



LIVIN' LA VIDA YOGA

FREE FOR ALL AGES AND ABILITIES!!

ISU CADET FIELD

YOGA
8AM-9AM

HEALTH ROW
9AM-10AM



REGISTER HERE

BRING YOUR OWN WATER
BOTTLE & YOGA MAT

ALLOW EXTRA TIME FOR
PARKING AND WALKING

FIRST 100 PEOPLE WILL
GET A FREE YOGA MAT!



CELEBRATING 125 YEARS

WITH ISU & THE CHAMBER OF COMMERCE!

