

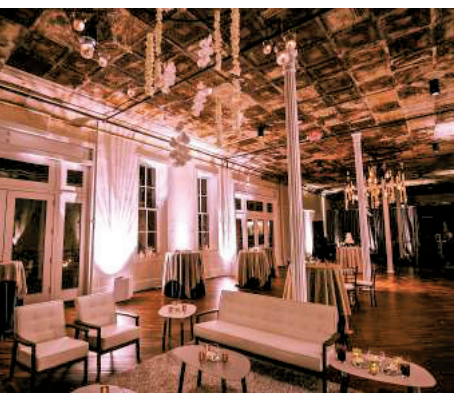
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FALL/WINTER 2018-2019

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ON THE COVER: JILL + TODD FUNK
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10 FREE APPS
that take the stress out of wedding planning

– CATHY MOLITORIS
LNP CORRESPONDENT



STOCK PHOTO COURTESY OF METRO GRAPHICS

Let's face it. Planning a wedding is stressful. Your to-do list is a mile long and chances are, your head is swimming with information on everything from venues to cake choices. Lucky for you, there are plenty of apps available to make wedding planning a little easier.

Check out these 10 free wedding-related apps:

1 Appy Couple
Create custom content ranging from stories about how you met your spouse-to-be, to gift registries and RSVPs on this app. The interactive features also let you invite guests to toast the happy couple through the app.

2 Honeyfund
Start with a quiz on this app to create your perfect wedding registry checklist. You can register for anything from housewares to house down payments and link your registry to national chains, including Target and Crate & Barrel.

3 Joy
With the tagline, "your entire wedding in one place," this app allows you to collect RSVPs, share photos, update registry and travel information, share stories about your engagement and much more.

4 Perfect365

Get your makeup just right on your wedding day by using this app to explore and experiment with hundreds of virtual makeup looks.

5 Tie The Knot

This app lets you create custom content, share details of your courtship, invite friends and family to blog their advice and more.

6 Veri

This photo-sharing app makes sure you capture all the big and small moments of your wedding day by letting guests easily share photos from the wedding right as they take them.

7 WeddingDJ

Save money and create your ideal personalized playlist with this app. You can customize the song list and the app even takes requests.

8 WeddingHappy

This wedding planning app lets you track tasks leading up to your big day, keeps track of payments, helps create a budget and features a wedding day countdown.

9 Wedding LookBook

This app by The Knot puts fashion at your fingertips. Browse wedding dresses, bridesmaids' dresses, engagement rings and more. Not only can you see details about an item, but you can also find where to buy it locally.

10 Zola Registry

This app lets you create a personalized registry and provides real-time notifications, so you can manage everything as it comes in. Choose from thousands of gifts and experiences already on the app or use your phone to scan barcodes of items you see in stores.



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A Splash of Color

Rustic or elegant, drip cakes add flair to your wedding fare

– CATHY MOLITORIS //LNP CORRESPONDENT



No bride wants to be run down on her wedding day, but when it comes to her cake, it's a different story.

"Drip cakes," where the topping runs down the side of the cake, are making a splash in the local wedding scene, says Rosie Rohrer, who owns Rosie's Creative Cakes in Manheim.

"They have really gained popularity in the past couple of years and have certainly become more popular for weddings with the trends being more simplistic and rustic," she says.

As Tammy Hurley, executive chef of Cork Factory Hotel in Lancaster, explains, "A drip cake is similar to what a candle does when the wax runs down the side. A cake is topped with a glaze that coats the top and runs down the sides."



She agrees that there has been increased interest in this style of cake from brides- and grooms-to-be.

"We have been making them for a while, and our signature Tandy Cake is this style," she says. "There's been a pick up in this style in the wedding world recently. It's a vintage way to add a little pop of color to your wedding cake."

Hurley says she's done cakes with multiple color drips using doughnut glaze or chocolate ganache.

"For the color drips, we have done gold, rose gold, silver, wine, white, pearlized," she says. "The drip cakes can look elegant or rustic, depending on the cake design under it."

An elegant cake, she explains, would have a clean iced look with a pearlized drip, while a rustic cake might have an almost naked or un-iced look with a color drip and fresh berries.

Rohrer says while she typically makes drip cakes with ganache, the style has a lot of flexible options.

"Various fruit glazes or caramel can be used as well," she says. "The trick to the drip is the consistency of the sauce or ganache being used."

PHOTOS COURTESY OF ROSIE'S CREATIVE CAKES

The technique requires skill to master, says Stephanie Samuel of Sugar Whipped Bakery in Lititz.

"The cake has to be cold in order for it to work properly," she says, noting that she has also seen an uptick in orders of drip cakes for weddings. "It's a new way to give an elegant, simple cake a little flair while keeping the decorating minimal, which seems to be the trend as well."

Drip cakes are also options for any occasion, not just weddings, Rohrer says. "For birthdays, they can be garnished with all kinds of candy, sprinkles, chocolate shards or meringue swirls. For weddings, we often incorporate fresh fruit, macarons or fresh flowers. And, some edible gold leaf adds the perfect touch of elegance to a drip-style wedding cake."

Above all, the popularity of a drip cake for a wedding is its visual appeal, Rohrer says.

"Drip cakes just look yummy," she says. "What could be more tempting to the taste buds than a chocolate or caramel sauce dripping over the edges of a buttercream frosted cake?"



Shira + Tukker Zimmerman

April 21, 2018

CEREMONY + RECEPTION
The Kauffman Home, Quarryville
(Shira's Parents' House)

PHOTOGRAPHER
Annie Sharp Photography

WHAT WAS THE BIGGEST CHALLENGE?

"Three days before the wedding, severe winds attempted to dismantle the reception tent. The large cafe-style lights that had been strung from the barn to the tent with cables were crashing down and holes were ripping in the huge white tent. We woke up on Friday morning not knowing if a tent was still in the field or how much broken glass would be all over the 'courtyard.' It was a mess. However, as my dad vacuumed the glass off the driveway, restrung the lighting and aided the tent guys in reestablishing the tent, it was restored by Friday evening!"



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IS THERE ANYTHING YOU WOULD HAVE DONE DIFFERENTLY?

"No. I have coordinated small weddings for my friends and had decided what I would and would not do with my fiancé to make sure that we did (everything) that would be important to us.



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ADVICE TO FUTURE BRIDES

"Pick three things that will make YOUR wedding the best day. Focus your time, energy and money on those three things — and only those three. Let the other 1,000 details take a backseat. I picked flowers, lights and highlighting familial marriages. I did not do a single decoration outside of the beautiful Fetching Flora creations on the tables and around the courtyard. Lights were strung between the tent and the barn to further emphasize the courtyard — where we danced, lounged on couches and enjoyed the beautiful night. Thirdly, every moment we could, we celebrated the marriages of our parents and grandparents with special messages and pictures that ran behind us as all seven of us couples (parents and grandparents — with the groom's sister standing in for her deceased grandmother) danced to our first dance."

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Ask the expert

By Duffy Johnson, Partner and Consultant, The Etiquette School of Central PA

Q. How much should I consider the cost to my wedding party, whether it's choosing bridesmaids gowns or planning a destination wedding?

A. The cost to your wedding party should be a main consideration. It's in everyone's best interest to make choices that will fit the budgets of the wedding party members. If the costs are above what they can afford, perhaps friends and loved ones won't be able to fill those very important supporting roles.

The best way to be sure you work within the proper budget is to ask those people what they are comfortable spending. This could be an awkward question, but wedding party members will likely be very appreciative of your candor and respect for their contributions to your special celebration. People may be more comfortable discussing a budget if you ask in terms of specific price ranges — such as $100-$200 or $300-$400.

Also keep in mind that there will be additional associated costs, such as alterations or matching shoes for the groomsmen as well as the bridesmaids. There will be additional costs associated with a destination wedding, such as airport transfers, parking at the airport, or baby sitters to take care of the kids. It is a considerate gesture for the wedding couple to cover some expenses for their wedding party, such as a group limousine to and from the airport, buying the jewelry, hair accessories or maybe arranging hair and makeup services for the group.

With a little resourcefulness, you can find great choices for dresses and destination venues in every budget. You can certainly fulfill your wedding dreams for a memorable destination wedding, all with the look and atmosphere you want, at a cost that your wedding party can appreciate as well.

Q. Do we have to have a receiving line? If not, how do we make sure we greet all of our guests?

A. These days, couples are rewriting the rules. It is not necessary to have a traditional receiving line, but brides and grooms still must greet all of their guests.

While a traditional wedding receiving line would include the newlyweds, both sets of parents and the entire wedding party, it is not necessary that a receiving line be this large. It can be difficult for the wedding couple to stand for a long period to greet all their guests. It can also be a long wait for guests to get through the line.

You could add a modern twist to the traditional receiving line by including just the bride and groom and parents. This would certainly make the process quicker for everyone. You could also decide that instead, the bride and groom will greet everyone as they enter the church or the reception venue. Of course, this process would be more festive and enjoyable for all, with champagne flowing. Actually, that would make any version of the receiving line more enjoyable for all.

So, yes, it is fine to adapt the traditional receiving line to suit your celebration. The bride and groom may choose to greet each wedding guest as they arrive to the ceremony, go around to each table at the reception to meet and thank each person, or greet guests in their own version of the receiving line. What is important is that the bride and groom say hello to each guest, spend at least a moment with them, and show appreciation for the people who are sharing their wonderful celebration.

ROYAL REDUX

Accessories the key to Meghan Markle's understated look



— LAURA KNOWLES
LNP CORRESPONDENT

For many young girls, the dream of a fairytale wedding is part of their image of living "happily ever after."

"All girls are princesses," says Sara Crewe in the classic 1905 novel "A Little Princess" by Frances Hodgson Burnett.

From Princess Diana to Princess Kate, royal weddings have captured the imagination of brides all over the world. With the May wedding of England's Prince Harry and American Meghan Markle, the vision of a royal wedding was transformed into something elegant, regal and uniquely modern.

When Markle walked down the aisle of St George's Chapel at Windsor Castle, she wasn't dressed in lace and ruffles, as Prince Harry's mother, Diana, had once done. Instead, Markle's dress was sleek and sophisticated.

The haute couture silk gown was created by British designer Clare Waight Keller, with simple, sculptural lines, a stylish boatneck, long sleeves and a sweeping train. There was a hint of Givenchy and the style of Audrey Hepburn. No wonder, Keller had been the first female designer for the classic French design house.

For the evening reception, Markle changed to a less covered, more fun gown designed by Stella McCartney. It too was sleek and refined, showing off Markle's slender figure with a sleeveless halter-style high neckline in a lily white silk crepe fabric.

"That's a trend we are seeing here in Lancaster, although it existed long before the royal wedding," says Shari Kendall of In White bridal shop, 18 N. Queen St. "In fact, we have had a dress that was almost identical to Meghan Markle's second reception dress."

— CONTINUED ON PAGE 16

Kendall says it's still too soon to see any trends here in Lancaster toward copying the look of Markle's gown. But her sleek silk gown reflects the style of some brides who prefer an understated look.

"I think that look requires a woman who has a strong, clear vision of her style and prefers a look without a lot of lace or embellishment," Kendall says.

When a bride is seeking that kind of wedding look, In White has a wide selection of gowns that offer similar sleek lines and timeless details. The secret to making an understated gown like Markle's is to put an emphasis on accessories.

In Markle's case, accessories included silk duchesse satin shoes and a dramatic 16-foot train of silk tulle with embroidered flowers representing all 53 Commonwealth countries and the California poppy, her home state's

> *"A simple wedding gown is like a clean canvas. It leaves many options for accessories."*
>
> — SHARI KENDALL
> OF IN WHITE BRIDAL SHOP



ABOVE AND OPPOSITE PAGE: PRINCE HARRY AND MEGHAN MARKLE ON THEIR WEDDING DAY **AP PHOTOS**

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— CONTINUED FROM PAGE 15

flower. In a nod to tradition, her veil was held in place by Queen Mary's diamond and platinum bandeau tiara made in 1932 with a centerpiece of a diamond brooch from Queen Mary's wedding in 1893, both borrowed from her grandmother-in-law Queen Elizabeth II's collection.

Brides who strive for a simply elegant look might want to lean on accessories with some extra sparkle and shine, although it's unlikely they will have anything quite as gorgeous as the queen's jewels for their "something borrowed."

"A simple wedding gown is like a clean canvas. It leaves many options for accessories," Kendall says.

That might be a brooch, necklace, dramatic earrings, a glittering belt or a touch of color in shoes or jewelry. One recent bride accented her simple white strapless wedding dress with blue shoes, for the perfect way to achieve her "something blue."

At Bella Rose Bridal Shop in Neffsville, which will be relocating to the Shoppes at Belmont in September, a few brides have been asking about wedding gowns like the ones that Markle wore for her ceremony and for the reception.

"We just ordered two new dresses that are very much like the royal wedding gown," says Tami Johnson of Bella Rose. "We have also had many brides looking for two dresses, one for the ceremony and something more fun for the reception."

Johnson thinks that clean, simple gowns are preferred by brides who may be a little older and have a more sophisticated aesthetic.

"It's also a nice look for second-time brides, who don't want a lot of lace and frills," says Johnson, adding that she herself realized how important it was to offer simple, elegant dresses when she remarried and didn't want anything frilly.

More modest brides also like the look of the royal wedding and some belong to churches, where it is appropriate to have long or three-quarter sleeves rather than strapless, more revealing necklines.

"We haven't really seen any trend toward the dresses of the royal wedding, but Lancaster County is often a little behind in trends. I wouldn't be surprised if brides start asking about that kind of look," says Tiffany Rupert of Tiffany's Bridal Boutique in Stevens.

She agrees that it is a more modest look that might be favored by brides in their 30s, 40s and beyond. She has had many brides order two dresses, one for the ceremony and a party dress for the reception. While it seems like that could cost more, that is not always the case. A simple wedding gown and a fun celebration dress might end up costing about the same as a single, more embellished wedding gown.

"Not every bride can carry off Meghan Markle's wedding look," Rupert says. "Around here, brides want to look like a princess, but what they tend to like are beading and lace and all the special touches that mean a fairytale dress to them. They still love their lace."

When it's time to say thank you, don't forget your parents

— CATHY MOLITORIS // LNP CORRESPONDENT

It takes a village to pull off a successful wedding. You have your team of bridesmaids, groomsmen and friends at your side. But, don't forget about your parents.

"It is traditional that brides and grooms give gifts to the people who help with, or participate in, their wedding celebration," says Duffy Johnson, etiquette consultant for the Etiquette School of Central Pennsylvania. "We remember bridesmaids and groomsmen and the others who take part in the special day with thoughtful gifts, so it certainly seems fitting to also show appreciation for both sets of parents. While it may not be possible to adequately thank them for all they've done to love and support you, it is a perfect occasion to show your love and gratitude for your parents."

Giving your parents a gift is just one small thing you can do to repay the time — and expenses — they've put into your big day, says Jim Radel, a partner with Radel & Stauffer in Lancaster.

"It's a nice way of thanking the parents who in many cases have expended a substantial amount, either paying for the wedding outright or hosting a rehearsal dinner, engagement party, etc.," he says.

Johnson says the options are endless when it comes to choices for parent gifts.

"There are as many gift ideas for parents as there are newlywed couples, and your gift need not be expensive or even cost anything at all," she says. "The important thing is to make the gift heartfelt and something that will be special to your family."

Handmade or personalized gifts make beloved mementos, she says.

"An engagement or wedding photo, maybe with a special message engraved on the frame, will be a treasured reminder for years to come," she says. "A photo album of special family memories is another unique gift that will please any parent over and over."

> "There are as many gift ideas for parents as there are newlywed couples, and your gift need not be expensive or even cost anything at all. The important thing is to make the gift heartfelt and something that will be special to your family."
>
> DUFFY JOHNSON, ETIQUETTE CONSULTANT FOR THE ETIQUETTE SCHOOL OF CENTRAL PENNSYLVANIA

Personalized gifts for your parents' home, such as a platter or ice bucket, are great options, she says, and will serve as a reminder of the special day and your appreciation for your parents.

"Parents can tell friends and family about your thoughtful gift every time they use the stemware or tray or whatever the item may be," Johnson says.

For mothers, she suggests personal items such as engraved jewelry or a shoulder bag.

"(These) could be presented prior to the wedding, so they can wear the gifts to the ceremony," she says.

For dads, she suggests items such as a wallet, key ring or tie clip that can be personalized with something meaningful to both the bride or groom and their dad, such as a favorite quote.

Radel says keepsake items are particularly popular as parent gifts.

"Orrefors crystal bowls and vases work out nicely as they are of quality and stylish and easily fit into most any home regardless of décor," he says. "Alessi and Sambonet metal goods have also been popular."

Couples paying for their own wedding can choose a more modest gift, he says, suggesting a necklace, bracelet or silk scarf as options.

If expenses are a concern, you don't need to spend a lot of money on a parent gift, but you can still make a big impact, Johnson says.

"During the wedding ceremony is an ideal time to share your love and appreciation for your parents," she says. "A song dedicated to your parents can be a special and heartfelt gift. Also, a message dedicated to your parents during the ceremony is appropriate and lovely, as well as perhaps a presentation of flowers."

Add the element of surprise, she says. "Another creative idea is to add a secret thank-you message to your wedding video. Your parents would surely appreciate your expression of gratitude each and every time they watch it."

You can also consider giving the gift of your time, Johnson says, or present a gift that will have a lifelong impact.

"You could plant a tree in your parents' yards to commemorate your wedding, and to be enjoyed by your families for years to come," she says. "You could plant favorite flower bulbs that will be a yearly reminder of your love and gratitude. You could help your parents with something important to them — painting a room they've been wanting to update. You could take them for a special dinner or outing, maybe even together with the new in-laws to get to know the growing family."

Or, she says, you could go all-out. "You could take the parents for a special weekend trip or fulfill a lifelong wish with an extravagant cruise or trip to Paris," she says.

When you choose to give your gift is up to you, Johnson says.

"The gift could be given weeks before your wedding, or the night before. The gift could be presented during the ceremony or months later," she says. "What matters most is the expression of love and gratitude for the people who started it all for you and your new partner."



I DO *Featured Wedding*

Heather & Peter Morales

June 8, 2018

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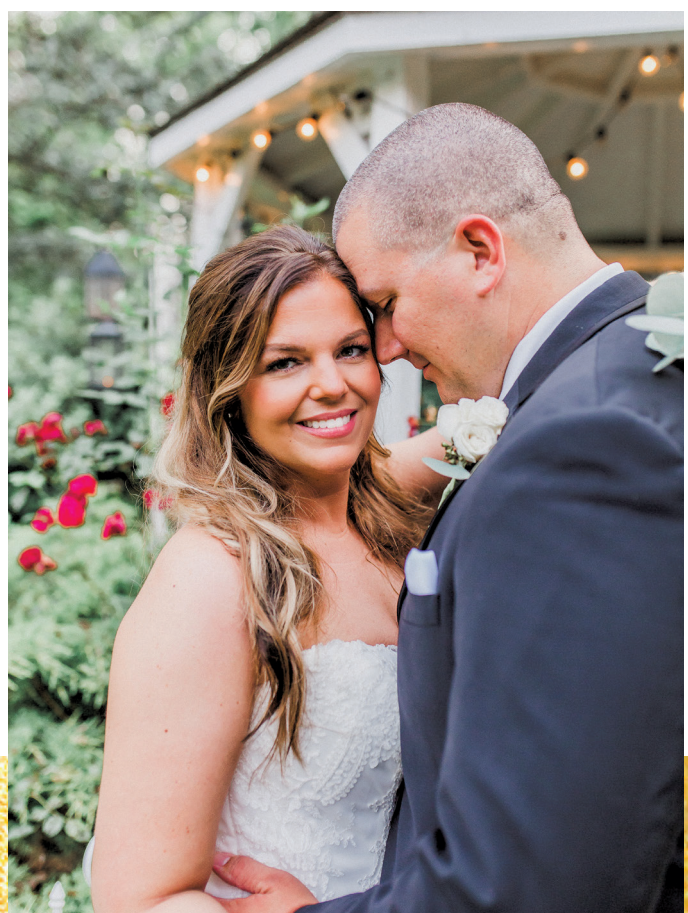
CAKE Thyme & Seasons Catering **FLOWERS** Floral Designs by Heather Ann **HAIR AND MAKEUP** MKUP by Maggie King





ADVICE TO FUTURE BRIDES

"My advice for new brides-to-be would be to make this your day. You only get this day once (hopefully) and you should do things the way you want them done, as long as it falls in your budget. Also, there will inevitably be things that go wrong or not as planned on your wedding day — don't let them ruin your day or take away from the moment. My other piece of advice is to get a good photographer that has experience in weddings and hire a videographer if you can afford it. The videographer was the thing we were most on the fence about because it's usually the first thing people cross off their list because of the price. We decided to suck it up and get one and we couldn't be happier!"






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Getting in shape for the big day — and beyond.

— CATHY MOLITORIS // LNP CORRESPONDENT

On your wedding day, all eyes will be on you. So, it's perfectly natural you'd want to be in the best shape possible for your big day. If your wedding is on the horizon, you have plenty of time to get healthy and establish an exercise and nutrition regime that will have you looking and feeling your best at your wedding.

"Brides and grooms want to get in shape for their wedding because it's a big day and they are in the spotlight of all of their friends and family," says Chad Franciscus, owner of Cause and Effects Fitness in Lancaster. "It will be a lifetime memory, so they want to look and feel great on that big day. They want to look back at their wedding photos in all the years to come and remember how good they looked and felt. Brides especially want to look good in their wedding dress, and in many cases, they will be wearing a dress that exposes their arms and/or back, so they want their arms and back to be toned."

PHOTO COURTESY OF MINDY SWINEHART PHOTOGRAPHY

If you're looking for help getting healthy, check out these tips:

Start today.

"Get started as soon as possible before the wedding," Franciscus says. "The longer you have to prepare ahead of time, the easier and less stressful the process of getting in shape will be."

Says Dana Elia, a registered dietitian nutritionist with Fusion Integrative Health and Wellness in Lancaster, "It's never too soon or too late to begin, but the sooner (the bride) begins, the longer she has to allow these healthier choices to become habits."

Set the stage.

"One simple thing that you can do at home to get in shape that you might not immediately think of is to clear out your refrigerator, cupboard and pantry of all the junk food. Then fill those spaces with lean proteins, high-fiber slow-digesting carbs (like beans, vegetables, fruits, etc.) and healthy fats," Franciscus says. "If you have healthy foods in your house, you are more likely to eat them, and if you don't have the junk foods in your house, you are less likely to eat them."

— CONTINUED ON PAGE 24



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— CONTINUED FROM PAGE 22

Have a well-rounded plan.

"Don't forget that food is just one part of the wellness equation," Elia says. "A complete wellness focus would also include movement and exercise, stress management and sleep."

Write down your goals.

Franciscus suggests using an index card and putting it on your nightstand, so you see it first thing when you wake up and right before you go to bed each night. "Frame all of your choices in terms of your goals," he says. "Ask yourself, 'Will doing this get me closer to my goals or take me further away from them?'"

Plan ahead.

"Set your workout clothes out the night before where you see them, or put them in a bag by the door, so it's one less thing you have to do in the morning, and serves as a reminder to work out," Franciscus says. "Plus, you won't be able to use the excuse, 'I don't have my workout clothes.' "

Use what you have.

You don't need fancy equipment to get in shape, Franciscus says. "Your own body weight is all you need for a great workout," he explains. "If you want to burn a lot of calories and tone up at the same time, just pick three calisthenics exercises — pushups, mountain climbers, jumping jacks, planks, squats, etc. — do them back to back for 30 seconds each, rest for 30 seconds, then repeat. Do three or four circuits this way."

Get NEAT.

Incorporate non-exercise activity thermogenesis into your everyday routine. "This is a fancy way of saying burning calories doing things that you wouldn't officially call 'exercise,' such as gardening, yard work, taking the stairs instead of the elevator, parking the car farther away from the store, or fun things like roller skating, hiking, kayaking, playing sports or playing with the kids," Franciscus says. "Just get your body moving as much as possible throughout the day."

Enlist support.

"Have an accountability and support system to keep you on your plan and on track to your goals, whether it be from a personal trainer, workout partner or a friend that will remind you of your motivation and not let you slip into inaction," Franciscus says. "Having that accountability becomes more and more important as the big day draws closer because juggling so many other balls planning and preparing for the wedding can cause you to lose focus on fitness and the stress can make you want to eat indulgent foods as a coping mechanism."

Think long-term.

"Focus on changing your mindset as well as exercise and nutrition, so that you achieve results that last for a lifetime, not just until your wedding," Franciscus says. "Think about what you want for the rest of your life as well as the big day. Focus on your why, and you will find the how."

And, Elia adds, focusing on getting healthy can have many benefits beyond how you look for the wedding photos. "While every bride wants to look amazing on her wedding day, wellness lasts beyond the big day," she says. "Aiming for wellness can be one of the most loving, selfless gifts a couple can give to each other."



Check out these recipes for healthy options, adapted from **"The Institute for Functional Medicine Core Food Plan Recipes 2015"** and provided by **Dana Elia:**

ASIAN TURKEY CABBAGE BOATS

INGREDIENTS

3 TABLESPOONS FRESH LIME JUICE
1 TABLESPOON ARROWROOT POWDER
¼ CUP COCONUT AMINOS
1 TEASPOON SESAME OIL
1 TABLESPOON COCONUT OIL
1 POUND GROUND TURKEY BREAST
1 TABLESPOON GRATED FRESH GINGER ROOT
2 CLOVES FRESH GARLIC, MINCED
1 CUP (ABOUT 1 BUNCH) THINLY SLICED GREEN ONIONS
1 SMALL JALAPENO PEPPER, FINELY CHOPPED (OPTIONAL)
½ TO 1 CUP SLICED RED BELL PEPPER (1-INCH STRIPS)
1 PACKAGE SHREDDED CARROTS (ABOUT 2 CUPS)
1 PACKAGE BROCCOLI SLAW (ABOUT 2 CUPS)
1 TABLESPOON CHOPPED FRESH MINT
2 TABLESPOONS CHOPPED FRESH CILANTRO
6 CHINESE CABBAGE LEAVES, LIGHTLY STEAMED FOR 1–2 MINUTES
¼ CUP CHOPPED ALMONDS, ROASTED

DIRECTIONS

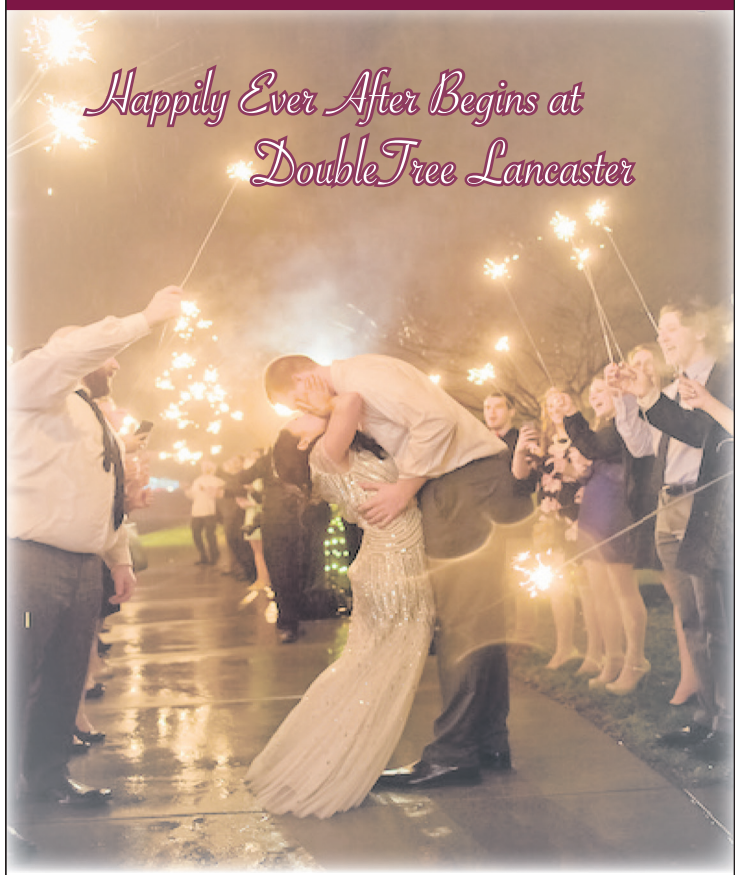
1. In a small bowl, mix together fresh lime juice, arrowroot powder, coconut aminos and sesame oil. Set aside.
2. In a large skillet or wok, heat coconut oil over medium-high heat. Add ground turkey breast, ginger and garlic. Stir often until turkey is browned and cooked through, about 6–8 minutes.
3. Add green onions, jalapeno, bell peppers, shredded carrots and broccoli slaw. Stir-fry until vegetables are crisp, but tender.
4. Add the lime juice-arrowroot powder mixture to the meat and vegetables. Mix thoroughly. Turn heat to low. Fold in chopped mint and cilantro.
5. Arrange steamed Chinese cabbage leaves on a serving platter. Spoon about 1 cup of mixture onto each leaf. Top with chopped almonds.

Makes 6 servings (1 serving equals about 1 cup)

TIPS: Shredded carrots and broccoli slaw are available prepackaged, or you may shred with a food processor or box grater. If grating your own broccoli slaw, use just the stalks of the broccoli. You can also use leaf lettuce or Bibb lettuce (not steamed) in place of cabbage leaves.



Ceremonies :: Receptions :: Rehearsal Dinners

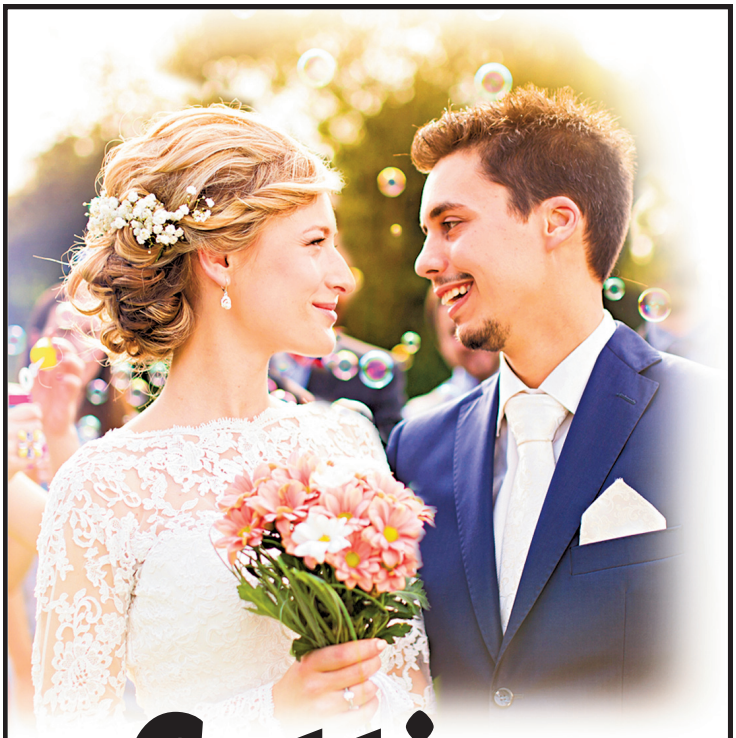


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QUINOA SALAD WITH CHICKEN, GRAPES AND ALMOND

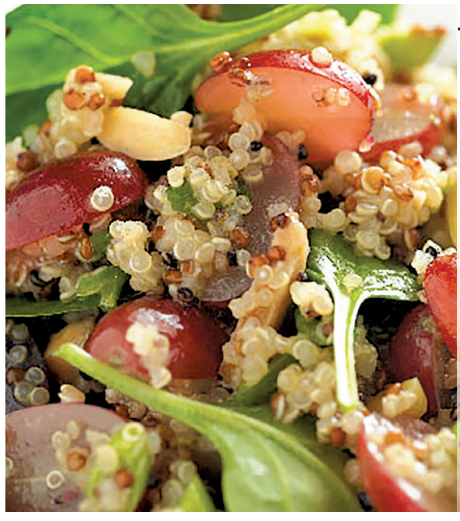
INGREDIENTS

2 CUPS WATER
1 ¼ CUPS QUINOA, RED OR BROWN
1 TEASPOON VINEGAR (RICE OR BALSAMIC)
1 TABLESPOON LEMON JUICE
1 TABLESPOON ORANGE OR LIME JUICE
¼ TEASPOON SEA SALT
¼ TEASPOON BLACK PEPPER
2 TABLESPOONS OLIVE OIL
½ CUP FRESH MINT, CHOPPED
½ CUP FRESH BASIL, CHOPPED
¼ CUP FRESH CILANTRO, CHOPPED
2 CUPS SHREDDED CHICKEN BREAST
2 CUPS GRAPES, HALVED
½ CUP SLICED ALMONDS, TOASTED
3–4 CUPS CHOPPED BABY SPINACH
½ CUP GREEN ONIONS, CHOPPED

DIRECTIONS

1. Bring 2 cups of water to a boil. While water is heating, rinse quinoa under cold running water and drain. Once water comes to a boil, stir in quinoa. Immediately reduce heat to a simmer and cook for about 12–15 minutes (until most of liquid is absorbed). Remove from heat, uncover and set aside to cool.
2. In a large bowl, whisk together vinegar, lemon and orange juices, sea salt and pepper. Continue whisking while slowly streaming in olive oil. Stir in the mint, basil and cilantro and mix well.
3. Add cooled quinoa to dressing and toss. Add chicken, grapes, nuts, chopped baby spinach and green onions. Toss again.
4. Serve at room temperature or chilled, if preferred.

Makes 8 servings (1 serving equals about 1 cup)



TIPS: Chicken can be cooked and shredded or chopped ahead of time. Serve on a lettuce leaf and use red quinoa and green grapes or regular quinoa and red grapes for a colorful presentation.



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I DO *Featured Wedding*

Karen + Jimmy Knee

PHOTOGRAPHER
April and Bryan Photography

BITE-SIZED FALL-THEMED PIES
Rettew's Catering, Manheim

FLOWERS
Bear Mill Estate - Kerry Kegerise

HAIR AND MAKEUP
Stylist Carrie Svetz of United Artists Salon & Spa, West Reading



Oct. 21, 2017

CEREMONY + RECEPTION

Bear Mill Estate, Denver





THEME

Intimate Autumn Lodge



"We both love that time of year and Jimmy is an avid hunter, so we decided to incorporate pheasant feathers, deer antlers, rifle shell casings and fur into our decor as well as getting married in front of an outdoor fireplace."









THE BIGGEST CHALLENGE

"Deciding on the groom and groomsmen attire. He would've liked camouflage, but I felt we needed something more elegant due to the dress I had picked out for myself. The other challenge was the color of the bridesmaid dress and incorporating it with the suit color. The bridesmaid dresses were the very first thing I found to start our autumn-themed wedding and the color was Portobello. We purchased those at David's Bridal of York. It took us several trips to Fifty Fifty Tuxedo Rentals, Sinking Spring, and a conversation with another bride who had her wedding at Bear Mill Estate to decide on what we were going with. We ended up choosing an Ike Behar navy blue suit and absolutely loved the color combination."





IS THERE ANYTHING YOU WOULD HAVE DONE DIFFERENTLY?

"Not a thing! We had a fantastic day and experience with all of our vendors we used and the intimate setting with close family and friends. Bear Mill Estate honestly did all of the hard work down to the smallest details during our weekend with them, which allowed us to enjoy our special day. Rettew's Catering even supplied meals for us to take on our honeymoon the following day, which was just as delicious that evening as it was the day of."



ADVICE TO FUTURE BRIDES

"Take the time to enjoy your day together, let someone else worry about the small stuff. If you're a planner at heart and know everything you want to have or want done on your special day, pre-plan well in advance and let everyone involved know of your ideas. Make lists. They are very helpful. And keep your guest list to an intimate few for a more heartfelt experience."







To-do list

Make sure you've got all the major wedding day elements covered with our at-a-glance checklists

Bride

Nine Months Before
- ❍ Set a date
- ❍ Prepare a budget
- ❍ Determine the time and place of the wedding and reception
- ❍ Draw up a guest list
- ❍ Choose members of the wedding party
- ❍ Buy a wedding gown
- ❍ Shop for bridesmaids' dresses
- ❍ Interview photographers, videographers, florists, musicians, caterers and bakers

Six to Nine Months Before
- ❍ Shop for wedding invitations
- ❍ Decide on attire for groom and groomsmen
- ❍ Start planning honeymoon
- ❍ Decide on florist, caterer, bakery, photographer, videographer and entertainment

Four to Six Months Before
- ❍ Register with a bridal gift registry
- ❍ Reserve rehearsal dinner location
- ❍ Arrange accommodations for out-of-town attendants and book a block of rooms for other out-of-town guests
- ❍ Select a wedding ring for the groom

Three Months Before
- ❍ Address invitations
- ❍ Meet with caterer
- ❍ Firm up honeymoon plans
- ❍ Shop for attendants' gifts
- ❍ Make appointment with a hairstylist

Two Months Before
- ❍ Mail wedding invitations
- ❍ Meet with musicians
- ❍ Get together documents for marriage license

Two to Four Weeks Before
- ❍ Set time for wedding rehearsal
- ❍ Get marriage license
- ❍ Have a final gown fitting
- ❍ Keep track of invitation responses
- ❍ Give caterer solid estimate of number of guests
- ❍ Draw up a seating arrangement for rehearsal dinner and reception and make place cards
- ❍ Make name and address changes on bank accounts, credit cards, driver's license, etc.

One Week Before
- ❍ Make final checks with officiant, florist, caterer, photographer, videographer, bakery, musicians, etc.

The Day of The Wedding
- ❍ Pamper yourself
- ❍ Rehearse ceremony with wedding party
- ❍ Get a good night's sleep

Groom

Nine Months Before
- ❍ Set wedding date
- ❍ Draw up a guest list

Six to Nine Months Before
- ❍ Ask family/friends to be in the wedding
- ❍ Decide on wedding attire
- ❍ Start planning the honeymoon

Four to Six Months Before
- ❍ Select wedding ring for the bride
- ❍ Reserve site for rehearsal dinner
- ❍ Arrange accommodations for attendants
- ❍ Help bride with bridal registry selections
- ❍ Shop for attendants' gifts
- ❍ Apply for passports if needed for honeymoon

Two to Three Months Before
- ❍ Firm up honeymoon plans, final payments

Four to Six Weeks Before
- ❍ Be sure to have all blood tests & paperwork needed for obtaining marriage license
- ❍ Make necessary changes to insurance

Two to Four Weeks Before
- ❍ Apply for marriage license
- ❍ Give wedding party, close friends & family all information regarding rehearsal/rehearsal dinner

One Week Before
- ❍ Give restaurant or caterer firm number for rehearsal dinner attendees
- ❍ Double check honeymoon plans
- ❍ Begin packing for honeymoon
- ❍ Attend your bachelor's dinner

The Day Before
- ❍ Rehearse your ceremony with bridal party & enjoy rehearsal dinner

The Day of the Wedding
- ❍ Bring the marriage license to be signed
- ❍ Give your best man the officiant's check to handle
- ❍ Remember to bring your bride's ring
- ❍ Arrive an hour before the ceremony
- ❍ Have fun & congratulations



I DO *Featured Wedding*

Alicia + Peter Shuey



Aug. 12, 2017

CEREMONY + RECEPTION
Scenic Village at Harvest Drive, Gordonville

PHOTOGRAPHER
Meagan Nicole Photography

CAKE
Fisher Food and Catering

FLOWERS
Martin Krebs and Margaret Shuey (bride's uncle and mother-in-law)

HAIR + MAKEUP
Chantel Huyard for makeup and Mansion on Main, Leola, for hair









WHAT WAS THE BIGGEST CHALLENGE?

"Those last-minute details can be overwhelming! We were so thankful for all of our family members, friends and vendors who worked so hard to bring everything together for a perfect day."

















IS THERE ANYTHING YOU WOULD HAVE DONE DIFFERENTLY?

"I wish I wouldn't have gotten bent out of shape when things didn't go as planned on the wedding day. The details that went 'wrong' are now the things that we all laugh about and those details turned out to be great memories for both us and the guests! It's inevitable that things won't go perfectly, and that's OK!"





ADVICE TO FUTURE BRIDES

"It can be so easy to fall into spending lots and lots of money on every detail for the wedding, but that's not always necessary. Friends and family are great resources for finding ways to make the wedding beautiful without breaking the bank, whether that is ordering flowers in bulk and having a friend with a good eye arrange the flowers, to having a family member with woodworking skills build you signs, to having a friend with good handwriting design the seating chart, etc. Family and friends are eager to help and they are full of great ideas!"



I DO *Featured Wedding*

Jill + Todd Funk

March 10, 2018

CEREMONY + RECEPTION Ironstone Ranch, Elizabethtown
PHOTOGRAPHER Cindy Frey Photography

FOOD C&J Catering **FLOWERS** Pean Frey **HAIR AND MAKEUP** Lavish Salon





WHAT WAS THE BIGGEST CHALLENGE?

"The biggest challenge for Todd and I was trying to plan our wedding while I was training and traveling full time with the U.S. national field hockey team."









ADVICE TO FUTURE BRIDES

"You don't need to get stressed over all the little details because you'll just remember the love you have for your groom and all the people that came to support you."

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GIVE YOUR WEDDING PARTY A DIY THANK-YOU

– CATHY MOLITORIS // LNP CORRESPONDENT

DIY is a big trend in wedding planning, and the trend can extend beyond decorations. Put your creativity to work by making favors for your bridesmaids and groomsmen. It's an easy and inexpensive way to thank them for participating in your wedding.

Karen McCrady, owner of Crafter Hours in Mount Joy, says do-it-yourself gifts let the bride personalize the item to her bridesmaids and add an emotional element to the present.

"(Homemade) gifts bring tears," she says. "It's heartwarming."

At her store, brides have been coming in to make custom signs with their new name and the date of the wedding.

"The guests of the wedding sign around it in gold or silver Sharpie," she says. "They also make Mr. and Mrs. signs for the head table."

Both ideas could be scaled down to become a favor for each member of the wedding party, she says, adding, "Since it's custom, it's a very personal gift."

STOCK PHOTO COURTESY OF METRO GRAPHICS

Here's some inspiration for do-it-yourself gifts for your wedding party:



SUCCULENTS

Grab a small glass container and plant a tiny succulent for your wedding party. They are inexpensive to buy and the best part? They're almost impossible to kill, so your bridesmaids and groomsmen will have a visual reminder of your wedding for years to come. Add a note tied around the container or just add the date of your wedding.

HANGOVER KIT

Chances are, your wedding party will, well, party a little before the big event. Create a customized hangover kit, complete with headache medicine, Gatorade, an eye mask and anything else you can think of. You can create a personalized label for the kit and the contents.

PHOTO BOOKS

If making coasters is too crafty for you, let the pros do the work. Upload photos from your adventures with your friends to an online photo book site such as Shutterfly. Each member of your wedding party can get his or her own personalized book of all the memories you've made over the years.

STOCK PHOTO COURTESY OF METRO GRAPHICS

ORNAMENT

Make your own Christmas tree ornaments for your wedding party to use year after year to remember your big day. You can go as simple as a cutout on cardstock with your wedding date or as elaborate as finding an object that represents your wedding party (like a cork if you're all into wine) and adding a hook with super glue.

HANDWRITTEN NOTE

In the age of technology, when was the last time you handwrote anything? Take a few minutes to draft a note to each of your bridesmaids or groomsmen. You can recall special memories you've made together and thank them for being a part of your wedding.

POTTERY

Lancaster County has several paint-your-own pottery studios, where you can make custom presents for your wedding party. Choose a small bowl to personalize with your wedding date and give it to your bridesmaids and groomsmen as a gift they can use for years.

TREES

It's the gift that keeps on giving. Wrap up a small seedling and encourage your wedding party to plant it in their yard as a memento of your wedding day. As your love grows throughout the years, so will the tree.

VINTAGE BOOKS

Browse a used bookstore for books that have special meaning to each of your bridesmaids or groomsmen. Pick up a cookbook for your foodie friend or a book on fishing for your outdoors person. Write a personal message inside the front cover and you'll create a unique keepsake of your wedding day.

FRIENDSHIP BRACELETS

Remind your wedding party why you chose them — they're your closest friends — by making friendship bracelets. You can go old school and use embroidery thread or go upscale and use leather lacing. Just search online for instructions on how to make these easy gifts.



PHOTO COASTERS

Gather some of your favorite pictures of you and your wedding party and create custom coasters. Just glue the photo to cardboard and seal it with Mod Podge.

PHOTO COURTESY OF
MINDY SWINEHART PHOTOGRAPHY

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PARTYING EVER AFTER

For some couples, the reception isn't quite enough



PHOTO COURTESY OF ANNIE SHARP PHOTOGRAPHY

— LAURA KNOWLES
LNP CORRESPONDENT

When Ryan and Emily Martin were married in 2017, they had a traditional church ceremony, a barn wedding reception and an after-party.

An after-party, you may ask. What's that?

An after-party is an event that extends the wedding celebration. It's usually in a smaller venue, possibly a place that is more relaxed and casual. When all the other wedding guests have gone home, the after-party is the event that is designed for the hardiest revelers.

"Our wedding and reception were in the early afternoon, so by the time it was done, it was around 6 o'clock. We had people who had come from out of town. And some of our friends weren't quite ready to finish celebrating," Emily Martin says.

So what did they do? The happy couple changed into casual clothes and everyone headed for an evening of bowling, complete with hot dogs and pizza.

It was a big relief to Martin's parents, who didn't have to fund another expensive celebration. The guests at the after-party paid their own way and had a blast.

"It was the first time we were really able to relax," Ryan adds. "And I didn't have to be dressed up."

Other local brides and grooms have followed the trend of wedding after-parties, too. One local couple held their reception at downtown Lancaster's Excelsior, with an after-party nearby at Tellus360, with a live band and a mini-version of the reception.

Sara and Michael Arthur had an evening wedding and reception that finished up well into the wee hours. So they decided to have an after-party in the morning, with an elegant brunch in the late morning. The smaller event featured eggs Benedict, mimosas and bloody marys.

"Everyone got to sleep in and it was a nice way to finish up the wedding weekend," says Sara Arthur, adding that they also had out-of-town guests who had stayed over in the Lancaster area.

At the Log Cabin, they have held a number of after-wedding brunches, on the patio when the weather is nice or in the garden room.

"For couples who want to celebrate their wedding here, we often hold rehearsal dinners or after-wedding brunches," says Margaret Bragg of the Log Cabin, noting that the venue is not quite large enough for large wedding receptions.

Places that have late hours are ideal for wedding after-parties, such as Loxley's on Centerville Road, which offers a wedding after-party package. The Inn at Leola Village, John J. Jeffries at the Arts Hotel and Annie Bailey's Irish Public House are other after-party venues that local couples have used for their after-the-reception celebration.

More often than not, the after-party is a casual, relaxed affair. Sometimes couples invite their friends to stop by a favorite pub, like the Bulls Head Public House in Lititz. They might not even have a reservation. It's more impromptu.

Last-minute doesn't always work. The bride, groom and wedding guests might have to pile into a shabby bar because it's the only place that's open.

One way to avoid scrambling for a venue is to reserve a room at a favorite bar or a conference room at your hotel. It's also important to arrange for transportation for guests, since they may be drinking.

If the couple is heading off to an exotic honeymoon, the wedding party can plan an after-party that gets them psyched for their upcoming travels, including palm tree decor, leis and cocktails.

Ali and Ryan Kitchener had two food trucks for their after-party held at the farm of one of the bride's relatives. Everyone dressed down, dined on casual food truck fare and danced the night away to country music.

"I liked it better than the reception, because everyone was having so much fun," Ali says.

Another idea might be hiring an after-party bus to drive around to various spots, playing favorite music along the way. A late-night coffee and doughnut run can be held at the home of the bride, groom or a friend to help guests recover from too much partying.

Or invite wedding guests to a sporting event the next day, like a round of golf or a polo match at Lancaster Polo Club.



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LNP READERS' CHOICE Favorite 2018

2018 Readers' Choice *favorites in bridal*

BACHELOR PARTY

1| **Spooky Nook Sports**
spookynooksports.com

2| Tellus 360
tellus360.com

3| Al's Diamond Cabaret
alsdiamondcabaret.com

3| Annie Bailey's
anniebaileys.com

BACHELORETTE PARTY

1| **Spooky Nook Sports**
spookynooksports.com

2| Tellus 360
tellus360.com

3| Annie Bailey's
anniebaileys.com

3| Rocky Springs Entertainment Center
rockysprings.net

BRIDESMAID DRESSES

1| **In White**
inwhite.com

2| Tiffany's Bridal Boutique
tiffanysbridalboutique.com

3| Brides of Today
bridesoftoday.com

BRIDESMAID GIFTS

1| **Brent L. Miller Jewelers & Goldsmiths**
brentlmiller.com

2| Cork Collection
shopcorkcollection.com

3| Ream Jewelers
reamjewelers.com

DRESS ALTERATIONS

1| **Lancaster Tailor Company**
Search "Lancaster Tailor Company" on Facebook

2| Country Threads Bridal by Gail
Search "Country Treads Bridal by Gail" on Facebook

3| Sewing By Lois
sewingbylois.com

3| RCustomBridal
rcbridal.com

DRESS PRESERVATION

1| **Yorgey's Fine Dry Cleaning**
yorgeys.com

2| In White
inwhite.com

2| Kissel Cleaners
kisselcleaners.com

2| Reifsnyder's Bridal Boutique
reifsnydersbridal.com

DJ

1| **DJ Boots & Nancy**
bootsandnancy.wixsite.com/bootsandnancy

2| DJ J-Wills (Elite Entertainment LLC)
eliteentpa.com

3| 30 West Entertainment
30WestEntertainment.com

ENGAGEMENT RING

1| **Brent L. Miller Jewelers & Goldsmiths**
brentlmiller.com

2| Koser Jewelers
koserjewelers.com

3| Finch Jewelers
finchjewelers.com

ENTERTAINMENT

1| **DJ Boots & Nancy**
bootsandnancy.wixsite.com/bootsandnancy

2| 30 West Entertainment
30WestEntertainment.com

3| DJ Mast Productions
djmast..com

FLORIST

1| **Royer's Flowers & Gifts**
royers.com

2| Petals With Style
petalswithstyle.com

3| Floral Designs of Mount Joy
floraldesignsofmountjoy.com

GIFT REGISTRY

1| **Radel & Stauffer**
radelstauffer.com

2| Good's Store
Various Locations
goodsstores.com

2| Mise en Place
341 N Queen St, Lancaster
miseenplacekitchenstore.com

GROOMSMEN GIFTS

1| **Brent L. Miller Jewelers & Goldsmiths**
brentlmiller.com

2| Cork Collection
shopcorkcollection.com

2| Ream Jewelers
reamjewelers.com

3| Classic Estate Jewelry
Search "Classic Estate Jewelry" on Facebook

HAIR

1| **Luxe Salon & Spa**
luxelancaster.com

2| Transformations Salon & Spa
transformations-salon.biz

3| BLU Luxury Salon & Spa
blulancaster.com

HONEYMOON PLANNER

1| **Jenkins Travel**
Lancaster
jenkinstravel.com

2| Dream Makers Vacation Services
dreammakersvaca.com

3| AAA Central Penn
centralpenn.aaa.com

INVITATIONS

1| **RSVP Love**
rsvp-love.com

2| Designs By Renee
designsbyrenee.biz

3| Persnickety Invitation Studio
persnicketyinc.com

MAKE-UP

1| **Luxe Salon & Spa**
luxelancaster.com

2| Sephora
sephora.com

3| BLU Luxury Salon & Spa
blulancaster.com

MOTHER-OF-THE-BRIDE DRESS

1| **In White**
inwhite.com

1| **Tiffany's Bridal Boutique**
tiffanysbridalboutique.com

2| Country Threads Bridal by Gail
Search "Country Treads Bridal by Gail" on Facebook

3| Brides of Today
bridesoftoday.com

REHEARSAL DINNER

1| **Forklift & Palate Restaurant**
forkliftandpalate.com

2| The Pressroom Restaurant & Bar
pressroomrestaurant.com

3| Cork & Cap Restaurant
corkandcaprestaurant.com

TUXEDO RENTAL

1| **Central PA Tuxedo**
centralpatux.com

2| Filling's Clothing
fillingsclothing.com

3| Brides of Today
bridesoftoday.com

WEDDING BAND

1| **Brent L. Miller Jewelers & Goldsmiths**
brentlmiller.com

2| Finch Jewelers
finchjewelers.com

3| Koser Jewelers
koserjewelers.com

WEDDING CATERER

1| **Rettew's Catering**
rettewscatering.com

2| Enck's Custom Catering
enckscatering.com

3| Hess's Barbeque Catering
hessbbq.com

WEDDING CAKES

1| **Oregon Dairy**
oregondairy.com

2| Rosie's Creative Cakes
rosiescreativecakes.com

3| Byers Butterflake Bakery
byersbakery.com

WEDDING DRESS

1| **In White**
inwhite.com

2| Posh Bridal Shop
poshbridal.com

3| Tiffany's Bridal Boutique
tiffanysbridalboutique.com

WEDDING PHOTOGRAPHER

1| **Leslie Ann Photography**
leslieannphotos.com

2| Frank King Photography
frankkingphotography.com

3| Gilbertson Photography
Search "Gilbertson Photography" on Facebook

3| Lauren Fisher Photography
laurenfisher.photography

WEDDING PLANNER

1| **Planned Perfection**
plannedperfectionpa.com

2| Simply Events Inc
simplyeventsinc.com

3| Stylish Occassions Wedding & Event Planning
stylisho.com

3| The Perfect Plan by Lori Hemphill
theperfectplanbylh.com

WEDDING RENTALS

1| **Eagle Rental**
eaglerentalcenter.com

2| Barnwood and Blush

3| Shumaker PDT
shumakerpdt.com

WEDDING SHOES

1| **DSW Designer Shoe Warehouse**
dsw.com

1| **David's Bridal**
davidsbridal.com

2| In White
inwhite.com

3| Posh Bridal Shop
poshbridal.com

WEDDING TRANSPORTATION

1| **Expressions Limousine**
expressionslimo.com

2| Infinity Transportation Services
infinitytransportationservices.com

3| Executive Coach
executivecoach.net

3| Unique Limousine
uniquelimousine.com

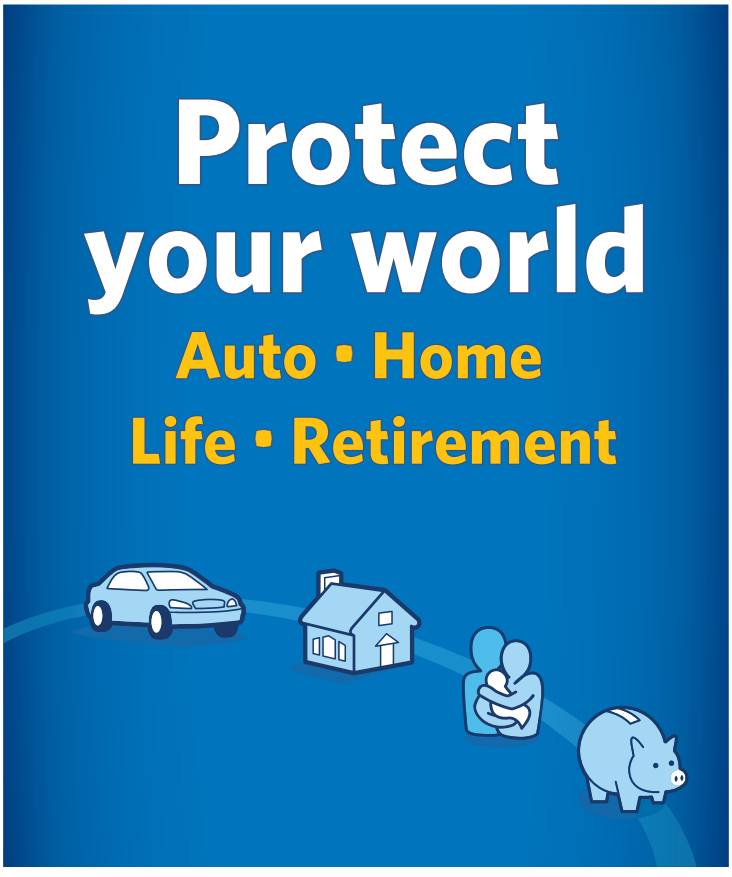
WEDDING VENUE

1| **Trackside Room**
Search "Trackside Room" on Facebook

2| Cork Factory Hotel
corkfactoryhotel.com

3| Eden Resort & Suites
edenresort.com





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