



VOL. 10

SENIOR SERVICES

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is a special supplement to The Star, The
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**All photos are
from Mark Miner.**

ADDITIONAL COPIES ARE AVAILABLE AT THESE LOCATIONS:

DEKALB COUNTY

- DeKalb County Council on Aging, 1800 E. Seventh St., Auburn
- The Star, 118 W. Ninth St., Auburn
- Butler Public Library, 340 S. Broadway St., Butler
- Eckhart Public Library, 603 S. Jackson St., Auburn
- Garrett Public Library, 107 W. Houston St., Garrett
- Waterloo Grant Twp. Public Library, 300 S. Wayne St., Waterloo
- William H. Willennar Genealogy Center, 700 S. Jackson St., Auburn

LAGRANGE COUNTY

- LaGrange County Council on Aging, 410 E. Central Ave., LaGrange
- LaGrange County Public Library branches
 - 203 W. Spring St., LaGrange
 - 250 E. Depot St., Shippshewana
 - 133 S. Main St., Topeka

NOBLE COUNTY

- Noble County Council on Aging, 561 S. Main St., Kendallville
- The News Sun, 102 N. Main St., Kendallville
- Kendallville Public Library, 221 S. Park Ave., Kendallville
- Ligonier Public Library, 300 S. Main St., Ligonier
- Limberlost Branch Library, 164 Kelly St., Rome City
- Noble County Public Library branches
 - 813 E. Main St., Albion
 - 104 Ley St., Avilla
 - 120 N. Jefferson St., Cromwell

STEBUEN COUNTY

- Steuben County Council on Aging/ The Heritage Club of Steuben County, 1905 Wohler St., Angola
- The Herald Republican, 107 N. Martha St., Angola
- Carnegie Public Library of Steuben County, 322 S. Wayne St., Angola
- Fremont Public Library, 1004 W. Toledo St., Fremont
- Joyce Public Library, 6035 N. St. Rd. 327, Orland

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EMERGENCY NUMBERS

9-1-1

Call for police, fire or medical emergencies when immediate action is required.

8-1-1

Call to locate utility lines before any digging is done on your property.

2-1-1

Call to get information about housing, counseling, food insecurity, support groups, health care, legal aid, employment, crisis & emergencies and more.

ADULT ABUSE HOTLINE

800-992-6978

ALCOHOLICS ANONYMOUS

All Counties: 866-608-3793

AMERICAN RED CROSS

Indiana Region: 317-684-1441

Northeast Chapter: 260-484-9336

Toll Free: 800-860-8611

ELIJAH HAVEN CRISIS INTERVENTION CENTER

260-463-8700

24-Hour Crisis Hotline: 866-463-3400

INDIANA POISON CENTER

800-222-1222

NATIONAL HOPELINE NETWORK

Hopeline: 800-442-4673

Spanish Suicide Lifeline:

800-784-2432

Suicide Prevention Lifeline:

800-273-8255

Veteran Peer Support Line:

877-838-2838



COMPANION MEDICAL ALERT

Call Jeff at
260-459-9900

Get more information online at CompanionMedAlert.com



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IMPORTANT MEDICAL INFORMATION

Please remove, complete and place in a visible location in case of emergency.

Name _____ Date of _____

Birth _____

Address _____ Blood _____

Type _____

Medical Conditions/Allergies _____

Emergency Contact Person _____

Phone _____

DOCTOR INFORMATION

Doctor Name/Specialty _____

Phone _____

Doctor Name/Specialty_____

Phone _____

Doctor Name/Specialty _____

Phone _____

Doctor Name/Specialty _____

Phone _____

Doctor Name/Specialty _____

Phone _____

LIST OF MEDICATIONS

Medication

Dosage/FrequencyThis image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

NON-EMERGENCY NUMBERS



FIRE



POLICE

TOWN

Albion	636-7712	636-7157
Altona	357-4441	No phone
Angola	665-5555	665-2121
Ashley	587-9222	587-9388
Auburn	925-8255	920-3200
Avilla	897-3295	897-3555
Butler	868-2044	868-2171
Clear Lake	No phone	665-3131
Corunna	281-2271	No phone
Cromwell (Sparta Twp.)	856-4555	856-3838
DeKalb County Sheriff	No phone	925-3365
Fremont	495-3805	495-9848
Garrett	357-6670	357-5151
Hamilton	488-2311	488-3721
Howe	562-2618	No phone
Hudson	587-9602	587-9388
Indiana State Police	No phone	317-232-8248
Kendallville	347-5010	347-0654
LaGrange	463-3139	463-7031
LaGrange County Sheriff	No phone	463-7491
LaOtto	897-2286	636-2182
Ligonier	894-3124	894-4111
Metz	665-2638	No phone
Mongo	367-2140	No phone
Noble County Sheriff	No phone	636-2182
Orland	829-6494	829-1111
Rome City	854-3875	854-3113
Salem Center	475-5511	No phone
Shipshewana	768-7000	768-4310
St. Joe	337-5777	No phone
Steuben County Sheriff	No phone	665-3131
Steuben Township	475-5040	No phone
Stroh	351-2092	No phone
Topeka	593-2883	593-2822
Waterloo	837-5461	837-3131
Wolcottville	854-4545	854-2930
Wolf Lake	799-9987	No phone



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260-665-9779

430 N. Wayne St., Suite 1A, Angola, IN 46703

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ADULT PROTECTIVE SERVICES (APS)

602 S. Calhoun St., Fort Wayne IN 46802 • 260-449-7989
800-992-6978

APS is not an emergency responder, if you believe someone is in immediate danger, call 911 immediately.

Adult Protective Services investigates allegations of abuse, neglect, self-neglect, battery, and exploitation in anyone who may be an endangered adult. Unit 3 serves nine counties including DeKalb, LaGrange, Noble and Steuben.

AGING & IN-HOME SERVICES OF NORTHEAST INDIANA (AIHS)

8101 W. Jefferson Blvd., Fort Wayne IN 46804 • 260-745-1200
800-552-3662
agingihs.org

The mission of AIHS is to promote dignity, independence and advocacy for all older adults, persons with disabilities and their caregivers. AIHS was designated by the state of Indiana as the Area Agency on Aging for northeast Indiana serving nine counties including DeKalb, LaGrange, Noble and Steuben.



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STAR Public Transportation provides prompt, efficient and friendly service to anyone, any age in Steuben County.

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**STAR is always hiring responsible drivers.
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LOCAL SENIOR SERVICE ORGANIZATIONS

DEKALB COUNTY COUNCIL ON AGING

1800 E. Seventh St., Auburn IN 46706 • 260-925-3311
888-220-2242
dcco.net

Mission is to provide services and programs that help to keep seniors, disabled persons and others in the mainstream of activities, independence and living at home as long as possible. We do this through the operation of the Heimach Center and DART (DeKalb Area Rural Transit) Public Transportation provider.

See our ad on page 12

LAGRANGE COUNTY COUNCIL ON AGING

410 E. Central Ave., LaGrange IN 46761 • 260-463-4161
lagrangecoa.org

Our mission is to be a provider and resource for services that improve the quality of life for older adults of LaGrange County to enable them to retain their independence, including providing accessible public transportation for all residents of the county. We also offer health clinics, day trips, entertaining activities, support groups, information and education.

See our ad on page 30

NOBLE COUNTY COUNCIL ON AGING

561 S. Main St., Kendallville IN 46755 • 260-347-4226
noblecountycoa.org

Providing assistance in helping you solve your transitional aging questions and problems through pamphlets, agency referrals or personal contact within Noble County. Transportation, foot clinic, medical and health insurance assistance, housekeeping, emergency response systems, and more.

See our ad on page 52

SOCIAL SECURITY ADMINISTRATION

1240 S. Grandstaff Dr., Auburn IN 46706 • 866-829-2170
Local TTY: 260-927-7250
ssa.gov

SSA administers the retirement, survivors, disability, Medicare and SSI programs of the federal government.



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Huntington • 2808 Theater Avenue Suite B (260) 366-4124

beltonehearingcare.com

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1905 Wohler St., Angola IN 46703 • 260-665-8191

stebenco.org

We are proud of our exercise facility, offering the machines you need to keep fit. Other activities are day trips, health programs, foot clinics, hearing care and screenings, educational and informational programs, and pamphlets on many subjects including elder law. We also have a library and social gatherings and entertainment. Sign up for our free Telephone Reassurance Program. We will make scheduled calls to your homebound loved one, older than the age of 60. Calls can be on a temporary basis, while they are recovering from an illness, when a caregiver is away from home for an extended time or on an ongoing basis for as long as you wish to receive the calls.

See our ad on page 7

THE LEAGUE BENEFIT ENROLLMENT CENTER

5821 South Anthony Boulevard, Fort Wayne IN 46816

260-441-0551 OR 800-889-3443

Video phone for the deaf/hard of hearing 260-440-3013

BEC@the-league.org

the-league.org

The League's Benefit Enrollment Center serves seniors and people with disabilities who are on Medicare or are Medicare eligible to apply for extra-help benefits such as help with food, heating bills, prescriptions, healthcare, internet and cell phones. Income restrictions may apply.

See our ad on page 18

UNITED WAY

unitedwaywells.org/partnerships/northeast-indiana-consortium

United Way's goal is to advance the common good in communities by focusing on the basic building blocks that we all need for a good quality of life: a quality education that leads to stable employment; enough income to support ourselves and our families, both for today, and through retirement; and access to assistance in times of crisis. Dial 2-1-1 for free confidential 24 hour information and referral assistance for housing, shelter, food, legal aid, clothing, education, counseling, utility assistance, health care, transportation and volunteer opportunities in all 92 counties of Indiana.

• Crossroads United Way

Serving Elkhart, LaGrange and Noble Counties

Mailing address: P.O. Box 3048, Elkhart IN 46515

Elkhart (Main) Office: 601 Co. Rd. 17, Elkhart IN 46516 • 574-295-1650

Noble Office: 401 E. Diamond St., Kendallville IN 46755

260-306-5360

crossroadsuw.org

• United Way of DeKalb County

950 W. 15th St., P.O. Box 307, Auburn IN 46706 • 260-927-0995

unitedwaydekab.org

• United Way of Steuben County

317 S. Wayne St., Ste. 3D, Angola IN 46703 • 260-665-6196

unitedwaysteuben.org

STATE & NATIONAL SENIOR SERVICE ORGANIZATIONS

AARP

601 E. Street NW, Washington DC 20049 • 888-687-2277

aarp.org

ADMINISTRATION FOR COMMUNITY LIVING (ACL)

National: 330 C Street SW, Washington DC 20201 • 202-401-4634

Regional: 77 West Jackson Boulevard, Suite 2151, Chicago IL 60604

acl.gov

The ACL maximizes the independence, wellbeing and health of older adults, people with disabilities across their lifespan and their families and caregivers.

ADVANCING STATES

241 18th St. S., Ste. 403, Arlington VA 22202 • 202-898-2578

advancingstates.org

To design, improve and sustain state systems delivering long-term services and supports for older adults, people with disabilities, and their caregivers.

AGING & IN-HOME SERVICES OF NORTHEAST INDIANA (AIHS)

8101 W. Jefferson Blvd., Fort Wayne IN 46804 • 260-745-1200

800-552-3662

agingihs.org

The mission of AIHS is to promote dignity, independence and advocacy for all older adults, persons with disabilities and their caregivers. AIHS was designated by the state of Indiana as the Area Agency on Aging for northeast Indiana serving nine counties including DeKalb, LaGrange, Noble and Steuben.



PHOTO BY MARK MINER OF HAMILTON

STATE & NATIONAL SENIOR SERVICE ORGANIZATIONS

ALLIANCE FOR RETIRED AMERICANS

815 16th St. NW, 4th Fl., Washington DC 20006 • 202-637-5399

retiredamericans.org

For 18 years, they have mobilized retired union members, seniors and community activists into a nationwide grassroots movement advocating a progressive political and social agenda that respects work and strengthens families.

ALZHEIMER'S ASSOCIATION

National: 225 N. Michigan Ave., Fl. 17, Chicago IL 60601 • 800-272-3900

Greater Indiana Chapter: 7221 Engle Road, Suite 230, Fort Wayne IN 46804
260-420-5547

alz.org

AMERICAN CANCER SOCIETY

800-227-2345

cancer.org

AMERICAN DIABETES ASSOCIATION

National: 2451 Crystal Dr., Ste. 900, Arlington VA 22202 • 800-342-2383

Local: P.O. Box 7023, Merrifield VA 22116 • 317-352-9226

diabetes.org

AMERICAN HEART ASSOCIATION

National: 7272 Greenville Ave., Dallas TX 75231 • 800-242-8721

Local: 6500 Technology Drive, Suite 100, Indianapolis IN 46250

317-732-4700

heart.org

AMERICAN LIVER FOUNDATION

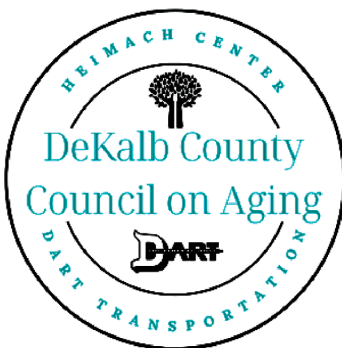
800-465-4837

liverfoundation.org

AMERICAN LUNG ASSOCIATION

800-586-4872

lung.org



DeKalb County Council on Aging Heimach Center

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1800 E. 7th St., Auburn, IN 46706
260-925-3311

STATE & NATIONAL SENIOR SERVICE ORGANIZATIONS

AMERICAN SOCIETY ON AGING (ASA)

548 Market Street, PMB 85589, San Francisco CA 94104 • 800-537-9728
asaging.org

ASA is the essential resource to cultivate leadership, advance knowledge and strengthen the skills of those who work with, and on behalf of, older adults.

AMERICAN STROKE ASSOCIATION

National: 7272 Greenville Ave., Dallas TX 75231 • 800-242-8721

Local: 8720 Castle Creek Parkway East Drive, Suite 100, Indianapolis IN 46250 • 317-732-4700
stroke.org

AMERICORPS SENIORS

800-942-2677

americorps.gov

Connecting volunteers age 55+ with the people and organizations that need them the most. AmeriCorps Senior is made up of three primary programs; Foster Grandparents, RSVP and Senior Companions.

ARTHRITIS FOUNDATION

National: 1355 Peachtree St. NE, Ste. 600, Atlanta GA 30309

800-283-7800

arthritis.org

CENTERS FOR DISEASE CONTROL & PREVENTION (CDC)

800-232-4636

cdc.gov

CDC is the nation's health protection agency, working 24/7 to protect America from health, safety and security threats, both foreign and domestic.

CENTERS FOR MEDICARE & MEDICAID SERVICES (CMS)

cms.gov

CMS is part of the Department of Health and Human Services (HHS).

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Topeka
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Topeka, IN 46571
260.593.3030

Shipshewana
250 Depot St.
Shipshewana, IN 46565
260.768.7444

Bookmobile
Please call
260.463.2841 x1040
for a current schedule.
www.lagrangelib.in.us

STATE & NATIONAL SENIOR SERVICE ORGANIZATIONS

Senior Wellness Guide — Healthy Aging: Two out of 10 U.S. citizens will be seniors in a little more than two decades. Seniors already account for 14 percent of the population. Aging brings physical, mental and financial concerns. Drugwatch provides information on high-risk medical products and health issues, and helps people take legal action if they've been injured.

FEDERAL TRADE COMMISSION

Headquarters: 600 Pennsylvania Ave. NW, Washington DC 20580
202-326-2222

ftc.gov

For Individual Consumers: Complaints about fraud, scams, phishing, identity theft, unwanted telemarketing, credit or debit issues, or other unfair business practices may be submitted by visiting reportfraud.ftc.gov

The National Do Not Call Registry: A division of the Federal Trade Commission. Add your phone number for free by visiting donotcall.gov. Landline and cell phones can be registered. The Do Not Call Registry prohibits sales calls. You still may receive political calls, charitable calls, debt collections calls, informational calls, survey takers and companies with prior business relationships. Registration on the list does not expire.

HOOSIERRX

866-267-4679

in.gov/medicaid/members/member-programs/hoosierrx/

Indiana's State Pharmaceutical Assistance Program, HoosierRx, can help pay the monthly Part D premium, up to \$70 per month, for members enrolled in a Medicare Part D Plan working with HoosierRx. Call or visit their website to see if you are eligible.



PHOTO BY MARK MINER OF HAMILTON

Steuben



SENIOR Lifestyle EXPO



BP Checks & Vaccinations
Francine's Friends Mobile
Mammography Coach
Coffee, Donuts, Box Lunch
Bingo • Door Prizes



Upcoming Event

TUESDAY, SEPTEMBER 9

9 a.m.-1 p.m.

Steuben County Event Center

100 Lane 101 B, Crooked Lake, Angola

For booth information email hbireley@kpcmedia.com

STATE & NATIONAL SENIOR SERVICE ORGANIZATIONS

INDIANA ASSISTED LIVING ASSOCIATION (INALA)

4701 Keystone Avenue, Suite 402, Indianapolis IN 46205 • 317-733-2390
Mailing Address: P.O. Box 68829, Indianapolis IN 46268
inassistedliving.org

INALA's mission is to promote the interests of the assisted living industry in Indiana and to enhance the quality of life for the population it serves.

INDIANA ASSOCIATION OF AREA

AGENCIES ON AGING (IAAAA)

4701 Kingsway Dr., Ste. 402, Indianapolis IN 46205 • 317-205-9201
iaaaa.org

IAAAA's mission is to support Indiana's Area Agency on Aging network as it provides leadership, advocacy and expertise in helping people manage the social determinants of health in Indiana's evolving long-term services and supports system.

INDIANA DEPARTMENT OF HEALTH

2 N. Meridian St., Indianapolis IN 46204 • 317-233-1325
in.gov/health

The Indiana Department of Health's mission and vision is to promote, protect, and improve the health and safety of all Hoosiers regardless of where they live, learn, work or play.

INDIANA DEPARTMENT OF TRANSPORTATION (INDOT)

Fort Wayne District: 5333 Hatfield Rd., Fort Wayne IN 46808
855-463-6848
in.gov/indot

Call to report potholes and other road hazards or for dead animal pick up, from any state or national road.

INDIANA FAMILY & SOCIAL

SERVICES ADMINISTRATION (FSSA)

Division of Aging: 888-673-0002
in.gov/fssa/da

The Division of Aging supports the development of alternatives to nursing home care and coordinates services through a network of Area Agencies on Aging.

We're here the moment you need us!

Feller & Clark

Funeral Homes

260-837-2581
875 S. Wayne St., Waterloo, IN 46793

260-572-1000
1860 S. Center St., Auburn, IN 46706

Directors
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Justin Clark
Andy David

Pre-Planning
Specialist
Dianna Budd

www.fellerandclark.com

STATE & NATIONAL SENIOR SERVICE ORGANIZATIONS

INDIANA HOUSING NOW

877-428-8844

indianahousingnow.org

This is a free, state online resource for renters and property managers in Indiana. The dynamic search options allow you to find affordable, accessible and market-rate housing that will fit your needs.

INDIANA LEGAL SERVICES (ILS)

Fort Wayne Office: 110 W. Berry St., Ste. 2007, Fort Wayne IN 46802
260-424-9155

Serves ten counties including DeKalb and Steuben.

South Bend Office: 227 S. Main St., Ste. 200, South Bend IN 46601
574-234-8121

Serves ten counties including LaGrange and Noble.

indianalegalservices.org

ILS is a nonprofit law firm that provides free civil legal assistance to eligible low-income residents throughout the state of Indiana. Their Senior Law Project and Legal Assistance for Victimized Adults Project assist Indiana seniors with a range of issues including fraud, public benefits, abuse and more.

INDIANA LONG TERM CARE INSURANCE PROGRAM (ILTCIP)

Indiana Department of Insurance

311 W. Washington St., Ste. 300, Indianapolis IN 46204 • 866-234-4582
in.gov/iltcp

The ILTCIP is an innovative partnership between the State of Indiana and private long-term care insurance companies.

INDIANA STATE DEPARTMENT OF HEALTH —

DIVISION OF LONG TERM CARE

2 N. Meridian St., Ste. 4B, Indianapolis IN 46204 • 317-233-7442
in.gov/health/ltc

The Division of Long Term Care is responsible for state licensing and federal certification programs for long term care facilities.



**Heart to Heart
Hospice**



**Northeast Indiana
260.203.5441**

**INDIANA COVERAGE WHERE
EVER THE PLACE IS YOU CALL HOME**

If you have questions about hospice care, visit us at htohh.com



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for making us Reader's Choice
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Community Health
Accreditation Program

Compassionate Care from Our Heart to Yours • htohh.com

STATE & NATIONAL SENIOR SERVICE ORGANIZATIONS

MEDICARE RIGHTS CENTER

800-333-4114

266 W. 37th St., 3rd Fl., New York NY 10018 • 212-869-3850

medicarerights.org

The Medicare Rights Center is a national, nonprofit consumer service organization that works to ensure access to affordable health care for older adults and people with disabilities through counseling and advocacy, educational programs and public policy initiatives.

MEDICINE ASSISTANCE TOOL (MAT)

571-350-8643

medicineassistancetool.org

MAT is a search engine that contains information on approximately 900 public and private assistance programs that help those with financial need get access to their prescription.

NATIONAL AGING IN PLACE COUNCIL

ageinplace.org

NAIPC is a senior support network. Their mission is to bring professionals and communities together to champion Aging in Place through collaboration, education and accountability.

NATIONAL ALLIANCE FOR CAREGIVING (NAC)

1730 Rhode Island Ave. NW, Ste. 812, Washington DC 20036

202-918-1013

caregiving.org

NAC is dedicated to improving quality of life for friend and family caregivers and those in their care, by advancing research, advocacy and innovation.

NATIONAL CENTER ON ELDER ABUSE (NCEA)

c/o University of Southern California Keck School of Medicine

Department of Family Medicine and Geriatrics

1000 S. Fremont Ave., Unit 22 Bldg. A-6, Alhambra CA 91803

855-500-3537

ncea.acl.gov

Please do not report cases of suspected elder abuse to the NCEA. If a vulnerable adult is in immediate danger, call 911 or the local police immediately.

To improve the national response to elder abuse, neglect and exploitation by gathering, housing, disseminating and stimulating innovative, validated methods of practice, education, research and policy.

NATIONAL COUNCIL ON AGING (NCOA)

251 18th St. S., Ste. 500, Arlington VA 22202 • 571-527-3900

ncoa.org

Americans are living longer, but far too many are being left behind without the resources to age with dignity. NCOA's mission is to improve the lives of millions of older adults, especially those who are struggling.



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STATE & NATIONAL SENIOR SERVICE ORGANIZATIONS

NATIONAL KIDNEY FOUNDATION (NKF)

National: 30 E. 33rd St., New York NY 10016 • 800-622-9010

Local: 911 E. 86th St., Ste. 100, Indianapolis IN 46240 • 317-722-5640
kidney.org

NURSING HOME ABUSE CENTER (NHAC)

1330 Boylston St., Ste. 400, Chestnut Hill, MA 02467 • 877-218-9254
nursinghomeabusecenter.com

Over 10 million seniors experience elder abuse each year. Nursing home abuse takes many forms; neglect, physical abuse, sexual assault and abuse, emotional abuse, and financial abuse. NHAC was founded on time-honored principles of restoring dignity for some of our most vulnerable and valuable citizens.

OMBUDSMAN PROGRAMS

National: 1025 Connecticut Ave. NW, Ste. 1000, Washington DC 20036
202-332-2275

State: 402 W. Washington St., P.O. Box 7083, MS 27, Indianapolis IN 46207
317-232-7134

Local Long Term Care Area 3: 3215 Stelhorn Rd., Fort Wayne IN 46815
260-469-3161

Covers nine counties including DeKalb, LaGrange, Noble and Steuben.
ltombudsman.org

The Indiana Long Term Care Ombudsman Program is a federal and state funded program that provides advocacy and related services for consumers of congregate long-term care services, regardless of age or payer source. Congregate settings include nursing facilities, residential care facilities, assisted living facilities, adult foster care homes and county-operated residential care facilities.

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pointsoflight.org

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rheumatoidarthritis.org

SCORE

National: 712 H Street Northeast PMB 98848, Washington DC 20002
800-634-0245

Fort Wayne: 3201 Stellhorn Rd., Fort Wayne IN 46815 • 260-422-2601

Kendallville: 122 S. Main St., Kendallville IN 46755 • 260-347-1554

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SENIORNET

Headquarters: 6701 Koll Center Pkwy., Ste. 250, Pleasanton CA 94566

seniornet.org

SeniorNet is a nonprofit group dedicated to bridging the divide between older adults and technology.



PHOTO BY MARK MINER OF HAMILTON

STATE & NATIONAL SENIOR SERVICE ORGANIZATIONS

SOCIAL SECURITY ADMINISTRATION

1240 S. Grandstaff Dr., Auburn IN 46706 • 866-829-2170

Local TTY: 260-927-7250

TTY: 800-325-0778

Fax: 833-950-3709

ssa.gov

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Indiana Professional Licensing Agency

Attn: State Board of Funeral and Cemetery Service

402 W. Washington St., Rm. W072, Indianapolis IN 46204 • 317-234-3031

Provides information about the regulation of cemeteries and funeral homes in Indiana and accepts complaints about service providers.

STATE HEALTH INSURANCE ASSISTANCE PROGRAM (SHIP)

Central Office: 311 W. Washington St., Indianapolis IN 46204

800-452-4800

Toll Free: 800-253-2188, all counties

DeKalb County: Council on Aging/Heimach Center

1800 E. Seventh St., Auburn IN 46706 • 260-925-3311

LaGrange County: Council on Aging

410 E. Central Ave., LaGrange IN 46767 • 260-463-4161

Noble County: Council on Aging

561 S. Main St., Kendallville IN 46755 • 260-347-4226

Steuben County: Council On Aging/ The Heritage Club of Steuben County

1905 Wohler St., Angola IN 46703 • 260-665-8191

The State Health Insurance Assistance Program (SHIP) is a free counseling

service provided by the Indiana State Department of Insurance and the Administration on Community Living. SHIP provides free, impartial information to help consumers make decisions regarding their Medicare health insurance options related to Medicare. They strive to help you be a wise consumer and to get the most value for your Medicare health insurance dollars.

U.S. DEPARTMENT OF HEALTH & HUMAN SERVICES (HHS)

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hhs.gov

It is the mission of HHS to enhance and protect the health and well-being of all Americans. They fulfill that mission by providing for effective health and human services and fostering advances in medicine, public health and social services.

STATE & NATIONAL SENIOR SERVICE ORGANIZATIONS

U.S. DEPARTMENT OF VETERANS AFFAIRS

800-698-2411

Benefits: 800-827-1000

Health care: 877-222-8387

va.gov

The following Veterans Service Organizations are located at the Indianapolis Regional Benefit Office, 575 N. Pennsylvania St., Indianapolis IN 46204

- American Legion, Rm. 325 • 317-916-3605
- American Veterans, Rm. 314 • 317-916-3612
- Disabled American Veterans, Rm. 324 • 317-916-3615
- Military Order of the Purple Heart, Rm. 312 • 317-916-3625
- Paralyzed Veterans of America, Rm. 313 • 317-916-3626
- Veterans of Foreign Wars, Rm. 319 • 317-916-3629
- Vietnam Veterans of America, Rm. 305T • No number listed

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SENIOR & MEDICAL TERMINOLOGY

ACTIVITIES OF DAILY LIVING (ADLs): Self-care activities such as bathing, dressing, eating, walking and all necessary activities required to function on a daily basis.

ACUTE: A word used for a serious and sudden condition that lasts a short time and is not chronic. Examples include a heart attack, pneumonia or appendicitis.

ADULT DAY CARE: Specialized care offered during business hours Monday through Friday, following the business model of child day care programs. Sometimes transportation is provided. Meals are included along with activities to promote socialization and physical and mental stimulation.

ADULT PROTECTIVE SERVICES (APS): The official agency mandated to receive, investigate and respond to complaints of neglect and abuse of the elderly.



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SENIOR & MEDICAL TERMINOLOGY

ADVANCE DIRECTIVES: Legal documents outlining how a person's medical decisions are to be handled including living will, power of attorney for health care and power of attorney for finances and may be part of a trust or estate plan.

AGING IN PLACE: The concept of remaining in one's home regardless of changes in health or care needs. This can take place in a senior living community or in one's home.

ALZHEIMER'S DISEASE: Common form of dementia — accounts for 70 percent of all dementia.

AMBULATORY: The ability to walk independently, including walking with the use of an assistive device such as a cane or walker; not bedridden.

ASSESSMENT: An evaluation performed of a person's mental, emotional and social capabilities.

ASSISTED LIVING or ASSISTANCE IN LIVING (AL): Housing for an elderly or disabled person that provides room, meals, transportation, housekeeping, medication management, laundry, social activities and various levels of care.

BED HOLD: A reservation placed on a nursing home bed if a resident is only going to be hospitalized temporarily or on therapeutic leave. Bed holds are mostly needed by Medicaid patients to prevent another Medicaid patient from taking their place.

CERTIFIED NURSING AIDE (CNA): Provides assistance in daily living, including bathing, transfers and feeding.

CHRONIC: A word used for a condition that is long term and ongoing, and is not acute. Examples include diabetes, asthma, allergies and hypertension.

CONTINUING CARE RETIREMENT COMMUNITY (CCRC): A retirement community organized to provide care for all stages of aging. Independent living townhomes or apartments are offered, along with assisted living and nursing care.

COPAYMENT TIER: A tier usually represents the copayment level that applies to a certain formulary status and medication type (i.e., Tier 1: formulary/preferred generic, Tier 2: formulary/preferred brand, Tier 3: non-formulary/non-preferred brand, or Tier 4: specialty medications).

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SENIOR & MEDICAL TERMINOLOGY

DEMENTIA: A group of symptoms that accompanies certain diseases; loss of thinking, remembering and reasoning. May also include behavioral changes and moods.

DO NOT RESUSCITATE (DNR): A written and legal order that a patient does not want to be resuscitated.

DURABLE MEDICAL EQUIPMENT (DME): Reusable medical equipment such as walkers, wheelchairs and hospital beds. Medicare will pay for some DME, with doctor's approval.

DURABLE POWER OF ATTORNEY (DPOA): A legal document giving another person authority to make financial and legal decisions if a person becomes physically or mentally incapable.

ELDER LAW: A specialty practice of law for seniors, covering estate planning, wills, trusts, arrangements for care, Social Security and retirement benefits, and other senior specific legal assistance.

GERIATRICS: Medical specialty of treating the problems and diseases of old age.

HEALTH AND REHABILITATION CENTER: A residential setting in which a range of nursing and/or medical services are provided to residents.

HOME HEALTH CARE: Nursing or other medical care provided to an individual in their home.

HOSPICE CARE: A service that provides comfort and care at the end of life. (See also palliative care.)

INDEPENDENT LIVING: A senior living community in which residents require minimal or no assistance with daily activities. Also referred to as self-sufficient living.

LIFE SPAN: The age that a person reaches.

LONG TERM CARE (LTC): A term used to describe care given in the form of medical and support services to people who have lost some or all of their capacity to function without assistance.



PHOTO BY MARK MINER OF HAMILTON

LONGEVITY: Duration of life beyond the normal expectation.

MANAGED CARE ORGANIZATION (MCO): An organization that sets up networks of contracts with doctors, hospitals, skilled nursing facilities and home health agencies, and bundles those contracts together to provide a discounted bundled offering of health care services.

MEDICAID: A jointly funded state and federal program to assist those with financial need with medical care. Due to joint funding, coverage varies for each state.

MEDICARE: Seniors age 65 and older and some disabled people younger than age 65 qualify for this national health insurance program administered by Medicare & Medicaid Services (CMS). Medicare does not pay for long-term care.

MEDICARE PART A: Also called Original Medicare, this is managed by Medicare and provides Medicare benefits and coverage for: inpatient hospital care, inpatient stays in most skilled nursing facilities, hospice and home health services.

MEDICARE PART B: Also called Original Medicare, this is managed by Medicare and provides Medicare benefits and coverage for: doctor and clinical lab services, outpatient and preventive care, home health care, screenings, surgical fees and supplies, and physical and occupational therapy.

MEDICARE PART C: Also called Medicare Advantage, this is a different way of getting Medicare Part A and Part B coverage. Medicare Advantage (MA) Plans combine Part A (hospital insurance) and Part B (medical insurance) together in one plan. They can also be combined with Part D prescription drug coverage creating a Medicare Advantage Prescription Drug (MA-PD) Plan. Generally these plans are offered as: health maintenance organizations (HMO plans), preferred provider organizations (PPO plans), private fee-for-service (PFFS plans) or special needs plans (SNP plans).

MEDICARE PART D: Prescription Drug Plan (PDP) can be a stand-alone plan (not joined with other insurance) or it may be combined with a Medicare Advantage Plan, also called a Medicare Advantage Prescription Drug (MA-PD) Plan. Part D plans help cover the cost of prescription drugs and may help lower prescription drug costs and protect against higher costs in the future.

MEMORY CARE: Special programs dedicated to caring for those with Alzheimer's disease, dementia or other cognitive impairments. Usually services include group activities, socialization and assistance with ADLs.

MOBILITY SERVICES: Gives seniors the ability to remain independent by staying mobile. These include: stair lifts, scooters, walkers, lift chairs, electric wheelchairs, standard wheelchairs, ramps and more.

NON-MEDICAL CARE: Care which does not require a registered nurse or medical doctor to administer their services. All activities of daily living are considered non-medical care.

NURSE PRACTITIONER (NP): A professional registered nurse who has special training to provide primary health care.

OTC: Over the counter.

SENIOR & MEDICAL TERMINOLOGY

PALLIATIVE CARE: A medical specialty that provides relief from pain and suffering associated with serious illness. It is often, but not exclusively, offered as part of hospice or end-of-life care.

PHYSICAL THERAPY: The treatment of injury or illness with the use of exercise, massage or various therapies using light, heat or electrical components. (See also Rehabilitation.)

PHYSICIAN'S ORDERS FOR LIFE-SUSTAINING TREATMENT (POLST): Formal document based on the patient's current medical condition and wishes.

REHABILITATION: Various means of restoring a capacity lost or diminished due to illness or injury. Can include physical, occupational or speech therapy, among others.

RESPIRE CARE: Communities that offer temporary or short-term-stay care solutions. This service is intended to give caregivers or adult children a well-deserved break from their daily responsibilities of caring for an older adult. The length of a respite stay can vary from two days to more than a full month.

RX: This is a common symbol. It means "prescription" or "pharmacy".

SENILE: Characteristic of old age, especially exhibiting a loss of cognitive abilities (such as memory) associated with old age.

SENIOR CENTERS: Centers that provide services to senior citizens, aged 60 and older. They may offer social activities (like music or crafts), meals, health screenings, diabetes monitoring, learning programs, creative arts and exercise classes.

SENIOR LIVING COMMUNITY: A residential setting specifically designed for seniors, with an emphasis on maintaining a high quality of life through activities, services and community engagement.

SKILLED NURSING FACILITY (SNF or "Sniff"): A SNF is a facility that provides both short-term rehabilitation services and long-term custodial services. SNFs are referred to as a nursing home or rehab center.

SUPPORT GROUP: A group, usually family members or caregivers, that meet for mutual support and to discuss practical means of addressing their loved one's needs.

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- # 985, 1990 W. North St., Kendallville 260-349-5749



KIWANIS INTERNATIONAL

Addresses are for meeting locations. Dates, times and location are subject to change.

- 101 Lakes AngolaCahoots, 218 W. Maumee St., Angola
..... Thursday 7 a.m.
- Auburn Area Auburn Moose Lodge, 402 S. Main St., Auburn
..... 2nd, 4th Monday 6:15 p.m.



KNIGHTS OF COLUMBUS DISTRICT 12IN

- Council 7053, 700 W. Maumee St., Angola No Phone
- Council 9186, P.O. Box 896, Auburn..... No Phone
- Council 14214, P.O. Box 185, Avilla..... No Phone
- Council 1790, 300 W. Houston St., Garrett..... 260-357-6364
- Council 7839, P.O. Box 923, Kendallville..... No Phone
- Council 13962, P.O. Box 105, LaGrange..... No Phone



LIONS CLUB

Addresses are for meeting locations. Dates, times and location are subject to change.

- Albion..... Brean Baptist Church, 110 Highland Park Drive
1st, 3rd Monday 6:30 p.m.
- Angola..... SonLight Community Church,
455 N. Gerald Lett Ave., Angola
1st Wednesday 6:30 p.m.
- AuburnAuburn City Steakhouse, 203 Main Street
1st, 3rd Monday 6 p.m.
- Clear LakeThe Bull Pen Cafe, 103 E. St. Rd. 120, Fremont
1st, 3rd Tuesday 6:30 p.m.
- Cromwell Kimmel..... Cromwell Community Center,
Baker St, next to school
1st, 3rd Monday 6:30 p.m.
- Hamilton..... Hamilton Town Hall, 900 South Wayne Street
Board Meeting, 2nd Thursday 6 p.m.
Member Meetings, 3rd Thursday 6 p.m.
- HoweLima Township Community Center,
205 Defiance St., Howe
1st, 3rd Wednesday 6:30 p.m.
- Kendallville American Legion Post 86,
322 S. Main St., Kendallville
1st, 3rd, 5th Monday 5:30 p.m.

ASSOCIATIONS — CLUBS — SOCIAL ORGANIZATIONS — VETERANS

- Land of Lakes..... VFW Post 7205, 2013 N. Wayne St., Angola
2nd, 4th Tuesday 6:30 p.m.
- Ligonier Fashion Farm Restaurant,
1680 Lincolnway W., Ligonier
1st Monday 6:30 p.m.
- Mongo Mongo UMC, 325 N. St. Rd. 3, Mongo
2nd Tuesday 6 p.m.
- Orland Draft Horse Saloon, 9475 W. St. Rd. 120, Orland
1st Tuesday 6:15 p.m.
- Pleasant Lake Pleasant Lake Elementary, 1205 W. Main St.,
Pleasant Lake
1st, 3rd Tuesday 6:30 p.m.
- Rome City-Brimfield..... Brimfield UMC,
1027 E. Summit, Brimfield
1st, 3rd Wednesday 6:30 p.m.
- St Joe Coburn Corners Church, 6813 Co. Rd. 64, St Joe
2nd, 4th Monday 6:30 p.m.
- Stroh..... Stroh Firehall, S. Main St., Stroh
1st, 3rd Thursday 7 p.m.



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- South Milford..... South Milford Community Bldg.,
750 W., South Milford
3rd Monday 7 p.m.
- Waterloo.....Waterloo UMC, 300 W. Maple St., Waterloo
1st, 3rd Tuesday 6:15 p.m.
- Wolcottville American Legion Post 110,
601 W. County Line Rd., Wolcottville
2nd, 4th Thursday 6:45 p.m.



LOYAL ORDER OF MOOSE

- Lodge # 1568, 108 N. Martha St., Angola..... 260-665-9361
- Lodge # 566, 402 S. Main St., Auburn 260-925-0454
- Lodge # 2387, 2051 W. Toledo St., Fremont..... 260-495-5407



ROTARY

Addresses are for meeting locations. Dates, times and locations are subject to change.

- Albion Pizza Depot, 112 N. Orange St., Albion
Thursday noon
- Angola Sutton's Deli, 140 N. Public Sq., Angola
1st, 3rd Wednesday noon
- Auburn Bridgewater Golf Club, 1818 Morning Star Rd.,
Auburn
Tuesday noon
- Butler Butler Public Library, 340 S. Broadway, Butler
Thursday noon



ROTARY

Addresses are for meeting locations. Dates, times and locations are subject to change.

- Churubusco..... St. John Bosco Catholic Church,
220 N. Main St., Churubusco
Tuesday noon
- Garrett Coterie Pizza, 1850 South Randolph Street
1st, 3rd Tuesday noon
- Kendallville American Legion Post 86,
322 S. Main St., Kendallville
Tuesday 6:15 p.m.
- LaGrange American Legion Post 215,
100 Industrial Pkwy., LaGrange
1st, 3rd Monday noon
- LigonierUnited Methodist Church, 466 Townline Rd., Ligonier
Tuesday 7 a.m.



VETERANS OF FOREIGN WARS (VFW)

- Post # 7205, 2013 N. Wayne St., Angola 260-665-5600
- Post # 1892, 118 N. Cowen St., Garrett..... 260-357-5038
- Post # 2749, 127 Veterans Way, Kendallville..... 260-347-3550
- Post 4717, 1278 S. U.S. Hwy. 33, Wolf Lake 260-635-1403

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304 N. Townline Rd., Ste. 1, LaGrange 260-499-4182, ext. 1
- Noble County Health Department
2090 N. St. Rd. 9 Ste. C, Albion 260-636-2191
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Courthouse, 105 N. Detroit St., LaGrange

Annex, 114 W. Michigan St., LaGrange 260-499-6300

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Courthouse, 101 N. Orange St., Albion 260-636-2736

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Milford Township — Bruce Bowman	260-351-9103
Newbury Township — Brandie Fitch	260-768-7330
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Perry Township — Barbara Donley	260-894-4717
Sparta Township — Fran Heintzelman	260-215-1999
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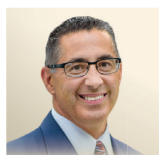
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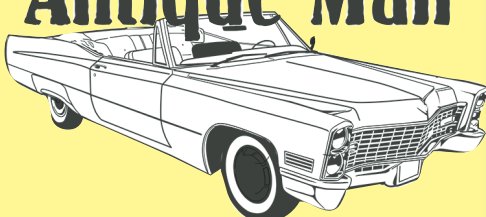
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medicare.in.gov

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See our ad on page 92	

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www.diabeticequip.com	

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7821 Coldwater Rd., Fort Wayne	260-423-9571
7107 W. Jefferson Blvd., Fort Wayne	260-487-3141
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For booth information email hbireley@kpcmedia.com

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- 24-Hr. Emergency Mental Health Solutions..... 800-790-0118
- Inpatient Services: 1850 Wesley Rd., Auburn..... 260-927-0726
- New Hope Clubhouse: 304 S. Lincoln St., Kendallville..... 260-347-2454

Outpatient Services:

- 833 E. Main St., Albion 260-636-6975
- 3265 Intertech Dr., Angola 260-665-9494
- 1800 Wesley Rd., Auburn 260-925-2453
- 1930 E. Dowling St., Kendallville 260-347-4400
- 2155 N. St. Rd. 9, LaGrange 260-463-7144

necmh.org

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MONUMENTS

ACE CUSTOM MONUMENTS

- 1108 W. Auburn Dr., Auburn..... 260-927-5357

ANGOLA WEARLY MONUMENTS

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johnleymonument.com
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The Herald Republican, 107 N. Martha St., Angola 260-665-3117
The News Sun, 102 N. Main St., Kendallville 260-347-0400
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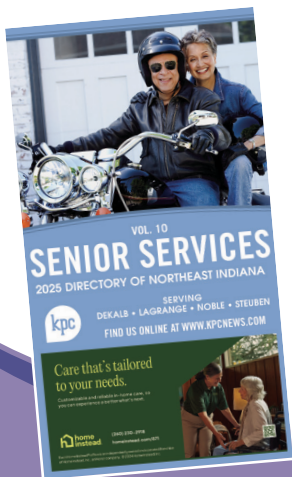
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**If you would like information to be included in the
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email: hbireley@kpcmedia.com**

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See: REHABILITATION & THERAPY SERVICES

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See: REHABILITATION & THERAPY SERVICES

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- Hold the phone to the ear opposite the side of the body where the pacemaker is implanted to add extra distance between the pacemaker and the phone
- Avoid placing a turned-on phone next to the pacemaker implant (for example, don't carry the phone in a shirt or jacket pocket directly over the pacemaker).

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Toll Free 800-889-3443

the-league@the-league.org

the-league.org

See our ad on page 18

TOWNSHIP TRUSTEE

See: Government Offices — Township

Not sure what township you live in? Call 2-1-1

PREVENTING MEDICARE FRAUD

- Visit only your personal doctor, hospital or clinic for medical help. Trust only them to make referrals for special equipment, services or medicine.
- If someone calls and tries to threaten or pressure you into something, hang up!
- If someone comes to your door and says they are from Medicare and they need your Medicare number, shut the door!
- Never sell your Medicare number.
- Never provide a salesperson with your doctor’s name or number.
- Never show anyone your medical or prescription records without first talking to your doctor or pharmacist.
- Do not leave mail in your mailbox for more than one day. People can steal personal information right out of your mailbox.
- Rip up or shred your Medicare papers and other important documents before throwing them away.
- Remember, Medicare does not sell anything.
- Always check your Medicare Summary Notice (MSN) for charges for something you did not get, billing twice for the same thing, and services that were not ordered by your doctor.

— Information from Senior Medicare Patrol.

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— Information from Senior Medicare Patrol

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ADULT PROTECTIVE SERVICES

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dcco.net
See our ad on page 12

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lagrangecoa.org
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NOBLE COUNTY COUNCIL ON AGING

561 S. Main St., Kendallville 260-347-4226
noblecountycoa.org
See our ad on page 52

STEBEN COUNTY COUNCIL ON AGING/
THE HERITAGE CLUB OF STEUBEN COUNTY

1905 Wohler St., Angola 260-665-8191
steubenco.org
See our ad on page 7

SOCIAL SECURITY OFFICE

SOCIAL SECURITY ADMINISTRATION

On Tuesday, March 17, 2022, the Social Security Administration sus-
pended
face-to-face service to the public in field offices and hearings offices
nationwide until further notice. However, they are still able to provide
critical services via phone, fax and online.

Retirement, disability, dependents and survivors ben-
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1240 S. Grandstaff Dr., Auburn..... 866-829-2170
Toll free 7 a.m.-7 p.m..... 800-772-1213
TTY 7 a.m.-7 p.m..... 800-325-0778
Local TTY..... 260-927-7250



PHOTO BY MARK MINER OF HAMILTON

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dcco.net
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ELIJAH HAVEN CRISIS INTERVENTION CENTER

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LAGRANGE COUNTY COUNCIL ON AGING

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lagrangeco.org
See our ad on page 30

LAGRANGE COUNTY HABITAT FOR HUMANITY

205 E. Wayne St., LaGrange 260-463-8519

NOBLE COUNTY COUNCIL ON AGING

561 S. Main St., Kendallville **260-347-4226**
noblecountycoa.org
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If your income is less than \$2,433/month
and you have limited assets, you may
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prescription drug expenses.

The State Health Insurance Assistance Program (SHIP) is a free and impartial counseling program for people with Medicare. SHIP is provided by the Administration for Community Living and the Indiana Department of Insurance. We are part of a federal network of State Health Insurance Assistance Programs located in every state. All of our services are free.

(800) 452-4800 • www.Medicare.in.gov

SOCIAL SERVICE ORGANIZATIONS

STEUBEN COUNTY COMMUNITY FOUNDATION

1701 N. Wayne St., Angola **260-665-6656**
steubenfoundation.org
See our ad on page 28

STEUBEN COUNTY COUNCIL ON AGING/ THE HERITAGE CLUB OF STEUBEN COUNTY

1905 Wohler St., Angola **260-665-8191**
steubenco.org
See our ad on page 7

THE LEAGUE

5821 S. Anthony Blvd., Fort Wayne..... **260-441-0551**
Toll Free **800-889-3443**
the-league@the-league.org
the-league.org
See our ad on page 18

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UNITED WAY OF STEUBEN COUNTY

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See: REHABILITATION & THERAPY

THERAPY

See: REHABILITATION & THERAPY

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CLARKSON TRANSPORTATION LLC

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clarksontransportation.com
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DART — DEKALB AREA RURAL TRANSIT

Anyone living in DeKalb County may ride DART. All trips are scheduled by reservation on a first-come, first-served basis. Please try to call 24 hours in advance between 7:30 a.m.-4:30 p.m. Monday-Friday to schedule a trip.
Call **260-925-3311**
dcco.net

TRANSPORTATION

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Anyone living in LaGrange County may ride LCAT. All trips are scheduled by reservation on a first-come, first-served basis. Please call 24 hours in advance between 8 a.m.-4 p.m. Monday-Friday to schedule a trip.

Call **260-463-4161**
lagrangecoa.org

NTS — NOBLE TRANSIT SYSTEM

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Call **260-347-4226**
noblecountycoa.org

STAR — STEUBEN TAKE A RIDE

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Call **260-665-9856**
steubenco.org
See our ad on page 45

TRASH REMOVAL

NOBLE COUNTY DISPOSAL

Call **800-292-9098**
See our ad on page 45

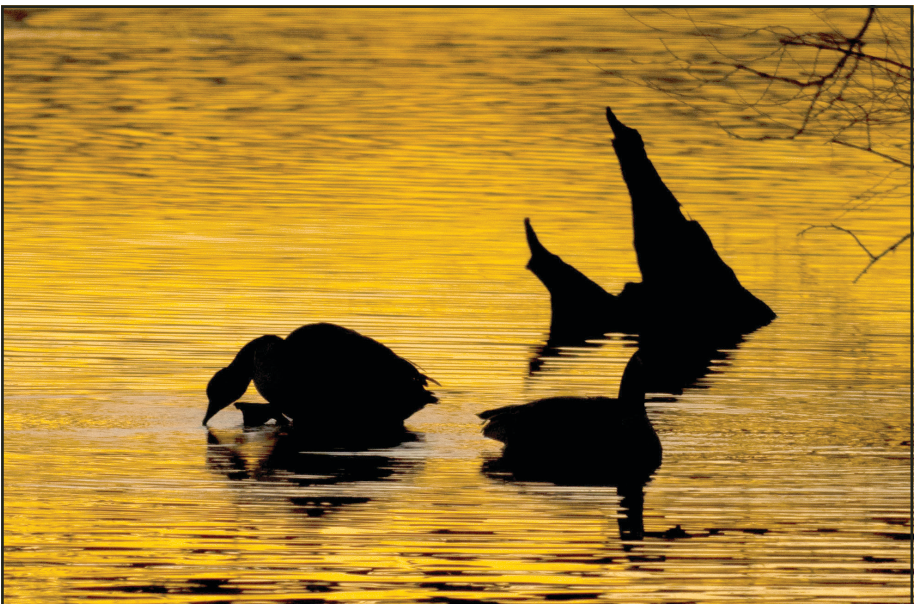


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 and down stairs

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