

# LOIS ELIZABETH (GILL) SARGENT

Islamorada — Lois Elizabeth (Gill) Sargent, 93, of Islamorada Florida died on October 1, 2022, in Miami, Florida after a brief illness. Daughter of the late Edward Jeslyn Gill and Lois Emily (Kress) Gill, Lois was born on November 12, 1928, in Weymouth, Massachusetts. Lois was a 1948 graduate of the Forsyth School of Dental Hygiene in Boston, Massachusetts and worked as a dental hygienist for many years, first in Massachusetts and then in Florida. Also in 1948, Lois married Frederic Milton Sargent, Jr. on December 15. They were married for 69 years until Fred's death in 2018. The couple first lived in Weymouth and then had a house built in Norwell, Massachusetts.

In addition, Lois and Fred enjoyed Lois's family home in Wellfleet, Cape Cod as a second home. Lois researched her genealogy and found family relationships which led directly back to Mayflower passenger Stephen Hopkins through his daughter Constance/Constanta (Hopkins) Snow. This led Lois to become a lifelong member of the Massachusetts Mayflower Society of Mayflower Descendants. Lois relished nature, beaches, and biking on the Cape. Also, Lois and Fred enjoyed many years of sailing and socializing with friends at Wellfleet's Chequessett Yacht Club.

Seeking a warmer climate during their middle years, Lois and Fred became full-time Florida residents, especially appreciating their home in Islamorada. During their lives, Lois and Fred raised large dogs. They also bought a small RV and traveled through the Southwest where they met and socialized with many new friends. Lois had a fantastic eye for purchasing pottery and handmade wooden items on her flea market and



**Sargent**

garage sale forays.

After Fred's death, Lois's care provider team helped make her final years more joyful with shopping outings, sunny lunches, dinners with neighbors, and evening entertainment to hear Bill Todd play guitar and sing. One of the most exciting days of Lois's life was her 93rd birthday party at Cheeca Lodge, planned by care provider extraordinaire, Sharon Fischer. Lolo, as the care team called her, dressed in a long black and white floral dress with a ruffled black shrug and sparkly birthday crown, savored her candlelit birthday dinner with a table full of neighbors and friends. Lois expressed many times that she hoped to live to 100.

Lois was pre-deceased by her younger sister, Carolyn Beverly (Gill) Fitts in 2020 but is survived by her brother-in-law, Robert W. Fitts, as well as her nephews Charles E. Fitts, Stephen W. Fitts, and Robert A. Fitts as well as her niece, Elizabeth Louise (Fitts) Reighart. A remembrance celebration will be held on Friday, February 3, at 5:30 p.m. at Plantation Lake Estates Community Park. After the gathering, people will be invited to take a short walk down to Mr. C's Ice Cream shop to enjoy an ice cream in honor of Lois. Plantation Lake Estates is found near mile marker 87 on the Atlantic side of Overseas Highway.