

East Mills HS Coed - 4/30/2026**East Mills Stadium****Results****Girls 100 Meter Dash**

Name	Year School	Seed	Finals	H#	Points
Finals					
1 Hagen, Ellie	East Mills	13.35	13.45	2	10
2 Blackburn, Kinley	Fremont-Mills	14.19	13.62	2	8
3 Reeves, Jaylyn	East Mills	14.55	14.42	2	6
4 Cross, Khloe	Southwest Valley	15.29	15.52	2	4
5 Mullen, Deklyn	Southwest Valley	15.31	15.59	2	2
6 Clark, Chloe	Sidney	16.19	16.31	2	1
7 Stiverson, Shaylee	East Mills		x16.40	1	
8 Johnston, Erica	Southwest Valley	17.11	x17.24	2	
9 Shirley, Sophie	Sidney		17.39	1	
10 Kinser, Aurora	East Mills		x18.25	1	
11 Surrell, Trinity	Fremont-Mills	19.22	19.08	1	
12 Cowden, Anna	Sidney		x19.34	1	
13 Morrical, Ava	East Mills		x20.37	1	
14 Law, Adela	Fremont-Mills	18.43	x21.62	1	

Girls 200 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1 Haggerty, Keyana	Sidney	29.11	29.47	2	10
2 Poston, Anistyn	Southwest Valley	30.15	30.85	2	8
3 Fulton, Leighton	East Mills	31.24	31.16	2	6
4 Stearns, Mackenzie	East Mills	30.76	31.45	2	4
5 Castro, Lilly	Fremont-Mills	30.44	31.74	2	2
6 Benge, Josslynn	Southwest Valley		31.83	1	1
7 Inman, Kaylee	Fremont-Mills		32.06	1	
8 Wolfe, Jadyn	Fremont-Mills	35.08	x35.02	2	
9 Shirley, Sophie	Sidney	37.85	38.10	1	
10 Cowden, Anna	Sidney		x41.12	1	

Girls 400 Yard Dash

Name	Year School	Seed	Finals	Points
1 Carter, Gracie	Fremont-Mills	1:11.69	1:12.77	10
2 Stearns, Mackenzie	East Mills	1:12.00	1:17.72	8
3 Gill, Lillian	Fremont-Mills	1:28.25	1:24.15	6
4 Gaspar Bautista, Juana	East Mills	1:29.43	1:32.41	4
-- Poston, Anistyn	Southwest Valley	1:05.30	DQ	

Girls 800 Meter Run

Name	Year School	Seed	Finals	Points
1 Jones, Saige	Southwest Valley	2:36.99	2:41.85	10
2 Housh, Sophia	East Mills	2:54.03	2:52.64	8
3 Billingsley, Brookelynn	Fremont-Mills	2:51.93	2:55.50	6
4 Billingsley, Adelynn	Fremont-Mills	2:59.00	3:09.23	4
5 Morrical, Sophia	East Mills	3:06.70	3:17.39	2
-- Athen, Lillie	Sidney		X3:06.60	

East Mills HS Coed - 4/30/2026**East Mills Stadium****Results****Girls 1500 Meter Run**

Name	Year School	Seed	Finals	Points
1 Schaaf, Madelynn	Fremont-Mills	5:47.97	5:48.32	10
2 Housh, Sophia	East Mills	6:05.29	6:05.80	8
3 Stargell, Taylor	Southwest Valley	6:40.66	6:30.11	6

Girls 3000 Meter Run

Name	Year School	Seed	Finals	Points
1 Schaaf, Madelynn	Fremont-Mills	12:11.62	12:24.49	10
2 Randall, Hailey	Southwest Valley		15:40.55	8

Girls 100 Meter Hurdles

Name	Year School	Seed	Finals	Points
1 Nuckolls, Carlie	Fremont-Mills	16.60	16.84	10
2 Templeton, Mailee	Southwest Valley	17.52	18.12	8
2 Pearson, Alyssa	Southwest Valley	19.74	18.12	4
4 Reeves, Jaylyn	East Mills	18.96	19.45	6
5 Clemmons, Natalie	East Mills	20.38	20.99	2

Girls 400 Meter Hurdles

Name	Year School	Seed	Finals	Points
1 Pearson, Alyssa	Southwest Valley	1:15.23	1:16.17	10
2 Templeton, Mailee	Southwest Valley	1:20.00	1:18.11	8
3 Clemmons, Natalie	East Mills		1:35.17	6

Girls 4x100 Meter Relay

School	Seed	Finals	Points
1 Fremont-Mills 'A' 1) Gute, Reese 3) Nuckolls, Carlie	49.96	53.09	10
2 East Mills 'A' 1) Pontow, Teagan 3) Hagen, Ellie	55.80	56.31	8
3 Sidney 'A' 1) Cranmer, Felicia 3) Spurlock, Kyla	58.41	59.60	6
4 Fremont-Mills 'B' 1) Wolfe, Jadyn 3) Howe, Katherine	58.00	x1:02.08	
5 Southwest Valley 'A' 1) Mullen, Deklyn 3) Johnston, Erica	55.70	1:03.11	4
6 Sidney 'B' 1) Glenn, Katie 3) Nisley, Aubree		x1:03.78	

East Mills HS Coed - 4/30/2026**East Mills Stadium****Results****Girls 4x200 Meter Relay**

School	Seed	Finals	Points
1 Fremont-Mills 'A'	1:53.92	2:04.91	10
1) Campbell, Greenlie			
3) Inman, Kaylee			
2 Sidney 'A'	2:02.11	2:09.77	8
1) Cranmer, Felicia			
3) Spurlock, Kyla			
3 Southwest Valley 'A'	2:04.16	2:10.63	6
1) Mendenhall, Heather			
3) Larson, Kayleigh			
-- East Mills 'A'	1:57.39	DQ	
1) Blanton, Isabella			
3) Palmer, Loycee			

Girls 4x400 Meter Relay

School	Seed	Finals	Points
1 Fremont-Mills 'A'	4:49.96	4:50.39	10
1) Barbour, Ellie			
3) Castro, Lilly			
2 East Mills 'A'	4:54.10	4:56.44	8
1) Blanton, Isabella			
3) Grindle, Ava			
3 Southwest Valley 'A'	5:03.01	4:58.80	6
1) Mendenhall, Erica			
3) Amdor, Ellie			
4 Sidney 'A'	5:14.06	5:17.21	4
1) Spurlock, Kyla			
3) Morgan, Czandrya			

Girls 4x800 Meter Relay

School	Seed	Finals	Points
1 Fremont-Mills 'A'	11:50.19	12:00.40	10
1) Billingsley, Brookelynn			
3) Forney, Ava			
2 Southwest Valley 'A'		12:38.93	8
1) Stargell, Taylor			
3) Mendenhall, Erica			
3 East Mills 'A'	12:30.00	13:12.71	6
1) Grindle, Ava			
3) Morriscal, Sophia			

Girls 800 Sprint Medley

School	Seed	Finals	Points
1 Fremont-Mills 'A'	1:51.63	2:07.32	10
1) Campbell, Greenlie			
3) Castro, Lilly			
2 Southwest Valley 'A'	2:07.15	2:07.74	8
1) Larson, Kayleigh			
2) Templeton, Mailee			

East Mills HS Coed - 4/30/2026**East Mills Stadium****Results****....Girls 800 Sprint Medley**

3) Poston, Anistyn	4) Pearson, Alyssa			
3 East Mills 'A'		2:05.39	2:13.98	6
1) Palmer, Loycee	2) Fulton, Leighton			
3) Blanton, Isabella	4) Morrical, Sophia			
4 Sidney 'A'		2:14.85	2:22.41	4
1) Glenn, Katie	2) Nisley, Aubree			
3) Gallardo, Raeleaann	4) Spurlock, Kyla			

Girls Distance Medley

School	Seed	Finals	Points
1 Southwest Valley 'A'	4:49.44	4:58.24	10
1) Randall, Hailey	2) Helvie, Ray		
3) Stargell, Taylor	4) Jones, Saige		
2 East Mills 'A'	5:04.77	5:20.20	8
1) Pontow, Teagan	2) Palmer, Loycee		
3) Grindle, Ava	4) Morrical, Sophia		
3 Fremont-Mills 'A'	5:01.57	5:37.68	6
1) Campbell, Greenlie	2) Castro, Lilly		
3) Barbour, Ellie	4) Forney, Ava		

Girls 4x100 Meter Shuttle Hurdle

School	Seed	Finals	Points
1 Fremont-Mills 'A'	1:06.30	1:09.04	10
1) Nuckolls, Carlie	2) Gute, Reese		
3) Malcom, Abby	4) Weldon, Brooklyn		
2 Southwest Valley 'A'	1:16.59	1:17.34	8
1) Templeton, Mailee	2) Jones, Saige		
3) Benge, Josslynn	4) Pearson, Alyssa		
3 East Mills 'A'		1:27.72	6
1) Hagen, Ellie	2) Stearns, Mackenzie		
3) Clemmons, Natalie	4) Reeves, Jaylyn		

Girls High Jump

Name	Year School	Seed	Finals	Points
1 Helvie, Ray	Southwest Valley	4-10.00	4-06.00	10
2 Weldon, Brooklyn	Fremont-Mills	5-00.00	4-04.00	7
2 Billingsley, Brookelynn	Fremont-Mills	4-07.00	4-04.00	7
-- Clemmons, Natalie	East Mills	4-05.00	NH	
-- Randall, Hailey	Southwest Valley		NH	

Girls Long Jump

Name	Year School	Seed	Finals	Points
1 Malcom, Abby	Fremont-Mills	15-11.50	15-11.25	10
2 Campbell, Greenlie	Fremont-Mills	12-06.50	13-04.00	8
3 Housh, Sophia	East Mills		11-11.00	6
4 Stearns, Mackenzie	East Mills		11-02.50	4

East Mills HS Coed - 4/30/2026

East Mills Stadium

Results

Girls Shot Put

Name	Year School	Seed	Finals	Points
1 Mattox, Hayleigh	Fremont-Mills	36-06.75	37-07.25	10
2 King, Charli	Sidney	30-10.00	31-00.75	8
3 Stiverson, Shaylee	East Mills	34-07.00	30-06.00	6
4 Howe, Katherine	Fremont-Mills	31-06.75	27-10.00	4
5 Hilton, Claire	Fremont-Mills	29-01.00	x27-07.75	
6 Stephens, Willa	Sidney	27-01.75	25-10.00	2
7 Mullen, Deklyn	Southwest Valley	25-10.00	24-07.00	1
8 Morrical, Ava	East Mills	24-06.50	22-06.50	
9 Surrell, Trinity	Fremont-Mills	20-11.00	x19-02.00	
10 Kinser, Aurora	East Mills		x18-08.75	

Girls Discus Throw

Name	Year School	Seed	Finals	Points
1 Mattox, Hayleigh	Fremont-Mills	107-03	101-06	10
2 Stiverson, Shaylee	East Mills	96-07	85-10	8
3 Howe, Katherine	Fremont-Mills	86-09	85-03	6
4 King, Charli	Sidney	89-10	80-11	4
5 Hilton, Claire	Fremont-Mills	100-08	x76-10	
6 Gill, Lillian	Fremont-Mills	70-00	x75-10	
7 Stephens, Willa	Sidney	67-10	58-07	2
8 Morrical, Ava	East Mills	58-04	48-04	1
9 Kinser, Aurora	East Mills		x46-06	

Boys 100 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1 Crozier, Brody	Southwest Valley	11.07	11.45	2	10
2 Shires, Wyatt	Southwest Valley	11.90	11.86	2	8
3 Jackson, Curtis	East Mills	11.83	12.05	2	6
4 Morse, Landon	Fremont-Mills	12.41	12.17	2	4
5 Burdic, Beau	East Mills	12.16	12.54	2	2
6 Roach, Ethan	Fremont-Mills		13.21	1	1
7 Lewis, Greg	East Mills		x13.27	1	
8 Roberts, Aidan	Fremont-Mills	13.00	x13.79	2	
9 Tovar-Crispin, Juan	Sidney	14.82	14.66	2	
10 Korver, Ryan	Fremont-Mills		x14.94	1	
11 Heller, Richard	Sidney		18.50	1	
-- Grasso, Bentley	Fremont-Mills		X12.02	2	
-- Laumann, Evan	Fremont-Mills		X12.85	1	

Boys 200 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1 Crozier, Brody	Southwest Valley	23.15	23.59	2	10
2 Grasso, Bentley	Fremont-Mills		24.74	2	8
3 Morse, Landon	Fremont-Mills	24.99	24.81	2	6
4 Zimmerman, Broden	Fremont-Mills	25.50	x25.16	2	
5 Gibbs, Landon	East Mills	24.08	26.11	2	4
6 Bissell, Walker	Southwest Valley	25.90	26.35	2	2

East Mills HS Coed - 4/30/2026**East Mills Stadium****Results****....Boys 200 Meter Dash**

7	Reed, Jhalil	East Mills	26.28	26.46	2	1
8	Laumann, Evan	Fremont-Mills		x26.76	2	
9	Lewis, Greg	East Mills		x27.82	1	
10	Propp, Zaine	Sidney		29.20	1	

Boys 400 Yard Dash

Name	Year School	Seed	Finals	Points	
1	Mendenhall, Wyatt	Southwest Valley	53.50	54.44	10
2	Carter, Anderson	Fremont-Mills	56.00	56.76	8
3	Johnson, Calvin	Sidney	56.38	57.33	6
4	Westerhausen, Uriah	Southwest Valley	56.57	58.47	4
5	Hagen, Cooper	East Mills	1:00.85	1:00.28	2
6	Mills, Isaac	East Mills	1:10.00	1:12.39	1

Boys 800 Meter Run

Name	Year School	Seed	Finals	Points	
1	Mendenhall, Hoyt	Southwest Valley	2:24.30	2:30.43	10
2	Akhdar, Anis	Southwest Valley	2:27.17	2:31.13	8
3	Morse, Colin	Fremont-Mills	2:31.34	2:34.33	6
4	Wade, John	East Mills	2:59.54	2:54.52	4
5	Wederquist, Raif	Fremont-Mills	2:52.00	2:55.08	2

Boys 1600 Meter Run

Name	Year School	Seed	Finals	Points	
1	Lemons, Wyatt	Fremont-Mills	5:35.98	5:44.25	10
2	James, Lucas	Southwest Valley	6:13.06	6:13.88	8
3	Golden, Korey	East Mills	6:48.28	6:18.78	6

Boys 3200 Meter Run

Name	Year School	Seed	Finals	Points	
1	Lemons, Wyatt	Fremont-Mills	12:00.67	11:56.33	10
2	Lenz, Gunnar	Southwest Valley	12:00.84	11:59.04	8
3	Blanton, Gabe	East Mills	14:07.00	12:46.31	6
4	Ellis, Tyson	East Mills	14:12.00	14:05.05	4
5	Bruce, Brayton	Southwest Valley	16:58.68	15:41.99	2

Boys 110 Meter Hurdles

Name	Year School	Seed	Finals	Points	
1	Mendenhall, Wyatt	Southwest Valley	18.20	16.71	10
2	Wetzel, Gavin	Southwest Valley	17.22	16.98	8
3	Forney, Sawyer	Fremont-Mills	17.00	17.18	6
4	Lemons, Rhett	Fremont-Mills	17.10	18.40	4
5	Dennis, Jayden	Southwest Valley	19.12	x19.91	

East Mills HS Coed - 4/30/2026**East Mills Stadium****Results****Boys 400 Meter Hurdles**

Name	Year School	Seed	Finals	Points
1 Mendenhall, Wyatt	Southwest Valley	55.93	59.58	10
2 Poorker, Khayden	East Mills	1:01.92	1:01.42	8
3 Lemonds, Rhett	Fremont-Mills	1:03.16	1:03.90	6
4 Bell, Flynt	Sidney	1:05.26	1:05.25	4
5 Dennis, Jayden	Southwest Valley	1:05.27	1:05.66	2
6 Heller, Jackson	Sidney	1:12.97	1:14.14	1

Boys 4x100 Meter Relay

School	Seed	Finals	Points
1 Southwest Valley 'A' 1) Wetzels, Gavin 3) Fisher, Jackson	44.96	47.07	10
2 Sidney 'A' 1) Lutz, Joseph 3) Hobbie, Will	47.48	48.21	8
3 Fremont-Mills 'A' 1) Morse, Landon 3) Roach, Ethan	47.00	49.75	6
4 Fremont-Mills 'B' 1) Crom, Gavin 3) Schoening, Dean	48.00	x56.76	
5 East Mills 'A' 1) Mills, Isaac 3) Petereit, Zander	58.00	58.36	4
6 Sidney 'B' 1) Androy, Tristan 3) Heller, Richard		x58.99	
2) Crozier, Brody 4) Shires, Wyatt			
2) Mount, Tate 4) Stenzel, Aiden			
2) Carter, Anderson 4) Madison, Wyatt			
2) Finical V, John 4) Roberts, Aidan			
2) Moyers, Gavin 4) Viner, Tyson			
2) Tovar-Crispin, Juan 4) Heller, Jackson			

Boys 4x200 Meter Relay

School	Seed	Finals	Points
1 Sidney 'A' 1) Hobbie, Will 3) Mount, Tate	1:38.91	1:41.19	10
2 East Mills 'A' 1) Burdic, Beau 3) Jackson, Curtis	1:40.31	1:41.84	8
3 Fremont-Mills 'A' 1) Madison, Wyatt 3) Roach, Ethan	1:33.77	1:43.82	6
4 Southwest Valley 'A' 1) Hall, Javen 3) Bissell, Hudson	1:42.00	1:49.26	4
5 Sidney 'B' 1) Propp, Zaine 3) Heller, Jackson		x1:57.86	
6 Southwest Valley 'B' 1) Hernando, Ralfy 3) Johnston, Ethan	1:35.79	x2:06.09	
2) Bell, Flynt 4) Stenzel, Aiden			
2) Reed, Jhalil 4) Gibbs, Landon			
2) Lemonds, Wyatt 4) Campbell, Paxton			
2) Waddell, Ben 4) Mendenhall, Hoyt			
2) Androy, Tristan 4) LeMaster, Ayden			
2) Wetzels, Griffin 4) Bruce, Brayton			

East Mills HS Coed - 4/30/2026**East Mills Stadium****Results****Boys 4x400 Meter Relay**

School	Seed	Finals	Points
1 Fremont-Mills 'A'	3:56.46	3:47.33	10
1) Carter, Anderson	2) Lemonds, Rhett		
3) Forney, Sawyer	4) Campbell, Paxton		
2 East Mills 'A'	4:02.00	4:03.50	8
1) Blanton, Gabe	2) Ellis, Tyson		
3) Hagen, Cooper	4) Poorker, Khayden		
3 Southwest Valley 'A'	4:02.70	4:04.73	6
1) Westerhausen, Uriah	2) Bissell, Hudson		
3) Mendenhall, Hoyt	4) Fisher, Jackson		
4 Sidney 'A'	3:58.06	4:09.34	4
1) Johnson, Calvin	2) Bell, Flynt		
3) Hobbie, Will	4) Heller, Jackson		
5 Fremont-Mills 'B'		x4:19.31	
1) Grasso, Bentley	2) Laumann, Evan		
3) Morse, Colin	4) Korver, Ryan		
6 Sidney 'B'		x4:53.40	
1) Propp, Zaine	2) Androy, Tristan		
3) Thompson, Garret	4) Tovar-Crispin, Juan		

Boys 4x800 Meter Relay

School	Seed	Finals	Points
1 Southwest Valley 'A'	10:05.77	10:58.34	10
1) Akhdar, Anis	2) Waddell, Ben		
3) James, Lucas	4) Mendenhall, Hoyt		
2 East Mills 'A'	11:44.00	11:47.71	8
1) Ripperger, Brock	2) Wade, John		
3) Cantwell, James	4) Golden, Korey		

Boys 800 Sprint Medley

School	Seed	Finals	Points
1 Sidney 'A'	1:43.97	1:45.30	10
1) Lutz, Joseph	2) Mount, Tate		
3) Bell, Flynt	4) Johnson, Calvin		
2 Southwest Valley 'A'	1:37.44	1:46.33	8
1) Shires, Wyatt	2) Fisher, Jackson		
3) Mendenhall, Wyatt	4) Westerhausen, Uriah		
3 East Mills 'A'	1:52.00	1:46.82	6
1) Reed, Jhalil	2) Jackson, Curtis		
3) Gibbs, Landon	4) Burdic, Beau		
4 Fremont-Mills 'A'	1:41.36	1:54.29	4
1) Zimmerman, Broden	2) Crom, Gavin		
3) Roach, Ethan	4) Morse, Colin		

Boys Distance Medley

School	Seed	Finals	Points
1 Southwest Valley 'A'	4:07.55	4:38.89	10
1) Hall, Javen	2) Fisher, Jackson		

East Mills HS Coed - 4/30/2026**East Mills Stadium****Results****Boys Discus Throw**

Name	Year School	Seed	Finals	Points
1 Zimmerman, Broden	Fremont-Mills	125-02	123-10	10
2 Hagen, Cooper	East Mills		100-06	8
3 Owen, Caleb	Southwest Valley	119-00	95-05	6
4 Schoening, Dean	Fremont-Mills	78-07	94-02	4
5 Petereit, Zander	East Mills	98-09	92-05	2
6 Wetzel, Griffin	Southwest Valley	97-05	90-02	1
7 Kingsolver, Ben	Sidney	00-02.50	84-00	
8 Heller, Richard	Sidney	72-06	79-07	
9 Mills, Isaac	East Mills		x75-11	
10 Finical V, John	Fremont-Mills	84-02	x69-02	
11 Hernando, Ralfy	Southwest Valley	72-02	x66-00	
12 Thompson, Garret	Sidney		x60-01	
13 Herring, Logan	Southwest Valley		x43-07	

Women - Team Rankings - 19 Events Scored

1) Fremont-Mills	194	2) East Mills	137
3) Southwest Valley	130	4) Sidney	49

Men - Team Rankings - 19 Events Scored

1) Southwest Valley	217	2) Fremont-Mills	141
3) East Mills	111	4) Sidney	53