

## 2 Year Champions

**Matt Beem** - Glenwood 138 23, 24  
**Owen Laughlin**- Shenandoah 152, 157 23, 24  
**Braylon Kammrad** - Lewis Central 160, 170 21,23  
**Zane Bendorf**- Harlan 182, 195 22-23  
**Dawson Bond** - Red Oak 145, 160 21, 23  
**Austin Evans**- Creston 138 22-23  
**Aidan Smith** - Atlantic 106, 113 22-23  
**Logan Green** - Clarinda 285: 21-22  
**Dawson Bond** - Red Oak 145, 160: 21-22  
**Kadin Stutzman** - Atlantic 152, 170: 2020, 2022  
**Tanner Wink** - Lewis Central 106, 120 2019, 2021  
**Johnathon Erp** - Red Oak 106, 120: 17 - 20  
**Taber Dominguez** -Lewis Central, 113, 126: 18-20  
**Justin McCunn** - Red Oak 160: 19 - 20  
**Jackson Kinsella** - Creston 170, 182: 19 - 20  
**Cale Roller** - Atlantic 220, 285: 19 - 20  
**Benjamin Schmitz** - Kuemper 106, 113 18-19  
**John McConkey** - Atlantic 285, 285: 17 -18  
**JJ Clark** - Clarinda 170, 182: 15 - 16  
**Joey Huntington** – Creston 138, 145: 15 -16  
**Paxton Whiteaker** - Lewis Central 106,106: 14 -15  
**Kruz Adamson** - Creston 113, 113: 13 - 14  
**Trevor Frain** – Creston 160, 170: 13 -14  
**Sam Jameson** – Glenwood 103, 126: 10,13  
**Alexander Schmitz** – Kuemper 126, 132: 12 - 13  
**Keaton Hulett** – Creston 195, 195: 12 -13  
**Ben Schwery** – Lewis Central 145, 170: 11 -12  
**Collin Bevins** – Creston 215, 285: 11 -12  
**Nate Harms** – Glenwood 125, 130: 10 -11  
**Jared Bevins** – Creston 189, 189: 09 -10  
**Elijah Sullivan** – Lewis Central 135, 140: 09 -10  
**Jay Hildreth** - Lewis Central 103, 119: 08 - 09  
**Bret Baumbach** – Lewis Central 119, 130: 07 - 09  
**Trent Tucker** - Creston 135, 145: 07 - 08  
**Joey Jerkovich** - Lewis Central 103, 112: 07 - 08

**Jesse Harris** - Creston 140, 171: 07 - 08  
**Kaleb Evans** - Creston 160, 160: 07 - 08  
**Justin Black** - Glenwood 135, 152: 06 - 07  
**Colby Pedersen** - Clarinda 103, 140: 05, 08  
**Ty Copsey** - Glenwood 189, 189: 05 - 06  
**Mitch Artist** - Glenwood 160, 160: 05 - 06  
**Dan Scarberry** - Creston 135, 140: 03 - 04  
**Michael Wells** - Clarinda 135 ,140: 02 - 03  
**Willie Harris** - Creston 125, 130: 01, 03  
**Boone Hayes** - Creston 103, 112: 01 - 02  
**Brad Gregory** – Glenwood 112, 119: 01 - 02  
**Ben Moss** - Lewis Central 103, 130: 00, 02  
**Aaron Smith** - Lewis Central 145, 152: 00 - 01  
**Curtis Head** - Shenandoah 275, 215: 00 - 01  
**Jon Clanton** - Lewis Central 171, 189: 00 - 01  
**Dennis Anderson** - Glenwood 275, 275: 98 - 99  
**Shane Heinold** - Clarinda. 119, 125: 97, 99  
**Nick Paulsen** - Atlantic 171, 189: 97 - 98  
**Clint Madison** - Glenwood 135,145: 96 - 97  
**Ben Thompson** - Shenandoah 130, 130: 95 - 96  
**Jerry Stinn** - Harlan 103, 103: 94 - 95  
**Ryan Kinsella** - Creston 152, 171: 94 - 95  
**Trevor Endicott** - Glenwood 145, 145: 94 - 95  
**Chad Deal** - Lewis Central 275, 275: 94 - 95  
**Frank Bachman** - Glenwood 189, 189: 93 - 94  
**Jed Gammell** - Creston 171, 171: 92 - 93  
**Chuck Steeve** - Clarinda 189, 189: 91 - 92  
**Brian Knoll** - Clarinda 125,135: 91 - 92  
**Dan Kjeldgaard** - Lewis Central 152, 160: 91 - 92  
**Scott Stickler** - Clarinda 125, 130: 89 - 90  
**Jeff Jens** - Glenwood 152, 152: 89 - 90  
**Donnie Donahue** - Clarinda 103, 103: 89 - 90  
**Travis Adair** - Creston 119, 125: 89 - 90  
**Jeff Dyer** - Glenwood 98, 119: 88, 90  
**Tony Burger** - Harlan 185, 189: 88 - 89  
**Dave Malcom** - Glenwood 98, 105: 86 - 87

**Mike Moreno** - Glenwood 126, 132: 89, 87  
**Randy Marlin** - Creston 132, 132: 85 - 86  
**Perry Feif** - Atlantic Hwt, Hwt: 85 - 86  
**Brent Jennings** - Clarinda 105, 126: 84, 86  
**Tom Schminke** - Lewis Central 132, 145: 84 - 85  
**Jerry Kast** - Harlan 155, 155: 84 - 85  
**Bryce Jipsen** - Red Oak SHwt, SHwt: 82 - 83  
**Todd Clapper** - Lewis Central 105, 112: 82 - 83  
**Roger Baker** - Creston 185, 185: 82 - 83  
**Kent Behrens** - Atlantic 145, 145: 80, 82  
**Mike Jensen** - Harlan Hwt, Hwt: 80 - 81  
**Bill Bussey** - Glenwood 155, 167: 80 - 81  
**Brent Norgaard** - Harlan 119, 126: 79 - 80  
**Don Jennings** - Atlantic 132, 138: 79 - 80  
**Randy Meeker** - Lewis Central 126, 126: 78 - 79  
**Devon Goetz** - Creston 98, 105: 78 - 79  
**Jon Williams** - Glenwood 155, 167: 77 - 78  
**Lyle Obrecht** - Harlan 126, 132: 77 - 78  
**Jeff Christy** - Creston 98,105 : 77 -78  
**Denny Christensen** - Harlan 105, 112: 77 -78  
**Phil Graves** - Harlan 105, 112: 76 -77  
**Doug Driskell** - Creston 132, 138: 76 - 77  
**Dave Cass** - Glenwood 138, 132 : 76 - 77  
**Lee Schechinger** - Harlan 145, 167: 75 -76  
**Bob Klein** - Harlan 155, 155 : 75 - 76  
**Roger Meyers** - Glenwood 98, 98: 75 - 76  
**Kent Morgan** - Harlan 138, 138: 74 - 75  
**Bob Goetz** - Harlan 105, 119 : 73, 75  
**Dan Hayes** - Creston 119, 126: 73 - 74  
**Jeff Coalton** - Lewis Central 185, 185: 73 - 74  
**Mark Boehm** - Lewis Central Hwt, Hwt: 73 - 74  
**Jeff Abel** - Creston 98, 112: 72, 74  
**Vern Loudon** - Creston 119, 126: 72 - 73  
**Craig Anderson** - Harlan 112, 112: 72 - 73  
**Bill Allen** - Lewis Central 132, 132: 72 - 73

## Number of 2 Year Champions

Creston 25  
Glenwood 19  
Lewis Central 20  
Harlan 14  
Clarinda 10  
Atlantic 9  
Red Oak 5  
Shenandoah 3  
Kuemper 2  
Denison 0  
St. Albert 0

## Number of 3 Year Champions

Lewis Central 10  
Creston 8  
Glenwood 7  
Atlantic 5  
Clarinda 2  
Shenandoah 1  
Harlan 1  
Denison 0  
Kuemper 0  
Red Oak 0  
St. Albert 0

### **3 Year Champions**

Aidan Smith - Atlantic 106, 113, 126, 22-24  
Austin Evans- Creston 138, 144 22-24  
Vinny Mayberry - Glenwood 106, 113, 120: 21-23  
Trevor Anderson - Glenwood 126, 145, 145: 2016 - 2018  
Austin Gutknecht - Clarinda 132, 132, 138: 2016 - 2018  
Chase McLaren - Atlantic (120, 126, 132) 2016 - 2018  
Kadon Hulett - Creston (220, 220, 220) 2015 - 2017  
Carter Cox - Atlantic (113,113,120) 2015 - 2017  
Matt Malcom - Glenwood (132,152,152) 2014 - 2016  
Darrian Schwenke - Atlantic (103, 106, 126) 2011 - 2014  
Blake Luna - Clarinda (112, 120, 120) 2011 - 2013  
Zebulan Wahle - Lewis Central (135, 152, 160) 2010 - 2012  
Tyler Feller - Lewis Central (112, 119, 125) 2009 - 2011  
Quin Leith - Creston (119, 125, 130) 2006 - 2008  
Andrew Long - Creston (103, 112, 125) 2006 - 2008  
Bret Kautz - Creston (125, 130, 135) 2005,07,08  
Jeff Rau - Lewis Central (103, 119, 125) 2004 - 2006  
Tyler Blum - Atlantic (215, 215, 275) 2003 - 2005  
Tobyn Ward - Lewis Central (119, 125, 130) 2003 - 2005  
Barak Davis - Lewis Central (103, 112, 112) 2003 - 2005  
Nick Hayes - Lewis Central (171, 160, 152) 2001 - 2003  
Michael Mickey - Creston (112, 119, 125) 1997,98,00  
Dylan Long - Creston (103, 125, 130) 1997 - 1999  
Matt Fletcher - Shenandoah (119, 152, 152) 1996,98,99  
Terry Parham - Glenwood (140, 152, 160) 1996 - 1998  
Matt Dyer - Glenwood (130, 135, 140) 1992 - 1994  
Jason Anderson - Lewis Central (103, 103, 112) 1992 - 1994  
Brian Sell - Glenwood (112, 119, 125) 1991 - 1993  
Chad Stouder - Glenwood (145, 160, 160) 1988 - 1990  
Dan Higgins - Lewis Central (98, 105, 112) 1982 - 1984  
Keith Massey - Lewis Central (105, 126, 132) 1981 - 1983  
Lewie Massey - Lewis Central (119, 126, 132) 1980 - 1982  
Terry Cooper - Creston (98, 112, 112) 1979 - 1981  
Terry Latham - Creston (155, 155, 167) 1973 - 1975  
Dave Muell - Harlan (98, 105, 112) 1973 - 1975

### **4 Year Champions**

Vinny Mayberry - Glenwood (106, 113, 120, 120) 2021-2024  
Chase McLaren - Atlantic (120,126,132,138) 2016-19  
Chase Shiltz - Creston (145, 160, 170, 182) 2014 - 17  
Jake Marlin - Creston (130, 135, 138, 138) 2010 - 13  
Seth Esaias - Red Oak (160, 171, 171, 182) 2009 - 12  
Bryant Hummel - Clarinda (215, 215, 215, 215) 2006 - 09  
Jimmy Waters - Lewis Central (145, 171, 171, 189) 2004 - 07  
Brandon Mason - Lewis Central (135, 140, 160, 160) 2001 - 04  
Gabe Rostermundt - Lewis Central (112, 119, 125, 125) 2000 - 03  
Trent Paulson - Lewis Central (119, 135, 140, 145) 1999 - 02  
Travis Paulson - Lewis Central (112, 130, 145, 152) 1999 - 02  
Chad Davis - Lewis Central (103, 103, 119, 130) 1998 - 01  
Tyler McGinnis - Shenandoah (130, 140, 145, 152) 1997 - 00  
Matt Anderson - Shenandoah (112, 125, 140, 145) 1995 - 98  
David Kjeldgaard - Lewis Central (119, 135, 140, 171) 1993 - 96  
Adam Bendorf - Lewis Central (140, 152, 160, 160) 1992 - 95  
Jeff Bellows - Lewis Central (103, 112, 112, 119) 1991 - 94  
Rick Moreno - Glenwood (130, 135, 145, 145) 1989 - 92  
Tom Becker - Glenwood (105, 112, 112, 119) 1988 - 91  
Doug Kjeldgaard - Lewis Central (112, 126, 132, 145) 1986 - 89

**2024 Creston**

106: Zander Manz (Lewis Central)  
113: Wetston Porter (Lewis Central)  
120: Vinny Mayberry (Glenwood)  
126: Aidan Smith (Atlantic)  
132: Matt Beem (Glenwood)  
138: Carter Schorsch (Lewis Central)  
144: Austin Evans (Creston)  
150: Jacob McGargill (Shenandoah)  
157: Owen Laughlin (Shenandoah)  
165: Kellan Scott (Glenwood)  
175: Jayden Dickson (Shenandoah)  
190: Bryson Harris (Clarinda)  
215: Mason Koehler (Glenwood)  
275: Max Chapman (Creston)

**2023 Creston**

106: Braxton Hass (Atlantic)  
113: Aidan Smith (Atlantic)  
120: Vinny Mayberry (Glenwood)  
126: Lincoln Keeler (Creston)  
132: Matt Beem (Glenwood)  
138: Austin Evans (Creston)  
145: Chris Aragon (Creston)  
152: Owen Laughlin (Shenandoah)  
160: Dawson Bond (Red Oak)  
170: Braylon Kammrad (Lewis Central)  
182: Karson Downey (Clarinda)  
195: Zane Bendorf (Harlan)  
220: Jaxson Hildebrand (Denison)  
285: Even Sorensen (Atlantic)

**2022 Atlantic**

106: Aiden Smith (Atlantic)  
113: Vinny Mayberry (Glenwood)  
120: Riley Parkis (Kuemper)  
126: Ethan Follman (Atlantic)  
132: Lucas Musich (Harlan)  
138: Austin Evans (Creston)  
145: Kale Downey (Clarinda)  
152: Shea Parks (Kuemper)  
160: Dawson Bond (Red Oak)  
170: Kadin Stutzman (Atlantic)  
182: Zane Bendorf (Harlan)  
195: CJ Carter (Glenwood)  
220: Cal Wanninger (Kuemper)  
285: Logan Green (Clarinda)

**2021 Creston**

106: Vinny Mayberry (Glenwood)  
113: Luke Freund (Harlan)  
120: Tanner Wink (Lewis Central)  
126: Joe Weaver (Atlantic-CAM)  
132: Triston Barncastle (Creston/O-M)  
138: Shea Parkis (Kuemper Catholic)  
145: Dawson Bond (Red Oak)  
152: Kaden Bolton (Creston/O-M)  
160: Braylon Kammrad (Lewis Central)  
170: Cael McLaren (St. Albert)  
182: Mitch Mayberry (Glenwood)  
195: Jackson Kinsella (Creston/O-M)  
220: Crew Howard (Clarinda)  
285: Logan Green (Clarinda)

**2020 Champion: Creston**

106 Easton O'Brien - Atlantic  
113 Aybren Moore - Atlantic  
120 Johnathon Erp - Red Oak  
126 Taber Dominguez - LC  
132 Brian Paul - LC  
138 Shea Parkis - Kuemper  
145 Tanner Higgins - LC  
152 Kadin Stutzman - Atlantic  
160 Justin McCunn - Red Oak  
170 Carter Bendorf - Harlan  
182 Jackson Kinsella - Creston  
195 Sam Chapman - Creston  
220 Crew Howard - Clarinda  
285 Cale Roller - Atlantic

**2019 Champion: Atlantic**

106 Tanner Wink - LC  
113 Benjamin Schmitz - Kuemper  
120 Joe Weaver - Atlantic  
126 Ethan Lemon - Harlan  
132 Garon Wurster - Creston  
138 Chase McLaren - Atlantic  
145 Oscar Olmos - Harlan  
152 Connor Pellett - Atlantic  
160 Justin McCunn - Red Oak  
170 Jackson Kinsella - Creston  
182 Brett Mower - Glenwood  
195 Noah Carter - Glenwood  
220 Cale Roller - Atlantic  
285 Derek Weyer - Harlan

**2018 Champion: Glenwood**

106 Benjamin Schmitz - Kuemper  
113 Taber Dominguez - LC  
120 Ethan Lemon - Harlan  
126 Kole Hansen - Atlantic  
132 Chase McLaren - Atlantic  
138 Austin Gutknecht - Clarinda  
145 Trevor Anderson - Glenwood  
152 Caleb Kingery - LC  
160 William Waugh - LC  
170 Carter Maynes - Red Oak  
182 Anthony Sherry - Glenwood  
195 Nick Foss - Harlan  
220 Isaac Bales - Glenwood  
285 John McConkey - Atlantic

**2017 Champion: Atlantic**

106 Johnathon Erp – Red Oak  
113 Jacob Goodson – Creston  
120 Carter Cox - Atlantic  
126 Chase McLaren - Atlantic  
132 Austin Gutknecht - Clarinda  
138 Gabriel Kjeldgaard- Lewis Central  
145 Trevor Anderson - Glenwood  
152 Jordan Renshaw - Glenwood  
160 Mac Southard – Lewis Central  
170 Thomas Bentley – Red Oak  
182 Chase Shiltz Creston  
195 Jackson Mikkelsen - Creston  
220 Kadon Hulett - Creston  
285 John McConkey- Atlantic

**2016 Champion: Creston**

106 Kole Hansen - Atlantic  
113 Carter Cox - Atlantic  
120 Chase McLaren - Atlantic  
126 Trevor Anderson - Glenwood  
132 Austin Gutknecht – Clarinda  
138 Wyatt Thompson - Creston  
145 Joey Huntington - Creston  
152 Matt Malcom - Glenwood  
160 Cameron Leith - Creston  
170 Chase Shiltz - Creston  
182 JJ Clark - Clarinda  
195 Seth Maitlen - Creston  
220 Kaden Hulett - Creston  
285 Caleb Sanders - Glenwood

**2015 Champion: Creston**

106 Paxton Whiteaker - LC  
113 Carter Cox - Atlantic  
120 Elias Shaeffer - Harlan  
126 Brock Massey - LC  
132 Jordan Bailey - LC  
138 Mac Southard - LC  
145 Reid Nichols - Atlantic  
152 Matt Malcom - Glenwood  
160 Chase Shiltz - Creston  
170 JJ Clark - Clarinda  
182 Trey Stickler - Clarinda  
195 Chris Thomas – LC  
220 Kaden Hulett - Creston  
285 Jake Gutschenritter - Creston

**2014 Champion: Creston**

106 Paxton Whiteaker - LC  
113 Kruz Adamson - Creston  
120 Dillion Cox - Atlantic  
126 Darrian Schwenke - Atlantic  
132 Matt Malcom - Glenwood  
138 Joey Huntington - Creston  
145 Chase Shiltz - Creston  
152 Ethan Ruby - LC  
160 Wyatt Lewis – St. Albert  
170 Trevor Frain - Creston  
182 Adam Baker - Creston  
195 Cale Stork - Harlan  
220 Dallon Bendorf - Harlan  
285 Dakota Calfee - Clarinda

**2013 Champion: Creston**

106 Tanner Mertz– Red Oak  
113 Kruz Adamson - Creston  
120 Blake Luna – Clarinda  
126 Sam Jameson - Glenwood  
132 Alexander Schmitz – Kuemper  
138 Jake Marlin – Creston  
145 Jacob Johnson – Creston  
152 Josh Clark - Glenwood  
160 Trevor Frain - Creston  
170 Matt Williamson - Atlantic  
182 Austin Lear – Lewis Central  
195 Keaton Hulett – Creston  
220 Cole Tanner - Creston  
285 Alex Killpack - Glenwood

**2012 Champion: Creston**

106 Darrian Schwenke – Atlantic  
113 Jared Eischeid – Kuemper  
120 Blake Luna – Clarinda  
126 Alexander Schmitz – Kuemper  
132 Rob Young – Atlantic  
138 Jake Marlin – Creston  
145 Juwan Parrish – Creston  
152 David Thompson – Creston  
160 Zebulan Wahle – Lewis Central  
170 Ben Schwery – Lewis Central  
182 Seth Esaias – Red Oak  
195 Keaton Hulett – Creston  
220 Zach Renshaw – Lewis Central  
285 Collin Bevins - Creston

**2011 Champion: Lewis Central**

103 Darrian Schwenke - Atlantic  
112 Blake Luna - Clarinda  
119 Geoff Sellers - Red Oak  
125 Tyler Feller - LC  
130 Nate Harms - Glenwood  
135 Jake Marlin - Creston  
140 Brad Schwenke - Atlantic  
145 Ben Schwery - LC  
152 Zebulan Wahle - LC  
160 Derek Stork - Atlantic  
171 Seth Esaias - Red Oak  
189 Dylan Miller - LC  
215 Collin Bevins - Creston  
285 Tommy Grimes – LC

**2010 Champion: Lewis Central**

103 Sam Jameson - Glenwood  
112 Nick Sulentic - LC  
119 Tyler Feller - LC  
125 Nate Harms - Glenwood  
130 Jake Marlin - Creston  
135 Zebulan Wahle - LC  
140 Elijah Sullivan – LC  
145 Tyler Maxwell - Glenwood  
152 Carroll Heitshusen - Shen  
160 Jesse Preul - Denison  
171 Seth Esaias – Red Oak  
189 Jared Bevins - Creston  
215 Marcus Streit - Harlan  
285 Matt Hoch - Harlan

**2009 Champion: Lewis Central**

103 Trevor Paulson - LC  
112 Tyler Feller - LC  
119 Jay Hildreth – LC  
125 Zach Leith – Creston  
130 Bret Baumbach – LC  
135 Elijah Sullivan – LC  
140 Taimon Wehr - Harlan  
145 Brad Swank - Shenandoah  
152 Nick Pursel - LC  
160 Seth Esaias – Red Oak  
171 Joey Bryan - Glenwood  
189 Jared Bevins - Creston  
215 Bryant Hummel – Clarinda  
285 Colin White - Glenwood

**2008 Champion: Lewis Central**

103 Jay Hildreth - LC  
112 Joey Jerkovich - LC  
119 George Ivanov – LC  
125 Andrew Long – Creston  
130 Quin Leith – Creston  
135 Bret Kautz – Creston  
140 Colby Pedersen – Clarinda  
145 Trent Tucker – Creston  
152 Levi Davidshofer – Clarinda  
160 Kaleb Evans – Creston  
171 Jesse Harris – Creston  
189 Derek Nightser – LC  
215 Bryant Hummel – Clarinda  
285 Kasey Juhl - Atlantic

**2007 Champion: Clarinda**

103 Joey Jerkovich - LC  
112 Andrew Long - Creston  
119 Bret Baumbach - LC  
125 Quin Leith - Creston  
130 Bret Kautz - Creston  
135 Trent Tucker - Creston  
140 Jesse Harris - Creston  
145 Caleb Brus - Creston  
152 Justin Black - Glenwood  
160 Kaleb Evans - Creston  
171 Brent McKinnon - Clarinda  
189 Jimmy Waters - LC  
215 Bryant Hummel - Clarinda  
285 Wes Pudenz – Kuemper

**2006 Champion: Glenwood**

103 Andrew Long - Creston  
112 Ryan Brown - Atlantic  
119 Quin Leith - Creston  
125 Jeff Rau - LC  
130 Brock Mason - Shenandoah  
135 Justin Black - Glenwood  
140 Tyler Murtaugh - Harlan  
145 Tom Slater - Shenandoah  
152 Ryan Collins - Glenwood  
160 Mitch Artist - Glenwood  
171 Jimmy Waters - LC  
189 Ty Copsey - Glenwood  
215 Bryant Hummel - Clarinda  
275 Steven Ricke - Kuemper

**2005 Champion: Glenwood**

103 Colby Pederson - Clarinda  
112 Barak Davis - LC  
119 Jeff Rau - LC  
125 Bret Kautz - Creston  
130 Tobyn Ward - LC  
135 Jeremy Clark - Harlan  
140 Austin Studer - Creston  
145 Luke Stamp - LC  
152 Mike Stamp - LC  
160 Mitch Artist - Glenwood  
171 Jimmy Waters - LC  
189 Ty Copsey - Glenwood  
215 Billy Meredith - Glenwood  
275 Tyler Blum - Atlantic

**2004 Champion: Glenwood**

103 Jeff Rau - LC  
112 Barak Davis - LC  
119 Drew Langel - Glenwood  
125 Tobyn Ward - LC  
130 Pat Blanchard - Glenwood  
135 Austin Reeves - Glenwood  
140 Daniel Scarberry - Creston  
145 Jimmy Waters - LC  
152 Ryan Kates - Glenwood  
160 Brandon Mason - LC  
171 Keith Neal - Clarinda  
189 Chris Downing - Creston  
215 Tyler Blum - Atlantic  
275 Billy Marsh - Clarinda

**2003 Champion: Lewis Central**

103 Barak Davis - LC  
112 Derick Clark - Glenwood  
119 Tobyn Ward - LC  
125 Gabe Rostermundt - LC  
130 Willie Harris - Creston  
135 Daniel Scarberry - Creston  
140 Michael Wells - Clarinda  
145 Levi Heinold - Clarinda  
152 Nick Hayes - LC  
160 Brandon Mason - LC  
171 Chris Loudon - Creston  
189 Kelly Muller - Atlantic  
215 Tyler Blum - Atlantic  
275 Austin Jacobsen - Denison

**2002 Champion: Lewis Central**

103 John Foster - Creston  
112 Boone Hayes - Creston  
119 Brad Gregory - Glenwood  
125 Gabe Rostermundt - LC  
130 Ben Moss - LC  
135 Michael Wells - Clarinda  
140 Brandon Mason - LC  
145 Trent Paulson - LC  
152 Travis Paulson - LC  
160 Nick Hayes - LC  
171 Brent Schumacher - Harlan  
189 Rod Grap - Glenwood  
215 Matt Ricke - Kuemper  
275 Richard Mayer - LC

**2001 Champion: Lewis Central**

103 Boone Hayes - Creston  
112 Brad Gregory - Glenwood  
119 Gabe Rostermundt - LC  
125 Willie Harris - Creston  
130 Chad Davis - LC  
135 Brandon Mason - LC  
140 Trent Paulson - LC  
145 Travis Paulson - LC  
152 Aaron Smith - LC  
160 Blake Anderson - LC  
171 Nick Hayes - LC  
189 Jon Clanton - LC  
215 Curtis Head - Shen  
275 Steven Wegner - Harlan

**2000 Champion: Lewis Central**

103 Ben Moss - LC  
112 Gabe Rostermundt - LC  
119 Chad Davis - LC  
125 Michael Mickey - Creston  
130 Travis Paulson - LC  
135 Trent Paulson - LC  
140 David Weihs - Harlan  
145 Aaron Smith - LC  
152 Tyler McGinnis - Shen  
160 Andrew Hayes - Creston  
171 Jon Clanton - LC  
189 Tyler Hanson - Creston  
275 Curtis Head - Shen

**1999 Champion: Lewis Central**

103 Chad Davis - LC  
112 Travis Paulson - LC  
119 Trent Paulson - LC  
125 Shane Heinold - Clarinda  
130 Dylan Long - Creston  
135 Benn Christensen - Glenwood  
140 Justin Crouch - Glenwood  
145 Tyler McGinnis - Shen  
152 Matt Fletcher - Shen  
160 Jared Klein - Kuemper  
171 Matt Rupeiper - Kuemper  
189 Adam Heiden - Denison  
275 Dennis Anderson - Glenwood

**1998 Champion: Glenwood**

103 Chad Davis - LC  
112 Nate Thompson - Glenwood  
119 Michael Mickey - Creston  
125 Dylan Long - Creston  
130 Jared Riddle - Clarinda  
135 Roger Vincent - Red Oak  
140 Tyler McGinnis - Shen  
145 Matt Anderson - Shen  
152 Matt Fletcher - Shen  
160 Terry Parham - Glenwood  
171 Jerrid Jefferis - LC  
189 Nick Paulsen - Atlantic  
275 Dennis Anderson - Glenwood

**1997 Champion: Glenwood**

103 Dylan Long - Creston  
112 Michael Mickey - Creston  
119 Shane Heinold - Clarinda  
125 Jake Muller - Harlan  
130 Tyler McGinnis - Shen  
135 Josh Mitchell - Atlantic  
140 Matt Anderson - Shen  
145 Clint Madison - Glenwood  
152 Terry Parham - Glenwood  
160 Ron Dale - Clarinda  
171 Nick Paulsen - Atlantic  
189 Alonzo Grosse - LC  
275 Dax Doran - Harlan

**1996 Champion: Glenwood**

103 Justin Riddle - Clarinda  
112 Barry Coates - LC  
119 Matt Fletcher - Shen  
125 Matt Anderson - Shen  
130 Ben Thompson - Shen  
135 Clint Madison - Glenwood  
140 Terry Parham - Glenwood  
145 Doug Brown - LC  
152 Jason Liles - Red Oak  
160 Drew Ditmars - LC  
171 David Kjelgaard - LC  
189 Heath Graham - Shen  
275 Ryan Rasmussen - Denison

**1995 Champion: Lewis Central**

103 Jerry Stinn - Harlan  
112 Matt Anderson - Shen  
119 Brett Sandolm - Red Oak  
125 Dan Casey - Clarinda  
130 Ben Thompson - Shen  
135 Nick Rengstorf - Shen  
140 David Kjeldgaard - LC  
145 Trevor Endicott - Glenwood  
152 Brad Honnold - Clarinda  
160 Adam Bendorf - LC  
171 Ryan Kinsella - Creston  
189 Dirk Glynn - Creston  
275 Chad Deal - LC

**1994 Champion: Lewis Central**

103 Jerry Stinn - Harlan  
112 Jason Anderson - LC  
119 Jeff Bellows - LC  
125 Jason Sallach - Red Oak  
130 Ryan Barker - Shen  
135 David Kjeldgaard - LC  
140 Matt Dyer - Glenwood  
145 Trevor Endicott - Glenwood  
152 Ryan Kinsella - Creston  
160 Adam Bendorf - LC  
171 Jake Hayes - Creston  
189 Frank Bachman - Glenwood  
275 Chad Deal - LC

**1993 Champion: Clarinda**

103 Jason Anderson - LC  
112 Jeff Bellows - LC  
119 David Kjeldgaard - LC  
125 Brian Sell - Glenwood  
130 Ryan Isaacson - Clarinda  
135 Matt Dyer - Glenwood  
140 Mike Waite - Shen  
145 Todd McGinnis - Shen  
152 Adam Bendorf - LC  
160 Dain Lundvall - Glenwood  
171 Jed Gammell - Creston  
189 Frank Bachman - Glenwood  
275 Travis Anderson - Glenwood

**1992 Champion: Clarinda**

103 Jason Anderson - LC  
112 Jeff Bellows - LC  
119 Brian Sell - Glenwood  
125 Eric Barritt - LC  
130 Matt Dyer - Glenwood  
135 Brian Knoll - Clarinda  
140 Adam Bendorf - LC  
145 Rick Moreno - Glenwood  
152 Jason Hayes - Creston  
160 Dan Kjeldgaard - LC  
171 Jed Gammell - Creston  
189 Chuck Steeve - Clarinda  
275 Tim Foglesong - Creston

**1991 Champion: Clarinda**

103 Jeff Bellows - LC  
112 Brian Sell - Glenwood  
119 Tom Becker - Glenwood  
125 Brian Knoll - Clarinda  
130 Shawn Vanpelt - Atlantic  
135 Matt McAnly - Shen  
140 Chris Kelly - Harlan  
145 Rick Moreno - Glenwood  
152 Dan Kjeldgaard - LC  
160 Jim Hanson - Shen  
171 Nick Maher - Shen  
189 Chuck Steeve - Clarinda  
275 Skyler O'Neal - LC

**1990 Champion: Clarinda**

103 Donnie Donahue - Clarinda  
112 Tom Becker - Glenwood  
119 Jeff Dyer - Glenwood  
125 Travis Adair - Creston  
130 Scott Stickler - Clarinda  
135 Rick Moreno - Glenwood  
140 Chad Briley - Creston  
145 Dennis Shaw - Creston  
152 Jeff Jens - Glenwood  
160 Chad Stouder - Glenwood  
171 Will Knoll - Clarinda  
189 Jeff Kinsella - Creston  
275 Clint Luther - Creston

**1989 Champion: Lewis Central**

103 Donnie Donahue - Clarinda  
112 Tom Becker - Glenwood  
119 Travis Adair - Creston  
125 Scott Stickler - Clarinda  
130 Rick Moreno - Glenwood  
135 Mark Vacanti - LC  
140 Rob Tadford - Glenwood  
145 Doug Kjeldgaard - LC  
152 Jeff Jens - Glenwood  
160 Chad Stouder - Glenwood  
171 Scott Stogdill - Glenwood  
189 Tony Burger - Harlan  
275 Brian Monday - Creston

**1988 Champion: Creston**

98 Jeff Dyer - Glenwood  
105 Tom Becker - Glenwood  
112 Doug Knotek - LC  
119 Steve Balls - Harlan  
126 Craig Goos - Glenwood  
132 Doug Kjeldgaard - LC  
138 Chris Cox - Harlan  
145 Chad Stouder - Glenwood  
155 Joe Gutschenritter - Shen  
167 Kurt Jensen - Harlan  
185 Tony Burger - Harlan  
Hwt Bernie Nelson - Atlantic

**1987 Champion: Glenwood**

98 Jason Boatwright - Glenwood  
105 Dave Malcom - Glenwood  
112 Todd Harper - Glenwood  
119 Doug Thompson - Shen  
126 Doug Kjeldgaard - LC  
132 Mike Moreno - Glenwood  
138 John Robinson - LC  
145 Brett Stouder - Glenwood  
155 Alan VanErt - Atlantic  
167 J.D. Kuehl - Atlantic  
185 Erik Peterson - LC  
Hwt Andrew Lauritson - Harlan

**1986 Champion: Creston**

98 Dave Malcom - Glenwood  
105 Tom O'Grady - Glenwood  
112 Doug Kjeldgaard - LC  
119 Doug Hartman - Creston  
126 Brent Jennings - Clarinda  
132 Randy Marlin - Creston  
138 Jason Harrington - Glenwood  
145 Alan Smith - Creston  
155 Todd Pettit - Creston  
167 Craig Wilwerding - LC  
185 Mark Moses - Clarinda  
Hwt Perry Fief - Atlantic

**1985 Champion: Creston**

98 Dennis Jorgensen - Shen  
112 Ted Henderson - Glenwood  
112 Brad Williamson - Shen  
119 Josh Lisle - Clarinda  
126 Mike Moreno - Glenwood  
132 Randy Marlin - Creston  
138 Craig Lyons - Atlantic  
145 Tom Schminke - LC  
155 Jerry Kast - Harlan  
167 Scott Diaz - Atlantic  
185 Tom Welhs - Harlan  
Hwt Perry Fief - Atlantic  
Shwt Mark Morrison - LC

**1984 Champion: Lewis Central**

98 Jeff Hunt - Glenwood  
105 Brent Jennings - Clarinda  
112 Dan Higgins - LC  
119 John Peopsel - Harlan  
126 Drew Rogers - LC  
132 Tom Schminke - LC  
138 Rick Snyder - Harlan  
145 Lonnie Dwyer - LC  
155 Jerry Kast - Harlan  
167 Rod Fields - Red Oak  
185 Greg Hall - LC  
Hwt Mike Kloewer - Harlan  
Shwt Jeff Weeks - Creston

**1983 Champion: Lewis Central**

98 Phil Clark - Harlan  
105 Dan Higgins - LC  
112 Todd Clapper - LC  
119 Jeff Masteller - Atlantic  
126 Steve Jorgensen - Shen  
132 Keith Massey - LC  
138 Kirk Fishbaugh - Shen  
145 Kelly Adamson - Creston  
155 Jeff Bruck - Harlan  
167 Darrell Yates - Glenwood  
185 Roger Baker - Creston  
Hwt John Westering - Atlantic  
Shwt Bryce Jipsen - Red Oak

**1982-No Tournament\***

98 Dan Higgins - LC  
105 Todd Clapper - LC  
112 Scott Rhoades - Atlantic  
119 Larry Graham - Shen  
126 Keith Massey - LC  
132 Lewie Massey - LC  
138 Rick Pitzer - Glenwood  
145 Kent Behrens - Atlantic  
155 Keith Behrens - Atlantic  
167 Rusty Leet - Glenwood  
185 Roger Baker - Creston  
Hwt Jim Strand - Glenwood  
Shwt Bryce Jipsen - Red Oak

\*All-Conference selection by Coaches

**1981-No Tournament\***

98 Terry Christensen - Glen  
105 Keith Massey - LC  
112 Terry Cooper - Creston  
119 Robert Burrows - Atlantic  
126 Lewie Massey - LC  
132 Steve McGinnis - Shen  
138 Bill Daeges - Harlan  
145 Bob Kincade - Glenwood  
155 Rick Goodwin - Red Oak  
167 Bill Bussey - Glenwood  
185 Dennis Ratashak - Clarinda  
Hwt Mike Jensen - Harlan

\*All-Conference selection by Coaches

**1980 Champion: Atlantic**

98 Jim Yates - Glenwood  
105 Gary VanErt - Atlantic  
112 Terry Cooper - Creston  
119 Lewie Massey - LC  
126 Brent Norgaard - Harlan  
132 Adam Davis - Atlantic  
138 Don Jennings - Atlantic  
145 Kent Behrens - Atlantic  
155 Bill Bussey - Glenwood  
167 Dan Kalal - Harlan  
185 Kent Kelsey - Shen  
Hwt Mike Jensen - Harlan

**1979 Champion: Creston**

98 Terry Cooper - Creston  
105 Devon Goetz - Creston  
112 Brian Curtis - Red Oak  
119 Brent Norgaard - Harlan  
126 Randy Meeker - LC  
132 Don Jennings - Atlantic  
138 Steve Huebner - LC  
145 Darren Knop - Atlantic  
155 Dick Stipe - Clarinda  
167 Steve Bussey - Glenwood  
185 Bill Murtaugh - Harlan  
Hwt Jeff Schoening - Glenwood

**1978 Champion: Harlan**

98 Devon Goetz - Creston  
105 Jeff Christy - Creston  
112 Denny Christiansen - Harlan  
119 Mike Smith - LC  
126 Randy Meeker - LC  
132 Lyle Obercht - Harlan  
138 Eric Swanson - Atlantic  
145 John Murtaugh - Harlan  
155 Jerry Oswald - Creston  
167 Jon Williams - Glenwood  
185 Brain Jensen - Atlantic  
Hwt John Smith - Creston

**1977 Champion: Harlan**

98 Jeff Christy - Creston  
105 Denny Christiansen - Harlan  
112 Phil Graves - Harlan  
119 Larry Obercht - Harlan  
126 Lyle Obercht - Harlan  
132 Dave Cass - Glenwood  
138 Doug Driskell - Creston  
145 Terry McGinnis - Shen  
155 Jon Williams - Glenwood  
167 Jeff Riggs - Atlantic  
185 Mark Davidson - Red Oak  
Hwt Brad Herzberg - Clarinda

**1976 Champion: Harlan**

98 Roger Meyers - Glenwood  
105 Phil Graves - Harlan  
112 John Walters - Creston  
119 Dennis Smith - Creston  
126 Tim Briggs - Red Oak  
132 Doug Driskell - Creston  
138 Dave Cass - Glenwood  
145 John Bruck - Harlan  
155 Bob Klein - Harlan  
167 Lee Schechinger - Harlan  
185 Dean Thielen - Harlan  
Hwt Craig Both - Atlantic

**1975 Champion: Harlan**

98 Roger Meyers - Glenwood  
105 Ken Doocy - Glenwood  
112 Dave Muell - Harlan  
119 Bob Goetz - Harlan  
126 Gary Veitz - Creston  
132 Ted Briggs - Red Oak  
138 Kent Morgan - Harlan  
145 Lee Schechinger - Harlan  
155 Bob Klein - Harlan  
167 Terry Latham - Creston  
185 Mike Westering - Atlantic  
Hwt Gary Jipsen - Red Oak

**1974 Champion: Harlan**

98 Tim Doocy - Glenwood  
105 Dave Muell - Harlan  
112 Jeff Abel - Creston  
119 Don Stein - Harlan  
126 Dan Hayes - Creston  
132 Gary Welhs - Harlan  
138 Kent Morgan - Harlan  
145 Phil Langenfeld - Harlan  
155 Terry Latham - Creston  
167 Paul Baker - Creston  
185 Jeff Coalton - LC  
Hwt Mark Boehm - LC

**1973 Champion: Harlan**

98 Dave Muell - Harlan  
105 Bob Goetz - Harlan  
112 Craig Anderson - Harlan  
119 Dan Hayes - Creston  
126 Vern Loudon - Creston  
132 Bill Allen - LC  
138 Ron Jens - Glenwood  
145 Curt Bolinger - Creston  
155 Terry Latham - Creston  
167 Bill Hoffman - Atlantic  
185 Jeff Coalton - LC  
Hwt Mark Boehm - LC

**1972 Champion: Creston**

98 Jeff Abel - Creston  
105 Jim Bruck - Harlan  
112 Craig Anderson - Harlan  
119 Vern Loudon - Creston  
126 Steve Delanty - LC  
132 Bill Allen - LC  
138 Jeff Green - LC  
145 Al Werniment - Atlantic  
155 Jim Rahn - Clarinda  
167 Duane Kjelggaard - LC  
185 Mike McManigal - LC  
Hwt Mike King - Creston

### Conference Dual Meet Champions

2024 Creston	
2023 Creston	
2022 Creston	1994 Lewis Central/Clarinda
2021 Creston	1993 Clarinda
2020 Creston/Atlantic/Harlan	1992 Clarinda
2019 Atlantic	1991 Clarinda
2018 Atlantic/Creston	1990 Clarinda
2017 Atlantic	1989 Glenwood
2016 Creston	1988 Glenwood
2015 Creston	1987 Shenandoah
2014 Creston	1986 Glenwood
2013 Glenwood	1985 Glenwood
2012 Creston	1984 Clarinda
2011 Lewis Central/Creston	1983 Lewis Central
2010 Atlantic	1982 Lewis Central/Harlan/Atlantic
2009 Lewis Central	1981 Glenwood
2008 Creston	1980 Atlantic
2007 Creston	1979 Creston
2006 Creston	1978 Harlan
2005 Glenwood	1977 Harlan
2004 Glenwood	1976 Creston
2003 Lewis Central	1975 Harlan
2002 Lewis Central	1974 Creston
2001 Lewis Central	1973 Harlan
2000 Lewis Central	1972 Harlan/Creston/Lewis Central
1999 Lewis Central	1971 Glenwood
1998 Glenwood	
1997 Clarinda	
1996 Clarinda	
1995 Lewis Central	

### Number of Individual Tournament Champions (4 or more)

2024 Glenwood 4	
2019 Atlantic 4	1994 Lewis Central 5
2017 Creston 4	1993 Lewis Central 4
2016 Creston 6	1993 Glenwood 5
2015 Lewis Central 5	1992 Lewis Central 5
2014 Creston 4	1990 Creston 5
2013 Creston 6	1990 Glenwood 5
2012 Creston 5	1989 Glenwood 6
2011 Lewis Central 5	1988 Harlan 4
2010 Lewis Central 4	1988 Glenwood 4
2009 Lewis Central 6	1987 Glenwood 5
2008 Creston 6	1986 Creston 4
2008 Lewis Central 4	1984 Harlan 4
2007 Creston 7	1984 Lewis Central 5
2006 Glenwood 4	1982 Lewis Central 4
2005 Lewis Central 6	1980 Atlantic 4
2004 Lewis Central 5	1978 Creston 4
2004 Glenwood 4	1977 Harlan 4
2003 Lewis Central 5	1976 Harlan 5
2002 Lewis Central 7	1975 Harlan 5
2001 Lewis Central 9	1974 Creston 4
2000 Lewis Central 7	1974 Harlan 5
1996 Shenandoah 4	1973 Creston 4
1996 Lewis Central 4	1972 Lewis Central 5

#### Number of Individual Champions Per School

154 Lewis Central  
(82 different indiv.)  
120 Creston  
(76 different indiv.)  
110 Glenwood  
(76 different indiv.)  
73 Harlan  
(56 different indiv.)  
61 Atlantic  
(43 different indiv.)  
51 Clarinda  
(34 different indiv.)  
41 Shenandoah  
(31 different indiv.)  
28 Red Oak  
(21 different indiv.)  
10 Carroll Kuemper  
(8 different indiv.)  
5 Denison (since 1994)  
(5 different indiv.)  
2 St. Albert (since 2014)  
(2 indiv.)

**Number of Dual Meet  
Championships**

Creston 18  
Lewis Central 12  
Glenwood 10  
Clarinda 8  
Atlantic 8  
Harlan 7  
Shenandoah 1  
Denison 0  
Kuemper 0  
Red Oak 0  
St. Albert - 0

**Number of Conference  
Tournament Championships**

Creston 14  
Lewis Central 14  
Glenwood 8  
Harlan 6  
Clarinda 5  
Atlantic 4  
Denison 0  
Kuemper 0  
Red Oak 0  
Shenandoah 0  
St. Albert - 0

**Number of Individual  
Champions Per School**

154 Lewis Central  
(82 different indiv.)  
120 Creston  
(76 different indiv.)  
110 Glenwood  
(76 different indiv.)  
73 Harlan  
(56 different indiv.)  
61 Atlantic  
(43 different indiv.)  
51 Clarinda  
(34 different indiv.)  
41 Shenandoah  
(31 different indiv.)  
28 Red Oak  
(21 different indiv.)  
10 Carroll Kuemper  
(8 different indiv.)  
5 Denison (since 1994)  
(5 different indiv.)  
2 St. Albert (since 2014)  
(2 indiv.)