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www.ifallsjournal.com

No Sharing Data with NSA

The paired hearing aids that are currently available share data between each of the instruments. Each manufacturer has a different way to use the data. Phonak has a wind noise reduction system that turns off the microphones on the windy side and transfers the sound from the non-windy side to the windy side ear. Unitron uses the input for the microphones on both sides to locate the direction of the speech and directs both instruments to listen in that direction. Widex coordinates their Zen tinnitus stimulus so that the ears get a synchronized sound. Truly amazing!

We strive to provide all people with the means to improve communication. Call today to find out more about our commitment to provide quality instruments and superb service regardless of financial means.

Thursdays, August 8, 15, 22 & 29

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IMPROVING THE HIGHWAY



Trucks work to expand to four lanes nine miles of U.S. Highway 53 from the Rice River to the south city limits of Cook. Here, the construction is taking place on the northbound lane. The plan is to complete the northbound lane including a new bridge crossing the Rice River during this construction season and then complete the southbound lanes during the 2014 season, said Bob Anderson, chairman of a long-standing task force that has pushed for the improvements. “KGM Construction of Angora got an excellent start in the late winter and early spring, however they have been challenged with some weather-related issues during the summer months,” Anderson told The Journal. “I can’t speak to the Cook area, however International Falls had over seven inches of rain in July.” Following this part of the project, \$480,000 will be sought from federal officials, and \$120,000 from the Minnesota Department of Transportation, to construct two left lane turns into Lake Kabetogama and the Ash River Trail.

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INTERNATIONAL FALLS, MINNESOTA

The Journal

BORDERLAND'S CHOICE
FOR INFORMATION

Tchotchke

(choch•key)

meaning:
trinket, doohickey, gizmo, whatchamacallit

Swimmer's Itch

Waterproof sunscreen or Swimmer's itch guard cream to prevent swimmer's itch! Also, remember to dry off completely right after swimming. Don't hang around in your wet swim suit, put on dry clothing. If bumps/ boils appear (hour to a day after skin gets wet) diminish them and prevent serious skin infections by rubbing them with vinegar
TRIPLE antibiotic cream, colloidal silver spray, or lavender oil.



Peach Cobbler

Ingredients

2 cups fresh sliced peaches (or one 29 ounce can of sliced peaches, drained)
1 cup Bisquick mix (you can use gluten free Bisquick too)
1 cup of milk
1/2 teaspoon nutmeg
1/2 teaspoon cinnamon
1/2 cup butter, melted
1 cup of sugar

Directions

Preheat oven to 375 degrees
In an 8 x 8 baking dish, stir Bisquick mix, milk, nutmeg and cinnamon together until thoroughly mixed. Stir in melted butter.
In a medium mixing bowl, stir sugar and peaches. Spoon peaches over the cobbler crust.
Bake for one hour or until crust is a golden brown. Serve warm and enjoy!
Tip: Cobbler is terrific when served hot with vanilla ice cream and may be enjoyed cold, too.



Yum! Dried Strawberries

Dried (in the oven) strawberries recipe, ~ so chewy and delicious! They taste like candy but are healthy and natural. 3hrs at 210F



Your refrigerator and pantry may be storing spa treatments.

- Try this inexpensive and healthy facial: mash half an avocado, spread thickly on face and leave for 20 minutes. Remove with warm water.
- Remove build up from shampoo and give hair a healthy shine: For blondes, rinse hair with warm water and a few tablespoons lemon juice. Use apple cider vinegar for brunettes and red heads.
- Cuticles can easily be pushed back after soaking hands for about eight minutes in warm water and a couple tablespoons lemon juice.

