemented the pilot program at Woodland, located at 1975 Grant Road, in November 2022.

“The program has been working really well,” said Rose Baiza, community librarian at the Los Altos and Woodland libraries. “We are very happy with the turnout we have seen, and we have had over 380 sign-ups, which was more than we expected.”

The self-service program utilizes new technology called open+ designed to allow libraries to operate without employees present.

However, Woodland has opted to have staff members in the building during the self-service hours for safety, though the employees aren’t available to serve patrons. The goal of implementing the technology is for the library to be more accessible to the community, giving people more time to utilize the computers, work and check out books.

To enroll in the program, patrons are required to attend an in-person orientation to get cleared to participate. The orientation includes receiving a list of library policies, filling out and signing forms, and receiving a short demonstration on the procedure to access the building during self-service hours. Once enrolled, the open+ technology allows people to use their library card to access the building.

People under 18-years-old need to go with a parent or guardian during self-service hours.

“In the year and a half since we have launched this program, we see around 14 people daily,” Baiza said. “It’s really great to see people studying and reading, and it’s also nice because it complements staff hours.”

Before launching the program, Baiza said library staff met with officials from some of the other 850 libraries throughout the country that have installed open+. She noted that their programs haven’t run into issues with safety, and there have been no thefts or damage to property.

Because of the success of the pilot program at Woodland, the library district plans to expand it to other libraries in the area, though no specific date to start has been proposed.

Woodland’s self-service hours run 8–11 a.m. Tuesdays, Thursdays and Sundays. For more information, visit sccld.org/openaccess or go to Woodland and ask a librarian.
As winter transitions into spring, the days are at long last long and warm enough to start venturing out again. Here are some local events – indoors and outdoors – to consider attending.

**21st annual Hoppin’ Hounds Biscuit Hunt**

**Byrne Preserve, 27210 Altamont Road, Los Altos Hills**

9 a.m. to 10:30 a.m., Saturday, March 30

Explore Byrne Preserve with your dogs, letting them hunt for healthy dog biscuits. Before the event, enjoy coffee and snacks at a nearby coffee bar. Event proceeds will go toward the Palo Alto Animal Shelter/Pets in Need.

For more information and to register, visit losaltoshills.ca.gov.

**Los Altos Spring Egg Hunt**

**Hillview Soccer Field, 97 Hillview Ave., Los Altos**

9:30 a.m., Saturday, March 30

The annual spring egg hunt includes carnival games and an egg hunt for children up to age 10, as well as a live music performance by children's entertainer Andy Z. Admission is free.

For more information, visit losaltosca.gov.

**‘Tiger Style!’**

**Mountain View Center for the Performing Arts, 500 Castro St.**

April 6-28

TheatreWorks Silicon Valley stages Mike Lew’s play about tiger parenting. The story follows Asian siblings who “ace” childhood but can’t handle adulthood – and decide to run away to China in search of solutions. Jeffrey Lo directs.

For times, tickets ($42-$62) and more information, visit theatreworks.org.

**‘The Skin of Our Teeth’**

**Bus Barn Theater, 97 Hillview Ave., Los Altos**

April 11-May 5

Los Altos Stage Company stages Thornton Wilder’s comedic play about a couple married for 5,000 years. Featuring a relationship that goes through thick and thin, the play showcases the endurance of the human spirit.

For times, tickets ($22-$45) and more information, visit losaltosstage.org.

**‘The Talented Clementine’**

**Mountain View Center for the Performing Arts**

April 12-13

Peninsula Youth Theatre presents a play adaptation of Sara Pennypacker’s book about a shy student at a talent show struggling to find an act.

For times, tickets ($7-$15) and more information, visit mvcpa.com.
Arbor and Earth Day Celebration
Mountain View Community Center, 201 S. Rengstorff Ave.
10 a.m. to 2 p.m., April 20
This community event revolving around sustainability will feature a mayor’s tree-planting, showcase plant-based food, art, music and electrical vehicle demos. Admission is free. For more information, visit mountview.gov.

‘An Adventure Through Video Game Music’
Mountain View Center for the Performing Arts
10 a.m. to 2 p.m., April 20
Video game musician Ryan McGaughey will perform the music from the video games Final Fantasy, NieR, Hollow Knight, Celeste, Super Mario, Legend of Zelda, Undertale and more. There will also be an interactive activity for the audience with prizes and giveaways.
For times, tickets ($20-$25) and more information, visit mountview.gov.

– Compiled by Oscar Johnson/Town Crier Editorial Intern –
2 MONTHS DOWN, 2 TO GO.
4 MONTHS OF RENEWAL.

We've created several new immersive and interactive events tailored to inspire and inform you with new trends, tips, and how-to videos. Transform your home. Inspire your life. FIND ADDITIONAL INFO AT HarrellDesignBuild.com
Springtime is a great time...
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