



2026 All-MRC Volleyball Teams

First Team

Bailey Ball**	Sergeant Bluff-Luton	Senior	Setter
Dara Mollet	Bishop Heelan	Senior	Middle Hitter
Emary Cooper	Lewis Central	Junior	Outside Hitter
Melina Snoozy	Bishop Heelan	Senior	Outside Hitter
Jacey Young	Lewis Central	Junior	Libero
Kaitlyn Hardie	Sergeant Bluff-Luton	Senior	Libero
Kalli McSorley	Lewis Central	Senior	Setter

**Unanimous Selection

Second Team

Laila Mentzer	Sioux City East	Sophomore	Outside Hitter
Brooke Nelson	Lewis Central	Senior	Outside Hitter
Kali Cunningham	Le Mars	Senior	Libero
Addeline Vondrak	Sioux City West	Sophomore	Outside Hitter
Olivia Kneifl	Sergeant Bluff-Luton	Sophomore	Outside Hitter
Ana Watkins	CB Abraham Lincoln	Junior	Outside Hitter
Kaybree Blair	CB Abraham Lincoln	Senior	Middle Hitter

Third Team

Payton Brehmer	Lewis Central	Junior	Middle Hitter
Madison Kvidera	Sergeant Bluff-Luton	Senior	Middle Hitter
Maggie Vaandrager	Bishop Heelan	Junior	Middle Hitter
Kenzie Niehus	Le Mars	Senior	Middle Hitter
Adrienne Wall	Sioux City North	Sophomore	Outside Hitter
Josy Jackson	Sioux City West	Sophomore	Setter
Brinley Winklepleck	Sioux City East	Junior	Outside Hitter