

Sheldon Orab Boys Invitational - 4/22/2021**Sheldon
Results****Event 1 Boys 100 Meter Dash Varsity**

Name	Year	School	Finals	H#
Finals				
1 Plasier, Caden	11	Sioux Center	11.82	1
2 Johnson, Jenner	11	Western Christian	12.30	1
3 Iverson, Tyler	11	Le Mars	12.35	1
4 Ott, Carson	10	Le Mars	12.37	2
5 Kollis, Taeton	09	Western Christian	12.50	1
6 Monroe, Noah	10	Sheldon	12.66	2
7 Enger, Jacob	10	Sheldon	12.77	2
8 Van Zee, Camryn	12	Moc-Floyd Valley	13.42	2
9 Bensley, Ryan		Harris-Lake Park	13.45	2
10 Stevens, Freddy	12	South O'Brien	13.49	1
11 Mirande, Alex	10	Moc-Floyd Valley	13.68	1

Event 2 Boys 110 Meter Hurdles Varsity

Name	Year	School	Finals	H#
1 Bomgaars, AJ	11	Moc-Floyd Valley	17.20	1
2 Sadoski, Riley	11	Le Mars	17.22	1
3 Bundt, Josiah	11	Moc-Floyd Valley	17.31	1
4 Calhoun, Konnor	11	Le Mars	17.31	1
5 Kavanagh, Alex	12	Sheldon	18.14	1
6 Green, Marcus	10	South O'Brien	18.79	2
7 Hodgell, Jayden		Harris-Lake Park	18.82	2
8 Davis, Micah	12	South O'Brien	18.90	2
9 DeJager, Aiden	10	Sioux Center	19.30	1
10 Bonestroo, Blaike	10	Western Christian	20.10	2

Event 3 Boys 200 Meter Dash Varsity

Name	Year	School	Finals	H#
1 Bomgaars, Matthew	12	Sioux Center	23.88	1
2 Van't Hul, Parker	10	Western Christian	24.27	1
3 Plasier, Caden	11	Sioux Center	24.43	1
4 Hellinga, Carson		Harris-Lake Park	24.46	1
5 Tooker, Jackson	10	Moc-Floyd Valley	25.04	2
6 Iverson, Tyler	11	Le Mars	25.40	2
7 VanLith, Jacob	10	South O'Brien	25.55	2
8 Allen, Alex	09	Le Mars	25.59	2
9 Struve, Parker	11	South O'Brien	25.69	1
10 Vollink, Ryan	09	Sheldon	27.13	2
11 Deboer, Coy	10	Sheldon	27.28	1
12 Bensley, Ryan		Harris-Lake Park	27.58	2

Event 4 Boys 400 Meter Dash Varsity

Name	Year	School	Finals	H#
1 Spronk, Ethan	12	Western Christian	52.17	1
2 Hellinga, Carson		Harris-Lake Park	53.21	1
3 Van't Hul, Parker	10	Western Christian	55.20	1
4 Kasel, Teagen	09	Le Mars	55.54	1

Sheldon Orab Boys Invitational - 4/22/2021**Sheldon
Results****....Event 4 Boys 400 Meter Dash Varsity**

5	Van Zee, Reese	11	Moc-Floyd Valley	55.68	2
6	Blom, Tyson	11	Moc-Floyd Valley	56.33	1
7	Oolmann, Hudson	10	South O'Brien	57.26	2
8	Schouten, Brett	11	Sioux Center	58.19	2
9	Moermond, Dain	10	South O'Brien	1:00.76	2
10	Wadle, Beau	09	Le Mars	1:01.74	1

Event 5 Boys 800 Meter Run Varsity

Name	Year	School	Finals
1 Elbers, Carson	12	Western Christian	2:07.01
2 De Groot, Kleyton	12	Moc-Floyd Valley	2:08.81
3 Sudtelgte, Jackson	12	Le Mars	2:09.74
4 Sudtelgte, Jason	12	Le Mars	2:10.06
5 Van Kley, Cowen	10	Western Christian	2:10.88
6 Huang, Jack	11	Moc-Floyd Valley	2:17.59
7 Mouw, Hudson	12	Sioux Center	2:27.13
8 Mars, Eric	12	South O'Brien	2:52.61
9 Wulf, Tyson	12	South O'Brien	2:59.94

Event 6 Boys 1600 Meter Run Varsity

Name	Year	School	Finals
1 Cain, Brendan	12	Sheldon	4:44.93
2 Hulstein, Tage	11	Western Christian	4:52.09
3 Blom, Tyson	11	Moc-Floyd Valley	4:56.60
4 Vonk, Hudson	09	Sioux Center	5:09.97
5 Truesdell, Micah	10	Sioux Center	5:12.52
6 Dirksen, Blake	12	Le Mars	5:12.66
7 Van Kley, Cowen	10	Western Christian	5:35.39
8 Brinkman, Zack	09	Sheldon	5:41.51
9 McKinny, Austin	10	South O'Brien	5:58.38
10 Kirby, Chase	09	Le Mars	6:16.31
11 Daniels, Sam	11	South O'Brien	6:16.79

Event 7 Boys 3200 Meter Run Varsity

Name	Year	School	Finals
1 Cain, Brendan	12	Sheldon	10:25.01
2 De Groot, Kleyton	12	Moc-Floyd Valley	10:40.61
3 Van Den Berg, Easton	10	Sioux Center	10:55.94
4 Huang, Jack	11	Moc-Floyd Valley	11:03.22
5 Obbink, Trace	09	Le Mars	11:11.88
6 Sanchez, Juan	10	Le Mars	11:20.20
7 Vande Vegte, Graham	11	Sioux Center	11:53.99
8 DeWeerd, Noah	09	Western Christian	12:12.45
9 Mars, Eric	12	South O'Brien	13:03.00
10 Patel, Neil	11	Sheldon	13:15.19
11 Wulf, Tyson	12	South O'Brien	14:05.18

Sheldon Orab Boys Invitational - 4/22/2021**Sheldon
Results****Event 8 Boys 400 Meter Hurdles Varsity**

Name	Year	School	Finals	H#
1 Calhoun, Konnor	11	Le Mars	1:02.43	1
2 Blom, Tristan	11	Moc-Floyd Valley	1:03.46	1
3 Sadoski, Riley	11	Le Mars	1:03.56	2
4 Bonestroo, Blaike	10	Western Christian	1:05.17	1
5 Frohwein, Andrew	10	Sheldon	1:07.01	2
6 DeJager, Aiden	10	Sioux Center	1:08.39	1
7 Davis, Micah	12	South O'Brien	1:08.75	2
8 Moermond, Dain	10	South O'Brien	1:09.56	2

Event 9 Boys 4x100 Meter Relay Varsity

School	Finals
1 Moc-Floyd Valley 'A'	45.95
1) Tooker, Jackson 10	2) Jager, Carson 10
3) Wede, Nik 10	4) Moss, Caiden 10
2 Sheldon 'A'	46.63
1) Ackerman, Kaleb 12	2) Enger, Jacob 10
3) Radke, Blake 09	4) Johannes, Cason 11
3 Western Christian 'A'	47.89
1) Johnson, Jenner 11	2) Boer, Tyson 12
3) Van't Hul, Ashtin 10	4) Bonestroo, Blaike 10
4 Sioux Center 'A'	48.46
1) Duden, Grady 12	2) Hulstein, Stetson 12
3) Kamerman, Conner 09	4) Mora, Dominic 10
5 South O'Brien 'A'	48.90
1) Harper, Wyatt 12	2) Stevens, Freddy 12
3) Rehder, Aidan 12	4) Oolmann, Hudson 10
6 Harris-Lake Park 'A'	53.91
1) Hemphill, Caleb	2) Bensley, Ryan
3) Luinstra, Mikel	4) Meyer, Devin
-- Le Mars 'A'	DQ exc 3-4
1) Sadoski, Ryan 10	2) Hoag, Colton 12
3) Ott, Carson 10	4) Vondrak, Matt 10

Event 10 Boys 4x200 Meter Relay Varsity

School	Finals
1 Sioux Center 'A'	1:35.34
1) Kamerman, Lane 12	2) Bomgaars, Matthew 12
3) Bandstra, Blake 10	4) Plasier, Caden 11
2 Western Christian 'A'	1:39.75
1) Westra, Dalton 12	2) Gulker, Donte 11
3) Van Vugt, Kyson 11	4) Van't Hul, Brody 10
3 Sheldon 'A'	1:42.31
1) Enger, Jacob 10	2) Monroe, Noah 10
3) Vollink, Ryan 09	4) Deboer, Coy 10
4 Moc-Floyd Valley 'A'	1:43.16
1) Wede, Nik 10	2) Vander Zwaag, Brenden 10
3) Mirande, Alex 10	4) Van't Hof, Dominic 12
5 South O'Brien 'A'	1:43.89
1) Harper, Wyatt 12	2) Stevens, Freddy 12

Sheldon Orab Boys Invitational - 4/22/2021**Sheldon
Results****....Event 10 Boys 4x200 Meter Relay Varsity**

3) Rehder, Aidan 12	4) Bottjen, Pete 11	
-- Harris-Lake Park 'A'		DQ exc 2-3 out of zone
1) Hemphill, Caleb	2) Bensley, Ryan	
3) Money, Jacob	4) Luinstra, Mikel	
-- Le Mars 'A'		DQ exc 2-3 out of zone
1) Scheitler, Josh 11	2) Sadoski, Ryan 10	
3) Pollema, Briley 12	4) Leusink, David 11	

Event 11 Boys 4x400 Meter Relay Varsity

School	Finals
1 Western Christian 'A'	3:33.51
1) Van't Hul, Parker 10	2) Westra, Dalton 12
3) Elbers, Carson 12	4) Spronk, Ethan 12
2 Sioux Center 'A'	3:36.68
1) Bandstra, Blake 10	2) Kamerman, Lane 12
3) Kamerman, Conner 09	4) Bomgaars, Matthew 12
3 Le Mars 'A'	3:47.36
1) Kass, Cael 11	2) Boehmer, Collin 12
3) Pollema, Briley 12	4) Leusink, David 11
4 Moc-Floyd Valley 'A'	3:55.43
1) De Groot, Kleyton 12	2) Wede, Nik 10
3) Bomgaars, AJ 11	4) Haverdink, Eli 12
5 South O'Brien 'A'	4:05.89
1) Struve, Parker 11	2) VanLith, Jacob 10
3) Oolmann, Hudson 10	4) Harper, Wyatt 12
6 Sheldon 'A'	4:12.01
1) Deboer, Coy 10	2) Provost, Anthony 10
3) Vollink, Ryan 09	4) Frohwein, Andrew 10

Event 12 Boys 4x800 Meter Relay Varsity

School	Finals
1 Sioux Center 'A'	9:11.90
1) Hibma, Abe 09	2) Truesdell, Micah 10
3) Mouw, Hudson 12	4) Kroese, Easton 09
2 Moc-Floyd Valley 'A'	9:23.07
1) Haverdink, Eli 12	2) Parker, Jonah 12
3) De Jong, Micah 10	4) Senn, Nathanul 11
3 Le Mars 'A'	9:31.22
1) Dirksen, Blake 12	2) Hayworth, Austin 10
3) Parmelee, Nolen 10	4) McIntyre, Sam 10
4 Sheldon 'A'	10:06.14
1) Brinkman, Zack 09	2) Provost, Anthony 10
3) Frohwein, Andrew 10	4) VandenHull, Drew 11
5 South O'Brien 'A'	11:20.75
1) Wilson, Brenden 11	2) Daniels, Sam 11
3) Green, Marcus 10	4) Moermond, Dain 10

Sheldon Orab Boys Invitational - 4/22/2021**Sheldon
Results****Event 13 Boys 800 Sprint Medley Varsity**

School	Finals
1 Western Christian 'A'	1:38.49
1) Johnson, Jenner 11	2) Boer, Tyson 12
3) Elbers, Carson 12	4) Spronk, Ethan 12
2 Sheldon 'A'	1:42.32
1) Ackerman, Kaleb 12	2) Monroe, Noah 10
3) Radke, Blake 09	4) Johannes, Cason 11
3 Le Mars 'A'	1:42.63
1) Scheitler, Josh 11	2) Pollema, Briley 12
3) Vondrak, Matt 10	4) Boehmer, Collin 12
4 Harris-Lake Park 'A'	1:42.96
1) Jurva, Tyler	2) Gunderson, Tyce
3) Hodgell, Jayden	4) Hellinga, Carson
5 Sioux Center 'A'	1:43.18
1) Duden, Grady 12	2) Hulstein, Stetson 12
3) Kamerman, Conner 09	4) Bandstra, Blake 10
6 Moc-Floyd Valley 'A'	1:44.02
1) Tooker, Jackson 10	2) Jager, Carson 10
3) Moss, Caiden 10	4) Blom, Tristan 11
7 South O'Brien 'A'	1:46.61
1) Warnke, Mason 12	2) Bottjen, Pete 11
3) Rehder, Aidan 12	4) Struve, Parker 11

Event 14 Boys Distance Medley Varsity

School	Finals
1 Sheldon 'A'	3:46.92
1) Ackerman, Kaleb 12	2) Radke, Blake 09
3) Johannes, Cason 11	4) Cain, Brendan 12
2 Western Christian 'A'	3:50.05
1) Westra, Dalton 12	2) Boer, Tyson 12
3) Elbers, Carson 12	4) Hulstein, Tage 11
3 Le Mars 'A'	3:53.72
1) Boehmer, Collin 12	2) Hoag, Colton 12
3) Allen, Alex 09	4) Kass, Cael 11
4 Sioux Center 'A'	3:56.17
1) Duden, Grady 12	2) Kamerman, Conner 09
3) Hibma, Eli 12	4) Hibma, Abe 09
5 Moc-Floyd Valley 'A'	4:01.77
1) Tooker, Jackson 10	2) Jager, Carson 10
3) Moss, Caiden 10	4) Tracy, Thomas 10
6 South O'Brien 'A'	4:07.47
1) Warnke, Mason 12	2) Rehder, Aidan 12
3) Struve, Parker 11	4) VanLith, Jacob 10
-- Harris-Lake Park 'A'	DQ Exc 1-2 out of zone
1) Jurva, Tyler	2) Gunderson, Tyce
3) Hodgell, Jayden	4) Meyer, Devin

Event 15 Boys 4x110 Meter Shuttle Hurdle Varsity

School	Finals	H#
1 Le Mars 'A'	1:05.34	2

Sheldon Orab Boys Invitational - 4/22/2021**Sheldon
Results****....Event 15 Boys 4x110 Meter Shuttle Hurdle Varsity**

1) Sadoski, Ryan 10	2) Calhoun, Konnor 11		
3) Leusink, David 11	4) Sadoski, Riley 11		
2 Moc-Floyd Valley 'A'		1:09.72	2
1) Blom, Tristan 11	2) Bundt, Josiah 11		
3) Van Zee, Reese 11	4) Bomgaars, AJ 11		
3 Sioux Center 'A'		1:11.83	2
1) Kamerman, Lane 12	2) Gesink, Ty 11		
3) DeJager, Aiden 10	4) Duden, Grady 12		
4 South O'Brien 'A'		1:12.53	1
1) Davis, Micah 12	2) Wagner, Grant 10		
3) Riedemann, Boston 10	4) Green, Marcus 10		
5 Harris-Lake Park 'A'		1:15.74	1
1) Hemphill, Caleb	2) Gunderson, Tyce		
3) Meyer, Devin	4) Hodgell, Jayden		

Event 16 Boys High Jump Varsity

Name	Year School	Finals
1 Van't Hul, Ashtin	10 Western Christian	5-10.00
5-04 5-06 5-08 5-10 6-00		
O O O O XXX		
2 Segar, Trevor	12 Sioux Center	J5-10.00
5-04 5-06 5-08 5-10 6-00		
O O O XO XXX		
3 Calhoun, Konnor	11 Le Mars	5-08.00
5-04 5-06 5-08 5-10		
O O O XXX		
3 Westra, Dalton	12 Western Christian	5-08.00
5-04 5-06 5-08 5-10		
O O O XXX		
5 Schouten, Brett	11 Sioux Center	5-06.00
5-04 5-06 5-08		
XO O XXX		
5 VanLith, Jacob	10 South O'Brien	5-06.00
5-04 5-06 5-08		
XO O XXX		
7 Wede, Nik	10 Moc-Floyd Valley	J5-06.00
5-04 5-06 5-08		
XXO O XXX		
8 Fifita, Sione	10 Le Mars	J5-06.00
5-04 5-06 5-08		
O XO XXX		
-- Blom, Tyson	11 Moc-Floyd Valley	NH
5-04		
XXX		
-- Johnson, Dante	10 South O'Brien	NH
5-04		
XXX		

Event 17 Boys Long Jump Varsity

Name	Year School	Finals
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Sheldon Orab Boys Invitational - 4/22/2021**Sheldon
Results****....Event 17 Boys Long Jump Varsity**

1 Johnson, Jenner	11 Western Christian	20-07.00
19-05.50 19-11 20-02.50 20-07		
2 Bomgaars, Matthew	12 Sioux Center	19-05.00
18-11 19-00 FOUL 19-05		
3 Oolmann, Hudson	10 South O'Brien	19-04.00
FOUL 18-06.75 19-04 17-08		
4 Ackerman, Kaleb	12 Sheldon	18-02.50
FOUL FOUL FOUL 18-02.50		
5 Kasel, Teagen	09 Le Mars	18-01.75
16-10.25 18-01.75 16-10.50 17-08.25		
6 Hellinga, Carson	Harris-Lake Park	17-11.50
17-11.50 16-03.50 16-09.25 16-08.25		
7 Wadle, Beau	09 Le Mars	17-02.25
17-02.25 16-10 16-01 FOUL		
8 Riedemann, Boston	10 South O'Brien	16-09.25
16-09.25 16-02.50 FOUL 16-02		
9 Reyna, Angel	09 Moc-Floyd Valley	16-04.50
FOUL 16-04.50 16-00 14-05.50		
10 Tracy, Thomas	10 Moc-Floyd Valley	16-04.00
16-01.75 12-10.50 16-04 16-01.25		
11 Gunderson, Tyce	Harris-Lake Park	15-11.50
15-08 15-11.50 15-02 14-11		
12 Zomermaand, Jac	09 Sioux Center	15-09.00
15-09 14-09 14-04 FOUL		
13 Kamstra, Aaron	09 Western Christian	14-07.25
FOUL 14-07.25 12-08 13-06		

Event 18 Boys Discus Throw Varsity

Name	Year School	Finals
1 Hettinga, Lane	12 Moc-Floyd Valley	139-09
139-09 128-07 136-07 137-11		
2 Van Vugt, Kyson	11 Western Christian	133-09
131-01 126-09 133-09 FOUL		
3 Heimgartner, Jacob	12 Le Mars	131-02
126-05 120-05 117-05 131-02		
4 Bundt, Josiah	11 Moc-Floyd Valley	126-04
FOUL 122-08 121-01 126-04		
5 Hulshof, Ty	11 Sioux Center	120-09
FOUL FOUL 120-09 FOUL		
6 Heynen, Derek	10 Western Christian	117-08
117-08 FOUL 107-06 113-08		
7 Baartman, Mitchell	09 Le Mars	114-01
FOUL 97-00 114-01 104-02		
8 Pomrenke, Eddie	10 Sheldon	113-11
113-11 100-09 110-02 100-09		
9 Meyer, Devin	Harris-Lake Park	112-06
112-06 111-11 112-04 106-01		
10 Traver, Karsen	11 Sioux Center	108-10
90-00 108-10 97-01 106-02		
11 Jungers, Evan	12 Sheldon	103-06
99-05 98-07 103-06 102-07		
12 Jackson, Jarome	12 South O'Brien	102-03
90-07 94-02 95-07 102-03		

Sheldon Orab Boys Invitational - 4/22/2021**Sheldon
Results****....Event 18 Boys Discus Throw Varsity**

13 Jurva, Tyler	Harris-Lake Park	97-00
95-00 96-01 FOUL 97-00		
14 Wallin, Jake	10 South O'Brien	83-06
75-01 76-05 83-06 78-07		

Event 19 Boys Shot Put Varsity

Name	Year School	Finals
1 Hettinga, Lane	12 Moc-Floyd Valley	44-06.00
44-06 41-11.50 42-09.50 37-07		
2 De Jong, Aden	12 Moc-Floyd Valley	42-06.50
41-01.75 FOUL 42-06.50 41-02.50		
3 Heimgartner, Jacob	12 Le Mars	40-10.50
40-10.50 39-09 FOUL FOUL		
4 Courtney, Anthony	09 Sheldon	40-04.50
39-06 40-04.50 FOUL 38-02.75		
5 Heynen, Derek	10 Western Christian	39-01.00
39-01 36-03.50 36-05 35-10.25		
6 Wallin, Jake	10 South O'Brien	38-10.75
35-09 38-10.75 37-03 FOUL		
7 Thomas, Dalton	11 Sheldon	38-10.00
FOUL 38-02.50 38-10 38-09		
8 Habben, Shane	10 Western Christian	38-07.00
37-03 FOUL FOUL 38-07		
9 Hooyer, Ethan	11 Sioux Center	37-06.50
37-06.50 36-05.50 35-11.50 35-05		
10 Jackson, Jarome	12 South O'Brien	37-06.00
36-05 37-06 FOUL 37-05.50		
11 Jurva, Tyler	Harris-Lake Park	37-03.25
36-01 37-03.25 35-09.50 34-08		
12 Hemphill, Caleb	Harris-Lake Park	37-02.75
32-01.50 37-02.50 36-09.50 37-02.75		
13 Baartman, Mitchell	09 Le Mars	36-06.50
35-06 32-01 36-06.50 FOUL		
-- Van Omerman, Bradyn	10 Sioux Center	FOUL
FOUL FOUL FOUL FOUL		

Event 20 Boys 100 Meter Dash Junior Varsity

Name	Year School	Finals	H#
1 Reyna, Angel	09 Moc-Floyd Valley	13.05	1
2 Fifita, Andrew	09 Le Mars	13.08	1
3 Metten, Brody	11 Le Mars	13.13	1
4 Hernandez, Adrian	10 Sioux Center	13.82	1
5 Woodall, Ben	09 South O'Brien	14.08	2
6 Millan, Eddie	10 South O'Brien	14.19	2
7 Kamstra, Aaron	09 Western Christian	14.30	1
8 Van Kalsbeek, Jesse	09 Moc-Floyd Valley	14.32	1
9 Hernandez, Freddie	09 Sioux Center	14.41	2
10 Ramirez, Luis	09 Sheldon	14.44	2
11 Pesec, Chase	09 Sheldon	14.90	2

Sheldon Orab Boys Invitational - 4/22/2021**Sheldon
Results****Event 21 Boys 110 Meter Hurdles Junior Varsity**

Name	Year	School	Finals
1 Wagner, Grant	10	South O'Brien	21.79

Event 22 Boys 200 Meter Dash Junior Varsity

Name	Year	School	Finals	H#
1 Bottjen, Pete	11	South O'Brien	26.15	1
2 Feldman, Brock	10	Le Mars	26.42	2
3 Gulker, Donte	11	Western Christian	26.53	1
4 Ney, Ethan	10	Western Christian	26.54	1
5 DeGroot, Raymond	09	Sioux Center	27.08	1
6 Sholly, Christian	09	Moc-Floyd Valley	27.29	2
7 Jalas, Connor	10	Le Mars	27.37	1
8 Zomermaand, Jac	09	Sioux Center	27.98	1
9 Van't Hof, Dominic	12	Moc-Floyd Valley	28.25	2
10 Ramirez, Luis	09	Sheldon	29.34	2
11 Luinstra, Mikel		Harris-Lake Park	30.09	2
12 Money, Jacob		Harris-Lake Park	31.72	2
13 Cox, Cole	09	South O'Brien	32.81	1

Event 23 Boys 400 Meter Dash Junior Varsity

Name	Year	School	Finals
1 Kitilach, Ty	11	Le Mars	57.77
2 Van Zee, Camryn	12	Moc-Floyd Valley	58.96
3 Parmelee, Nolen	10	Le Mars	59.63

Event 24 Boys 800 Meter Run Junior Varsity

Name	Year	School	Finals
1 Obbink, Trace	09	Le Mars	2:24.70
2 McIntyre, Sam	10	Le Mars	2:25.68
3 De Jong, Micah	10	Moc-Floyd Valley	2:26.18
4 Parker, Jonah	12	Moc-Floyd Valley	2:34.19
5 Woodall, Ben	09	South O'Brien	2:38.46
6 VandenHull, Drew	11	Sheldon	2:40.70
7 Stevens, Camden	10	South O'Brien	2:45.06

Event 25 Boys 1600 Meter Run Junior Varsity

Name	Year	School	Finals
1 Tracy, Thomas	10	Moc-Floyd Valley	5:09.15
2 Vande Vegte, Graham	11	Sioux Center	5:24.25
3 Senn, Nathanul	11	Moc-Floyd Valley	5:24.67
4 Patel, Neil	11	Sheldon	6:07.84
5 Oliver, Ian	09	South O'Brien	6:21.03
6 Wilson, Brenden	11	South O'Brien	7:05.73

Sheldon Orab Boys Invitational - 4/22/2021**Sheldon
Results****Event 26 Boys 3200 Meter Run Junior Varsity**

Name	Year School	Finals
1 Dean, Kellen	09 Sioux Center	12:08.62
2 Dahm, Nick	09 Sioux Center	12:35.30

Event 27 Boys 400 Meter Hurdles Junior Varsity

Name	Year School	Finals
1 Wagner, Grant	10 South O'Brien	1:13.33

Event 28 Boys 4x100 Meter Relay Junior Varsity

School	Finals
1 Le Mars 'A'	47.52
1) Fifita, Sione 10	2) Hitchcock, KC 11
3) Kasel, Teagen 09	4) Wadle, Beau 09
2 Moc-Floyd Valley 'A'	50.69
1) Vander Zwaag, Brenden 10	2) Van't Hof, Dominic 12
3) Sholly, Christian 09	4) Van Zee, Camryn 12
3 Western Christian 'A'	51.03
1) Habben, Shane 10	2) Gulker, Jacob 09
3) Kamstra, Aaron 09	4) Kollis, Taeton 09
4 Sioux Center 'A'	53.34
1) Hernandez, Adrian 10	2) Hernandez, Freddie 09
3) Van Regenmorter, Brodie 09	4) Alderman, Ross 12
5 South O'Brien 'A'	53.92
1) Millan, Eddie 10	2) Woodall, Ben 09
3) Cox, Cole 09	4) Green, Marcus 10

Event 29 Boys 4x200 Meter Relay Junior Varsity

School	Finals
1 Le Mars 'A'	1:44.14
1) Daale, Blake 09	2) Fifita, Andrew 09
3) Marieu, Guot 10	4) Metten, Brody 11
2 Sioux Center 'A'	1:44.33
1) Roseberry, Tyler 10	2) DeGroot, Raymond 09
3) Alderman, Ross 12	4) Bruhn, Carson 09
3 Western Christian 'A'	1:44.69
1) Ney, Ethan 10	2) Grevengoed, Riley 10
3) Gulker, Jacob 09	4) Van Otterloo, Nathan 09
4 South O'Brien 'A'	1:47.22
1) Tjossem, Cole 09	2) Honkomp, Sawyer 10
3) Johnson, Dante 10	4) Riedemann, Boston 10
5 Moc-Floyd Valley 'A'	1:49.46
1) Reyna, Angel 09	2) Vaas, Tyeson 09
3) Sholly, Christian 09	4) Van Kalsbeek, Jesse 09

Sheldon Orab Boys Invitational - 4/22/2021**Sheldon
Results****Event 30 Boys 4x400 Meter Relay Junior Varsity**

School	Finals
1 Le Mars 'A'	3:50.88
1) Scheitler, Josh 11	2) Hayworth, Austin 10
3) Sudtelgte, Jason 12	4) Sudtelgte, Jackson 12
2 Sioux Center 'A'	3:57.75
1) Truesdell, Micah 10	2) Roseberry, Tyler 10
3) Hibma, Abe 09	4) Bruhn, Carson 09
3 Western Christian 'A'	4:02.79
1) Grevengeod, Riley 10	2) Gulker, Jacob 09
3) Van Otterloo, Nathan 09	4) Van't Hul, Brody 10
4 Moc-Floyd Valley 'A'	4:12.27
1) Reyna, Angel 09	2) Mirande, Alex 10
3) De Jong, Micah 10	4) Parker, Jonah 12
5 South O'Brien 'A'	4:44.23
1) Tjossem, Cole 09	2) Cox, Cole 09
3) Woodall, Ben 09	4) Davis, Tsion 11

Event 31 Boys 4x800 Meter Relay Junior Varsity

School	Finals
1 Le Mars 'A'	10:27.26
1) Kitilach, Ty 11	2) Peterson, Conner 10
3) Gregg, Owen 09	4) Koons, Gavin 10

Event 32 Boys 800 Sprint Medley Junior Varsity

School	Finals
1 Le Mars 'A'	1:46.68
1) Hitchcock, KC 11	2) Hoag, Colton 12
3) Wadle, Beau 09	4) Jalas, Connor 10
2 Moc-Floyd Valley 'A'	1:50.28
1) Van't Hof, Dominic 12	2) Van Zee, Camryn 12
3) Vander Zwaag, Brenden 10	4) Mirande, Alex 10
3 South O'Brien 'A'	1:56.58
1) Tjossem, Cole 09	2) Honkomp, Sawyer 10
3) Johnson, Dante 10	4) Stevens, Camden 10
4 Sioux Center 'A'	1:56.94
1) Alderman, Ross 12	2) Tea, Solomon 09
3) Roseberry, Tyler 10	4) Work, Peyton 09
5 Western Christian 'A'	1:57.61
1) Van't Hul, Ashtin 10	2) Gulker, Donte 11
3) Gulker, Jacob 09	4) Van Otterloo, Nathan 09

Event 33 Boys Distance Medley Junior Varsity

School	Finals
1 Le Mars 'A'	4:16.63
1) Fifita, Sione 10	2) Feldman, Brock 10
3) Kass, Nolan 09	4) Sanchez, Juan 10
2 Western Christian 'A'	4:26.65
3 South O'Brien 'A'	5:08.27

Sheldon Orab Boys Invitational - 4/22/2021**Sheldon
Results****....Event 33 Boys Distance Medley Junior Varsity**

- | | |
|-------------------------|-----------------------|
| 1) Honkomp, Sawyer 10 | 2) Stevens, Camden 10 |
| 3) Riedemann, Boston 10 | 4) Wilson, Brenden 11 |

Event 35 Boys High Jump Junior Varsity

Name	Year School	Finals
1 Van Kalsbeek, Jesse	09 Moc-Floyd Valley	5-04.00

Event 36 Boys Long Jump Junior Varsity

Name	Year School	Finals
1 Green, Marcus	10 South O'Brien	17-07.50
FOUL FOUL 17-07.50		
2 Hitchcock, KC	11 Le Mars	17-03.25
17-01 17-03.25 15-02		
3 Honkomp, Sawyer	10 South O'Brien	16-01.00
16-01 15-11.50 FOUL		
4 Jalas, Connor	10 Le Mars	16-00.00
15-01.75 16-00 15-09.50		
5 Stevens, Camden	10 South O'Brien	14-04.00
14-04 13-11.25 14-01.25		

Event 37 Boys Discus Throw Junior Varsity

Name	Year School	Finals	H#
1 Bomgaars, AJ	11 Moc-Floyd Valley	124-06	1
122-06 111-06 124-06			
2 Jalas, Evan	09 Le Mars	114-05	1
98-03 102-00 114-05			
3 Habben, Shane	10 Western Christian	109-04	1
106-09 105-07 109-04			
4 Kollis, Taeton	09 Western Christian	103-09	1
87-04 103-09 FOUL			
5 Davis, Micah	12 South O'Brien	101-04	2
88-07 101-04 97-11			
6 Hooyer, Ethan	11 Sioux Center	101-00	1
101-00 FOUL FOUL			
7 Vaas, Tyeson	09 Moc-Floyd Valley	100-09	1
100-09 89-04 95-04			
8 Courtney, Anthony	09 Sheldon	100-08	2
91-06 100-08 FOUL			
9 Pomerence, Nick	11 Sioux Center	97-11	1
97-11 95-05 96-10			
10 Kim, Joe	11 Sheldon	97-06	2
96-01 FOUL 97-06			
11 Van Gelder, Brett	10 Moc-Floyd Valley	93-05	1
FOUL 93-05 FOUL			
12 Ross, Rex	09 Sheldon	89-08	2
80-09 84-02 89-08			
13 Gnade, Josh	09 South O'Brien	83-02	2
83-02 FOUL FOUL			

Sheldon Orab Boys Invitational - 4/22/2021**Sheldon
Results****....Event 37 Boys Discus Throw Junior Varsity**

14	Brinkman, Andrew	10	Moc-Floyd Valley	79-08	2
	76-04 79-08 FOUL				
15	Jellema, Adryan	09	Le Mars	79-05	1
	79-05 FOUL FOUL				
16	Pravacek, Beau	10	Le Mars	77-02	2
	75-09 77-02 FOUL				
17	Money, Jacob		Harris-Lake Park	74-06	2
	66-08 73-00 74-06				
18	Mora, Dominic	10	Sioux Center	74-03	1
	FOUL FOUL 74-03				
19	Salazar, Luis	09	South O'Brien	72-11	2
	65-10 FOUL 72-11				
20	Ney, Ethan	10	Western Christian	71-06	2
	71-06 FOUL FOUL				
21	Thomas, Parker	09	Sheldon	70-11	2
	70-11 63-04 FOUL				
22	Kolbeck, Dreu	09	Sheldon	69-09	2
	69-04 66-01 69-09				
23	Goslinga, Justice	10	Sheldon	69-00	2
	69-00 FOUL FOUL				
--	Van Omerman, Bradyn	10	Sioux Center	FOUL	1
	FOUL FOUL FOUL				

Event 38 Boys Shot Put Junior Varsity

Name	Year	School	Finals	H#
1 Bundt, Josiah	11	Moc-Floyd Valley	41-02.75	1
	40-11.50 41-02.75 FOUL			
2 Sampson, Keaton	10	South O'Brien	41-01.25	1
	37-10 FOUL 41-01.25			
3 Vaas, Tyeson	09	Moc-Floyd Valley	38-03.50	1
	38-03.50 35-05 FOUL			
4 Jellema, Adryan	09	Le Mars	37-11.50	1
	35-10.75 36-06.50 37-11.50			
5 Kim, Joe	11	Sheldon	37-02.50	2
	36-03.50 35-09.50 37-02.50			
6 Van Gelder, Brett	10	Moc-Floyd Valley	36-08.00	1
	36-08 35-09 FOUL			
7 Kollis, Taeton	09	Western Christian	36-04.50	1
	36-04.50 34-09.50 33-09.50			
8 Mora, Dominic	10	Sioux Center	35-04.00	1
	30-00.50 31-02.75 35-04			
9 Ross, Rex	09	Sheldon	35-02.50	2
	FOUL 35-02.50 30-09			
10 Traver, Karsen	11	Sioux Center	34-11.00	2
	34-11 31-11.50 33-00			
11 Pomrenke, Eddie	10	Sheldon	34-09.00	2
	34-09 32-03.50 34-03			
12 Thomas, Parker	09	Sheldon	32-04.00	2
	30-11.50 31-11.50 32-04			
13 Brinkman, Andrew	10	Moc-Floyd Valley	30-10.00	2
	28-05 29-06 30-10			
14 Pomerence, Nick	11	Sioux Center	29-08.00	1
	29-03.50 29-08 29-03.50			

Sheldon Orab Boys Invitational - 4/22/2021**Sheldon
Results****....Event 38 Boys Shot Put Junior Varsity**

15	Jalas, Evan	09	Le Mars	29-02.00	2
	27-08.50 28-02.50 29-02				
16	Ney, Ethan	10	Western Christian	29-01.25	1
	27-04.50 27-10 29-01.25				
17	Gnade, Josh	09	South O'Brien	28-05.00	1
	28-05 27-05.50 27-00.50				
18	Goslinga, Justice	10	Sheldon	28-02.50	2
	28-02.50 26-06 24-00				
19	Anderson, Paul	11	Sheldon	28-01.50	2
	28-01.50 26-11 27-03				
20	Salazar, Luis	09	South O'Brien	28-01.00	1
	28-01 27-08 27-02				
21	Kolbeck, Dreu	09	Sheldon	27-11.00	2
	27-11 26-05 27-10				
22	Pravacek, Beau	10	Le Mars	27-00.50	2
	25-04.50 26-11 27-00.50				
23	Luinstra, Mikel		Harris-Lake Park	26-05.50	2
	24-10 26-05.50 23-10				
24	Money, Jacob		Harris-Lake Park	25-08.50	2
	24-01 25-08.50 24-02				

Event 39 Boys 4x100 Meter Relay Weight

School	Finals
1 Moc-Floyd Valley 'A'	55.53
2 South O'Brien 'A'	56.26
3 Le Mars 'A'	1:00.17
4 Sioux Center 'A'	1:09.28

Men - Varsity - Team Rankings - 19 Events Scored

1) Western Christian	136	2) MOC-Floyd Valley	125
3) Le Mars	110	4) Sioux Center	102.50
5) Sheldon	70	6) South O'Brien	22.50
7) Harris-Lake Park	20		