

LHS TRACK & FIELD RECORDS			
GIRLS OUTDOOR(METERS)			
Researched by Alan Wool			
EVENT	MARK	NAME	YEAR
100 m. Dash	12.64	Kate McLaughlin	1997
100 m. Hurdles	15.62	Kate McLaughlin	1997
200 m. Dash	25.74	Kate McLaughlin	1997
300 m. Hurdles	46.20	Kate McLaughlin	1996
400 m. Dash	1:00.56	Skyler Tautkus	2019
800 m. Run	2:18.95	Samantha Hicks	2011
1600 m. Run	5:00.04	Samantha Hicks	2011
3200 m. Run	11:05.0	Missy Ouellette	1983
4x100 m. Relay	52.9	Sharon Houle Gail Harris Katie Merrium Shelly Fortier	1981
4x200 m. Relay		DNC	
4x400 m. Relay	4:09.38	Samantha Hicks Alexandra Sorrell Olivia Dean Michaela Sorrel	2012
4x800 m. Relay		DNC	
Long Jump	16' 11 1/2"	Martha Kidder	1986
Triple Jump	36' 6"	Martha Kidder	1986
High Jump	5' 5"	Kate McLaughlin	1997
Pole Vault	6' 6"	Jennifer Dunn Claire Carwell	1997 2001
Shot Put	36' 3 3/4"	Charlene Emond	1987
Discus	106' 4"	Kate Stewart	2005
Javelin	114' 0"	Kate Stewart	2005
Heptathlon	4238 pts.	Kate McLaughlin	1996
Champion	4375 pts.	Kate McLaughlin	1997

Middle board- Right side