

COMMUNITY NEWS

BORDERLAND BRIEFS

GED PRACTICE TESTS AVAILABLE

The Arrowhead Economic Opportunity Agency’s Adult Education program is giving away free GED practice tests to all students who come into the center Sept. 22-Oct. 3. Students can also learn about classes and other resources to help them prepare for the GED test. To learn more or to schedule a free GED Ready practice test, contact Julie Bernard at the International Falls classroom at 285-6179. The classroom is located at Rainy River Community College, Library Room 109.

ASK THE CANDIDATES

Publicly submitted questions for local candidates will be accepted and considered for the Local Candidate Forum set for 6 p.m. Oct. 28 at Backus Community Center. Deadline for submissions is Sept. 30. Submit via email: faye@intlfalls.org or posted mail: International Falls Area Chamber of Commerce, 301 Second Ave., International Falls, MN 56649. The public is welcome to this Candidate Forum featuring the races for Falls Council, Ranier City Council, Koochiching County Board, County Sheriff, and Minnesota House District 03A.

BONE BUILDERS POSTPONED

Due to remodeling at Woodland Apartments, the Bone Builders will not meet for at least three weeks starting Monday.

QUILTERS GUILD

Northern Lights Quilters Guild will meet at 6:30 p.m. Monday at First Lutheran Church. Project for September is a label using leaves and circles. Guests are welcome.

HEALTH FAIR

Rainy Lake Medical Center will host a Health Fair from 3 to 7 p.m. Sept. 23 at AmericInn. The Health Fair will feature the annual Flu Shot Clinic. Attendees can receive a flu shot, get screenings for diabetes and blood pressure, and learn more about healthcare services available in International Falls. Call 283-5524 for more information.

BCEC GATHERING

The BCEC quarterly gathering is planned for Friday at Moose Lodge 1259. Social hour begins at 5 p.m., with supper at 5:30.

COMMUNITY DISCUSSION EVENT

The public is encouraged to take part in a forward-thinking discussion, community event and call to action, planned for Sept. 25 at Backus Community Center. Refreshments and networking will begin at 6:30 p.m. with keynote speakers and discussion at 7.

STEPS AGAINST STIGMA

Steps Against Stigma, a 1k and 5k Walk or Run, is set for Oct. 4 at Sorting Gap Marina, Fort Frances. Sponsored by the Canadian Mental Health Association-Fort Frances Branch, in honor of Mental Illness Awareness Week. Registration forms are available at CMHA-FF, 612 Portage Ave., and Energy Fitness, Fort Frances, as well as online at www.cmhaff.ca. Cost is \$10. Late registration is at 8:30 a.m., 1k Walk/Run at 9:30 and 5k Walk/Run at 10. For more information, contact Christina, 807-274-2347, ext. 214, chahkala@cmhaff.ca or Kristi, 274-2347, ext. 203, kalbright@cmhaff.ca.

TRAPPER CERTIFICATION CLASS

The Minnesota Trapper’s Association will host the 2014 Minnesota Trapper Certification Class Oct. 4. Students on the roster will participate in an eight-hour trapper instruction field day. Students will receive trapper certification at completion of class. Maximum class size is 30 students. Minimum age is 12 years old. Interested students must visit Community Education for complete instructions on how to become eligible to sign the class roster. Minnesota Trapper Education instructors are Matt Hartzler and Lloyd Steen.

FALL PICNIC

The Loman/Birchdale Senior Organization will host a Barbecue Potluck beginning about 5 p.m. Wednesday at the cabin of Mike Hanson located on the Rainy River at Birchdale. Everyone is welcome.

CALENDAR

TODAY

- Community Market, 9 a.m.-noon, Backus Third Street parking lot.
- Alcoholics Anonymous, 7 p.m., Alano Club.

SUNDAY

- Alcoholics Anonymous Open, 9 a.m., Alano Club.
- Alcoholics Anonymous, 7 p.m., Pineview Recovery Center, Littlefork.

MONDAY

- Walk-ercise group, 10-11 a.m., Backus Community Center gymnasium.
- Northland Art Society open, various arts, 10 a.m.-3 p.m., Backus, Room 114.
- International Falls City Council, 4:30 p.m., Falls Municipal Building, council chambers.
- International Falls School Board, 5 p.m., Falls High School cafeteria.
- Women’s Non-Violence Group, 5:15-6:45 p.m., Friends Against Abuse office.
- MooseRiders, 5:30 p.m., Moose Lodge.
- Ranier City Council, 6:30 p.m., Ranier Community Building.
- Cribbage, 7 p.m., Elks Lodge 1599.
- Texas Hold ‘Em, 7 p.m., Moose Lodge.
- Alcoholics Anonymous, Women’s Step Study, 7 p.m., Coffee Landing Cafe.
- Narcotics Anonymous, “How It Works” step gathering, 7:30 p.m., Alano Club.
- Leo Ravensbergen organ recital, 7:30 p.m., Knox United Church, 340 Church St., Fort Frances.

TUESDAY

- Water Testing, 8 a.m.-noon, Koochiching County Health Department.
- Boise Cascade retired welders and pipefitters, 9 a.m., Coffee Landing Cafe.
- WIC Clinic, 9 a.m.-4 p.m., Koochiching County Health Department.
- Koochiching County Board of Commissioners, 9:30 a.m., Koochiching County Courthouse.
- Littlefork Ambulance Thrift Shop open, 10 a.m.-2 p.m.
- Northland Art Society open, various arts, 10 a.m.-3 p.m., Backus, Room 114.
- Falls Hunger Coalition Food Shelf open, 10 a.m.-4 p.m., 1000 Fifth St.
- Koochiching County Housing and Redevelopment Authority Board, 12:30 p.m., Voyager Restaurant.
- Alanon, 1:30 p.m., Zion Lutheran Church (283-3739, 283-8540).
- TOPS MN34, 5 p.m. weigh-in; 5:45, meeting, Koochiching County Senior Center.
- Women’s Ministries, 5-7 p.m., The Salvation Army.
- Community Café, free meals served, 5:30-6 p.m., spaghetti and meatballs,

- tossed salad, garlic bread, Backus Community Center.
- Beginner’s Tae Kwon Do, 5:45 p.m., Falls Elementary School gymnasium or cafeteria.
- Oven Fried Chicken Supper, 6 p.m., Moose Lodge.
- Cradle Cafe, breastfeeding support group, 6:30 p.m., St. Paul Lutheran Church.
- Borealis Bards, Script Reading Night, 6:30-8 pm., Backus Community Center, Room 210.
- Women’s Support Group, 6:30-8:30 p.m., Friends Against Abuse office.
- Minnesota Deer Hunters Association, Trails End Chapter, 7 p.m., Elks Club.
- Texas Hold ‘Em, 7 p.m., Moose Lodge.
- Garden Girls, 7 p.m., Northwoods Assisted Living.
- Alcoholics Anonymous, 7 p.m., Pineview Recovery Center, Littlefork.
- “Celebrate Recovery,” 7-9 p.m., Evangelical Covenant Church.
- Alcoholics Anonymous, 7:30 p.m., Zion Lutheran Church.

WEDNESDAY

- Retired Boise Cascade electricians, 9 a.m., Coffee Landing Cafe.
- Walk-ercise group, 10-11 a.m., Backus Community Center gymnasium.
- Littlefork Ambulance Thrift Shop open, 10 a.m.-2 p.m.
- Northland Art Society open, various arts, 10 a.m.-3 p.m., Backus, Room 114.
- Wednesday Study Group, 10:15 a.m., Faith United Church of Christ.
- East Koochiching Sanitary Sewer District Board, 11 a.m., Sanitary District Boardroom, 1412 Highway 71.
- Salvation Army Advisory Council, noon, Salvation Army building.
- Backus Community Market, Sampling and Cooking Demo, 4-6:30 p.m., Backus/AB Third Street parking lot.
- Girl Guards, Sunbeams and Adventure Corps, 4:30-6 p.m., The Salvation Army.
- Free At Last, 4:30-6:30 p.m., Forestland Annex, lower level conference room.
- Loman/Birchdale Senior Organization Fall Picnic, Barbecue/Potluck, 5 p.m., Mike Hanson cabin, Birchdale, Rainy River.
- International Falls Recreation Commission Board, 5:45 p.m., city council chambers.
- Narcotics Anonymous, 6 p.m., Alano Club.
- Men’s Non-Violence Group, 6-8 p.m., Friends Against Abuse office.
- Members and guests Elks Lodge Wednesday Meal, 6:30 p.m., roast beef supper.
- Little Lambs (up to age 4) and King’s Kids (ages 5 and up), 6:30-7:15 p.m., Full Gospel Fellowship Church.
- Texas Hold ‘Em, 7 p.m., Moose Lodge.
- Rainy Lake Sportfishing Club, 7 p.m., AmericInn.
- Alcoholics Anonymous, 7:30 p.m., Alano Club.

The Journal

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LOTTERY

Wednesday’s Daily 3 1, 9, 2	Wednesday’s Hot Lotto 5, 7, 18, 31, 41	Mega Ball 1
Wednesday’s Northstar Cash 10, 12, 20, 24, 31	Hot Ball 4	Wednesday’s Powerball 2, 14, 39, 40, 43
Wednesday’s Gopher 5 9, 10, 19, 22, 23	Saturday’s Mega Millions 25, 34, 55, 70, 71	Powerball 13

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