

Licensed to Lewis Central High School HY-TEK's Meet Manager 5/2/2019 10:18 PM
 Hawkeye 10 Conference Track Meet 2019 - 5/2/2019
 Lewis Central Track
 Results

Event 1 Boys Long Jump

Name	Year School	Finals	Points
Finals			
1 Berg, Kyle	11 Kuemper	21-07.00	10
2 Erlemeier, Michael	10 Harlan Commu	21-00.50	8
3 Shull, Mike	10 Clarinda	19-11.50	6
4 Vondra, Zach	12 Glenwood	19-11.00	5
5 Rohe, Ryan	10 Lewis Centra	19-08.00	4
6 Pomrenke, Jonah	10 Lewis Centra	18-11.00	3
7 Stogdill, Anthony	11 Shenandoah	18-08.00	2
8 Rodriguez, Erick	09 Creston	18-07.50	1
9 Bauer, Trevor	12 Shenandoah	18-04.00	
10 Turin, Evan	10 Denison-Schl	18-02.00	
11 Goos, Jackson	11 Glenwood	17-09.50	
12 Roberts, Austin	11 Clarinda	17-07.00	
13 Handlos, Skyler	10 Atlantic Hig	15-08.50	
14 Wells, Chris	09 Creston	14-11.00	
15 Domer, AJ	09 Kuemper	12-09.00	

Event 2 Girls Long Jump

Name	Year School	Finals	Points
1 Rasmussen, Haley	10 Atlantic	16-10.25	10
2 Arnold, Audrey	11 Glenwood	16-04.00	8
3 Badding, Mallory	11 Kuemper	16-01.00	6
4 Merksick, Emily	12 Lewis Centra	16-00.00	5
5 Bieker, Kaia	09 Harlan	15-10.25	4
6 Parr, Sami	11 Glenwood	15-01.00	3
7 Eckermann, Grace	10 Harlan	14-11.00	2
8 Williams, Lillia	09 St. Albert	14-05.00	1
9 Bruckner, Grace	11 Atlantic	14-04.00	
10 Langenfeld, Kira	09 Denison-Schl	13-09.00	
11 Boltinghouse, Laney	11 Clarinda	13-07.25	
12 Wanninger, Anna	12 Kuemper	13-06.50	
13 Chavez, Lesley	09 Denison-Schl	13-02.75	
14 Evans, Halle	09 Creston	12-09.00	
15 Linch, Brittany	11 Creston	12-03.50	
16 Zito, Alexis	09 Shenandoah	11-11.00	
17 Silvestre, Maddie	09 Shenandoah	11-05.00	
18 Hansen, Katelyn	12 Lewis Centra	10-00.50	

Event 3 Boys Discus Throw

Name	Year School	Finals	Points
1 Jones, Logan	11 Lewis Centra	179-10.50	10
2 Bieker, Caleb	12 Harlan Commu	147-06	8
3 Weyer, Derec	12 Harlan Commu	138-10	6
4 Peterson, Konner	11 Glenwood	133-04	5
5 Stenzel, Jake	12 Shenandoah	126-03.50	4
6 Hansen, Trey	10 Glenwood	123-04.50	3
7 Roller, Cale	11 Atlantic Hig	121-04.50	2

8	Gubbles, Adam	12	St. Albert	114-05.50	1
9	Deyo, Hunter	09	Lewis Centra	114-03	
10	Heisthusen, Jacob	11	Kuemper	108-11	
11	Biliew, Goanar	11	Denison-Schl	108-04.50	
12	Doyle, Blake	10	Shenandoah	108-01	
13	Kirchhoff, Gunner	10	Atlantic Hig	106-10	
14	Smith, Keagan	10	Creston	106-07	
15	Wilson, Chris	09	Creston	98-03	
16	Jobe, Grant	09	Clarinda	97-06.50	
17	Howard, Crew	10	Clarinda	96-09.50	
18	Madeira, Michael	10	Denison-Schl	95-08.50	
19	Fagan, Greg	10	St. Albert	93-04	
20	Ramsey, Kurtis	11	Kuemper	87-01.50	
21	Sperling, Luke	09	Red Oak	73-01.50	

Event 4 Girls Discus Throw

Name	Year	School	Finals	Points	
1	Payne, Lauren	11	Lewis Centra	126-04	10
2	Hughes, Logan	12	Shenandoah	122-09	8
3	Biermann, Sydney	12	Glenwood	121-03	6
4	Andersen, Lauren	10	Harlan	112-11	5
5	Fields, Kelsey	10	Creston	112-08	4
6	Heilesen, Sarah	12	Denison-Schl	110-00	3
7	Ferry, Andrea	12	Harlan	104-06	2
8	Morales, Sara	09	Shenandoah	99-00.50	1
9	Abildtrup, Ryli	10	Creston	96-03.50	
10	Arnold, Brynlee	09	Glenwood	93-02	
11	Wendt, Maddie	12	Red Oak	90-06	
12	Joyce, Emma	12	Atlantic	87-06	
13	Graham, Jillian	09	Clarinda	80-01.50	
14	Schon, Kenzie	09	Kuemper	78-08	
15	Kaub, Maci	09	Denison-Schl	75-09	
16	Schmieding, Kierra	09	Lewis Centra	75-08.50	
17	Wiskus, Lauren	09	Kuemper	73-05.50	
18	Collins, Kylie	11	St. Albert	56-07	
19	Bernard, Lilly	09	St. Albert	53-10	

Event 5 Girls Shot Put

Name	Year	School	Finals	Points	
1	Payne, Lauren	11	Lewis Centra	42-05.00	10
2	Fields, Kelsey	10	Creston	41-09.00	8
3	Biermann, Sydney	12	Glenwood	40-11.00	6
4	Hughes, Logan	12	Shenandoah	40-04.00	5
5	Schumacher, Madison	10	Harlan	36-00.50	4
6	Schon, Kenzie	09	Kuemper	35-04.00	3
7	Heilesen, Sarah	12	Denison-Schl	35-01.00	2
8	Morales, Sara	09	Shenandoah	34-10.50	1
9	Hood, Abbi	11	Creston	33-05.00	
10	Jones, Kennedy	09	Glenwood	32-10.00	
11	Schmieding, Kierra	09	Lewis Centra	31-01.50	
12	Larsen, Chloe	09	Harlan	29-09.00	
13	Kaub, Maci	09	Denison-Schl	28-07.00	
14	Wendt, Maddie	12	Red Oak	26-07.50	
15	Graham, Jillian	09	Clarinda	26-04.00	
16	Wiskus, Lauren	09	Kuemper	26-03.50	
17	Woodward, Malena	09	Atlantic	24-08.00	
18	Shane, Addy	12	Clarinda	24-03.50	

Event 6 Boys Shot Put

Name	Year	School	Finals	Points
1 Jones, Logan	11	Lewis Centra	57-10.00	10
2 Bieker, Caleb	12	Harlan Commu	47-07.00	8
3 Weyer, Derec	12	Harlan Commu	46-01.50	6
4 Wessel, Parker	12	Denison-Schl	46-00.00	5
5 Plambeck, Carter	11	Glenwood	45-03.00	4
6 Peterson, Konner	11	Glenwood	44-11.00	3
7 Deyo, Hunter	09	Lewis Centra	44-04.50	2
8 Gallup, Nate	10	Denison-Schl	41-07.50	1
9 Green, Logan	09	Clarinda	41-06.00	
10 Fagan, Greg	10	St. Albert	41-00.50	
11 Roller, Cale	11	Atlantic Hig	39-04.50	
12 Smith, Keagan	10	Creston	38-09.50	
13 McGregor, Jared	11	Clarinda	37-02.50	
13 Heisthusen, Jacob	11	Kuemper	37-02.50	
15 Kirchhoff, Gunner	10	Atlantic Hig	36-04.50	
16 Stenzel, Jake	12	Shenandoah	35-07.00	
17 Doyle, Blake	10	Shenandoah	35-00.50	
18 Sperling, Luke	09	Red Oak	33-11.50	
19 Crawford, Kendall	12	Creston	33-07.50	
20 Ramsey, Kurtis	11	Kuemper	29-05.00	
21 Cashett, Jacob	12	Red Oak	27-05.00	

Event 8 Girls High Jump

Name	Year	School	Finals	Points
1 Matheny, Coryl	09	Glenwood	5-02.00	10
2 Neemann, Hannah	10	Denison-Schl	4-10.00	8
3 Hardcastle, Danielle	12	Glenwood	J4-10.00	6
4 Espinosa, Faith	10	Clarinda	4-08.00	4.50
4 Medina, Atziri	10	Lewis Centra	4-08.00	4.50
6 Heithoff, Kate	09	Harlan	4-06.00	3
7 Brockt, Natalie	11	Harlan	J4-06.00	2
8 Magnuson, Ellie	10	Denison-Schl	J4-06.00	1
9 Reisz, Pearl	09	St. Albert	J4-06.00	
10 Pellett, Caroline	10	Atlantic	4-04.00	
11 Graeve, Waren	10	Lewis Centra	J4-04.00	
-- Smith, Brenna	09	St. Albert	NH	
-- Abildtrup, Ryli	10	Creston	NH	

Event 9 Boys High Jump

Name	Year	School	Finals	Points
1 Backus, Riley	10	Shenandoah	6-02.00	10
2 Gach, Waw	11	Denison-Schl	6-00.00	8
3 Ray, Spencer	11	Atlantic Hig	5-08.00	6
4 Patton, Austin	09	Glenwood	J5-08.00	5
5 Dermody, Easton	11	Lewis Centra	5-06.00	4
6 Smith, Brock	11	Glenwood	J5-06.00	3
7 Martin, Chad	10	Kuemper	J5-06.00	2
8 Voshell, Ethan	11	Shenandoah	J5-06.00	1
-- Nellis, Matt	11	Clarinda	NH	

Event 10 Girls 800 Sprint Medley

School	Finals	H#	Points
1 Denison-Schleswig 'A'	1:54.36	2	10
1) Araujo, Bella 10	2) Andersen, Paige 10		
3) Kastner, Cierra 10	4) Andersen, Raegan 12		
2 Creston 'A'	1:54.42	2	8
1) Rice, Peyton 10	2) Reynard, Ashley 11		
3) Fields, Brianna 09	4) Hudson, MaKenna 11		
3 Glenwood 'A'	1:55.24	2	6
1) Ausdemore, Marissa 10	2) Matheny, Coryl 09		
3) Ostrander, Bailey 12	4) Hughes, Abby 09		
4 Atlantic 'A'	1:55.90	2	5
1) Burg, Tayler 11	2) Miller, Cambry 12		
3) Derby, Alyssa 10	4) Pross, Pluma 11		
5 Red Oak 'A'	1:56.79	2	4
1) Rengstorf, Ellie 11	2) Brummett, Araina 10		
3) Bentley, Ashlynn 10	4) Walker, Sophie 11		
6 Harlan 'A'	1:58.94	2	3
1) Musich, Savanna 09	2) Wegner, Delaney 09		
3) Leinen, Caitlyn 09	4) Metzger, Lilly 09		
7 Lewis Central Girls 'A'	2:07.05	2	2
1) Wohlers, Jade 10	2) Focken, Lynae 10		
3) Scott, Eleanor 09	4) Anderson, Alexis 12		
8 Clarinda 'A'	2:07.98	1	1
1) Sunderman, Maddie 10	2) Boltinghouse, Laney 11		
3) Millikan, Paige 09	4) Zavala, Sippsy 12		
9 St. Albert 'A'	2:09.30	1	
1) Groves, Taitum 10	2) Williams, Lillia 09		
3) Allmon, Mia 09	4) Smith, Brenna 09		
10 Shenandoah 'A'	2:10.21	1	
1) Stogdill, Olivia 10	2) Stogdill, Taylor		
3) Spiegel, Reese 09	4) Zito, Alexis 09		
11 Kuemper 'A'	2:21.16	2	
1) Sturm, Meghan 11	2) Bauer, Nicole 12		
3) Seidl, Nicole 11	4) Haukap, Daisy 09		

Event 11 Boys 800 Sprint Medley

School	Finals	H#	Points
1 Atlantic High School 'A'	1:35.82	2	10
1) Ray, Spencer 11	2) O'Hara, Gannon 09		
3) Niklasen, Zade 12	4) Mullenix, Chase 12		
2 St. Albert 'A'	1:37.51	2	8
1) White, Dillon 12	2) Bernard, Ethan 12		
3) Blaha, Luke 12	4) Hughes, Ryan 11		
3 Glenwood 'A'	1:37.57	2	6
1) Lee, Jon 12	2) Stanislav, Christian 12		
3) Hughes, Jack 12	4) Bales, Silas 10		
4 Harlan Community 'A'	1:38.03	2	5
1) Fah, Thomas 12	2) Bruck, Connor 11		
3) Schechinger, Alex 11	4) Monson, Jonathon 11		
5 Denison-Schleswig 'A'	1:38.27	2	4
1) Sabin, Kevin 10	2) Weah, Terrance 11		
3) Wiebers, Charlie 11	4) Mendlik, Jack 11		
6 Lewis Central 'A'	1:38.55	2	3
1) Pomrenke, Jonah 10	2) Bowman, Bryson 11		
3) Rew, Collin 12	4) Nettles, Drake 12		
7 Kuemper 'A'	1:41.21	2	2
1) Haukap, Truman 11	2) Berg, Kyle 11		

3) Martin, Chad 10	4) Putney, Tyler 11		
8 Clarinda 'A'		1:43.48	1 1
1) Roberts, Austin 11	2) Shull, Mike 10		
3) Lindsay, Nathan 11	4) Millikan, Matt 12		
9 Creston 'A'		1:43.75	1
1) Looney, Hank 12	2) Wells, Chris 09		
3) Rodriguez, Erick 09	4) Kralik, Cael 10		
10 Red Oak 'A'		1:44.18	2
1) Bruce, Carter 12	2) McCunn, Justin 11		
3) Sifford, Bradley 09	4) Opsomer, Sam 12		
11 Shenandoah 'A'		1:44.65	1
1) Swanson, Blake 11	2) Rogers, Ty 10		
3) Cerven, Kyle 11	4) Cotten, Morgan 09		

Event 13 Girls 3000 Meter Run

Name	Year School	Finals	Points
1 McCreedy, Taylor	10 Atlantic	11:07.81	10
2 Schultz, Erin	10 Glenwood	11:17.95	8
3 Borkowski, Lucy	11 Harlan	11:26.49	6
4 Baldwin, Abi	10 Harlan	11:44.85	5
5 Davis, Paige	10 Creston	11:49.22	4
6 Campbell, Claire	12 Shenandoah	11:57.83	3
7 Dearment, Addie	09 Atlantic	12:02.37	2
8 Mullennax, Rachel	09 Glenwood	12:03.54	1
9 Eberly, Ashlyn	09 Clarinda	12:03.92	
10 McCunn, Alexa	10 Red Oak	12:24.84	
11 Christensen, Ali	10 Creston	12:35.32	

Event 14 Boys 3200 Meter Run

Name	Year School	Finals	Points
1 Heisterkamp, Bennett	11 St. Albert	10:11.42	10
2 Petersen, Jalen	12 Atlantic Hig	10:46.96	8
3 Dennis, Bradley	11 Atlantic Hig	10:49.01	6
4 Lukehart, Bruce	11 Red Oak	10:51.48	5
5 Rohrberg, Nathan	10 Glenwood	10:58.36	4
6 Munch, Brennon	10 Harlan Commu	11:08.67	3
7 Campbell, Jack	12 Shenandoah	11:09.55	2
8 Son, Levi	12 Shenandoah	11:14.75	1
9 Piskorski, Hadyn	09 St. Albert	11:19.88	
10 Everett, Mark	09 Clarinda	11:35.15	
11 Parks, Jacob	12 Glenwood	11:53.40	
12 Hensel, Patrick	09 Kuemper	12:15.30	
13 Monahan, Caleb	10 Kuemper	12:33.77	
14 Kavars, Jack	09 Lewis Centra	12:42.19	

Event 15 Girls 4x800 Meter Relay

School	Finals	Points
1 Creston 'A'	9:57.48	10
1) Baker, Braelyn 10	2) Rice, Peyton 10	
3) Hudson, MaKenna 11	4) Baker, Brielle 12	
2 Harlan 'A'	10:04.02	8
1) Bieker, Kaia 09	2) Freund, Liv 10	
3) Alberti, Abby 11	4) Kaster, Greichaly 12	
3 Glenwood 'A'	10:13.88	6
1) McIntyre, Abby 10	2) Becker, Lauren 10	

3) Hardcastle, Danielle 12	4) Hughes, Emma 10		
4 Atlantic 'A'		10:21.77	5
1) Rush, Karsyn 12	2) Goergen, Kennedy 10		
3) Altman, Abby 11	4) Botos, Madison 10		
5 Clarinda 'A'		10:56.69	4
1) Lihs, Morgan 11	2) Lihs, Molly 09		
3) Strait, Chloe 09	4) Wedemeyer, Taylor 12		
6 Shenandoah 'A'		10:57.37	3
1) Manrose, Carlie 12	2) Black, Brooklen 09		
3) Morris, Cassidy 09	4) Gilbert, Sarah 09		
7 Denison-Schleswig 'A'		11:14.99	2
1) Goslar, Morgan 12	2) Lara, Ana 09		
3) Barajas, Juliana 09	4) Lopez, Evelyn 10		
8 Red Oak 'A'		12:39.83	1
1) Hall, Delaney 09	2) Graham, Aedynn 09		
3) Southwell, Mya 10	4) Peterson, Emily 12		
9 Lewis Central Girls 'A'		13:24.60	
1) Meyers, Sophie 10	2) Jans, Gracie 09		
3) DeVault, Sara 10	4) Baumker, Aubury 11		

Event 16 Boys 4x800 Meter Relay

School		Finals	Points
1 Glenwood 'A'		8:19.79	10
1) Mower, Brett 12	2) McIntyre, Sam 11		
3) Parks, Mason 12	4) Covington, Parson 12		
2 Red Oak 'A'		8:32.03	8
1) McCunn, Justin 11	2) Opsomer, Sam 12		
3) Koppe, Connor 11	4) Bergren, Baylor 09		
3 Lewis Central 'A'		8:37.93	6
1) Sell, Josh 11	2) Ruiz, Tyler 10		
3) Fishell, Ethen 09	4) Sell, Nathan 10		
4 Atlantic High School 'A'		8:38.96	5
1) Behrends, Nathan 12	2) Berg, Zane 09		
3) Dennis, Bradley 11	4) Becker, Craig 10		
5 Clarinda 'A'		9:00.23	4
1) McCall, Jon 10	2) Mayer, Michael 09		
3) Halloran, Tyler 12	4) Yearington, Hunter 12		
6 Harlan Community 'A'		9:22.33	3
1) Trevino, Brian 12	2) Ahrenholtz, Isaiah 10		
3) Schechinger, Jordan 10	4) Boardman, Reed 09		
7 Shenandoah 'A'		9:36.13	2
1) Voshell, Ethan 11	2) Shaw, Matt 12		
3) Jones, Mitchell 09	4) McDowell, Bryce 10		
8 Denison-Schleswig 'A'		9:37.15	1
1) Schulz, Kyler 10	2) Carlson, Cole 09		
3) Bowker, Reed 10	4) Boelter, Jake 09		
9 Kuemper 'A'		10:39.36	
1) Nielsen, Grant 10	2) Christensen, Garrett 09		
3) Rath, Carter 09	4) Eischeid, Trent 09		

Event 17 Boys 4x110 Meter Shuttle Hurdle

School		Finals	H#	Points
1 Harlan Community 'A'		1:04.64	1	10
1) Owens, Jonathon 12	2) Fah, Joseph 09			
3) Bruck, Connor 11	4) Fah, Thomas 12			
2 Shenandoah 'A'		1:05.04	2	8
1) Hunter, Nick 11	2) Stogdill, Anthony 11			

3) Backus, Carter 09	4) Backus, Riley 10		
3 Glenwood 'A'		1:05.16	1 6
1) Berke, Ben 12	2) Belt, Owen 11		
3) Silvius, Cooper 12	4) Godbout, Brenden 11		
4 Denison-Schleswig 'A'		1:06.14	2 5
1) Magnuson, Damien 11	2) Dammen, Andrew 11		
3) Leinen, Isaac 10	4) Gutierrez, Emigdio 11		
5 Clarinda 'A'		1:06.21	2 4
1) Shull, Mike 10	2) Shatava, Aiden 10		
3) Nally, Damon 10	4) Lindsay, Nathan 11		
6 Lewis Central 'A'		1:06.91	2 3
1) Mckenzie, Nolan 12	2) Mortensen, Adam 11		
3) Sell, Josh 11	4) Dales, Tanner 09		
7 Atlantic High School 'A'		1:09.53	1 2
1) Weaver, Joe 10	2) Reynolds, Garrett 10		
3) Stutzman, Kadin 09	4) Pellett, Connor 12		

Event 18 Girls 4x100 Meter Shuttle Hurdle

School		Finals	H#	Points
1 Denison-Schleswig 'A'		1:08.90	2	10
1) Mohr, Alex 12	2) Neemann, Hannah 10			
3) Ibarra, Jaime 10	4) Gunderson, Vanessa 12			
2 Glenwood 'A'		1:08.97	2	8
1) Arnold, Audrey 11	2) Jones, Kennedy 09			
3) Parr, Sami 11	4) Ausdemore, Marissa 10			
3 Harlan 'A'		1:11.66	2	6
1) Buman, Justine 10	2) Schmitz, Maci 09			
3) Curren, Ally 09	4) Hendricks, Zophi 09			
4 Atlantic 'A'		1:11.83	2	5
1) Williams, Heidi 12	2) Trotter, Mia 10			
3) Pellett, Caroline 10	4) Lowary, Anna 11			
5 Shenandoah 'A'		1:14.96	1	4
1) Denton, Roxy 11	2) Adkins, Claire 11			
3) Morales-Llan, Lydia 11	4) Hunter, Riley 09			
6 Kuemper 'A'		1:18.57	1	3
1) Brincks, Hanna 09	2) Haukap, Daisy 09			
3) Hoffman, Jemma 09	4) Irlbeck, Hannah 12			
7 Creston 'A'		1:18.61	1	2
1) Chuong, Angelina 10	2) Linch, Brittany 11			
3) Abildtrup, Ryli 10	4) Evans, Halle 09			

Event 19 Girls 100 Meter Dash

Name	Year School	Finals	H#	Points
1 Wilson, Jaeda	11 Glenwood	13.06	3	10
2 Rasmussen, Haley	10 Atlantic	13.14	3	8
3 Blaha, Jordyn	11 St. Albert	13.37	3	6
4 Merksick, Emily	12 Lewis Centra	13.42	3	5
5 Ostrander, Bailey	12 Glenwood	13.50	3	4
6 Wegner, Delaney	09 Harlan	13.53	3	3
7 Badding, Mallory	11 Kuemper	13.69	2	2
8 Araujo, Bella	10 Denison-Schl	13.88	3	1
9 Focken, Lynae	10 Lewis Centra	13.96	3	
10 Kastner, Paige	10 Denison-Schl	14.15	2	
11 Hegerty, Amanda	11 Harlan	14.16	2	
12 Sunderman, Maddie	10 Clarinda	14.18	1	
13 Worthington, Alison	09 Creston	14.23	2	
14 Boltinghouse, Laney	11 Clarinda	14.40	2	

15 Bass, Camryn	09 Red Oak	14.57	2
16 Bruckner, Grace	11 Atlantic	14.93	2
17 King, Beth	09 St. Albert	16.03	1
18 Seaton, Taylor	09 Creston	16.35	1
19 Rice, Alissa	10 Red Oak	16.50	1
20 Jensen, Payton	12 Shenandoah	16.74	1
21 Johnson, Natalie	12 Shenandoah	17.22	1

Event 20 Boys 100 Meter Dash

Name	Year School	Finals	H#	Points
1 Moen, Tyler	11 Atlantic Hig	11.30	3	10
2 Stanislav, Christian	12 Glenwood	11.44	3	8
3 Antisdal, Aiden	11 St. Albert	11.48	3	6
4 Rew, Collin	12 Lewis Centra	11.54	3	5
5 Pomrenke, Jonah	10 Lewis Centra	11.71	3	4
6 Lee, Jon	12 Glenwood	11.89	3	3
7 Schechinger, Alex	11 Harlan Commu	12.02	3	2
8 Sabin, Kevin	10 Denison-Schl	12.04	3	1
9 Kralik, Cael	10 Creston	12.05	2	
10 White, Dillon	12 St. Albert	12.06	2	
11 Bartley, Brenden	10 Harlan Commu	12.31	2	
12 Schuttinga, Aiden	09 Denison-Schl	12.42	2	
13 Swanson, Blake	11 Shenandoah	12.46	2	
14 Rogers, Ty	10 Shenandoah	12.53	1	
15 Pulido, Cael	10 Atlantic Hig	12.54	2	
16 Wilkens, Austin	11 Red Oak	12.70	2	
17 Rodriguez, Erick	09 Creston	12.78	2	
18 Guerra, Zac	11 Red Oak	13.21	1	
19 Nellis, Matt	11 Clarinda	13.36	1	
20 Heinrichs, Nate	09 Kuemper	14.03	1	
21 Lux, Brett	09 Kuemper	14.23	1	

Event 21 Girls 100 Meter Dash Wheelchair

Name	Year School	Finals
1 Doebelin, Mia	10 Lewis Centra	36.45

Event 22 Girls Distance Medley

School	Finals	H#	Points
1 Atlantic 'A'	4:26.40	2	10
1) Hansen, Taylor 12			
3) Derby, Alyssa 10			
2 Creston 'A'	4:31.04	2	8
1) Reynard, Ashley 11			
3) Rice, Peyton 10			
3 Red Oak 'A'	4:38.59	2	6
1) Brummett, Araina 10			
3) Walker, Sophie 11			
4 Glenwood 'A'	4:39.78	2	5
1) Hardcastle, Danielle 12			
3) Roenfeldt, Lauren 09			
5 Harlan 'A'	4:41.36	2	4
1) Brockt, Natalie 11			
3) Burchett, Makayla 09			
6 St. Albert 'A'	4:42.90	2	3
1) Williams, Lillia 09			
2) White, Bailey 12			

3) Williams, Lauren 09	4) Springman, Gracie 12		
7 Clarinda 'A'		4:46.60	2 2
1) Millikan, Paige 09	2) Espinosa, Faith 10		
3) Wedemeyer, Taylor 12	4) Eberly, Ashlyn 09		
8 Shenandoah 'A'		4:52.86	1 1
1) Adkins, Claire 11	2) Spiegel, Reese 09		
3) Manrose, Carlie 12	4) Campbell, Claire 12		
9 Lewis Central Girls 'A'		4:57.28	1
1) Wohlers, Jade 10	2) Rutledge, Ainsley 09		
3) Anderson, Alexis 12	4) O' Doniel, Katie 09		
10 Kuemper 'A'		5:35.68	1
1) Hilgenberg, Kyndal 10	2) Seidl, Nicole 11		
3) Malek, Abiol 10	4) Gifford, Sydnee 11		
-- Denison-Schleswig 'A'		DQ	2
1) Kastner, Cierra 10	2) Mohr, Alex 12		
3) Andersen, Paige 10	4) Andersen, Raegan 12		

Event 23 Boys Distance Medley

School		Finals	H#	Points
1 Atlantic High School 'A'		3:42.18	2	10
1) Pellett, Connor 12	2) O'Hara, Gannon 09			
3) Mullenix, Colin 10	4) Mullenix, Chase 12			
2 St. Albert 'A'		3:43.73	2	8
1) Antisdal, Aiden 11	2) Blaha, Luke 12			
3) Cerny, Conner 10	4) Hughes, Ryan 11			
3 Kuemper 'A'		3:44.93	2	6
1) Haukap, Truman 11	2) Berg, Kyle 11			
3) Putney, Tyler 11	4) Pottebaum, Michael 09			
4 Red Oak 'A'		3:48.42	2	5
1) Sifford, Bradley 09	2) Bruce, Carter 12			
3) Vanderhoof, Cam 12	4) Bergren, Baylor 09			
5 Lewis Central 'A'		3:50.69	2	4
1) Mortensen, Adam 11	2) Muzzatti, Filippo 12			
3) Bowman, Bryson 11	4) Sell, Nathan 10			
6 Denison-Schleswig 'A'		3:55.07	2	3
1) Weah, Terrance 11	2) Wakoson, Nyamllell 11			
3) Wiebers, Charlie 11	4) Mendlik, Jack 11			
7 Glenwood 'A'		3:55.91	2	2
1) Clark, Logen 10	2) Berke, Ben 12			
3) Hughes, Nate 11	4) Huey, Tyler 10			
8 Harlan Community 'A'		3:57.14	1	1
1) Fah, Joseph 09	2) Mulligan, Preston 12			
3) Frederick, Thomas 10	4) Owens, Jonathon 12			
9 Clarinda 'A'		4:19.80	1	
1) Shatava, Aiden 10	2) Ridnour, Cole 10			
3) Halloran, Tyler 12	4) Mayer, Michael 09			
10 Shenandoah 'A'		4:36.97	1	
1) Reed, Micheal 09	2) McDowell, Bryce 10			
3) Holmes, Evan 09	4) Son, Blake 11			

Event 24 Girls 400 Meter Dash

Name	Year School	Finals	H#	Points
1 Wilson, Jaeda	11 Glenwood	1:00.30	3	10
2 Rasmussen, Haley	10 Atlantic	1:00.73	3	8
3 Hudson, MaKenna	11 Creston	1:01.61	3	6
4 Matheny, Coryl	09 Glenwood	1:01.62	3	5
5 Bieker, Kaia	09 Harlan	1:01.80	3	4

6	Pross, Pluma	11	Atlantic	1:03.48	3	3
7	Goslar, Morgan	12	Denison-Schl	1:06.46	2	2
8	Heithoff, Kate	09	Harlan	1:06.49	3	1
9	Worthington, Alison	09	Creston	1:07.11	2	
10	Lihs, Morgan	11	Clarinda	1:07.79	2	
11	Gifford, Brooklyn	10	Kuemper	1:07.87	3	
12	Marten, Kennedy	10	Denison-Schl	1:10.28	2	
13	Strait, Chloe	09	Clarinda	1:10.81	2	
14	Hall, Delaney	09	Red Oak	1:11.91	2	
15	Reisz, Pearl	09	St. Albert	1:13.47	1	
16	Cooper, Mya	09	Lewis Centra	1:14.21	2	
17	Silvestre, Maddie	09	Shenandoah	1:16.34	2	
18	Simpson, Kaitlyn	10	Lewis Centra	1:18.85	1	
19	Horvath, Maddy	09	St. Albert	1:19.79	1	
20	Kinser, Allison	10	Shenandoah	1:20.02	1	

Event 25 Boys 400 Meter Dash

Name	Year	School	Finals	H#	Points	
1	Moen, Tyler	11	Atlantic Hig	50.05	3	10
2	Erlemeier, Michael	10	Harlan Commu	50.63	3	8
3	Niklasen, Zade	12	Atlantic Hig	50.68	3	6
4	Nettles, Drake	12	Lewis Centra	54.12	3	5
5	Carpenter, Logan	11	Lewis Centra	55.97	2	4
6	Lincoln, Preston	11	Glenwood	56.12	3	3
7	Opsomer, Sam	12	Red Oak	56.83	3	2
8	Patton, Austin	09	Glenwood	56.88	3	1
9	Yearington, Hunter	12	Clarinda	57.62	3	
10	Churchill, Jonah	09	St. Albert	57.76	1	
11	Cotten, Morgan	09	Shenandoah	58.60	2	
12	Perrin, Ashtin	10	Shenandoah	1:00.16	1	
13	Jobe, Grant	09	Clarinda	1:02.65	1	
14	Domer, AJ	09	Kuemper	1:07.56	1	
15	Veatch, Lucas	09	Creston	1:07.65	1	
16	Sibbel, Anthony	09	Kuemper	1:13.53	1	
--	Archibald, Keith		Red Oak	FS	2	
--	Barnes, Keaton	09	St. Albert	DQ	2	
--	Fredericks, Dalton	11	Denison-Schl	DQ	2	
--	Trembly, Keagan	10	Creston	DQ	2	
--	Mulligan, Preston	12	Harlan Commu	DQ	2	
--	Wessel, Carter	10	Denison-Schl	DQ	2	

Event 27 Girls 4x200 Meter Relay

School	Finals	H#	Points	
1	Harlan 'A'	1:49.32	2	10
	1) Musich, Savanna 09		2) Wegner, Delaney 09	
	3) Eckermann, Grace 10		4) Alberti, Abby 11	
2	Lewis Central Girls 'A'	1:52.22	2	8
	1) Glasnapp, Sophia 10		2) Focken, Lynae 10	
	3) Medina, Atziri 10		4) Merksick, Emily 12	
3	Glenwood 'A'	1:52.52	2	6
	1) Gray, Cera 12		2) Schultz, Abi 12	
	3) Hughes, Abby 09		4) Ostrander, Bailey 12	
4	Creston 'A'	1:52.96	2	5
	1) Chuong, Angelina 10		2) Reynard, Ashley 11	
	3) Fields, Brianna 09		4) Fields, Kelsey 10	
5	St. Albert 'A'	1:55.47	2	4
	1) White, Bailey 12		2) Groves, Taitum 10	

3) Williams, Lauren 09	4) Blaha, Jordyn 11		
6 Atlantic 'A'		1:56.61	2 3
1) Hansen, Taylor 12	2) Miller, Cambry 12		
3) Bean, Aleigh 11	4) Williams, Heidi 12		
7 Denison-Schleswig 'A'		1:58.24	2 2
1) Chavez, Lesley 09	2) Sonnichsen, Sophie 09		
3) Magnuson, Ellie 10	4) Kastner, Paige 10		
8 Clarinda 'A'		1:58.34	1 1
1) Millikan, Paige 09	2) Boltinghouse, Laney 11		
3) McQueen, Jordyn 09	4) Sunderman, Maddie 10		
9 Kuemper 'A'		2:00.71	1
1) Wanninger, Anna 12	2) Sturm, Meghan 11		
3) Venner, Kamryn 09	4) Sturm, Kailee 09		
10 Shenandoah 'A'		2:03.54	1
1) Zito, Alexis 09	2) Richardson, Baylee 09		
3) Spiegel, Reese 09	4) Stogdill, Olivia 10		
11 Red Oak 'A'		2:06.85	2
1) Bass, Camryn 09	2) Graham, Aedynn 09		
3) Peterson, Emily 12	4) Southwell, Mya 10		

Event 28 Boys 4x200 Meter Relay

School	Finals	H#	Points
1 Glenwood 'A'	1:32.51	2	10
1) Hughes, Jack 12	2) Bales, Silas 10		
3) Stanislav, Christian 12	4) Vondra, Zach 12		
2 St. Albert 'A'	1:32.94	2	8
1) Geier, Jack 12	2) Bernard, Ethan 12		
3) Blaha, Luke 12	4) Antisdal, Aiden 11		
3 Harlan Community 'A'	1:34.53	2	6
1) Bartley, Brenden 10	2) Schechinger, Alex 11		
3) Bruck, Connor 11	4) Monson, Jonathon 11		
4 Red Oak 'A'	1:36.63	2	5
1) Sifford, Bradley 09	2) Bruce, Carter 12		
3) McCunn, Justin 11	4) Vanderhoof, Cam 12		
5 Shenandoah 'A'	1:37.67	2	4
1) Cerven, Kyle 11	2) Backus, Riley 10		
3) Bauer, Trevor 12	4) Stogdill, Anthony 11		
6 Lewis Central 'A'	1:37.83	2	3
1) Hinsley, Tyler 09	2) Dermody, Easton 11		
3) Muzzatti, Filippo 12	4) Miller, Brady 11		
7 Denison-Schleswig 'A'	1:38.24	1	2
1) Schuttinga, Aiden 09	2) Dammen, Andrew 11		
3) Weltz, Matthew 09	4) Turin, Evan 10		
8 Kuemper 'A'	1:38.89	2	1
1) Haukap, Truman 11	2) Poland, Sam 11		
3) Hoffman, Jace 11	4) Martin, Chad 10		
9 Atlantic High School 'A'	1:42.31	2	
1) Ray, Spencer 11	2) Reilly, Logan 12		
3) Granner, Sam 12	4) Pulido, Cael 10		
10 Clarinda 'A'	1:46.49	1	
1) Roberts, Austin 11	2) Nally, Damon 10		
3) Ridnour, Cole 10	4) Nellis, Matt 11		
11 Creston 'A'	1:48.47	1	
1) Looney, Hank 12	2) Wells, Chris 09		
3) Freeman, Ethan 10	4) Tebbenkamp, Luke 09		

Event 29 Girls 100 Meter Hurdles

Name	Year School	Finals	H#	Points
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1	Arnold, Audrey	11	Glenwood	16.21	3	10
2	Denton, Roxy	11	Shenandoah	16.34	3	8
3	Gunderson, Vanessa	12	Denison-Schl	16.38	3	6
4	Irlbeck, Hannah	12	Kuemper	16.76	3	5
5	Ibarra, Jaime	10	Denison-Schl	17.30	3	4
6	Getzschman, Kortnie	11	Lewis Centra	17.39	3	3
7	Lowary, Anna	11	Atlantic	17.53	2	2
8	Ausdemore, Marissa	10	Glenwood	17.62	3	1
9	Pellett, Caroline	10	Atlantic	17.99	2	
10	Buman, Justine	10	Harlan	18.04	3	
11	Metzger, Lucy	10	Harlan	18.32	2	
12	Adkins, Claire	11	Shenandoah	18.44	2	
13	Reisz, Pearl	09	St. Albert	18.63	2	
14	Abildtrup, Ryli	10	Creston	19.53	2	
15	Evans, Halle	09	Creston	19.56	1	
16	Shane, Addy	12	Clarinda	20.26	2	
17	Miller, Lauren	09	Lewis Centra	20.27	1	
18	Espinosa, Faith	10	Clarinda	21.20	2	
19	King, Beth	09	St. Albert	22.32	1	
20	Riesberg, Kendra	10	Kuemper	22.59	1	

Event 30 Boys 110 Meter Hurdles

Name	Year	School	Finals	H#	Points	
1	Bernard, Ethan	12	St. Albert	15.84	2	10
2	Lindsay, Nathan	11	Clarinda	15.89	2	8
3	Fah, Thomas	12	Harlan Commu	15.90	2	6
4	Mckenzie, Nolan	12	Lewis Centra	16.40	2	5
5	Godbout, Brenden	11	Glenwood	16.53	2	4
6	Mullenix, Colin	10	Atlantic Hig	16.78	2	3
7	Shatava, Aiden	10	Clarinda	17.17	2	2
8	Hunter, Nick	11	Shenandoah	17.28	2	1
9	Fah, Joseph	09	Harlan Commu	17.47	1	
10	Belt, Owen	11	Glenwood	17.95	1	
11	Reynolds, Garrett	10	Atlantic Hig	18.06	1	
12	Poland, Sam	11	Kuemper	18.31	1	
13	Leinen, Isaac	10	Denison-Schl	18.48	1	
14	Holmes, Evan	09	Shenandoah	19.51	1	

Event 31 Girls 800 Meter Run

Name	Year	School	Finals	Points	
1	Schraft, Janette	12	Glenwood	2:22.38	10
2	Baker, Brielle	12	Creston	2:26.55	8
3	Andersen, Raegan	12	Denison-Schl	2:27.55	6
4	Rush, Karsyn	12	Atlantic	2:28.86	5
5	Freund, Liv	10	Harlan	2:32.08	4
6	Rengstorf, Ellie	11	Red Oak	2:37.32	3
7	Schultz, Erin	10	Glenwood	2:37.67	2
8	Gross, Ellie	09	Harlan	2:38.46	1
9	Sickels, Molly	10	Creston	2:38.93	
10	Goergen, Kennedy	10	Atlantic	2:39.38	
11	Scott, Eleanor	09	Lewis Centra	2:39.82	
12	Goslar, Morgan	12	Denison-Schl	2:41.68	
13	McCunn, Alexa	10	Red Oak	2:45.47	
14	Black, Brooklen	09	Shenandoah	2:46.54	
15	Gilbert, Sarah	09	Shenandoah	2:47.94	
16	Springman, Gracie	12	St. Albert	2:48.20	

17 Gifford, Brooklyn	10 Kuemper	2:49.49
18 Lihs, Molly	09 Clarinda	2:53.23
19 Allmon, Mia	09 St. Albert	2:53.33
20 O' Doniel, Katie	09 Lewis Centra	2:55.88
21 Zavala, Sippsy	12 Clarinda	2:56.60

Event 32 Boys 800 Meter Run

Name	Year School	Finals	Points
1 Mullenix, Chase	12 Atlantic Hig	2:00.39	10
2 Becker, Craig	10 Atlantic Hig	2:03.40	8
3 Sell, Nathan	10 Lewis Centra	2:06.36	6
4 Hughes, Ryan	11 St. Albert	2:06.54	5
5 Frederick, Thomas	10 Harlan Commu	2:09.06	4
6 Mower, Brett	12 Glenwood	2:09.12	3
7 Mendlik, Jack	11 Denison-Schl	2:09.81	2
8 Sell, Josh	11 Lewis Centra	2:11.52	1
9 Covington, Parson	12 Glenwood	2:12.19	
10 McCunn, Justin	11 Red Oak	2:13.09	
11 Koppe, Connor	11 Red Oak	2:13.63	
12 McCall, Jon	10 Clarinda	2:14.51	
13 Trevino, Brian	12 Harlan Commu	2:22.03	
14 Voshell, Ethan	11 Shenandoah	2:23.49	
15 Jones, Mitchell	09 Shenandoah	2:26.47	
16 Trembly, Keagan	10 Creston	2:34.98	

Event 33 Girls 200 Meter Dash

Name	Year School	Finals	H#	Points
1 Rasmussen, Haley	10 Atlantic	26.57	3	10
2 Wilson, Jaeda	11 Glenwood	26.93	3	8
3 Derby, Alyssa	10 Atlantic	27.24	3	6
4 Medina, Atziri	10 Lewis Centra	27.32	3	5
5 Allgood, Sadey	12 Glenwood	27.34	3	4
6 Musich, Savanna	09 Harlan	27.47	3	3
7 Badding, Mallory	11 Kuemper	27.53	3	2
8 Blaha, Jordyn	11 St. Albert	27.56	3	1
9 Araujo, Bella	10 Denison-Schl	28.24	2	
10 Bentley, Ashlynn	10 Red Oak	28.77	2	
11 Glasnapp, Sophia	10 Lewis Centra	29.24	2	
12 Worthington, Alison	09 Creston	29.73	2	
13 Bass, Camryn	09 Red Oak	30.30	2	
14 Brockt, Natalie	11 Harlan	30.46	2	
15 Sturm, Kailee	09 Kuemper	30.73	1	
16 Sonnichsen, Sophie	09 Denison-Schl	30.88	2	
17 Smith, Izzy	09 Clarinda	31.53	1	
18 McQueen, Jordyn	09 Clarinda	31.74	1	
19 Evans, Halle	09 Creston	32.92	1	
20 Horvath, Maddy	09 St. Albert	34.59	1	
-- Denton, Roxy	11 Shenandoah	DNF	2	

Event 34 Boys 200 Meter Dash

Name	Year School	Finals	H#	Points
1 Moen, Tyler	11 Atlantic Hig	22.89	3	10
2 Niklasen, Zade	12 Atlantic Hig	23.15	3	8
3 Bales, Silas	10 Glenwood	23.29	3	6
4 Erlemeier, Michael	10 Harlan Commu	23.58	3	5

5	Vanderhoof, Cam	12	Red Oak	23.60	3	4
6	Vondra, Zach	12	Glenwood	23.63	3	3
7	Araujo, Leo	10	Denison-Schl	23.85	2	2
8	Nettles, Drake	12	Lewis Centra	23.86	3	1
9	Kralik, Cael	10	Creston	23.93	2	
10	Rew, Collin	12	Lewis Centra	24.13	3	
11	Cerny, Conner	10	St. Albert	25.05	2	
12	Swanson, Blake	11	Shenandoah	25.48	2	
13	Gronstal, Bennett	10	St. Albert	25.62	1	
14	Wiebers, Charlie	11	Denison-Schl	25.85	2	
15	Bartley, Brenden	10	Harlan Commu	25.90	2	
16	Hoffman, Jace	11	Kuemper	26.21	1	
17	Wilkins, Austin	11	Red Oak	26.53	2	
18	Looney, Hank	12	Creston	27.23	1	
19	Nellis, Matt	11	Clarinda	28.26	1	
20	Heinrichs, Nate	09	Kuemper	29.20	1	

Event 35 Girls 200 Meter Dash Wheelchair

Name	Year	School	Finals
1 Doebelin, Mia	10	Lewis Centra	1:23.27

Event 36 Girls 400 Meter Hurdles

Name	Year	School	Finals	H#	Points
1 Schraft, Janette	12	Glenwood	1:07.97	3	10
2 Gunderson, Vanessa	12	Denison-Schl	1:08.53	3	8
3 Becker, Lauren	10	Glenwood	1:09.57	3	6
4 Williams, Heidi	12	Atlantic	1:09.82	3	5
5 Wedemeyer, Taylor	12	Clarinda	1:12.23	2	4
6 Williams, Lauren	09	St. Albert	1:12.25	3	3
7 Lowary, Anna	11	Atlantic	1:13.20	3	2
8 Curren, Ally	09	Harlan	1:13.50	3	1
9 Hendricks, Zophi	09	Harlan	1:13.71	3	
10 Langenfeld, Kira	09	Denison-Schl	1:17.35	2	
11 Morales-Llan, Lydia	11	Shenandoah	1:20.29	2	
12 Strait, Chloe	09	Clarinda	1:21.37	2	
13 Chuong, Angelina	10	Creston	1:22.39	2	
14 Linch, Brittany	11	Creston	1:23.45	2	
15 Graeve, Waren	10	Lewis Centra	1:28.90	1	
16 Lux, Brianna	10	Kuemper	1:43.05	1	

Event 37 Boys 400 Meter Hurdles

Name	Year	School	Finals	H#	Points
1 Owens, Jonathon	12	Harlan Commu	56.57	2	10
2 Magnuson, Damien	11	Denison-Schl	57.96	2	8
3 Godbout, Brenden	11	Glenwood	58.22	2	6
4 Mullenix, Colin	10	Atlantic Hig	58.88	2	5
5 Hughes, Jack	12	Glenwood	59.66	1	4
6 Sell, Josh	11	Lewis Centra	1:00.12	2	3
7 Fah, Thomas	12	Harlan Commu	1:00.15	2	2
8 Mortensen, Adam	11	Lewis Centra	1:01.39	1	1
9 Pellett, Connor	12	Atlantic Hig	1:01.43	2	
10 Backus, Carter	09	Shenandoah	1:02.65	1	
11 Churchill, Jonah	09	St. Albert	1:04.83	1	
12 Nally, Damon	10	Clarinda	1:09.57	1	
13 Backus, Riley	10	Shenandoah	1:09.84	2	

14 Potter, Jacob 11 Clarinda 1:19.28 1

Event 38 Girls 1500 Meter Run

Name	Year	School	Finals	Points
1 Schraft, Janette	12	Glenwood	4:54.98	10
2 Baker, Braelyn	10	Creston	5:05.22	7
2 Baker, Brielle	12	Creston	5:05.22	7
4 McCreedy, Taylor	10	Atlantic	5:07.91	5
5 Hughes, Emma	10	Glenwood	5:18.90	4
6 Botos, Madison	10	Atlantic	5:19.79	3
7 Kaster, Greichaly	12	Harlan	5:23.46	2
8 Anderson, Olivia	10	Harlan	5:33.24	1
9 Campbell, Claire	12	Shenandoah	5:39.37	
10 Smith, Brenna	09	St. Albert	5:41.89	
11 Eberly, Ashlyn	09	Clarinda	5:43.46	
12 Lara, Ana	09	Denison-Schl	5:45.42	
13 Christianson, Emma	12	Lewis Centra	6:12.99	
14 Dunphy, Kylee	12	Lewis Centra	6:20.50	
15 Barajas, Juliana	09	Denison-Schl	6:27.13	
16 Hall, Delaney	09	Red Oak	6:27.38	
17 Gifford, Sydnee	11	Kuemper	7:03.98	
18 Southwell, Mya	10	Red Oak	7:31.01	

Event 39 Boys 1600 Meter Run

Name	Year	School	Finals	Points
1 Becker, Craig	10	Atlantic Hig	4:34.53	10
2 Pottebaum, Michael	09	Kuemper	4:45.14	8
3 Bergren, Baylor	09	Red Oak	4:46.20	6
4 Dennis, Bradley	11	Atlantic Hig	4:47.94	5
5 Sell, Nathan	10	Lewis Centra	4:48.09	4
6 Heisterkamp, Bennett	11	St. Albert	4:49.78	3
7 McIntyre, Sam	11	Glenwood	4:50.68	2
8 Ruiz, Tyler	10	Lewis Centra	4:58.16	1
9 Huey, Tyler	10	Glenwood	5:03.71	
10 Halloran, Tyler	12	Clarinda	5:04.86	
11 Campbell, Jack	12	Shenandoah	5:07.93	
12 Piskorski, Hadyn	09	St. Albert	5:12.73	
13 Munch, Brennon	10	Harlan Commu	5:16.60	
14 Son, Levi	12	Shenandoah	5:17.22	
15 Hall, Caden	10	Red Oak	5:20.37	
16 Schulz, Kyler	10	Denison-Schl	5:23.44	
17 Boardman, Reed	09	Harlan Commu	5:26.20	
18 Dout, Akim	09	Denison-Schl	5:31.61	
19 Everett, Mark	09	Clarinda	5:31.65	
20 Nielsen, Grant	10	Kuemper	5:34.03	

Event 40 Girls 4x100 Meter Relay

School	Finals	H#	Points
1 Glenwood 'A'	51.44	2	10
1) Arnold, Audrey 11			
2) Ostrander, Bailey 12			
3) Ausdemore, Marissa 10			
4) Roenfeldt, Lauren 09			
2 Harlan 'A'	51.49	2	8
1) Musich, Savanna 09			
2) Wegner, Delaney 09			
3) Alberti, Abby 11			
4) Hansen, Chloe 12			
3 Lewis Central Girls 'A'	52.27	2	6

1) Getzschman, Kortnie 11	2) Focken, Lynae 10		
3) Glasnapp, Sophia 10	4) Merksick, Emily 12		
4 Denison-Schleswig 'A'		52.92	2 5
1) Araujo, Bella 10	2) Mohr, Alex 12		
3) Kastner, Cierra 10	4) Gunderson, Vanessa 12		
5 Clarinda 'A'		54.34	2 4
1) Millikan, Paige 09	2) Wedemeyer, Taylor 12		
3) Espinosa, Faith 10	4) Sunderman, Maddie 10		
6 Creston 'A'		54.41	1 3
1) Linch, Brittany 11	2) Fields, Kelsey 10		
3) Fields, Brianna 09	4) Reynard, Ashley 11		
7 Atlantic 'A'		55.13	2 2
1) Burg, Tayler 11	2) Bean, Aleigh 11		
3) Bruckner, Grace 11	4) Hansen, Taylor 12		
8 St. Albert 'A'		55.41	2 1
1) White, Bailey 12	2) Groves, Taitum 10		
3) Williams, Lauren 09	4) Blaha, Jordyn 11		
9 Kuemper 'A'		56.80	2
1) Wanninger, Anna 12	2) Sturm, Meghan 11		
3) Haukap, Daisy 09	4) Sturm, Kailee 09		
10 Shenandoah 'A'		57.27	1
1) Zito, Alexis 09	2) Stogdill, Taylor		
3) Hunter, Riley 09	4) Spiegel, Reese 09		
11 Red Oak 'A'		58.99	1
1) Bass, Camryn 09	2) Graham, Aedynn 09		
3) Peterson, Emily 12	4) Bentley, Ashlynn 10		

Event 41 Boys 4x100 Meter Relay

School		Finals	H#	Points
1 Glenwood 'A'		44.88	2	10
1) Lee, Jon 12	2) Vondra, Zach 12			
3) Silvius, Cooper 12	4) Stanislav, Christian 12			
2 Lewis Central 'A'		45.36	2	8
1) Pomrenke, Jonah 10	2) Bowman, Bryson 11			
3) Nettles, Drake 12	4) Rew, Collin 12			
3 Denison-Schleswig 'A'		45.40	2	6
1) Schuttinga, Aiden 09	2) Sabin, Kevin 10			
3) Weah, Terrance 11	4) Wiebers, Charlie 11			
4 Harlan Community 'A'		45.70	2	5
1) Bieker, Caleb 12	2) Schechinger, Alex 11			
3) Bruck, Connor 11	4) Monson, Jonathon 11			
5 St. Albert 'A'		45.97	2	4
1) White, Dillon 12	2) Geier, Jack 12			
3) Cerny, Conner 10	4) Antisdal, Aiden 11			
6 Shenandoah 'A'		46.03	2	3
1) Swanson, Blake 11	2) Cerven, Kyle 11			
3) Bauer, Trevor 12	4) Stogdill, Anthony 11			
7 Red Oak 'A'		46.91	2	2
1) Sifford, Bradley 09	2) Bruce, Carter 12			
3) McCunn, Justin 11	4) Vanderhoof, Cam 12			
8 Atlantic High School 'A'		47.69	1	1
1) O'Hara, Gannon 09	2) Ray, Spencer 11			
3) Granner, Sam 12	4) Reilly, Logan 12			
9 Clarinda 'A'		48.28	2	
1) Roberts, Austin 11	2) Millikan, Matt 12			
3) Shull, Mike 10	4) Lindsay, Nathan 11			
10 Kuemper 'A'		48.58	1	
1) Poland, Sam 11	2) Haukap, Truman 11			
3) Martin, Chad 10	4) Hoffman, Jace 11			

11 Creston 'A'	53.76	1
1) Freeman, Ethan 10	2) Smith, Keagan 10	
3) Veatch, Lucas 09	4) Tebbenkamp, Luke 09	

Event 42 Girls 4x400 Meter Relay

School	Finals	H#	Points
1 Glenwood 'A'	4:07.87	2	10
1) Wilson, Jaeda 11	2) Hughes, Abby 09		
3) Schultz, Abi 12	4) Matheny, Coryl 09		
2 Creston 'A'	4:07.88	2	8
1) Baker, Braelyn 10	2) Rice, Peyton 10		
3) Baker, Brielle 12	4) Hudson, MaKenna 11		
3 Atlantic 'A'	4:13.80	2	6
1) Derby, Alyssa 10	2) Rush, Karsyn 12		
3) McCreedy, Taylor 10	4) Pross, Pluma 11		
4 Harlan 'A'	4:17.14	2	5
1) Alberti, Abby 11	2) Freund, Liv 10		
3) Metzger, Lilly 09	4) Bieker, Kaia 09		
5 Red Oak 'A'	4:23.44	2	4
1) Brummett, Araina 10	2) Rengstorf, Ellie 11		
3) McCunn, Alexa 10	4) Walker, Sophie 11		
6 Denison-Schleswig 'A'	4:26.35	2	3
1) Andersen, Paige 10	2) Goslar, Morgan 12		
3) Kastner, Cierra 10	4) Andersen, Raegan 12		
7 Clarinda 'A'	4:41.99	1	2
1) Strait, Chloe 09	2) Lihs, Molly 09		
3) Smith, Izzy 09	4) Lihs, Morgan 11		
8 Shenandoah 'A'	4:45.72	1	1
1) Gilbert, Sarah 09	2) Morris, Cassidy 09		
3) Richardson, Baylee 09	4) Black, Brooklen 09		
9 St. Albert 'A'	4:48.74	1	
1) Springman, Gracie 12	2) Smith, Brenna 09		
3) Allmon, Mia 09	4) Groves, Taitum 10		
10 Lewis Central Girls 'A'	4:49.44	2	
1) Scott, Eleanor 09	2) Wohlers, Jade 10		
3) Jans, Gracie 09	4) Medina, Atziri 10		

Event 43 Boys 4x400 Meter Relay

School	Finals	H#	Points
1 Atlantic High School 'A'	3:27.25	2	10
1) Niklasen, Zade 12	2) Mullenix, Colin 10		
3) Moen, Tyler 11	4) Mullenix, Chase 12		
2 Harlan Community 'A'	3:31.51	2	8
1) Bartley, Brenden 10	2) Monson, Jonathon 11		
3) Owens, Jonathon 12	4) Erlemeier, Michael 10		
3 Glenwood 'A'	3:31.81	2	6
1) Bales, Silas 10	2) Parks, Mason 12		
3) Hughes, Jack 12	4) Covington, Parson 12		
4 St. Albert 'A'	3:33.19	2	5
1) Bernard, Ethan 12	2) Blaha, Luke 12		
3) Hughes, Ryan 11	4) Cerny, Conner 10		
5 Lewis Central 'A'	3:42.00	2	4
1) Bowman, Bryson 11	2) Fishell, Ethen 09		
3) Allen, Quentin 09	4) Mortensen, Adam 11		
6 Denison-Schleswig 'A'	3:44.32	2	3
1) Wakoson, Nyamlell 11	2) Wessel, Carter 10		
3) Turin, Evan 10	4) Fredericks, Dalton 11		

7	Kuemper 'A'		3:44.51	2	2
	1) Berg, Kyle 11	2) Martin, Chad 10			
	3) Putney, Tyler 11	4) Pottebaum, Michael 09			
8	Shenandoah 'A'		3:44.58	2	1
	1) Bauer, Trevor 12	2) Cotten, Morgan 09			
	3) Backus, Carter 09	4) Voshell, Ethan 11			
9	Clarinda 'A'		3:53.37	1	
	1) Yearington, Hunter 12	2) McCall, Jon 10			
	3) Shatava, Aiden 10	4) Millikan, Matt 12			
10	Creston 'A'		3:55.96	1	
	1) Wells, Chris 09	2) Looney, Hank 12			
	3) Rodriguez, Erick 09	4) Kralik, Cael 10			
11	Red Oak 'A'		4:03.14	1	
	1) Koppe, Connor 11	2) Archibald, Keith			
	3) Hall, Caden 10	4) Wilkens, Austin 11			

Women - Team Rankings - 19 Events Scored

1) Glenwood	193	2) Atlantic	115
3) Harlan	97	4) Creston	88
5) Denison-Schleswig	73	6) Lewis Central Girls	58.50
7) Shenandoah	35	8) Clarinda	22.50
9) Kuemper	21	10) St. Albert	19
11) Red Oak	18		

Men - Team Rankings - 19 Events Scored

1) Atlantic High School	145	2) Glenwood	125
3) Harlan Community	114	4) Lewis Central	104
5) St. Albert	68	6) Denison-Schleswig	51
7) Shenandoah	39	8) Red Oak	37
9) Kuemper	31	10) Clarinda	25
11) Creston	1		