

Embody Wellness

Dr. Emily Brady

graduated from Palmer Florida College of Chiropractic in 2018. She received her Bachelor's in Science with a Biology Major and Chemistry Minor from The University of Pittsburgh in Johnstown where she also played 4 years of Division II soccer and 2 years of track and field.

During her college soccer career, Dr. Emily sustained a complete ACL rupture two seasons in a row which required knee surgery each time.

Looking back now, Dr. Em knows that everything happens for a reason. While the injuries and road to recovery were challenging at the time, they led her to her life passion.

After her own experience in the healthcare system, Dr. Em felt called to support and care for other people in a system that tends to make people feel more like a "number" than a patient.

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Dr. Emily Brady, Chiropractic
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