## Reasons You Avoided Scheduling a Mammogram and why you should reconsider



- "It's going to hurt!"

  You probably have a pair of shoes you've
  worn all day that hurt more than a
  mammogram.
- "They might find cancer."
   Actually, most mammograms are normal
   but if there's a problem, it's best to
   catch it early when it is easier to treat.
- "I don't have time."

  Do you make time for things like
  a haircut, manicure or movie? A
  mammogram takes less time than any of
  these.
- "I'm not high risk."
   Only 15% of new breast cancers have a genetic link. Gamble at the casino, not with your life.

"I'm too old (or too young)."
 The fact is, women of any age can develop breast cancer.

Mammograms and annual well woman exams are your first line of defense in preventing or identifying breast cancer in its early stages. Start with your Willis Knighton doctor and schedule your mammogram at one of our five convenient locations.



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