

2023 Cavanaugh Relays - 4/6/2023

Woodward
Results

Girls 100 Meter Dash

Name	Yr	School	Finals
Finals			
1 Nelson, Annika	11	Nodaway Vall	13.59 10
2 Lane, Camryn	09	Southeast Va	13.68 8
3 Tenborg, Colbie	09	Saydel	13.69 6
4 Jahangir, Asia	11	DC-Grimes	13.75 4
5 Bartelson, Aubri	09	Woodward-Gra	13.77 2
6 Menough, Ashlyn	10	DC-Grimes	14.03 1
7 Weston, Maddie	10	Nodaway Vall	14.18 NWI
8 Hindt, Addi	11	Southeast Va	14.26 NWI
9 Fish, Etta	10	DSM Christia	14.36 NWI
10 Rivera, Denise	10	Perry	14.39 NWI
11 Aguilar, Maria	10	Perry	14.49 NWI
12 Larranaga, Iratxe	12	DSM Christia	14.60 NWI
13 Albrecht, Maia	12	Saydel	14.80 NWI
14 Gregory, Kylee	11	Southeast Va	x14.82 NWI
15 Demmerly, Keara	09	Woodward-Gra	14.83 NWI
16 Will, Aryanna	10	Southeast Va	x15.05 NWI
17 Carstens, Bailey	10	Nodaway Vall	x15.08 NWI
18 Basler, Addison	09	DC-Grimes	x15.35 NWI
19 Meis, Mylah	10	Perry	x15.38 NWI
20 Mosier, Olivia	09	DC-Grimes	x15.50 NWI
21 Smith, Mackenzie	09	Woodward-Gra	x15.84 NWI
22 Donovan, Hallie	11	DSM Christia	x15.97 NWI
23 Ryan, Nevaeh	09	Saydel	x16.16 NWI
23 Steva, Callie	11	Perry	x16.16 NWI
25 Mars, Macy	10	DSM Christia	x16.73 NWI
26 Zoubek, Haisley	09	Nodaway Vall	x16.77 NWI
27 Rodgers, Lauren	10	Woodward-Gra	x16.92 NWI
27 Bartmess, Destiny	10	Saydel	x16.92 NWI

Girls 200 Meter Dash

Name	Yr	School	Finals
Finals			
1 Lundy, Emma	11	Nodaway Vall	27.39 10
2 Osborn, Abby	12	DC-Grimes	28.01 8
3 Tenborg, Colbie	09	Saydel	28.17 6
4 Engles, Abby	12	Nodaway Vall	28.35 4
5 Wanat, Chloe	09	DC-Grimes	28.91 2
6 Miesen, Maddie	10	DSM Christia	29.76 1
7 Mills, Breck	11	Southeast Va	30.23 NWI
8 Rivera, Denise	10	Perry	30.37 NWI
8 Creger, Chloe	09	Woodward-Gra	30.37 NWI
10 Boylan-Salyers, Ella	10	Saydel	30.88 NWI
11 Eslick, Lauren	10	Southeast Va	30.90 NWI
12 Ramirez, Litzy	10	Perry	30.93 NWI
13 Osmundson, Zoey	09	Woodward-Gra	30.96 NWI
14 Christman, Taylor	11	DSM Christia	31.19 NWI

Girls 400 Meter Dash

Name	Yr	School	Finals
Finals			
1 McDermott, Meredith	12	DC-Grimes	1:03.80 10
2 Nehring, Taryn	10	Perry	1:04.73 8

3 Bahnsen, Anna	10	DC-Grimes	1:05.82 6
4 Miesen, Maddie	10	DSM Christia	1:08.56 4
5 Fleshner, Eva	09	Woodward-Gra	1:10.30 2
6 Larson, Joanna	10	Nodaway Vall	1:10.68 1
7 Brunner, Ava	11	Southeast Va	1:11.72
8 Meis, Mylah	10	Perry	1:12.15
9 Eslick, Lauren	10	Southeast Va	1:15.02
10 Hanson, Arabelle	09	Woodward-Gra	1:16.53
11 Roetman, Sophia	09	DSM Christia	1:16.88
12 Carstens, Bailey	10	Nodaway Vall	1:18.68

Girls 800 Meter Run

Name	Yr	School	Finals
Finals			
1 McDermott, Emerson	09	DC-Grimes	2:30.04 10
2 Meggison, Tess	11	DC-Grimes	2:30.70 8
3 Shimp, Madison	12	DSM Christia	2:40.47 6
4 Ten Pas, Abby	11	DSM Christia	2:41.29 4
5 Nelson, Kylie	09	Nodaway Vall	2:53.76 2
6 Pecina, Ryley	12	Saydel	2:55.05 1
7 Christensen, Jazz	10	Nodaway Vall	2:56.95
8 Leuenberger, Danika	11	Woodward-Gra	2:59.29
9 Wilson, Devyn	09	Southeast Va	3:04.90
10 Parks, Chloe	11	Southeast Va	3:05.06
11 Turner, Tian	12	Woodward-Gra	3:12.50

Girls 1500 Meter Run

Name	Yr	School	Finals
Finals			
1 Stevens, Maddy	10	DC-Grimes	5:01.68 10
2 Dooley, Addison	09	DC-Grimes	5:21.52 8
3 Casady, Meryl	09	DSM Christia	5:21.57 6
4 Fleshner, Eva	09	Woodward-Gra	5:25.11 4
5 Meyers, Emily	10	DC-Grimes	x5:33.15
6 Busby, Kate	10	DC-Grimes	x5:53.83
7 Erzen, Charlotte	09	DSM Christia	6:00.73 2
8 Christensen, Jazz	10	Nodaway Vall	6:01.14 1
9 Pecina, Ryley	12	Saydel	6:03.65
10 Steensen, Kiersten	10	DSM Christia	x6:08.19
11 Johnson, Ellie	10	DSM Christia	x6:08.22
12 Field, Katie	09	Southeast Va	6:38.10
13 Peterson, Brooke	09	Southeast Va	6:39.22
--- Wright, Talia	09	Woodward-Gra	DNF

Girls 3000 Meter Run

Name	Yr	School	Finals
Finals			
1 Fleshner, Eva	09	Woodward-Gra	11:00.29 10
2 Angus, Abbey	11	DC-Grimes	12:01.34 8
3 Newcomb, Dakota	12	DC-Grimes	12:31.28 6
4 Heaberlin, Kylie	09	DC-Grimes	x12:42.43
5 Christensen, Jazz	10	Nodaway Vall	12:50.61 4
6 Vitiritto, Cara	12	Saydel	13:04.61 2
7 Johnson, Ellie	10	DSM Christia	13:35.75 1
8 Steensen, Kiersten	10	DSM Christia	13:35.78
9 Tucker, Abbi	10	Southeast Va	14:19.62

2023 Cavanaugh Relays - 4/6/2023

Woodward
Results

Girls 100 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Hindt, Addi	11	Southeast Va	17.38 10
2 Hardersen, Hadley	10	DSM Christia	17.97 8
3 Hutchinson, Haylea	10	Southeast Va	18.17 6
4 Schmitz, Ellie	12	DC-Grimes	18.56 4
5 Klocke, Charissa	09	Woodward-Gra	18.81 2
6 Britten, Caroline	09	Nodaway Vall	19.77 1
7 Laughery, Liv	10	Nodaway Vall	19.98 NWI
8 Wieskamp, Sara	12	DSM Christia	20.03 NWI
9 McDivitt, Bella	12	Woodward-Gra	20.09 NWI
10 Christensen, Mya	09	DC-Grimes	20.15 NWI

Girls 400 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Weispfenning, Luella	09	Saydel	1:18.92 10
2 Brunner, Ava	11	Southeast Va	1:21.07 8
3 Achenbach, Jaidyn	09	Woodward-Gra	1:21.58 6
4 Farley, Madelyn	09	Southeast Va	1:21.96 4
5 Lambert, Marli	09	DSM Christia	1:21.97 2
6 Phillips, Anna	09	DSM Christia	1:26.01 1
7 Halferty, Nikki	11	Woodward-Gra	1:45.60

Girls 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Nodaway Vall		52.80 10
2 DC-Grimes		52.82 8
3 Southeast Valley		56.00 6
4 Woodward-Grangr		56.39 4
5 DSM Christian		57.11 2
6 Saydel		57.73 1
7 Woodward-Grangr	B	x58.64
8 DC-Grimes	B	x59.05
9 Perry		59.42
10 Southeast Valley	B	x59.59
11 Nodaway Vall	B	x1:03.04
--- Perry	B	XNT
--- Saydel	B	XNT
--- DSM Christian	B	XNT

Girls 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 Nodaway Vall		1:51.61 10
2 DSM Christian		1:56.80 8
3 Southeast Valley		1:57.41 6
4 DC-Grimes		1:58.10 4
5 Woodward-Grangr		2:04.46 2
6 Perry		2:04.89 1
7 Saydel		2:18.80

Girls 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 DC-Grimes		4:24.00 10
2 Southeast Valley		4:29.87 8
3 DSM Christian		4:39.26 6
4 Woodward-Grangr		4:42.61 4
5 Nodaway Vall		4:44.64 2
6 Perry		5:01.85 1

Girls 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 DC-Grimes		10:47.52 10
2 DSM Christian		10:50.51 8
3 Nodaway Vall		12:00.00 6
4 Woodward-Grangr		12:01.69 4
5 Southeast Valley		12:43.46 2

Girls 800 Sprint Medley

Team	Relay	Finals
Finals		
1 DC-Grimes		1:57.87 10
2 Nodaway Vall		1:59.62 8
3 Southeast Valley		2:03.70 6
4 Woodward-Grangr		2:04.79 4
5 DSM Christian		2:06.44 2
6 Perry		2:07.50 1
7 Woodward-Grangr	B	x2:16.76
8 Woodward-Grangr	C	x2:39.41

Girls Distance Medley

Team	Relay	Finals
Finals		
1 DC-Grimes		4:45.27 10
2 DSM Christian		4:54.62 8
3 Woodward-Grangr		5:14.42 6
4 Woodward-Grangr	B	x5:17.23
5 Southeast Valley		5:17.57 4
6 Nodaway Vall		5:18.23 2
7 Perry		5:42.21 1

Girls 4x100 Meter Shuttle Hurdle

Team	Relay	Finals
Finals		
1 DC-Grimes		1:17.00 10
2 Woodward-Grangr		1:17.44 8
3 Southeast Valley		1:18.06 6
4 Saydel		1:20.68 4
5 DSM Christian		1:21.01 2
6 Perry		1:21.20 1

Girls High Jump

Name	Yr	School	Finals
Finals			
1 Bartelson, Aubri	09	Woodward-Gra	4-10.00 10

2023 Cavanaugh Relays - 4/6/2023

Woodward
Results

Finals ... (Girls High Jump)

Name	Yr	School	Finals
2 McCord, Alaysia	11	Woodward-Gra	4-10.00 8
3 Hardersen, Hadley	10	DSM Christia	4-08.00 6
4 Mills, Breck	11	Southeast Va	4-08.00 4
5 Bauman, Sophia	10	DC-Grimes	4-06.00 2
6 Weispenning, Luella	09	Saydel	4-02.00 1
--- Carstens, Bailey	10	Nodaway Vall	NH
--- Sesker, Kaia	09	DC-Grimes	NH
--- Elmore, Baileigh	10	Southeast Va	NH

Girls Long Jump

Name	Yr	School	Finals
1 Bauman, Sophia	10	DC-Grimes	14-11.00 10
2 Harvey, Paige	09	DC-Grimes	14-07.00 8
3 Tenborg, Colbie	09	Saydel	14-05.00 6
4 Walles, Grace	09	DSM Christia	13-08.00 4
5 Achenbach, Jaidyn	09	Woodward-Gra	13-05.00 2
6 Brunner, Ava	11	Southeast Va	13-03.00 1
7 McFarland, Jacey	09	DC-Grimes	x13-02.00 NWI
8 Grove, Gabby	10	DSM Christia	11-11.00 NWI
8 Hudson, Alexis	09	Saydel	11-11.00 NWI
10 Ford, Kacie	09	Nodaway Vall	11-10.50 NWI
11 Riggins, Alayna	11	DSM Christia	x11-00.00 NWI
12 Ryan, Nevaeh	09	Saydel	x10-10.00 NWI

Girls Shot Put

Name	Yr	School	Finals
1 Lachacz, Kileigh	12	DC-Grimes	39-11.00 10
2 Kitchen, Alex	11	Southeast Va	37-05.50 8
3 Holliday, Jorja	11	Nodaway Vall	35-04.00 6
4 Valenta, Zoey	12	DC-Grimes	32-06.00 4
5 Gregory, Kiki	10	Woodward-Gra	31-06.25 2
6 Stanek, Maddy	12	Southeast Va	30-00.00 1
6 Praska, Brantley	11	DC-Grimes	x30-00.00
8 Short, Emily	11	DC-Grimes	x29-06.25
9 Steva, Callie	11	Perry	27-05.25
10 Rodgers, Lauren	10	Woodward-Gra	26-01.50
11 Lowe, Maci	12	Saydel	23-09.50
12 Hollingsworth, Madelynn	11	Perry	22-10.75
13 Barkley, Sydney	11	Perry	x22-02.00
14 Bickel, Alyssa	09	DSM Christia	19-01.50
15 Nemanny, Mindy	09	DSM Christia	19-00.75
16 Lindahl, Payton	09	Saydel	18-07.00
17 Hollingsworth, Haley	09	Woodward-Gra	x18-01.00

Girls Discus Throw

Name	Yr	School	Finals
1 Lachacz, Kileigh	12	DC-Grimes	130-03.50 10
2 Holliday, Jorja	11	Nodaway Vall	116-03.50 8
3 Valenta, Zoey	12	DC-Grimes	104-02 6
4 Rodgers, Lauren	10	Woodward-Gra	97-01 4
5 Short, Emily	11	DC-Grimes	x95-01.75

6 Stanek, Maddy	12	Southeast Va	94-09.50 2
7 Praska, Brantley	11	DC-Grimes	x74-02.50
8 Steva, Callie	11	Perry	68-02.75 1
9 Gregory, Kiki	10	Woodward-Gra	63-07.50
10 Woodard, Rylee	09	Woodward-Gra	x62-04
11 Barkley, Sydney	11	Perry	59-09.75
12 Lindahl, Payton	09	Saydel	50-07
13 Hollingsworth, Madelynn	11	Perry	x49-05
14 Lowe, Maci	12	Saydel	45-03.25
15 Bickel, Alyssa	09	DSM Christia	33-03

Boys 100 Meter Dash

Name	Yr	School	Finals
1 King, Isaac	12	DSM Christia	11.66 10
2 Saenz, Renzo	10	Perry	12.03 8
3 Steadman, Dreyvon	10	Southeast Va	12.15 6
4 Showers, Kayden	09	Southeast Va	12.17 4
5 Berglund, Carl	12	Southeast Va	x12.20 NWI
6 Platte, Tate	11	DSM Christia	12.27 2
7 Potter, Oliver	11	Woodward-Gra	12.38 1
8 Bickel, Ethan	10	DSM Christia	x12.49 NWI
9 Bridges, Jimmie	10	Saydel	12.67 NWI
10 Friend, Kyle	09	DSM Christia	x12.78 NWI
11 Hanson, Brady	10	Southeast Va	x12.83 NWI
12 Pommrehn, Ethan	09	Woodward-Gra	12.85 NWI
13 Moats, Ethan	12	Woodward-Gra	x12.92 NWI
13 Shears, Frankie	10	Woodward Aca	12.92 NWI
15 Soe, Ryres	09	Woodward Aca	12.99 NWI
16 Bell, Abraham	10	Woodward-Gra	x13.32 NWI
17 Godwin, Grady	10	Saydel	13.33 NWI
18 Wilson, Mason	12	Nodaway Vall	13.48 NWI
19 Phillippi, Avery	12	Nodaway Vall	13.54 NWI
20 Thompson, Gage	12	Saydel	x13.91 NWI
20 Harris, Eli	10	Nodaway Vall	x13.91 NWI
22 Swafford, Parker	10	Saydel	x13.98 NWI
23 Cornelio Vazquez, Oswald	10	Perry	14.21 NWI
24 Avila, Andres	11	Perry	x15.17 NWI
25 LaBarge, Landon	09	Nodaway Vall	x17.67 NWI

Boys 200 Meter Dash

Name	Yr	School	Finals
1 Jingst, Hunter	12	DSM Christia	23.59 10
2 Johnson, Eli	12	Southeast Va	24.45 8
3 Platte, Tate	11	DSM Christia	24.72 6
4 Berglund, Carl	12	Southeast Va	25.32 4
5 Rees, Nick	11	Woodward-Gra	26.08 2
6 Soe, Ryres	09	Woodward Aca	26.36 1
7 Petersen, CJ	10	Woodward-Gra	26.45 NWI
8 Stokes, Kevion	10	Woodward Aca	27.69 NWI
9 Honnold, Ashton	09	Nodaway Vall	27.91 NWI
10 Cooper, Alex	11	Perry	28.67 NWI
11 Bartmess, Damian	12	Saydel	29.54 NWI
12 Geffre, Sage	09	Perry	30.64 NWI
13 LaBarge, Landon	09	Nodaway Vall	35.42 NWI

2023 Cavanaugh Relays - 4/6/2023

Woodward
Results

Boys 400 Meter Dash

Name	Yr	School	Finals	
Finals				
1 Johnson, Eli	12	Southeast Va	54.63	10
2 Drake, Chandler	10	Woodward-Gra	56.01	8
3 Gibbons, Anthony	10	Woodward Aca	56.42	6
4 Antrim, Graham	10	DSM Christia	56.45	4
5 Gray, Jaxson	10	DSM Christia	59.12	2
6 Snyder, Jacob	12	Southeast Va	1:01.60	1
7 Meis, Gannon	12	Perry	1:01.91	
8 Broers, Malachi	11	Nodaway Vall	1:02.85	
9 Stokes, Kevion	10	Woodward Aca	1:03.01	
10 Harris, Eli	10	Nodaway Vall	1:03.17	
11 Brouner, Conner	12	Saydel	1:03.58	
12 Bartmess, Damian	12	Saydel	1:08.56	
13 Villalobos, Oscar	10	Perry	1:10.06	

Boys 800 Meter Run

Name	Yr	School	Finals	
Finals				
1 Fynaardt, Aaron	12	DSM Christia	2:07.00	10
2 McPartland, Jack	11	DSM Christia	2:08.00	8
3 Gibbons, Anthony	10	Woodward Aca	2:09.00	6
4 Nuss, Cooper	12	Southeast Va	2:10.00	4
5 Limoges, Dillon	11	Woodward-Gra	2:11.00	2
6 Devault, Boston	12	Nodaway Vall	2:12.00	1
7 Hanson, Oscar	11	Southeast Va	2:13.00	
8 Drake, Chandler	10	Woodward-Gra	2:14.00	
9 Sturdy, Will	12	Nodaway Vall	2:16.00	
10 Rodriguez, Angel	09	Perry	2:17.00	
11 Comejo, Benjamin	10	Perry	2:18.00	

Boys 1600 Meter Run

Name	Yr	School	Finals	
Finals				
1 Ten Pas, Caleb	09	DSM Christia	4:20.93	10
2 Houg, Collin	11	DSM Christia	4:26.10	8
3 Berg, Doug	12	Nodaway Vall	4:47.80	6
4 Sisler, Jaden	10	DSM Christia	x5:00.89	
5 Hagenberg, Josh	10	DSM Christia	x5:11.64	
6 Andemichael, Yonas	10	Perry	5:11.96	4
7 Wright, Carsten	12	Woodward-Gra	5:35.86	2
8 Broers, Malachi	11	Nodaway Vall	5:37.27	1
9 Younts, Alex	09	Woodward-Gra	5:43.49	
10 Tellez, Daniel	09	Woodward Aca	5:46.19	
11 Akins, Lincoln	09	Southeast Va	5:50.78	
12 Dorsey, Drew	09	Southeast Va	5:59.13	
13 Ruiz-Aragon, Carlos	10	Perry	6:03.79	
14 Riehl, Oliver	09	Southeast Va	x6:06.78	
15 Kaltschnee, Caden	10	Southeast Va	x6:12.82	
16 Taylor, Elijah	10	Woodward-Gra	x6:46.25	
17 LaBarge, Landon	09	Nodaway Vall	x7:16.18	

Boys 3200 Meter Run

Name	Yr	School	Finals	
Finals				
1 Fynaardt, Aaron	12	DSM Christia	10:17.84	10
2 Nuss, Cooper	12	Southeast Va	10:26.68	8
3 Hagenberg, Josh	10	DSM Christia	10:42.16	6
4 Hanson, Oscar	11	Southeast Va	10:56.66	4
5 Hagenberg, Luke	10	DSM Christia	x11:31.93	
6 Stewart, Thad	09	Perry	11:44.46	2
7 Elston, Riley	09	Woodward Aca	11:45.00	1
8 Lock, Nahum	10	Saydel	11:52.27	
9 Wright, Carsten	12	Woodward-Gra	12:05.85	
10 Broers, Malachi	11	Nodaway Vall	12:15.14	
11 Fopma, Evan	10	DSM Christia	x12:15.74	
12 Younts, Alex	09	Woodward-Gra	12:22.82	
13 Gomez Acero, Daniel	12	Woodward Aca	12:36.95	
14 Hernandez, Kyle	12	Perry	14:33.78	

Boys 110 Meter Hurdles

Name	Yr	School	Finals	
Finals				
1 Simons, Brayden	12	Woodward-Gra	17.12	10
2 Lause, Tate	09	Saydel	17.34	8
3 Lund, Blake	12	Nodaway Vall	17.60	6
4 Tuel, Blake	11	Woodward-Gra	18.19	4
5 Kistenmacher, Jake	10	DSM Christia	18.60	2
6 Town, Max	09	DSM Christia	19.67	1
7 Steeve, Keyin	09	Nodaway Vall	19.82	NWI
8 Ihrig, Isaiah	11	Southeast Va	19.91	NWI
9 Thompson, Ben	11	Southeast Va	21.61	NWI

Boys 400 Meter Hurdles

Name	Yr	School	Finals	
Finals				
1 Hanson, Jace	11	Southeast Va	58.97	10
2 Myers, Owen	10	Perry	1:00.32	8
3 Lund, Blake	12	Nodaway Vall	1:01.68	6
4 Kistenmacher, Jake	10	DSM Christia	1:02.07	4
5 Dalton, Max	10	Woodward-Gra	1:03.45	2
6 Johnson, Curren	12	DSM Christia	1:05.43	1
7 Tuel, Blake	11	Woodward-Gra	1:05.85	
8 Johnson, Colin	09	Southeast Va	1:07.18	
9 Stewart, Thad	09	Perry	1:08.98	
10 Ford, Joseph	10	Woodward Aca	1:11.08	

Boys 4x100 Meter Relay

Team	Relay	Finals	
Finals			
1 Southeast Valley		46.25	10
2 DSM Christian		46.93	8
3 Woodward-Grangr		47.31	6
4 Saydel		48.15	4
5 Southeast Valley	B	x48.26	
6 Woodward-Grangr	B	x49.21	
7 Woodward Acad		49.28	2

2023 Cavanaugh Relays - 4/6/2023

Woodward
Results

Finals ... (Boys 4x100 Meter Relay)

Team	Relay	Finals
8 Perry		50.51 1
9 DSM Christian	B	x50.55
10 Nodaway Vall		52.00
11 Saydel	B	x52.82
12 Perry	B	x56.59

Boys 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 Woodward-Grangr		1:38.82 10
2 Southeast Valley		1:39.50 8
3 DSM Christian		1:40.18 6
4 Nodaway Vall		1:49.58 4
5 Perry		1:50.06 2
6 Woodward Acad		1:50.33 1

Boys 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 DSM Christian		3:44.66 10
2 Woodward-Grangr		3:48.12 8
3 Perry		4:04.29 6
4 Southeast Valley		4:05.83 4
5 Woodward Acad		4:11.01 2

Boys 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 DSM Christian		8:57.94 10
2 Woodward-Grangr		9:07.90 8
3 DSM Christian	B	x9:30.86
4 Woodward Acad		10:08.02 6
5 Southeast Valley		10:43.67 4
6 Southeast Valley	B	x11:02.65
7 Perry		11:19.24 2

Boys 800 Sprint Medley

Team	Relay	Finals
Finals		
1 DSM Christian		1:40.26 10
2 Perry		1:40.94 8
3 Woodward-Grangr		1:44.99 6
4 Woodward Acad		1:48.75 4
5 Nodaway Vall		1:56.29 2
6 Southeast Valley		1:58.16 1
7 Woodward-Grangr	B	x2:01.19

Boys Distance Medley

Team	Relay	Finals
Finals		
1 DSM Christian		3:44.12 10
2 Nodaway Vall		4:01.38 8
3 Woodward-Grangr		4:04.94 6
4 Perry		4:10.78 4
5 Woodward-Grangr	B	x4:18.91

6 Southeast Valley	4:44.44 2
--------------------	-----------

Boys 4x110 Meter Shuttle Hurdle

Team	Relay	Finals
Finals		
1 Woodward-Grangr		1:08.08 10
2 Saydel		1:11.10 8
3 DSM Christian		1:16.33 6
4 Southeast Valley		1:19.60 4

Boys High Jump

Name	Yr	School	Finals
Finals			
1 Antrim, Graham	10	DSM Christia	5-08.00 10
2 Miller, Andrew	11	Southeast Va	5-06.00 8
3 Jones, Ethan	11	Woodward-Gra	5-06.00 5
3 Stanley, Deland	10	Woodward Aca	5-06.00 5
5 Fuson, Talan	09	Woodward-Gra	x5-04.00
5 Thielen, Cooper	11	Woodward-Gra	5-04.00 2
6 Lause, Tate	09	Saydel	4-10.00 1
--- Johnson, Colin	09	Southeast Va	NH
--- Steil, Tristyn	11	Perry	NH

Boys Long Jump

Name	Yr	School	Finals
Finals			
1 Johnson, Eli	12	Southeast Va	19-05.00 10
2 Anliker, Bryce	12	Perry	19-03.00 8
3 Hanson, Jace	11	Southeast Va	17-11.00 6
4 Leighton, Cael	09	Woodward-Gra	16-11.00 4
5 Schwartz, Bentley	10	Saydel	16-08.00 2
6 Brooner, Conner	12	Saydel	16-07.50 1
7 Bickel, Ethan	10	DSM Christia	16-02.50 NWI
8 Hoover, Ben	10	Nodaway Vall	16-00.50 NWI
9 Kercheval, Gavin	11	Perry	15-10.00 NWI
10 Steele, Riley	10	Woodward Aca	15-02.00 NWI
11 Younts, Alex	09	Woodward-Gra	15-00.00 NWI
12 Genkinger, Sawyer	11	Woodward-Gra	x14-05.00 NWI
--- Stanley, Deland	10	Woodward Aca	ND NWI

Boys Shot Put

Name	Yr	School	Finals
Finals			
1 Ackerson, Ethan	12	Southeast Va	49-04.00 10
2 Loseke, Justin	12	Southeast Va	46-06.00 8
3 Warner, Trenton	10	Nodaway Vall	45-09.00 6
4 Stoecker, Sam	12	DSM Christia	41-00.25 4
5 Elam, Owen	12	DSM Christia	40-05.75 2
6 Hegstrom, Gavin	12	Perry	39-01.00 1
7 Faber, Nathan	10	DSM Christia	x39-00.00
8 Jepsen, Aden	10	Southeast Va	x38-03.50
9 Soppe, Logan	11	DSM Christia	x37-02.50
10 Swafford, Parker	10	Saydel	37-00.75
11 Zeka, Evan	12	Southeast Va	x35-08.75
12 Pommrehn, Ethan	09	Woodward-Gra	35-02.00
13 Gonzalez, Matthew	12	Saydel	35-01.75

2023 Cavanaugh Relays - 4/6/2023

Woodward
Results

Finals ... (Boys Shot Put)

	Name	Yr	School	Finals
14	Stewart, Dei' London	10	Woodward Aca	35-00.25
15	Leftwich, Kaiden	11	Woodward Aca	34-04.75
16	Polich, Bryce	10	Woodward-Gra	34-01.00
17	Leacraft, Rashawn	10	Woodward Aca	x33-00.50
18	Tiernan, Brock	11	Woodward-Gra	x32-01.50
19	Schuttler, Andy	09	Perry	31-06.25
20	Godwin, Grady	10	Saydel	x30-08.75
21	Bridges, Jordan	09	Saydel	x27-11.75
22	Shelley, Zach	10	Perry	x25-04.25
23	Hollins, Aumod	09	Perry	x25-01.00
24	Rudolf, Matthew	09	Nodaway Vall	24-00.75

3)	Woodward-Grangr	96
4)	Perry	54
5)	Nodaway Vall	45
6)	Woodward Acad	34
7)	Saydel	24

Boys Discus Throw

	Name	Yr	School	Finals
--	------	----	--------	--------

Finals

1	Loseke, Justin	12	Southeast Va	165-03.50	10
2	Stoecker, Sam	12	DSM Christia	146-01	8
3	Ackerson, Ethan	12	Southeast Va	141-05.25	6
4	Warner, Trenton	10	Nodaway Vall	133-05	4
5	Elam, Owen	12	DSM Christia	132-08	2
6	Honnold, Ashton	09	Nodaway Vall	115-01	1
7	Peed, Ethan	11	Southeast Va	x109-03.50	
8	Jepsen, Aden	10	Southeast Va	x101-04	
9	Geiger, Zach	10	DSM Christia	x98-09	
10	Hegstrom, Gavin	12	Perry	97-03.25	
11	Varnum, Taven	11	Woodward Aca	94-00	
12	Heying, Rowan	09	DSM Christia	x93-03	
13	Mahler-Moreno, Kane	09	Woodward-Gra	90-06	
14	Polich, Bryce	10	Woodward-Gra	82-09.25	
15	Schuttler, Andy	09	Perry	76-02	
16	Pommrehn, Ethan	09	Woodward-Gra	x73-07	
17	Rudolf, Matthew	09	Nodaway Vall	x68-03.25	
18	Akers, Phillip	10	Woodward Aca	67-09.75	
19	Godwin, Grady	10	Saydel	67-03.50	
20	Osborne, Devin	09	Woodward Aca	x57-05.25	
21	Shelley, Zach	10	Perry	x55-02.50	
22	Peters, Justin	09	Woodward-Gra	x55-01.50	
23	Hollins, Aumod	09	Perry	x53-07.50	

Women - Team Rankings - 19 Events Scored

1)	DC-Grimes	197
2)	Southeast Valley	90
3)	Nodaway Vall	85
4)	Woodward-Grangr	84
5)	DSM Christian	81
6)	Saydel	37
7)	Perry	14

Men - Team Rankings - 19 Events Scored

1)	DSM Christian	180
2)	Southeast Valley	150