

AHSTW - 4/27/2026**AHSTW****Results - AHSTW HS Meet****Girls 100 Meter Dash**

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AHSTWHS:	12.52	2012	Emma Konkler-Audubon, Audubon			
Name	Year	School	Seed	Finals	H#	Points
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Finals						
1	Alley, Lana	Fremont-Mills	12.85	12.81	2	10
2	Gute, Reese	Fremont-Mills	13.26	13.78	2	8
3	Singleton, Arabella	Riverside, Oak	13.54	13.80	2	6
4	Martens, Adaline	Riverside, Oak	13.91	14.11	2	5
5	Lee, Brooke	Ahstw	13.62	14.24	2	4
6	Dorscher, Camille	Griswold	14.55	15.23	2	3
7	Stokes, Natalee	Ahstw	14.86	15.24	2	2
8	Ingram, Choya	Boyer Valley	16.16	16.38	1	1
9	Kisichy, Rifenta	Ia School Deaf	16.00	17.47	1	
10	Lockwood, Lexi	Griswold	17.51	18.35	1	
11	Levell, Abigail	Boyer Valley	17.31	18.55	1	
12	Kinser, Aurora	East Mills	18.00	18.59	1	

Girls 200 Meter Dash

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AHSTWHS:	26.43	2012	Kelsey Hurley-Fremon-Mills, Fremont-Mills			
Name	Year	School	Seed	Finals	H#	Points
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1	Alley, Lana	Fremont-Mills	25.93	26.79	2	10
2	Singleton, Arabella	Riverside, Oak	27.87	29.60	2	8
3	Tremel, KellyAnne	Boyer Valley	28.34	29.82	2	6
4	Sullivan, Sylvia	Boyer Valley	30.29	30.97	2	5
5	Behrens, McKenzie	Ahstw	28.51	31.16	2	4
6	Stearns, Mackenzie	East Mills	30.76	32.88	2	3
7	Morris, Jocelyn	Ahstw	32.94	34.16	2	2
8	Wilke, Amira	Riverside, Oak	34.86	35.67	1	1
9	Swain, Maddison	Griswold	35.30	36.23	1	
10	Clemmons, Natalie	East Mills	32.37	36.78	2	
11	Wolfe, Jadyn	Fremont-Mills	35.08	38.54	1	
12	Lee, Ava	Griswold	36.26	39.01	1	

Girls 400 Meter Dash

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AHSTWHS:	1:01.96	2011	Leah Courtney-Guthrie Center, Guthrie Center			
Name	Year	School	Seed	Finals	H#	Points
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1	Wyman, Kennedy	Ahstw	1:04.52	1:05.68	2	10
2	Clark, Azlyn	Riverside, Oak	1:05.76	1:06.62	2	8
3	Ramos, Abigail	Fremont-Mills	1:15.36	1:10.38	1	6
4	Less, Amaiya	Riverside, Oak	1:10.07	1:11.63	2	5
5	Pattee, Charlotte	Ahstw	1:12.40	1:13.63	2	4
6	Forney, Ava	Fremont-Mills	1:14.00	1:19.41	2	3
7	Muff, Lauryn	Boyer Valley		1:23.99	1	2
8	Baker Utterback, Oakley	Ia School Deaf	1:30.75	1:41.30	1	1
--	Grindle, Ava	East Mills	1:14.20	NT	2	

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Girls 800 Meter Run

AHSTWHS: 2:24.00 2018 Ryann Portch-AHSTW, AHSTW						
Name	Year	School	Seed	Finals	Points	
1		Steinhoff, Alexa	Griswold	2:40.00	2:36.90	10
2		Goshorn, Macey	Ahstw	2:43.09	2:41.40	8
3		Paulsen, Ava	Ahstw	2:38.68	2:41.61	6
4		Clark, Azlyn	Riverside, Oak	2:45.00	2:49.91	5
5		Less, Amaiya	Riverside, Oak	2:54.04	2:51.61	4
6		Carter, Gracie	Fremont-Mills	2:52.00	2:57.96	3
7		Morrical, Sophia	East Mills	3:06.70	3:13.22	2
8		Gill, Lillian	Fremont-Mills	3:33.84	3:45.28	1

Girls 1500 Meter Run

AHSTWHS: 4:54.17 2017 Janette Schraft-East Mills, East Mills						
Name	Year	School	Seed	Finals	Points	
1		Schaaf, Madelynn	Fremont-Mills	5:53.95	5:47.97	10
2		Carroll, Addison	Ahstw	5:52.99	5:54.83	8
3		Housh, Sophia	East Mills	6:05.29	6:09.83	6
4		Lawler, Tayli	Ahstw	6:30.55	6:13.04	5
5		Billingsley, Brookelynn	Fremont-Mills	6:00.00	6:22.10	4
6		Alonzo Reynoso, Yohana	Ia School Deaf	7:21.50	7:10.18	3

Girls 3000 Meter Run

AHSTWHS: 10:58.11 2016 Karley Larson-Underwood, Underwood						
Name	Year	School	Seed	Finals	Points	
1		Schaaf, Madelynn	Fremont-Mills	12:50.03	12:52.10	10
2		Lawler, Tayli	Ahstw		13:30.02	8
3		Alonzo Reynoso, Yohana	Ia School Deaf	16:49.79	16:08.80	6

Girls 100 Meter Hurdles

AHSTWHS: 15.90 2012 Lacy Vokt-Audubon, Audubon							
Name	Year	School	Seed	Finals	H#	Points	
1		Alley, Lana	Fremont-Mills	14.72	15.44	2	10
2		Adams, Carsyn	Griswold	16.24	17.25	2	8
3		Wyman, Brystol	Griswold	16.97	17.72	2	6
4		Weldon, Brooklyn	Fremont-Mills	16.97	18.29	2	5
5		McIntosh, Adaline	Ahstw	19.05	18.51	2	4
6		Wilson, Ana	Riverside, Oak	18.61	19.33	2	3
7		Reeves, Jaylyn	East Mills	18.96	19.55	2	2
8		Clemmons, Natalie	East Mills	20.38	22.15	1	1
9		Seikel, Hannah	Boyer Valley	21.35	22.72	1	
10		Lander, Yana	Ahstw	21.72	23.19	1	

Girls 400 Meter Hurdles

AHSTWHS: 1:06.59 2025 Bella Lamp, AHSTW						
Name	Year	School	Seed	Finals	Points	
1		Lamp, Bella	Ahstw	1:08.61	1:09.77	10

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....Girls 400 Meter Hurdles

2 Adams, Carsyn	Griswold	1:08.65	1:12.06	8
3 Paulsen, Makenna	Ahstw	1:13.29	1:13.74	6
4 Gohlinghorst, Sadie	Griswold	1:13.08	1:14.42	5
5 Weldon, Brooklyn	Fremont-Mills	1:12.35	1:16.33	4

Girls 4x100 Meter Relay

AHSTWHS: 52.07 2023		Henderson, Erickson, Gordon, Andrusyshyn, Rivers		
School	Seed	Finals	Points	
1 Fremont-Mills 'A'	49.96	51.41	10	
1) Gute, Reese				2) Blackburn, Kinley
3) Nuckolls, Carlie				4) Alley, Lana
2 Riverside, Oak 'A'	52.32	54.42	8	
1) Schnack, Kayden				2) Lund, Olivia
3) Martens, Adaline				4) Singleton, Arabella
3 Ahstw 'A'	51.70	58.43	6	
1) Lee, Brooke				2) Wyman, Kennedy
3) Brockhoff, Emery				4) Behrens, McKenzie
4 East Mills 'A'	58.88	59.18	5	
1) Vandenberg, Jacey				2) Blanton, Isabella
3) Fulton, Leighton				4) Pontow, Teagan

Girls 4x200 Meter Relay

AHSTWHS: 1:48.63 2023		Henderson, Erickson, Henderson, Andrusyshy, Ri		
School	Seed	Finals	Points	
1 Riverside, Oak 'A'	1:50.87	1:52.15	10	
1) Schnack, Kayden				2) Lund, Olivia
3) Martens, Adaline				4) Singleton, Arabella
2 Ahstw 'A'	1:52.12	1:54.72	8	
1) Lee, Brooke				2) Paulsen, Ava
3) Goshorn, Macey				4) Behrens, McKenzie
3 Fremont-Mills 'A'	1:53.92	1:54.82	6	
1) Gute, Reese				2) Blackburn, Kinley
3) Nuckolls, Carlie				4) Malcom, Abby
4 East Mills 'A'	2:01.19	2:04.84	5	
1) Vandenberg, Jacey				2) Fulton, Leighton
3) Blanton, Isabella				4) Pontow, Teagan
5 Griswold 'A'	2:05.00	2:10.14	4	
1) Chambers, Embree				2) Amos, Zoey
3) Millikan, Josie				4) Dorscher, Camille
6 Boyer Valley 'A'	2:04.67	2:11.82	3	
1) Ingram, Choya				2) Heistand, Mia
3) Burhoop, Triniti				4) Malone, Morgan

Girls 4x400 Meter Relay

AHSTWHS: 4:14.74 2025		Wyman, Goshorn, A. Paulsen, Lamp, AHSTW		
School	Seed	Finals	Points	
1 Ahstw 'A'	4:15.12	4:17.58	10	
1) Lamp, Bella				2) Paulsen, Ava
3) Goshorn, Macey				4) Wyman, Kennedy

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....Girls 4x400 Meter Relay

2 Riverside, Oak 'A'	4:16.49	4:20.29	8
1) Dalby, Meadow	2) Fenner, Sophia		
3) Lund, Olivia	4) Rone, Bentley		
3 Fremont-Mills 'A'	4:54.46	5:04.92	6
1) Barbour, Ellie	2) Castro, Lilly		
3) Ramos, Abigail	4) Carter, Gracie		

Girls 4x800 Meter Relay

AHSTWHS:	10:24.98	2014	Underwood, Underwood	Seed	Finals	Points
School						
1 Ahstw 'A'	10:31.51			10:45.48	10	
1) Paulsen, Ava	2) Goshorn, Macey					
3) Paulsen, Makenna	4) Lamp, Bella					
2 Boyer Valley 'A'	11:52.65			12:31.51	8	
1) Heistand, Lily	2) Muff, Lauryn					
3) Heistand, Mia	4) Mitchell, Emma					
3 Fremont-Mills 'A'	11:50.19			12:48.92	6	
1) Billingsley, Brookelynn	2) Billingsley, Adelynn					
3) Forney, Ava	4) Carter, Gracie					
4 East Mills 'A'	12:11.74			13:21.71	5	
1) Stearns, Mackenzie	2) Grindle, Ava					
3) Morrical, Sophia	4) Housh, Sophia					

Girls 800 Sprint Medley

AHSTWHS:	1:53.64	2018	Underwood, Underwood	Seed	Finals	Points
School						
1 Ahstw 'A'	2:00.29			2:01.96	10	
1) Lee, Brooke	2) Brockhoff, Emery					
3) Behrens, McKenzie	4) Wyman, Kennedy					
2 Riverside, Oak 'A'	1:59.31			2:03.71	8	
1) Reed, Ella	2) Schnack, Kayden					
3) Rone, Bentley	4) Martens, Adaline					
3 Griswold 'A'	2:05.56			2:11.38	6	
1) Amos, Zoey	2) Swain, Addison					
3) Chambers, Embree	4) Dorscher, Camille					
4 East Mills 'A'	2:05.39			2:14.10	5	
1) Reeves, Jaylyn	2) Fulton, Leighton					
3) Pontow, Teagan	4) Blanton, Isabella					
5 Fremont-Mills 'A'	1:51.63			2:14.86	4	
1) Campbell, Greenlie	2) Inman, Kaylee					
3) Castro, Lilly	4) Barbour, Ellie					
6 Boyer Valley 'A'	2:02.96			2:15.93	3	
1) Gunia, Maddie	2) Burhoop, Triniti					
3) Malone, Morgan	4) Melby, Natalie					

Girls Distance Medley

AHSTWHS:	4:29.94	2024	Gate, Weldon, Nuckolls, Madison, Fremont-Mi	Seed	Finals	Points
School						
1 Riverside, Oak 'A'	4:38.29			4:46.60	10	

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Results - AHSTW HS Meet

....Girls Distance Medley

1) Reed, Ella	2) Rone, Bentley			
3) Fenner, Sophia	4) Dalby, Meadow			
2 Ahstw 'A'		4:41.23	4:58.23	8
1) Lander, Yana	2) Lamp, Bella			
3) Paulsen, Makenna	4) Brockhoff, Emery			
3 Boyer Valley 'A'		4:55.00	5:17.74	6
1) Sullivan, Sylvia	2) Yanak, Maggie			
3) Melby, Natalie	4) Heistand, Lily			
4 Fremont-Mills 'A'		5:01.57	5:26.08	5
1) Campbell, Greenlie	2) Barbour, Ellie			
3) Inman, Kaylee	4) Billingsley, Adelynn			
5 Griswold 'A'		5:30.45	5:42.18	4
1) Swain, Maddison	2) Millikan, Josie			
3) Swain, Addison	4) Harrison, Ryanna			

Girls 4x100 Meter Shuttle Hurdle

AHSTWHS:	1:07.73	2025	Gute, Gute, Nuckolls, Alley, Fremont-Mills		
School			Seed	Finals	Points
1 Fremont-Mills 'A'			1:06.30	1:10.14	10
1) Nuckolls, Carlie			2) Gute, Reese		
3) Malcom, Abby			4) Weldon, Brooklyn		
2 Griswold 'A'			1:10.30	1:17.02	8
1) Steinhoff, Alexa			2) Wyman, Brystol		
3) Gohlinghorst, Sadie			4) Adams, Carsyn		
3 Boyer Valley 'A'			1:23.03	1:30.09	6
1) Seikel, Hannah			2) Lee, Alivia		
3) Radersma, Anna			4) Gunia, Maddie		

Girls High Jump

AHSTWHS:	5-02	2015	Kelsey Hurley-Fremont-Mills, Fremont-Mills		
Name	Year	School	Seed	Finals	Points
1 Weldon, Brooklyn		Fremont-Mills	5-00.00	J4-10.00	10
2 Comstock, Violet		Riverside, Oak	4-10.00	J4-08.00	8
3 Lund, Olivia		Riverside, Oak	4-10.00	J4-04.00	6
4 Billingsley, Brookelynn		Fremont-Mills	4-07.00	J4-04.00	5
-- Clemmons, Natalie		East Mills	4-05.00	NH	

Girls Long Jump

AHSTWHS:	16-05	2025	Lana Alley-Fremont-Mills, Fremont-Mills		
Name	Year	School	Seed	Finals	Points
1 Malcom, Abby		Fremont-Mills	15-11.50	14-02.00	10
2 Pattee, Charlotte		Ahstw	14-06.00	14-01.25	8
3 Ramos, Abigail		Fremont-Mills	15-00.00	13-08.75	6
4 Preul, Emma		Boyer Valley	14-11.50	13-06.00	5
5 Vandenberg, Jacey		East Mills	14-04.25	13-05.00	4
6 Wilson, Ana		Riverside, Oak	13-00.00	13-00.50	3
7 Yanak, Maggie		Boyer Valley	14-03.75	12-08.00	2
8 Kisichy, Rifenta		Ia School Deaf	12-02.00	12-07.25	1
9 Rold, Maeleigh		Ahstw	13-05.50	12-06.50	

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Results - AHSTW HS Meet

Girls Shot Put

AHSTWHS: 37-11 2019		Melissa Deist-Audubon, Audubon			
Name	Year	School	Seed	Finals	Points
1 Fenner, Sophia		Riverside, Oak	40-03.25	37-02.00	10
2 Mattox, Hayleigh		Fremont-Mills	36-06.75	34-05.00	8
3 Kelley, Madison		Riverside, Oak	34-00.00	31-11.00	6
4 Sullivan, Sylvia		Boyer Valley	32-09.00	31-10.00	5
5 Scheffler, Katie		Ahstw	32-04.00	31-09.00	4
6 Stiverson, Shaylee		East Mills	34-07.00	31-00.00	3
7 Gade, Ella		Griswold	31-11.50	30-07.00	2
8 Howe, Katherine		Fremont-Mills	29-08.50	25-00.00	0.50
8 Amos, Zoey		Griswold	26-07.50	25-00.00	0.50
10 Hansen, Kendra		Ahstw	25-07.00	24-00.00	
11 Morrival, Ava		East Mills	24-06.50	23-00.00	

Girls Discus Throw

AHSTWHS: 122-05 2014		Shelby Lane-Panorama, Panorama			
Name	Year	School	Seed	Finals	Points
1 Gade, Ella		Griswold	108-00	105-04	10
2 Carroll, Addison		Ahstw	116-09	99-06	8
3 Mattox, Hayleigh		Fremont-Mills	107-03	95-11	6
4 Fenner, Sophia		Riverside, Oak	98-11	87-11	5
5 Kelley, Madison		Riverside, Oak	102-08	82-00	4
6 Amos, Zoey		Griswold	82-00	78-10.50	3
7 Stiverson, Shaylee		East Mills	96-07	78-02	2
8 Scheffler, Katie		Ahstw	82-11	76-07	1
9 Kinser, Aurora		East Mills	53-07	44-07.50	

Women - Team Rankings - 19 Events Scored

1) Fremont-Mills	176.50	2) AHSTW	154
3) Riverside, Oak	131	4) Griswold	77.50
5) Boyer Valley	52	6) East Mills	43
7) Ia School Deaf	11		