

PHS LEON FOX CC INVITATIONAL VARSITY BOYS 5K Cross Country

Meet

Event: VARSITY BOYS 5K
Date: Tuesday, October 08, 2019
Location: Perry Country Club
Weather: Sunny 75°

Results By: Brett Carney * All-American Timing

Place	School	1	2	3	4	5	6	7	Score	Time Total	Average	Spread
1	Bondurant-Farrar	4	5	10	11	13	22	37	43	1:32:08	18:26	0:21
2	Newton	1	3	7	25	27	45	54	63	1:32:43	18:33	1:26
3	Ballard	6	14	18	23	26	48	65	87	1:34:23	18:53	0:58
4	Winterset	2	16	28	29	30	31	36	105	1:34:40	18:56	1:25
5	Denison	8	17	24	34	38	42	43	121	1:35:37	19:07	1:13
6	Roland-Story	15	19	21	33	35	47	64	123	1:35:34	19:07	0:47
7	Boone	12	40	50	51	55	56	57	208	1:39:31	19:54	1:52
8	Woodward Granger	20	44	46	49	52	53	63	211	1:39:36	19:55	1:23
9	Creston	9	41	58	59	60	62	69	227	1:40:17	20:03	2:17
10	Perry	32	39	61	66	67	68		265	1:43:14	20:39	2:19

Incomplete Teams: Des Moines North

Place	Score	Name	School	Time	Pace mpm
1	1	Jackson MacE-Maynard, SO	Newton	17:52	5:45/M
2	2	Wynn Yeager, SR	Winterset	17:54	5:46/M
3	3	Treyce Garton, SO	Newton	17:56	5:46/M
4	4	Seth Vanbaale, SR	Bondurant-Farrar	18:13	5:52/M
5	5	Payton Rowe, JR	Bondurant-Farrar	18:16	5:53/M
6	6	Jack Chism, JR	Ballard	18:19	5:54/M
7	7	Brennan Amos, SO	Newton	18:23	5:55/M
8	8	Leo Flores, FR	Denison	18:26	5:56/M
9	9	Clayton Stafford, JR	Creston	18:31	5:58/M
10	10	Jackson McGovern, SR	Bondurant-Farrar	18:32	5:58/M
11	11	Campbell Murra, SR	Bondurant-Farrar	18:33	5:58/M
12		Vital Nyabushi, JR	Des Moines North	18:33	5:58/M
13	12	Parker Newcomb, JR	Boone	18:34	5:59/M
14	13	Devon Keuning, JR	Bondurant-Farrar	18:34	5:59/M
15	14	Jace Beall, SR	Ballard	18:40	6:01/M
16	15	Dylan Ihle, SR	Roland-Story	18:42	6:01/M
17		Joseph Routh, JR	Des Moines North	18:47	6:03/M
18	16	Daniel Howell, SR	Winterset	18:49	6:03/M
19	17	Colton Johnson, SR	Denison	18:53	6:05/M
20	18	Chirs Lee, SO	Ballard	18:59	6:07/M
21	19	Nathan Limas, SO	Roland-Story	18:59	6:07/M
22	20	Dylan Steele, SR	Woodward Granger	19:00	6:07/M
23	21	Seth Halleland, SR	Roland-Story	19:01	6:07/M
24	22	Trenton Silvers, JR	Bondurant-Farrar	19:04	6:08/M
25	23	Austin Shoen, FR	Ballard	19:07	6:09/M
26	24	Logan Dahm, SR	Denison	19:12	6:11/M
27	25	Jared Smith, FR	Newton	19:15	6:12/M
28	26	Dante Jones, SR	Ballard	19:17	6:13/M
29	27	Luke Zaabel, SR	Newton	19:18	6:13/M
30	28	Jackson Kimball, JR	Winterset	19:19	6:13/M
31	29	Abram Wadle, JR	Winterset	19:19	6:13/M
32	30	Blake Freese, SO	Winterset	19:19	6:13/M
33	31	Mason Back, FR	Winterset	19:21	6:14/M
34	32	Anthony Chavez, FR	Perry	19:22	6:14/M
35	33	Zane Haglund, JR	Roland-Story	19:23	6:14/M
36	34	Cole Carlson, SO	Denison	19:28	6:16/M
37	35	Jay Sanderson, SO	Roland-Story	19:29	6:16/M
38	36	Alex Soderberg, JR	Winterset	19:33	6:18/M
39	37	Cameron Welch-Grows, SO	Bondurant-Farrar	19:38	6:19/M
40	38	Josh Ahrenholtz, SR	Denison	19:39	6:19/M
41	39	Bryan Funez, SR	Perry	19:44	6:21/M
42	40	Grayson Strouse, SR	Boone	19:45	6:22/M
43	41	Jared Moreland, SR	Creston	19:48	6:22/M
44	42	Dalton Fredericks, SR	Denison	19:50	6:23/M

45	43	Ethan Muck, SR	Denison	19:51	6:23/M
46	44	Alex Bice, SR	Woodward Granger	19:52	6:24/M
47	45	Derek Beiner, SO	Newton	19:54	6:24/M
48	46	Carsten Wright, FR	Woodward Granger	20:00	6:26/M
49	47	Levi Webb, FR	Roland-Story	20:08	6:29/M
50	48	Jonah Olson, SR	Ballard	20:18	6:32/M
51	49	Caleb Jones, SR	Woodward Granger	20:21	6:33/M
52	50	Nathaniel Winters, FR	Boone	20:22	6:33/M
53	51	Austin McCloud, SO	Boone	20:23	6:34/M
54	52	Jack Grell, SR	Woodward Granger	20:23	6:34/M
55	53	Xavier Ibarra, JR	Woodward Granger	20:24	6:34/M
56	54	Chayton Lambertus-Hamm, SR	Newton	20:25	6:34/M
57	55	Majak Majak, SO	Boone	20:26	6:35/M
58	56	Henry Pollard, FR	Boone	20:27	6:35/M
59	57	Max Johnston, FR	Boone	20:28	6:35/M
60	58	Levi Hitz, SR	Creston	20:30	6:36/M
61	59	Riley Wiperman, FR	Creston	20:41	6:39/M
62		Upendo Mmlele, SR	Des Moines North	20:44	6:41/M
63	60	Aidan Anderson, SO	Creston	20:48	6:42/M
64	61	Hayden McFarland, SR	Perry	20:53	6:43/M
65	62	Hunter Fry, SR	Creston	21:03	6:47/M
66	63	Kaya Bowlsby, SR	Woodward Granger	21:05	6:47/M
67	64	Jarod Hart, JR	Roland-Story	21:06	6:47/M
68	65	Chase Brekke, SO	Ballard	21:13	6:50/M
69	66	Tanner Burgin, SO	Perry	21:34	6:56/M
70	67	Erick Funez, SR	Perry	21:41	6:59/M
71	68	Calvin Sass, SR	Perry	22:02	7:06/M
72	69	Devin Baker, SR	Creston	22:35	7:16/M

Place 1	Bondurant-Farrar	Time Spread = 0:21	TTL Time = 1:32:08	Ave Time = 18:26	Score = 43
Place	Name		Time	Pace mpm	

4	Seth Vanbaale, SR	18:13	5:52
5	Payton Rowe, JR	18:16	5:53
10	Jackson McGovern, SR	18:32	5:58
11	Campbell Murra, SR	18:33	5:58
13	Devon Keuning, JR	18:34	5:59
22	Trenton Silvers, JR	19:04	6:08
37	Cameron Welch-Grows, SO	19:38	6:19

Place 2	Newton	Time Spread = 1:26	TTL Time = 1:32:43	Ave Time = 18:33	Score = 63
Place	Name		Time	Pace mpm	

1	Jackson MacE-Maynard, SO	17:52	5:45
3	Treyce Garton, SO	17:56	5:46
7	Brennan Amos, SO	18:23	5:55
25	Jared Smith, FR	19:15	6:12
27	Luke Zaabel, SR	19:18	6:13
45	Derek Beiner, SO	19:54	6:24
54	Chayton Lambertus-Hamm, SR	20:25	6:34

Place 3	Ballard	Time Spread = 0:58	TTL Time = 1:34:23	Ave Time = 18:53	Score = 87
Place	Name		Time	Pace mpm	

6	Jack Chism, JR	18:19	5:54
14	Jace Beall, SR	18:40	6:01
18	Chirs Lee, SO	18:59	6:07
23	Austin Shoen, FR	19:07	6:09
26	Dante Jones, SR	19:17	6:13
48	Jonah Olson, SR	20:18	6:32
65	Chase Brekke, SO	21:13	6:50

Place 4	Winterset	Time Spread = 1:25	TTL Time = 1:34:40	Ave Time = 18:56	Score = 105
Place	Name		Time	Pace mpm	

2	Wynn Yeager, SR	17:54	5:46
16	Daniel Howell, SR	18:49	6:03
28	Jackson Kimball, JR	19:19	6:13
29	Abram Wadle, JR	19:19	6:13
30	Blake Freese, SO	19:19	6:13
31	Mason Back, FR	19:21	6:14
36	Alex Soderberg, JR	19:33	6:18

Place 5	Denison	Time Spread = 1:13	TTL Time = 1:35:37	Ave Time = 19:07	Score = 121
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Place	Name	Time	Pace mpm
8	Leo Flores, FR	18:26	5:56
17	Colton Johnson, SR	18:53	6:05
24	Logan Dahm, SR	19:12	6:11
34	Cole Carlson, SO	19:28	6:16
38	Josh Ahrenholtz, SR	19:39	6:19
42	Dalton Fredericks, SR	19:50	6:23
43	Ethan Muck, SR	19:51	6:23

Place 6	Roland-Story	Time Spread = 0:47	TTL Time = 1:35:34	Ave Time = 19:07	Score = 123
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Place	Name	Time	Pace mpm
15	Dylan Ihle, SR	18:42	6:01
19	Nathan Limas, SO	18:59	6:07
21	Seth Halleland, SR	19:01	6:07
33	Zane Haglund, JR	19:23	6:14
35	Jay Sanderson, SO	19:29	6:16
47	Levi Webb, FR	20:08	6:29
64	Jarod Hart, JR	21:06	6:47

Place 7	Boone	Time Spread = 1:52	TTL Time = 1:39:31	Ave Time = 19:54	Score = 208
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Place	Name	Time	Pace mpm
12	Parker Newcomb, JR	18:34	5:59
40	Grayson Strouse, SR	19:45	6:22
50	Nathaniel Winters, FR	20:22	6:33
51	Austin McCloud, SO	20:23	6:34
55	Majak Majak, SO	20:26	6:35
56	Henry Pollard, FR	20:27	6:35
57	Max Johnston, FR	20:28	6:35

Place 8	Woodward Granger	Time Spread = 1:23	TTL Time = 1:39:36	Ave Time = 19:55	Score = 211
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Place	Name	Time	Pace mpm
20	Dylan Steele, SR	19:00	6:07
44	Alex Bice, SR	19:52	6:24
46	Carsten Wright, FR	20:00	6:26
49	Caleb Jones, SR	20:21	6:33
52	Jack Grell, SR	20:23	6:34
53	Xavier Ibarra, JR	20:24	6:34
63	Kaya Bowlsby, SR	21:05	6:47

Place 9	Creston	Time Spread = 2:17	TTL Time = 1:40:17	Ave Time = 20:03	Score = 227
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Place	Name	Time	Pace mpm
9	Clayton Stafford, JR	18:31	5:58
41	Jared Moreland, SR	19:48	6:22
58	Levi Hitz, SR	20:30	6:36
59	Riley Wipperman, FR	20:41	6:39
60	Aidan Anderson, SO	20:48	6:42
62	Hunter Fry, SR	21:03	6:47
69	Devin Baker, SR	22:35	7:16

Place 10	Perry	Time Spread = 2:19	TTL Time = 1:43:14	Ave Time = 20:39	Score = 265
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Place	Name	Time	Pace mpm
32	Anthony Chavez, FR	19:22	6:14
39	Bryan Funez, SR	19:44	6:21
61	Hayden McFarland, SR	20:53	6:43
66	Tanner Burgin, SO	21:34	6:56
67	Erick Funez, SR	21:41	6:59
68	Calvin Sass, SR	22:02	7:06

Incomplete Teams:

Des Moines North					
Place	Name	Time	Pace		
12	Vital Nyabushi, JR	18:33.24	5:58		
17	Joseph Routh, JR	18:47.11	6:03		
62	Upendo Mmele, SR	20:44.34	6:41		