

South Tama HS Coed Invite - 4/25/2023

4/25/2023

Results

Girls 100 Meter Dash

	Name	Yr	School	Finals
Finals				
1	Tenborg, Colbie	09	Saydel	13.41
2	Elliott, Samantha	11	Waterloo Wes	13.50
3	Dunkin, Rylee	12	Twin Cedars	13.50
4	Snook, Chloe	9	Montezuma Hi	13.62
5	Bear, Sia	11	Meskwaki Set	14.09
6	Sisk, Akvaira	12	Waterloo Wes	14.26
7	Culbertson, Kelsey	12	S Tama Cty	14.27
8	Swanson, Emma	12	Hudson High	14.29
9	Albrecht, Maia	12	Saydel	14.49
10	Wright, Dakota	11	Saydel	x14.59
11	Van Zee, Madison	11	Montezuma Hi	14.73
12	Young, Kayl	9	Montezuma Hi	x14.88
13	Albert, Aerial	11	Meskwaki Set	15.03
14	Kinamungudi, Arnelie	11	Waterloo Wes	x15.06
15	Keahna, Irene	12	Meskwaki Set	x15.17
16	Blocker, Avery	11	S Tama Cty	15.51
17	Popelka, Terri	11	S Tama Cty	x15.55
18	Mora, Edith	09	S Tama Cty	x16.07
19	Hernandez, Maricela	9	Waterloo Wes	x16.07
20	Johannes, Makenna	11	Montezuma Hi	x16.27
21	Gillam, Quajsha	11	Hudson High	16.55
22	Bisbee, Alexis	12	Hudson High	x16.61
23	Schlosser, Payhten	09	Saydel	x16.87
24	Luloff, Kaidence	12	Hudson High	x17.03
25	Bolkema, Morgan	10	Twin Cedars	18.93

Girls 200 Meter Dash

	Name	Yr	School	Finals
Finals				
1	Zanders, Alexa	11	Waterloo Wes	27.43
2	Tenborg, Colbie	09	Saydel	28.27
3	Honerman, Teagan	9	Hudson High	29.24
4	Bear, Sia	11	Meskwaki Set	29.39
5	Young, Macy	9	Montezuma Hi	29.98
6	Klostermann, Cassandra	12	S Tama Cty	30.47
7	Wright, Dakota	11	Saydel	30.53
8	Bell, Briana	10	Waterloo Wes	30.94
9	Albert, Aerial	11	Meskwaki Set	31.18
10	Paxton, Madeline	09	S Tama Cty	31.19
11	Peshel, Naomi	09	S Tama Cty	x31.52
12	Milledge, Abi	11	Twin Cedars	31.66
13	Ferry, Lily	9	Montezuma Hi	32.58
14	Brennan, Camryn	11	Montezuma Hi	x33.12
15	Mora, Edith	09	S Tama Cty	x33.44
16	Gillam, Quajsha	11	Hudson High	34.08
17	Eilander, Ashlee	11	Montezuma Hi	x34.51
18	Roberts, Elizabeth	9	Waterloo Wes	x34.53
19	Luloff, Kaidence	12	Hudson High	x35.75
20	Richter, Ellie	9	Hudson High	x36.20
21	Tellez, Marely	9	Waterloo Wes	x38.27

Girls 400 Meter Dash

	Name	Yr	School	Finals
Finals				
1	Snook, Chloe	9	Montezuma Hi	1:02.50
2	Zanders, Alexa	11	Waterloo Wes	1:02.53

Girls 800 Meter Run

	Name	Yr	School	Finals
Finals				
1	Hansen, Mollie	9	Hudson High	2:32.93
2	Dunkin, Rylee	12	Twin Cedars	2:35.40
3	Rhoades, Addie	10	Hudson High	2:43.26
4	Cook, Ellen	10	Montezuma Hi	2:44.31
5	Pecina, Rylee	12	Saydel	2:53.10
6	Brown, Sofia	11	Hudson High	x3:05.76
7	Young, Willow	10	Montezuma Hi	3:08.11
8	Ubben, Ella	9	Hudson High	x3:14.98
9	Darcon, Michelle	12	Waterloo Wes	3:42.63

Girls 1500 Meter Run

	Name	Yr	School	Finals
Finals				
1	Dunkin, Rylee	12	Twin Cedars	5:22.29
2	Lang, Desi	9	Hudson High	5:23.15
3	Hansen, Mollie	9	Hudson High	5:37.44
4	Pecina, Rylee	12	Saydel	6:01.24
5	Henry, Lindsey	9	Montezuma Hi	6:22.64
6	Steele, Megan	9	Hudson High	x6:31.31
7	Marlin, Grace	10	Waterloo Wes	6:48.30
8	Castanon, Alexandra	09	S Tama Cty	7:35.92

Girls 3000 Meter Run

	Name	Yr	School	Finals
Finals				
1	Hansen, Mollie	9	Hudson High	11:40.34
2	Lang, Desi	9	Hudson High	11:55.08
3	Cook, Ellen	10	Montezuma Hi	12:28.81
4	Vitiritto, Cara	12	Saydel	13:16.23
5	Marlin, Grace	10	Waterloo Wes	14:06.55
6	Eilander, Ashlee	11	Montezuma Hi	15:03.96

Girls 100 Meter Hurdles

	Name	Yr	School	Finals
Finals				
1	Shin, Esther	9	Waterloo Wes	18.32
2	Swanson, Emma	12	Hudson High	18.90
3	Riordan, Anna	10	Waterloo Wes	19.12
4	Daughenbaugh, Addison	09	Saydel	19.44
5	Rigling, Amaya	10	Twin Cedars	19.80
6	Crouch, Alexis	10	S Tama Cty	20.26
7	Zmolek, Zoey	11	S Tama Cty	20.52
8	Sterner, Katra	11	Twin Cedars	20.55
9	Bos, Sara	9	Montezuma Hi	20.73
10	Eilander, Ashlee	11	Montezuma Hi	20.74
11	Thierman, Kelsi	10	Waterloo Wes	x20.77
12	Singleton, Lydia	11	Montezuma Hi	x20.88

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Results

Finals ... (Girls 100 Meter Hurdles)

Name	Yr	School	Finals
13 Wilcox, Taylor	10	Montezuma Hi	x24.51

Girls 400 Meter Hurdles

Name	Yr	School	Finals
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Finals

1 Steele, Ella	9	Hudson High	1:17.26
2 Weispfenning, Luella	09	Saydel	1:18.21
3 Shin, Esther	9	Waterloo Wes	1:18.53
4 Snook, Chloe	9	Montezuma Hi	1:24.94
5 Morgan, Katy	10	Twin Cedars	1:27.98
6 Singleton, Lydia	11	Montezuma Hi	1:28.38
7 Burnett, Hayley	10	Montezuma Hi	x1:29.62
8 Graff, Cassie	12	Waterloo Wes	1:39.07

Girls 4x100 Meter Relay

Team	Relay	Finals
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Finals

1 Waterloo Wes	A	55.12
1) Shaw, Jenaya 10	2) Gettman, Charlotte 11	
3) Elliott, Samantha 11	4) Sisk, Akvaira 12	
2 Saydel	A	55.16
1) Albrecht, Maia 12	2) Daughenbaugh, Addison 09	
3) Weispfenning, Luella 09	4) Wright, Dakota 11	
3 S Tama Cty	A	58.41
1) Culbertson, Kelsey 12	2) Carrillo, Nazaret 09	
3) Blocker, Avery 11	4) Crouch, Alexis 10	
4 Montezuma High School	A	58.53
5 Hudson High School	A	58.93
1) Bisbee, Alexis 12	2) Haskovec, Maggie 9	
3) Honerman, Teagan 9	4) Richter, Ellie 9	
6 Waterloo Wes	B	x59.30
1) Graff, Cassie 12	2) Kinamungudi, Arnelie 11	
3) Rose, Jaelyn 12	4) Bell, Briana 10	
7 S Tama Cty	B	x1:01.46
1) Peshel, Naomi 09	2) Popelka, Terri 11	
3) Mora, Edith 09	4) Zmolek, Zoey 11	
8 Montezuma High School	B	x1:01.75
9 Saydel	B	x1:01.83
1) Bartmess, Destiny 10	2) Lowe, Maci 12	
3) Schlosser, Payhten 09	4) Ryan, Nevaeh 09	
10 Twin Cedars	A	1:03.48
1) Milledge, Abi 11	2) Morgan, Katy 10	
3) Rigling, Amaya 10	4) Sterner, Katra 11	
11 Montezuma High School	C	x1:08.46

Girls 4x100 Meter Relay THROWERS REL

Team	Relay	Finals
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Finals

1 Waterloo Wes	C	x1:01.26
2 S Tama Cty	A	1:01.37
3 Hudson High School	A	1:10.11

Girls 4x200 Meter Relay

Team	Relay	Finals
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Finals

1 Waterloo Wes	A	1:55.06
1) Shaw, Jenaya 10	2) Beckman, Emma 10	
3) Gettman, Charlotte 11	4) Elliott, Samantha 11	
2 S Tama Cty	A	2:10.56
1) Zmolek, Zoey 11	2) Harwick, Emma 12	
3) Peshel, Naomi 09	4) Carrillo, Nazaret 09	
3 Montezuma High School	B	x2:13.54
4 Waterloo Wes	B	x2:17.74
1) Hurley, Ava 9	2) Roberts, Elizabeth 9	
3) Hernandez, Maricela 9	4) Spasojevic, Mia 9	
5 Hudson High School	A	2:19.55
1) Bisbee, Alexis 12	2) Rogers, Taylor 11	
3) Richter, Ellie 9	4) Haskovec, Maggie 9	
6 Saydel	A	2:23.45
1) Hudson, Alexis 09	2) Ryan, Nevaeh 09	
3) Schlosser, Peyton 09	4) Boylan-Salyers, Ella 10	
--- Montezuma High School	A	DQ

Girls 4x400 Meter Relay

Team	Relay	Finals
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Finals

1 Waterloo Wes	A	4:33.82
1) Zanders, Alexa 11	2) Gettman, Charlotte 11	
3) Beckman, Emma 10	4) Tudor, Adeline 9	
2 Montezuma High School	A	4:41.93
3 S Tama Cty	A	5:00.50
1) Paxton, Madeline 09	2) Harwick, Emma 12	
3) Klostermann, Cassandra 12	4) Heck, Kayla 11	
4 Montezuma High School	B	x5:08.82
5 Hudson High School	A	5:13.32
1) Honerman, Teagan 9	2) Wetzel, Jillian 9	
3) Richter, Ellie 9	4) Brown, Sofia 11	
6 Waterloo Wes	B	x6:00.14
1) Darcon, Michelle 12	2) Garcia, Janae 10	
3) Taylor, Cassidy 10	4) Little, Amira 9	

Girls 4x800 Meter Relay

Team	Relay	Finals
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Finals

1 Hudson High School	A	12:24.11
1) Brown, Sofia 11	2) Lang, Desi 9	
3) Rhoades, Addie 10	4) Rogers, Taylor 11	
2 Montezuma High School	A	12:39.74
3 Waterloo Wes	A	13:55.13
1) Rand, Hannah 10	2) Pajic, Emra 10	
3) Pajazetovic, Alisa 12	4) Sonnenberg, Emily 9	

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Results

Girls 800 Sprint Medley

Team	Relay	Finals
Finals		
1 Waterloo Wes	A	2:00.54
1) Shaw, Jenaya 10	2) Elliott, Samantha 11	
3) Gettman, Charlotte 11	4) Beckman, Emma 10	
2 Hudson High School	A	2:04.29
1) Swanson, Emma 12	2) Rogers, Taylor 11	
3) Wetzel, Jillian 9	4) Haskovec, Maggie 9	
3 S Tama Cty	A	2:06.99
1) Culbertson, Kelsey 12	2) Blocker, Avery 11	
3) Klostermann, Cassandra 12	4) Heck, Kayla 11	
4 Montezuma High School	A	2:10.54
5 Montezuma High School	B	x2:13.02
6 Waterloo Wes	B	x2:18.34
1) Bell, Briana 10	2) Kinamungudi, Arnelie 11	
3) Rose, Jaelyn 12	4) Little, Amira 9	
7 Saydel	A	2:32.55
1) Ryan, Nevaeh 09	2) Lowe, Maci 12	
3) Bartmess, Destiny 10	4) Hudson, Alexis 09	

Girls Distance Medley

Team	Relay	Finals
Finals		
1 Montezuma High School	A	4:52.65
2 Hudson High School	A	4:55.46
1) Swanson, Emma 12	2) Rogers, Taylor 11	
3) Haskovec, Maggie 9	4) Honerman, Teagan 9	
3 S Tama Cty	A	4:56.23
1) Carrillo, Nazaret 09	2) Crouch, Alexis 10	
3) Paxton, Madeline 09	4) Heck, Kayla 11	
4 Waterloo Wes	A	5:12.39
1) Graff, Cassie 12	2) Bell, Briana 10	
3) Williams, Daisy 10	4) Tudor, Adeline 9	
5 Montezuma High School	B	x5:43.34

Girls 4x100 Meter Shuttle Hurdle

Team	Relay	Finals
Finals		
1 Saydel	A	1:17.63
1) Tenborg, Colbie 09	2) Weispfenning, Luella 09	
3) Daughenbaugh, Addison 09	4) Albrecht, Maia 12	
2 Waterloo Wes	A	1:19.46
1) Shin, Esther 9	2) Riordan, Anna 10	
3) Graff, Cassie 12	4) Thierman, Kelsi 10	
3 Twin Cedars	A	1:24.81
1) Milledge, Abi 11	2) Morgan, Katy 10	
3) Rigling, Amaya 10	4) Sterner, Katra 11	
4 Montezuma High School	A	1:27.33

Girls High Jump

Name	Yr	School	Finals
Finals			
1 Harwick, Emma	12	S Tama Cty	4-06.00
2 Lang, Desi	9	Hudson High	4-04.00

3 Ferry, Lily	9	Montezuma Hi	4-02.00
4 Weispfenning, Luella	09	Saydel	J4-02.00
--- Eilander, Ashlee	11	Montezuma Hi	NH

Girls Long Jump

Name	Yr	School	Finals
Finals			
1 Tenborg, Colbie	09	Saydel	15-06.75
2 Bear, Sia	11	Meskwaki Set	15-02.75
3 Dunkin, Rylee	12	Twin Cedars	15-00.00
4 Snook, Chloe	9	Montezuma Hi	14-09.50
5 Roorda, Izzy	11	Montezuma Hi	14-01.50
6 Burnett, Hayley	10	Montezuma Hi	x12-10.25
7 Sterner, Katra	11	Twin Cedars	12-05.25
8 Hudson, Alexis	09	Saydel	12-00.00
9 Keahna, Irene	12	Meskwaki Set	11-08.50
10 Ryan, Nevaeh	09	Saydel	x11-02.00

Girls Shot Put

Name	Yr	School	Finals
Finals			
1 Babinat, Kortney	12	S Tama Cty	38-08.00
2 Engel, Addy	10	Hudson High	36-05.00
3 Slifer, Taylor	10	S Tama Cty	30-11.50
4 Burton, Gabby	12	Waterloo Wes	30-08.50
5 Wickham, Tayler	10	Montezuma Hi	27-03.00
6 Stefancik, Peyton	11	Waterloo Wes	26-09.00
7 Lowe, Maci	12	Saydel	25-08.00
8 Moore, Sierra	--	Waterloo Wes	x25-02.00
9 Wilcox, Taylor	10	Montezuma Hi	25-01.50
9 Reiman, Elizabeth	10	Waterloo Wes	x25-01.50
11 Tudor, Rylee	10	Hudson High	25-01.00
12 Bos, Sam	11	Montezuma Hi	x23-11.00
13 Chyma, Abigail	10	S Tama Cty	x22-09.00
13 Santman, Sophia	9	Hudson High	x22-09.00
15 Degener, Addie	11	Hudson High	x22-06.00
16 Muilenburg, Madison	8	Montezuma Hi	x21-07.00
17 Lee, Nevaeh	10	Saydel	20-03.50
18 Lindahl, Payton	09	Saydel	x19-03.00
19 Bolkema, Morgan	10	Twin Cedars	17-06.00
20 Boyd, Kadin	10	Twin Cedars	16-07.00

Girls Discus Throw

Name	Yr	School	Finals
Finals			
1 Engel, Addy	10	Hudson High	108-11
2 Babinat, Kortney	12	S Tama Cty	95-00
3 Slifer, Taylor	10	S Tama Cty	88-01
4 Degener, Addie	11	Hudson High	87-09
5 Burton, Gabby	12	Waterloo Wes	79-02
6 Bos, Sam	11	Montezuma Hi	75-08
7 Tudor, Rylee	10	Hudson High	x74-01
8 Moore, Sierra	--	Waterloo Wes	71-10
9 Wickham, Tayler	10	Montezuma Hi	69-03
10 Santman, Sophia	9	Hudson High	x68-07
11 Chyma, Abigail	10	S Tama Cty	x65-05

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Finals ... (Girls Discus Throw)

Name	Yr	School	Finals
12 Stefancik, Peyton	11	Waterloo Wes	x64-08
13 Wilcox, Taylor	10	Montezuma Hi	x62-09
14 Muilenburg, Madison	8	Montezuma Hi	x59-03
15 Reiman, Elizabeth	10	Waterloo Wes	x54-11
16 Lindahl, Payton	09	Saydel	54-06
17 Boyd, Kady	10	Twin Cedars	49-02
18 Bolkema, Morgan	10	Twin Cedars	44-05

Boys 100 Meter Dash

Name	Yr	School	Finals
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Finals

1 Pushetonequa, Davian	12	Meskwaki Set	11.77
2 Witte, Slate	11	Gmg, Garwin	11.90
3 Blocker, Cody	10	S Tama Cty	11.94
4 Benner, Damien	12	S Tama Cty	12.30
5 Bridges, Jimmie	10	Saydel	12.36
6 Keller, Kolton	11	Saydel	12.47
7 Taylor, Blake	09	Hudson	12.50
8 Beary, Judson	10	Twin Cedars	12.56
9 Crile, Kiean	10	Hudson	12.56
10 Connett, Brenden	11	Twin Cedars	12.77
11 Danielsen, Cameron	12	Hudson	x12.96
12 Stevenson, Cayden	10	Hudson	x12.98
13 Jackson, Wyatt	12	Gmg, Garwin	13.54
14 Davenport, Darian	12	Meskwaki Set	13.86
15 Beichley, Jayden	09	Gmg, Garwin	x14.15
16 Lindahl, Cooper	10	Saydel	x14.30
17 Micetich, Blake	11	Twin Cedars	x14.40
18 Billy, Tibby	11	Meskwaki Set	x14.95
19 Dieleman, Henry	09	Gmg, Garwin	x17.60

Boys 200 Meter Dash

Name	Yr	School	Finals
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Finals

1 Woodbury, Jabari	11	Gmg, Garwin	23.49
2 Gilbert, Josh	10	Hudson	23.58
3 Blocker, Cody	10	S Tama Cty	24.12
4 Pushetonequa, Davian	12	Meskwaki Set	24.14
5 Bell, Camden	11	Hudson	24.89
6 Martinez, Francisco	09	Hudson	x25.20
7 Clegg, Tyrus	10	S Tama Cty	25.33
8 Crile, Kiean	10	Hudson	x25.53
9 Fee, Noah	11	Twin Cedars	26.09
10 Thompson, Gage	12	Saydel	27.49
11 Cecak, Carver	09	S Tama Cty	x28.49
12 Bartness, Damian	12	Saydel	28.53
13 Dieleman, Henry	09	Gmg, Garwin	38.00

Boys 400 Meter Dash

Name	Yr	School	Finals
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Finals

1 Woodbury, Jabari	11	Gmg, Garwin	53.02
2 Witte, Slate	11	Gmg, Garwin	55.83
3 Etzen, Trey	12	S Tama Cty	57.00

4 Ott, Micah	11	Twin Cedars	58.40
5 Cecak, Travis	11	S Tama Cty	58.50
6 Doland, Cooper	10	Hudson	58.56
7 Stephenson, Drayson	09	Gmg, Garwin	x1:01.70
8 Fish, Gavin	09	Hudson	1:01.79
9 Bastarache, Riley	09	S Tama Cty	x1:02.54
10 Bru, Jay	10	Gmg, Garwin	x1:05.10
11 Buskohl, Jamison	10	Hudson	x1:05.61

Boys 800 Meter Run

Name	Yr	School	Finals
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Finals

1 Tyynismaa, Tommy	11	S Tama Cty	2:04.74
2 Rohrs, Braxten	11	S Tama Cty	2:13.81
3 Dieleman, Grady	10	Gmg, Garwin	2:25.43
4 Teske, Noah	12	Gmg, Garwin	2:33.44
5 Heasley, Carter	11	Hudson	2:35.20
6 McPherrin, Jacob	09	Saydel	2:39.08
7 Weiss, Pelle	12	S Tama Cty	x2:42.67
8 Goemaat, Robert	9	Twin Cedars	2:53.31
9 Stephenson, Drayson	09	Gmg, Garwin	x2:53.51
10 Ryan, Xander	11	Twin Cedars	2:56.42
11 Keenan, Jack	10	S Tama Cty	x3:00.25

Boys 1600 Meter Run

Name	Yr	School	Finals
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Finals

1 Peck, Ryan	12	Hudson	5:15.14
2 Dieleman, Grady	10	Gmg, Garwin	5:17.73
3 Schirmer, Holden	11	S Tama Cty	5:21.98
4 Jesina, Barrett	09	S Tama Cty	5:32.58
5 Lock, Nahum	10	Saydel	5:41.17
6 Ibarra, Joangel	10	Twin Cedars	5:59.95
7 Stephenson, Drayson	09	Gmg, Garwin	6:45.49
8 Dieleman, Henry	09	Gmg, Garwin	x7:37.54

Boys 3200 Meter Run

Name	Yr	School	Finals
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Finals

1 Brant, James	11	S Tama Cty	10:28.58
2 Jesina, Barrett	09	S Tama Cty	11:00.56
3 Peck, Ryan	12	Hudson	11:03.31
4 Lock, Nahum	10	Saydel	11:43.76
5 Ibarra, Joangel	10	Twin Cedars	11:57.01
6 Stephenson, Drayson	09	Gmg, Garwin	14:06.13
7 Dieleman, Henry	09	Gmg, Garwin	15:08.05

Boys 110 Meter Hurdles

Name	Yr	School	Finals
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Finals

1 O'Clair, Aiden	12	S Tama Cty	16.43
2 Lause, Tate	09	Saydel	16.96
3 Bridges, Jimmie	10	Saydel	20.27
4 Beichley, Jayden	09	Gmg, Garwin	22.86

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Boys 400 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Messmore, Isaac	12	Hudson	1:00.74
2 O'Clair, Aiden	12	S Tama Cty	1:05.24
3 Van Dyke, Tate	09	Hudson	1:08.49
4 Lause, Tate	09	Saydel	1:09.34
5 Hanus, Wesley	09	S Tama Cty	1:10.60
6 Pencil, Austin	11	Gmg, Garwin	1:11.88
7 Buchanan, Jonas	09	Gmg, Garwin	1:15.07
8 Hill, Rayden	09	S Tama Cty	x1:17.33
9 Beichley, Jayden	09	Gmg, Garwin	x1:22.01
10 Goemaat, Robert	9	Twin Cedars	1:26.03

Boys 4x100 Meter Relay THROWERS REL

Team	Relay	Finals
Finals		
1 S Tama Cty	A	51.73
2 Hudson	A	56.67
3 Gmg, Garwin	A	1:00.14

Boys 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Gmg, Garwin	A	46.69
1) Kupka, Rider 09	2) Witte, Slate 11	
3) Waters, Anthony 11	4) Woodbury, Jabari 11	
2 S Tama Cty	A	46.70
1) Clegg, Tyrus 10	2) Etzen, Trey 12	
3) Dolash, Jeremy 11	4) Blocker, Cody 10	
3 S Tama Cty	B	x47.40
1) Brant, James 11	2) Rohrs, Braxten 11	
3) Rosenberger, Cade 11	4) Tyynismaa, Tommy 11	
4 Hudson	A	49.20
1) Taylor, Blake 09	2) Fish, Gavin 09	
3) Danielsen, Cameron 12	4) Vidal, Rafael 11	
5 Twin Cedars	A	49.30
--- Saydel	A	DQ
1) Keller, Kolton 11	2) Ollin, AJ 10	
3) Bridges, Jimmie 10	4) Schwartz, Bentley 10	

Boys 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 Hudson	A	1:42.08
1) Taylor, Blake 09	2) Stevenson, Cayden 10	
3) Love, Brailyn 10	4) Van Dyke, Tate 09	
2 Saydel	A	1:42.93
1) Ollin, AJ 10	2) Keller, Kolton 11	
3) Brooner, Conner 12	4) Schwartz, Bentley 10	
3 S Tama Cty	A	1:48.34
1) Dolash, Jeremy 11	2) Benner, Damien 12	
3) Bastarache, Riley 09	4) Chandonia, Timmothy 09	

4 Hudson	B	x1:51.61
1) Danielsen, Cameron 12	2) Vidal, Rafael 11	
3) Heasley, Carter 11	4) Heasley, Jaedyn 10	
5 Gmg, Garwin	A	1:52.13
1) Jackson, Wyatt 12	2) Teske, Colin 10	
3) Buchanan, Jonas 09	4) Pencil, Austin 11	

Boys 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Hudson	A	3:45.07
1) Holton, Ben 12	2) Gilbert, Josh 10	
3) Bell, Camden 11	4) Messmore, Isaac 12	
2 Hudson	B	x4:02.29
1) Buskohl, Jamison 10	2) Doland, Cooper 10	
3) Martinez, Francisco 09	4) Crile, Kiean 10	
3 Gmg, Garwin	A	4:05.78
1) Kupka, Rider 09	2) Waters, Anthony 11	
3) Teske, Colin 10	4) Teske, Noah 12	
4 S Tama Cty	A	4:16.40
1) Hill, Rayden 09	2) Bastarache, Riley 09	
3) Cecak, Carver 09	4) Cecak, Travis 11	

Boys 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 S Tama Cty	A	8:57.42
1) Rohrs, Braxten 11	2) Rosenberger, Cade 11	
3) Schirmer, Holden 11	4) Tyynismaa, Tommy 11	
2 Gmg, Garwin	A	10:40.00
1) Buchanan, Jonas 09	2) Pencil, Austin 11	
3) Teske, Colin 10	4) Teske, Noah 12	
3 Twin Cedars	A	11:23.76

Boys 800 Sprint Medley

Team	Relay	Finals
Finals		
1 Gmg, Garwin	A	1:42.17
1) Kupka, Rider 09	2) Waters, Anthony 11	
3) Witte, Slate 11	4) Woodbury, Jabari 11	
2 S Tama Cty	A	1:43.85
1) Clegg, Tyrus 10	2) Etzen, Trey 12	
3) Blocker, Cody 10	4) Cecak, Travis 11	
3 Hudson	A	1:49.15
1) Stevenson, Cayden 10	2) Buskohl, Jamison 10	
3) Martinez, Francisco 09	4) Van Dyke, Tate 09	
4 Hudson	B	x1:51.35
1) Fish, Gavin 09	2) Doland, Cooper 10	
3) Heasley, Carter 11	4) Love, Brailyn 10	
5 Twin Cedars	A	1:56.70
6 Saydel	A	1:59.83
1) Lause, Tate 09	2) Godwin, Grady 10	
3) Schwartz, Bentley 10	4) Thompson, Gage 12	

South Tama HS Coed Invite - 4/25/2023

4/25/2023

Results

Boys Distance Medley

Team	Relay	Finals
Finals		
1 Hudson	A	3:45.28
1) Messmore, Isaac 12	2) Bell, Camden 11	
3) Gilbert, Josh 10	4) Holton, Ben 12	
2 S Tama Cty	A	4:03.00
1 Hanus, Wesley 09	2) Hill, Rayden 09	
3) Rosenberger, Cade 11	4) Brant, James 11	
3 Gmg, Garwin	A	4:16.05
1) Kupka, Rider 09	2) Teske, Colin 10	
3) Teske, Noah 12	4) Dieleman, Grady 10	
4 Saydel	A	4:40.77
1) Godwin, Grady 10	2) Thompson, Gage 12	
3) Lock, Nahum 10	4) McPherren, Jacob 09	
5 S Tama Cty	B	x4:52.61
1) Cecak, Carver 09	2) Schirmer, Holden 11	
3) Keenan, Jack 10	4) Weiss, Pelle 12	
6 Twin Cedars	A	4:59.14

Boys 4x110 Meter Shuttle Hurdle

Team	Relay	Finals
Finals		
1 Saydel	A	1:07.42
1) Ollin, AJ 10	2) Brooner, Conner 12	
3) Bridges, Jimmie 10	4) Lause, Tate 09	
2 S Tama Cty	A	1:16.79
1) Dolash, Jeramy 11	2) Hanus, Wesley 09	
3) Hill, Rayden 09	4) O'Clair, Aiden 12	

Boys High Jump

Name	Yr	School	Finals
Finals			
1 O'Clair, Aiden	12	S Tama Cty	5-04.00
2 Dieleman, Grady	10	Gmg, Garwin	5-02.00
3 Doland, Cooper	10	Hudson	J5-02.00
4 Gilbert, Josh	10	Hudson	J5-02.00
--- Etzen, Trey	12	S Tama Cty	NH

Boys Long Jump

Name	Yr	School	Finals
Finals			
1 Clegg, Tyrus	10	S Tama Cty	19-09.00
2 Martinez, Francisco	09	Hudson	19-00.00
3 Crile, Kiean	10	Hudson	18-06.00
4 Messmore, Isaac	12	Hudson	x18-05.50
5 Bell, Camden	11	Hudson	x18-05.00
6 Fee, Noah	11	Twin Cedars	17-09.25
7 Ollin, AJ	10	Saydel	17-09.00
8 Dolash, Jeramy	11	S Tama Cty	17-00.25
9 Buchanan, Jonas	09	Gmg, Garwin	16-01.50
10 Connett, Brenden	11	Twin Cedars	15-08.25
11 Beichley, Jayden	09	Gmg, Garwin	13-10.00

Boys Shot Put

Name	Yr	School	Finals
Finals			
1 Ingamells, Kason	12	Hudson	45-05.00
2 Chandonia, Timmothy	09	S Tama Cty	37-11.50
3 Heasley, Jaedyn	10	Hudson	37-10.50
4 Smith, Cameron	12	Gmg, Garwin	36-10.50
5 Roberts, Drew	10	Hudson	x36-08.00
6 Victor, Diego	12	S Tama Cty	35-08.00
7 DeSchamp, Matthew	11	Gmg, Garwin	34-06.50
8 Lindahl, Cooper	10	Saydel	33-01.50
9 Godwin, Grady	10	Saydel	31-05.00
10 Bessman, Jay	09	Gmg, Garwin	x30-03.00
11 McDanel, Teagen	10	Twin Cedars	29-03.00
12 Poppe, Preston	11	Hudson	x29-00.50

Boys Discus Throw

Name	Yr	School	Finals
Finals			
1 Ingamells, Kason	12	Hudson	129-07
2 Victor, Diego	12	S Tama Cty	115-09
3 Chandonia, Timmothy	09	S Tama Cty	110-06
4 DeSchamp, Matthew	11	Gmg, Garwin	109-00
5 Jochumsen, Connor	10	Hudson	106-04
6 Waters, Anthony	11	Gmg, Garwin	101-11
7 Roberts, Drew	10	Hudson	x101-05
8 Bessman, Jay	09	Gmg, Garwin	x85-06
9 Godwin, Grady	10	Saydel	83-01
10 Benner, Damien	12	S Tama Cty	x83-00
11 Lindahl, Cooper	10	Saydel	77-00
12 Gomez, Miguel	09	Hudson	x76-01
13 Bru, Jay	10	Gmg, Garwin	x73-04
14 McDanel, Teagen	10	Twin Cedars	70-11
15 Grady, Dawson	9	Hudson High	9-00

Women - Team Rankings - 19 Events Scored

1) Hudson High School	140
2) Waterloo West High School	117
3) Montezuma High School	88
4) Saydel	78
5) S Tama Cty	74
6) Twin Cedars High School	42
7) Meskwaki Settle	14

Men - Team Rankings - 19 Events Scored

1) S Tama Cty	190
2) Hudson	139
3) Gmg, Garwin	124
4) Saydel	54
5) Twin Cedars High School	27
6) Meskwaki Settle	14