

# MARCH 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		1 8:20AM KLASSY KICKERS 10AM WILD WEDNESDAY QUILTERS 10AM SENIOR FOOD DISTR. 1PM WED PINOCHLE 1PM GERMAN CLUB 3:30PM HEART CENTERED YOGA	2 8AM TAI CHI QIGONG 9:30AM FOOTHILL FITNESS 1PM NAMI MEETING 5:30PM CLAIM JUMPERS	3 8:20AM KLASSY KICKERS 9:30AM FUN WITH ART
6 8:20AM KLASSY KICKERS 1PM LIFE HISTORY WRITING CLASS 1:30PM BUNCO 5:30PM CLAIM JUMPERS	7 8AM TAI CHI QIGONG 8:30AM HEART CENTERED YOGA 9:30AM FOOTHILL FITNESS 10AM WATERCOLOR CLASS 1PM ROSE SOCIETY 2PM HULA LESSONS	8 8:20AM KLASSY KICKERS 9AM WILD WEDNESDAY QUILTERS 9:30AM SENIOR PEER VISITOR 1PM WED PINOCHLE 3:30PM HEART CENTERED YOGA	9 8AM TAI CHI QIGONG 9:30AM FOOTHILL FITNESS 1PM NAMI MEETING 5:30PM CLAIM JUMPERS	10 8:20AM KLASSY KICKERS 9:30AM FUN WITH ART
13 8:20AM KLASSY KICKERS 1PM LIFE HISTORY WRITING CLASS 1PM MOVIE MATINEE 5:30PM CLAIM JUMPERS	14 8AM TAI CHI QIGONG 8:30AM HEART CENTERED YOGA 9:30AM FOOTHILL FITNESS 10AM WATERCOLOR CLASS 2PM HULA LESSONS 5PM SOROPTIMIST CLUB	15 8:20AM KLASSY KICKERS 9AM WILD WEDNESDAY QUILTERS 10AM COA MEETING 1PM WED PINOCHLE 3:30PM HEART CENTERED YOGA 6PM DEL ORO SPINNERS & WEAVERS 6PM MOTHERLODE SCOTS	16 8AM TAI CHI QIGONG 9:30AM FOOTHILL FITNESS 1PM NAMI MEETING 5:30PM CLAIM JUMPERS	17 8:20AM KLASSY KICKERS 9:30AM FUN WITH ART
20 8:20AM KLASSY KICKERS 10AM PARKINSON'S GROUP 1PM LIFE HISTORY WRITING CLASS 1:30PM BUNCO 5:30PM CLAIM JUMPERS	21 8AM TAI CHI QIGONG 8:30AM HEART CENTERED YOGA 9:30AM FOOTHILL FITNESS 10AM WATERCOLOR CLASS 2PM HULA LESSONS	22 8:20AM KLASSY KICKERS 9AM WILD WEDNESDAY QUILTERS 10:30AM CAREGIVER SUPPORT 1PM WED PINOCHLE 3:30PM HEART CENTERED YOGA 6PM AAUW MEETING	23 8AM TAI CHI QIGONG 9:30AM FOOTHILL FITNESS 1PM NAMI MEETING 5:30PM CLAIM JUMPERS	24 8:20AM KLASSY KICKERS 9:30AM FUN WITH ART
27 8:20AM KLASSY KICKERS 1PM LIFE HISTORY WRITING CLASS 1PM MOVIE MATINEE 1:30PM BUNCO 5:30PM CLAIM JUMPERS	28 8AM TAI CHI QIGONG 8:30AM HEART CENTERED YOGA 9:30AM FOOTHILL FITNESS 10AM WATERCOLOR CLASS 2PM HULA LESSONS 5PM SOROPTIMIST CLUB	29 8:20AM KLASSY KICKERS 9AM WILD WEDNESDAY QUILTERS 1PM WED PINOCHLE 3:30PM HEART CENTERED YOGA	30 8AM TAI CHI QIGONG 9:30AM FOOTHILL FITNESS 10:30AM GRANDPARENT CAFE 1PM NAMI MEETING 5:30PM CLAIM JUMPERS	31 8:20AM KLASSY KICKERS 9:30AM FUN WITH ART 2PM SPRING PAINT PARTY

## AMADOR SENIOR CENTER ACTIVITIES CALENDAR

Times & dates may be subject to change. Call 209-223-0442 for more information on activities.