

RVC Cross Country Conference Meet - 4/29/2024**Shadow Valley Golf Course****Results****Girls 100 Meter Dash**

Name	Year School	Seed	Finals	H#	Points
Finals					
1 Hast, Morgan	Boyer Valley	12.90	13.23	2	10
2 Cook, Lauren	Cr-Bayard	13.54	14.01	2	8
3 Hoefer, Taylor	Woodbine	14.16	14.33	2	6
4 Williamson, Kylee	Cam, Anita	13.75	14.46	2	4
5 Follmann, Emma	Cam, Anita	14.47	14.54	2	2
6 Wenck, Kassidy	Glidden-Ralston	15.00	14.84	2	1
7 Schafer, Caydi	Woodbine	15.17	15.00	2	
8 Marr, Trinity	W Harrison	16.27	15.47	1	
9 Reed, Maggie	Paton-Churdan	15.93	15.47	1	
10 Wiles, Whitney	Cr-Bayard	15.99	15.67	1	
11 Melton, Sarah	Ar-We-Va	15.28	15.70	2	
12 Ertz, Emma	Glidden-Ralston	15.99	16.00	1	
13 Bowman, Aiyana	W Harrison	15.66	16.50	1	
14 Heistand, Mia	Boyer Valley	15.92	16.63	1	
15 Berns, Maggie	Ar-We-Va	16.54	17.12	1	
16 Hobbs, Cat	Paton-Churdan	18.23	17.27	1	

Girls 200 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1 Hast, Morgan	Boyer Valley	27.10	27.57	2	10
2 Pryor, Katy	Woodbine	27.16	27.74	2	8
3 Cook, Lauren	Cr-Bayard	28.88	29.21	2	6
4 Sulllivan, Sylvia	Boyer Valley	29.88	29.31	2	4
5 Coenen, Adalynn	Woodbine	29.05	29.56	2	2
6 Wenck, Kassidy	Glidden-Ralston	30.00	30.74	2	1
7 Williamson, Kylee	Cam, Anita	29.26	31.07	2	
8 Venteicher, Gracie	Cam, Anita	31.20	31.54	1	
9 Thomas, Rylie	Cr-Bayard	31.04	31.82	1	
10 Minnihan, Kaliyah	Paton-Churdan	30.40	32.55	2	
11 Ertz, Emma	Glidden-Ralston	33.80	33.39	1	
12 Melton, Sarah	Ar-We-Va	32.83	33.59	1	
13 Bowman, Aiyana	W Harrison	34.74	35.26	1	
14 Bernard, Morgan	W Harrison	32.67	36.63	1	

Girls 400 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1 Pryor, Katy	Woodbine	1:01.69	1:01.37	2	10
2 Eddy, Amelia	Cr-Bayard	1:07.21	1:06.84	2	8
3 South, Alison	Cam, Anita	1:08.95	1:08.18	2	6
4 Gorham, Clara	Boyer Valley	1:10.04	1:08.26	2	4
5 Snyder, Allison	Glidden-Ralston	1:10.50	1:10.95	2	2
6 Eden, Jaci	Cam, Anita	1:13.05	1:11.72	2	1
7 Muff, Lauryn	Boyer Valley	1:17.21	1:14.98	1	
8 Bernard, Morgan	W Harrison	1:19.00	1:20.59	1	

RVC Cross Country Conference Meet - 4/29/2024**Shadow Valley Golf Course****Results****Girls 800 Meter Run**

Name	Year School	Seed	Finals	Points
1 Hansen, Ada	Cam, Anita	2:25.12	2:26.76	10
2 Cue, Hailey	Boyer Valley	2:37.14	2:35.83	8
3 Cogdill, Reagan	Woodbine	2:39.39	2:37.46	6
4 Barry, Kate	Woodbine	2:52.56	2:45.83	4
5 Eden, Jaci	Cam, Anita	2:52.71	2:49.47	2
6 Snyder, Allison	Glidden-Ralston	2:52.50	2:56.98	1
7 Hartwigsen, BreAnn	Glidden-Ralston	2:59.44	2:57.41	
8 Thomas, Reegan	Cr-Bayard	2:53.95	3:00.75	
9 Teed, Shianne	Paton-Churdan	3:03.66	3:01.66	
10 Hobbs, Cat	Paton-Churdan	3:29.56	3:23.38	

Girls 1500 Meter Run

Name	Year School	Seed	Finals	Points
1 Seda, Izabelle	Woodbine	5:28.40	5:25.55	10
2 Lapel, Adyson	Woodbine	5:26.34	5:26.98	8
3 Gorham, Clara	Boyer Valley	5:33.99	5:42.85	6
4 Hundling, Gabrielle	Ar-We-Va	5:55.04	5:47.83	4

Girls 3000 Meter Run

Name	Year School	Seed	Finals	Points
1 Lapel, Adyson	Woodbine	11:36.02	11:58.21	10
2 Cogdill, Reagan	Woodbine	12:02.80	12:09.89	8
3 South, Mia	Cam, Anita	16:39.50	14:50.51	6

Girls 100 Meter Hurdles

Name	Year School	Seed	Finals	Points
1 Lillard, Bailey	Cam, Anita	17.32	17.56	10
2 Rich, Ruthie	Cam, Anita	17.53	17.79	8
3 Neligh, Kylie	Woodbine	17.76	18.09	6
4 Hoefer, Nicole	Woodbine	17.60	18.14	4
5 Gunia, Maddie	Boyer Valley	17.98	19.08	2
6 Hofbauer, Aubrey	Cr-Bayard	20.13	20.05	1
7 Bromert, Mataya	Boyer Valley	20.20	20.40	

Girls 400 Meter Hurdles

Name	Year School	Seed	Finals	H#	Points
1 Hansen, Ada	Cam, Anita	1:08.42	1:07.61	2	10
2 Malone, Lauren	Boyer Valley	1:10.00	1:07.83	2	8
3 Houston, Maclayn	W Harrison	1:12.24	1:14.37	2	6
4 Ragaller, Amber	Ar-We-Va	1:20.91	1:17.51	1	4
5 Heithoff, Ella	Cr-Bayard	1:19.92	1:17.65	2	2
6 Neligh, Kylie	Woodbine	1:22.16	1:19.55	1	1
7 South, Mia	Cam, Anita	1:18.99	1:24.64	2	
8 Olson, Elise	Woodbine	1:28.18	1:32.29	1	

RVC Cross Country Conference Meet - 4/29/2024**Shadow Valley Golf Course****Results****Girls 4x100 Meter Relay**

School	Seed	Finals	Points
1 Cam, Anita 'A'	55.17	55.31	10
1) Follmann, Emma			
3) Follmann, Courtney			
2 Cr-Bayard 'A'	56.02	56.60	8
1) Cook, Lauren			
3) Heithoff, Ella			
3 Boyer Valley 'A'	58.10	58.05	6
1) Gunia, Maddie			
3) Mahnel, Johanna			
4 Woodbine 'A'	53.97	58.33	4
1) Leaders, Reese			
3) Coenen, Adalynn			
5 Glidden-Ralston 'A'	1:03.30	1:01.61	2
1) Ertz, Emma			
3) Hartwigsen, BreAnn			
6 Ar-We-Va 'A'	1:02.76	1:01.63	1
1) Skinner, Allison			
3) Gonzalez, Noelia			
7 Paton-Churdan 'A'	1:03.16	1:02.73	
1) Hobbs, Bridget			
3) Reed, Maggie			

Girls 4x200 Meter Relay

School	Seed	Finals	Points
1 Woodbine 'A'	2:02.00	1:56.95	10
1) Schafer, Caydi			
3) Hoefer, Taylor			
2 Cam, Anita 'A'	2:01.25	2:00.57	8
1) Steffen, Brookelyn			
3) Lund, Raelyn			
3 Boyer Valley 'A'	1:59.87	2:05.06	6
1) Meeves, Kimarie			
3) Malone, Morgan			
4 Cr-Bayard 'A'	1:56.45	2:06.41	4
1) Thomas, Rylie			
3) Clayburg, Malia			
5 Ar-We-Va 'A'	2:14.66	2:11.53	2
1) Skinner, Allison			
3) Gonzalez, Noelia			
6 Paton-Churdan 'A'	2:18.85	2:18.03	1
1) Tasler, Ella			
3) Teed, Shianne			

Girls 4x400 Meter Relay

School	Seed	Finals	Points
1 Woodbine 'A'	4:30.02	4:22.83	10
1) Placek, Charlotte			
3) Seda, Izabelle			
2 Cam, Anita 'A'	4:55.28	5:01.24	8

RVC Cross Country Conference Meet - 4/29/2024**Shadow Valley Golf Course****Results****....Girls 4x400 Meter Relay**

1) South, Alison	2) Eden, Jaci			
3) Walton, Callie	4) Steffen, Brookelyn			
3 Boyer Valley 'A'	5:03.24	5:06.71	6	
1) Muff, Lauryn	2) Heistand, Lily			
3) Malone, Morgan	4) Melby, Natalie			

Girls 4x800 Meter Relay

School	Seed	Finals	Points
1 Boyer Valley 'A'	10:20.98	10:26.34	10
1) Cue, Hailey	2) Gorham, Clara		
3) O'Day, Jessica	4) Malone, Lauren		
2 Woodbine 'A'	10:40.76	10:42.82	8
1) Seda, Izabelle	2) Placek, Charlotte		
3) Cogdill, Reagan	4) Lapel, Adyson		
3 Cam, Anita 'A'	12:00.47	12:22.32	6
1) Eden, Jaci	2) South, Alison		
3) Walton, Callie	4) Chaney, Lyndsey		

Girls 800 Sprint Medley

School	Seed	Finals	Points
1 Woodbine 'A'	1:57.54	1:59.54	10
1) Coenen, Adalynn	2) Hoefer, Nicole		
3) Steinkuehler, Danyelle	4) Pryor, Katy		
2 Cam, Anita 'A'	2:00.23	2:02.41	8
1) Follmann, Emma	2) Lillard, Bailey		
3) Williamson, Kylee	4) Hansen, Ada		
3 Ar-We-Va 'A'	2:11.46	2:09.71	6
1) Skinner, Allison	2) Berns, Maggie		
3) Berg, Morgan	4) Hundling, Gabrielle		
4 Cr-Bayard 'A'	2:10.68	2:13.21	4
1) Thomas, Rylie	2) Mason, Maddy		
3) Klocke, Ashtyn	4) Thomas, Reegan		
5 Glidden-Ralston 'A'	2:16.87	2:16.59	2
1) Janssen, Tiela	2) Hartwigsen, BreAnn		
3) Wenck, Kassidy	4) Snyder, Allison		
6 Boyer Valley 'A'	2:06.58	2:18.03	1
1) Meeves, Kimarie	2) Heistand, Mia		
3) Malone, Morgan	4) Melby, Natalie		
7 Paton-Churdan 'A'	2:23.42	2:25.14	
1) Hobbs, Bridget	2) Reed, Maggie		
3) Minnihan, Kaliyah	4) Teed, Shianne		

Girls Distance Medley

School	Seed	Finals	Points
1 Woodbine 'A'	4:55.00	4:51.34	10
1) Crook, Isabell	2) O'Day, Abby		
3) Placek, Charlotte	4) Seda, Izabelle		
2 Boyer Valley 'A'	4:51.99	4:55.30	8
1) Sulllivan, Sylvia	2) Malone, Lauren		

RVC Cross Country Conference Meet - 4/29/2024**Shadow Valley Golf Course****Results****....Girls Distance Medley**

3) Cue, Hailey	4) O'Day, Jessica			
3 Ar-We-Va 'A'	4:58.83	4:56.84	6	
1) Skinner, Allison	2) Melton, Sarah			
3) Ragaller, Amber	4) Hundling, Gabrielle			
4 Cam, Anita 'A'	5:05.00	5:09.53	4	
1) Steffen, Brookelyn	2) Venteicher, Gracie			
3) Walton, Callie	4) Chaney, Lyndsey			
5 Cr-Bayard 'A'		5:12.61	2	
1) Thomas, Rylie	2) Mason, Maddy			
3) Klocke, Ashtyn	4) Thomas, Reegan			

Girls 4x100 Meter Shuttle Hurdle

School	Seed	Finals	H#	Points
1 Woodbine 'A'	1:12.74	1:11.59	2	10
1) Coenen, Adalynn	2) Leaders, Reese			
3) Hoefer, Nicole	4) Neligh, Kylie			
2 Cam, Anita 'A'	1:14.13	1:13.35	2	8
1) Hansen, Ada	2) Steffen, Brookelyn			
3) Lillard, Bailey	4) Rich, Ruthie			
3 Cr-Bayard 'A'	1:14.29	1:13.64	2	6
1) Cook, Lauren	2) Hofbauer, Aubrey			
3) Eddy, Amelia	4) Clayburg, Malia			
4 Ar-We-Va 'A'	1:20.54	1:19.10	1	4
1) Hundling, Gabrielle	2) Gonzalez, Noelia			
3) Berg, Morgan	4) Ragaller, Amber			
5 Boyer Valley 'A'	1:20.43	1:22.46	1	2
1) Gunia, Maddie	2) Muff, Lauryn			
3) Bromert, Mataya	4) Malone, Lauren			

Girls High Jump

Name	Year School	Seed	Finals	Points
1 Hast, Morgan	Boyer Valley	5-03.00	J5-02.00	10
2 Clayburg, Malia	Cr-Bayard	5-00.00	J5-00.00	8
3 Houston, Maclayn	W Harrison	4-10.00	J4-10.00	6
4 Neligh, Kylie	Woodbine	4-10.00	J4-08.00	4
5 Crook, Isabell	Woodbine	4-04.00	J4-06.00	2
6 Lund, Raelyn	Cam, Anita	4-06.00	J4-04.00	0.50
6 Heithoff, Ella	Cr-Bayard	4-06.00	J4-04.00	0.50

Girls Long Jump

Name	Year School	Seed	Finals	Points
1 Hoefer, Taylor	Woodbine	14-06.00	14-11.50	10
2 Leaders, Reese	Woodbine	14-06.00	13-10.00	8
3 Ragaller, Amber	Ar-We-Va	14-07.50	13-09.00	6
4 Mahnel, Johanna	Boyer Valley	12-06.00	11-03.50	4
5 Gerlich, Annelie	Boyer Valley	12-03.00	11-00.50	2
6 Morford, Lily	Cam, Anita	4-10.00	6-02.00	1

RVC Cross Country Conference Meet - 4/29/2024**Shadow Valley Golf Course****Results****Girls Shot Put**

Name	Year School	Seed	Finals	Points
1 Newton, Amanda	Woodbine	36-09.25	38-02.00	10
2 Mitchell, Jenna	Boyer Valley	34-09.00	31-07.00	8
3 Mason, Maddy	Cr-Bayard	33-10.50	31-02.00	6
4 Sulllivan, Sylvia	Boyer Valley	31-04.75	31-01.00	4
5 Follmann, Courtney	Cam, Anita	31-01.50	29-03.00	2
6 Clayburg, Breeley	Cr-Bayard	33-00.00	27-04.00	1
7 Kelley, Bridgette	Woodbine	29-06.00	26-11.00	
8 Burg, Macy	Cam, Anita	27-08.00	26-10.00	
9 Heilig, Tia	W Harrison	26-11.00	25-06.00	
10 Larson, Sadie	W Harrison	24-06.00	23-11.25	

Girls Discus Throw

Name	Year School	Seed	Finals	Points
1 Newton, Amanda	Woodbine	107-00	118-11	10
2 Follmann, Courtney	Cam, Anita	103-09	107-07	8
3 Smith, Alivya	Paton-Churdan	90-06	99-01	6
4 Barber, Lilly	Cam, Anita	89-06	98-04	4
5 Evans, Rylee	W Harrison	86-03	90-00	2
6 Crook, Emma	Woodbine	88-07	76-08	1
7 Mason, Maddy	Cr-Bayard	87-10	71-08	
8 Reiling, Izzy	Cr-Bayard	69-07.50	70-05	
9 Lewis, Erin	W Harrison	71-00	65-10	
10 Tasler, Ella	Paton-Churdan	70-07	60-05	

Boys 100 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1 Emgarten, Cash	Ehk-Exira	10.99	11.38	2	10
2 Oswald, Caden	Cr-Bayard	11.31	11.53	2	8
3 Spieker, Chase	Cam, Anita	11.75	12.23	2	6
4 Reed, Dillon	Woodbine	12.24	12.25	2	4
5 Croghan, Kegan	Cam, Anita	11.85	12.26	2	2
6 Keely, Trevon	Paton-Churdan	12.39	12.31	1	1
7 Bauer, Ethan	Cr-Bayard	12.25	12.32	2	
8 Garside, Owen	Boyer Valley	11.88	12.35	2	
9 Hansen, Alex	Ehk-Exira	12.06	12.57	2	
10 Tremel, Matthew	Woodbine	12.67	12.81	1	
11 Thomsen, Damon	Ar-We-Va	13.96	13.77	1	
12 Pedersen, Dane	Paton-Churdan	13.74	14.28	1	
13 Hanson, Jacob	Ar-We-Va		14.62	1	
14 Dirkx, Maddox	Glidden-Ralston	13.61	15.36	1	

Boys 200 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1 Emgarten, Cash	Ehk-Exira	22.38	23.09	2	10
2 Oswald, Caden	Cr-Bayard	23.57	23.83	2	8
3 Pryor, Brody	Woodbine	23.15	24.23	2	6
4 Blum, Landon	Woodbine	23.77	24.27	2	4

RVC Cross Country Conference Meet - 4/29/2024**Shadow Valley Golf Course****Results****....Boys 200 Meter Dash**

5 Garside, Owen	Boyer Valley	25.00	25.02	2	2
6 Heiman, Justin	Boyer Valley	24.67	25.20	2	1
7 Rohrbeck, Landon	Glidden-Ralston	25.30	25.34	2	
8 Brabham, Bryce	Ehk-Exira	25.76	25.70	1	
9 Culbertson, Mason	Cr-Bayard	25.44	26.52	1	
10 Chester, Brayden	Cam, Anita	28.41	26.98	1	
11 Cambage, Declan	Cam, Anita	27.03	27.04	1	
12 Hartman, Phoenix	Paton-Churdan	24.50	27.60	2	
13 Hanson, Jacob	Ar-We-Va	30.07	29.76	1	

Boys 400 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1 Pryor, Brody	Woodbine	53.24	52.14	2	10
2 Blum, Landon	Woodbine	53.99	52.66	2	8
3 Heiman, Justin	Boyer Valley	54.64	54.46	2	6
4 McKee, Carson	Cam, Anita	57.61	56.09	2	4
5 Keely, Trevon	Paton-Churdan	54.81	56.19	2	2
6 Hartman, Phoenix	Paton-Churdan	1:01.33	1:01.52	2	1
7 Jessen, Levi	Ehk-Exira	1:04.21	1:05.71	2	
8 Hanson, Jacob	Ar-We-Va	1:09.88	1:09.02	1	
9 Ty, John	Ehk-Exira	1:06.54	1:09.94	2	
10 Schneckloth, Drue	Boyer Valley		1:13.29	1	
11 Smith, Austin	Cr-Bayard	1:16.26	1:18.25	1	

Boys 800 Meter Run

Name	Year School	Seed	Finals	Points
1 Bendgen, Landon	Woodbine	1:59.52	2:05.58	10
2 Gorham, Dane	Boyer Valley	2:14.33	2:11.36	8
3 Tremel, Thomas	Woodbine	2:15.08	2:16.30	6
4 Toft, Weston	Ar-We-Va	2:22.34	2:20.76	4
5 Wilson, Eric	Ehk-Exira	2:22.73	2:28.87	2
6 Jessen, Levi	Ehk-Exira	2:38.47	2:53.02	1
7 McCurdy, Dustin	Cam, Anita	3:12.27	3:19.08	

Boys 1600 Meter Run

Name	Year School	Seed	Finals	Points
1 Bendgen, Landon	Woodbine	4:15.08	4:32.93	10
2 Wagner, Gunner	Woodbine	4:33.17	4:44.90	8
3 Gorham, Dane	Boyer Valley	4:56.44	5:06.15	6
4 Smith, Blayne	Ar-We-Va	5:03.02	5:12.00	4
5 Rasmussen, Austin	Ehk-Exira	5:08.14	5:14.62	2
6 Freet, Sean	W Harrison	5:25.30	5:37.84	1
7 Thomsen, Logan	Boyer Valley	5:36.81	5:38.28	
8 Thelin, Joe	Glidden-Ralston	5:24.51	5:55.27	
9 Baggett, Ben	Ehk-Exira	6:25.66	6:29.31	
10 McCurdy, Dustin	Cam, Anita	6:50.89	7:38.43	

RVC Cross Country Conference Meet - 4/29/2024**Shadow Valley Golf Course****Results****Boys 3200 Meter Run**

Name	Year School	Seed	Finals	Points
1 Wagner, Gunner	Woodbine	10:07.19	10:07.48	10
2 Gorham, Dane	Boyer Valley	11:17.06	10:55.14	8
3 Estrada, Evan	Woodbine	10:38.71	10:56.76	6
4 Rasmussen, Austin	Ehk-Exira	10:54.91	10:59.32	4
5 Wilson, Eric	Ehk-Exira		11:58.39	2
6 Thelin, Joe	Glidden-Ralston	11:52.77	12:11.52	1
7 Thomsen, Logan	Boyer Valley	12:17.65	12:20.47	

Boys 110 Meter Hurdles

Name	Year School	Seed	Finals	Points
1 Follmann, Jack	Cam, Anita	14.61	15.11	10
2 Heydon, Cal	Cr-Bayard	15.97	16.17	8
3 Bergmeier, Jonathan	Glidden-Ralston	16.49	16.58	6
4 Obert, Lucas	Cr-Bayard	16.53	16.91	4
5 Cone, Joshua	Boyer Valley	19.91	20.10	2
6 Fitchhorn, Austin	Woodbine	19.85	20.13	1
7 Murdock, Connor	Woodbine	21.29	21.80	

Boys 400 Meter Hurdles

Name	Year School	Seed	Finals	H#	Points
1 Follmann, Jack	Cam, Anita	54.51	55.25	2	10
2 Wingert, Owen	Woodbine	59.82	57.76	2	8
3 LaCanne, Jonas	Ehk-Exira	59.20	58.63	2	6
4 Ragaller, Wyatt	Ar-We-Va	1:00.94	58.64	2	4
5 Bergmeier, Jonathan	Glidden-Ralston	1:01.56	1:00.21	2	2
6 McKee, Carson	Cam, Anita	1:02.64	1:02.85	2	1
7 Obert, Lucas	Cr-Bayard	1:05.00	1:06.35	2	
8 Cone, Joshua	Boyer Valley	1:09.83	1:07.95	1	
9 Juhl, Owen	Ehk-Exira	1:09.28	1:10.03	1	
10 Moores, Keaton	Woodbine	1:12.69	1:11.92	1	

Boys 4x100 Meter Relay

School	Seed	Finals	Points
1 Cr-Bayard 'A'	45.47	45.22	10
1) Oswald, Wyatt			
3) Hays, Parker			
2 Cam, Anita 'A'	46.42	46.10	8
1) Croghan, Kegan			
3) Winther, Kayden			
3 Woodbine 'A'	45.84	47.80	6
1) Reed, Dillon			
3) Jacob, Artz			
4 Ehk-Exira 'A'	49.00	49.12	4
1) Devereaux-Carlile, Jathen			
3) Brabham, Bryce			
5 Boyer Valley 'A'	49.70	49.14	2
1) Garside, Owen			
2) Culbertson, Kolby			
4) Oswald, Caden			
2) Spieker, Chase			
4) Follmann, Jack			
2) Sullivan, Brenner			
4) Tremel, Matthew			
2) LaCanne, Jonas			
4) Hansen, Alex			
2) Heiman, Justin			

RVC Cross Country Conference Meet - 4/29/2024**Shadow Valley Golf Course****Results****....Boys 4x100 Meter Relay**

3) Petersen, Cooper	4) Koski, Brody			
6 Ar-We-Va 'A'		50.59	51.26	1
1) Riesselman, Johnathan	2) Thomsen, Damon			
3) Toft, Weston	4) Ehlers, Devon			
7 Glidden-Ralston 'A'		53.00	58.51	
1) Hunter, Wade	2) Dirkx, Maddox			
3) Olderog, Ryan	4) Daniel, Alex			

Boys 4x200 Meter Relay

School	Seed	Finals	Points
1 Cr-Bayard 'A'	1:34.77	1:34.83	10
1) Oswald, Wyatt	2) Culbertson, Kolby		
3) Hays, Parker	4) Oswald, Caden		
2 Ehk-Exira 'A'	1:36.86	1:37.30	8
1) Hansen, Alex	2) Brabham, Bryce		
3) LaCanne, Jonas	4) Emgarten, Cash		
3 Woodbine 'A'	1:35.99	1:40.52	6
1) Reed, Dillon	2) Barry, Adam		
3) Jacob, Artz	4) Sullivan, Brenner		
4 Ar-We-Va 'A'	1:43.01	1:45.66	4
1) Riesselman, Johnathan	2) Thomsen, Damon		
3) Toft, Weston	4) Ehlers, Devon		
5 Boyer Valley 'A'	1:43.05	1:47.54	2
1) Lehan, Owen	2) Cone, Joshua		
3) Koski, Brody	4) Hicks, Hayden		
6 W Harrison 'A'	1:51.50	1:53.65	1
1) Hopkins, Carson	2) Tyson, Markus		
3) Tyson, Julyan	4) Pfeifer, Trevvin		

Boys 4x400 Meter Relay

School	Seed	Finals	Points
1 Woodbine 'A'	3:40.86	3:32.02	10
1) Barry, Adam	2) Wingert, Owen		
3) Blum, Landon	4) Pryor, Brody		
2 Glidden-Ralston 'A'	3:53.78	3:54.10	8
1) Snyder, Emmett	2) Bergmeier, Jonathan		
3) Christian, Lucas	4) Rohrbeck, Landon		
3 Ehk-Exira 'A'	4:20.00	4:09.65	6
1) Reinhart, Phil	2) Juhl, Owen		
3) Jessen, Levi	4) Wilson, Eric		
4 Boyer Valley 'A'	4:00.31	4:12.08	4
1) Reineke, Levi	2) Burkhart, Tristen		
3) Ringenberg, Calum	4) Hicks, Hayden		
-- W Harrison 'A'		DQ	
1) Kraft, James	2) Blue, Ethan		
3) Freet, Sean	4) Birdsall, Nolan		

RVC Cross Country Conference Meet - 4/29/2024**Shadow Valley Golf Course****Results****Boys 4x800 Meter Relay**

School	Seed	Finals	Points
1 Woodbine 'A'	8:37.26	8:59.01	10
1) Colwell, Aaron	2) Barry, Adam		
3) Tremel, Thomas	4) Wagner, Gunner		
2 W Harrison 'A'	9:16.48	10:05.20	8
1) Pfeifer, Trevvin	2) Kraft, James		
3) Blue, Ethan	4) Freet, Sean		
3 Ehk-Exira 'A'	9:49.94	10:29.56	6
1) Reinhart, Phil	2) Juhl, Owen		
3) Jessen, Levi	4) Baggett, Ben		
4 Boyer Valley 'A'	11:03.61	10:42.52	4
1) Burkhart, Tristen	2) Hicks, Hayden		
3) Lantz, Lucas	4) Ringenberg, Calum		

Boys 800 Sprint Medley

School	Seed	Finals	Points
1 Woodbine 'A'	1:40.65	1:39.14	10
1) Barry, Adam	2) Wingert, Owen		
3) Pryor, Brody	4) Bendgen, Landon		
2 Cam, Anita 'A'	1:40.73	1:39.84	8
1) Croghan, Kegan	2) Spieker, Chase		
3) Winther, Kayden	4) Follmann, Jack		
3 Ar-We-Va 'A'	1:47.64	1:43.81	6
1) Riesselman, Johnathan	2) Ehlers, Devon		
3) Ragaller, Wyatt	4) Smith, Blayne		
4 Boyer Valley 'A'	1:47.34	1:44.08	4
1) Koski, Brody	2) Cone, Joshua		
3) Reineke, Levi	4) Heiman, Justin		
5 Glidden-Ralston 'A'	1:43.59	1:44.40	2
1) Daniel, Alex	2) Christian, Lucas		
3) Rohrbeck, Landon	4) Snyder, Emmett		
6 Ehk-Exira 'A'	1:46.99	1:47.11	1
1) Devereaux-Carlile, Jathen	2) Brabham, Bryce		
3) Hansen, Alex	4) LaCanne, Jonas		
7 Cr-Bayard 'A'	1:49.96	1:49.73	
1) Bauer, Ethan	2) Culbertson, Mason		
3) Hays, Parker	4) Heydon, Ty		

Boys Distance Medley

School	Seed	Finals	Points
1 Woodbine 'A'	3:38.98	3:48.15	10
1) Sullivan, Brenner	2) Wingert, Owen		
3) Wagner, Gunner	4) Bendgen, Landon		
2 Ar-We-Va 'A'		3:54.27	8
1) Riesselman, Johnathan	2) Ehlers, Devon		
3) Ragaller, Wyatt	4) Smith, Blayne		
3 Glidden-Ralston 'A'	3:56.00	4:05.94	6
1) Daniel, Alex	2) Christian, Lucas		
3) Rohrbeck, Landon	4) Snyder, Emmett		
4 Ehk-Exira 'A'	4:25.00	4:17.31	4

RVC Cross Country Conference Meet - 4/29/2024**Shadow Valley Golf Course****Results****....Boys Distance Medley**

1) Devereaux-Carlile, Jathen	2) Wilson, Eric			
3) Reinhart, Phil	4) Rasmussen, Austin			
5 Boyer Valley 'A'		4:08.71	4:20.25	2
1) Hicks, Hayden	2) Reineke, Levi			
3) Burkhart, Tristen	4) Thomsen, Logan			
6 Cr-Bayard 'A'			4:21.61	1
1) Bauer, Ethan	2) Culbertson, Mason			
3) Heydon, Ty	4) Hillgenberg, Kellen			
7 W Harrison 'A'		4:18.21	4:22.75	
1) Kraft, James	2) Hopkins, Carson			
3) Birdsall, Nolan	4) Freet, Sean			

Boys 4x100 Meter Shuttle Hurdle

School	Seed	Finals	Points
1 Cr-Bayard 'A'	1:02.69	1:03.52	10
1) Cortez, Johnny	2) Hays, Parker		
3) Obert, Lucas	4) Heydon, Cal		
2 Cam, Anita 'A'	1:09.82	1:08.69	8
1) Spieker, Chase	2) Winther, Kayden		
3) McKee, Carson	4) Croghan, Kegan		
3 Woodbine 'A'	1:14.50	1:16.70	6
1) Sullivan, Brenner	2) Fitchhorn, Austin		
3) Freund, Joe	4) Moores, Keaton		
4 W Harrison 'A'		1:35.14	4
1) Tyson, Markus	2) Tyson, Julyan		
3) Hopkins, Carson	4) Pfeifer, Trevvin		

Boys High Jump

Name	Year School	Seed	Finals	Points
1 Keely, Trevon	Paton-Churdan	6-02.00	J6-04.00	10
2 Blum, Landon	Woodbine	6-02.00	J6-02.00	7
3 Culbertson, Kolby	Cr-Bayard	6-01.00	J6-02.00	7
4 Emgarten, Cash	Ehk-Exira	6-00.00	J5-10.00	4
5 Christian, Lucas	Glidden-Ralston	5-07.00	J5-04.00	2

Boys Long Jump

Name	Year School	Seed	Finals	Points
1 Ragaller, Wyatt	Ar-We-Va	20-06.00	20-00.00	10
2 Keely, Trevon	Paton-Churdan	19-09.50	19-00.00	8
3 Winther, Kayden	Cam, Anita	20-00.00	18-08.00	6
4 Bergmeier, Jonathan	Glidden-Ralston	18-06.00	18-04.00	4
5 Reed, Dillon	Woodbine	17-10.00	17-05.00	2
6 Culbertson, Mason	Cr-Bayard	17-10.00	17-00.00	1
7 Reinhart, Phil	Ehk-Exira	15-06.00	16-11.00	
8 Burkhart, Tristen	Boyer Valley	17-11.00	16-08.50	
9 Daniel, Alex	Glidden-Ralston	17-02.50	16-04.50	
10 Reineke, Levi	Boyer Valley	17-05.00	16-02.00	
11 Hartman, Phoenix	Paton-Churdan	17-11.50	15-10.00	
12 Green, Karter	Woodbine	16-01.50	15-09.00	

RVC Cross Country Conference Meet - 4/29/2024**Shadow Valley Golf Course****Results****Boys Shot Put**

Name	Year School	Seed	Finals	Points
1 Heydon, Cal	Cr-Bayard	47-05.00	J45-05.00	10
2 Birdsall, Nolan	W Harrison	43-10.00	J42-10.00	8
3 Pryor, Jax	Woodbine	46-04.75	J42-08.00	6
4 Hunter, Wade	Glidden-Ralston	42-05.50	J39-08.00	4
5 Kelley, Gavin	Woodbine	41-05.00	J38-06.00	2
6 Barry, Jason	W Harrison	40-03.00	J38-06.00	1
7 Lehan, Owen	Boyer Valley	37-05.00	36-08.00	
8 Young, Anthony	Ehk-Exira	32-07.00	31-04.00	
9 Chester, Brayden	Cam, Anita	37-02.00	30-00.00	
9 Mohr, Tyler	Cr-Bayard	36-06.50	30-00.00	
11 Olderog, Ryan	Glidden-Ralston	29-11.00	29-05.00	
12 Soma, Cale	Boyer Valley	35-02.25	29-03.00	
13 Cambage, Declan	Cam, Anita	28-00.00	13-00.00	

Boys Discus Throw

Name	Year School	Seed	Finals	Points
1 Pryor, Jax	Woodbine	139-07	145-01	10
2 Kelley, Gavin	Woodbine	139-06	134-08	8
3 Chester, Brayden	Cam, Anita	130-02	123-11	6
4 Barry, Jason	W Harrison	123-08	118-03	4
5 Devereaux-Carlile, Jathe	Ehk-Exira	100-06	101-08	2
6 Hunter, Wade	Glidden-Ralston	10-08.25	100-07	1
7 Petersen, Cooper	Boyer Valley	108-02	100-00	
8 Reiling, Charles	Cr-Bayard	91-11	97-09	
9 Young, Anthony	Ehk-Exira	97-02.50	94-04	
10 Olderog, Ryan	Glidden-Ralston	92-11	91-09	
11 Cambage, Declan	Cam, Anita	79-02	83-02	
12 Dumbaugh, Landon	Boyer Valley	74-08	76-05	

Women - Team Rankings - 19 Events Scored

1) Woodbine	190	2) CAM, Anita	126.50
3) Boyer Valley	119	4) CR-Bayard	64.50
5) Ar-We-Va	33	6) W Harrison	14
7) Glidden-Ralston	9	8) Paton-Churdan	7

Men - Team Rankings - 19 Events Scored

1) Woodbine	184	2) CR-Bayard	77
3) EHK-Exira	72	4) CAM, Anita	69
5) Boyer Valley	51	6) Ar-We-Va	41
7) Glidden-Ralston	36	8) W Harrison	27
9) Paton-Churdan	22		