

## Iowa Girls &amp; Boys 4A Qualifying Track Meet - 5/15/2025

5/15/2025

## Results - 4A District Track &amp; Field Events

## Event 7 Girls 100 Meter Dash 4A

Name	Yr	School	Finals
<b>Finals</b>			
1 Erick, Grace	12	SC, East	12.18 10
2 Heitzman, Emily	12	Dowling Cath	12.48 8
3 Mead, Ellie	10	Dowling Cath	12.50 6
4 Nelson, Brooke	10	Lewis Centra	12.73 5
5 Olson, Kacy	12	Ankeny Cent	13.00 4
6 Buesch, Bella	09	Ankeny Cent	13.06 3
7 Jackson, Evey	11	SC, West	13.16 2
8 Watkins, Ana	09	CB, A Lincol	13.20 1
9 Zinn, Kamesha	10	SC, North	13.30 NWI
10 Winklepleck, Brinley	09	SC, East	13.44 NWI
11 Maiso, Alexandria	10	CB, A Lincol	13.83 NWI
12 Ehlers, Emily	12	SC, West	14.32 NWI
13 Murphy, Princess	10	CB, T Jeffer	14.50 NWI
14 Snethen, Katie	10	CB, T Jeffer	14.83 NWI
15 Mescher, Grace	10	Lewis Centra	15.33 NWI

## Event 8 Boys 100 Meter Dash 4A

Name	Yr	School	Finals
<b>Finals</b>			
1 Nevitt, Luke	12	Dowling Cath	10.97 10
2 Jackson, Braeden	12	Ankeny Cent	11.03 8
3 Miller, Jackson	11	Dowling Cath	11.07 6
4 Ross, Noah	11	Ankeny Cent	11.20 5
5 Pollard, Quintin	09	SC, East	11.34 4
6 Combs, Azante	12	Lewis Centra	11.77 3
7 Stark, Javion	12	SC, West	11.86 2
8 Sheppard, Austin	11	SC, East	11.92 1
9 Pham, Ethan	12	SC, North	12.10 NWI
10 Staten, Day'Juon	10	SC, West	12.14 NWI
11 Dahlheim, Camden	10	Lewis Centra	12.34 NWI
12 Strande, Keaton	11	CB, A Lincol	12.61 NWI
13 Heyer, Brayden	09	CB, T Jeffer	12.79 NWI
14 Durham, Ethan	12	CB, T Jeffer	13.42 NWI
15 Hernandez, Romaro	09	CB, A Lincol	13.57 NWI
16 Nguyen, Dylan	12	SC, North	17.45 NWI

## Event 15 Girls 200 Meter Dash 4A

Name	Yr	School	Finals
<b>Finals</b>			
1 Erick, Grace	12	SC, East	24.95 10
2 Davis, Aubree	11	Lewis Centra	25.59 8
3 Mead, Ellie	10	Dowling Cath	25.80 6
4 Balashaitis, Aly	11	Ankeny Cent	26.03 5
5 Sandbothe, Aubrey	12	CB, A Lincol	26.76 4
6 Snyder, Bailey	10	Ankeny Cent	26.84 3
7 Jackson, Evey	11	SC, West	27.26 2
8 Miller, Leandrea	09	CB, T Jeffer	28.10 1
9 Brown, Sydnie	10	SC, East	28.34 NWI
10 Tiessen, Peyton	09	Lewis Centra	30.68 NWI
11 Otto, Olivia	09	CB, T Jeffer	36.38 NWI

## Event 16 Boys 200 Meter Dash 4A

Name	Yr	School	Finals
<b>Finals</b>			
1 Jackson, Braeden	12	Ankeny Cent	21.77 10
2 McGhee, Robert	12	Ankeny Cent	21.86 8
3 Nevitt, Luke	12	Dowling Cath	22.06 6
4 Anderson, Nathan	12	CB, T Jeffer	22.53 5
5 Gardner-Smith, Gavin	09	Dowling Cath	23.78 4
6 Tafolla, Rico	12	SC, East	24.19 2.5
6 Montanez Maldonado, Jomet	11	SC, West	24.19 2.5
8 Topete, Tramell	09	SC, West	24.23 1
9 Hamilton, Peyton	10	Lewis Centra	25.01 NWI
10 Pham, Ethan	12	SC, North	25.44 NWI
11 Sulllvan, Logan	12	CB, T Jeffer	25.53 NWI
12 Showers, Nolan	11	CB, A Lincol	26.49 NWI
--- Wolf, Zed	09	CB, A Lincol	FS NWI

## Event 23 Girls 400 Meter Dash 4A

Name	Yr	School	Finals
<b>Finals</b>			
1 Darnell, Frankie	10	Dowling Cath	1:01.37 10
2 Griggs, Cassidy	12	Ankeny Cent	1:01.72 8
3 Anthony, Everlee	09	Dowling Cath	1:02.16 6
4 Kopf, Lois	09	Ankeny Cent	1:02.58 5
5 Wohlers, Mallory	11	Lewis Centra	1:05.25 4
6 Kepler Thomason, KayLynn	12	CB, A Lincol	1:05.63 3
7 Skokan, Sydney	11	Lewis Centra	1:06.05 2
8 Bowers, Kara	09	CB, A Lincol	1:08.66 1
9 Morris, Carlee	09	CB, T Jeffer	1:09.49
10 Ramirez, Vanessa	10	CB, T Jeffer	1:09.81

## Event 24 Boys 400 Meter Dash 4A

Name	Yr	School	Finals
<b>Finals</b>			
1 Lembechwa, Travis	12	Dowling Cath	48.88 10
2 Anderson, Nathan	12	CB, T Jeffer	49.18 8
3 Reed, Jackson	12	Ankeny Cent	49.95 6
4 Anderson, Reed	12	Ankeny Cent	52.60 5
5 Flattery, Tate	10	SC, East	53.54 4
6 Agau, Mamer	09	Dowling Cath	53.98 3
7 Christensen, Kaiden	12	Lewis Centra	54.60 2
8 Ayres, Ethan	09	Lewis Centra	54.89 1
9 Joseph, DJ	09	SC, West	56.54
10 Topete, Tramell	09	SC, West	56.90
11 Lynam, Gabriel	09	SC, North	56.95
12 Parrack, Landyn	09	CB, T Jeffer	59.67
13 Underwood, Maddox	09	CB, A Lincol	1:01.83
14 Jones, Hunter	10	CB, A Lincol	1:06.33

## Event 31 Girls 800 Meter Run 4A

Name	Yr	School	Finals
<b>Finals</b>			
1 Blevins, Ellie	10	Ankeny Cent	2:21.54 10
1:07.448 (1:07.448) 2:21.535 (1:14.088)			

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Results - 4A District Track & Field Events

Finals ... (Event 31 Girls 800 Meter Run 4A)			
Name	Yr	School	Finals
2 Reese, Delayna	10	Lewis Centra	2:22.75 8
1:09.005 (1:09.005)	2:22.746 (1:13.742)		
3 Plueger, Tallie	12	Ankeny Cent	2:25.01 6
1:10.547 (1:10.547)	2:25.001 (1:14.454)		
4 Huegerich, Elise	11	Dowling Cath	2:27.89 5
1:10.132 (1:10.132)	2:27.887 (1:17.756)		
5 Palmer, Marcella	11	SC, North	2:31.92 4
1:12.225 (1:12.225)	2:31.916 (1:19.691)		
6 Bussey, Ava	12	Lewis Centra	2:34.27 3
1:15.014 (1:15.014)	2:34.267 (1:19.254)		
7 Reinhardt, Sadie	11	Dowling Cath	2:34.76 2
1:11.917 (1:11.917)	2:34.752 (1:22.835)		
8 Whiteshirt, Lilly	12	SC, West	2:37.61 1
1:12.146 (1:12.146)	2:37.606 (1:25.461)		
9 Johnson, Hanna	11	SC, North	2:40.19
1:14.912 (1:14.912)	2:40.188 (1:25.277)		
10 Guevara, Brisa	10	SC, East	2:40.96
1:15.114 (1:15.114)	2:40.960 (1:25.846)		
11 Scott, Emma	11	SC, East	2:46.62
1:16.181 (1:16.181)	2:46.615 (1:30.434)		
12 Kepler Thomason, KayLynn	12	CB, A Lincol	2:54.00
1:22.080 (1:22.080)	2:53.994 (1:31.914)		
13 Petersen, Torunn	09	CB, A Lincol	2:55.40
1:23.049 (1:23.049)	2:55.398 (1:32.350)		
14 Dunne, Kylie	09	SC, West	2:59.81
1:29.935 (1:29.935)	2:59.802 (1:29.867)		
15 Nelson, Shayla	11	CB, T Jeffer	3:43.77
1:47.147 (1:47.147)	3:43.767 (1:56.620)		
16 Benson, Rileygh	09	CB, T Jeffer	4:17.10
2:01.430 (2:01.430)	4:17.093 (2:15.664)		

Event 32 Boys 800 Meter Run 4A			
Name	Yr	School	Finals
<b>Finals</b>			
1 Wolfe, Owen	12	Dowling Cath	1:55.26 10
57.929 (57.929)	1:55.260 (57.332)		
2 Gutema, Kuma	09	SC, North	1:57.73 8
58.918 (58.918)	1:57.725 (58.807)		
3 Burr, Brody	12	Dowling Cath	1:58.82 6
58.698 (58.698)	1:58.815 (1:00.117)		
4 Vander Wilt, Brayden	12	Ankeny Cent	1:59.75 5
59.050 (59.050)	1:59.748 (1:00.698)		
5 Behrens, Jack	11	Ankeny Cent	2:04.76 4
1:00.644 (1:00.644)	2:04.753 (1:04.109)		
6 Cox, Jackson	12	Lewis Centra	2:05.10 3
58.497 (58.497)	2:05.099 (1:06.602)		
7 Swaggerty-Morgan, Torrey	11	SC, North	2:05.20 2
1:00.915 (1:00.915)	2:05.194 (1:04.280)		
8 Selken, Richard	12	Lewis Centra	2:10.18 1
1:01.310 (1:01.310)	2:10.178 (1:08.868)		
9 Dandurand, Noah	12	SC, East	2:11.10
1:03.430 (1:03.430)	2:11.100 (1:07.670)		
10 Fisher, Henry	10	SC, West	2:17.63
1:04.494 (1:04.494)	2:17.621 (1:13.127)		

11 Anderson, Coleton	09	CB, A Lincol	2:18.49
1:07.385 (1:07.385)	2:18.481 (1:11.097)		
12 Koson, Reed	09	SC, East	2:19.35
1:06.672 (1:06.672)	2:19.341 (1:12.669)		
13 Johnston, Alex	12	CB, A Lincol	2:22.42
1:06.957 (1:06.957)	2:22.418 (1:15.462)		
14 Hendershot, Henry	11	CB, T Jeffer	2:27.30
1:11.973 (1:11.973)	2:27.293 (1:15.320)		
15 Morales Figuero, Nahim	11	SC, West	2:29.53
1:09.734 (1:09.734)	2:29.524 (1:19.791)		
16 Zambrano, Raymundo	10	CB, T Jeffer	2:39.64
1:13.275 (1:13.275)	2:39.633 (1:26.358)		

Event 39 Girls 1500 Meter Run 4A			
Name	Yr	School	Finals
<b>Finals</b>			
1 Hodges, Bella	12	Ankeny Cent	4:49.48 10
55.595 (55.595)	2:13.910 (1:18.315)	3:32.571 (1:18.661)	
4:49.471 (1:16.900)			
2 Mohrhauser, Anika	12	Ankeny Cent	4:50.43 8
55.947 (55.947)	2:15.015 (1:19.068)	3:33.829 (1:18.814)	
4:50.424 (1:16.595)			
3 Reese, Delayna	10	Lewis Centra	4:56.22 6
56.753 (56.753)	2:16.829 (1:20.077)	3:38.110 (1:21.281)	
4:56.213 (1:18.103)			
4 Hoss, Madelyn	10	Lewis Centra	4:59.00 5
56.022 (56.022)	2:16.653 (1:20.631)	3:39.303 (1:22.650)	
4:58.992 (1:19.689)			
5 O'Halloran, Molly	12	Dowling Cath	5:07.28 4
57.054 (57.054)	2:18.816 (1:21.762)	3:44.591 (1:25.776)	
5:07.275 (1:22.684)			
6 Gifford, Braelyn	12	Dowling Cath	5:13.70 3
57.669 (57.669)	2:22.577 (1:24.909)	3:49.399 (1:26.822)	
5:13.693 (1:24.294)			
7 Whiteshirt, Lilly	12	SC, West	5:22.86 2
56.213 (56.213)	2:17.097 (1:20.885)	3:51.387 (1:34.290)	
5:22.851 (1:31.465)			
8 Guevara, Brisa	10	SC, East	5:28.61 1
1:01.110 (1:01.110)	2:28.715 (1:27.605)	3:58.179 (1:29.465)	
5:28.601 (1:30.422)			
9 Hansen, Bailee	10	SC, West	5:42.19
1:01.718 (1:01.718)	2:35.827 (1:34.110)	4:12.409 (1:36.582)	
5:42.189 (1:29.781)			
10 Eliesa, Khloe	10	SC, North	5:47.52
1:01.448 (1:01.448)	2:32.741 (1:31.293)	4:11.854 (1:39.113)	
5:47.511 (1:35.658)			
11 Hall, Abby	12	SC, North	5:52.64
1:02.013 (1:02.013)	2:36.519 (1:34.506)	4:16.003 (1:39.484)	
5:52.636 (1:36.634)			
12 Scott, Emma	11	SC, East	5:55.93
1:01.252 (1:01.252)	2:33.108 (1:31.856)	4:13.816 (1:40.708)	
5:55.926 (1:42.110)			
13 Fitch, Annette	10	CB, A Lincol	6:00.29
1:02.480 (1:02.480)	2:39.065 (1:36.586)	4:18.948 (1:39.883)	
6:00.287 (1:41.339)			

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Results - 4A District Track & Field Events

**Finals ... (Event 39 Girls 1500 Meter Run 4A)**

Name	Yr	School	Finals
14 Johnson, Ruby	11	CB, A Lincol	6:07.91
1:01.817 (1:01.817)	2:44.854 (1:43.037)	4:33.698 (1:48.844)	
6:07.905 (1:34.208)			
15 Weaver, Olivia	10	CB, T Jeffer	6:09.38
1:01.376 (1:01.376)	2:39.527 (1:38.152)	4:28.972 (1:49.445)	
6:09.377 (1:40.406)			

**Event 40 Boys 1600 Meter Run 4A**

Name	Yr	School	Finals
<b>Finals</b>			
1 Wolfe, Owen	12	Dowling Cath	4:17.10 10
1:05.893 (1:05.893)	2:12.490 (1:06.597)	3:15.997 (1:03.508)	
4:17.091 (1:01.094)			
2 Flori, Jack	12	Dowling Cath	4:17.25 8
1:06.136 (1:06.136)	2:12.726 (1:06.590)	3:16.224 (1:03.499)	
4:17.248 (1:01.024)			
3 Gutema, Kuma	09	SC, North	4:24.94 6
1:06.732 (1:06.732)	2:13.830 (1:07.099)	3:20.036 (1:06.206)	
4:24.936 (1:04.900)			
4 Moll, Cohen	11	Ankeny Cent	4:25.21 5
1:06.335 (1:06.335)	2:13.303 (1:06.969)	3:18.294 (1:04.991)	
4:25.204 (1:06.910)			
5 Thomas, Sean	12	Ankeny Cent	4:26.85 4
1:06.834 (1:06.834)	2:13.586 (1:06.753)	3:21.710 (1:08.124)	
4:26.850 (1:05.140)			
6 Coots, Kevin	11	Lewis Centra	4:27.15 3
1:06.421 (1:06.421)	2:13.510 (1:07.090)	3:20.262 (1:06.752)	
4:27.147 (1:06.885)			
7 Lillie, Evan	09	Lewis Centra	4:36.13 2
1:06.574 (1:06.574)	2:13.311 (1:06.737)	3:22.930 (1:09.619)	
4:36.129 (1:13.200)			
8 Hames, Ben	11	SC, North	4:46.13 1
1:07.126 (1:07.126)	2:18.446 (1:11.320)	3:34.835 (1:16.389)	
4:46.121 (1:11.287)			
9 Hamilton, Kaiden	11	CB, T Jeffer	4:49.35
1:08.487 (1:08.487)	2:21.613 (1:13.126)	3:37.268 (1:15.656)	
4:49.343 (1:12.075)			
10 Zellner, Kristoffer	10	SC, East	4:50.93
1:07.463 (1:07.463)	2:19.238 (1:11.775)	3:36.517 (1:17.279)	
4:50.922 (1:14.405)			
11 Shultz, Maciah	12	SC, East	5:07.38
1:09.498 (1:09.498)	2:29.842 (1:20.344)	3:52.664 (1:22.822)	
5:07.375 (1:14.712)			
12 Wymore, Carter	09	CB, A Lincol	5:07.87
1:09.946 (1:09.946)	2:30.486 (1:20.541)	3:53.178 (1:22.692)	
5:07.865 (1:14.687)			
13 Smith, Jimmy	10	SC, West	5:15.18
1:10.833 (1:10.833)	2:29.478 (1:18.645)	3:52.579 (1:23.102)	
5:15.173 (1:22.594)			
14 Doran, Brecken	09	SC, West	5:52.59
1:15.968 (1:15.968)	2:47.861 (1:31.894)	4:23.110 (1:35.249)	
5:52.585 (1:29.475)			

**Event 47 Girls 3000 Meter Run 4A**

Name	Yr	School	Finals
<b>Finals</b>			
1 Mohrhauser, Anika	12	Ankeny Cent	10:37.26 10
38.491 (38.491)	2:01.997 (1:23.507)	3:26.551 (1:24.554)	
4:52.946 (1:26.396)	6:21.768 (1:28.822)	7:47.452 (1:25.685)	
9:12.992 (1:25.540)	10:37.259 (1:24.267)		
2 Reese, Delayna	10	Lewis Centra	10:42.15 8
38.606 (38.606)	2:01.671 (1:23.066)	3:26.355 (1:24.684)	
4:52.507 (1:26.152)	6:21.283 (1:28.777)	7:51.269 (1:29.986)	
9:19.996 (1:28.728)	10:42.148 (1:22.152)		
3 Hoss, Madelyn	10	Lewis Centra	10:46.99 6
38.229 (38.229)	2:01.720 (1:23.491)	3:26.323 (1:24.604)	
4:52.736 (1:26.413)	6:21.459 (1:28.723)	7:51.600 (1:30.142)	
9:21.384 (1:29.784)	10:46.986 (1:25.602)		
4 Hveem, Haley	12	Ankeny Cent	11:10.05 5
39.511 (39.511)	2:02.878 (1:23.368)	3:30.615 (1:27.737)	
5:01.057 (1:30.442)	6:33.742 (1:32.685)	8:08.496 (1:34.754)	
9:42.193 (1:33.697)	11:10.049 (1:27.857)		
5 Volp, Cora	10	Dowling Cath	11:30.75 4
40.067 (40.067)	2:05.935 (1:25.869)	3:33.629 (1:27.694)	
5:05.827 (1:32.198)	6:43.025 (1:37.198)	8:23.173 (1:40.148)	
10:03.770 (1:40.597)	11:30.747 (1:26.977)		
6 Whiteshirt, Lilly	12	SC, West	11:38.64 3
38.934 (38.934)	2:05.077 (1:26.143)	3:33.126 (1:28.050)	
5:05.484 (1:32.358)	6:42.452 (1:36.968)	8:24.104 (1:41.652)	
10:04.349 (1:40.246)	11:38.633 (1:34.284)		
7 Decker, Lily	11	Dowling Cath	11:40.30 2
39.815 (39.815)	2:05.612 (1:25.797)	3:33.312 (1:27.700)	
5:05.546 (1:32.235)	8:22.933 (3:17.387)	10:02.739 (1:39.807)	
11:40.300 (1:37.561)			
8 Gutierrez, Maria	11	SC, North	12:23.51 1
41.672 (41.672)	2:13.955 (1:32.284)	3:51.053 (1:37.098)	
5:31.249 (1:40.196)	7:16.256 (1:45.007)	9:02.576 (1:46.320)	
10:48.357 (1:45.782)	12:23.506 (1:35.149)		
9 Hall, Abby	12	SC, North	12:45.86
41.666 (41.666)	2:13.912 (1:32.246)	3:51.308 (1:37.396)	
5:35.254 (1:43.947)	7:25.910 (1:50.656)	9:02.576 (1:36.666)	
9:16.558 (13.982)	12:45.851 (3:29.293)		
10 Petersen, Torunn	09	CB, A Lincol	13:08.99
40.432 (40.432)	2:13.370 (1:32.938)	3:51.732 (1:38.362)	
5:34.950 (1:43.218)	7:27.001 (1:52.051)	9:20.151 (1:53.151)	
11:18.826 (1:58.675)	13:08.981 (1:50.156)		

**Event 48 Boys 3200 Meter Run 4A**

Name	Yr	School	Finals
<b>Finals</b>			
1 Flori, Jack	12	Dowling Cath	9:30.23 10
1:12.395 (1:12.395)	2:24.596 (1:12.202)	3:37.917 (1:13.321)	
4:51.459 (1:13.542)	6:04.622 (1:13.163)	7:16.564 (1:11.942)	
8:25.162 (1:08.598)	9:30.224 (1:05.063)		
2 Coots, Kevin	11	Lewis Centra	9:34.09 8
1:11.888 (1:11.888)	2:24.434 (1:12.547)	3:37.717 (1:13.283)	
4:51.186 (1:13.469)	6:04.619 (1:13.434)	7:16.770 (1:12.151)	
8:25.390 (1:08.620)	9:34.090 (1:08.701)		

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## Results - 4A District Track &amp; Field Events

## Finals ... (Event 48 Boys 3200 Meter Run 4A)

Name	Yr	School	Finals	
3 Thomas, Sean	12	Ankeny Cent	9:41.42	6
1:11.567 (1:11.567)	2:24.226 (1:12.659)	3:37.488 (1:13.262)		
4:50.950 (1:13.463)	7:19.318 (2:28.368)	8:33.590 (1:14.272)		
9:41.418 (1:07.828)				
4 Deick, Charlie	10	Dowling Cath	9:50.84	5
1:12.656 (1:12.656)	2:24.892 (1:12.236)	3:37.806 (1:12.914)		
4:51.303 (1:13.497)	6:04.985 (1:13.683)	7:19.052 (1:14.067)		
8:35.603 (1:16.551)	9:50.839 (1:15.236)			
5 Johnson, Davis	11	Ankeny Cent	9:54.50	4
1:12.128 (1:12.128)	2:24.774 (1:12.647)	3:38.091 (1:13.317)		
4:51.673 (1:13.582)	6:05.341 (1:13.668)	7:19.859 (1:14.518)		
8:37.184 (1:17.325)	9:54.493 (1:17.309)			
6 Lillie, Evan	09	Lewis Centra	10:16.36	3
1:12.584 (1:12.584)	2:24.625 (1:12.042)	3:38.247 (1:13.622)		
4:51.924 (1:13.678)	6:06.179 (1:14.255)	7:27.791 (1:21.612)		
8:52.072 (1:24.281)	10:16.351 (1:24.279)			
7 Small, JoJo	12	SC, West	11:03.15	2
1:15.129 (1:15.129)	2:37.906 (1:22.777)	4:04.645 (1:26.740)		
5:29.136 (1:24.491)	6:56.117 (1:26.981)	8:21.382 (1:25.265)		
9:44.587 (1:23.206)	11:03.144 (1:18.557)			
8 Gutierrez, Josue	09	SC, North	11:05.52	1
1:15.537 (1:15.537)	2:38.986 (1:23.450)	4:05.768 (1:26.782)		
5:30.297 (1:24.529)	6:56.837 (1:26.541)	8:21.763 (1:24.926)		
9:44.840 (1:23.077)	11:05.512 (1:20.672)			
9 Haroldson, Gavin	12	SC, North	11:06.22	
1:15.210 (1:15.210)	2:38.374 (1:23.164)	4:05.004 (1:26.630)		
5:29.521 (1:24.518)	6:56.386 (1:26.865)	8:21.388 (1:25.002)		
9:44.783 (1:23.396)	11:06.219 (1:21.436)			
10 McDaniel, Malak	10	CB, A Lincol	12:18.61	
1:16.634 (1:16.634)	2:39.942 (1:23.308)	4:09.999 (1:30.058)		
5:46.530 (1:36.531)	7:24.619 (1:38.089)	9:06.577 (1:41.958)		
12:18.607 (3:12.030)				
11 Hamilton, Isaac	10	CB, A Lincol	12:52.24	
1:21.822 (1:21.822)	2:55.245 (1:33.424)	4:32.043 (1:36.798)		
6:10.688 (1:38.646)	7:51.047 (1:40.359)	9:32.906 (1:41.860)		
11:15.313 (1:42.407)	12:52.232 (1:36.919)			

## Event 55 Girls 100 Meter Hurdles 4A

Name	Yr	School	Finals	
1 Smith, Annie	12	Dowling Cath	14.61	10
2 Woods, Anna	10	Ankeny Cent	14.76	8
3 Brooks, Franny	11	Dowling Cath	14.91	6
4 Gilbreath, Taylor	09	Ankeny Cent	16.03	5
5 Conley, Madeline	09	SC, North	17.53	4
6 Franklin, Cadynse	11	SC, West	17.91	3
7 Sweeney, Layla	09	SC, West	18.04	2
8 Kuehl, Lydia	10	SC, North	18.27	1
9 Jacobsen, Annabelle	10	SC, East	18.29	NWI
10 Yates, Jaylee	09	Lewis Centra	18.84	NWI
11 Taylor, Addison	11	Lewis Centra	21.15	NWI
12 Shields, Jasmine	11	CB, A Lincol	21.77	NWI

## Event 56 Boys 110 Meter Hurdles 4A

Name	Yr	School	Finals	
1 Stone, London	12	Dowling Cath	14.65	10
2 Dahlheim, Braeden	12	Lewis Centra	14.69	8
3 Woods, Cael	12	Ankeny Cent	14.85	6
4 Gerry, Billy	09	Lewis Centra	15.75	5
5 Coppola, Maddox	11	Dowling Cath	16.05	4
6 Boyle, Devin	11	Ankeny Cent	16.10	3
7 Case, Nathan	12	SC, West	16.20	2
8 Lee, Christopher	10	CB, A Lincol	16.36	1
9 Foster, Damarion	11	SC, North	16.50	NWI
10 Timmons, Aiden	12	SC, North	16.58	NWI
11 Shields, Mason	09	CB, A Lincol	16.67	NWI
12 Enszer, Gabe	12	SC, West	17.73	NWI
13 Adams, Divine	11	SC, East	17.80	NWI
14 Thompson, Seth	12	CB, T Jeffer	18.12	NWI
15 Carpenter, Gavin	10	CB, T Jeffer	18.17	NWI

## Event 60 Girls 400 Meter Hurdles 4A

Name	Yr	School	Finals	
1 Smith, Kylin	12	Ankeny Cent	1:04.53	10
2 Gaskell, Alex	12	Dowling Cath	1:04.99	8
3 Barten, Ava	11	Ankeny Cent	1:06.86	6
4 Banker, Katherine	12	Dowling Cath	1:08.01	5
5 Jacobsen, Annabelle	10	SC, East	1:11.48	4
6 Conley, Madeline	09	SC, North	1:15.21	3
7 Kuehl, Lydia	10	SC, North	1:16.92	2
8 Furlow, Madeline	12	Lewis Centra	1:18.08	1
9 Johnson, Aubri	10	SC, West	1:19.42	
10 Prieto, Alondra	12	SC, West	1:20.35	
11 Taylor, Addison	11	Lewis Centra	1:29.79	

## Event 65 Boys 400 Meter Hurdles 4A

Name	Yr	School	Finals	
1 Woods, Cael	12	Ankeny Cent	53.76	10
2 Baccile, Christian	12	Dowling Cath	55.37	8
3 Nelson, Mark	12	Ankeny Cent	56.62	6
4 Lobaugh, Carter	11	Lewis Centra	56.64	5
5 Small, JoJo	12	SC, West	59.97	4
6 Patterson, Jace	10	CB, T Jeffer	59.97	3
7 Lang, Evan	11	CB, A Lincol	1:01.29	2
8 Adams, Divine	11	SC, East	1:01.30	1
9 Irvine, Tavin	09	SC, West	1:02.21	
10 Coppola, Maddox	11	Dowling Cath	1:03.55	
11 Arnold, Carson	09	Lewis Centra	1:04.05	
12 Carpenter, Isaac	11	CB, T Jeffer	1:04.20	
13 Matondo Nsoki, Accompli	09	SC, East	1:08.53	
14 Farley, Mikeal	09	SC, North	1:08.54	
15 Schard, Liam	09	CB, A Lincol	1:18.36	

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Event 69 Girls 4x100 Meter Shuttle Hurdle 4A

Team	Relay	Finals
<b>Finals</b>		
1 Ankeny Cent	1	1:03.60 10
1) Woods, Anna 10	2) Smith, Kylin 12	
3) Gilbreath, Taylor 09	4) Barten, Ava 11	
2 Dowling Cath	1	1:06.31 8
1) Jones, Adalyn 10	2) Lemman, Ruby 12	
3) Gaskell, Alex 12	4) Brooks, Franny 11	
3 SC, West	1	1:15.61 6
1) Sweeney, Layla 09	2) Johnson, Aubri 10	
3) Prieto, Alondra 12	4) Franklin, Cadynse 11	
4 SC, North	1	1:17.30 5
1) Lovrien, Hayden 11	2) Kuehl, Lydia 10	
3) Conley, Madeline 09	4) Nguyen, Haley 09	
5 Lewis Central	1	1:27.32 4
1) Furlow, Madeline 12	2) Taylor, Addison 11	
3) Hammitt, Rio 09	4) Yates, Jaylee 09	

Event 76 Girls 4x100 Meter Relay 4A

Team	Relay	Finals
<b>Finals</b>		
1 Dowling Cath	1	48.23 10
1) Heitzman, Emily 12	2) Mead, Ellie 10	
3) Nagel, Madison 11	4) Smith, Annie 12	
2 Lewis Central	1	49.38 8
1) Mathews, Payton 11	2) Davis, Aubree 11	
3) Scheel, Megan 11	4) Nelson, Brooke 10	
3 SC, East	1	50.12 6
1) Brown, Sydney 10	2) Erick, Grace 12	
3) Winklepleck, Brinley 09	4) Beasley, Addison 12	
4 Ankeny Cent	1	50.39 5
1) Larsen, Olivia 12	2) Sandholm, Lauren 10	
3) Drefke, Aly 10	4) Buesch, Bella 09	
5 CB, A Lincoln	1	51.79 4
1) Maiso, Alexandria 10	2) Sandbothe, Aubrey 12	
3) Mohling, Savannah 09	4) Watkins, Ana 09	
6 SC, North	1	52.65 3
1) johnson, anaya 09	2) Cross, Chloe 10	
3) Hayes, Alexa 10	4) Moon, Aliyah 09	
7 SC, West	1	59.17 2
1) Ehlers, Emily 12	2) Ehlers, Mady 12	
3) McDonald, Destiny 12	4) Frisbie, Shayleigh 12	
8 CB, T Jefferson	1	1:00.89 1
1) Otto, Olivia 09	2) Grosseohme, Jayda 09	
3) Bargmann, Ava 11	4) Snethen, Katie 10	

Event 77 Boys 4x100 Meter Relay 4A

Team	Relay	Finals
<b>Finals</b>		
1 Dowling Cath	1	41.35 10
1) Strang, Nolan 11	2) Lembechwa, Travis 12	
3) Nevitt, Luke 12	4) Miller, Jackson 11	

2 Ankeny Cent	1	42.27 8
1) Ross, Noah 11	2) McGhee, Robert 12	
3) Reed, Caleb 12	4) Jackson, Braeden 12	
3 SC, East	1	42.88 6
1) Ford, Chris 10	2) Pollard, Quintin 09	
3) Grant, Isaiah 09	4) Loggins III, Christopher 11	
4 Lewis Central	1	45.59 5
1) Patlan, Brody 12	2) Mortensen, Jude 10	
3) Dahlheim, Camden 10	4) Ayres, Ethan 09	
5 SC, West	1	45.84 4
1) Fenton, Vadimar 11	2) Stark, Javion 12	
3) Montanez Maldonado, Jometh 11	4) Prokop, Micah 09	
6 SC, North	1	46.10 3
1) Nguyen, Dylan 12	2) Pinney, Pierce 12	
3) Soldati, Alex 12	4) Hoch, Tommy 12	
7 CB, A Lincoln	1	46.87 2
1) Dorr, Rylan 11	2) Rogers, Andre 11	
3) Huff, Gavin 12	4) Strande, Keaton 11	
8 CB, T Jefferson	1	47.56 1
1) Thompson, Seth 12	2) Denman, Garrett 10	
3) Null, Garrett 11	4) Heyer, Brayden 09	

Event 84 Girls 4x200 Meter Relay 4A

Team	Relay	Finals
<b>Finals</b>		
1 Dowling Cath	1	1:42.79 10
1) Nagel, Madison 11	2) Mead, Ellie 10	
3) Heitzman, Emily 12	4) Gaskell, Alex 12	
2 Lewis Central	1	1:44.78 8
1) Mathews, Payton 11	2) Davis, Aubree 11	
3) Scheel, Megan 11	4) Nelson, Brooke 10	
3 Ankeny Cent	1	1:45.15 6
1) Drefke, Aly 10	2) Snyder, Bailey 10	
3) Buesch, Bella 09	4) Balashaitis, Aly 11	
4 SC, North	1	1:54.08 5
1) johnson, anaya 09	2) Cross, Chloe 10	
3) Hayes, Alexa 10	4) Zinn, Kamesha 10	
5 SC, East	1	1:54.94 4
1) Winklepleck, Brinley 09	2) Reynolds, Kennedy 09	
3) Brown, Sydney 10	4) Beasley, Addison 12	
6 CB, T Jefferson	1	1:59.36 3
1) Miller, Leandrea 09	2) Wieland, Cierra 11	
3) Snethen, Katie 10	4) Frederick, Izabella 09	
7 CB, A Lincoln	1	2:06.21 2
1) Sanchez Martinez, Lucia 12	2) Perez-Ramirez, Maria 10	
3) Lang, Haley 09	4) Stephens, Kylee 10	
8 SC, West	1	2:07.15 1
1) St. Cyr, Esmeralda 10	2) Rippatoe, Sophia 09	
3) Keairns, Akaiyah 09	4) Banta, Xzahna 09	

Event 85 Boys 4x200 Meter Relay 4A

Team	Relay	Finals
<b>Finals</b>		
1 Ankeny Cent	1	1:26.87 10
1) Ross, Noah 11	2) McGhee, Robert 12	
3) Reed, Caleb 12	4) Jackson, Braeden 12	

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Finals ... (Event 85 Boys 4x200 Meter Relay 4A)			
Team	Relay	Finals	
2 Dowling Cath	1	1:29.33	8
1) Miller, Jackson 11	2) Drexler, Sam 11		
3) Strang, Nolan 11	4) Smid, Henry 09		
3 Lewis Central	1	1:31.31	6
1) Fagan, Jace 10	2) Doss, Braydan 09		
3) Phippen, Peyton 11	4) Tatum, Leonardo 11		
4 SC, East	1	1:32.47	5
1) Loggins III, Christopher 11	2) Pollard, Quintin 09		
3) Grant, Isaiah 09	4) Ford, Chris 10		
5 SC, West	1	1:34.28	4
1) Fenton, Vadimar 11	2) Stark, Javion 12		
3) Irvine, Tavin 09	4) Manning, Tavien 12		
6 CB, A Lincoln	1	1:37.97	3
1) Huff, Gavin 12	2) Hughey, Grant 11		
3) Wolf, Zed 09	4) Haddix, Cooper 12		
7 CB, T Jefferson	1	1:41.20	2
1) Sullivan, Logan 12	2) Denman, Garrett 10		
3) Null, Garrett 11	4) Joslin, Blane 11		
8 SC, North	1	1:45.05	1
1) Soldati, Alex 12	2) Hagan, Andrew 10		
3) Le, Anh 09	4) ngolu, Narcisse 09		

Event 92 Girls 4x400 Meter Relay 4A			
Team	Relay	Finals	
<b>Finals</b>			
1 Ankeny Cent	1	4:03.95	10
1) Balashaitis, Aly 11	2) Barten, Ava 11		
3) Jackson, Teagan 10	4) DenHartog, Cora 12		
2:02.539 (2:02.539)	3:04.751 (1:02.213)	4:03.943 (59.192)	
2 Dowling Cath	1	4:09.06	8
1) Nagel, Madison 11	2) Brooks, Franny 11		
3) Darnell, Frankie 10	4) Huegerich, Elise 11		
2:04.871 (2:04.871)	3:07.177 (1:02.306)	4:09.060 (1:01.884)	
3 Lewis Central	1	4:13.46	6
1) Stull, Emersyn 09	2) Wohlers, Mallory 11		
3) Skokan, Sydney 11	4) Russo, Ryleigh 09		
2:07.561 (2:07.561)	3:12.523 (1:04.962)	4:13.452 (1:00.929)	
4 SC, West	1	4:36.07	5
1) Jackson, Evey 11	2) Burgin, Dishannah 12		
3) Whiteshirt, Lilly 12	4) Prieto, Alondra 12		
2:15.527 (2:15.527)	3:24.339 (1:08.812)	4:36.064 (1:11.725)	
5 CB, A Lincoln	1	4:43.71	4
1) Kepler Thomason, KayLynn 12	2) Bowers, Kara 09		
3) Petersen, Torunn 09	4) Lang, Haley 09		
2:19.023 (2:19.023)	3:29.002 (1:09.979)	4:43.701 (1:14.699)	
6 CB, T Jefferson	1	4:50.82	3
1) Morris, Carlee 09	2) Miller, Leandra 09		
3) Ramirez, Vanessa 10	4) Frederick, Izabella 09		
2:19.103 (2:19.103)	3:29.914 (1:10.811)	4:50.815 (1:20.901)	
7 SC, North	1	4:53.11	2
1) Johnson, Hanna 11	2) Eliesa, Khloe 10		
3) Hall, Abby 12	4) Gutierrez, Maria 11		
2:25.185 (2:25.185)	3:39.616 (1:14.431)	4:53.102 (1:13.486)	

Event 93 Boys 4x400 Meter Relay 4A			
Team	Relay	Finals	
<b>Finals</b>			
1 Ankeny Cent	1	3:24.24	10
1) Reed, Jackson 12	2) Vander Weerd, Corbin 12		
3) Jones, Kyler 11	4) Reed, Caleb 12		
1:41.225 (1:41.225)	2:33.192 (51.967)	3:24.240 (51.049)	
2 Lewis Central	1	3:27.26	8
1) Fagan, Jace 10	2) Doss, Braydan 09		
3) Phippen, Peyton 11	4) Tatum, Leonardo 11		
1:43.710 (1:43.710)	2:36.895 (53.185)	3:27.259 (50.364)	
3 CB, T Jefferson	1	3:32.16	6
1) Marco, Landon 11	2) Anderson, Nathan 12		
3) Parks, Braxton 09	4) Camarena, Jorge 11		
1:41.419 (1:41.419)	2:34.177 (52.759)	3:32.160 (57.983)	
4 Dowling Cath	1	3:34.08	5
1) Agau, Mamer 09	2) Spracklin, Sam 09		
3) Mohan, Josh 12	4) Castillo-Mora, Jan Luka 12		
1:45.444 (1:45.444)	2:39.969 (54.525)	3:34.077 (54.108)	
5 SC, West	1	3:41.56	4
1) Manning, Tavien 12	2) Joseph, DJ 09		
3) Damrau, Karson 12	4) Irvine, Tavin 09		
1:52.116 (1:52.116)	2:46.502 (54.387)	3:41.556 (55.054)	
6 CB, A Lincoln	1	3:43.87	3
1) Lee, Christopher 10	2) Haddix, Cooper 12		
3) Lang, Evan 11	4) Hughey, Grant 11		
1:49.755 (1:49.755)	2:46.336 (56.581)	3:43.862 (57.526)	
7 SC, North	1	3:57.79	2
1) Lynam, Gabriel 09	2) Gutierrez, Josue 09		
3) Haroldson, Gavin 12	4) Hames, Ben 11		
2:00.771 (2:00.771)	2:58.766 (57.996)	3:57.785 (59.019)	

Event 100 Girls 4x800 Meter Relay 4A			
Team	Relay	Finals	
<b>Finals</b>			
1 Ankeny Cent	1	9:40.89	10
1) Blevins, Ellie 10	2) Klingensmith, Trinity 09		
3) Patterson, Kylee 11	4) DenHartog, Cora 12		
2:21.908 (2:21.908)	4:49.310 (2:27.402)	7:14.523 (2:25.214)	
9:40.887 (2:26.364)			
2 Dowling Cath	1	9:50.18	8
1) Reinhardt, Sadie 11	2) Horras, Arianna 10		
3) O'Halloran, Molly 12	4) Huegerich, Elise 11		
2:29.811 (2:29.811)	4:54.770 (2:24.959)	7:24.629 (2:29.860)	
9:50.180 (2:25.551)			
3 Lewis Central	1	9:59.31	6
1) Bussey, Ava 12	2) Strohmeier, Kate 10		
3) Hoss, Madelyn 10	4) Reese, Delayna 10		
2:29.351 (2:29.351)	5:10.554 (2:41.203)	7:36.807 (2:26.253)	
9:59.306 (2:22.499)			
4 SC, North	1	10:45.19	5
1) Palmer, Marcella 11	2) Frahm, Hailey 10		
3) Johnson, Hanna 11	4) Eliesa, Khloe 10		
2:34.316 (2:34.316)	5:15.754 (2:41.438)	7:59.271 (2:43.517)	
10:45.184 (2:45.913)			

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**Finals ... (Event 100 Girls 4x800 Meter Relay 4A)**

Team	Relay	Finals
5 SC, West	1	11:45.33 4
1) Hansen, Bailee 10	2) Dunne, Kylie 09	
3) Johnson, Aubri 10	4) Keairns, Akaiyah 09	
2:53.125 (2:53.125)	5:49.144 (2:56.019)	8:45.110 (2:55.966)
11:45.329 (3:00.219)		
6 CB, A Lincoln	1	11:49.30 3
1) Kepler Thomason, KayLynn 12	2) Johnson, Ruby 11	
3) Fitch, Annette 10	4) Johnson, Anna 09	
2:49.091 (2:49.091)	5:36.212 (2:47.121)	8:36.712 (3:00.500)
11:49.297 (3:12.585)		

**Event 101 Boys 4x800 Meter Relay 4A**

Team	Relay	Finals
1 Dowling Cath	1	8:02.55 10
1) Burr, Brody 12	2) Mohan, Josh 12	
3) Castillo-Mora, Jan Luka 12	4) Paulsen, Nicholas 11	
1:59.798 (1:59.798)	3:35.907 (1:36.109)	6:01.993 (2:26.086)
8:02.550 (2:00.557)		
2 Ankeny Cent	1	8:05.07 8
1) Behrens, Jack 11	2) Allen, Brecken 10	
3) Moll, Cohen 11	4) Vander Wilt, Brayden 12	
2:04.198 (2:04.198)	4:07.359 (2:03.161)	6:04.445 (1:57.086)
8:05.067 (2:00.623)		
3 Lewis Central	1	8:21.90 6
1) Arkfeld, Marshall 12	2) Cox, Jackson 12	
3) Lillie, Evan 09	4) Coots, Kevin 11	
2:00.676 (2:00.676)	4:02.835 (2:02.159)	6:11.878 (2:09.043)
8:21.894 (2:10.016)		
4 SC, North	1	8:36.48 5
1) Lynam, Gabriel 09	2) Swaggerty-Morgan, Torrey 11	
3) Hames, Ben 11	4) Gutema, Kuma 09	
2:15.673 (2:15.673)	4:24.967 (2:09.294)	6:36.125 (2:11.158)
8:36.473 (2:00.349)		
5 SC, East	1	9:10.07 4
1) Johnson, Emmett 10	2) Dandurand, Noah 12	
3) Koson, Reed 09	4) Cook, David 09	
2:16.784 (2:16.784)	4:31.250 (2:14.466)	6:51.749 (2:20.499)
9:10.069 (2:18.320)		
6 CB, A Lincoln	1	9:20.21 3
1) Johnston, Alex 12	2) Ward, Matthew 09	
3) Anderson, Coleton 09	4) Wymore, Carter 09	
2:26.704 (2:26.704)	4:40.463 (2:13.759)	7:01.825 (2:21.362)
9:20.206 (2:18.382)		
7 SC, West	1	9:36.81 2
1) Fisher, Henry 10	2) Enszer, Gabe 12	
3) Doran, Brecken 09	4) Limon, Antelmo 09	
2:15.402 (2:15.402)	4:31.537 (2:16.135)	7:11.728 (2:40.191)
9:36.802 (2:25.074)		
8 CB, T Jefferson	1	9:40.76 1
1) Parrack, Landyn 09	2) Helm, Parker 10	
3) Tripp, Caleb 11	4) Hendershot, Henry 11	
2:20.213 (2:20.213)	4:50.507 (2:30.294)	7:13.518 (2:23.011)
9:40.758 (2:27.241)		

**Event 102 Girls 100 Meter Dash WC Wheelchair Para**

Name	Yr	School	Finals
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**Finals**

1 Wunderlich, Ellie	09	CB, T Jeffer	34.23 NWI
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**Event 104 Girls 200 Meter Dash WC Wheelchair Para**

Name	Yr	School	Finals
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**Finals**

1 Wunderlich, Ellie	09	CB, T Jeffer	1:01.50 NWI
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**Event 114 Girls 800 Sprint Medley 4A**

Team	Relay	Finals
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**Finals**

1 Dowling Cath	1	1:51.24 10
1) Nelson, Kate 12	2) Heitzman, Emily 12	
3) Brooks, Franny 11	4) Nagel, Madison 11	
2 Ankeny Cent	1	1:53.06 8
1) Buesch, Bella 09	2) Gilbreath, Taylor 09	
3) Smith, Kylin 12	4) Jackson, Jaeden 09	
3 CB, A Lincoln	1	1:59.68 6
1) Watkins, Ana 09	2) Maiso, Alexandria 10	
3) Sandbothe, Aubrey 12	4) Mohling, Savannah 09	
4 SC, West	1	2:03.08 5
1) Sweeney, Layla 09	2) Burgin, Dishaunnah 12	
3) Jackson, Evey 11	4) Prieto, Alondra 12	
5 SC, North	1	2:14.91 4
1) Nguyen, Haley 09	2) Lovrien, Hayden 11	
3) Kuehl, Lydia 10	4) Hames, Katelyn 09	
6 CB, T Jefferson	1	2:22.00 3
1) Grossoehme, Jayda 09	2) Bargmann, Ava 11	
3) Frederick, Izabella 09	4) Weaver, Olivia 10	

**Event 115 Boys Distance Medley 4A**

Team	Relay	Finals
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**Finals**

1 Dowling Cath	1	3:34.43 10
1) Strang, Nolan 11	2) Wilson, Trey 12	
3) Wolfe, Owen 12	4) Paulsen, Nicholas 11	
2 Ankeny Cent	1	3:36.48 8
1) Neith, Joel 12	2) Heither, Sam 12	
3) Jones, Kyler 11	4) Vander Weerd, Corbin 12	
3 Lewis Central	1	3:38.49 6
1) Patlan, Brody 12	2) Mortensen, Jude 10	
3) Lobaugh, Carter 11	4) Arkfeld, Marshall 12	
4 SC, East	1	3:49.01 5
1) Hamilton, Tanner 10	2) Demke, Nolan 09	
3) Zellner, Kristoffer 10	4) Shultz, Maciah 12	
5 CB, T Jefferson	1	3:50.26 4
1) Marco, Landon 11	2) Parks, Braxton 09	
3) Carpenter, Isaac 11	4) Hamilton, Kaiden 11	
6 SC, West	1	3:50.30 3
1) Montanez Maldonado, Jometh 11	2) Prokop, Micah 09	
3) Damrau, Karson 12	4) Small, JoJo 12	

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## Results - 4A District Track &amp; Field Events

## Finals ... (Event 115 Boys Distance Medley 4A)

Team	Relay	Finals
7 CB, A Lincoln	1	3:52.68 2
1) Huff, Gavin 12	2) Hughey, Grant 11	
3) Haddix, Cooper 12	4) Bramble, William 10	
8 SC, North	1	3:54.18 1
1) Soldati, Alex 12	2) Nguyen, Dylan 12	
3) Lynam, Gabriel 09	4) Swaggerty-Morgan, Torrey 11	

## Event 122 Girls High Jump 4A

Name	Yr	School	Finals
<b>Finals</b>			
1 Gaskell, Alex	12	Dowling Cath	5-04.00 10
2 Ausdemore, Olivia	10	Lewis Centra	5-03.00 8
3 Nelson, Kate	12	Dowling Cath	5-02.00 6
4 Woods, Anna	10	Ankeny Cent	5-01.00 5
5 Sandholm, Audrey	10	Ankeny Cent	4-10.00 4
6 Mothershead, Socorra	09	SC, East	4-08.00 3
7 Lovrien, Hayden	11	SC, North	4-06.00 2
--- Smith, Nicole	09	Lewis Centra	NH
--- Reynolds, Kennedy	09	SC, East	NH
--- Wieland, Cierra	11	CB, T Jeffer	NH

## Event 123 Boys High Jump 4A

Name	Yr	School	Finals
<b>Finals</b>			
1 Porter, Dylan	12	Dowling Cath	6-01.00 10
2 Stone, London	12	Dowling Cath	5-10.00 8
3 Thielen, Carter	09	Lewis Centra	5-08.00 6
4 Dorr, Rylan	11	CB, A Lincol	5-08.00 5
--- George, Owen	10	Ankeny Cent	NH
--- Simmons, Dae Shaun	11	SC, East	NH
--- Underwood, Maddox	09	CB, A Lincol	NH
--- Hathaway, Connor	08	Lewis Centra	NH
--- Vonnahme, Kody	10	Ankeny Cent	NH

## Event 130 Girls Long Jump 4A

Name	Yr	School	Finals
<b>Finals</b>			
1 Erick, Grace	12	SC, East	17-09.75 10
2 Sandbothe, Aubrey	12	CB, A Lincol	17-03.25 8
3 Jackson, Teagan	10	Ankeny Cent	17-02.75 6
4 Leman, Ruby	12	Dowling Cath	17-02.00 5
5 Stanfel, Gianna	09	Dowling Cath	16-06.75 4
6 Trometer, Aubrey	11	SC, North	16-03.75 3
7 Sandholm, Audrey	10	Ankeny Cent	15-05.25 2
8 Furlow, Madeline	12	Lewis Centra	14-11.50 1
9 Loghry, Liv	10	Lewis Centra	13-06.25 NWI
10 Sanchez Martinez, Lucia	12	CB, A Lincol	13-06.00 NWI

## Event 131 Boys Long Jump 4A

Name	Yr	School	Finals
<b>Finals</b>			
1 Ford, Chris	10	SC, East	22-04.25 10
2 Tatum, Leonardo	11	Lewis Centra	21-02.75 8
3 Phippen, Peyton	11	Lewis Centra	21-00.25 6

4 Loggins III, Christopher	11	SC, East	20-11.25 5
5 Morgan, J.J.	11	Ankeny Cent	20-09.25 4
6 Bassett, Jeremiah	12	Ankeny Cent	18-03.00 3
7 Schumacher, Kyle	11	Dowling Cath	18-03.00 2
8 ngolu, Narcisse	09	SC, North	17-08.75 1
9 Wolf, Zed	09	CB, A Lincol	17-06.25 NWI
10 Frazier, Eduardo	11	SC, West	16-11.75 NWI
10 Shields, Mason	09	CB, A Lincol	16-11.75 NWI
12 Heyer, Brayden	09	CB, T Jeffer	15-07.00 NWI
13 Lam, Andy	10	SC, West	15-00.50 NWI
14 Null, Garrett	11	CB, T Jeffer	14-08.25 NWI

## Event 138 Girls Discus Throw 4A

Name	Yr	School	Finals
<b>Finals</b>			
1 Matiyow, Jordyn	12	Lewis Centra	128-05 10
2 Johnson, Nellie	11	Dowling Cath	124-05 8
3 Niggemeyer, Annabell	09	Dowling Cath	120-03 6
4 Woods, Madeline	11	Lewis Centra	112-05 5
5 Anderson, Bella	10	Ankeny Cent	112-03 4
6 Binstock, Brylee	12	Ankeny Cent	105-06 3
7 Peterson, Danyka	11	SC, North	96-10 2
8 Hamilton, Kamryn	11	CB, A Lincol	96-04 1
9 Moon, Aliyah	09	SC, North	89-07
10 Jarmon, Branaya	09	CB, T Jeffer	81-07
11 Otto, Mya	09	CB, T Jeffer	77-10
12 Barcus, Reese	10	SC, West	73-06
13 Shultz, Ziva	11	SC, East	70-11
14 Garcia, Olivia	11	SC, East	67-06
15 Vaul, Lulu	12	SC, West	63-11

## Event 139 Boys Discus Throw 4A

Name	Yr	School	Finals
<b>Finals</b>			
1 Larson, Caleb	11	Ankeny Cent	160-06 10
2 Thomas, Max	11	Dowling Cath	150-10 8
3 Lugo, Chris	12	SC, West	149-05 6
4 Infanger, Hunter	10	Lewis Centra	149-00 5
5 Elcock, Myls	11	Dowling Cath	148-11 4
6 McNeal, Kyler	10	Lewis Centra	141-03 3
7 Denman, Garrett	10	CB, T Jeffer	140-11 2
8 Hoch, Tommy	12	SC, North	138-08 1
9 Dalla Tezza, Gavin	10	CB, A Lincol	125-04
10 King, Isaiah	11	SC, East	124-04
11 Baker, Tyson	11	CB, T Jeffer	122-09
12 Case, Rex	12	CB, A Lincol	118-08
13 Gilbert, Johnathan	10	Ankeny Cent	117-09
14 Reed, Noah	12	SC, North	116-04
15 Hogancamp Jr., James	11	SC, East	112-00
16 Foland, Zach	12	SC, West	88-09

## Event 146 Girls Shot Put 4A

Name	Yr	School	Finals
<b>Finals</b>			
1 Matiyow, Jordyn	12	Lewis Centra	40-06.75 10
2 Moon, Aliyah	09	SC, North	37-05.25 8

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Results - 4A District Track & Field Events

Finals ... (Event 146 Girls Shot Put 4A)

Name	Yr	School	Finals
3 Richardson, Lillie	09	Dowling Cath	35-05.50 6
4 Hamilton, Kamryn	11	CB, A Lincol	35-02.25 5
5 Drazi, Alma	12	Dowling Cath	35-01.00 4
6 Vaul, Lulu	12	SC, West	33-02.50 3
7 Jarmon, Branaya	09	CB, T Jeffer	32-07.00 2
8 Bratland, Hayden	10	Ankeny Cent	32-00.75 1
9 Nichols, Mariha	09	CB, T Jeffer	30-10.25
10 Horner, Caitilin	12	Ankeny Cent	30-01.50
11 Peterson, Danyka	11	SC, North	29-06.00
12 Brehmer, Peyton	09	Lewis Centra	27-04.50
13 Garcia, Olivia	11	SC, East	27-02.25
14 Barcus, Reese	10	SC, West	25-11.75
15 Shultz, Ziva	11	SC, East	24-10.00

Event 147 Boys Shot Put 4A

Name	Yr	School	Finals
1 Dickinson, Max	12	Ankeny Cent	55-06.25 10
2 Infanger, Hunter	10	Lewis Centra	53-07.50 8
3 Hagan, Brady	10	Dowling Cath	50-09.50 6
4 Humphrey, Gavin	12	Ankeny Cent	47-06.50 5
5 Pins, Owen	12	Dowling Cath	45-01.50 4
6 Reed, Noah	12	SC, North	44-05.75 3
7 McNeal, Kyler	10	Lewis Centra	43-03.75 2
8 Hoch, Tommy	12	SC, North	43-01.50 1
9 Lugo, Chris	12	SC, West	42-09.75
10 Nichols, Malik	10	CB, T Jeffer	42-07.25
11 Hogancamp Jr., James	11	SC, East	42-07.25
12 Baker, Tyson	11	CB, T Jeffer	41-04.00
13 Case, Rex	12	CB, A Lincol	41-02.25
14 Marshall, Rayshawn	12	SC, East	41-02.00
15 Dalla Tezza, Gavin	10	CB, A Lincol	36-06.75
16 Foland, Zach	12	SC, West	33-01.50

Event 151 Girls Distance Medley 4A

Team	Relay	Finals
1 Ankeny Cent	1	4:14.89 10
1) Sandholm, Lauren 10	2) Sandholm, Audrey 10	
3) DenHartog, Cora 12	4) Hodges, Bella 12	
2 Lewis Central	1	4:20.22 8
1) Mathews, Payton 11	2) Stull, Emersyn 09	
3) Russo, Ryleigh 09	4) Hoss, Madelyn 10	
3 Dowling Cath	1	4:23.10 6
1) Conradt, Lydia 09	2) Nelson, Kate 12	
3) Horras, Arianna 10	4) Tiffany, Elizabeth 10	
4 SC, North	1	4:36.71 5
1) johnson, anaya 09	2) Cross, Chloe 10	
3) Trometer, Aubrey 11	4) Palmer, Marcella 11	
5 CB, A Lincoln	1	5:13.80 4
1) Stephens, Kylee 10	2) Perez-Ramirez, Maria 10	
3) Lang, Haley 09	4) Johnson, Ruby 11	

6 SC, West	1	5:20.13 3
1) Banta, Xzahna 09	2) Rippatoe, Sophia 09	
3) Keairns, Akaiyah 09	4) Dunne, Kylie 09	

Event 157 Boys 4x110 Meter Shuttle Hurdle 4A

Team	Relay	Finals
1 Dowling Cath	1	1:00.24 10
1) Baccile, Christian 12	2) Coppola, Maddox 11	
3) Stone, London 12	4) Smid, Henry 09	
2 Ankeny Cent	1	1:00.29 8
1) Matheny, Gavin 11	2) Ryan, Nic 10	
3) Boyle, Devin 11	4) Nelson, Mark 12	
3 Lewis Central	1	1:00.57 6
1) Gerry, Billy 09	2) Lobaugh, Carter 11	
3) Monge, Orlando 10	4) Dahlheim, Braeden 12	
4 SC, North	1	1:07.93 5
1) Farley, Mikeal 09	2) Foster, Damarion 11	
3) Timmons, Aiden 12	4) Pinney, Pierce 12	
5 CB, A Lincoln	1	1:08.36 4
1) Shields, Mason 09	2) Lee, Christopher 10	
3) Dorr, Rylan 11	4) Lang, Evan 11	
6 SC, West	1	1:08.47 3
1) Johnson, Brayden 09	2) Small, JoJo 12	
3) Case, Nathan 12	4) Enszer, Gabe 12	
7 CB, T Jefferson	1	1:10.53 2
1) Thompson, Seth 12	2) Carpenter, Gavin 10	
3) Patterson, Jace 10	4) Null, Garrett 11	

Event 161 Boys 800 Sprint Medley 4A

Team	Relay	Finals
1 Ankeny Cent	1	1:31.89 10
1) Ross, Noah 11	2) Reed, Caleb 12	
3) McGhee, Robert 12	4) Woods, Cael 12	
2 Dowling Cath	1	1:34.32 8
1) Wilson, Trey 12	2) Bobo, Ryan 11	
3) Lembechwa, Travis 12	4) Drexler, Sam 11	
3 Lewis Central	1	1:38.05 6
1) Patlan, Brody 12	2) Mortensen, Jude 10	
3) Doss, Braydan 09	4) Fagan, Jace 10	
4 SC, West	1	1:39.47 5
1) Fenton, Vadimar 11	2) Irvine, Tavin 09	
3) Manning, Tavien 12	4) Stark, Javion 12	
5 CB, A Lincoln	1	1:39.50 4
1) Huff, Gavin 12	2) Hughey, Grant 11	
3) Lee, Christopher 10	4) Haddix, Cooper 12	
6 SC, East	1	1:39.66 3
1) Hamilton, Tanner 10	2) Clayborne, Kason 10	
3) Demke, Nolan 09	4) Zellner, Kristoffer 10	
7 CB, T Jefferson	1	1:42.06 2
1) Camarena, Jorge 11	2) Marco, Landon 11	
3) Parks, Braxton 09	4) Hamilton, Kaiden 11	
8 SC, North	1	1:44.60 1
1) James, Antoine 12	2) Pinney, Pierce 12	
3) Le, Anh 09	4) Hagan, Andrew 10	

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**Results - 4A District Track & Field Events**

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**Women - 4A - Team Rankings - 19 Events Scored**

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1) Dowling Cath	194
2) Ankeny Cent	190
3) Lewis Central	130
4) SC, North	59
5) SC, East	48
6) CB, A Lincoln	46
7) SC, West	44
8) CB, T Jefferson	13

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**Men - 4A - Team Rankings - 19 Events Scored**

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1) Dowling Cath	213
2) Ankeny Cent	189
3) Lewis Central	125
4) SC, East	50.5
5) SC, West	44.5
6) SC, North	42
7) CB, T Jefferson	36
8) CB, A Lincoln	29