

MALL WALKERS



Thursday, May 28

Doors open at 7:45 a.m.

Presentation begins at 8:20 a.m.

MAY SPEAKER:

David Ream, MD

Family Medicine, Obstetrics

**To schedule, call
724-850-3150.**



MAY FEATURE: WOMEN'S HEALTH

Prioritize your health—schedule your yearly checkup and screenings. Early detection can help prevent serious conditions and keep you feeling your best. Take charge of your well-being.

Mall Walkers meets on the fourth Thursday of each month at the Westmoreland Mall Food Court. Please note that the November session will be held on November 19, and there will be no meeting in December.

For questions, please contact Patti Buhl at Patricia.Buhl@independence.health.