

Bluegrass Conference Track Meet 5/2/23 - 4/11/2023**Graceland University****Results****Girls 100 Yard Dash**

Name	Year School	Seed	Finals	H#	Points
Finals					
1 Gannon, Aleksys	Murray	12.57	12.71	3	10
2 Dunkin, Rylee	Twin Cedars	13.35	13.14	3	8
3 Shields, Teryn	Murray	14.24	14.01	3	6
4 Bussell, Ella	Ankeny Christ	13.67	14.19	3	5
5 Peck, Gracie	Seymour	14.52	14.43	3	4
6 Boswell, Emma	Orient-Macksbg	14.03	14.57	3	3
7 DeJong, Maddy	Melcher-Dallas	14.55	14.84	3	2
8 Milledge, Abi	Twin Cedars	15.30	14.86	2	1
9 Hysell, Ella	Mormon Trail	15.23	15.35	2	
10 Mickey, Jenna	Melcher-Dallas	15.42	15.41	2	
11 Smith, Lexis	Moulton-Udell	14.69	15.52	3	
12 Spencer, Finley	Moravia	15.63	16.10	2	
13 Hoffman, Rebecca	Diagonal	15.71	16.13	2	
14 Leonard, Alison	Lamoni	15.74	16.88	2	
15 Hoffmann, Lydia	Diagonal	16.58	16.89	2	
16 Walmsley, Elyse	Ankeny Christ	17.59	17.38	1	
17 Jellison, Mendon	Seymour	18.04	17.77	1	
18 Johnson, Sariah	Moulton-Udell	17.00	17.97	2	
19 Bracy, Brandy	Orient-Macksbg	18.63	18.29	1	
20 McDanel, Kaylin	Moravia	18.43	18.71	1	

Girls 200 Yard Dash

Name	Year School	Seed	Finals	H#	Points
1 Gannon, Aleksys	Murray	26.07	26.32	3	10
2 Chew, Jayda	Murray	29.79	29.24	3	8
3 Sharp, Ashlynn	Seymour	30.15	29.53	3	6
4 Boswell, Emma	Orient-Macksbg	29.80	29.62	3	4.50
4 Piershbacher, Emaleigh	Lamoni	29.50	29.62	3	4.50
6 Overgaard, Gabby	Melcher-Dallas	29.83	30.32	3	3
7 Milledge, Abi	Twin Cedars	32.17	31.33	2	2
8 Mateer, Karsyn	Melcher-Dallas	31.69	31.89	3	1
9 Spencer, Jaida	Moravia	31.80	32.55	2	
10 Lancaster, Kaitlyn	Moulton-Udell	34.90	34.02	2	
11 Hoffman, Rebecca	Diagonal	36.15	35.34	2	
12 Nguyen, Temerance	Ankeny Christ	38.63	37.03	1	
13 Giles, Morgan	Lamoni	37.82	38.08	2	
14 Johnson, Sariah	Moulton-Udell	38.43	38.65	1	
15 Bracy, Brandy	Orient-Macksbg	38.46	42.87	1	

Girls 400 Yard Dash

Name	Year School	Seed	Finals	H#	Points
1 Piershbacher, Emaleigh	Lamoni	1:06.29	1:07.05	2	10
2 Robinson, Kaylen	Moravia	1:13.67	1:09.29	2	8
3 Chew, Jayda	Murray	1:12.50	1:10.01	2	6
4 Glenn, Sophia	Ankeny Christ	1:12.55	1:12.84	2	5
5 Rinchiuso, Leah	Seymour	1:14.51	1:13.76	2	4
6 Shanks, Annika	Mormon Trail	1:13.00	1:13.91	2	3
7 Bellon, GraceAnn	Mormon Trail	1:16.86	1:16.53	2	2

Bluegrass Conference Track Meet 5/2/23 - 4/11/2023**Graceland University****Results****....Girls 400 Yard Dash**

8	Burton, Lauren	Diagonal	1:20.77	1:22.18	1	1
9	Metz, Brooklyn	Melcher-Dallas	1:26.81	1:25.84	1	
10	Hendrickson, Kamryn	Melcher-Dallas	1:18.58	1:29.06	1	
11	Giles, Morgan	Lamoni	1:30.00	1:34.27	1	
12	Shelley, Zoey	Diagonal	1:34.16	1:40.87	1	

Girls 800 Yard Run

Name	Year School	Seed	Finals	Points	
1	Dunkin, Rylee	Twin Cedars	2:32.11	2:37.12	10
2	Leever, Ella	Ankeny Christ	2:36.39	2:49.54	8
3	Wadle, Addison	Melcher-Dallas	2:53.88	2:59.09	6
4	Power, Olivia	Seymour		2:59.47	5
5	Roberts, Miah	Mormon Trail	2:51.00	3:03.46	4
6	Shanks, Mia	Mormon Trail	3:03.45	3:06.98	3
7	Schoening, Jessica	Ankeny Christ	3:03.25	3:10.92	2
8	Mongar, Kenzi	Murray	3:13.20	3:18.42	1
9	Bracy, Bridget	Orient-Macksbg	3:11.89	3:20.54	
10	Blackwood, Elizabeth	Lamoni	3:15.67	3:21.47	
11	Lindgren, Addyson	Lamoni	3:24.00	3:38.90	
12	Self, Jaime	Moravia	3:32.69	3:55.99	

Girls 1500 Yard Run

Name	Year School	Seed	Finals	Points	
1	Dunkin, Rylee	Twin Cedars	5:22.00	5:21.33	10
2	Oshirak, Belle	Ankeny Christ	5:25.54	5:36.28	8
3	Jackson, Kianna	Melcher-Dallas	7:23.71	5:47.52	6
4	Stegman, Hailey	Melcher-Dallas	5:53.93	6:09.76	5
5	Bedford, Alexa	Moravia	6:25.24	6:24.09	4
6	Lumbard, Taylor	Diagonal	6:29.86	6:37.17	3
7	Bracy, Bridget	Orient-Macksbg	6:32.38	6:38.49	2

Girls 3000 Yard Run

Name	Year School	Seed	Finals	Points	
1	Oshirak, Belle	Ankeny Christ	12:31.54	12:55.00	10
2	Stegman, Hailey	Melcher-Dallas	12:54.41	13:40.00	8
3	Bracy, Bridget	Orient-Macksbg	13:47.10	14:03.00	6
4	Bedford, Alexa	Moravia	14:00.37	14:28.00	5
5	Shanks, Mia	Mormon Trail	13:30.72	15:45.00	4
6	Blackwood, Elizabeth	Lamoni	15:38.24	15:46.00	3
7	Shelley, Zoey	Diagonal	18:56.24	18:53.00	2
--	Hamaker, Karlee	Lamoni	16:00.00	DQ	

Girls 100 Yard Hurdles

Name	Year School	Seed	Finals	H#	Points
1	Shields, Teryn	Murray	19.14	18.88	2 10
2	Lloyd, Kelly	Lamoni	19.43	19.10	2 8
3	Ewing, Layla	Moravia	16.88	19.78	2 6

Bluegrass Conference Track Meet 5/2/23 - 4/11/2023**Graceland University****Results****....Girls 100 Yard Hurdles**

4 Mitchell, Gabrielle	Seymour	19.76	19.86	2	5
5 Burton, Hailey	Lamoni	20.02	20.02	2	4
6 Chamberlain, Abby	Murray	21.11	20.50	2	3
7 Sterner, Katra	Twin Cedars	20.36	20.60	2	2
8 Morgan, Katy	Twin Cedars	22.13	20.78	1	1
9 Simkoff, Zoie	Moulton-Udell	21.90	23.63	1	
10 Burgher, Miah	Moulton-Udell	21.58	24.51	1	

Girls 400 Yard Hurdles

Name	Year School	Seed	Finals	H#	Points
1 Lloyd, Kelly	Lamoni	1:17.59	1:19.52	2	10
2 Mitchell, Gabrielle	Seymour	1:20.50	1:22.78	2	8
3 Morgan, Katy	Twin Cedars	1:29.04	1:27.45	2	6
4 Shanks, Annika	Mormon Trail	1:29.44	1:30.38	2	5
5 Sterner, Katra	Twin Cedars		1:34.78	1	4
6 Chamberlain, Abby	Murray	1:27.12	1:34.91	2	3
7 Cox, Lexi	Moravia	1:32.38	1:41.39	2	2
8 Smith, Claire	Murray	1:38.57	1:43.84	2	1
9 Leonard, Alison	Lamoni	1:50.00	1:56.74	1	

Girls 4x100 Yard Relay

School	Seed	Finals	Points
1 Murray 'A' 1) Oswald, Amaria 3) Chew, Jayda	54.52	55.56	10
2 Seymour 'A' 1) Peck, Gracie 3) Sharp, Ashlynn	57.19	57.25	8
3 Melcher-Dallas 'A' 1) Anderson, Paetyn 3) DeJong, Maddy	59.29	59.90	6
4 Moravia 'A' 1) Spencer, Kenna 3) Wubben, Ivy	59.37	1:00.95	5
5 Moulton-Udell 'A' 1) Smith, Lexis 3) Barber, Madison	1:02.22	1:02.11	4
6 Lamoni 'A' 1) Burton, Hailey 3) Howell, Meredith	1:02.77	1:04.00	3
7 Mormon Trail 'A' 1) Bellon, GraceAnn 3) Newton, Aidyn	1:05.43	1:07.12	2

Girls 4x200 Yard Relay

School	Seed	Finals	Points
1 Moravia 'A' 1) Spencer, Kenna 3) Long, Lauren	2:05.81	2:07.43	10
2) Wubben, Ivy 4) Robinson, Kaylen			

Bluegrass Conference Track Meet 5/2/23 - 4/11/2023**Graceland University****Results****....Girls 4x200 Yard Relay**

2 Melcher-Dallas 'A'	2:05.89	2:07.49	8
1) Karpan, Summer	2) Mateer, Karsyn		
3) Branson, Hayden	4) Hendrickson, Haylie		
3 Seymour 'A'	2:06.03	2:07.82	6
1) Keller, Kaitlyn	2) Power, Olivia		
3) Rinchiuso, Leah	4) Liggett, Reagen		
4 Ankeny Christ 'A'	2:06.09	2:08.35	5
1) Weathers, Anna	2) Schoening, Jessica		
3) Beck, Madison	4) Glenn, Sophia		
5 Lamoni 'A'	2:06.34	2:09.13	4
1) Hill, Emma	2) Olson, Lauren		
3) Howell, Meredith	4) Henson, Taylor		
6 Moulton-Udell 'A'	2:11.97	2:14.57	3
1) Smith, Lexis	2) Simkoff, Zoie		
3) Barber, Madison	4) Burgher, Miah		
7 Mormon Trail 'A'	2:07.29	2:15.89	2
1) Hysell, Ella	2) Forkner, Sydney		
3) Bellon, GraceAnn	4) Roberts, Miah		
8 Murray 'A'	2:15.00	2:37.59	1
1) Smith, Claire	2) Page, Mallory		
3) Eckels, Addie	4) Oswald, Amaria		

Girls 4x400 Yard Relay

School	Seed	Finals	Points
1 Lamoni 'A'	4:41.26	4:46.40	10
1) Goodman, Alley	2) Lloyd, Kelly		
3) Piershbacher, Emaleigh	4) Henson, Taylor		
2 Ankeny Christ 'A'	4:47.62	5:01.19	8
1) Beck, Madison	2) Weathers, Anna		
3) Scott, Emily	4) Leever, Ella		
3 Melcher-Dallas 'A'	5:07.95	5:11.36	6
1) Hendrickson, Haylie	2) Branson, Hayden		
3) Karpan, Summer	4) Wadle, Addison		
4 Mormon Trail 'A'	5:10.00	5:19.23	5
1) Roberts, Miah	2) Forkner, Sydney		
3) Bellon, GraceAnn	4) Shanks, Annika		
5 Murray 'A'	6:06.00	6:00.90	4
1) Oswald, Amaria	2) Page, Mallory		
3) Eckels, Addie	4) Mongar, Kenzi		
6 Moravia 'A'	6:21.27	6:22.27	3
1) Spencer, Jaida	2) Main, Natalie		
3) McDanel, Kaylin	4) Bedford, Alexa		

Girls 4x800 Yard Relay

School	Seed	Finals	Points
1 Ankeny Christ 'A'	11:01.15	11:38.28	10
1) Beck, Madison	2) Scott, Emily		
3) Schoening, Jessica	4) Leever, Ella		
2 Mormon Trail 'A'	12:09.58	11:55.51	8
1) Roberts, Miah	2) Forkner, Sydney		
3) Hysell, Ella	4) Shanks, Annika		

Bluegrass Conference Track Meet 5/2/23 - 4/11/2023**Graceland University****Results****....Girls 4x800 Yard Relay**

3 Lamoni 'A'	13:06.24	12:55.56	6
1) Lindgren, Addyson	2) Olson, Lauren		
3) Hill, Emma	4) Piershbacher, Emaleigh		
4 Murray 'A'		14:05.33	5
1) Mongar, Kenzi	2) Eckels, Addie		
3) Page, Mallory	4) Chamberlain, Abby		
5 Melcher-Dallas 'A'	13:42.24	14:24.32	4
1) Jackson, Kianna	2) Hendrickson, Haylie		
3) Hendrickson, Kamryn	4) Metz, Brooklyn		
6 Moravia 'A'	12:00.00	14:35.03	3
1) Wubben, Ivy	2) Cox, Lexi		
3) Self, Jaime	4) Bedford, Alexa		

Girls 800 Sprint Medley

School	Seed	Finals	Points
1 Murray 'A'	2:11.14	1.00	10
1) Oswald, Amaria	2) Shields, Teryn		
3) Chew, Jayda	4) Gannon, Aleksys		
2 Seymour 'A'	2:10.29	2.00	8
1) Peck, Gracie	2) Keller, Kaitlyn		
3) Sharp, Ashlynn	4) Power, Olivia		
3 Ankeny Christ 'A'	2:11.60	3.00	6
1) Nguyen, Temerance	2) Glenn, Sophia		
3) Weathers, Anna	4) Scott, Emily		
4 Lamoni 'A'	2:09.13	4.00	5
1) Burton, Hailey	2) Howell, Meredith		
3) Goodman, Alley	4) Henson, Taylor		
5 Melcher-Dallas 'A'	2:15.67	5.00	4
1) Anderson, Paetyn	2) Hendrickson, Kamryn		
3) Hendrickson, Haylie	4) Branson, Hayden		
6 Moravia 'A'	2:22.35	6.00	3
1) Spencer, Kenna	2) Spencer, Finley		
3) Spencer, Jaida	4) Cox, Lexi		

Girls Distance Medley

School	Seed	Finals	Points
1 Ankeny Christ 'A'	4:52.79	4:55.25	10
1) Weathers, Anna	2) Bussell, Ella		
3) Leever, Ella	4) Oshirak, Belle		
2 Seymour 'A'	5:03.33	5:08.31	8
1) Liggett, Reagen	2) Rinchiuso, Leah		
3) Mitchell, Gabrielle	4) Power, Olivia		
3 Melcher-Dallas 'A'	4:59.99	5:15.06	6
1) Karpan, Summer	2) Overgaard, Gabby		
3) Wadle, Addison	4) Stegman, Hailey		
4 Lamoni 'A'	5:03.94	5:49.70	5
1) Hill, Emma	2) Olson, Lauren		
3) Sancruzado, Nalani	4) Blackwood, Elizabeth		
5 Murray 'A'	5:59.61	6:10.12	4
1) Smith, Claire	2) Page, Mallory		
3) Eckels, Addie	4) Mongar, Kenzi		

Bluegrass Conference Track Meet 5/2/23 - 4/11/2023**Graceland University****Results****....Girls Distance Medley**

6 Moravia 'A'	5:42.00	6:21.80	3
1) Spencer, Jaida	2) Spencer, Kenna		
3) Main, Natalie	4) Cox, Lexi		

Girls 4x100 Yard Shuttle Hurdle

School	Seed	Finals	Points
1 Lamoni 'A'	1:21.12	1:20.21	10
1) Lloyd, Kelly	2) Goodman, Alley		
3) Howell, Meredith	4) Burton, Hailey		
2 Seymour 'A'	1:21.38	1:21.25	8
1) Keller, Kaitlyn	2) Liggett, Reagen		
3) Mitchell, Gabrielle	4) Sharp, Ashlynn		
3 Moravia 'A'	1:19.16	1:24.82	6
1) Robinson, Kaylen	2) Wubben, Ivy		
3) Long, Lauren	4) Ewing, Layla		

Girls High Jump

Name	Year School	Seed	Finals	Points
1 Henson, Taylor	Lamoni	4-10.00	4-10.00	10
2 Robinson, Kaylen	Moravia	4-10.00	4-08.00	8
3 Boswell, Emma	Orient-Macksbg	4-06.00	4-06.00	6
4 Simkoff, Zoie	Moulton-Udell	4-06.00	4-04.00	5
5 Burgher, Miah	Moulton-Udell	4-02.00	4-02.00	3.50
5 Mateer, Karsyn	Melcher-Dallas	4-06.00	4-02.00	3.50
-- Rinchiuso, Leah	Seymour	4-06.00	NH	
-- Goodman, Alley	Lamoni	4-04.00	NH	

Girls Long Jump

Name	Year School	Seed	Finals	Points
1 Dunkin, Rylee	Twin Cedars	16-06.50	15-08.00	10
2 Peck, Gracie	Seymour	14-09.75	14-06.50	8
3 Bussell, Ella	Ankeny Christ	14-05.00	14-05.00	6
4 Boswell, Emma	Orient-Macksbg	15-02.00	13-09.50	5
5 DeJong, Maddy	Melcher-Dallas	14-07.75	13-04.00	4
6 Burton, Lauren	Diagonal	12-10.25	13-02.00	3
7 Lancaster, Kaitlyn	Moulton-Udell	13-01.50	12-07.00	2
8 Sterner, Katra	Twin Cedars	12-07.75	12-05.00	1
9 Long, Lauren	Moravia	12-08.00	12-03.50	
10 Shanks, Mia	Mormon Trail	13-02.75	12-03.00	
11 Hoffman, Rebecca	Diagonal	11-06.00	11-07.00	
12 Walmsley, Elyse	Ankeny Christ	11-03.00	11-05.00	
13 Phelps, Kameryn	Lamoni	11-05.00	11-03.00	
14 Smith, Claire	Murray	11-04.00	9-03.50	

Girls Shot Put

Name	Year School	Seed	Finals	Points
1 Lumbard, Taylor	Diagonal	37-02.00	32-07.75	10

Bluegrass Conference Track Meet 5/2/23 - 4/11/2023**Graceland University****Results****....Girls Shot Put**

2 Klein, Keirsten	Murray	34-01.50	31-03.00	8
3 Overgaard, Gabby	Melcher-Dallas	34-11.50	30-06.25	6
4 Barber, Madison	Moulton-Udell	28-03.00	29-05.50	5
5 Anderson, Paetyn	Melcher-Dallas	26-04.50	27-00.00	4
6 Ruby, Taylor	Seymour	31-11.00	26-10.00	3
7 Peterson, Abbie	Murray	28-03.00	26-08.75	2
8 Newton, Aidyn	Mormon Trail	31-00.50	26-02.00	1
9 Brown, Karis	Lamoni	28-07.00	25-09.50	
10 Jacob, Kaylei	Ankeny Christ	21-09.00	23-02.00	
11 Bracy, Brandy	Orient-Macksbg	18-02.00	22-08.25	
12 Couch, Katelyn	Moulton-Udell	19-04.50	21-06.00	
13 Estes, Chloe	Diagonal	23-00.25	21-05.25	
14 Jellison, Mendon	Seymour	19-11.00	20-05.00	
15 Main, Natalie	Moravia	20-03.00	18-05.00	
16 McDanel, Kaylin	Moravia	20-00.00	18-00.00	
17 Bolkema, Morgan	Twin Cedars	17-03.75	17-09.00	
18 Boyd, Kadya	Twin Cedars	18-01.00	14-11.00	

Girls Discus Throw

Name	Year School	Seed	Finals	Points
1 Lumbard, Taylor	Diagonal	98-05	98-09	10
2 Klein, Keirsten	Murray	103-08	97-02.50	8
3 Overgaard, Gabby	Melcher-Dallas	91-07	89-03	6
4 Newton, Anna	Diagonal	84-02.50	77-01	5
5 Peterson, Abbie	Murray	75-09.50	73-04	4
6 Mickey, Jenna	Melcher-Dallas	78-04	71-07	3
7 Ruby, Taylor	Seymour	64-04	67-03.50	2
8 Newton, Aidyn	Mormon Trail	72-04.50	60-09	1
9 Brown, Karis	Lamoni	72-04.50	58-09	
10 Bolkema, Morgan	Twin Cedars	58-08	58-03.50	
11 Couch, Katelyn	Moulton-Udell	57-00	57-11	
12 Phelps, Kameryn	Lamoni	55-00	55-08	
13 Jacob, Kaylei	Ankeny Christ	67-00	54-08	
14 Boyd, Kadya	Twin Cedars	48-03	48-10	
15 Johnson, Sariah	Moulton-Udell	53-00	48-09	
16 McDanel, Kaylin	Moravia	50-00	47-00	

Boys 100 Yard Dash

Name	Year School	Seed	Finals	H#	Points
1 Brennecke, Dylan	Seymour	11.43	11.45	2	10
2 McDanel, Jackson	Moravia	11.54	11.62	2	8
3 Godfrey, Logan	Melcher-Dallas	11.78	11.84	2	6
4 Brown, Calvin	Lamoni	12.06	12.01	2	5
5 Ross, Tyson	Orient-Macksbg	11.55	12.23	2	4
6 Connett, Brenden	Twin Cedars	12.89	12.39	1	3
7 Beary, Judson	Twin Cedars	12.51	12.48	2	2
8 Esteban-Cabrera, Aldo	Murray	12.71	12.49	2	1
9 Keddie, Nick	Lamoni	12.93	12.81	1	
10 Quirk, Drew	Ankeny Christ	12.34	12.83	2	
11 Swarts, Cameron	Moulton-Udell	13.45	13.01	1	
12 Lennie, Isaac	Moulton-Udell	13.34	13.24	1	

Bluegrass Conference Track Meet 5/2/23 - 4/11/2023**Graceland University****Results****....Boys 100 Yard Dash**

13 Johnston, Andrew	Murray	14.74	14.61	1
14 Leadon, Kaydon	Moravia	14.92	15.38	1

Boys 200 Yard Dash

Name	Year School	Seed	Finals	H#	Points
1 Brennecke, Dylan	Seymour	22.66	23.00	2	10
2 Hawkins, Riley	Moravia	24.02	23.58	2	8
3 Brown, Kalvin	Lamoni	24.06	24.46	2	6
4 Quirk, Drew	Ankeny Christ	24.87	25.02	2	5
5 Fee, Noah	Twin Cedars	26.33	25.26	2	4
6 Simkoff, Nolan	Moulton-Udell	28.48	25.80	1	3
7 Smith, CJ	Melcher-Dallas	25.44	25.92	2	2
8 Bell, Eddie	Ankeny Christ		26.66	1	1
9 Mastin, Kendrick	Murray	28.03	27.97	1	
10 Brinegar, Hayden	Moulton-Udell	28.50	28.34	1	
11 Ryan, Xander	Twin Cedars		29.77	1	
12 Johnston, Andrew	Murray	32.11	32.84	1	
13 Davis, Peyton	Lamoni		34.84	1	

Boys 400 Yard Dash

Name	Year School	Seed	Finals	H#	Points
1 McDanel, Jackson	Moravia	53.96	54.74	2	10
2 Albertson, Lincoln	Moravia	55.97	57.28	2	8
3 Knott, Galen	Seymour	1:00.46	1:00.57	2	6
4 Evans, Levi	Mormon Trail	59.80	1:02.28	2	5
5 Ott, Micah	Twin Cedars	58.64	1:03.26	2	4
6 Weber, Kyle	Ankeny Christ	1:04.35	1:03.62	2	3
7 Brinegar, Hayden	Moulton-Udell	1:04.88	1:06.37	2	2
8 Pineda-Siliezar, Omar	Seymour	1:04.86	1:06.44	2	1
9 Rodgers, Tyler	Mormon Trail	1:05.27	1:07.37	1	
10 Danley, Teagan	Murray		1:10.70	1	
11 Gard, Daniel	Murray	1:18.48	1:21.98	1	
12 Myers, Trenton	Ankeny Christ	1:26.89	1:31.42	1	

Boys 800 Yard Run

Name	Year School	Seed	Finals	Points
1 McDole, Tyson	Lamoni	2:02.85	2:06.23	10
2 Schoening, Daniel	Ankeny Christ	2:06.45	2:11.18	8
3 Dixson, Gavin	Mormon Trail	2:15.62	2:15.20	6
4 Dixson, Degin	Mormon Trail	2:12.36	2:16.69	5
5 Martin, Cal	Lamoni	2:20.46	2:18.94	4
6 Hanes, Gage	Moravia	2:17.96	2:25.78	3
7 Keller, Jacob	Murray	2:39.80	2:30.77	2
8 Lombard, Carter	Diagonal	2:31.24	2:33.87	1
9 Bohn, Scotty	Diagonal	2:28.58	2:35.16	
10 Reitsma, Luke	Ankeny Christ	2:30.26	2:35.80	
11 Lund, Mason	Seymour	2:23.38	2:36.17	
12 Goemaat, Robert	Twin Cedars	2:50.24	2:47.78	
13 Pace, Allen	Moulton-Udell	2:48.55	2:48.84	

Bluegrass Conference Track Meet 5/2/23 - 4/11/2023**Graceland University****Results****....Boys 800 Yard Run**

14	Christine, Matthew	Seymour	3:02.27	2:59.11
15	Branson, Tucker	Melcher-Dallas	2:53.35	2:59.12

Boys 1600 Yard Run

Name	Year School	Seed	Finals	Points	
1	McDole, Tyson	Lamoni	5:16.87	4:55.94	10
2	Schoening, Daniel	Ankeny Christ	4:50.69	4:56.91	8
3	Davis, Alex	Ankeny Christ	4:54.88	4:59.73	6
4	Dixson, Gavin	Mormon Trail	5:14.12	5:12.11	5
5	Branson, Tucker	Melcher-Dallas	6:44.52	5:16.75	4
6	Hanes, Gage	Moravia	5:14.37	5:22.27	3
7	Long, Luke	Moravia	5:16.28	5:25.75	2
8	Lumbard, Carter	Diagonal	5:30.60	5:27.81	1
9	McDole, Tate	Lamoni	5:20.37	5:34.29	
10	Lund, Mason	Seymour	5:34.44	5:47.38	
11	Ibarra, Joangel	Twin Cedars	5:44.24	5:50.09	
12	Rodgers, Tyler	Mormon Trail	5:51.96	5:52.11	
13	Bohn, Scotty	Diagonal	5:49.61	5:56.06	

Boys 3200 Yard Run

Name	Year School	Seed	Finals	Points	
1	Davis, Alex	Ankeny Christ	10:37.76	11:15.00	10
2	McDole, Tate	Lamoni	11:20.24	11:35.00	8
3	Long, Luke	Moravia	11:39.24	11:44.00	6
4	Ibarra, Joangel	Twin Cedars	11:36.77	11:51.00	5
5	Lumbard, Carter	Diagonal	12:02.37	11:57.00	4
6	Lund, Mason	Seymour	13:09.53	12:20.00	3
7	Rodgers, Tyler	Mormon Trail	13:10.06	12:36.00	2
8	Bohn, Scotty	Diagonal	12:22.02	12:41.00	1
9	Leadon, Kaydon	Moravia	14:52.37	14:44.00	
10	Myers, Trenton	Ankeny Christ	15:43.09	15:15.00	
11	Niebauer, Hosah	Lamoni	14:46.51	15:22.00	

Boys 110 Yard Hurdles

Name	Year School	Seed	Finals	Points	
1	Suntken, Owen	Melcher-Dallas	16.16	16.08	10
2	Lindgren, Landon	Lamoni	17.77	17.50	8
3	McDole, Trevor	Lamoni	18.13	17.68	6
4	Evans, Logan	Mormon Trail	18.70	19.06	5
5	Chiabotta, Reece	Melcher-Dallas	20.47	21.26	4
6	Washington, Zach	Ankeny Christ		24.04	3
7	Gard, Daniel	Murray	25.76	24.19	2

Boys 400 Yard Hurdles

Name	Year School	Seed	Finals	H#	Points	
1	McDanel, Jackson	Moravia	57.08	59.87	2	10
2	Hinners, Kennan	Seymour	1:01.16	1:02.61	2	8

Bluegrass Conference Track Meet 5/2/23 - 4/11/2023**Graceland University****Results****....Boys 400 Yard Hurdles**

3	Albertson, Lincoln	Moravia	1:02.91	1:02.92	2	6
4	Evans, Logan	Mormon Trail	1:03.67	1:06.14	2	5
5	Long, Daniel	Lamoni	1:09.49	1:07.45	1	4
6	Caikoski, Kael	Melcher-Dallas	1:07.51	1:07.63	2	3
7	Hurst, Thomas	Ankeny Christ	1:09.45	1:08.27	2	2
8	Harrington, Lucas	Melcher-Dallas	1:06.99	1:08.72	2	1
9	Evans, Levi	Mormon Trail	1:07.24	1:09.89	2	
10	Goemaat, Robert	Twin Cedars	1:21.52	1:23.07	1	
11	Danley, Teagan	Murray		1:23.63	1	

Boys 4x100 Yard Relay

School	Seed	Finals	Points
1 Seymour 'A'	47.56	47.97	10
1) Hinners, Kennan			
3) Black, Colton			
2) Knott, Galen			
4) Brennecke, Dylan			
2 Lamoni 'A'	50.00	49.43	8
1) Brown, Calvin			
3) Keddie, Nick			
2) McDole, Trevor			
4) Lindgren, Landon			
3 Murray 'A'	50.28	50.32	6
1) Esteban-Cabrera, Aldo			
3) Mastin, Kendrick			
2) Patton, Kace			
4) Mongar, Gauge			
4 Moulton-Udell 'A'	51.41	50.74	5
1) Lennie, Isaac			
3) Shaffer, Braydin			
2) Simkoff, Nolan			
4) Swarts, Cameron			
5 Twin Cedars 'A'	49.54	51.76	4
1) Beary, Judson			
3) Micetich, Blake			
2) Connett, Brenden			
4) Fee, Noah			
6 Melcher-Dallas 'A'	52.39	53.51	3
1) Enfield, Max			
3) Caikoski, Kael			
2) Babcock, Brady			
4) Smith, CJ			
7 Moravia 'A'	51.27	55.40	2
1) Dueker, Adam			
3) Nicoletto, Cameron			
2) Seals, Carson			
4) VanZante, Tripp			

Boys 4x200 Yard Relay

School	Seed	Finals	Points
1 Moravia 'A'	1:34.99	1:45.24	10
1) Throckmorton, Wyatt			
3) Helmick, Shane			
2) Hawkins, Riley			
4) Long, Luke			
2 Seymour 'A'	1:41.21	1:47.93	8
1) Knott, Galen			
3) Exline, Dakota			
2) Black, Colton			
4) Hinners, Kennan			
3 Lamoni 'A'	1:52.58	1:52.38	6
1) Mendenhall, Justin			
3) Stevenson, Kelan			
2) Waetzig, Carter			
4) Long, Daniel			
4 Ankeny Christ 'A'	1:47.45	1:53.98	5
1) Bell, Eddie			
3) Mesecher, Jayden			
2) Washington, Zach			
4) Quirk, Drew			
5 Melcher-Dallas 'A'	1:52.44	1:57.36	4
1) Enfield, Max			
3) Caikoski, Kael			
2) Babcock, Brady			
4) Smith, CJ			

Bluegrass Conference Track Meet 5/2/23 - 4/11/2023**Graceland University****Results****....Boys 4x200 Yard Relay**

-- Murray 'A'	1:51.76	DQ
1) Esteban-Cabrera, Aldo	2) Patton, Kace	
3) Mastin, Kendrick	4) Mongar, Gauge	

Boys 4x400 Yard Relay

School	Seed	Finals	Points
1 Moravia 'A'	3:47.79	3:59.20	10
1) Hawkins, Riley	2) Helmick, Shane		
3) Williams, Clayton	4) Throckmorton, Wyatt		
2 Lamoni 'A'	3:49.15	4:04.15	8
1) Martin, Cal	2) Long, Daniel		
3) McDole, Tate	4) McDole, Tyson		
3 Seymour 'A'	4:25.00	4:15.74	6
1) Pineda-Siliezar, Omar	2) Exline, Dakota		
3) Houser, Carter	4) Knott, Galen		
4 Ankeny Christ 'A'	4:01.98	4:17.55	5
1) Reitsma, Luke	2) Davis, Alex		
3) Weber, Kyle	4) Hurst, Thomas		

Boys 4x800 Yard Relay

School	Seed	Finals	Points
1 Mormon Trail 'A'	9:20.00	9:30.79	10
1) Dixson, Degin	2) Evans, Logan		
3) Evans, Levi	4) Dixson, Gavin		
2 Ankeny Christ 'A'	9:42.67	9:53.34	8
1) Hurst, Thomas	2) Reitsma, Luke		
3) Weber, Kyle	4) Schoening, Daniel		
3 Murray 'A'	10:12.41	9:57.86	6
1) Patton, Kace	2) Peterson, Austin		
3) Mongar, Gauge	4) Keller, Jacob		
4 Moravia 'A'	9:25.89	10:29.58	5
1) Hanes, Gage	2) Helmick, Shane		
3) Dueker, Adam	4) VanZante, Tripp		
5 Twin Cedars 'A'	11:24.00	11:19.32	4
1) Goemaat, Robert	2) Ott, Micah		
3) Ibarra, Joangel	4) Ryan, Xander		
6 Lamoni 'A'	10:10.14	11:54.04	3
1) Long, Daniel	2) Waetzig, Carter		
3) Mendenhall, Justin	4) Davis, Riley		
7 Seymour 'A'	13:27.25	12:05.77	2
1) Pineda-Siliezar, Omar	2) Williamson, Andrew		
3) Christine, Peyton	4) Christine, Matthew		

Boys 800 Sprint Medley

School	Seed	Finals	Points
1 Moravia 'A'	1:39.52	1.00	10
1) McDanel, Matthew	2) Albertson, Lincoln		
3) Throckmorton, Wyatt	4) McDanel, Jackson		
2 Lamoni 'A'	1:43.49	2.00	8

Bluegrass Conference Track Meet 5/2/23 - 4/11/2023**Graceland University****Results****....Boys 800 Sprint Medley**

1) Keddie, Nick	2) McDole, Trevor			
3) Martin, Cal	4) McDole, Tyson			
3 Seymour 'A'		1:44.71	3.00	6
1) Houser, Carter	2) Exline, Dakota			
3) Black, Colton	4) Hinners, Kennan			
4 Twin Cedars 'A'		1:55.19	4.00	5
1) Beary, Judson	2) Micetich, Blake			
3) Connett, Brenden	4) Ott, Micah			
5 Melcher-Dallas 'A'		1:59.20	5.00	4
1) Enfield, Max	2) Chiabotta, Reece			
3) Babcock, Brady	4) Smith, CJ			
6 Moulton-Udell 'A'		1:51.60	6.00	3
1) Brinegar, Hayden	2) Replogle, Carter			
3) Swarts, Cameron	4) Pace, Allen			
7 Ankeny Christ 'A'		1:53.86	7.00	2
1) Reitsma, Luke	2) Weber, Kyle			
3) Washington, Zach	4) Mesecher, Jayden			
8 Murray 'A'		1:56.45	8.00	1
1) Johnston, Andrew	2) Gard, Daniel			
3) Danley, Teagan	4) Mastin, Kendrick			

Boys Distance Medley

School	Seed	Finals	Points
1 Ankeny Christ 'A'	3:58.33	4:24.92	10
1) Quirk, Drew	2) Nehring, Landon		
3) Davis, Alex	4) Schoening, Daniel		
2 Moravia 'A'	4:11.80	4:32.51	8
1) McDanel, Matthew	2) Williams, Clayton		
3) Hawkins, Riley	4) VanZante, Tripp		
3 Murray 'A'	4:28.47	4:34.89	6
1) Esteban-Cabrera, Aldo	2) Patton, Kace		
3) Peterson, Austin	4) Keller, Jacob		
4 Seymour 'A'	4:35.00	4:39.89	5
1) Exline, Dakota	2) Black, Colton		
3) Christine, Matthew	4) Lund, Mason		
5 Twin Cedars 'A'	4:59.38	5:03.15	4
1) Fee, Noah	2) Ott, Micah		
3) Ibarra, Joangel	4) Ryan, Xander		
6 Lamoni 'A'	3:58.38	6:02.02	3
1) Mendenhall, Justin	2) Waetzig, Carter		
3) Davis, Riley	4) Niebauer, Hosah		

Boys 4x110 Yard Shuttle Hurdle

School	Seed	Finals	H#	Points
1 Melcher-Dallas 'A'	1:07.46	1:08.09	2	10
1) Godfrey, Logan	2) Caikoski, Kael			
3) Harrington, Lucas	4) Suntken, Owen			
2 Lamoni 'A'	1:11.32	1:13.84	2	8
1) Lindgren, Landon	2) McDole, Trevor			
3) Keddie, Nick	4) Rivera, Cannon			
3 Moravia 'A'	1:19.73	1:27.91	2	6

Bluegrass Conference Track Meet 5/2/23 - 4/11/2023**Graceland University****Results****....Boys 4x110 Yard Shuttle Hurdle**

1) McDanel, Matthew	2) Seals, Carson				
3) Nicoletto, Cameron	4) Long, Luke				
4 Moulton-Udell 'A'		1:29.57	1:31.30	1	5
1) Lennie, Isaac	2) Simkoff, Nolan				
3) Shaffer, Braydin	4) Pace, Allen				
5 Ankeny Christ 'A'			1:50.22	1	4
1) Mesecher, Jayden	2) Washington, Zach				
3) Nehring, Landon	4) Hurst, Thomas				

Boys High Jump

Name	Year School	Seed	Finals	Points
1 Godfrey, Logan	Melcher-Dallas	6-00.00	5-08.00	10
2 Ross, Tyson	Orient-Macksbg	6-01.00	J5-08.00	8
3 Keller, Jacob	Murray	5-02.00	5-02.00	6
-- Shaffer, Braydin	Moulton-Udell	5-08.00	NH	

Boys Long Jump

Name	Year School	Seed	Finals	Points
1 Brennecke, Dylan	Seymour	20-01.50	19-07.50	10
2 Godfrey, Logan	Melcher-Dallas	20-02.00	19-05.50	8
3 Brown, Calvin	Lamoni	18-07.50	18-03.50	6
4 Fee, Noah	Twin Cedars	17-10.50	17-06.50	5
5 Mongar, Gauge	Murray	17-06.00	17-00.00	4
6 Connett, Brenden	Twin Cedars	16-08.50	16-09.00	3
7 Lindgren, Landon	Lamoni	16-11.75	16-06.00	2
8 Swarts, Cameron	Moulton-Udell	15-09.50	16-03.50	1
9 Gard, Daniel	Murray	14-00.00	14-02.00	
10 Brinegar, Hayden	Moulton-Udell	15-04.00	13-06.00	

Boys Shot Put

Name	Year School	Seed	Finals	Points
1 McDanel, Matthew	Moravia	38-01.00	39-09.00	10
2 Helmick, Shane	Moravia	37-03.00	36-09.00	8
3 Savage, Ambrose	Lamoni	38-03.00	36-05.75	6
4 Nehring, Landon	Ankeny Christ	36-05.50	35-00.00	5
5 Houser, Carter	Seymour	35-05.00	34-07.50	4
6 Stevenson, Kelan	Lamoni	33-06.00	34-05.50	3
7 Bell, Eddie	Ankeny Christ	34-05.00	34-01.00	2
8 Peterson, Austin	Murray	35-02.50	33-06.00	1
9 Garrett, Brian	Twin Cedars	32-10.50	32-00.50	
10 Enfield, Max	Melcher-Dallas	33-04.00	31-09.25	
11 Replogle, Carter	Moulton-Udell	36-04.75	31-07.25	
12 McDanel, Teagen	Twin Cedars	31-09.50	28-05.75	
13 Babcock, Brady	Melcher-Dallas	31-03.00	28-05.50	
14 Christine, Peyton	Seymour	29-09.00	27-03.00	
15 Johnston, Andrew	Murray	27-03.00	26-08.00	

Bluegrass Conference Track Meet 5/2/23 - 4/11/2023**Graceland University****Results****Boys Discus Throw**

Name	Year School	Seed	Finals	Points
1 Savage, Ambrose	Lamoni	32-07.50	131-02	10
2 Hanes, Gage	Moravia	11-07.50	106-06	8
3 Houser, Carter	Seymour	104-10	106-03	6
4 Bell, Eddie	Ankeny Christ	96-03	105-09	5
5 Nehring, Landon	Ankeny Christ	129-09	102-09	4
6 Simkoff, Nolan	Moulton-Udell	110-06	101-09.50	3
7 Garrett, Brian	Twin Cedars	03-08.75	98-11	2
8 Stevenson, Kelan	Lamoni	97-04	95-05	1
9 Harrington, Lucas	Melcher-Dallas	105-08	95-00	
10 Replogle, Carter	Moulton-Udell	84-05	89-07	
11 Peterson, Austin	Murray	98-02.50	89-02	
12 Mayfield, Kaden	Twin Cedars	80-06	87-06	
13 Ross, Tyson	Orient-Macksbg	95-00	82-04	
14 Williamson, Andrew	Seymour	58-08	69-06	
15 Danley, Teagan	Murray	44-11	47-11	