HEBRON — Join Newfound Lake Region Association’s Watershed Steward, Jenna Detar, on a women-only paddle through the Northern Newfound Water Trail beginning at Grey Rocks Conservation Area on Thursday, July 21, at 10 a.m.

Participants will be provided with guidance on how to practice safe boating and how to explore the waterways of New Hampshire, as well as a quick lesson on invasive aquatic species and the impacts they have on the Lakes Region. All participants should be prepared to get on and in the water.

Dress accordingly and bring all necessary food, drinks, and sun protectants needed for an hour and a half paddle through the Northern Newfound Water Trail. Participants will need to provide their own kayaks or rent one — if this is a barrier to your participation, contact the association directly. Register online at NewfoundLake.org/events or call 603-744-8689.

Women on the Water is part one of a mini-series, Women in the Wilderness, geared toward getting women out into nature in a comfortable, judgment-free zone. Jumping into the vast unknown that is the wilderness can be very intimidating, especially as a solo woman. As we dive into this series, participants will gain a deeper understanding of the importance of land and water conservation, ethically utilizing and preserving natural resources, and minimizing human impact in the natural areas of the Newfound Watershed in order to keep these areas wild.

To learn more about guided programs including Women in the Wilderness, volunteer opportunities visit: NewfoundLake.org.

Women will paddle through the Northern Newfound Water Trail beginning at Grey Rocks Conservation Area on Thursday, July 21 at 10 a.m. (Courtesy photo)
NHBM to host New England Vintage Boat and Car Auction


According to NHBM Executive Director Martha Cummings, each of these boats possesses a unique backstory. “The Goodhue is a one-of-a-kind racer built by the Goodhue Boatyard in Quincy, MA just after World War II,” she said. “It was originally powered by a V-12 fighter aircraft engine with the specific goal to beat bandleader and Gold Cup racer Guy Lombardo. The Chris Craft Grand Prix, referred to as ‘Heavenly,’ is one of the last mahogany runabouts built by Chris Craft before they switched exclusively to fiberglass. Of the 32 Grand Prix boats built, just eight had the powerful 427 V8 engine. “This boat is in exceptional condition and is one of the finest Grand Prix models in the country,” said NHBM Auction Co-Chair Betsy Farley. The Sportsman, described Cummings, is “the perfect classic mahogany boat for big lakes.” “The boat was bought new at Irwin’s Marine in 1961 and has been on Lake Winnipesaukee all its life,” she added.

In addition to vintage boats and cars, the New England Vintage Boat and Car Auction features fiberglass boats, sailboats, canoes, outboard motors, and memorabilia.

The auction will be held in-person at the Nick Recreation Center in Wolfeboro and feature a virtual component where people can bid online. Proceeds from the event benefit NHBM’s educational programs and preservation efforts.

Boats and cars will be displayed at the Nick for the general public to view on Thursday and Friday, July 14 and 15 from noon to 5 p.m. An additional preview showing will take place from 8 a.m. to 10 a.m. on Saturday, July 16 followed by live bidding at 10 a.m. Bidder registration is free. Online bidding begins July 7. To learn more about the auction, or register as an online bidder, visit nhbm.org.
## Boat Services

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### Lakes Region

**Boat Rentals**

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<td>WINNISQUAM MARINE</td>
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### ONE STOP

**for all your fun, water needs**
Cyanobacteria and what you need to know

MOULTONBOROUGH — Join the Lake Winnipesaukee Association, the Moultonborough Conservation Commission, and UNH Lakes Lay Monitoring Program on Tuesday, July 12 for an informative talk on cyanobacteria in our lakes and ponds. The talk will be held at the Moultonborough Public Library from 3-4 p.m.

Blooms of potentially toxic cyanobacteria have been happening more frequently around the country and locally in NH. This is a threat not only to human and animal health, but to our local economy as well. Cyanobacteria (often referred to as blue-green algae) are a natural component of New Hampshire waterbodies, and are important organisms for the health and growth of many plants. However, certain cyanobacteria produce toxins that can affect the nervous, liver, and endocrine systems if ingested in large enough quantity.

The presentation, ‘Cyanobacteria and What You Need to Know’, will feature Dr. Amanda McQuaid, water quality specialist, professor of water quality and ecotoxicology, and director of the Lakes Lay Monitoring Program at the University of New Hampshire. The Lake Winnipesaukee Association will also see BACTERIA page 21

NHBM offers opportunity to learn to sail like a pro

WOLFEBORO — For those unfamiliar with the activity, sailing can be intimidating, a perception that can be adjusted through an experience within one of several Community Sailing’s classes this summer at the New Hampshire Boat Museum.

Youth learn to sail classes are geared to ages 9 to 15, while our adult programs are aimed at ages 16 and up,” said NHBM Executive Director Martha Cummings. “Our programs last for one week and cost $150 for residents and $180 for nonresidents. We have sailing scholarships available.”

Held at Albee Beach on Lake Wentworth or on Lake Winnipesaukee, the program is available through the Town of Wolfeboro’s Parks and Recreation Department.

“It’s a wonderful collaboration with the Town where NHBM cares for and provides all of the sailboats and safety boats, along with some training for the instructors, particularly on the safety boats,” added Cummings.

In addition to beginners, classes for youth and adults are available for those with intermediate and advanced skills.

“It depends on the class and, in some cases, your skill level, as to what type of sailboat you’ll be using” noted NHBM Programs & Events Manager Anne Lennon. “There is definitely something for everyone, regardless of skill level.”

Former students “love” Community Sailing at NHBM.

“Learning to sail is a great thrill and a fun way to get out on the lake as well as make new friends,” said past participant Lou Arinello.

To learn more about NHBM, its upcoming events and programs, visit nhbm.org.
The SLA Canoe Classic: Bass Fishing Tournament July 23

HOLDERNESS — The second of three tournaments in the Squam Canoe Classic: Bass Fishing Tournament Series is less than a month away. Load up the canoe, kayak, float tube or any style of human powered watercraft and head out on Saturday, July 23 for a day of timeless moments on the water.

This fishing series is all about the love of the lake, having a great time on the water, going after the big one, and good-natured sportsmanship. It is an opportunity to test your skills against the fish and each other, and a laid back way to introduce beginners to the art and pleasure of recreational fishing. Quietly ease up to that favorite fishing hole and use all your skill and cunning to hook yourself a winner.

This tournament is open to any vessel completely powered by human effort. It is a catch and immediate release tournament. Anglers document their catch by measuring and taking a photo and then release the fish back into the deep where the legend can swim on. Participants must fish with lead-free tackle.

This year SLA is continuing their partnership with Eastern Adaptive Sports to provide a quiet water fishing experience, allowing adaptive anglers the opportunity to fully participate in the event. For individuals in need of adaptive access, indicate this requirement upon registration. Eastern Adaptive Sports will provide boat access for participants.

Tournament dates in this year’s series are: July 23 and August 13. For more information or to register, visit: www.squamlakes.org/2020-squam-canoe-classic-bass-fishing-tournament-series or call the SLA at 603-968-7336.
Coach have to talk to their players, get them on the right track, and ensure they are focusing on the game at hand. The players need to listen carefully and follow the coach’s guidance to improve their performance. Communication is key, and both the coach and the players should strive to build trust and respect in their working relationship. By working together, they can achieve success and bring the team closer to their goals.