

NEWS & NOTES

INFORMATION AND UPDATES FROM SENIOR SERVICES | SEPTEMBER 2025

Mark Your Calendars!

Check out the lineup of Fall events happening at Senior Services!

PARK WITH A PURPOSE!







PROCEEDS BENEFIT MEALS-ON-WHEELS

OCTOBER 3-12

Weekdays (4:00 PM to close) Weekends (open to close)

Senior Services Campus

2895 Shorefair Drive

"Park with a Purpose" at Senior Services for this year's Carolina Classic Fair! \$10 will not only secure premium, convenient parking but will also help provide hot, nutritious meals and moments of human connection to older adults through our Meals-on-Wheels program.

Cash and credit cards will be accepted at the gate.



MONDAY, OCTOBER 13 9:00 AM-3:00 PM

Intergenerational Center for Arts and Wellness

114 W. 30th Street

Join the conversation at the 2025 Age-Friendly Conference (formerly Quality Aging Conference), presented by Senior Services Age-Friendly Forsyth and the Forsyth County Government

Seniors and caregivers are invited to this free, one-day event to receive resources and information on living independently and maintaining the highest quality of life possible.

Space is limited and registration is required. Learn more and register at the link:

seniorservicesinc.org/afc



FRIDAY, OCTOBER 17 6:30 PM

Intergenerational Center for Arts and Wellness

114 W. 30th Street

Join us for the **25th annual Evening for Alzheimer's Care** dinner and silent auction, one of the longest-standing fundraising events in our community!



Every item purchased helps to support older adults living with memory loss at the Williams Adult Day Center.

TICKETS

bit.ly/EFAC25_tickets

MAKE A PATRON GIFT

bit.ly/EFAC25_patron

Questions?

Sarah Wright, Director of Giving and Events 336-721-3411 or swright@seniorservicesinc.org

VOLUNTEER IMPACT REPORT

2024-2025



A LEGACY OF SERVICE

Volunteers have been building a legacy of support and compassion through Senior Services programs since 1962.

During the last fiscal year (July 1, 2024-June 30, 2025), 1,127 volunteers spent 53,290 **hours** making a difference in the lives of the participants in our programs.



Check out the Volunteer

Impact Report at bit.ly/SSI_VolunteerImpact25 to see all the ways volunteers have made a difference in 2024–25!



SUPPORT FOR YOU!

Are you or someone you know 55 years or older and raising grandchildren or another relative under the age of 18? Then the "Grandparents Raising Grandchildren" monthly support group may be for you!

> **Every third Wednesday** 11:30 AM to 1:00 PM Generations Center | 114 W. 30th Street

Learn more about available resources and discuss both the challenges and joys of kinship care with peers in a safe and supportive environment.

RSVP is required: Contact Susan Lewis at 336-721-6954 or slewis@seniorservicesinc.org.

YOUR VOICE, OUR FUTURE

Are you or someone you know age 60 or older, or a caregiver for someone who is? We are seeking feedback from our community!

Imagine a Forsyth County where everyone, at every age, can thrive. This is the vision of Age-Friendly Forsyth! We believe the best way to build this future is to listen to you.

Your experiences, ideas, and insights help us understand what's working well and what needs improving so all residents feel supported.

Ready to make a difference?

Visit or share the link below and take the 2025 Age-Friendly Forsyth Community Survey today!

bit.ly/aff_survey25

Your confidential responses will inform conversations with service providers and community leaders, helping to make sure Forsyth County is an age-friendly community!



ASK US The AgeWise Q&A is published each Monday—send questions to agewise@seniorservicesinc.org



OUR SERVICES CREATIVE CONNECTIONS ELDER CARE CHOICES | HELP LINE | HOME CARE LIVING-AT-HOME | MEALS-ON-WHEELS SENIOR LUNCH | WILLIAMS ADULT DAY CENTER

OUR GOAL HELPING SENIORS REMAIN AT HOME AGING WITH DIGNITY AND LIVING WITH PURPOSE Join us by donating or volunteering today!

CONTACT US 2895 Shorefair Drive | Winston-Salem, NC 27105 | 336-725-0907 | seniorservicesinc.org

