Glenwood Girls Ram Relays 2023 - 4/13/2023
4/13/2023
Results

Girls 100 Meter Dash

	Name	Year	School	Seed	Finals	H#	Points
Finals							
1	Harris, Elliana		Sc, East	12.32	13.14	8	10
2	Koontz, Allison		Glenwood	12.87	13.71	8	8
3	Erick, Grace		Sc, East	12.97	13.84	8	6
4	Huffman, Hailey		Atlantic	13.83	13.94	7	5
5	Cole, Taylor		Clarinda	13.51	14.06	8	4
6	Holcombe, Hailey		Cb, A Lincol	13.80	14.11	7	3
7	Hull, Tieler		Underwood	13.77	14.16	7	2
8	Dougherty, Elaina		Glenwood	14.34	14.25	7	1
9	Watkins, Ava		Cb, A Lincol	13.28	14.32	8	
10	Duran, Keisi		Glenwood	14.10	x14.33	7	
11	Stangl, Haley		Underwood	13.57	14.40	8	
12	Wagoner, Addison		Clarinda	14.45	14.44	6	
13	Fichter, Addison		Glenwood	14.46	x14.51	6	
14	Stratton, Maddie		Glenwood	14.16	x14.56	7	
15	Meier, Aly		Clarinda	14.44	x14.62	7	
16	Kent, Carli		Clarinda	14.45	x14.70	6	
17	Wieland, Cierra		Cb, T Jeffer	13.65	14.74	8	
17	Middents, Nicole		Atlantic	14.47	14.74	6	
19	Martin, Makalya		Cb, T Jeffer	14.80	14.81	5	
20	Kelsey, Brooklyn		Glenwood	14.76	x14.84	6	
21	Gangwish, Lexi		Underwood	14.70	x14.90	6	
22	Gray, Kelby		Clarinda	14.44	x14.95	6	
23	Plagman, Ella		Harlan	13.73	14.99	8	
24	Monson, Ava		Harlan	13.90	15.08	7	
25	Fiedler, Sophia		Underwood	16.19	x15.16	2	
26	Hirsch-Rollins, Bella		Cb, A Lincol	15.00	x15.19	4	
27	Roenfeldt, Taylor		Glenwood	14.89	x15.26	5	
28	Werklund, Lillian		Lewis Centra	14.80	15.32	5	
29	Camarillo, Brynlee		Glenwood	15.15	x15.37	4	
30	Narios, Nerensia		Atlantic	14.96	x15.46	5	
31	Riley, Maylee		Creston	14.48	15.47	6	
32	Yale, Destiny		Glenwood	14.90	x15.59	5	
33	Price, Annika		Clarinda	15.06	x15.76	4	
34	Witt, Tana		Cb, A Lincol	15.00	x15.83	4	
35	Goy, Alyssa		Glenwood	15.13	x15.84	4	
36	Stanislav, Lauren		Glenwood	14.90	x15.88	5	
37	Grahm, Neveah		Cb, A Lincol	15.00	x15.99	4	
38	Wellhausen, Carsen		Clarinda	15.07	x16.13	4	
39	Preston, Hope		Harlan		x16.19	1	
40	May, Paige		Clarinda	15.67	x16.21	3	
41	Nordboe-Jarecki, Kailyn		Glenwood	15.89	x16.22	3	
42	Atkinson, Makayla		Atlantic	15.01	x16.47	4	
43	Smith, Elexiea		Clarinda	15.52	x16.54	3	
43	Pierce, Chloe		Glenwood	16.61	x16.54	2	
45	Escobar, Elizabeth		Cb, A Lincol	15.00	x16.62	5	
46	Contreras, Vanessa		Lewis Centra	16.06	16.65	2	
47	Nothwehr, Elleson		Clarinda	15.91	x16.80	3	
48	Arkfeld, Lydia		Harlan	15.58	x16.96	3	
49	Abukhait, Tala		Glenwood	16.79	x17.08	2	
50	Esa, Kesarina		Atlantic	16.47	x17.15	2	
51	Freeman, Abby		Creston	16.28	17.21	2	
52	Lopez, Lizeth		Cb, A Lincol	16.00	x17.55	3	
53	Grover, Abby		Cb, A Lincol	16.00	x17.91	3	
54	Lowe, Audrey		Cb, A Lincol	17.00	x18.19	2	
54	Crawford, Kylie		Cb, A Lincol	18.00	x18.19	1	
56	Kroupa, Versace		Cb, T Jeffer	17.98	x18.28	1	
57	Huggins, Alanna		Cb, A Lincol	17.00	x18.65	2	
58	Tyler, Jordan		Cb, T Jeffer	18.11	x19.61	1	
59	Schuman, Hannah		Lewis Centra	19.41	x20.27	1	
60	rhodes, abigail		Cb, A Lincol	16.00	x20.54	3	

Girls 200 Meter Dash

	Name	Year	School	Seed	Finals	H#	Points
1	Schultz, Brooklyn		Glenwood	28.46	28.20	9	10
2	Huffman, Hailey		Atlantic	27.96	28.38	9	8
3	Rau, Hutson		Cb, A Lincol	27.50	28.47	9	6
4	Cole, Taylor		Clarinda	28.59	28.81	9	5
5	Floyd, Jaylynn		Glenwood	28.00	28.88	9	4
6	Lund, Olivia		Riverside, O	27.92	29.26	9	3
7	Richards, Ella		Glenwood	29.04	x29.36	8	
8	Dougherty, Elaina		Glenwood	30.46	x29.47	7	
9	Wieland, Cierra		Cb, T Jeffer	29.64	29.60	8	2
10	Schechinger, Veronica		Riverside, O	29.22	29.67	8	1
11	Holcombe, Hailey		Cb, A Lincol	29.18	29.79	8	
12	Mentzer, Olivia		Sc, East	29.11	29.80	8	
12	Pokorny, Braylee		Creston	29.00	29.80	8	
14	Wiederstein, Lila		Atlantic	28.72	29.90	9	
15	Wagoner, Addison		Clarinda	30.00	29.94	8	
16	Fichter, Addison		Glenwood	31.00	x30.07	6	
17	Bladt, Haley		Harlan	31.28	30.30	6	
18	Goldsmith, Ava		Logan-Magnol	31.40	30.43	6	
19	Martin, Makalya		Cb, T Jeffer	30.56	30.49	7	
20	Sloan, Ava		Logan-Magnol	31.05	30.61	6	
21	Hirsch-Rollins, Bella		Cb, A Lincol	32.00	x30.77	5	
22	Ambrose, Hailey		Underwood	30.85	30.78	6	
23	Roenfeldt, Taylor		Glenwood	31.48	x30.88	5	
24	Perkins, Emma		Logan-Magnol	31.70	x31.15	5	
25	Dix, Lydia		Cb, A Lincol	30.77	x31.18	7	
26	Brown, Takyla		Sc, East	28.14	31.19	9	
27	Fletcher, Ali		Underwood	30.96	31.23	6	
28	Schmitz, Jaylee		Harlan	31.25	31.25	6	
29	Price, Annika		Clarinda	31.87	x31.34	5	
30	Cook, Claire		Underwood	30.16	x31.40	7	
31	Kelsey, Brooklyn		Glenwood	31.35	x31.51	6	
32	Riley, Maylee		Creston	30.41	31.60	7	
33	Sieck, Bridgette		Logan-Magnol	31.61	x31.64	5	
34	Witt, Tana		Cb, A Lincol	35.00	x31.79	3	
35	Bowman, Nancy		Logan-Magnol	35.10	x31.81	3	
36	Camarillo, Brynlee		Glenwood	31.93	x31.84	5	
37	Fiedler, Sophia		Underwood	32.04	x32.13	5	
38	Narios, Nerensia		Atlantic	32.27	x32.55	4	
39	Goy, Alyssa		Glenwood	32.25	x32.68	4	
40	Grahm, Neveah		Cb, A Lincol	29.00	x33.13	8	
41	Nunez, Hanna		Cb, T Jeffer	32.51	x33.63	4	
42	Reischl, Emercyn		Harlan		x33.78	1	
43	Johnston, Addie		Lewis Centra	33.00	33.97	4	
44	Arkfeld, Lydia		Harlan		x34.49	1	
45	Tussey, Brynn		Creston	32.87	x34.59	4	
46	Escobar, Elizabeth		Cb, A Lincol	32.00	x34.63	5	
47	Smith, Elexiea		Clarinda	36.09	x34.81	2	

48	Contreras, Vanessa	Lewis Centra	35.65	34.86	3
49	Nordboe-Jarecki, Kailyn	Glenwood	35.00	x35.18	3
50	Nothwehr, Elleson	Clarinda	33.87	x35.22	4
51	Lopez, Lizeth	Cb, A Lincol	38.00	x35.28	2
52	Pierce, Chloe	Glenwood	34.00	x35.33	4
53	Esa, Kesarina	Atlantic	37.11	x36.56	2
54	Grover, Abby	Cb, A Lincol	37.00	x36.68	2
55	Abukhait, Tala	Glenwood	35.53	x36.97	3
56	Freeman, Abby	Creston	35.57	x37.39	3
57	Lowe, Audrey	Cb, A Lincol	40.00	x37.78	2
58	Crawford, Kylie	Cb, A Lincol	38.00	x38.51	2
59	Huggins, Alanna	Cb, A Lincol	35.00	x39.14	3
60	Kroupa, Versace	Cb, T Jeffer	38.10	x39.15	2
61	Schuman, Hannah	Lewis Centra	40.01	x43.99	1
62	rhodes, abigail	Cb, A Lincol	34.00	x44.85	4

Girls 400 Meter Dash

	Name	Year	School	Seed	Finals	H#	Points
1	Fidone, Madeline		Lewis Centra	1:01.01	1:01.41	4	10
2	Rush, Ava		Atlantic	59.62	1:02.24	4	8
3	Middents, Nicole		Atlantic	1:05.10	1:04.50	4	6
4	Meier, Kylie		Clarinda	1:02.66	1:04.77	4	5
5	Petersen, Breckyn		Glenwood	1:03.92	1:05.72	4	4
6	Irwin, Maddie		Underwood	1:06.36	1:07.48	4	3
7	Sonderman, Lindsey		Harlan	1:06.00	1:07.49	4	2
8	Holcombe, Hailey		Cb, A Lincol	1:07.00	1:09.10	3	1
9	Smith, Abby		Atlantic	1:08.00	x1:09.61	3	
10	Hughes, Haylee		Glenwood	1:10.00	1:09.91	3	
11	Smith, Emeri		Harlan		1:12.48	1	
12	Turner, Ella		Creston	1:10.46	1:13.27	3	
13	Muff, Richlyn		Clarinda	1:14.71	1:14.39	3	
14	Moore, Addison		Clarinda	1:12.56	x1:14.42	3	
15	Nunez, Hanna		Cb, T Jeffer	1:17.51	1:15.30	2	
16	Smith, Micah		Glenwood	1:16.65	x1:15.70	3	
17	White, Giovanna		Cb, A Lincol	1:17.00	1:16.64	2	
18	Schennach, Lena		Cb, T Jeffer	1:12.56	1:20.24	3	
19	Zarate, Dominique		Cb, A Lincol	1:27.71	x1:23.01	1	
20	Irlbeck, Ariel		Harlan		x1:23.37	1	
21	Freeman, Abby		Creston	1:20.56	1:24.30	2	
22	Nelson, Shayla		Cb, T Jeffer	1:25.00	x1:25.17	2	
23	Taylor, Emmarie		Cb, A Lincol	1:18.26	x1:25.42	2	
24	Martinez Conteras, Valer		Cb, A Lincol	1:20.00	x1:34.11	2	

Girls 800 Meter Run

	Name	Year	School	Seed	Finals	H#	Points
1	Hughes, Lauren		Glenwood	2:35.00	2:29.30	2	10
2	Johnsen, Allysen		Logan-Magnol	2:40.89	2:37.41	2	8
3	Nanfito, Neyla		Glenwood	2:36.87	2:40.90	2	6
4	Schechinger, Brylee		Harlan	2:40.00	2:42.85	2	5
5	Pantini, Emma		Creston	2:46.11	2:44.63	2	4
6	Hall, Haedyn		Logan-Magnol	2:45.48	2:45.28	2	3
7	Schechinger, Lily		Harlan	2:40.00	2:45.90	2	2
8	Newman, Averi		Glenwood	2:45.00	x2:46.01	2	
9	Kepler Thomason, KayLynn		Cb, A Lincol	2:48.61	2:48.15	2	1
10	Hunter, Maya		Clarinda	2:49.44	2:49.55	2	
11	Naughton, Addie		Cb, A Lincol	2:40.00	2:50.33	2	
12	Hogan, Emma		Sc, East	2:52.39	2:52.44	2	
13	Jones, Alexys		Sc, East	2:50.07	2:52.66	2	
14	Wiederstein, Claire		Atlantic	2:56.27	2:59.32	1	
15	Higgins, Hannah		Clarinda	3:10.00	3:05.38	1	
16	Muff, Richlyn		Clarinda	3:05.00	x3:05.70	1	
17	Gangwish, Lexi		Underwood	3:00.00	3:06.74	1	
18	Strunk, Sydney		Creston	2:53.84	3:07.21	2	
19	Johnson, Emma		Glenwood	3:00.00	x3:11.48	1	
20	Nicholas, Avery		Atlantic	3:06.40	3:12.39	1	
21	Smith, Micah		Glenwood	3:07.80	x3:19.27	1	
22	Brown, Eliana		Cb, A Lincol	3:22.40	x3:24.38	1	
23	Strunk, Mia		Creston	3:00.02	x3:27.89	1	
24	Zarate, Dominique		Cb, A Lincol		x3:46.00	1	
25	Jager, Jamie		Lewis Centra	3:42.31	3:47.96	1	
26	Carter, Chloe		Cb, A Lincol		x4:39.70	1	

Girls 1500 Meter Run

	Name	Year	School	Seed	Finals	Points
1	Hartley, Mayson		Clarinda	5:04.57	5:04.37	10
2	Pellett, Claire		Atlantic	5:15.11	5:13.86	8
3	Henke, Raenna		Clarinda	5:36.47	5:21.10	6
4	Sporrer, Madison		Logan-Magnol	5:27.62	5:23.63	5
5	Gessert, Jenna		Harlan	5:41.90	5:36.70	4
6	Johnson, Ruby		Cb, A Lincol	5:48.19	5:38.85	3
7	Bussey, Ava		Lewis Centra	5:50.37	5:43.59	2
8	Scott, Emma		Sc, East	5:47.35	5:45.02	1
9	Griffin, Emerson		Glenwood	5:44.63	5:58.25	
10	Walton, Halle		Cb, A Lincol	6:12.01	6:03.11	
11	Wait, Olivia		Lewis Centra	5:56.17	6:05.20	
12	Rowe, Ava		Logan-Magnol	6:06.90	6:09.04	
13	Smith, Kori		Harlan	6:16.49	6:16.85	
14	Johansen, Audrina		Glenwood	6:10.39	6:19.72	
15	Fitch, Sonia		Cb, A Lincol	6:31.95	x6:23.52	
16	Neville, Athena		Cb, T Jeffer	6:13.76	6:25.75	
17	Higgins, Hannah		Clarinda	7:00.00	x6:45.55	
18	Bachman, Tobina		Harlan	7:12.04	x6:46.13	
19	Brosam, Laney		Atlantic	6:45.73	6:50.01	
20	Smith, Micah		Glenwood	6:41.05	x6:55.42	
21	Strunk, Mia		Creston	6:22.01	7:04.94	

Girls 3000 Meter Run

	Name	Year	School	Seed	Finals	Points
1	Hartley, Mayson		Clarinda	10:48.27	11:11.07	10
2	Sonderman, Lindsey		Harlan	11:00.97	11:17.03	8
3	Henke, Raenna		Clarinda	11:31.28	11:44.42	6
4	Berglund, Madelyn		Glenwood	10:53.82	11:52.26	5
5	Griffin, Emerson		Glenwood	12:20.35	12:45.16	4
6	Irwin, Lilly		Underwood	12:39.65	12:47.69	3
7	Johnson, Ruby		Cb, A Lincol	12:39.29	13:05.18	2
8	Walton, Halle		Cb, A Lincol	13:00.11	13:38.27	1
9	Fitch, Sonia		Cb, A Lincol	14:16.02	x13:54.98	
10	Wingert, Lauren		Harlan	14:45.39	15:12.83	
11	Comes, Lola		Atlantic	14:45.91	15:18.16	
12	Nelson, Shayla		Cb, T Jeffer	15:31.64	15:29.04	
13	Johnson, Emma		Glenwood	12:50.00	x15:41.88	
14	Argotsinger, Hadlie		Harlan	13:20.87	x16:35.32	

Girls 100 Meter Hurdles

	Name	Year	School	Seed	Finals	H#	Points

1	Martin, Hailey	Underwood	16.62	17.30	5	10
2	Reed, Jayci	Atlantic	16.22	17.33	5	8
3	Andrusyshyn, Veronica	Riverside, O	16.44	17.50	5	6
4	Clemmer, Carlie	Glenwood	16.31	17.59	5	5
5	Rice, Mia	Sc, East	17.47	17.77	5	4
6	Martin, Makalya	Cb, T Jeffer	18.10	17.93	4	3
7	Crawford, Courtney	Glenwood	18.59	18.44	4	2
8	Reimer, Jordyn	Underwood	17.00	18.45	5	1
9	O' Doniel, Karyssa	Lewis Centra	17.40	18.50	5	
10	May, Paige	Clarinda	18.47	18.60	4	
11	Schmitz, Jaylee	Harlan	17.38	18.64	5	
12	Hughes, Kate	Glenwood	19.02	x18.74	3	
13	Williams, Olivia	Cb, A Lincol	18.50	18.79	4	
14	Leaders, Mallorie	Underwood	18.99	x18.99	3	
15	Bertelsen, Marki	Logan-Magnol	18.21	19.05	4	
16	Girres, Preslie	Cb, A Lincol	18.73	19.10	4	
17	Sloan, Ava	Logan-Magnol	20.35	19.14	2	
18	Czarnecki, Abby	Logan-Magnol	18.03	x19.26	4	
19	Knauss, Kaiya	Logan-Magnol	19.45	x19.36	3	
20	Yale, Destiny	Glenwood	19.00	x19.60	3	
21	Peterson, Malene	Cb, A Lincol	19.90	x19.61	2	
22	Travis, Grace	Creston	19.43	19.77	3	
23	Bruce, Adler	Atlantic	20.01	20.01	2	
24	Williams, Aliyah	Atlantic	19.47	x20.14	3	
24	Monico, Addyson	Logan-Magnol	19.13	x20.14	3	
26	Kahl, Kayden	Glenwood	19.00	x20.16	3	
27	Hesse, Amelia	Clarinda	19.50	20.26	2	
28	Stanislav, Lauren	Glenwood	20.42	x20.47	2	
29	Clayton, Karter	Creston	20.86	20.56	1	
30	Gordon, Kambry	Clarinda	20.00	x20.80	2	
31	Knuth, Avery	Atlantic	19.91	x20.91	2	
32	Bailey, Kadley	Creston	17.80	x20.98	4	
33	Sette, Baleigh	Harlan	21.00	21.39	1	
34	Furlow, Madeline	Lewis Centra	20.44	21.86	2	
35	Chesnut, Nevaeh	Creston		x22.16	1	
36	Rodriguez, Angelica	Cb, T Jeffer	24.00	24.72	1	

Girls 400 Meter Hurdles

	Name	Year School	Seed	Finals	H#	Points
1	LaSale, Abby	Cb, A Lincol	1:08.13	1:09.10	3	10
2	Botos, Morgan	Atlantic	1:10.10	1:09.24	3	8
3	Clemmer, Carlie	Glenwood	1:10.89	1:09.59	3	6
4	Petersen, Breckyn	Glenwood	1:12.95	1:11.10	3	5
5	Mullenix, Chloe	Atlantic	1:11.08	1:12.52	3	4
6	Nordyke, Bailey	Clarinda	1:13.08	1:13.40	3	3
7	O' Doniel, Karyssa	Lewis Centra	1:15.62	1:15.46	2	2
8	Paup, Doryn	Creston	1:12.93	1:15.52	3	1
9	Broeckelman, Abby	Harlan	1:16.10	1:16.45	2	
10	Irwin, Maddie	Underwood	1:15.45	1:16.90	3	
11	Hesse, Amelia	Clarinda	1:19.26	1:19.15	2	
12	Sonderman, Paige	Harlan	1:16.22	1:20.33	2	
13	Madsen, Rory	Logan-Magnol	1:23.14	1:20.47	1	
14	Mullenix, Elise	Lewis Centra	1:23.05	1:20.71	1	
15	Monico, Addyson	Logan-Magnol	1:20.11	1:21.39	2	
16	Girres, Preslie	Cb, A Lincol	1:19.10	1:22.36	2	
17	Daniels, Ari	Harlan		x1:22.72	1	
18	Knauss, Kaiya	Logan-Magnol	1:21.20	x1:23.04	1	
19	Gordon, Kambry	Clarinda	1:21.70	x1:23.53	1	
20	Peterson, Malene	Cb, A Lincol	1:25.91	x1:24.22	1	
21	Childers, Emma	Underwood	1:20.76	1:24.31	2	
22	Katzer, Olivia	Lewis Centra	1:25.00	x1:24.68	1	
23	Sette, Baleigh	Harlan	1:31.61	x1:30.78	1	

Girls 4x100 Meter Relay

	School	Seed	Finals	H#	Points
1	Sc, East 'A'	49.42	49.73	3	10
	1) Erick, Alyssa 2) Erick, Grace				
	3) Gordon, Bella 4) Harris, Elliana				
2	Glenwood 'A'	51.49	50.64	3	8
	1) Carda, Zoie 2) Koontz, Allison				
	3) Arnold, Danika 4) Hopp, Jenna				
3	Riverside, Oak 'A'	51.75	51.56	3	6
	1) Henderson, Elly 2) Erickson, Lydia				
	3) Gordon, Emma 4) Andrusyshyn, Veronica				
4	Lewis Central 'A'	52.44	51.79	3	5
	1) Hays, Gracie 2) Bergman, Maddie				
	3) James, Irelynn 4) Fidone, Madeline				
5	Cb, A Lincoln 'A'	53.00	52.73	3	4
	1) Watkins, Ava 2) Sandbothe, Aubrey				
	3) Rau, Hutson 4) LaSale, Abby				
6	Clarinda 'A'	51.45	52.93	3	3
	1) Cole, Taylor 2) Meier, Kylie				
	3) Nordyke, Bailey 4) Meier, Aly				
7	Atlantic 'A'	52.98	53.24	3	2
	1) Huffman, Hailey 2) Wiederstein, Lila				
	3) Middents, Nicole 4) Reed, Jayci				
8	Harlan 'A'	54.22	53.29	2	1
	1) Stork, Kami 2) Ineson, Samantha				
	3) Smith, Dani 4) Schwieso, Aubrey				
9	Underwood 'A'	51.78	53.32	3	
	1) Reimer, Jordyn 2) Cook, Claire				
	3) Leaders, Mallorie 4) Hull, Tieler				
10	Logan-Magnolia 'A'	54.20	54.41	2	
	1) Weber, Grace 2) Goldsmith, Ava				
	3) Czarnecki, Abby 4) Fogelman, Kylee				
11	Atlantic 'B'	57.67	x57.01	2	
	1) Knuth, Avery 2) Williams, Aliyah				
	3) Phippen, Jersey 4) Hagen, Taylee				
12	Glenwood 'C'	59.00	x57.42	2	
	1) Johansen, Rossalyne 2) Kelsey, Brooklyn				
	3) Roenfeldt, Taylor 4) Goy, Alyssa				
13	Lewis Central 'B'	1:02.00	x57.53	1	
	1) Heller, Avery 2) Werklund, Lillian				
	3) Whitney, Anna 4) Merksick, Stacy				
14	Logan-Magnolia 'B'	59.10	x57.79	2	
	1) Sloan, Ava 2) Perkins, Emma				
	3) Knauss, Kaiya 4) Hornbeck, Greylan				
15	Atlantic 'C'	1:02.00	x58.54	1	
	1) Potts, Anna 2) Pellett, Callee				
	3) McEntaffer, Jocelyn 4) Bruce, Adler				
16	Logan-Magnolia 'C'	1:03.30	x58.91	1	
	1) Sieck, Bridgette 2) Madsen, Rory				
	3) Hall, Haedyn 4) Bowman, Nancy				
17	Cb, T Jefferson 'A'	1:05.00	59.54	1	
	1) Schennach, Lena 2) Nunez, Hanna				
	3) Rodriguez, Angelica 4) Morris, Iliana				
18	Creston 'A'	59.43	1:00.58	2	
	1) Clayton, Karter 2) Riley, Maylee				
	3) Chesnut, Nevaeh 4) Tussey, Brynn				
19	Harlan 'B'	1:01.00	x1:01.52	2	
	1) Chadwick, Kinsleigh 2) Reischl, Emercyn				
	3) Irlbeck, Ariel 4) Smith, Emeri				
20	Harlan 'C'	1:04.00	x1:01.85	1	

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     1) Preston, Hope                  2) Arkfeld, Lydia
     3) Sette, Baleigh                 4) Springman, Cameron
 -- Glenwood  'B'                                55.00         DQ   2
     1) Dougherty, Elaina              2) Fichter, Addison
     3) Stratton, Maddie               4) Crawford, Courtney
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Girls 4x200 Meter Relay

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    School                                                Seed     Finals  H# Points
==================================================================================
  1 Glenwood  'A'                                      1:48.76    1:48.75   3  10
     1) Carda, Zoie                    2) Hopp, Jenna
     3) Koontz, Allison                4) Arnold, Danika
  2 Riverside, Oak  'A'                                1:47.41    1:48.78   3   8
     1) Andrusyshyn, Veronica          2) Henderson, Carly
     3) Henderson, Elly                4) Erickson, Lydia
  3 Cb, A Lincoln  'A'                                 1:51.33    1:51.79   3   6
     1) Watkins, Ava                   2) Sandbothe, Aubrey
     3) Rau, Hutson                    4) LaSale, Abby
  4 Underwood  'A'                                     1:48.26    1:52.60   3   5
     1) Ferguson, Kinsley              2) Crilly, Claire
     3) Stangl, Haley                  4) Hull, Tieler
  5 Lewis Central  'A'                                 1:51.00    1:54.54   3   4
     1) Hays, Gracie                   2) Bergman, Maddie
     3) Heller, Avery                  4) James, Irelynn
  6 Harlan  'A'                                        1:51.85    1:56.42   3   3
     1) Stork, Kami                    2) Ineson, Samantha
     3) Plagman, Ella                  4) Schwieso, Aubrey
  7 Logan-Magnolia  'A'                                1:55.25    1:57.07   2   2
     1) Weber, Grace                   2) Perkins, Emma
     3) Goldsmith, Ava                 4) Fogelman, Kylee
  8 Clarinda  'A'                                      1:49.06    2:00.15   3   1
     1) Cole, Maddie                   2) Gray, Kelby
     3) Kent, Carli                    4) Meier, Aly
  9 Atlantic  'A'                                      1:59.00    2:04.87   2
     1) Hinman, Delaney                2) Pellett, Callee
     3) Hagen, Taylee                  4) Phippen, Jersey
 10 Lewis Central  'B'                                 2:05.00   x2:06.98   2
     1) Alarcon, Gizelle               2) Werklund, Lillian
     3) Whitney, Anna                  4) Merksick, Stacy
 11 Logan-Magnolia  'B'                                2:09.00   x2:07.69   2
     1) Sieck, Bridgette               2) Madsen, Rory
     3) Hornbeck, Greylan              4) Rowe, Ava
 12 Cb, A Lincoln  'B'                                 2:10.00   x2:09.50   2
     1) Grahm, Neveah                  2) Escobar, Elizabeth
     3) Witt, Tana                     4) Calmer, Paige
 13 Harlan  'B'                                        2:07.00   x2:10.05   2
     1) Daniels, Ari                   2) Smith, Kori
     3) Bieker, Taylor                 4) Preston, Hope
 14 Atlantic  'B'                                      2:06.00   x2:12.62   2
     1) Potts, Anna                    2) Nicholas, Avery
     3) Atkinson, Makayla              4) McEntaffer, Jocelyn
 15 Harlan  'C'                                        2:10.00   x2:16.06   1
     1) Chadwick, Kinsleigh            2) Christiansen, Rebekah
     3) Wingert, Lauren                4) Elizalde, Maria
 16 Cb, T Jefferson  'A'                               2:15.00    2:17.65   1
     1) Hanson, Brianne                2) Morris, Iliana
     3) Neville, Athena                4) Carlson, Hailey
 17 Glenwood  'B'                                      2:10.00   x2:19.30   1
     1) Pierce, Chloe                  2) Nordboe-Jarecki, Kailyn
     3) Abukhait, Tala                 4) Camarillo, Brynlee
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Girls 4x400 Meter Relay

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    School                                                Seed     Finals  H# Points
==================================================================================
  1 Atlantic  'A'                                      4:07.93    4:13.56   2  10
     1) Rush, Ava                      2) Huffman, Mariah
     3) Botos, Morgan                  4) Mullenix, Chloe
  2 Glenwood  'A'                                      4:20.00    4:19.12   2   8
     1) Floyd, Jaylynn                 2) Hughes, Lauren
     3) Nanfito, Neyla                 4) Hopp, Jenna
  3 Harlan  'A'                                        4:21.55    4:21.20   2   6
     1) Plagman, Ella                  2) Broeckelman, Abby
     3) Schwieso, Aubrey               4) Smith, Dani
  4 Clarinda  'A'                                      4:21.02    4:29.74   2   5
     1) Cole, Taylor                   2) Jobe, Presley
     3) Henke, Raenna                  4) Hartley, Mayson
  5 Harlan  'B'                                        4:33.00   x4:35.01   2
     1) Bladt, Haley                   2) Monson, Ava
     3) Schechinger, Lily              4) Schechinger, Brylee
  6 Underwood  'A'                                     4:16.61    4:35.38   2   4
     1) Ferguson, Kinsley              2) Crilly, Claire
     3) Stangl, Haley                  4) Humphrey, Aliyah
  7 Creston  'A'                                       4:36.54    4:38.24   2   3
     1) Paup, Doryn                    2) Turner, Ella
     3) Pokorny, Braylee               4) Bailey, Kadley
  8 Lewis Central  'A'                                 4:45.00    4:45.80   1   2
     1) Kafka, Madison                 2) Wohlers, Mallory
     3) Skokan, Sydney                 4) Jones, Madison
  9 Cb, A Lincoln  'A'                                 4:44.76    4:46.81   1   1
     1) Holcombe, Hailey               2) Corbetta, Sara
     3) Naughton, Addie                4) Kepler Thomason, KayLynn
 10 Glenwood  'B'                                      4:40.00   x4:47.59   1
     1) Newman, Averi                  2) Johnson, Emma
     3) Hughes, Kate                   4) Kahl, Kayden
 11 Creston  'B'                                                 x4:47.71   1
     1) Davis, Payton                  2) Pantini, Emma
     3) Travis, Grace                  4) Clayton, Karter
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Girls 4x800 Meter Relay

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    School                                                Seed     Finals  Points
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  1 Logan-Magnolia  'A'                              10:40.80   10:40.41   10
     1) Hornbeck, Greylan               2) Hall, Haedyn
     3) Johnsen, Allysen                4) Sporrer, Madison
  2 Atlantic  'A'                                    10:40.00   10:57.01    8
     1) Huffman, Mariah                 2) Smith, Abby
     3) Wiederstein, Claire             4) Pellett, Claire
  3 Glenwood  'A'                                    11:00.00   11:14.14    6
     1) Nanfito, Neyla                  2) Newman, Averi
     3) Hughes, Haylee                  4) Schau, Maya
  4 Creston  'A'                                     10:55.82   11:22.89    5
     1) Davis, Payton                   2) Pantini, Emma
     3) Turner, Ella                    4) Strunk, Sydney
  5 Cb, A Lincoln  'A'                               11:46.14   11:24.10    4
     1) Richardson, Kylie               2) Kepler Thomason, KayLynn
     3) Billings, Emily                 4) Naughton, Addie
  6 Sc, East  'A'                                    11:10.37   11:39.72    3
     1) Jones, Alexys                   2) Scott, Emma
     3) Hogan, Emma                     4) Weitzel, Khloee
  7 Clarinda  'A'                                    11:31.64   11:55.44    2
     1) Hesse, Amelia                   2) Gordon, Kambry
     3) Moore, Addison                  4) Hunter, Maya
  8 Lewis Central  'A'                               12:29.41   11:57.23    1
     1) Kafka, Madison                  2) Wohlers, Mallory
     3) Skokan, Sydney                  4) Jones, Madison
  9 Harlan  'A'                                      11:22.27   12:00.51
     1) Schechinger, Lily               2) Schechinger, Brylee
     3) Bieker, Taylor                  4) Elizalde, Maria
 10 Harlan  'B'                                      12:30.00  x13:44.96
     1) Smith, Kori                     2) Christiansen, Rebekah
     3) Reischl, Emercyn                4) Bachman, Tobina

Girls 800 Sprint Medley
================================================================================
    School                                                Seed     Finals  H# Points
================================================================================
  1 Atlantic  'A'                                     1:52.88    1:54.78   2  10
     1) Huffman, Hailey                 2) Reed, Jayci
     3) Mullenix, Chloe                 4) Rush, Ava
  2 Sc, East  'A'                                     1:56.55    1:54.81   2   8
     1) Erick, Alyssa                   2) Gordon, Bella
     3) Erick, Grace                    4) Harris, Elliana
  3 Glenwood  'A'                                     1:53.81    1:55.72   2   6
     1) Carda, Zoie                     2) Floyd, Jaylynn
     3) Arnold, Danika                  4) Schultz, Brooklyn
  4 Cb, A Lincoln  'A'                                1:55.51    1:56.79   2   5
     1) Watkins, Ava                    2) Rau, Hutson
     3) Sandbothe, Aubrey               4) LaSale, Abby
  5 Riverside, Oak  'A'                               1:53.89    1:58.97   2   4
     1) Henderson, Elly                 2) Gordon, Emma
     3) Andrusyshyn, Veronica           4) Erickson, Lydia
  6 Harlan  'A'                                       2:00.54    1:59.45   2   3
     1) Stork, Kami                     2) Ineson, Samantha
     3) Smith, Dani                     4) Schwieso, Aubrey
  7 Underwood  'A'                                    1:55.00    1:59.99   2   2
     1) Ferguson, Kinsley               2) Stangl, Haley
     3) Hull, Tieler                    4) Humphrey, Aliyah
  8 Clarinda  'A'                                     1:55.39    2:02.06   2   1
     1) Meier, Aly                      2) Cole, Maddie
     3) Jobe, Presley                   4) Meier, Kylie
  9 Atlantic  'B'                                     2:08.00   x2:10.32   1
     1) Knuth, Avery                    2) Hagen, Taylee
     3) Phippen, Jersey                 4) Hinman, Delaney
 10 Cb, T Jefferson  'A'                              2:05.00    2:11.05   1
     1) Morris, Iliana                  2) Rodriguez, Angelica
     3) Wieland, Cierra                 4) Schennach, Lena
 11 Lewis Central  'A'                                2:03.00    2:11.42   1
     1) Heller, Avery                   2) Werklund, Lillian
     3) Whitney, Anna                   4) Johnston, Addie
 12 Glenwood  'B'                                     2:20.00   x2:15.83   1
     1) Stanislav, Lauren               2) Kelsey, Brooklyn
     3) Roenfeldt, Taylor               4) Johansen, Rossalyne
 13 Harlan  'B'                                       2:12.00   x2:22.21   1
     1) Schmitz, Jaylee                 2) Daniels, Ari
     3) Chadwick, Kinsleigh             4) Sette, Baleigh
 14 Creston  'A'                                      2:05.65    2:24.07   1
     1) Pantini, Emma                   2) Travis, Grace
     3) Riley, Maylee                   4) Strunk, Mia

Girls Distance Medley
================================================================================
    School                                                Seed     Finals  H# Points
================================================================================
  1 Logan-Magnolia  'A'                               4:35.45    4:41.27   2  10
     1) Weber, Grace                    2) Fogelman, Kylee
     3) Sporrer, Madison                4) Johnsen, Allysen
  2 Atlantic  'A'                                     4:31.64    4:45.80   2   8
     1) Wiederstein, Lila               2) Botos, Morgan
     3) Pellett, Claire                 4) Huffman, Mariah
  3 Harlan  'A'                                       4:35.39    4:46.10   2   6
     1) Smith, Dani                     2) Broeckelman, Abby
     3) Sonderman, Paige                4) Gessert, Jenna
  4 Riverside, Oak  'A'                               4:44.57    4:52.82   2   5
     1) Gordon, Emma                    2) Henderson, Carly
     3) Lund, Olivia                    4) Schechinger, Veronica
  5 Clarinda  'A'                                     4:29.36    5:01.01   2   4
     1) Cole, Maddie                    2) Jobe, Presley
     3) Wagoner, Addison                4) Hunter, Maya
  6 Creston  'A'                                      4:52.80    5:04.75   2   3
     1) Paup, Doryn                     2) Bailey, Kadley
     3) Pokorny, Braylee                4) Davis, Payton
  7 Sc, East  'A'                                     5:09.15    5:05.65   1   2
     1) Brown, Takyla                   2) Mentzer, Olivia
     3) Brown-Pinkleman, Gabrielle      4) Weitzel, Khloee
  8 Underwood  'A'                                    5:02.54    5:09.85   1   1
     1) Ambrose, Hailey                 2) Fletcher, Ali
     3) Childers, Emma                  4) Irwin, Lilly
  9 Glenwood  'A'                                     5:00.00    5:17.29   1
     1) Richards, Ella                  2) Johansen, Rossalyne
     3) Schau, Maya                     4) Johansen, Audrina
 10 Cb, A Lincoln  'A'                                4:57.92    5:27.56   2
     1) Dix, Lydia                      2) Williams, Olivia
     3) Corbetta, Sara                  4) Richardson, Kylie

Girls 4x100 Meter Shuttle Hurdle
================================================================================
    School                                                Seed     Finals  H# Points
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1	Underwood 'A'	1:12.29	1:11.65	3	10
	1) Martin, Hailey	2) Leaders, Mallorie			
	3) Irwin, Maddie	4) Reimer, Jordyn			
2	Atlantic 'A'	1:11.67	1:13.98	3	8
	1) Botos, Morgan	2) Williams, Aliyah			
	3) Mullenix, Chloe	4) Reed, Jayci			
3	Glenwood 'A'	1:12.26	1:14.71	3	6
	1) Crawford, Courtney	2) Kahl, Kayden			
	3) Hughes, Kate	4) Clemmer, Carlie			
4	Logan-Magnolia 'A'	1:14.36	1:14.91	3	5
	1) Bertelsen, Marki	2) Monico, Addyson			
	3) Knauss, Kaiya	4) Czarnecki, Abby			
5	Clarinda 'A'	1:17.00	1:16.90	2	4
	1) May, Paige	2) Gordon, Kambry			
	3) Hesse, Amelia	4) Nordyke, Bailey			
6	Harlan 'A'	1:14.51	1:17.52	2	3
	1) Schmitz, Jaylee	2) Stork, Kami			
	3) Daniels, Ari	4) Sonderman, Paige			
7	Cb, A Lincoln 'A'	1:18.00	1:19.10	2	2
	1) Girres, Preslie	2) Shields, Jasmine			
	3) Peterson, Malene	4) Williams, Olivia			
8	Lewis Central 'A'	1:18.63	1:19.43	1	1
	1) O' Doniel, Karyssa	2) Furlow, Madeline			
	3) Katzer, Olivia	4) Mullenix, Elise			
--	Creston 'A'	1:23.52	DQ	1	
	1) Bailey, Kadley	2) Travis, Grace			
	3) Clayton, Karter	4) Chesnut, Nevaeh			

Girls High Jump

	Name	Year	School	Seed	Finals	Points
1	Williams, Olivia		Cb, A Lincol	5-00.00	J4-10.00	10
2	Floyd, Jaylynn		Glenwood	5-00.00	J4-09.00	8
3	Pokorny, Braylee		Creston	4-08.00	J4-08.00	6
4	Dix, Lydia		Cb, A Lincol	4-04.00	4-06.00	4
4	Duran, Keisi		Glenwood	4-11.00	J4-06.00	4
4	Fidone, Madeline		Lewis Centra	4-09.00	4-06.00	4
5	Merksick, Stacy		Lewis Centra	4-08.00	J4-06.00	2
6	Bruce, Adler		Atlantic	4-08.00	J4-06.00	0.33
6	Lund, Olivia		Riverside, O	4-10.00	J4-06.00	0.33
6	Wellhausen, Carsen		Clarinda	4-08.00	J4-06.00	0.33
11	Wieland, Cierra		Cb, T Jeffer	4-06.00	4-04.00	
11	Bladt, Haley		Harlan	4-08.00	4-04.00	
11	O' Doniel, Karyssa		Lewis Centra	4-04.00	x4-04.00	
--	Smith, Emeri		Harlan	4-04.00	NH	
--	Monson, Ava		Harlan	4-06.00	NH	

Girls Long Jump

	Name	Year	School	Seed	Finals	Points
1	Reimer, Jordyn		Underwood	16-08.75	18-01.50	10
2	Sandbothe, Aubrey		Cb, A Lincol	15-01.00	17-05.00	8
3	Meier, Kylie		Clarinda	16-07.75	17-00.00	6
4	Mentzer, Olivia		Sc, East	16-08.00	16-11.00	5
5	Hopp, Jenna		Glenwood	16-10.75	16-09.25	4
6	Wiederstein, Lila		Atlantic	15-04.50	16-08.00	3
7	Duran, Keisi		Glenwood	15-02.50	16-04.50	2
8	Bergman, Maddie		Lewis Centra	15-11.75	16-01.00	1
9	Goldsmith, Ava		Logan-Magnol	16-01.00	15-09.50	
10	Martin, Makalya		Cb, T Jeffer	15-02.00	15-03.50	
11	Carda, Zoie		Glenwood	14-06.50	x15-02.00	
12	Brown, Takyla		Sc, East	15-01.25	14-08.75	
12	Czarnecki, Abby		Logan-Magnol	14-05.00	14-08.75	
14	Schechinger, Lily		Harlan	15-02.00	14-04.50	
14	Dougherty, Elaina		Glenwood	14-04.00	x14-04.50	
16	Fletcher, Ali		Underwood	14-03.00	14-03.50	
17	Cook, Claire		Underwood		x14-01.75	
18	Furlow, Madeline		Lewis Centra	13-05.00	13-09.50	
19	Girres, Preslie		Cb, A Lincol	12-08.50	13-03.75	
20	Phippen, Jersey		Atlantic	12-11.00	13-01.25	
21	Bladt, Haley		Harlan	14-02.50	13-00.00	
22	Hinman, Delaney		Atlantic	13-01.00	x11-10.75	

Girls Shot Put

	Name	Year	School	Seed	Finals	Points
1	Matiyow, Jordyn		Lewis Centra	36-09.50	38-01.50	10
2	Thramer, Elise		Lewis Centra	35-09.00	34-09.00	8
3	Hamilton, Kamryn		Cb, A Lincol	30-02.00	31-09.50	6
4	Jarmon, Brandi		Cb, T Jeffer	31-08.00	31-05.00	5
5	Richter, Abbi		Atlantic	31-08.50	31-03.00	4
6	Olson, Olivia		Atlantic	32-09.50	31-00.50	3
7	Bowman, Nancy		Logan-Magnol	31-05.75	30-02.50	2
8	Bertelsen, Marki		Logan-Magnol	30-03.00	30-00.50	1
9	Jimenez Russell, Alexis		Atlantic	30-00.50	x29-01.00	
10	Hanafan, Avery		Lewis Centra	29-07.00	x28-11.00	
11	Springman, Cameron		Harlan	29-04.50	28-08.00	
12	Stratton, Maddie		Glenwood	27-06.50	28-01.50	
13	Shields, Jasmine		Cb, A Lincol	29-09.00	27-09.50	
14	Vanecek, Joely		Glenwood	28-10.00	27-05.50	
15	Tussey, Brynn		Creston	29-10.75	26-11.00	
15	Reisz, Kennedi		Harlan	29-05.00	26-11.00	
17	Smith, Maggie		Glenwood	28-05.00	x26-08.50	
18	Lorenzen, Miranda		Underwood	25-04.00	26-03.00	
19	Witt, Tana		Cb, A Lincol	24-09.00	x26-02.00	
20	Nichols, Mariha		Cb, T Jeffer	24-10.75	26-00.50	
21	Vetter, Makenzie		Lewis Centra	26-02.00	x25-07.00	
22	Kolle, Sara		Glenwood	24-09.50	x25-00.00	
23	Smith, Kaylee		Clarinda	25-05.25	24-11.00	
24	Pulliam, Rylee		Clarinda	24-04.25	24-05.00	
25	Woods, Madeline		Cb, A Lincol	25-07.00	x24-04.00	
26	Hanson, Brianne		Cb, T Jeffer	26-04.50	x24-03.50	
27	Mages, Clara		Harlan	24-11.00	x23-04.50	
28	Johnston, Joli		Glenwood	25-03.00	x23-01.00	
29	Tyler, Jordan		Cb, T Jeffer	20-03.00	x21-05.00	
30	Bissen, Lilly		Harlan	21-01.00	x20-06.50	
31	Rhodes, Ava		Cb, A Lincol		x20-04.00	
32	Lemus, Lylia		Cb, T Jeffer	17-06.50	x20-00.50	
33	Berning, Lila		Creston	19-03.50	19-00.50	
34	Avalos, Cami		Cb, T Jeffer	20-04.00	x18-06.00	
35	Driscoll, Abbi		Glenwood	16-08.00	x18-03.50	
36	Gatch, Javin		Cb, A Lincol	18-10.00	x17-07.00	
37	Irlbeck, Ariel		Harlan	19-02.00	x16-03.00	
38	Ragone, Natalie		Glenwood	17-02.75	x15-05.50	
39	Hammers, Isabella		Cb, A Lincol		x13-10.50	

Girls Discus Throw

	Name	Year	School	Seed	Finals	Points

1	Thramer, Elise	Lewis Centra	110-10	115-04	10
2	Paup, Doryn	Creston	99-07	105-07	8
3	Springman, Cameron	Harlan	111-08	101-01	6
4	Matiyow, Jordyn	Lewis Centra	102-04	100-01	5
5	Hiller, Abi	Glenwood	114-01	96-00	4
6	Bowman, Nancy	Logan-Magnol	93-07	95-01	3
7	Richter, Abbi	Atlantic	104-03	94-11	2
8	Woods, Madeline	Cb, A Lincol	90-06	91-05	1
9	Durfey, Quinn	Clarinda	86-08.50	88-00	
10	Hanafan, Avery	Lewis Centra	89-04	x83-04	
11	Jimenez Russell, Alexis	Atlantic	86-06	82-04	
12	Howard, Sage	Clarinda	88-09	80-09	
13	Hamilton, Kamryn	Cb, A Lincol	79-10	80-00	
14	Vetter, Makenzie	Lewis Centra	74-10	x79-03	
15	Ritter, Hailey	Cb, A Lincol	79-01	x76-07	
16	Smith, Maggie	Glenwood	82-03	73-08	
17	Reisz, Kennedi	Harlan	90-03	72-07	
18	Jarmon, Brandi	Cb, T Jeffer	82-03	72-05	
19	Mages, Clara	Harlan	68-03	x70-10	
20	Bertelsen, Marki	Logan-Magnol	70-02	70-06	
21	Lorenzen, Miranda	Underwood	66-08	69-04	
22	Kolle, Sara	Glenwood	70-04	x66-04	
23	Olson, Olivia	Atlantic	91-08	x61-09	
24	Tussey, Brynn	Creston	67-04	60-09	
25	Johnston, Joli	Glenwood	67-08.50	x56-03	
26	Hanson, Brianne	Cb, T Jeffer	64-05	54-07	
27	Gatch, Javin	Cb, A Lincol	59-01	x54-06	
28	Berning, Lila	Creston	57-10	x53-03	
29	Nichols, Mariha	Cb, T Jeffer	54-11	x47-07	
30	Avalos, Cami	Cb, T Jeffer	60-04	x46-05	
31	Bissen, Lilly	Harlan	48-11	x45-01	
32	Rhodes, Ava	Cb, A Lincol		x44-03	
33	Tyler, Jordan	Cb, T Jeffer	44-05	x43-10	
34	Driscoll, Abbi	Glenwood	51-07	x43-02	
35	Lemus, Lylia	Cb, T Jeffer	48-05	x41-11	
36	Hammers, Isabella	Cb, A Lincol		x39-01	
37	Ragone, Natalie	Glenwood	47-09	x37-03	

Women - Team Rankings - 19 Events Scored

1) Glenwood	136	2) Atlantic	113.33
3) CB, A Lincoln	78	4) Clarinda	75.33
5) Lewis Central	67	6) Underwood	51
7) SC, East	49	7) Harlan	49
7) Logan-Magnolia	49	10) Riverside, Oak	33.33
11) Creston	30	12) CB, T Jefferson	10