

Metro VS Carroll Dual - 10/22/2026

Results - Dual

#1 Girls 200 Yard Medley Relay					4 Rustwick, Rylee SCM-IA 1:20.18					4 SCM-IA B 2:14.56				
Team Relay Finals Time					36.73 43.45					Marshall, Sienna Rohlena, Harper				
1 CHS A 2:03.84					5 Andersen, Sully SCM-IA 1:20.74					Andersen, Sully Miller, Briley				
Harmon, Josie Borkowski, Alexis					36.20 44.54					37.85 32.00 31.85 32.86				
Schrum, Caroline Weber, Mya					#6 Girls 100 Yard Free					#10 Girls 100 Yard Back				
Name Age Team Finals Time					Name Age Team Finals Time					Name Age Team Finals Time				
31.64 35.11 30.36 26.73					1 Freeman, Aria SCM-IA 57.53					1 Schoonover, Grace CHS 1:05.11				
2 SCM-IA A 2:04.12					27.64 29.89					32.73 32.38				
Harder, Lily Rustwick, Rylee					2 Weber, Mya CHS 59.93					2 Rustwick, Rylee SCM-IA 1:06.61				
Freeman, Natalie Laws, Aaliyah					28.74 31.19					32.64 33.97				
32.67 37.00 28.62 25.83					3 Harder, Lily SCM-IA 1:01.00					3 Harmon, Josie CHS 1:08.40				
3 SCM-IA B 2:20.57					29.94 31.06					33.28 35.12				
Andersen, Sully Delgadillo, Frida					4 Borkowski, Alexis CHS 1:02.29					4 Andersen, Sully SCM-IA 1:16.42				
Gabriel, Carlie Leighton, Alivia					29.79 32.50					36.98 39.44				
36.72 39.45 32.89 31.51					5 Feauto, Alex SCM-IA 1:12.74					5 Delgadillo, Frida SCM-IA 1:22.63				
#2 Girls 200 Yard Free					35.51 37.23					40.71 41.92				
Name Age Team Finals Time					--- Leighton, Alivia SCM-IA X1:14.43					#11 Girls 100 Yard Breast				
1 Schoonover, Grace CHS 2:06.02					35.89 38.54					Name Age Team Finals Time				
35.49 40.27 41.46 8.80					--- Marshall, Sienna SCM-IA X1:26.42					1 Freeman, Aria SCM-IA 1:14.10				
2 Janssen, Sarah CHS 2:14.39					39.54 46.88					35.20 38.90				
37.52 41.78 43.61 11.48					#7 Girls 500 Yard Free					2 Malone, Sophia CHS 1:18.99				
Name Age Team Finals Time					1 Freeman, Natalie SCM-IA 5:43.34					36.99 42.00				
3 Stein, Izzy CHS 2:20.10					30.52 33.69 35.00 35.08					3 Borkowski, Alexis CHS 1:19.07				
33.90 37.60 37.98 30.62					35.03 35.18 34.69 34.76					37.00 42.07				
4 Feauto, Alex SCM-IA 2:27.58					35.10 34.29					4 Delarosa, Natalie SCM-IA 1:23.45				
34.07 37.42 38.63 37.46					2 Laws, Aaliyah SCM-IA 5:50.02					40.37 43.08				
5 Miller, Briley SCM-IA 2:33.26					30.85 34.88 35.42 35.97					5 Rohlena, Harper SCM-IA 1:39.91				
6 Delgadillo, Frida SCM-IA 2:36.06					36.13 36.74 35.27 35.45					47.11 52.80				
34.52 41.18 40.47 39.89					35.37 33.94					--- Miller, Briley SCM-IA X1:45.47				
#3 Girls 200 Yard IM					3 Janssen, Sarah CHS 5:50.58					49.46 56.01				
Name Age Team Finals Time					32.69 35.45 35.72 36.33					#12 Girls 400 Yard Free Relay				
1 Harder, Lily SCM-IA 2:28.13					35.53 35.33 35.38 35.43					Team Relay Finals Time				
34.92 41.26 50.35 21.60					35.23 33.49					1 SCM-IA A 3:54.17				
2 Harmon, Josie CHS 2:32.40					4 Stein, Izzy CHS 6:10.16					Harder, Lily Freeman, Aria				
44.06 46.99 47.59 13.76					31.90 36.67 36.97 38.74					Freeman, Natalie Laws, Aaliyah				
3 Laws, Aaliyah SCM-IA 2:32.76					38.27 39.16 38.12 38.05					29.59 1:00.39 27.53 57.56				
36.83 48.48 44.78 22.67					37.92 34.36					27.44 58.52 27.65 57.70				
4 Schrum, Caroline CHS 2:43.34					5 Gabriel, Carlie SCM-IA 6:26.37					2 CHS A 4:08.90				
5 Rohlena, Harper SCM-IA 3:01.55					34.10 37.72 39.31 39.32					Schoonover, Grace Behrens, Brylie				
#4 Girls 50 Yard Free					39.44 39.35 40.17 39.61					Janssen, Sarah Malone, Sophia				
Name Age Team Finals Time					39.63 37.72					29.26 59.90 28.36 1:00.04				
1 Behrens, Brylie CHS 27.30					#9 Girls 200 Yard Free Relay					31.34 1:04.89 29.82 1:04.07				
2 Weber, Mya CHS 27.50					Team Relay Finals Time					3 SCM-IA B 4:32.16				
3 Delarosa, Natalie SCM-IA 27.77					1 CHS A 1:49.35					Delgadillo, Frida Feauto, Alex				
4 Malone, Sophia CHS 28.24					Malone, Sophia Weber, Mya					Gabriel, Carlie Delarosa, Natalie				
5 Gabriel, Carlie SCM-IA 31.20					Behrens, Brylie Schoonover, Grace					33.38 1:08.81 35.01 1:12.66				
6 Leighton, Alivia SCM-IA 31.77					28.78 27.39 27.61 25.57					33.92 1:10.01 29.24 1:00.68				
--- Marshall, Sienna SCM-IA X43.93					2 SCM-IA A 1:52.20					--- SCM-IA C X5:09.23				
#5 Girls 100 Yard Fly					Delarosa, Natalie Feauto, Alex					Marshall, Sienna Leighton, Alivia				
Name Age Team Finals Time					Rustwick, Rylee Freeman, Aria					Miller, Briley Rohlena, Harper				
1 Behrens, Brylie CHS 1:04.45					28.24 30.74 26.78 26.44					40.75 1:32.56 28.88 1:10.55				
29.84 34.61					3 CHS B 1:54.54					35.31 1:12.23 35.42 1:13.89				
2 Freeman, Natalie SCM-IA 1:04.86					Harmon, Josie Borkowski, Alexis					Scores - Women				
30.28 34.58					Janssen, Sarah Stein, Izzy					Women - Team Rankings - Through Event 12				
3 Schrum, Caroline CHS 1:13.68					29.49 28.83 27.60 28.62									
33.06 40.62														

Metro VS Carroll Dual - 10/22/2026
Results - Dual

(Scores - Women)

1. Carroll High School	89
2. Sioux City Metro	81