

Clarinda HS Boys Cardinal Relays

4/6/2023

Results

Boys 100 Meter Dash

Name	Yr	School	Finals
Finals			
1 Patlan, Brody	10	Lewis Centra	11.17 10
2 Brown, Tady	12	Clarinda	11.25 8
3 Humpal, Jonathan	12	Lewis Centra	11.36 6
4 Sifford, Brayden	10	Red Oak	11.39 5
5 Dukes, Hunter	11	Shenandoah	11.63 4
6 Norton, Jonah	11	Clarinda	11.76 3
7 Wise, Levi	12	Clarinda	x11.83
8 Hall, Cale	09	Red Oak	11.93 2
9 Wright, Eric	12	Cb, A Lincol	12.00 1
10 Sitzman, KC	11	Southwest Va	12.04
11 Grebin, Nolan	11	Stanton	12.06
12 Johnson, Adam	12	Clarinda	x12.11
13 Hinojosa, Leo	09	Lewis Centra	12.13
14 Scott, Jimmy	09	Lewis Centra	12.20
15 Foster, Treyten	09	Shenandoah	12.23
16 Moore, Caleb	11	Lewis Centra	x12.24
17 Lusajo, Isaiah	10	Cb, A Lincol	12.31
18 Martin, Joshua	12	Stanton	12.36
19 Engstrand, Kade	12	Clarinda	x12.43
20 Bozwell, Kayden	12	Red Oak	x12.43
21 Johannes, Nathan	12	Cb, A Lincol	x12.53
22 Baumgart, Cole	11	Clarinda	x12.53
23 Shaw, Tysen	12	Shenandoah	x12.56
24 Huff, Gavin	10	Cb, A Lincol	x12.58
25 Kepler, Jace	12	Cb, A Lincol	x12.60
26 Wookey, Jonan	12	Stanton	x12.64
27 Ford, Gavin	10	Stanton	x12.68
28 Chubb, Brody	09	Lewis Centra	x12.70
29 Showalter, Simon	10	Stanton	x12.82
30 Maben, Julius	11	Cb, A Lincol	x12.86
31 Chioco, Andre	12	Cb, T Jeffer	12.89
32 Grebin, Rylan	09	Stanton	x12.92
33 Tupa, Aden	09	Lewis Centra	x12.94
34 Strande, Keaton	09	Cb, A Lincol	x12.94
35 Smith, Cooper	09	Cb, A Lincol	x12.96
36 Trotter, Hayden	11	Lewis Centra	x12.96
37 French, Logan	11	Stanton	x12.98
38 Moutray, Matthew	09	Shenandoah	x12.98
39 Lippert, Austin	12	Cb, A Lincol	x13.03
40 Carpenter, Preston	11	Stanton	x13.06
41 Zaporowska, Ethan	09	Lewis Centra	x13.06
42 Lippert, Max	12	Cb, A Lincol	x13.09
43 Reynolds, Dylan	09	Stanton	x13.21
44 Rasmussen, Joah	10	Cb, A Lincol	x13.23
45 Swank, Hunter	10	Shenandoah	x13.24
46 Torres, Marcus	09	Red Oak	x13.28
47 Contreras, Alex	12	Cb, T Jeffer	13.33
48 Dorr, Rylan	09	Cb, A Lincol	x13.58
49 Smithhisler (Clark), River	10	Shenandoah	x13.61
50 McQueen, Logan	10	Stanton	x13.62
51 Warner, Darren	09	Lewis Centra	x13.68
52 Johnson, Aidan	09	Clarinda	x13.72

53 Harrington, Gavin	10	Lewis Centra	x13.89
54 Kline, Ashon	09	Essex	13.93
55 Holmes, Brody	11	Stanton	x13.96
56 Sell, Brian	09	Lewis Centra	x13.99
57 Juon, Cael	09	Lewis Centra	x14.03
58 Gusman, Dayton	09	Red Oak	x14.05
59 Zavala, Cesar	11	Clarinda	x14.36
60 Sudo, Brandon	12	Cb, T Jeffer	x14.37
61 Cabrera, Alex	09	Lewis Centra	x14.49
62 Hernandez, Romaro	10	Cb, A Lincol	x14.62
63 Sowers, Brodee	09	Stanton	x14.77
64 VanSickle, Alex	09	Cb, A Lincol	x14.87
65 Hickey, Garrison	09	Clarinda	x15.08
66 Durham, Ethan	11	Cb, T Jeffer	x15.37
67 O'Brien, Cooper	09	Shenandoah	x15.52
68 Lett, Hayden	09	Lewis Centra	x16.68
69 Newell, Adrian	09	Clarinda	x17.86
--- Schubert, Ashton	11	Cb, T Jeffer	DQ
--- Gibbs, Brody	10	Stanton	DQ

Boys 200 Meter Dash

Name	Yr	School	Finals
Finals			
1 Humpal, Jonathan	12	Lewis Centra	23.00 10
2 Kling, Jack	12	Red Oak	23.00 8
3 Brown, Tady	12	Clarinda	23.02 6
4 Witte, Curtis	11	Lewis Centra	23.30 5
5 Bruce, Aiden	12	Red Oak	24.01 4
6 Jones, Isaac	12	Clarinda	24.15 3
7 Bozwell, Kayden	12	Red Oak	x24.64
8 Johnson, Adam	12	Clarinda	x24.83
9 Roop, Kaiden	09	Clarinda	x24.94
10 Sunderman, Ayden	11	Clarinda	x25.14
11 Eighmy, Taten	11	Clarinda	x25.17
12 In, Ayden	10	Clarinda	x25.35
13 Scamman, Cole	10	Shenandoah	25.36 2
14 Huff, Gavin	10	Cb, A Lincol	25.42 1
15 Johnson, Ayden	09	Shenandoah	25.91
16 Sample, Gage	11	Shenandoah	x25.93
17 Ayres, Ethan	09	Lewis Centra	26.07
18 Lusajo, Isaiah	10	Cb, A Lincol	26.08
19 Lippert, Austin	12	Cb, A Lincol	x26.22
20 Chubb, Brody	09	Lewis Centra	26.23
21 Swank, Hunter	10	Shenandoah	x26.24
22 Ford, Gavin	10	Stanton	26.38
23 Zaporowska, Ethan	09	Lewis Centra	x26.39
24 Fouts, Ethan	09	Red Oak	x26.42
25 Chioco, Andre	12	Cb, T Jeffer	26.58
26 Moutray, Matthew	09	Shenandoah	x26.58
27 Gibbs, Brody	10	Stanton	26.68
28 Maben, Julius	11	Cb, A Lincol	x26.72
29 DeGroot, Xavier	12	Clarinda	x26.73
30 Smithhisler (Clark), River	10	Shenandoah	x26.74
31 Carson, Landen	10	Clarinda	x26.84
32 Torres, Marcus	09	Red Oak	x26.86
33 Thompson, Seth	10	Cb, T Jeffer	26.88

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Finals ... (Boys 200 Meter Dash)

Name	Yr	School	Finals
34 Rasmussen, Joah	10	Cb, A Lincol	x27.01
35 Bose, Ethan	12	Cb, T Jeffer	x27.06
36 Strande, Keaton	09	Cb, A Lincol	x27.08
37 Lippert, Max	12	Cb, A Lincol	x27.09
38 Labrum, Ben	12	Shenandoah	x27.19
39 Thompson, Treyvein	09	Shenandoah	x27.25
40 Contreas, Alex	12	Cb, T Jeffer	x27.55
41 Smith, Cooper	09	Cb, A Lincol	x27.61
42 Schubert, Ashton	11	Cb, T Jeffer	x27.62
43 Warner, Darren	09	Lewis Centra	x27.79
44 Reynolds, Dylan	09	Stanton	x27.85
45 Dorr, Rylan	09	Cb, A Lincol	x27.88
46 McQueen, Logan	10	Stanton	x27.90
47 Neville, Asa	12	Cb, T Jeffer	x27.94
48 Carpenter, Isaac	10	Cb, T Jeffer	x27.96
49 Sudo, Brandon	12	Cb, T Jeffer	x28.46
50 Williamson, Bailyan	09	Cb, T Jeffer	x28.49
51 Sell, Brian	09	Lewis Centra	x28.83
52 Harrington, Gavin	10	Lewis Centra	x28.95
53 Hopf, Evan	11	Stanton	x29.57
54 Cabrera, Alex	09	Lewis Centra	x29.96
55 Juon, Cael	09	Lewis Centra	x30.00
56 VanSickle, Alex	09	Cb, A Lincol	x30.22
57 Durham, Ethan	11	Cb, T Jeffer	x32.15
58 O'Brien, Cooper	09	Shenandoah	x32.29
59 Allen, Zooney	10	Stanton	x32.81
60 Lett, Hayden	09	Lewis Centra	x35.06
--- Hernandez, Romaro	10	Cb, A Lincol	DQ
--- Sholes, Wade	10	Essex	DQ
--- Dukes, Hunter	11	Shenandoah	DQ
--- Sitzman, KC	11	Southwest Va	DQ

Boys 400 Meter Dash

Name	Yr	School	Finals
Finals			
1 Kling, Jack	12	Red Oak	50.84 10
2 Razez, Alex	11	Shenandoah	52.47 8
3 Cullin, Brody	11	Shenandoah	53.60 6
4 Petersen, Colin	10	Lewis Centra	54.21 5
5 Wyman, Alec	12	Clarinda	54.48 4
6 Hernandez, Brandon	11	Red Oak	57.44 3
7 Phippen, Peyton	09	Lewis Centra	59.40 2
8 Cox, Brandon	10	Southwest Va	59.92 1
9 Dahlheim, Braeden	10	Lewis Centra	1:00.07
10 Eighmy, Taten	11	Clarinda	1:00.55
11 Neville, Asa	12	Cb, T Jeffer	1:01.29
12 Scott, Levisit	12	Lewis Centra	1:02.73
13 Carpenter, Isaac	10	Cb, T Jeffer	1:02.98
14 Hanson, CJ	10	Cb, A Lincol	1:03.01
15 Kline, Ashon	09	Essex	1:05.18
16 Eddy, Quaid	09	Southwest Va	1:07.46
--- Hytrek, Connor	12	Cb, A Lincol	DQ

Boys 800 Meter Run

Name	Yr	School	Finals
Finals			
1 Schaapherder, Treyton	11	Clarinda	2:06.53 10
2 Wagoner, Kyle	10	Clarinda	2:07.77 8
3 Olson, Jamison	10	Lewis Centra	2:13.07 6
4 Siford, Robert	12	Cb, A Lincol	2:16.26 5
5 Cox, Haidyn	11	Lewis Centra	2:17.90 4
6 Rothmeyer, Gavin	11	Cb, T Jeffer	2:23.58 3
7 McDonald, James	10	Stanton	2:24.42 2
8 Hogan, Cael	09	Southwest Va	2:27.59 1
9 Cox, Jackson	10	Lewis Centra	2:28.52
10 Fitch, Lucas	12	Cb, A Lincol	2:29.01
11 Cornelsen, Robert	09	Lewis Centra	2:31.83
12 Carpenter, Preston	11	Stanton	2:38.03
13 Brower, Jacob	10	Red Oak	2:39.49
14 Babe, Tyler	09	Shenandoah	2:41.47
15 Ruhl, Anderson	11	Red Oak	2:41.82
16 Baldwin, Wyatt	12	Shenandoah	2:56.28
17 Cox, Brandon	10	Southwest Va	2:58.91

Boys 1600 Meter Run

Name	Yr	School	Finals
Finals			
1 Diercks, Kade	11	Lewis Centra	4:33.80 10
2 Schaapherder, Treyton	11	Clarinda	4:40.37 8
3 Wagoner, Kyle	10	Clarinda	4:47.09 6
4 Arkfeld, Marshall	10	Lewis Centra	4:48.64 5
5 Hamilton, Kaiden	09	Cb, T Jeffer	4:52.88 4
6 Smith, Cody	11	Cb, A Lincol	4:53.43 3
7 Siford, Robert	12	Cb, A Lincol	5:16.58 2
8 Fishell, Parker	11	Lewis Centra	5:24.33 1
9 Little Thunder, Damien	10	Shenandoah	5:32.52
10 Pearson, Dylan	12	Lewis Centra	5:32.77
11 Rodewald, Rafe	11	Shenandoah	5:34.35
12 Kellogg, Dalton	11	Shenandoah	x5:36.69
13 Kellogg, Dylan	11	Shenandoah	x5:43.08
14 Jenkins, Ty	11	Red Oak	5:44.03
15 Eddy, Quaid	09	Southwest Va	6:25.25

Boys 1600 Meter Run JUNIOR VARSITY

Name	Yr	School	Finals
Finals			
1 Coots, Kevin	09	Lewis Centra	4:37.63
2 Rodenburg, Asher	09	Lewis Centra	5:07.09
3 Okerbloom, Sam	09	Lewis Centra	x5:48.16
4 Williams, Bryce	09	Red Oak	5:50.45
5 Scott, Levisit	12	Lewis Centra	x5:58.29
6 Kolhof, Jacob	10	Lewis Centra	x6:06.37
7 Hopf, Evan	11	Stanton	6:09.00
8 Mick, Braden	10	Shenandoah	6:15.61
9 Babe, Tyler	09	Shenandoah	6:20.83
10 Cox, Brandon	10	Southwest Va	6:43.90
11 Allen, Zooney	10	Stanton	6:47.41
12 Baldwin, Wyatt	12	Shenandoah	x6:55.00

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Finals ... (Boys 1600 Meter Run JUNIOR VARS)

Name	Yr	School	Finals
--- Hytrek, Dylan	10	Cb, A Lincol	DQ

Boys 3200 Meter Run

Name	Yr	School	Finals
Finals			
1 Eichhorn, Ethan	11	Lewis Centra	9:33.95 10
2 Schaapherder, Treyton	11	Clarinda	9:36.52 8
3 Wagoner, Kyle	10	Clarinda	10:06.59 6
4 Smith, Cody	11	Cb, A Lincol	10:37.69 5
5 Selken, Richard	10	Lewis Centra	10:59.07 4
6 Kellogg, Dylan	11	Shenandoah	12:01.88 3
7 Johnston, Alex	10	Cb, A Lincol	13:11.70 2
8 Boswell, Ashton	09	Southwest Va	13:32.58 1
9 Allen, Zooey	10	Stanton	13:58.26

Boys 110 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 DeGroot, Xavier	12	Clarinda	16.61 10
2 Scamman, Cole	10	Shenandoah	16.70 8
3 Martin, Joshua	12	Stanton	16.83 6
4 Schmitt, Wyatt	12	Clarinda	17.67 5
5 Bose, Ethan	12	Cb, T Jeffer	17.91 4
6 Pearson, Evan	11	Southwest Va	17.99 3
7 Markuson, Mark	12	Cb, T Jeffer	18.29 2
8 Brown, Ian	11	Southwest Va	18.98 1
9 Davis, Jaylen	09	Lewis Centra	19.76
10 Labrum, Ben	12	Shenandoah	19.99
11 Dahlheim, Braeden	10	Lewis Centra	20.85
--- Lippert, Austin	12	Cb, A Lincol	DQ

Boys 400 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Bowen, Brandon	11	Cb, T Jeffer	56.24 10
2 Atupra, Victor	11	Cb, T Jeffer	56.71 8
3 Cullin, Brody	11	Shenandoah	57.67 6
4 Kammrad, Braylon	12	Lewis Centra	58.83 5
5 Grebin, Nolan	11	Stanton	59.48 4
6 Bergman, Aidan	11	Lewis Centra	59.85 3
7 Norton, Jonah	11	Clarinda	1:01.74 2
8 Hernandez, Brandon	11	Red Oak	1:02.15 1
9 Harris, Noah	09	Clarinda	1:02.21
10 Wetzel, Gavin	09	Southwest Va	1:10.12
11 Tupa, Aden	09	Lewis Centra	1:14.51
--- Brown, Ian	11	Southwest Va	DQ

Boys 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Clarinda	A	45.19 10
1) Wise, Levi 12	2) King, Nathan 12	
3) Phillips, Cooper 10	4) Roop, Kaiden 09	

2 Red Oak	A	45.20 8
1) Couse, Landon 12	2) Sifford, Brayden 10	
3) Fouts, Riley 12	4) Kling, Jack 12	
3 Cb, T Jefferson	A	46.10 6
1) Bovee, Deven 12	2) Huey, Tyler 12	
3) Anderson, Nathan 10	4) Atupra, Victor 11	
4 Lewis Central JV	A	46.39 5
1) Hinojosa, Leo 09	2) Moore, Caleb 11	
3) Juon, Bryce 11	4) Scott, Jimmy 09	
5 Lewis Central	A	46.51 4
1) Witte, Curtis 11	2) Thomson, Ty 12	
3) Thomas, Owen 11	4) Humpal, Jonathan 12	
6 Cb, A Lincoln	A	47.23 3
1) Johannes, Nathan 12	2) Brown, Wes 12	
3) Kepler, Jace 12	4) Wright, Eric 12	
7 Lewis Central JV	B	x48.05
1) Goeser, Brody 11	2) Stessman, Parker 10	
3) Petersen, Charlie 11	4) Phippen, Peyton 09	
8 Southwest Valley	A	48.70 2
1) Mullen, Theron 10	2) Mendenhall, Wyatt 09	
3) Sitzman, KC 11	4) Knapp, Marshall 12	
9 Red Oak	B	x48.87
1) Hall, Cale 09	2) Fouts, Ethan 09	
3) Torres, Marcus 09	4) Bozwell, Kayden 12	
10 Shenandoah	A	48.90 1
1) Martin, Xavier 10	2) McManis, Zane 09	
3) Sample, Gage 11	4) Scamman, Cole 10	
11 Cb, A Lincoln	B	x49.74
1) Huff, Gavin 10	2) Smith, Cooper 09	
3) Maben, Julius 11	4) Lusajo, Isaiah 10	
12 Shenandoah	B	x49.89
1) Foster, Treyton 09	2) Thompson, Treyvein 09	
3) Smithhisler (Clark), River 10	4) Moutray, Matthew 09	
13 Clarinda	B	x49.93
1) Wyman, Nolan 10	2) Iversen, Crayton 10	
3) In, Ayden 10	4) Carson, Landen 10	
14 Cb, T Jefferson	B	x52.26
1) Thompson, Seth 10	2) Whitsel, Bradlee 11	
3) Rothmeyer, Gavin 11	4) Kerkman, Zane 10	
15 Stanton	A	54.06
1) McQueen, Logan 10	2) Sowers, Brodee 09	
3) Holmes, Brody 11	4) Reynolds, Dylan 09	
16 Stanton	B	x54.23
1) Gibbs, Brody 10	2) Hopf, Evan 11	
3) Carpenter, Preston 11	4) Grebin, Rylan 09	
17 Essex	A	57.90
1) Seaman, Cash 10	2) Vanatta, Qwintyn 11	
3) Staley, Johnathan 12	4) Sholes, Isaiah 09	

Boys 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 Clarinda	A	1:32.56 10
1) Brown, Tadyon 12	2) Schmitt, Wyatt 12	
3) Phillips, Cooper 10	4) Jones, Isaac 12	

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Finals ... (Boys 4x200 Meter Relay)

Team	Relay	Finals	
2 Red Oak	A	1:32.78	8
1) Couse, Landon 12	2) Bruce, Aiden 12		
3) Sifford, Brayden 10	4) Fouts, Riley 12		
3 Lewis Central	A	1:35.42	6
1) Patlan, Brody 10	2) Bergman, Aidan 11		
3) Thomson, Ty 12	4) Kammrad, Braylon 12		
4 Lewis Central JV	B	x1:38.11	
1) Hinojosa, Leo 09	2) Hetzel, Brady 10		
3) Stessman, Parker 10	4) Scott, Jimmy 09		
5 Cb, A Lincoln	A	1:38.64	5
1) Johannes, Nathan 12	2) Brown, Wes 12		
3) Kepler, Jace 12	4) Wright, Eric 12		
6 Lewis Central JV	A	1:38.78	4
1) Moore, Caleb 11	2) Juon, Bryce 11		
3) Goeser, Brody 11	4) Petersen, Charlie 11		
7 Cb, T Jefferson	A	1:39.92	3
1) Anderson, Nathan 10	2) Dewaele, Jordan 11		
3) Chioco, Andre 12	4) Camarena, Jorge 09		
8 Southwest Valley	A	1:42.19	2
1) Mendenhall, Wyatt 09	2) Fast, Evan 09		
3) Hartman, Riley 10	4) Sitzman, KC 11		
9 Shenandoah	A	1:42.48	1
1) Martin, Xavier 10	2) Graham, Cole 09		
3) Johnson, Ayden 09	4) Shaw, Tysen 12		
10 Stanton	A	1:42.93	
1) Showalter, Simon 10	2) Ford, Gavin 10		
3) Martin, Jacob 10	4) Wookey, Jonan 12		
11 Cb, T Jefferson	B	x1:46.08	
1) Whitsel, Bradlee 11	2) Denman, Garrett 10		
3) McNabb, Leyton 09	4) Jensen, Aiden 10		
12 Clarinda	B	x1:58.60	
1) Carson, Landen 10	2) Hickey, Garrison 09		
3) Johnson, Aidan 09	4) Zavala, Cesar 11		
--- Essex	A	DQ	
1) Vanatta, Qwintyn 11	2) Staley, Johnathan 12		
3) Sholes, Wade 10	4) Sholes, Isaiah 09		

Boys 4x400 Meter Relay

Team	Relay	Finals	
1 Shenandoah	A	3:38.45	10
1) Cullin, Brody 11	2) Graham, Cole 09		
3) Shaw, Tysen 12	4) Razez, Alex 11		
2 Cb, T Jefferson	A	3:41.80	8
1) Bowen, Brandon 11	2) Dewaele, Jordan 11		
3) Atupra, Victor 11	4) Anderson, Nathan 10		
3 Clarinda	A	3:43.83	6
1) Wyman, Alec 12	2) Engstrand, Kade 12		
3) Schmitt, Wyatt 12	4) Johnson, Adam 12		
4 Lewis Central	A	3:45.71	5
1) Patlan, Brody 10	2) Petersen, Colin 10		
3) Olson, Jamison 10	4) Watson, Gabriel 12		

5 Red Oak	A	3:53.89	4
1) Bruce, Aiden 12	2) Hernandez, Brandon 11		
3) Jenkins, Ty 11	4) Bergren, Bryton 11		
6 Cb, T Jefferson	B	x3:56.38	
1) Camarena, Jorge 09	2) Denman, Garrett 10		
3) McNabb, Leyton 09	4) Jensen, Aiden 10		
7 Clarinda	B	x3:57.41	
1) Weidman, Ronnie 12	2) Manes, Morgan 09		
3) Lihs, Alex 11	4) Gross, Christian 09		
8 Stanton	A	4:03.25	3
1) Showalter, Simon 10	2) Martin, Jacob 10		
3) Wookey, Jonan 12	4) French, Logan 11		
9 Lewis Central JV	A	4:06.35	2
1) Hetzel, Brady 10	2) Cox, Jackson 10		
3) Zaporowska, Ethan 09	4) Applegate, Brody 09		
10 Lewis Central JV	B	x4:08.04	
1) Trotter, Hayden 11	2) Lobaugh, Carter 09		
3) Ayres, Ethan 09	4) Chubb, Brody 09		
11 Southwest Valley	A	4:14.80	1
1) Hogan, Cael 09	2) Wetzel, Gavin 09		
3) Hartman, Riley 10	4) Fast, Evan 09		

Boys 4x800 Meter Relay

Team	Relay	Finals	
1 Lewis Central	A	8:36.30	10
1) Diercks, Kade 11	2) Petersen, Colin 10		
3) Arkfeld, Marshall 10	4) Eichhorn, Ethan 11		
2 Clarinda	A	9:17.84	8
1) Wyman, Alec 12	2) Manes, Morgan 09		
3) Lihs, Alex 11	4) Weidman, Ronnie 12		
3 Lewis Central JV	A	9:26.23	6
1) Cox, Jackson 10	2) Fishell, Parker 11		
3) Cornelsen, Robert 09	4) Pearson, Dylan 12		
4 Stanton	A	9:50.45	5
1) McDonald, James 10	2) McQueen, Logan 10		
3) Carpenter, Preston 11	4) Hopf, Evan 11		
5 Shenandoah	A	9:55.28	4
1) Rodewald, Rafe 11	2) Little Thunder, Damien 10		
3) Kellogg, Dalton 11	4) Mick, Braden 10		
6 Red Oak	A	9:59.90	3
1) Bergren, Bryton 11	2) Williams, Bryce 09		
3) Ruhl, Anderson 11	4) Jenkins, Ty 11		
7 Lewis Central JV	B	x10:34.89	
1) Okerbloom, Sam 09	2) Scott, Levisit 12		
3) Kolhof, Jacob 10	4) Christensen, Kaiden 10		
8 Cb, A Lincoln	A	10:47.47	2
1) Hanson, CJ 10	2) Hytrek, Connor 12		
3) Hytrek, Dylan 10	4) Fitch, Lucas 12		

Boys 800 Sprint Medley

Team	Relay	Finals	
1 Shenandoah	A	1:36.12	10
1) Shaw, Tysen 12	2) Dukes, Hunter 11		
3) Cullin, Brody 11	4) Razez, Alex 11		

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Finals ... (Boys 800 Sprint Medley)

Team	Relay	Finals
2 Red Oak	A	1:36.74 8
1) Couse, Landon 12	2) Sifford, Brayden 10	
3) Fouts, Riley 12	4) Kling, Jack 12	
3 Lewis Central	A	1:40.04 6
1) Patlan, Brody 10	2) Humpal, Jonathan 12	
3) Kammrad, Braylon 12	4) Witte, Curtis 11	
4 Cb, T Jefferson	A	1:41.49 5
1) Bovee, Deven 12	2) Huey, Tyler 12	
3) Dewaele, Jordan 11	4) Anderson, Nathan 10	
5 Clarinda	A	1:41.50 4
1) Wise, Levi 12	2) King, Nathan 12	
3) Phillips, Cooper 10	4) Norton, Jonah 11	
6 Stanton	A	1:43.35 3
1) Martin, Joshua 12	2) Martin, Jacob 10	
3) Wookey, Jonan 12	4) Grebin, Nolan 11	
7 Cb, A Lincoln	A	1:43.74 2
1) Wright, Eric 12	2) Johannes, Nathan 12	
3) Brown, Wes 12	4) Kepler, Jace 12	
8 Lewis Central JV	A	1:45.27 1
1) Hinojosa, Leo 09	2) Scott, Jimmy 09	
3) Moore, Caleb 11	4) Stessman, Parker 10	
9 Lewis Central JV	B	x1:46.25
1) Goeser, Brody 11	2) Applegate, Brody 09	
3) Juon, Bryce 11	4) Petersen, Charlie 11	
10 Clarinda	B	x1:47.60
1) Wyman, Nolan 10	2) Iversen, Crayton 10	
3) Sunderman, Ayden 11	4) Eighmy, Taten 11	
11 Cb, T Jefferson	B	x1:47.79
1) Whitsel, Bradlee 11	2) McNabb, Leyton 09	
3) Jensen, Aiden 10	4) Hamilton, Kaiden 09	
12 Southwest Valley	A	1:48.38
1) Hogan, Cael 09	2) Mendenhall, Wyatt 09	
3) Sitzman, KC 11	4) Hartman, Riley 10	
--- Shenandoah	B	DQ
1) McManis, Zane 09	2) Martin, Xavier 10	
3) Graham, Cole 09	4) Johnson, Ayden 09	

Boys Distance Medley

Team	Relay	Finals
1 Cb, T Jefferson	A	3:51.13 10
1) Bovee, Deven 12	2) Huey, Tyler 12	
3) Bowen, Brandon 11	4) Hamilton, Kaiden 09	
2 Lewis Central	A	3:56.15 8
1) Paulson, Nash 11	2) Thomas, Owen 11	
3) Watson, Gabriel 12	4) Cox, Haidyn 11	
3 Clarinda	A	4:11.02 6
1) Harris, Noah 09	2) Wyman, Nolan 10	
3) Weidman, Ronnie 12	4) Lihs, Alex 11	
4 Stanton	A	4:14.08 5
1) Showalter, Simon 10	2) Grebin, Rylan 09	
3) French, Logan 11	4) McDonald, James 10	

5 Red Oak	A	4:15.93 4
1) Hall, Cale 09	2) Fouts, Ethan 09	
3) Jenkins, Ty 11	4) Bergren, Bryton 11	
6 Shenandoah	A	4:16.66 3
1) Sample, Gage 11	2) Thompson, Treyvein 09	
3) McManis, Zane 09	4) Rodewald, Rafe 11	
7 Clarinda	B	x4:28.67
1) In, Ayden 10	2) Iversen, Crayton 10	
3) Iversen, Deacon 11	4) Gross, Christian 09	
8 Lewis Central JV	A	4:44.64 2
1) Applegate, Brody 09	2) Lobaugh, Carter 09	
3) Ayres, Ethan 09	4) Christensen, Kaiden 10	

Boys 4x110 Meter Shuttle Hurdle

Team	Relay	Finals
1 Cb, T Jefferson	A	1:06.26 10
1) Bose, Ethan 12	2) Atupra, Victor 11	
3) Markuson, Mark 12	4) Bowen, Brandon 11	
2 Clarinda	A	1:07.02 8
1) DeGroot, Xavier 12	2) Schmitt, Wyatt 12	
3) Roop, Kaiden 09	4) Wise, Levi 12	
3 Stanton	A	1:07.63 6
1) Ford, Gavin 10	2) Grebin, Nolan 11	
3) Martin, Jacob 10	4) Martin, Joshua 12	
4 Lewis Central	A	1:08.94 5
1) Kammrad, Braylon 12	2) Bergman, Aidan 11	
3) Dahlheim, Braeden 10	4) Davis, Jaylen 09	
5 Southwest Valley	A	1:11.12 4
1) Fast, Evan 09	2) Brown, Ian 11	
3) Pearson, Evan 11	4) Mendenhall, Wyatt 09	
6 Shenandoah	A	1:11.24 3
1) Labrum, Ben 12	2) Scamman, Cole 10	
3) Moutray, Matthew 09	4) Sample, Gage 11	
7 Cb, T Jefferson	B	x1:22.17
1) Williamson, Bailyan 09	2) Jensen, Aiden 10	
3) Kerkman, Zane 10	4) Thompson, Seth 10	

Boys High Jump

Name	Yr	School	Finals
1 Jones, Isaac	12	Clarinda	J6-07.00 10
2 Wetzel, Gavin	09	Southwest Va	J5-08.00 8
3 Smith, Cooper	09	Cb, A Lincol	J5-04.00 5
3 Harris, Noah	09	Clarinda	J5-04.00 5
3 Bergren, Bryton	11	Red Oak	J5-04.00 5
6 Sholes, Isaiah	09	Essex	J5-04.00 3
7 Thompson, Treyvein	09	Shenandoah	J5-04.00 2
--- Sandbothe, Aidan	10	Cb, A Lincol	DQ
--- Johnson, Ayden	09	Shenandoah	DQ
--- Graham, Cole	09	Shenandoah	DQ
--- Vanatta, Qwintyn	11	Essex	DQ
--- Applegate, Brody	09	Lewis Centra	DQ
--- Tupa, Aden	09	Lewis Centra	DQ
--- Mensen, Cyrus	11	Red Oak	DQ
--- Lusajo, Isaiah	10	Cb, A Lincol	DQ

Clarinda HS Boys Cardinal Relays

4/6/2023

Results

Finals ... (Boys High Jump)

Name	Yr	School	Finals
--- Knapp, Marshall	12	Southwest Va	DQ

Boys Long Jump

Name	Yr	School	Finals
Finals			
1 Jones, Isaac	12	Clarinda	22-08.25 10
2 Brown, Tady	12	Clarinda	20-11.00 8
3 Dukes, Hunter	11	Shenandoah	19-11.50 6
4 Roop, Kaiden	09	Clarinda	x18-09.25
5 Bergman, Aidan	11	Lewis Centra	18-03.25 5
6 Davis, Jaylen	09	Lewis Centra	17-10.50 4
7 Hall, Cale	09	Red Oak	17-09.75 3
8 Hetzel, Brady	10	Lewis Centra	17-08.25 2
9 Bruce, Aiden	12	Red Oak	17-05.50 1
10 French, Logan	11	Stanton	17-01.25
11 Hogan, Cael	09	Southwest Va	16-05.50
12 Lippert, Max	12	Cb, A Lincol	16-03.25
13 Sholes, Wade	10	Essex	15-10.50
14 Reynolds, Dylan	09	Stanton	15-10.25
15 Kline, Ashon	09	Essex	15-09.00
16 Lang, Evan	09	Cb, A Lincol	15-07.75
17 Fast, Evan	09	Southwest Va	15-06.25
18 Dorr, Rylan	09	Cb, A Lincol	x15-02.25
19 Foster, Treyten	09	Shenandoah	15-01.25
20 Swank, Hunter	10	Shenandoah	x15-00.50
--- McDonald, James	10	Stanton	DQ

Boys Shot Put

Name	Yr	School	Finals
Finals			
1 Matiyow, Parker	12	Lewis Centra	47-09.50 10
2 Laughlin, Tyler	12	Shenandoah	46-02.00 8
3 Contreas, Alex	12	Cb, T Jeffer	44-01.50 6
4 Perez, Aidan	11	Cb, A Lincol	43-07.50 5
5 Mullen, Theron	10	Southwest Va	42-09.50 4
6 Schubert, Ashton	11	Cb, T Jeffer	39-04.00 3
7 Long, Kemper	12	Shenandoah	39-03.50 2
8 Beyenhof, Nate	10	Lewis Centra	38-11.50 1
9 Butt, Jordan	09	Clarinda	38-11.00
10 Paulson, Nash	11	Lewis Centra	x37-11.25
11 Hunter, Corban	10	Clarinda	37-06.00
12 Smith, Steven	12	Cb, A Lincol	37-06.00
13 Roberts, Quinton	12	Clarinda	x35-09.25
14 Jacobs, Colin	12	Southwest Va	35-07.00
15 Conn, Logan	12	Red Oak	35-03.50
16 Denman, Garrett	10	Cb, T Jeffer	x35-03.00
17 Vukonich, Elisha	10	Red Oak	34-10.00
18 Grebin, Rylan	09	Stanton	34-00.00
19 Riemenschneider, Gavin	10	Lewis Centra	33-08.75
20 Travers, Jacob	12	Cb, A Lincol	x33-07.50
21 Holmes, Brody	11	Stanton	33-01.50
22 Seaman, Cash	10	Essex	32-10.00
23 Reyes, Johann	10	Lewis Centra	32-06.00
24 Inman, Lucas	09	Southwest Va	x32-04.00

25 Nokes, Owen	09	Shenandoah	x32-03.00
26 Staley, Johnathan	12	Essex	30-10.00
27 Paulson, Ty	09	Lewis Centra	x30-09.00
28 Patterson, Jacob	09	Red Oak	x27-11.00
29 Sowers, Brodee	09	Stanton	x23-11.00
30 Aradanas, Damien	09	Essex	x23-09.75

Boys Discus Throw

Name	Yr	School	Finals
Finals			
1 Laughlin, Tyler	12	Shenandoah	153-03 10
2 Matiyow, Parker	12	Lewis Centra	140-08 8
3 Perez, Aidan	11	Cb, A Lincol	136-02 6
4 Paulson, Nash	11	Lewis Centra	134-06 5
5 Tuzzio, Creighton	11	Clarinda	124-00 4
6 Long, Kemper	12	Shenandoah	117-00 3
7 Jacobs, Colin	12	Southwest Va	116-08.50 2
8 Mullen, Theron	10	Southwest Va	116-01 1
9 Travers, Jake	12	Cb, A Lincol	113-11
10 Paulson, Ty	09	Lewis Centra	109-05.50
11 Staley, Johnathan	12	Essex	108-06
12 Denman, Garrett	10	Cb, T Jeffer	108-05.50
13 Ransom, Caleb	09	Red Oak	108-04
14 Butt, Jordan	09	Clarinda	107-02
15 Schubert, Ashton	11	Cb, T Jeffer	106-04.50
16 Inman, Lucas	09	Southwest Va	x104-06.50
17 Neville, Asa	12	Cb, T Jeffer	x103-04
18 Hunter, Corban	10	Clarinda	x99-08
19 Conn, Logan	12	Red Oak	95-10.50
20 Riemenschneider, Gavin	10	Lewis Centra	92-10.50
21 Smith, Steven	12	Cb, A Lincol	x88-00.50
22 Gibbs, Brody	10	Stanton	86-02.50
23 Sample, Beau	09	Shenandoah	x84-04.50
24 Seaman, Cash	10	Essex	83-09
25 Vukonich, Elisha	10	Red Oak	x82-11.50
26 Sowers, Brodee	09	Stanton	80-00
27 Reyes, Johann	10	Lewis Centra	x75-00.50
28 Holmes, Brody	11	Stanton	x72-02
29 Aradanas, Damien	09	Essex	x60-09.50
--- Beyenhof, Nate	10	Lewis Centra	DQ

Men - Team Rankings - 19 Events Scored

1) Clarinda	176
2) Lewis Central	160
3) Shenandoah	100
4) CB, T Jefferson	82
5) Red Oak	77
6) CB, A Lincoln	47
7) Stanton	34
8) Southwest Valley	31
9) Lewis Central JV	25
10) Essex	3