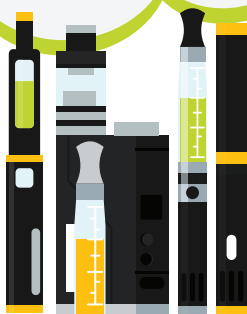


JOIN THE COMMUNITY DISCUSSION ABOUT E-CIGARETTES

WEDNESDAY, OCT. 9TH | 6:30-8:30PM

LIBERTY HILL HIGH SCHOOL PERFORMING ARTS CENTER



Electronic cigarettes are battery-powered devices that deliver nicotine, flavorings, and other ingredients to the user. Using e-cigarettes is sometimes called “vaping.” E-cigarettes do not create harmless “water vapor” – they create an aerosol that can contain harmful chemicals.

In 2018, CDC and FDA data showed that more than **3.6 MILLION U.S. YOUTH**

including 1-in-5 high school students



and 1-in-20 middle school students



were past-month e-cigarette users.



E-cigarettes are a source of extremely high doses of ultra-fine particles in the human respiratory system. These particles have been linked to cardiovascular disease.

Nicotine is **MUCH MORE ADDICTIVE** to the immature teen brain compared to the developed adult brain.



The process of heating the nicotine solution produces aldehyde, acetaldehyde, formaldehyde, & acrolein, which are known carcinogens.



Many E-liquids are custom-mixed by individuals at home, increasing the potential for additional health risks to E-cigarette users. Even commercial E-liquids are produced with unknown manufacturing procedures, packaging materials, and purity standards.



Nicotine overdose symptoms include rapid heart rate, nausea, elevated blood pressure, vomiting, diarrhea, dizziness, convulsion, and potentially seizure and death.