

Behavioral Health Overview

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Agenda

- Why mental health?
- Overview of Behavioral Health services in Jackson
- Trends
- Where are the gaps?
- Where does SJH play a role in Behavioral Health?



Why are we talking mental health?



- Community needs assessment
- Mental Health Ranked # 1 2018 & 2021
- Pandemic
- Suicide Belt
- SJH Engagement survey
- Strategic leadership plan
- Staff surveys
- Community

Community Mental Health Services

Teton County

Community map of mental health services

DRAFT

Behavioral Health Continuum of Care Map

Promotion	Prevention			Treatment		Crisis		Recovery	
TIPS (Teton Interagency Peer Support)									
Teton County School District									
Community Entry Services								Community Entry Services	
Teton Literacy Center		Mental Health and Recovery Services of Jackson Hole						Mental Health and Recovery Services of Jackson Hole	
Children's Learning Center		Teton Youth and Family Services							Peer Groups (AA)
Teton County Parks & Recreation		Community Safety Network							
	St. John's Health					EIRMC Behavioral Health Center (Idaho Falls)			
Teton County Health Department	Teton County Health Department			Primary Care (e.g. pediatricians, family practice, OBGYNs)	Private Providers (e.g. JH Family Solutions, Teton Behavioral Therapy, Vista Counseling)		Wyoming State Hospital (Evanston)		
GAP!		One22 Resource Center				Law Enforcement (Police, Sheriff)	Wyoming Behavioral Institute (Casper)		
Astoria Park Conservancy		Climb Wyoming				Jackson Hole Court System	Wyoming Boys and Girls Schools (Worland, Sheridan)		
Voices JH		Voices JH							
Becoming Jackson Whole		Senior Center of Jackson Hole							

Mental Health & Recovery Services of JH

MISSION

To deliver compassionate, and affordable mental health and substance use services that support the strength and resilience of our diverse and growing community.

- Mental health treatment
- Medication management
- Substance Use treatment
- Sliding Fee
- Crisis Walk-In services
- 24/7 Crisis Line 307-733-2046
- Crisis Assessment



mental health
& recovery services
of jackson hole



Teton Youth and Family Services

MISSION

To help children and families find their way to fulfilling and constructive lives.

- **Hirschfield Center**
 - Court diversion program
 - Youth and Family Counseling
 - Forensic Interviewing
- **Van Vleck House**
 - Crisis Shelter
 - Group Home
 - Leadership Program
- **Red Top Meadows**
 - Residential Treatment Program
 - Therapeutic Wilderness Experiences



Private Practice Therapists



THE MENTAL WELLNESS
COLLABORATIVE



Jackson Hole Mental Health

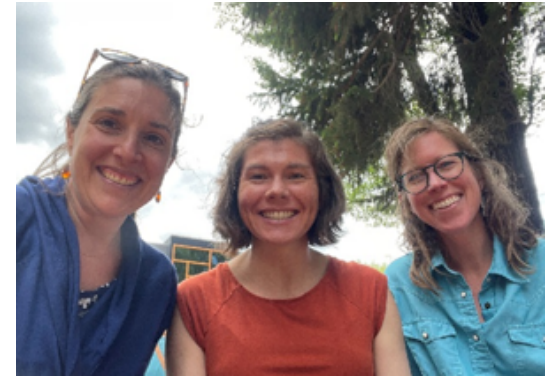
St. John's Health Behavioral Health

- **Integrated Behavioral Health Department**

- Mental Health Treatment
- Integrated into the outpatient clinic
- Crisis safety planning

- **Child and Adolescent Psychiatry Department**

- Telemedicine & In-person
- Medication Management

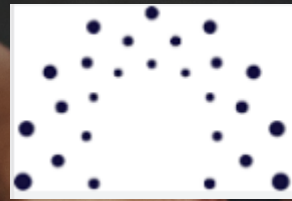


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Dr. Nils Westfall,
MD, Psychiatrist





Community Foundation
OF JACKSON HOLE

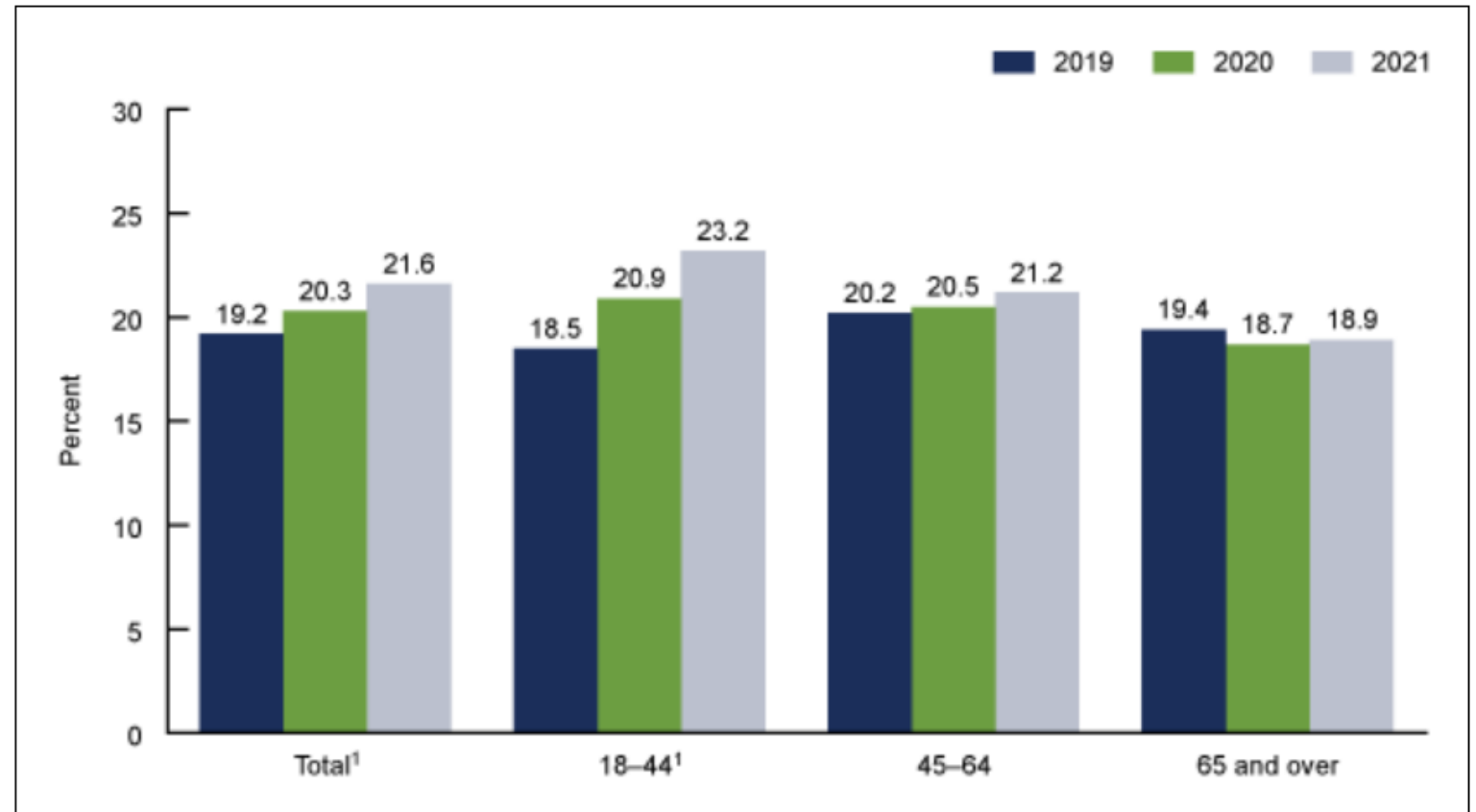
Teton Behavioral Health Alliance

Community wide collaboration to improve
Behavioral Health on a systematic level in
Teton County

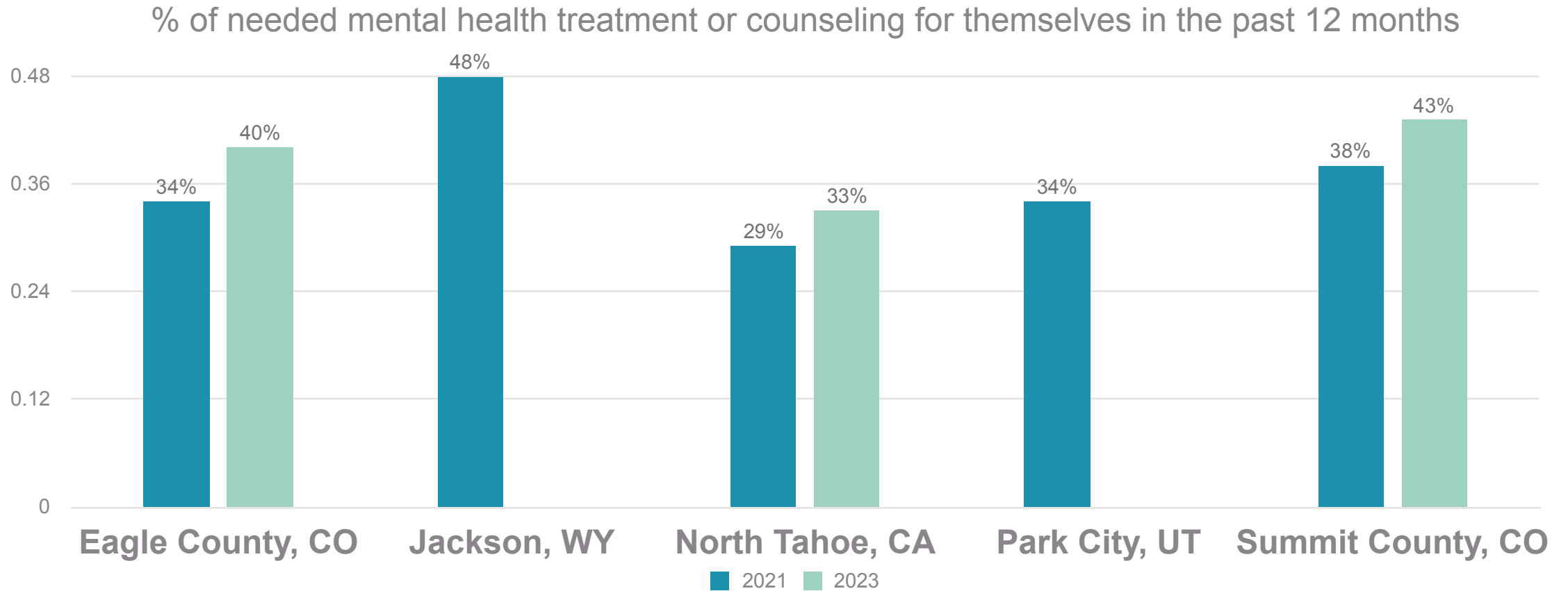
National Data Trends

Center for the Disease Control and Prevention (CDC) Mental Health Treatment Among Adults Aged 18–44: United States, 2019–2021

Figure 1. Percentage of adults aged 18 and over who had received any treatment for their mental health in the past 12 months, by age group and year: United States, 2019–2021

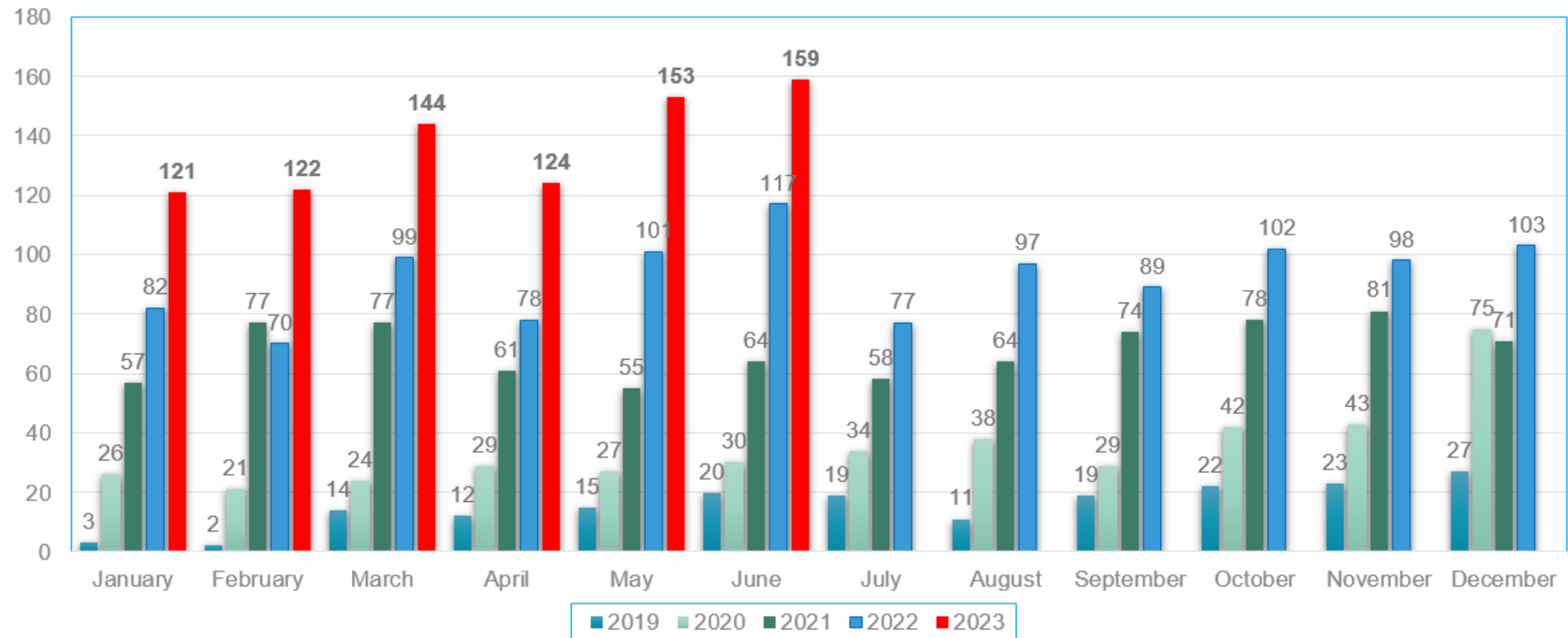


Katz Amsterdam Foundation Data



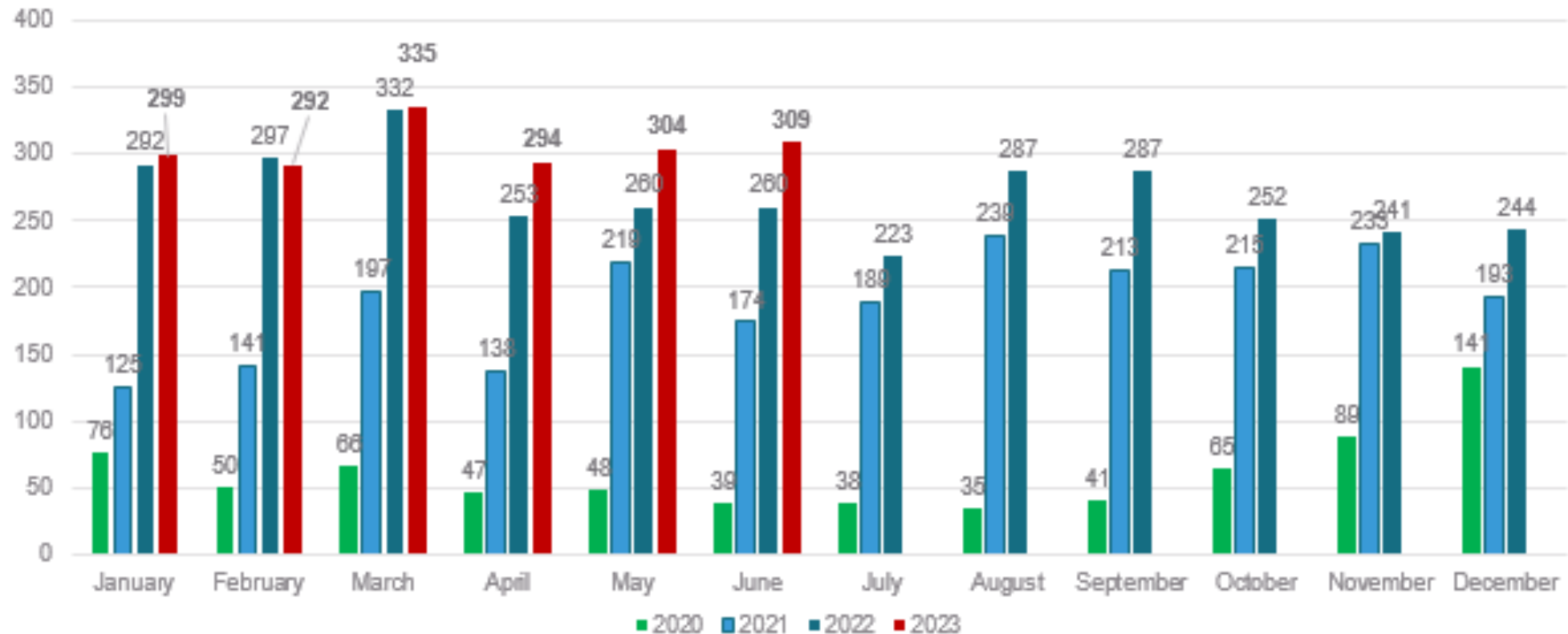
Local Data Trends at SJH

Integrated Behavioral Health Department



Local Data Trends Continued

Child and Adolescent Psychiatry 2020-2023



What gaps exist?

- The Behavioral Health Needs Assessment 2021 identified a variety of gaps:
 - The **cost** of behavioral health treatment is the most significant barrier to access.
 - Cost is a more significant barrier for those who lack insurance coverage, **particularly people with low incomes and Latine people**. Additionally, people with insurance often still cannot afford care.
 - One challenge is the limited number of providers that **accept public insurance**.
 - The behavioral health system is **challenging to navigate**.
 - A **lack of representation** in the provider community can pose further challenges for **marginalized communities seeking care**.

Psychiatrist Shortage

- Lack of Psychiatrist National wide
- Shortage in Jackson
- Retiring Psychiatrists
- Insurances

Impacts of lack of psych provider

- Relapse of symptoms (anxiety, depression, schizophrenia, eating disorders)
- Hospitalization
- Homelessness
- Episodes of violence
- Substance Use
- Loss of productivity at work/school
- Suicide



How do we want to address behavioral health as a community?



- What is the next step for SJH in this area?
- What is SJH's responsibility?
- What is the community's responsibility?
- How do we create a sustainable funding model?



Questions?