

Foot or ankle pain slowing you down?

We're here to help.

Ryan Flanigan, MD
Orthopedic Surgery

Stephanie Maestre, MD
Orthopedic Surgery

Take the first step toward relief at our **Orthopedic Foot & Ankle Seminar.**

Whether you're dealing with heel pain, sports injuries, bunions or chronic ankle instability, this informative session will help you understand what's really going on, and what you can do about it.

Led by experienced orthopedic specialists, **Dr. Ryan Flanigan** and **Dr. Stephanie Maestre**, the seminar will cover the latest treatment options plus tips to keep you on your feet.

Come learn, ask questions, and get expert insight.

Your feet carry you everywhere, and they deserve expert care.

Thursday, March 5, 2026

6 p.m. | Westmoreland Hospital
Memorial Conference Center
(Ground Floor)

FREE PARKING in the lot corner of
W. Pittsburgh and Spring Street.

Register today!

Online:
www.independence.health/register

QR Code:

