



A project of Active
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Produced by
Rufus Racing.



JOPLIN MEMORIAL RUN



2023 RUNNER'S GUIDE SATURDAY, MAY 20

Freeman **HALF MARATHON** | Sparklight **10k** | Liberty Utilities **5K** | Sign Designs **KID'S RUN**

WELCOME RUNNERS



Dear Joplin Memorial Run Race Participant:

Thank you for choosing to participate in the 2023 Joplin Memorial Run. On behalf of the board of directors of Active Lifestyle Events, Inc., I want to welcome you to Joplin and to our event. This year we run to celebrate our city's spirit and pride after 150 years of Joplin!

We are now twelve years removed from May 22nd, 2011, when an EF-5 tornado tore through our city, taking the lives of 161 of our citizens. But true to our Show-Me state moniker, our community rose to the biggest challenge in our history, demonstrating to the world the miracle of the human spirit. Having moved past the rebuilding stage, we now choose to celebrate the vibrancy and resiliency of our community while not forgetting those lost.

As you race through our city's streets, you will run through historic districts, by new schools, new neighborhoods, new churches and new businesses that reflect the resolve of our community. And what better place to start the 11th anniversary edition of the Joplin Memorial Run than from Cunningham Park, ground zero of the storm. Be sure to check out the butterfly garden and other memorials throughout the park while you are visiting.

The goal of this run continues to be summarized by our tag line: Run, Remember, Rebuild. Each of us run for various reasons. But today, we share a common bond and we run as one. We run to remember the 161 members of our community who cannot be with us, but who we will never forget. We run in remembrance of the many acts of sacrifice and heroism displayed during and after the storm.

Lastly, I would like to say thank you to the hundreds of volunteers, law enforcement officers, medical personnel and city employees that have labored hundreds of hours to make sure you enjoy a smooth, fulfilling race and that you experience the hospitality of our city while you are here. We wish you the best of luck this weekend!

Sincerely,

A handwritten signature in black ink that reads 'Audie Dennis'.

Audie Dennis
President
Active Lifestyle Events, Inc.



SPONSORS

Joplin Memorial Run wouldn't be possible without our incredible sponsors! Thank you!



FINISHER SPONSOR



KID'S RUN SPONSOR



5K SPONSOR



10K SPONSOR



Packet Pickup Sponsor



PARTY SPONSOR



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SCHEDULE | TIME LIMITS | RACE NUMBERS | TIMING

| FRIDAY, MAY 19

12:00-7:00 PM **AMCOR PACKET PICKUP AND LATE
REGISTRATION AT CORNELL ART
COMPLEX
212 W 7TH STREET**



Race numbers must be worn on the front of your shirt / shorts. Race officials and photographers must be able to see your entire race number to know you are officially registered. DO NOT cut or fold the number in any way or place a safety pin in the perforated tickets at the bottom.

Failure to comply with this rule could result in disqualification. Race numbers are non-transferable and may only be worn by the participant to whom they are assigned

| SATURDAY, MAY 20

6:45 AM **FREEMAN HALF MARATHON,
SPARKLIGHT 10K,
LIBERTY 5K - STARTS**

10:30 AM **ALL COURSES CLOSE**

11:00 AM **1/2 MILE SIGN DESIGNS KIDS RUN - STARTS**



POST-RACE PARTY

Must show ID and be 21 or older to enter Beer Garden

WEATHER POLICY

The race will go on regardless of precipitation. In the event that weather conditions present an imminent danger to participants and it is unsafe to proceed with the race, the event will be canceled. Less threatening conditions may result in an alteration of the course or race length to promote a safe result for participants.

COURSE RULES

RACE COURSE RULES

- There are no split timers on the course.
- No bicycles, roller skates, roller blades or skateboards on the course.
- Assistance received from any source other than Joplin Memorial Run may result in disqualification.
- Headphones and personal music are allowed but strongly discouraged. Use at your own risk.
- Baby strollers are allowed but MUST line up at the back of the event.
- NO DOGS or any other animals allowed in the event or at the race site.
- Please do not use cell phones during the race.

UNSPORTSMANLIKE CONDUCT

Unsportsmanlike conduct is unacceptable and will not be permitted during any Joplin Memorial Run event.

Unsportsmanlike conduct shall include, but is not limited to: failure to heed the instructions of race officials, intentional disregard of the rules or abusive language and/or actions toward any race official, volunteer, participant, or spectator. Individuals behaving in unsportsmanlike ways may (at the discretion of race officials) be disqualified, have registrations terminated, and be prohibited from participating in future Joplin Memorial Run events.

RULES AND REGULATIONS

Only registered runners are eligible to participate in the Half Marathon, Half Marathon Relay, 10k, 5k and Kid's Run. Unregistered runners will be asked to leave the course. Unauthorized bicycles are not allowed on the course. In order to prevent a physical or psychological advantage to any registered participant, unregistered runners and cyclists will be considered illegal pacers and are strictly prohibited. Joplin course marshals will serve as race officials.

Participants may be penalized or disqualified for:

- Leaving the course
- Joining the race after the start
- Receiving pacing assistance from an unregistered runner
- Receiving pacing assistance from a cyclist
- Not competing in the event in which you registered

LEGEND



- LIBERTY 5K
- SPARKLIGHT 10K
- FREEMAN HALF MARATHON & US BANK RELAY

Carb BOOM! Gel is available at Mile 8



ON COURSE

HYDRATION STATIONS AND MEDICAL

Carb BOOM! Gels will be available at mile 8 hydration station. All hydration stations will have water first and sports drinks second.



Freeman Health System will be providing medical support during the race.

We strongly encourage all participants to fill out the back of their race bib with any emergency medical information. No oral medication will be available on course.

Aid Stations will NOT have Tylenol, Advil, allergy medicine, etc..



RACE PHOTOS

Professional photos for you to download post-race are included in the price of your entry fee! We will post a link to our social media page as well as email the link. Please allow 3-7 days for all pictures to be uploaded.



PARKING

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No parking at Walmart or Aldi at any time. Do not park on the race course.

NO PARKING ON EMPIRE

Please respect all neighborhoods with proper parking along the roadway, do not block any driveways.

IMPORTANT NOTES

- With these noted parking lots and the neighborhood parking available within this .3 mile radius there are 2500 parking spots
- Parking on any neighborhood roads is allowed (except as noted for race course) please do not block driveways
- Please do not park in any apartment complex parking spaces
- 26th Street will be closed Friday and Saturday from Maiden Lane to Picher Ave

