

Monarch Relays 2023 - 3/30/2023
Denison High School
Results

Girls 100 Meter Dash

Lane	Name	Team	Finals
Finals			
1	McKeever, Carly	STAL	12.81
2	Reed, Jayci	ATL	13.19
3	Clark, Kyia	DENS	13.26
4	Mathews, Payton	LEW	13.30
5	Irlbeck, Kerrigan	KCCA	13.34
6	Steinkuehler, Savannah	DENS	13.70
7	Walter, Madi	STAL	13.71
8	Plagman, Ella	HAR	13.73
9	Chandler, Samantha	DENS	x13.91
10	Harris, Hannah	DENS	x14.17
11	Ransom, Addison	DENS	x14.55
12	Rivera, Angie	DENS	x14.76
13	Whitney, Anna	LEW	14.88
14	Heller, Avery	LEW	x14.98
15	Pellett, Callee	ATL	15.34
16	Arkfeld, Lydia	HAR	15.58
17	Lally, Ashlyn	KCCA	15.59
18	Johnson, Isabela	DENS	x15.88
19	Cabrera, Jessica	DENS	x16.00
20	Sturm, Meredith	KCCA	x16.02
21	Koang, Nyamun	DENS	x16.12
22	Irlbeck, Ariel	HAR	x16.18
23	Nicholas, Avery	ATL	x16.86
24	Ramirez, Kimberly	DENS	x17.12
25	Larsen, Jada	STAL	x17.66

Girls 200 Meter Dash

Lane	Name	Team	Finals
Finals			
1	Mathews, Payton	LEW	27.78
2	Monahan, Ellie	STAL	27.92
3	Huffman, Hailey	ATL	27.96
4	Clark, Kyia	DENS	28.31
5	Peter, Kaci	KCCA	28.57
6	Wiederstein, Lila	ATL	28.72
7	Steinkuehler, Savannah	DENS	29.17
8	Harris, Hannah	DENS	x29.25
9	Wise, Molly	STAL	29.35
10	Monson, Ava	HAR	30.23
11	Smith, Emeri	HAR	30.75
12	Ransom, Addison	DENS	x30.76
13	Slater, Mayah	DENS	x30.90
14	Hoffman, Grace E	KCCA	31.42
15	Heller, Avery	LEW	31.68
16	Chadwick, Kinsleigh	HAR	x32.21
17	McEntaffer, Jocelyn	ATL	x32.76
18	Johnson, Isabela	DENS	x33.01
19	Helton, Anna	STAL	x34.44
20	Lampman, Karsyn	KCCA	x34.87
21	Ramirez, Kimberly	DENS	x36.16
22	Schuman, Hannah	LEW	x40.01

Girls 400 Meter Dash

Lane	Name	Team	Finals
Finals			
1	Pellett, Claire	ATL	1:05.20
2	Middents, Nicole	ATL	1:06.06
3	Tremblay, Alexa	DENS	1:08.62
4	Wohlers, Mallory	LEW	1:10.13
5	Hackfort, Charlotte	KCCA	1:10.71
6	Kafka, Madison	LEW	1:11.47
7	Brandau, Aubree	STAL	1:16.21
8	Argotsinger, Hadlie	HAR	1:17.01
9	Elizalde, Maria	HAR	1:17.09
10	Christiansen, Rebekah	HAR	x1:17.59
11	Hagen, Taylee	ATL	x1:18.50
12	Salazar, Christell	DENS	1:20.13

Girls 800 Meter Run

Name	Team	Finals
Finals		
1 Denton, Lili	STAL	2:22.71
2 Rush, Ava	ATL	2:29.08
3 Sonderman, Lindsey	HAR	2:30.62
4 Mendlik, Lola	DENS	2:34.92
5 Hackfort, Charlotte	KCCA	2:42.15
6 Piskorski, Kirsten	STAL	2:44.05
7 Schrum, Charlotte	DENS	2:49.31
8 Skokan, Sydney	LEW	2:54.24
9 Johnsen, Payton	STAL	x2:56.94
10 Smith, Abby	ATL	2:58.73
11 Laarman, Nathalie	DENS	x2:59.81
12 Reischl, Emercyn	HAR	3:02.60
13 Wingert, Lauren	HAR	x3:06.38
14 Ipsen, Rylan	DENS	x3:13.50
15 Flores, Andrea	DENS	x3:25.19
16 Jager, Jamie	LEW	3:56.41

Girls 1500 Meter Run

Name	Team	Finals
Finals		
1 Denton, Lili	STAL	5:10.86
2 Pellett, Claire	ATL	5:19.00
3 Mendlik, Lola	DENS	5:26.44
4 Gessert, Jenna	HAR	5:46.54
5 Bussey, Ava	LEW	5:50.37
6 Schechinger, Brylee	HAR	5:52.44
7 Schrum, Charlotte	DENS	6:01.36
8 Wait, Olivia	LEW	6:10.65
9 Smith, Kori	HAR	x6:22.27
10 Segebart, Madeline	KCCA	6:27.31
11 Galvin, Anna	DENS	x7:05.44
12 Ramirez, Tiffany	DENS	x7:05.48
13 Salazar, Christell	DENS	x7:05.53
14 Flores, Andrea	DENS	x7:26.79

Girls 3000 Meter Run

Name	Team	Finals
Finals		
1 Sonderman, Lindsey	HAR	11:07.51
2 Mendlik, Lola	DENS	11:25.33
3 Duncan, Reese	STAL	12:14.26
4 Tingley, Tyler	LEW	12:56.08
5 Bussey, Ava	LEW	13:00.34
6 Comes, Lola	ATL	14:52.36
7 Argotsinger, Hadlie	HAR	14:58.51
8 Segebart, Madeline	KCCA	14:59.70
9 Bachman, Tobina	HAR	x17:00.51

Girls 100 Meter Hurdles

Lane	Name	Team	Finals
Finals			
1	Reed, Jayci	ATL	16.30
2	Miller, Claire	DENS	17.86
3	O' Doniel, Karyssa	LEW	17.91
4	Bruhn, Kaitlyn	DENS	18.13
5	Bock, Avery	DENS	x18.17
6	Schmitz, Jaylee	HAR	18.18
7	Bruhn, Kamden	DENS	x18.37
8	Daniels, Ari	HAR	18.65
9	Hoffman, Grace C	KCCA	19.02
10	Krohn, Lilly	STAL	19.23
11	Williams, Aliyah	ATL	19.47
12	Wesack, Kylie	STAL	19.60
13	Klusman, Ella	STAL	x19.73
14	Hoffman, Grace E.	KCCA	19.86
15	Knuth, Avery	ATL	x19.91
16	Mullenix, Elise	LEW	20.21
17	Neddermeyer, Kysa	DENS	x20.96
18	Herrig, Lauren	DENS	x21.14
19	Sette, Baleigh	HAR	x22.28

Girls 400 Meter Hurdles

Lane	Name	Team	Finals
Finals			
1	Botos, Morgan	ATL	1:10.90
2	Mullenix, Chloe	ATL	1:13.48
3	O' Doniel, Karyssa	LEW	1:17.05
4	Klusman, Ella	STAL	1:17.93
5	Sonderman, Paige	HAR	1:18.01
6	Bruhn, Kamden	DENS	1:19.45
7	Hoffman, Grace C	KCCA	1:20.89
8	Neddermeyer, Kysa	DENS	1:22.56
9	Broeckelman, Abby	HAR	1:22.82
10	Bruce, Adler	ATL	x1:23.48
11	Mullenix, Elise	LEW	1:24.34
12	Kafka, Madison	LEW	x1:25.64
13	Hoffman, Grace E.	KCCA	1:30.81

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Girls 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Lewis Central	A	52.44
Hays, Gracie	Bergman, Maddie	
James, Irelynn	Fidone, Madeline	
2 Atlantic	A	54.15
Huffman, Hailey	Botos, Morgan	
Phippen, Jersey	Reed, Jayci	
3 Denison-Schlswg	A	54.33
Herrig, Ashlyn	Miller, Claire	
Chandler, Samantha	Bowker, Lauren	
4 Kuemper Cath	A	55.67
Scott, Megan	Hoffman, Grace C	
Peter, Kaci	Irlbeck, Kerrigan	
5 Harlan	A	56.02
Schmitz, Jaylee	Stork, Kami	
Bladt, Haley	Monson, Ava	
6 St. Albert, CB	A	57.84
Sherrill, Lydia	Brandau, Aubree	
Wesack, Kylie	Krohn, Lilly	

Girls 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 Lewis Central	A	1:49.18
Hays, Gracie	Bergman, Maddie	
James, Irelynn	Fidone, Madeline	
2 St. Albert, CB	A	1:52.53
Sherrill, Lydia	Walter, Madi	
Monahan, Ellie	McKeever, Carly	
3 Harlan	A	1:54.47
Stork, Kami	Plagman, Ella	
Bieker, Taylor	Smith, Dani	
4 Denison-Schlswg	A	1:57.37
Herrig, Ashlyn	Steinkuehler, Savannah	
Chandler, Samantha	Bowker, Lauren	
5 Kuemper Cath	A	1:58.82
Scott, Megan	Irlbeck, Kerrigan	
Hoffman, Grace C	Peter, Kaci	
6 Atlantic	A	1:59.00
Bruce, Adler	Hinman, Delaney	
Phippen, Jersey	Botos, Morgan	
7 Denison-Schlswg	B	x2:10.37
Rivera, Angie	Agang, Atong	
Koang, Nyamun	Cabrera, Jessica	

Girls 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Atlantic	A	4:19.68
Middents, Nicole	Huffman, Mariah	
Mullenix, Chloe	Rush, Ava	
2 Harlan	A	4:25.98
Plagman, Ella	Broeckelman, Abby	
Smith, Dani	Sonderman, Lindsey	

3 St. Albert, CB	A	4:31.52
Monahan, Ellie	Underwood, Avah	
Wise, Molly	McKeever, Carly	
4 Denison-Schlswg	A	4:34.29
Tremblay, Alexa	Slater, Mayah	
Mun, Sara	Turin, Lauryn	
5 Lewis Central	A	4:43.64
Mathews, Payton	Johnston, Addie	
Wohlers, Mallory	Tingley, Tyler	

Girls 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 Atlantic	A	10:45.78
Huffman, Mariah	Smith, Abby	
Pellett, Claire	Rush, Ava	
2 St. Albert, CB	A	11:28.97
Wise, Molly	Klusman, Ella	
Johnsen, Payton	Piskorski, Kirsten	
3 Harlan	A	11:50.42
Schechinger, Brylee	Bieker, Taylor	
Elizalde, Maria	Smith, Kori	
4 Lewis Central	A	12:29.41
Contreras, Vanessa	Wait, Olivia	
Johnston, Addie	Skokan, Sydney	
5 Denison-Schlswg	A	12:48.20
Ramirez, Tiffany	Laarman, Nathalie	
Ipsen, Rylan	Galvin, Anna	

Girls 800 Sprint Medley

Team	Relay	Finals
Finals		
1 St. Albert, CB	A	1:55.38
Walter, Madi	McKeever, Carly	
Monahan, Ellie	Denton, Lili	
2 Lewis Central	A	1:57.03
Heller, Avery	James, Irelynn	
Bergman, Maddie	Hays, Gracie	
3 Atlantic	A	1:58.12
Middents, Nicole	Reed, Jayci	
Mullenix, Chloe	Botos, Morgan	
4 Denison-Schlswg	A	1:59.16
Herrig, Ashlyn	Miller, Claire	
Bowker, Lauren	Turin, Lauryn	
5 Kuemper Cath	A	2:04.78
Irlbeck, Kerrigan	Scott, Megan	
Peter, Kaci	Hackfort, Charlotte	
6 Denison-Schlswg	B	x2:11.64
Ransom, Addison	Herrig, Lauren	
Neddermeyer, Kysa	Agang, Atong	
--- Harlan	A	DQ
Schmitz, Jaylee	Stork, Kami	
Bladt, Haley	Sonderman, Paige	

Girls Distance Medley

Team	Relay	Finals
Finals		
1 Harlan	A	4:43.90
Sonderman, Paige	Monson, Ava	
Sonderman, Lindsey	Gessert, Jenna	
2 St. Albert, CB	A	4:51.77
Sherrill, Lydia	Krohn, Lilly	
Underwood, Avah	Duncan, Reese	
3 Atlantic	A	4:53.72
Mullenix, Chloe	Wiederstein, Lila	
Huffman, Hailey	Huffman, Mariah	
4 Denison-Schlswg	A	4:58.40
Harris, Hannah	Neddermeyer, Kysa	
Mun, Sara	Schrum, Charlotte	
5 Lewis Central	A	6:00.27
Alarcon, Gizelle	Burns, Evi	
Contreras, Vanessa	Urlich, Mollie	

Girls 4x100 Meter Shuttle Hurdle

Team	Relay	Finals
Finals		
1 Denison-Schlswg	A	1:11.90
Bruhn, Kamden	Bruhn, Kaitlyn	
Bock, Avery	Miller, Claire	
2 Atlantic	A	1:18.17
Knuth, Avery	Bruce, Adler	
Atkinson, Makayla	Williams, Aliyah	
--- Harlan	A	DQ
Broeckelman, Abby	Schmitz, Jaylee	
Daniels, Ari	Stork, Kami	

Girls High Jump

Name	Team	Finals
Finals		
1 Underwood, Avah	STAL	5-04.00
2 Mun, Sara	DENS	5-00.00
3 Bruce, Adler	ATL	4-08.00
4 Fidone, Madeline	LEW	4-06.00
5 Schrum, Charlotte	DENS	J4-06.00
6 Monson, Ava	HAR	4-04.00
6 Merksick, Stacy	LEW	4-04.00
8 Bladt, Haley	HAR	J4-04.00
9 Smith, Emeri	HAR	x1.00

Girls Long Jump

Name	Team	Finals
Finals		
1 Bock, Avery	DENS	15-00.50
2 Bergman, Maddie	LEW	14-06.50
3 Bowker, Lauren	DENS	13-10.00
4 Bladt, Haley	HAR	13-04.50
5 Sherrill, Lydia	STAL	12-08.50
6 Hinman, Delaney	ATL	12-00.00
7 Brandau, Aubree	STAL	11-11.50
8 Phippen, Jersey	ATL	11-10.50

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Finals ... (Girls Long Jump)			
9	Furlow, Madeline	LEW	11-05.50
10	Lampman, Karsyn	KCCA	11-04.00

Girls Shot Put			
Name		Team	Finals
Finals			
1	Sibbel, Ellie	KCCA	35-05.50
2	Thramer, Elise	LEW	34-02.00
3	Matiyow, Jordyn	LEW	34-01.50
4	Rosloniec, Lena	STAL	34-01.00
5	Richter, Abbi	ATL	31-02.00
6	Olson, Olivia	ATL	30-08.00
7	Jimenez Russell, Alexis	ATL	x30-00.50
8	Reisz, Kennedi	HAR	29-05.00
9	Springman, Cameron	HAR	29-04.50
10	Slater, Mayah	DENS	28-03.00
11	Gehlsen, Emily	DENS	28-00.50
12	Huebert, Norah	DENS	x27-11.50
13	Lupian, Adrianna	DENS	x26-07.00
14	Vetter, Makenzie	LEW	x26-02.00
15	Schenkelberg, Alivia	KCCA	25-00.50
16	Secrest, Bailey	STAL	24-05.00
17	Mages, Clara	HAR	x23-02.00
18	Plagge, Gracen	DENS	x21-06.50
19	Aragon, Yary	DENS	x19-11.00
20	McAuley, Nyla	STAL	x18-03.50

Girls Discus Throw			
Name		Team	Finals
Finals			
1	Thramer, Elise	LEW	109-07
2	Springman, Cameron	HAR	107-03
3	Matiyow, Jordyn	LEW	102-04
4	Gehlsen, Emily	DENS	101-04
5	Sibbel, Ellie	KCCA	98-00
6	Richter, Abbi	ATL	97-01
7	Olson, Olivia	ATL	86-02
8	Hanafan, Avery	LEW	x85-04
9	Rosloniec, Molli	STAL	84-08
10	Reisz, Kennedi	HAR	80-03
11	Huebert, Norah	DENS	79-00
12	Wilwerding, Paige	HAR	x78-04
13	Jimenez Russell, Alexis	ATL	x77-03
14	Schenkelberg, Alivia	KCCA	76-01
15	Lupian, Adrianna	DENS	x72-09
16	Plagge, Gracen	DENS	x68-08
17	Slater, Mayah	DENS	x63-09
18	Secrest, Bailey	STAL	55-05
19	Aragon, Yary	DENS	x55-03
20	Rosloniec, Lena	STAL	x50-03

Boys 100 Meter Dash			
Lane Name		Team	Finals
Finals			
1	Neuharth, Will	HAR	10.82

2	Hall, Aidan	HAR	11.14
2	Patlan, Brody	LEW	11.14
4	Humpal, Jonathan	LEW	11.23
5	Monahan, Brendan	STAL	11.31
6	Vonnahme, DJ	KCCA	11.60
7	Sorfonden, Matthew	HAR	x11.62
8	Houser, Tye	ATL	11.68
9	Busch, Tony	STAL	11.72
10	Moore, Caleb	LEW	x11.92
11	Darrow, Xavier	ATL	12.12
12	Hoover, Weston	ATL	x12.49
13	Loew, Ethan	KCCA	12.57
14	Beeck, Linkin	DENS	12.59
15	Bruck, Jacob	DENS	12.67
16	Escalante, Francisco	DENS	x12.68
17	Adams, Brayden	DENS	x12.87
18	Pierce, Kaesin	KCCA	x12.91
19	Holiday, Matthew	STAL	x13.18

Boys 200 Meter Dash			
Lane Name		Team	Finals
Finals			
1	Neuharth, Will	HAR	21.83
2	Hall, Aidan	HAR	22.55
3	Desy, Brailyn	DENS	23.73
4	Sorfonden, Matthew	HAR	x23.89
5	Busch, Tony	STAL	24.16
6	Vonnahme, DJ	KCCA	24.27
7	Larson, Jaice	ATL	24.28
8	O'Brien, Tyson	ATL	24.65
9	Clair, Casey	LEW	24.79
10	Goeser, Brody	LEW	24.86
11	Juon, Bryce	LEW	x25.05
12	Loew, Ethan	KCCA	26.08
13	Pierce, Kaesin	KCCA	x26.39
14	Graeve, Jackson	DENS	26.63
15	Fields, Rickie	ATL	x26.80
16	Bruck, Jacob	DENS	x27.03
17	Barajas, Gabriel	STAL	27.28
18	Holiday, Matthew	STAL	x28.03

Boys 400 Meter Dash			
Lane Name		Team	Finals
Finals			
1	Perrien, Chandler	DENS	55.54
2	Fields, Devon	ATL	55.71
3	Lampman, Koby	KCCA	56.55
4	Lea, Karson	LEW	56.91
5	Proehl, Jayden	ATL	57.38
6	Petersen, Charlie	LEW	57.45
7	Stessman, Parker	LEW	x58.06
8	Reisz, Jozef	HAR	58.75
9	Van Baale, Bryce	HAR	59.20
10	Comes, Dylan	ATL	x59.93
11	Herbert, Aidan	DENS	59.95
12	Palmer, Cammerin	DENS	x1:05.84
13	Hennings, Ryan	DENS	x1:07.70

Boys 800 Meter Run			
Name		Team	Finals
Finals			
1	Heisterkamp, Parker	STAL	2:06.41
2	Greving, Jacob	KCCA	2:06.61
3	Whetstone, Bennett	ATL	2:07.56
4	Petersen, Colin	LEW	2:11.34
5	Perrien, Ethan	DENS	2:12.14
6	Arkfeld, Marshall	LEW	2:13.57
7	Cox, Haidyn	LEW	x2:14.50
8	Oâ€™brien, Tanner	ATL	2:15.45
9	Bragg, Joseph	HAR	2:17.04
10	Pottebaum, Thomas	KCCA	2:24.32
11	Hughes, Joe	STAL	2:27.02
12	Shelton, Jonathan	HAR	2:29.21
13	Sorensen, Hagen	HAR	x2:29.46
14	Smith, Brady	STAL	x2:40.39
15	Diaz, Juan	DENS	2:50.41
16	Palmer, Cammerin	DENS	x2:55.27
17	Skarin, Brody	DENS	x2:55.35

Boys 1600 Meter Run			
Name		Team	Finals
Finals			
1	Eichhorn, Ethan	LEW	4:36.43
2	Lillie, Colin	STAL	4:43.99
3	Wise, Owen	STAL	4:53.08
4	Sonntag, Alex	ATL	4:53.34
5	Selken, Richard	LEW	4:59.29
6	Beiter, Tregan	KCCA	5:26.01
7	Bragg, Joseph	HAR	5:32.44
8	Olsen, Ethan	DENS	5:37.64
9	Tarrell, Logan	ATL	5:41.05
10	Klein, Joe	KCCA	5:47.44
11	Ortiz, Edgar	DENS	5:48.07
12	Leise, Tyler	KCCA	x5:50.83
13	Shelton, Jonathan	HAR	5:51.69
14	Dawson, Alex	STAL	x5:54.88
15	Hennings, Ryan	DENS	x6:26.33
16	Cid, Diego	DENS	x6:41.76

Boys 3200 Meter Run			
Name		Team	Finals
Finals			
1	Diercks, Kade	LEW	10:18.11
2	Arkfeld, Marshall	LEW	10:19.23
3	Wise, Owen	STAL	10:25.85
4	Thompson, Christian	ATL	11:48.85
5	Olsen, Ethan	DENS	11:56.86
6	Spurr, Braden	ATL	12:07.30
7	Boswell, Jacob	STAL	12:32.41
8	Smith, Brady	STAL	x12:32.47
9	Tarrell, Logan	ATL	x12:51.02
10	Leise, Tyler	KCCA	13:35.75
11	Diaz, Juan	DENS	13:40.97

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Boys 110 Meter Hurdles

Name	Team	Finals
Finals		
1 McLaren, Jackson	ATL	15.94
2 Rasmussen, Colton	ATL	16.72
3 Humpal, Julian	LEW	17.49
4 Nemitz, Camdyn	DENS	17.99
5 Tupa, Aden	LEW	19.63
6 Adams, Brayden	DENS	19.74
7 Lobaugh, Carter	LEW	x22.79

Boys 400 Meter Hurdles

Lane Name	Team	Finals
Finals		
1 Kammrad, Braylon	LEW	1:00.23
2 Rial, Trevor	KCCA	1:00.83
3 Bergman, Aidan	LEW	1:01.14
4 Proehl, Jayden	ATL	1:03.56
5 Van Baale, Bryce	HAR	1:04.07
6 Reisz, Franz	HAR	1:04.13
7 Cox, Jady	ATL	1:04.69
8 Beeck, Linkin	DENS	1:07.15
9 Sorensen, Micah	HAR	x1:07.34
10 Marshall, Owen	STAL	1:09.68

Boys 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Harlan	A	44.31
Francis, Lukas	Eggerss, Brehden	
Birch, Jacob	Hall, Aidan	
2 Lewis Central	A	46.33
Patlan, Brody	Hinojosa, Leo	
Thomas, Owen	Scott, Jimmy	
3 Denison-Schlswg	A	46.61
Cardenas, David	Arambula, Anthony	
Wiebers, Luke	Fink, Jake	
4 St. Albert, CB	A	46.98
Busch, Tony	Helton, David	
Helton, John	Monahan, Brendan	
5 Kuemper Cath	A	47.22
Sibenaller, Logan	Gerken, Benjamin	
Mohr, Christopher	Vonnahme, DJ	
6 Atlantic	A	51.90
Fields, Rickie	Bruce, Cohen	
Hoover, Weston	Lamp, Cooper	

Boys 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 Harlan	A	1:33.32
Francis, Lukas	Birch, Jacob	
Neuharth, Will	Hall, Aidan	
2 Denison-Schlswg	A	1:38.51
Arambula, Anthony	Desy, Brailyn	
Wiebers, Luke	Fink, Jake	

3 Atlantic	A	1:38.80
Larson, Jaice	McLaren, James	
Cox, Jady	Houser, Tye	
4 Lewis Central	A	1:39.25
Patlan, Brody	Hinojosa, Leo	
Thomson, Ty	Scott, Jimmy	
5 St. Albert, CB	A	1:42.86
Helton, John	Helton, David	
Busch, Tony	Marshall, Owen	
6 Kuemper Cath	A	1:46.00
Healy, Sean	Loew, Evan	
Sundrup, Ryan	Mohr, Christopher	

Boys 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Lewis Central	A	3:37.50
Humpal, Jonathan	Witte, Curtis	
Lea, Karson	Petersen, Colin	
2 Atlantic	A	3:39.21
McLaren, Jackson	Fields, Devon	
Pellett, Carter	Whetstone, Bennett	
3 Harlan	A	3:42.15
Birch, Jacob	Bieker, Jackson	
Francis, Lukas	Neuharth, Will	
4 Kuemper Cath	A	3:49.33
Lampman, Koby	Pottebaum, Thomas	
Greving, Jacob	Rial, Trevor	
5 Denison-Schlswg	A	3:52.61
Perrien, Ethan	Herbert, Aidan	
Perrien, Chandler	Escalante, Francisco	
6 St. Albert, CB	A	3:54.30
Heisterkamp, Parker	Wettengel, Luke	
Wise, Owen	Lillie, Colin	

Boys 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 St. Albert, CB	A	8:55.61
Hughes, Joe	Heisterkamp, Parker	
Wettengel, Luke	Lillie, Colin	
2 Kuemper Cath	A	9:12.52
Beiter, Tregan	Pottebaum, Thomas	
Rial, Trevor	Greving, Jacob	
3 Lewis Central	A	9:16.08
Cox, Haidyn	Cox, Jackson	
Olson, Jamison	Selken, Richard	
4 Atlantic	A	9:23.30
Tarrell, Sawyer	Ritter, Corbin	
Oâ€™brien, Tanner	Rudy, Colin	
5 Denison-Schlswg	A	10:51.52
Hennings, Ryan	Ortiz, Edgar	
Cid, Diego	Skarin, Brody	

Boys 800 Sprint Medley

Team	Relay	Finals
Finals		
1 Lewis Central	A	1:39.06
Witte, Curtis	Bergman, Aidan	
Humpal, Jonathan	Kammrad, Braylon	
2 Harlan	A	1:41.02
Francis, Lukas	Eggerss, Brehden	
Birch, Jacob	Arkfeld, Will	
3 Denison-Schlswg	A	1:41.28
Cardenas, David	Wiebers, Luke	
Desy, Brailyn	Perrien, Ethan	
4 Kuemper Cath	A	1:44.89
Healy, Sean	Sibenaller, Logan	
Loew, Evan	Lampman, Koby	
5 Atlantic	A	1:45.04
Lamp, Cooper	McLaren, James	
Comes, Dylan	Sonntag, Alex	
6 Denison-Schlswg	B	x1:49.34
Nemitz, Camdyn	Graeve, Jackson	
Herbert, Aidan	Beeck, Linkin	
7 St. Albert, CB	A	1:49.64
Helton, John	Helton, David	
Barajas, Gabriel	Marshall, Owen	

Boys Distance Medley

Team	Relay	Finals
Finals		
1 Lewis Central	A	3:44.17
Witte, Curtis	Bergman, Aidan	
Kammrad, Braylon	Eichhorn, Ethan	
2 Denison-Schlswg	A	3:52.26
Cardenas, David	Fink, Jake	
Wiebers, Luke	Flores, Leo	
3 Atlantic	A	3:59.03
Oâ€™brien, Easton	O'Brien, Tyson	
Pellett, Carter	Andersen, Caden	
4 Harlan	A	4:03.61
Sorensen, Hagen	Eggerss, Brehden	
Reisz, Franz	Bieker, Jackson	
5 Kuemper Cath	A	4:19.30
Healy, Sean	Loew, Evan	
Sundrup, Ryan	Klein, Joe	
6 St. Albert, CB	A	4:32.49
Helton, John	Helton, David	
Barajas, Gabriel	Boswell, Jacob	

Boys 4x110 Meter Shuttle Hurdle

Team	Relay	Finals
Finals		
1 Atlantic	A	1:05.38
McLaren, Jackson	Rasmussen, Colton	
Keiser, Alex	Oâ€™brien, Easton	
2 Denison-Schlswg	A	1:10.64
Fink, Jake	Nemitz, Camdyn	
Adams, Brayden	Graeve, Jackson	

Monarch Relays 2023 - 3/30/2023
Denison High School

Results

Finals ... (Boys 4x110 Meter Shuttle Hurdle)		
3	Lewis Central	A 1:14.15
	Humpal, Julian	Dahlheim, Braeden
	Lobaugh, Carter	Davis, Jaylen

Boys High Jump

Name	Team	Finals
Finals		
1	Gerken, Benjamin	KCCA 5-11.00
2	Proehl, Jayden	ATL 5-10.00
3	Rasmussen, Colton	ATL J5-10.00
4	McDowell, Dallas	HAR 5-02.00
5	Tupa, Aden	LEW 5-00.00
5	Barajas, Gabriel	STAL 5-00.00
---	Scott, Jimmy	LEW NH
---	Kiley, Aaron	STAL NH
---	Applegate, Brody	LEW NH

Boys Long Jump

Name	Team	Finals
Finals		
1	Gerken, Benjamin	KCCA 20-01.00
2	Davis, Jaylen	LEW 18-04.50
3	Vonnahme, DJ	KCCA 18-02.50
4	Eggerss, Brehden	HAR 18-01.50
5	Clair, Casey	LEW 16-08.25
6	Sorensen, Micah	HAR 16-06.75
7	Van Baale, Bryce	HAR x16-04.50
8	Hetzel, Brady	LEW x16-00.50
9	Houser, Tye	ATL 15-09.00
10	Ortiz, Edgar	DENS 14-01.75
11	Holiday, Matthew	STAL 13-07.75

Boys Shot Put

Name	Team	Finals
Finals		
1	Matiyow, Parker	LEW 47-07.50
2	Adams, Evan	KCCA 45-07.00
3	Beckman, Jayden	STAL 43-00.00
4	Plagge, Garret	DENS 42-04.50
5	Beyenhof, Nate	LEW 41-07.50
6	Keiser, Alex	ATL 40-01.00
7	Hays, Connor	KCCA 39-08.50
8	Darrow, Xavier	ATL 39-08.00
9	Sorensen, Evan	ATL x39-07.00
10	Paulson, Nash	LEW x38-06.00
11	Hobbs, Cael	STAL 37-02.50
12	Garcia, Dominik	DENS 36-07.00
13	Slechta, Ryan	DENS x36-00.00
14	Brouse, Jacob	HAR 35-01.00
15	Henningsen, Gabriel	DENS x33-11.00
16	Murillo, Joel	DENS x33-08.50
17	Vonnahme, Hayden	KCCA x33-05.50
18	Revolorio, Kaleb	DENS x30-06.50
19	Sanchez, Pablo	DENS x30-03.00
20	Alfaro, Ismael	DENS x28-00.00

21	Lara, Alfredo	DENS x27-00.50
22	Cendejas, Jesus	DENS x26-06.50
23	Ramos, Joshua	DENS x26-02.50
24	Sanchez-Rios, Leonardo	DENS x26-00.00
---	Argueta, Erick	DENS ND
---	Sheffield, Sawyer	STAL ND

Boys Discus Throw

Name	Team	Finals
Finals		
1	Adams, Evan	KCCA 152-07
2	Matiyow, Parker	LEW 151-04
3	Plagge, Garret	DENS 140-09
4	Paulson, Nash	LEW 140-02
5	Keiser, Alex	ATL 138-03
6	Beckman, Jayden	STAL 137-01
7	Reisz, Franz	HAR 128-10
8	Mohr, Christopher	KCCA 126-05
9	Reisz, Jozef	HAR 124-02
10	Bruce, Cohen	ATL 117-08
11	Hobbs, Cael	STAL 102-01
12	Paulson, Ty	LEW x101-06
13	Sorensen, Evan	ATL x100-05
14	Sheffield, Sawyer	STAL x93-11
15	Henningsen, Gabriel	DENS 92-04
16	Sanchez-Rios, Leonardo	DENS x87-01
17	Revolorio, Kaleb	DENS x76-03
18	Masching, Owen	KCCA x67-00
19	Ramos, Joshua	DENS x57-01
---	Lara, Alfredo	DENS ND
---	Garcia, Dominik	DENS ND
---	Slechta, Ryan	DENS ND
---	Alfaro, Ismael	DENS ND
---	Sanchez, Pablo	DENS ND
---	Cendejas, Jesus	DENS ND
---	Argueta, Erick	DENS ND
---	Murillo, Joel	DENS ND