

South Tama HS Coed Invite - 4/29/2025

4/29/2025

Results

**Girls 100 Meter Dash**

Name	Yr	School	Finals
<b>Finals</b>			
1 Perez, Kieren	11	N Mahaska	13.06
2 Vidal, Rebecca	10	Hudson	13.11
3 Gomez, Jayva	09	South Tama	13.41
4 Tenborg, Colbie	11	Saydel	13.62
5 Meh, Dae	10	Wat West	14.20
6 Daughenbaugh, Addison	11	Saydel	14.25
7 Thiessen, Alexis	10	South Tama	14.50
8 Arment, Cara	09	B-G-M, Brook	14.77
9 Trevey, Jaylea	10	Hudson	14.89
10 Aguilar, Payton	10	South Tama	x15.09
11 Morgan, Katy	12	Twin Cedars	15.15
12 Wallerich, Ruby	10	N Mahaska	15.26
13 Eichenberger, Haileah	11	Montezuma	15.33
14 Rivera, Falynn	11	N Mahaska	x15.44
15 Wonick, Lilly	10	B-G-M, Brook	15.45
16 Holder, Aubrie	09	B-G-M, Brook	x15.56
17 Maxwell, Carrie-Ann	11	Montezuma	15.96
18 Hyde, Abby	09	Saydel	x16.05
19 Richard, Kashara	09	Wat West	16.20
20 Wolfe, Maddison	10	Twin Cedars	16.57
21 Krouse, Khloe	10	Montezuma	x16.59
22 Richter, Ellie	11	Hudson	x16.68
23 DeBruin, Anna	12	N Mahaska	x16.69
24 Thierman, Kelsi	12	Wat West	x17.64
25 Wirth, Jocelyn	09	Wat West	x18.12
26 Culver, Bailey	09	South Tama	x19.73

**Girls 200 Meter Dash**

Name	Yr	School	Finals
<b>Finals</b>			
1 Vidal, Rebecca	10	Hudson	27.32
2 Snook, Chloe	11	Montezuma	27.64
3 Perez, Kieren	11	N Mahaska	27.80
4 Ridout, Scout	09	South Tama	27.95
5 Gomez, Jayva	09	South Tama	28.27
6 Nelson, Brylee	09	South Tama	x28.31
7 Tenborg, Colbie	11	Saydel	28.78
8 Johannsen, Shelby	09	South Tama	x29.17
9 Terpstra, Addison	10	N Mahaska	29.38
10 VanDee, RYanne	12	B-G-M, Brook	29.58
11 Daughenbaugh, Addison	11	Saydel	31.09
12 Reitsch, Sophie	12	Twin Cedars	31.12
13 Knockel, Amber	11	N Mahaska	x31.41
14 Kromah, Joy	09	Wat West	31.92
15 Schuster, Eliana	12	Saydel	x32.22
16 Manatt, Payton	09	B-G-M, Brook	32.24
17 Van Nevel, Shyla	10	B-G-M, Brook	x32.27
18 Wonick, Lilly	10	B-G-M, Brook	x32.35
19 Mduku-Mavinga, Richna	09	Wat West	32.54
20 Maxwell, Carrie-Ann	11	Montezuma	33.35
21 Nguyen, Thu	09	Wat West	x34.33
22 Richter, Ellie	11	Hudson	35.28

23 Muhammad, Sahfiah	10	Wat West	x37.11
24 Weldon, Jayden	12	Twin Cedars	38.34

**Girls 400 Meter Dash**

Name	Yr	School	Finals
<b>Finals</b>			
1 Vidal, Rebecca	10	Hudson	1:02.06
2 Linder, Nataliya	10	N Mahaska	1:04.53
3 Steil, Aly	11	N Mahaska	1:05.28
4 Honermann, Teagan	11	Hudson	1:06.22
5 Redd, Any'Jah	11	Wat West	1:10.70
6 Reitsch, Sophie	12	Twin Cedars	1:16.24
7 Maxwell, Carrie-Ann	11	Montezuma	1:18.09
8 Vodjogbe, Debora	09	Wat West	1:20.10
9 Bennett, Tanaya	10	Wat West	x1:28.69

**Girls 800 Meter Run**

Name	Yr	School	Finals
<b>Finals</b>			
1 Ollivierre, Nakia	11	Wat West	2:24.17
2 Hansen, Mollie	11	Hudson	2:24.86
3 Huffman, Ava	11	N Mahaska	2:39.26
4 Beckman, Emma	12	Wat West	2:39.93
5 Hernandez, Semani	11	Wat West	x2:50.65
6 Bradley, Olivia	10	South Tama	3:00.09
7 Carrillo, Nazaret	11	South Tama	3:20.72

**Girls 1500 Meter Run**

Name	Yr	School	Finals
<b>Finals</b>			
1 Jedlicka, Emmerson	11	N Mahaska	5:22.90
2 Cook, Ellen	12	Montezuma	5:36.04
3 Prendergast, Claire	10	Saydel	5:58.70
4 Steele, Megan	11	Hudson	6:18.95
5 Little, Amira	11	Wat West	6:22.36
6 English, Ellie	09	B-G-M, Brook	6:29.60
7 Blankenship, Allie	11	B-G-M, Brook	6:31.50
8 Ubben, Ella	11	Hudson	7:05.23
9 Manzo - Herrera, Jennifer	12	South Tama	7:12.01
10 Castanon, Alexandra	11	South Tama	7:36.39

**Girls 3000 Meter Run**

Name	Yr	School	Finals
<b>Finals</b>			
1 Ollivierre, Nakia	11	Wat West	10:48.47
2 Hansen, Mollie	11	Hudson	10:59.36
3 Jedlicka, Emmerson	11	N Mahaska	11:05.27
4 Prendergast, Claire	10	Saydel	12:42.05

**Girls 100 Meter Hurdles**

Name	Yr	School	Finals
<b>Finals</b>			
1 Ridout, Scout	09	South Tama	16.84
2 Perez, Kieren	11	N Mahaska	17.33
3 Steele, Ella	11	Hudson	17.74
4 Shin, Esther	11	Wat West	17.89
5 Manatt, Clair	11	B-G-M, Brook	17.90

South Tama HS Coed Invite - 4/29/2025

4/29/2025

Results

**Finals ... (Girls 100 Meter Hurdles)**

Name	Yr	School	Finals
6 Weispfenning, Luella	11	Saydel	18.01
7 Minnaert, Emersyn	09	B-G-M, Brook	18.60
8 Kapping, McKenzie	09	Wat West	18.64
9 Sutherland, Hayden	09	Montezuma	18.96
10 Lloyd, Jada	10	Wat West	x19.39
11 Morgan, Katy	12	Twin Cedars	19.83
12 Gadji, Afi	09	Wat West	x20.91
13 Messmore, Josie	09	Hudson	20.98
14 Briggs, Lilly	09	N Mahaska	21.23

**Girls 400 Meter Hurdles**

Name	Yr	School	Finals
1 Steele, Ella	11	Hudson	1:10.73
2 Linder, Nataliya	10	N Mahaska	1:11.29
3 Weispfenning, Luella	11	Saydel	1:19.19
4 Smith, Livia	10	South Tama	1:23.39
5 Sutherland, Hayden	09	Montezuma	1:28.56
6 Wilson, Letisia	10	Montezuma	1:28.74

**Girls 4x100 Meter Relay**

Team	Relay	Finals
1 South Tama	A	52.92
1) Nelson, Brylee 09	2) Ridout, Scout 09	
3) Gomez, Jayva 09	4) Rucker, Maylee 09	
2 Montezuma	A	53.96
1) Ferry, Lily 11	2) Burgess, Sydnee 10	
3) Cook, Vivian 10	4) Snook, Chloe 11	
3 Wat West	A	55.54
1) Redd, Any'Jah 11	2) Beckman, Emma 12	
3) Shin, Esther 11	4) Bell, Briana 12	
4 B-G-M, Brook	A	56.04
1) Arment, Cara 09	2) VanDee, Ryanne 12	
3) Manatt, Clair 11	4) Minnaert, Emersyn 09	
5 South Tama	B	x57.36
1) Balderas, Khloe 10	2) Bro, Paisley 10	
3) Kapayou, Cahysia 09	4) Johannsen, Shelby 09	
6 Hudson	A	58.73
1) Messmore, Josie 09	2) Wetzel, Jillian 11	
3) Trevey, Jaylea 10	4) Seibold, Abigail 10	
7 Saydel	A	58.96
1) Daughenbaugh, Addison 11	2) Hyde, Abby 09	
3) Lo, Milli 09	4) Weispfenning, Luella 11	
8 Montezuma	B	x59.43
1) Schmidt, Kamryn 10	2) Mathes, Kami 11	
3) Bos, Sara 11	4) Eichenberger, Haileah 11	
9 N Mahaska	A	1:02.27
1) Rivera, Falyann 11	2) DeBruin, Anna 12	
3) Briggs, Lilly 09	4) Wallerich, Ruby 10	
10 Twin Cedars	A	1:02.72
1) Weldon, Jayden 12	2) Wolfe, Maddison 10	
3) Reitsch, Sophie 12	4) Morgan, Katy 12	

11 Saydel	B	x1:03.08
1) Bartmess, Destiny 12	2) Benda, Jaydan 10	
3) Thayer, Serena 09	4) Miguel, Kaylee 11	
12 Wat West	B	x1:04.12
1) Francois, Clauvencia (Chloe) 09	2) Holmes, A'Naijha 09	
3) Muhammad, Sahfiah 10	4) Nguyen, Thu 09	
13 Montezuma	C	x1:04.47

**Girls 4x200 Meter Relay**

Team	Relay	Finals
1 Montezuma	A	1:53.84
1) Ferry, Lily 11	2) Burgess, Sydnee 10	
3) Cook, Vivian 10	4) Snook, Chloe 11	
2 South Tama	A	1:54.76
1) Johannsen, Shelby 09	2) Kapayou, Cahysia 09	
3) Gomez, Jayva 09	4) Rucker, Maylee 09	
3 N Mahaska	A	1:59.99
1) Ridgeway, Olivia 10	2) Steil, Aly 11	
3) Terpstra, Addison 10	4) Schock, Alivia 11	
4 South Tama	B	x2:00.56
1) Aguilar, Payton 10	2) Bro, Paisley 10	
3) Nelson, Brylee 09	4) Balderas, Khloe 10	
5 Wat West	A	2:03.49
1) Bell, Briana 12	2) Dobbs, Jillian 09	
3) Green, Latianna 10	4) Gardner, Valerie 09	
6 Hudson	A	2:05.31
1) Wetzel, Jillian 11	2) Trevey, Jaylea 10	
3) Seibold, Abigail 10	4) Lewis, Reagan 10	
7 B-G-M, Brook	A	2:06.85
1) Arment, Cara 09	2) Schott, Connie 11	
3) Holder, Aubrie 09	4) Manatt, Payton 09	
8 Montezuma	B	x2:07.47
1) Schmidt, Kamryn 10	2) Burnett, Hayley 12	
3) Wilson, Letisia 10	4) Eichenberger, Haileah 11	
9 Saydel	A	2:08.22
1) Lo, Milli 09	2) Hyde, Abby 09	
3) White, Stella 09	4) Schuster, Eliana 12	
10 Saydel	B	x2:24.52
1) Bartmess, Destiny 12	2) Benda, Jaydan 10	
3) Thayer, Serena 09	4) Woods-Cartagena, Mya 09	

**Girls 4x400 Meter Relay**

Team	Relay	Finals
1 Hudson	A	4:26.27
1) Vidal, Rebecca 10	2) Hansen, Mollie 11	
3) Honermann, Teagan 11	4) Steele, Ella 11	
2 N Mahaska	A	4:39.54
1) Van Weelden, Abby 11	2) Veiseth, Allie 11	
3) Knockel, Amber 11	4) Schock, Alivia 11	
3 South Tama	A	4:44.66
1) Bradley, Olivia 10	2) Paxton, Madeline 11	
3) Peshel, Naomi 11	4) Hala, Olivia 10	

South Tama HS Coed Invite - 4/29/2025

4/29/2025

Results

**Finals ... (Girls 4x400 Meter Relay)**

Team	Relay	Finals
4 Wat West	A	4:59.72
1) Dobbs, Jillian 09	2) Muheljic, Alyssa 11	
3) Mduku-Mavinga, Richna 09	4) Gomez, Ritzy 10	
5 Montezuma	A	5:12.29
1) Larmore, Lauryn 09	2) Rose, Alexa 09	
3) Semprini, Sophia 09	4) Kercheval, Analeece 10	
6 B-G-M, Brook	A	5:20.46
1) Schott, Connie 11	2) Wonick, Lilly 10	
3) Van Nevel, Shyla 10	4) Manatt, Payton 09	

**Girls 4x800 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 Wat West	A	11:06.03
1) Krgo, Esma 10	2) Younger, Maddison 09	
3) Hernandez, Semani 11	4) Little, Amira 11	
2 N Mahaska	A	11:06.70
1) Veiseth, Allie 11	2) Knockel, Amber 11	
3) Van Weelden, Abby 11	4) Huffman, Ava 11	
3 Wat West	B	x11:52.49
1) Heimbuch, Addelyn 09	2) Vodjogbe, Debora 09	
3) Gomez, Ritzy 10	4) Winberg, Kimberly 10	
4 Hudson	A	12:24.95
1) Lewis, Reagan 10	2) Strayer, Kate 10	
3) Ubben, Ella 11	4) Steele, Megan 11	
5 Montezuma	A	12:38.06
1) Larmore, Lauryn 09	2) Rose, Alexa 09	
3) Semprini, Sophia 09	4) Kercheval, Analeece 10	

**Girls 800 Sprint Medley**

Team	Relay	Finals
<b>Finals</b>		
1 Montezuma	A	2:00.92
1) Ferry, Lily 11	2) Cook, Vivian 10	
3) Burgess, Sydnee 10	4) Snook, Chloe 11	
2 N Mahaska	A	2:01.86
1) Ridgeway, Olivia 10	2) Little, Macie 10	
3) Terpstra, Addison 10	4) Steil, Aly 11	
3 South Tama	A	2:01.98
1) Arp, Sydney 09	2) Peshel, Naomi 11	
3) Ridout, Scout 09	4) Hala, Olivia 10	
4 Wat West	A	2:04.28
1) Wells, Ava 10	2) Meh, Dae 10	
3) Kapping, McKenzie 09	4) O'Brien, Taniya 10	
5 B-G-M, Brook	A	2:06.51
1) Arment, Cara 09	2) Manatt, Clair 11	
3) Minnaert, Emersyn 09	4) VanDee, Ryanne 12	
6 Hudson	A	2:07.40
1) Messmore, Josie 09	2) Wetzel, Jillian 11	
3) Honermann, Teagan 11	4) Seibold, Abigail 10	
7 South Tama	B	x2:08.91
1) Carrillo, Nazaret 11	2) Bro, Paisley 10	
3) Kapayou, Cahysia 09	4) Paxton, Madeline 11	

8 Saydel	A	2:14.93
1) Daughenbaugh, Addison 11	2) Lo, Milli 09	
3) White, Stella 09	4) Schuster, Eliana 12	
9 Twin Cedars	A	2:25.53
1) Morgan, Katy 12	2) Bolkema, Morgan 12	
3) Wolfe, Maddison 10	4) Reitsch, Sophie 12	
10 Saydel	B	x2:29.15
1) Woods-Cartagena, Mya 09	2) Thayer, Serena 09	
3) Bartmess, Destiny 12	4) Benda, Jaydan 10	

**Girls Distance Medley**

Team	Relay	Finals
<b>Finals</b>		
1 Montezuma	A	4:43.15
1) Schmidt, Kamryn 10	2) Sutherland, Hayden 09	
3) Mathes, Kami 11	4) Cook, Ellen 12	
2 N Mahaska	A	4:59.35
1) Terpstra, Addison 10	2) Schock, Alivia 11	
3) Veiseth, Allie 11	4) Van Weelden, Abby 11	
3 South Tama	A	5:04.27
1) Balderas, Khloe 10	2) Peshel, Naomi 11	
3) Paxton, Madeline 11	4) Smith, Livia 10	
4 Wat West	A	5:13.11
1) Bennett, Tanaya 10	2) Muheljic, Alyssa 11	
3) Heimbuch, Addelyn 09	4) Krgo, Esma 10	
5 Hudson	A	5:23.75
1) Wetzel, Jillian 11	2) Seibold, Abigail 10	
3) Lewis, Reagan 10	4) Strayer, Kate 10	
6 B-G-M, Brook	A	5:38.37
1) Van Nevel, Shyla 10	2) Schott, Connie 11	
3) Minnaert, Karagyn 12	4) English, Ellie 09	

**Girls 4x100 Meter Shuttle Hurdle**

Team	Relay	Finals
<b>Finals</b>		
1 B-G-M, Brook	A	1:14.74
1) VanDee, Ryanne 12	2) Minnaert, Karagyn 12	
3) Manatt, Clair 11	4) Minnaert, Emersyn 09	
2 Wat West	A	1:18.08
1) Kapping, McKenzie 09	2) Gadjj, Afi 09	
3) Lloyd, Jada 10	4) Shin, Esther 11	
3 Montezuma	A	1:29.25
1) Bos, Sara 11	2) Wilson, Letisia 10	
3) Sutherland, Hayden 09	4) Burnett, Hayley 12	

**Girls High Jump**

Name	Yr	School	Finals
<b>Finals</b>			
1 Hiner, Jayden	11	N Mahaska	5-00.00
2 Green, Latianna	10	Wat West	4-10.00
3 Steele, Ella	11	Hudson	4-08.00
4 Rucker, Maylee	09	South Tama	4-06.00
5 Smith, Livia	10	South Tama	4-04.00
6 Gardner, Valarie	09	Wat West	4-02.00
--- Bro, Paisley	10	South Tama	NH

South Tama HS Coed Invite - 4/29/2025

4/29/2025

Results

**Girls Long Jump**

Name	Yr	School	Finals
<b>Finals</b>			
1 Linder, Nataliya	10	N Mahaska	15-10.00
2 Perez, Kieren	11	N Mahaska	14-11.00
3 Tenborg, Colbie	11	Saydel	14-07.00
4 Hala, Olivia	10	South Tama	13-11.00
5 Beckman, Emma	12	Wat West	13-09.00
6 Messmore, Josie	09	Hudson	13-05.00
7 Wells, Ava	10	Wat West	13-05.00
8 Gadji, Afi	09	Wat West	x11-05.75
9 Wolfe, Maddison	10	Twin Cedars	11-01.00
--- Bolkema, Morgan	12	Twin Cedars	ND
--- Redd, Any'Jah	11	Wat West	ND

**Girls Shot Put**

Name	Yr	School	Finals
<b>Finals</b>			
1 Engel, Addy	12	Hudson	40-11.00
2 Elsbury, Autumn	11	South Tama	33-09.00
3 Kingbird, Ioleta	10	South Tama	29-03.00
4 Minnaert, Karagyn	12	B-G-M, Brook	28-06.00
5 Tenborg, Colbie	11	Saydel	27-11.00
6 Tudor, Rylee	12	Hudson	27-02.00
7 Santman, Sophia	11	Hudson	x26-01.50
8 Slifer, Emma	10	South Tama	x24-00.00
9 Weldon, Jayden	12	Twin Cedars	23-04.00
10 Krouse, Khloe	10	Montezuma	22-08.00
11 Muilenburg, Madison	11	Montezuma	22-04.00
12 Snively, Meredith	09	B-G-M, Brook	22-01.00
13 Dale, Mikayla	12	Hudson	x17-10.00
14 Bolkema, Morgan	12	Twin Cedars	17-00.50

**Girls Discus Throw**

Name	Yr	School	Finals
<b>Finals</b>			
1 Engel, Addy	12	Hudson	122-09
2 Elsbury, Autumn	11	South Tama	104-03
3 Tudor, Rylee	12	Hudson	104-03
4 Santman, Sophia	11	Hudson	x93-10
4 Semprini, Sophia	09	Montezuma	J88-07
5 Minnaert, Karagyn	12	B-G-M, Brook	J85-01
6 Kingbird, Ioleta	10	South Tama	J84-07
7 Krouse, Khloe	10	Montezuma	J78-11
9 Snively, Meredith	09	B-G-M, Brook	68-05
10 Slifer, Emma	10	South Tama	x67-05
11 Muilenburg, Madison	11	Montezuma	x63-11
12 DeBruin, Anna	12	N Mahaska	62-05
13 Weldon, Jayden	12	Twin Cedars	61-06
14 Dale, Mikayla	12	Hudson	x53-01
15 Bolkema, Morgan	12	Twin Cedars	47-03
16 Edwards-Hinton, Amara	11	N Mahaska	42-11

**Boys 100 Meter Dash**

Name	Yr	School	Finals
<b>Finals</b>			
1 Soma, Landen	11	Saydel	11.47
2 Stevenson, Cayden	12	Hudson	11.50
3 Blocker, Cody	12	South Tama	11.54
4 Upah, Nick	11	South Tama	11.54
5 Hyde, Gabe	10	Saydel	11.66
6 Clayton, Zachary	10	B-G-M, Brook	11.93
7 Van Utrecht, Gerrit	10	N Mahaska	12.21
8 Fay, Mathew	09	Twin Cedars	12.37
9 Powell, Daxson	12	Twin Cedars	12.56
10 Dunbar, Rylan	10	Hudson	12.82
11 Balmer, Landon	10	Gmg, Garwin	12.86
12 Schock, Nolan	09	N Mahaska	13.30
13 Muir, Joe	09	Agwsr	13.32
14 Nagel, Layne	09	Agwsr	14.42
15 Petsche, Ellis	09	B-G-M, Brook	14.49
16 Swanson, Carter	10	Hudson	x15.09
17 Albers, Emmitt	09	B-G-M, Brook	x15.14
--- Griffin, Drake	10	Hudson	DQ

**Boys 200 Meter Dash**

Name	Yr	School	Finals
<b>Finals</b>			
1 Gilbert, Joshua	12	Hudson	23.34
2 Soma, Landen	11	Saydel	23.48
3 Blocker, Cody	12	South Tama	23.56
4 Griffin, Drake	10	Hudson	23.82
5 Bell, Owen	10	Hudson	x23.88
6 Upah, Nick	11	South Tama	23.96
7 Hoodjer, Carl	09	Agwsr	24.85
8 Cox, William	10	N Mahaska	25.20
9 Contreras, Sahi	10	Saydel	25.79
10 Powell, Daxson	12	Twin Cedars	25.99
11 Rhoads, Maddox	09	B-G-M, Brook	26.16
12 Thompson, Izaha	09	B-G-M, Brook	26.94
13 Bishop, Payton	10	Hudson	x27.34
14 Hall, Devin	09	Agwsr	27.70
15 Schock, Nolan	09	N Mahaska	27.82
16 Toussaint, Rylan	09	B-G-M, Brook	x27.84
17 Woodbury, Jacoby	09	Gmg, Garwin	29.02
18 Nagel, Layne	09	Agwsr	x30.17
19 Pestana, Marcos	09	Saydel	x31.74
20 Rahn, Connor	12	Gmg, Garwin	34.03

**Boys 400 Meter Dash**

Name	Yr	School	Finals
<b>Finals</b>			
1 Gilbert, Joshua	12	Hudson	53.62
2 Bell, Owen	10	Hudson	53.85
3 Henry, Michael	10	South Tama	56.01
4 Brant, Ryan	09	South Tama	57.00
5 Spargur, Tyson	10	Saydel	58.82
6 Contreras, Sahi	10	Saydel	59.48

South Tama HS Coed Invite - 4/29/2025

4/29/2025

Results

**Finals ... (Boys 400 Meter Dash)**

Name	Yr	School	Finals
7 Balmer, Landon	10	Gmg, Garwin	1:00.24
8 Buchholz, Nick	10	Agwsr	1:00.47
9 Toussaint, Rylan	09	B-G-M, Brook	1:04.42
10 Juarez, Jose	10	Saydel	x1:06.41
11 Dieleman, Henry	11	Gmg, Garwin	1:08.18
12 Miller, Daniel	09	Saydel	x1:08.55
13 Boesenberg, Jacob	09	B-G-M, Brook	1:13.09
14 Rahn, Connor	12	Gmg, Garwin	x1:19.67

**Boys 800 Meter Run**

Name	Yr	School	Finals
1 Moreno, Gage	11	Saydel	2:06.84
2 Cecak, Carver	11	South Tama	2:11.98
3 Smith, Chayton	09	Agwsr	2:13.75
4 Kalinay, Ashten	11	B-G-M, Brook	2:15.48
5 Jesina, Brady	09	South Tama	2:17.28
6 Goemaat, Jeb	10	N Mahaska	2:17.61
7 Boesenberg, Jacob	09	B-G-M, Brook	2:19.08
8 Ibarra, Joangel	12	Twin Cedars	2:24.88
9 Greiman, Casey	10	Hudson	2:26.65
10 Eige, Emmett	09	Hudson	2:39.71
11 Balmer, Landon	10	Gmg, Garwin	2:43.96
12 Ferch, Caleb	10	Gmg, Garwin	2:46.77
13 Bear, Damias	12	South Tama	x3:25.89

**Boys 1600 Meter Run**

Name	Yr	School	Finals
1 Jesina, Barrett	11	South Tama	4:59.74
2 Corona, Carter	09	B-G-M, Brook	5:08.48
3 Kapayou, Jerome	12	South Tama	5:08.52
4 Ibarra, Joangel	12	Twin Cedars	5:10.12
5 Patterson, Axl	12	N Mahaska	5:10.36
6 Willems, Blake	11	Agwsr	5:18.52
7 Buchholz, Nick	10	Agwsr	5:51.06
8 Dennis, Landen	09	Agwsr	x5:52.49
9 Richards, Logan	11	South Tama	x6:04.88
10 Dieleman, Henry	11	Gmg, Garwin	6:04.91

**Boys 3200 Meter Run**

Name	Yr	School	Finals
1 Jesina, Barrett	11	South Tama	10:42.07
2 Dieleman, Grady	12	Gmg, Garwin	10:53.26
3 Ibarra, Joangel	12	Twin Cedars	10:56.45
4 Jesina, Brady	09	South Tama	11:24.47
5 Patterson, Axl	12	N Mahaska	11:31.10
6 Dieleman, Henry	11	Gmg, Garwin	13:15.92

**Boys 110 Meter Hurdles**

Name	Yr	School	Finals
1 Heishman, Dakota	12	B-G-M, Brook	15.98

2 Reed, Max	11	N Mahaska	17.50
3 Dunbar, Rylan	10	Hudson	17.79
4 Hanus, Wesley	11	South Tama	18.47
5 Gus, PJ	09	B-G-M, Brook	19.23
6 Goemaat, Robert	11	Twin Cedars	19.68
7 Hofmeister, Collyn	09	Agwsr	20.53
--- Bowles, Jariyah	11	Agwsr	DQ

**Boys 400 Meter Hurdles**

Name	Yr	School	Finals
1 Heishman, Dakota	12	B-G-M, Brook	58.65
2 Rhoads, Caleb	09	B-G-M, Brook	59.54
3 Houghton, Josiah	10	South Tama	1:00.25
4 Ferguson, Tyson	11	N Mahaska	1:02.41
5 Nesteby, Jackson	10	Hudson	1:02.84
6 Hanus, Wesley	11	South Tama	1:03.53
7 Dieleman, Grady	12	Gmg, Garwin	1:03.54
8 Bowles, Jariyah	11	Agwsr	1:03.96
9 Ahrens, Spencer	11	Saydel	1:06.69
10 Reed, Max	11	N Mahaska	1:07.56
11 Bartmess, Devin	11	Saydel	1:09.51
12 Teske, Colin	12	Gmg, Garwin	1:09.53
13 Goemaat, Robert	11	Twin Cedars	1:16.12

**Boys 4x100 Meter Relay**

Team	Relay	Finals
1 Hudson	A	44.67
1) Griffin, Drake 10	2) Stevenson, Cayden 12	
3) Bell, Owen 10	4) Gilbert, Joshua 12	
2 South Tama	A	45.07
1) Schroeder, Izak 09	2) Blocker, Cody 12	
3) Clegg, Tyrus 12	4) Upah, Nick 11	
3 B-G-M, Brook	A	45.17
1) Heishman, Dakota 12	2) Cooling, Landen 11	
3) Hassett, Landon 11	4) Findlay, Nathan 11	
4 Saydel	A	46.40
1) Hyde, Gabe 10	2) Bridges, Jimmie 12	
3) Scott, Shane 10	4) Soma, Landen 11	
5 Agwsr	A	49.38
1) Dodd, Kael 10	2) Bowles, Jariyah 11	
3) Holmgaard, Eli 10	4) Hoodjer, Carl 09	
6 Twin Cedars	A	49.73
1) Heatherly, Caleb 10	2) Goemaat, Robert 11	
3) Powell, Daxson 12	4) Fay, Mathew 09	
7 South Tama	B	x50.30
8 Saydel	B	x50.45
1) Boston, Braydon 10	2) Ahrens, Spencer 11	
3) Myers, Braxton 09	4) Contreras, Sahi 10	
9 Saydel	C	x53.97
10 Agwsr	B	x55.28
1) Hofmeister, Collyn 09	2) Hall, Devin 09	
3) Reinke, Nick 09	4) Guerrero, Isidro 10	
11 Gmg, Garwin	B	x56.58

South Tama HS Coed Invite - 4/29/2025

4/29/2025

Results

**Finals ... (Boys 4x100 Meter Relay)**

Team	Relay	Finals
12 B-G-M, Brook	B	x57.16
1) Thompson, Izaha 09	2) Toussaint, Rylan 09	
3) Petsche, Ellis 09	4) Albers, Emmitt 09	
13 N Mahaska	B	x58.73
1) Schock, Nolan 09	2) Tum, Nolan 10	
3) Vanryswyk, Kasen 10	4) Clark, Joel 10	

**Boys 4x200 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 B-G-M, Brook	A	1:35.16
1) Clayton, Zachary 10	2) Cooling, Landen 11	
3) Hassett, Landon 11	4) Findlay, Nathan 11	
2 South Tama	A	1:39.23
1) Schroeder, Izak 09	2) Page, Ethan 09	
3) Houghton, Josiah 10	4) Clegg, Tyrus 12	
3 Saydel	A	1:39.97
1) Boston, Braydon 10	2) Godwin, Grady 12	
3) Scott, Shane 10	4) Hyde, Gabe 10	
4 N Mahaska	A	1:41.60
1) Cox, William 10	2) Goemaat, Charlie 11	
3) Doak, Jackson 09	4) Ferguson, Tyson 11	
5 Hudson	A	1:43.88
1) Stevenson, Cayden 12	2) Rhymer, Liam 10	
3) Coulson, Hunter 09	4) Bishop, Payton 10	
6 Gmg, Garwin	A	1:44.57
1) Kupka, Rider 11	2) Dieleman, Grady 12	
3) Teske, Colin 12	4) Sash, Easton 09	
7 South Tama	B	x1:48.24
1) Feisel, Wyatt 09	2) Martinez-Alvarado, Henri 09	
3) Feisel, Lane 10	4) Hill, Rayden 11	
8 Agwsr	A	1:48.26
1) Muir, Joe 09	2) Dodd, Kael 10	
3) Willems, Blake 11	4) Solberg, Grant 12	
9 Agwsr	B	x1:59.57
1) Dennis, Landen 09	2) Nagel, Layne 09	
3) Reinke, Nick 09	4) Hall, Devin 09	
10 Saydel	B	x2:04.41
1) Condon, Owen 09	2) Townsley, Kaydin 11	
3) Stonehocker, Kolton 09	4) Pestana, Marcos 09	

**Boys 4x400 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 South Tama	A	3:46.36
1) Page, Ethan 09	2) Cecak, Carver 11	
3) Brant, Ryan 09	4) Houghton, Josiah 10	
2 N Mahaska	A	3:52.86
1) Ferguson, Tyson 11	2) Goemaat, Jeb 10	
3) Cox, William 10	4) Goemaat, Charlie 11	
3 Gmg, Garwin	A	3:54.53
1) Kupka, Rider 11	2) Dieleman, Grady 12	
3) Klemesrud, Ethan 10	4) Sash, Easton 09	

4 Hudson	A	3:55.28
1) Rhymer, Liam 10	2) Coulson, Hunter 09	
3) Eige, Emmett 09	4) Dunbar, Rylan 10	
5 Agwsr	A	4:00.11
1) Holmgaard, Eli 10	2) Smith, Chayton 09	
3) Willems, Collin 12	4) Solberg, Grant 12	
6 B-G-M, Brook	A	4:01.43
1) Boesenberg, Jacob 09	2) Kalinay, Ashten 11	
3) Rhoads, Maddox 09	4) Gus, PJ 09	
7 Saydel	A	4:13.18
1) Robinson, Cole 10	2) Pleitez, Mario 10	
3) Bartmess, Devin 11	4) Spargur, Tyson 10	
8 South Tama	B	x4:13.54
1) Feisel, Wyatt 09	2) Martinez-Alvarado, Henri 09	
3) Feisel, Lane 10	4) Hill, Rayden 11	

**Boys 4x800 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 South Tama	A	8:58.42
1) Cecak, Carver 11	2) Kapayou, Jerome 12	
3) Martinez-Alvarado, Henri 09	4) Houghton, Josiah 10	
2 B-G-M, Brook	A	9:08.53
1) Boesenberg, Jacob 09	2) Kalinay, Ashten 11	
3) Hassett, Landon 11	4) Corona, Carter 09	
3 Gmg, Garwin	A	9:29.65
1) Kupka, Rider 11	2) Klemesrud, Ethan 10	
3) Teske, Colin 12	4) Sash, Easton 09	
4 Agwsr	A	9:45.31
1) Willems, Collin 12	2) Willems, Blake 11	
3) Solberg, Grant 12	4) Buchholz, Nick 10	
5 Hudson	A	10:27.07
1) Greiman, Casey 10	2) Eige, Emmett 09	
3) Bishop, Payton 10	4) Swanson, Carter 10	

**Boys 800 Sprint Medley**

Team	Relay	Finals
<b>Finals</b>		
1 Saydel	A	1:39.67
1) Hyde, Gabe 10	2) Bridges, Jimmie 12	
3) Soma, Landen 11	4) Moreno, Gage 11	
2 South Tama	A	1:40.87
1) Schroeder, Izak 09	2) Brant, Ryan 09	
3) Upah, Nick 11	4) Blocker, Cody 12	
3 B-G-M, Brook	A	1:42.02
1) Rhoads, Caleb 09	2) Hassett, Landon 11	
3) Findlay, Nathan 11	4) Clayton, Zachary 10	
4 Hudson	A	1:42.30
1) Bell, Owen 10	2) Gilbert, Joshua 12	
3) Stevenson, Cayden 12	4) Rhymer, Liam 10	
5 Agwsr	A	1:52.01
1) Muir, Joe 09	2) Willems, Collin 12	
3) Holmgaard, Eli 10	4) Dodd, Kael 10	
6 Twin Cedars	A	1:53.83
1) Heatherly, Caleb 10	2) Fay, Mathew 09	
3) Powell, Daxson 12	4) Goemaat, Robert 11	

South Tama HS Coed Invite - 4/29/2025

4/29/2025

Results

**Finals ... (Boys 800 Sprint Medley)**

Team	Relay	Finals
7 Saydel	B	x1:56.61
1) Boston, Braydon 10	2) Ahrens, Spencer 11	
3) Robinson, Cole 10	4) Pleitez, Mario 10	

**Boys Distance Medley**

Team	Relay	Finals
<b>Finals</b>		
1 Agwsr	A	3:57.04
1) Holmgaard, Eli 10	2) Willems, Collin 12	
3) Hoodjer, Carl 09	4) Smith, Chayton 09	
2 South Tama	A	4:00.80
1) Schroeder, Izak 09	2) Page, Ethan 09	
3) Hanus, Wesley 11	4) Kapayou, Jerome 12	
3 Gmg, Garwin	A	4:03.43
1) Kupka, Rider 11	2) Teske, Colin 12	
3) Klemesrud, Ethan 10	4) Sash, Easton 09	
4 Hudson	A	4:05.45
1) Nesteby, Jackson 10	2) Rhymer, Liam 10	
3) Coulson, Hunter 09	4) Greiman, Casey 10	
5 B-G-M, Brook	A	4:05.53
1) Thompson, Izaha 09	2) Rhoads, Maddox 09	
3) Gus, PJ 09	4) Corona, Carter 09	
6 South Tama	B	x4:36.66
1) Feisel, Wyatt 09	2) Feisel, Lane 10	
3) Hill, Rayden 11	4) Richards, Logan 11	

**Boys 4x110 Meter Shuttle Hurdle**

Team	Relay	Finals
<b>Finals</b>		
1 B-G-M, Brook	A	1:06.21
1) Rhoads, Maddox 09	2) Gus, PJ 09	
3) Rhoads, Caleb 09	4) Heishman, Dakota 12	
2 N Mahaska	A	1:09.55
1) Doak, Jackson 09	2) Reed, Max 11	
3) Goemaat, Charlie 11	4) Ferguson, Tyson 11	
3 Saydel	A	1:10.65
1) Bridges, Jimmie 12	2) Schwartz, Bentley 12	
3) Scott, Shane 10	4) Lause, Tate 11	
4 Agwsr	A	1:20.60
1) Bowles, Jariyah 11	2) Dennis, Landen 09	
3) Hofmeister, Collyn 09	4) Dodd, Kael 10	

**Boys High Jump**

Name	Yr	School	Finals
<b>Finals</b>			
1 Smith, Chayton	09	Agwsr	5-08.00
--- Nesteby, Jackson	10	Hudson	NH
--- Toussaint, Rylan	09	B-G-M, Brook	NH

**Boys Long Jump**

Name	Yr	School	Finals
<b>Finals</b>			
1 Griffin, Drake	10	Hudson	19-10.00
2 Findlay, Nathan	11	B-G-M, Brook	19-05.50

3 Nesteby, Jackson	10	Hudson	19-00.50
4 Doak, Jackson	09	N Mahaska	18-02.50
5 Clegg, Tyrus	12	South Tama	18-02.00
6 Rhoads, Caleb	09	B-G-M, Brook	17-08.00
7 Fay, Mathew	09	Twin Cedars	16-06.00
8 Klemesrud, Ethan	10	Gmg, Garwin	16-01.00
9 Spargur, Tyson	10	Saydel	15-10.00
10 Hoodjer, Carl	09	Agwsr	15-05.00
11 Hofmeister, Collyn	09	Agwsr	14-08.50
12 Hausenstein, Levi	10	Twin Cedars	11-08.50

**Boys Shot Put**

Name	Yr	School	Finals
<b>Finals</b>			
1 Jorgensen, Kamden	11	Saydel	47-01.00
2 Chandonia, Timmothy	11	South Tama	46-00.00
3 Moseley, Grady	10	Hudson	40-08.00
4 Bessman, Jay	11	Gmg, Garwin	40-00.00
5 Loeb, Alston	10	Hudson	39-10.00
6 Jochumsen, Connor	12	Hudson	x39-07.00
7 Ross, Paxton	11	Saydel	36-07.00
8 Peska, Lakyr	09	South Tama	36-05.00
9 Jones, Quinlan	10	Saydel	x35-00.00
10 Mayfield, Kaden	12	Twin Cedars	34-10.00
11 Vanryswyk, Kasen	10	N Mahaska	34-02.00
12 Strong, Josh	11	South Tama	x34-00.00
13 Schock, Nolan	09	N Mahaska	31-08.00
14 Holbach, Jack	10	Hudson	x31-05.00
15 Youngbear, Kyle	10	South Tama	x31-02.00
16 Albers, Emmitt	09	B-G-M, Brook	30-11.00
17 Ferch, Caleb	10	Gmg, Garwin	30-10.00
18 Woodbury, Jacoby	09	Gmg, Garwin	x29-02.00
19 Heatherly, Caleb	10	Twin Cedars	28-06.00
20 Guerrero, Isidro	10	Agwsr	28-02.00
21 Tum, Nolan	10	N Mahaska	x27-02.00
22 Doty, Jack	09	B-G-M, Brook	26-10.00
23 Van Utrecht, Gerrit	10	N Mahaska	x26-08.00
24 Petsche, Ellis	09	B-G-M, Brook	x26-06.00
25 Blom, Cash	10	Twin Cedars	x26-04.00
26 Evans, Matthew	09	Twin Cedars	x22-06.00
27 Reinke, Nick	09	Agwsr	21-08.00

**Boys Discus Throw**

Name	Yr	School	Finals
<b>Finals</b>			
1 Chandonia, Timmothy	11	South Tama	138-04
2 Jorgensen, Kamden	11	Saydel	127-00
3 Moseley, Grady	10	Hudson	122-04
4 Bessman, Jay	11	Gmg, Garwin	122-01
5 Jochumsen, Connor	12	Hudson	117-06
6 Strong, Josh	11	South Tama	112-01
7 Godwin, Grady	12	Saydel	103-10
8 Holbach, Jack	10	Hudson	x100-11
9 Vanryswyk, Kasen	10	N Mahaska	100-05
10 Mayfield, Kaden	12	Twin Cedars	99-10
11 Doty, Jack	09	B-G-M, Brook	90-08

South Tama HS Coed Invite - 4/29/2025

4/29/2025

Results

**Finals ... (Boys Discus Throw)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>
12	Davila, Mauricio	09	South Tama	x90-01
13	Peska, Lakyr	09	South Tama	x84-00
14	Heatherly, Caleb	10	Twin Cedars	83-04
15	Schock, Nolan	09	N Mahaska	79-09
16	Woodbury, Jacoby	09	Gmg, Garwin	72-05
17	Petsche, Ellis	09	B-G-M, Brook	72-04
18	Ferch, Caleb	10	Gmg, Garwin	x71-09
19	Clark, Joel	10	N Mahaska	x70-06
20	Guerrero, Isidro	10	Agwsr	70-04
21	Albers, Emmitt	09	B-G-M, Brook	x68-09
22	Blom, Cash	10	Twin Cedars	x65-05
23	Reinke, Nick	09	Agwsr	57-00

**Women - Team Rankings - 19 Events Scored**

1)	N Mahaska	134
2)	Hudson	125
3)	South Tama	98
4)	WAT West	85
5)	Montezuma	73
6)	Saydel	32
7)	B-G-M, Brook	28
8)	Twin Cedars	1

**Men - Team Rankings - 19 Events Scored**

1)	South Tama	152
2)	Hudson	106
3)	B-G-M, Brook	95
4)	Saydel	78
5)	AGWSR	42
6)	N Mahaska	41
7)	GMG, Garwin	36
8)	Twin Cedars	13