

# LIFESTYLES

SHARE YOUR STORY

The Journal welcomes ideas for stories about people in our community who have gotten married, graduated, joined the military, etc.

Call the Journal at 285-7411

## Have fun while learning

Just a few weeks remain in the school year. The library is gearing up for summer reading and that means that I've been thinking about the summer slump.

If kids (and adults) take three months off from reading and learning their skills actually go backward. They lose ground that they have worked hard to gain during the school year. While some skills, like riding a bike, are apparently eternal, once you learn them, you don't lose them. The same isn't true for reading, math and science skills.

It is time to begin talking and making plans to keep up those skills this summer. It doesn't take much. If you and your kids spend 30 minutes a day reading and/or exploring math and science, they will enter school in September ready to pick up where they leave



Diane  
ADAMS

@ YOUR LIBRARY

off this spring. The lessons don't have to be formal, and they don't need to even read new materials. If they have a favorite book series and want to re-read that this summer, that is fine.

Spend time going on a nature walk, talking about the plants, animals and bugs you see. Take your child to the grocery store with you and have them compare prices to find the best deal, or add up the total price of the groceries. Have them help in the kitchen, baking and cooking.

Be really adventurous and have them plan and build a treehouse. Those are all simple ways to incorporate math into their day and help them not lose ground.

The library also has a number of books with ideas for having fun learning. Take a look at some of these for ideas that fit your family.

"The Kids' Summer Handbook" and "The Kids' Campfire Book," both by Jane Drake and Ann Love, have lots of ideas for spending time outside exploring the world around us. "Fun and Games for the 21st Century Family" by Steve Caplin and Simon Rose, "CreativeFamily Project, Games and Activities" by Cynthia MacGregor and "15 Minutes Outside" by Rebecca Cohen all have great ideas for doing things together as a family which can provide plenty of opportunities to think, learn and have fun.

"Catch a Fish, Throw a Ball, Fly a Kite," by Jeffrey Lee, contains 21 timeless skills that we should all know how to do and summer is a great time to learn some of them. If you want a bit more challenging activities, try "Geek Dad" by Ken Denmead or "Backyard Rockets" by instructibles.com for cool projects and activities.

Here are two to have on hand when your child says, 'I'm bored.' "The Anti-Boredom Book" by the editors of Owl magazine and "Unbored: The Essential Field Guide to Serious Fun" by Joshua Glenn and Elizabeth Foy Larsen. Whip these out and have them find something to do.

And be sure and participate in the library summer reading program. Booklets with full program details will be coming home with your students the week of May 19.

## PET OF THE WEEK



CONTRIBUTED PHOTO

My name is "Ash." From first glance you might say I am a Siamese/ragdoll-like cat, but only I know what I am and I am not talking. All you need to know is I am very affectionate and I love human companionship. I will be neutered soon and up-to-date on my shots so I will be ready to go when

you call because I know you have been looking for a cat like me for a long time. So don't let my fur slip through your fingers. Call today. — Love, Ash

For more information, visit the website at [www.borderlandhumanesociety.org](http://www.borderlandhumanesociety.org) or call 218-324-2313 or 283-9276.

## BIRTH

The following birth has been reported from La Verendrye General Hospital, Fort Frances, Ontario.

Born to:

Aaron and Stephanie Mishibinijima (nee Hyatt), Emo, Ontario, a son, Quinn Victor George Mishibinijima, 8 pounds, 6 ounces, April 11, 2014.

## Loyalty Days 2014 observed for Ladies Auxiliary

BY BETH JOHNSON

Loyalty Days 2014 were conducted for the 8th District of the Veterans of Foreign War and Ladies Auxiliary May 2-4 in Carlton.

International Falls VFW Post 2948 and Auxiliary members in attendance included: Wayne Sampson, district chaplain; Terry Randolph; auxiliary president, Pat DeLapp; senior vice, Kathy Sikkila; treasurer, Linda Chezick; secretary, Beth Johnson; soloist, Margarete Kostiuik; and POW/MIA chairman, Diane Huntington.

reaffirmation of loyalty to the United States and for the recognition of the heritage of American freedom.

The Ladies Auxiliary received awards in the following areas: first place for participation in the hospital program; membership award, which is currently at 99.04 percent; first place for best promotional for Voice of Democracy and Patriots Pen programs; Citation of Merit in recognition for Americanism participation; Citation of Merit for best overall program for Veterans and Family Support; Citation of Merit in recognition of the stop bullying program

for local schools; and first place award for the 8th District Avon Fundraiser, most orders and sales.

Eighteen 8th District VFW posts and auxiliaries attended the meeting, dinners and memorial services over the two-day celebration.

Honored guests included Doris Anderson, senior vice president of the Department of Minnesota Ladies Auxiliary, and Frank Presfield, Minnesota VFW State Commander.

Installation of officers was conducted for the VFW 8th District with the following from International Falls: Wayne Sampson, 8th

FIND DEALS

in

The Journal Classifieds

## LOOKINGBACK

**25 YEARS AGO**

Pvt. James R. Mann, son of Arden W. Mann of Route 1, Littlefork, has completed basic training at Fort Dix, N.J.

Betsy Moyer and Sandy Dexter were voted Most Valuable Players in their respective pool leagues this past season.

**40 YEARS AGO**

A girl was born today at Falls Memorial Hospital to Mr. and Mrs. Michael Carlson.

Peggy Kirk and Melody Johnson were crowned Falls High badminton champions for the 1974 season.

Ann Johnson rolled a season high of 264 and a series high of 647 in the National Bowling League to win top honors in both categories.

**50 YEARS AGO**

A girl was born today at Falls Memorial Hospital to Mr. and Mrs. Kenneth Norenberg, 7 pounds, 14 1/2 ounces.

Roy A. Petrie, principal of Loman School for the past 15 years, will be honored at a party Monday at 8 p.m. at the school auditorium. Petrie has announced his retirement from the teaching profession which covers 47 years as an instructor in

both elementary and high schools.

Mrs. Ben Saari, 509 Fifth St., was guest of honor at a cradle shower at the home of Mrs. Sadie Steele.

Airman First Class Kenneth R. Blanchard, his wife, Patricia, and sons, Kenneth Jr., and Mark, are visiting with his family, Mr. and Mrs. Bob Blanchard of South International Falls, prior to his leaving for a 13-month assignment to Osan Air Force Base, Korea.

**60 YEARS AGO**

A daughter was born today to Mr. and Mrs. Ralph Thompson, Loman Route; 7 pounds, 10 ounces.

A son was born today to Mr. and Mrs. Anthony Hohn; 5 pounds, 8 1/2 ounces.

Mrs. Alfred Walter, 514 10th St., was honored at a stork shower at the home of Mrs. Robert Polkinghorne, 517 10th St.

A daughter was born today at Falls Memorial Hospital to Mr. and Mrs. Robert Tessier, 902 Eighth Ave. Weight, 6 pounds, 15 ounces; name chosen, Patricia Louise.

**70 YEARS AGO**

A reunion and birthday observance were combined

when members of the Jameson and Hodel families surprised Edward Jameson on his birthday at his home in Penney apartments.

Mrs. Mary Schulz, 81, holds the distinction of being the first here to make pads for the cancer home in St. Paul, according to Mrs. M.E. Withrow, district commander of the Women's Field Army. Mrs. Schulz, who lives with her daughter, Mrs. C.H. Brantingham, 706 10th St., did such an expert job on the pads that several of the three dozen, which she turned in, are to be used for samples.

Jake Zaitz, MD & W roundhouse employee, who is suffering from an attack of flu, entered Northern Minnesota Hospital Saturday.

Robert Jerome, son of Mr. and Mrs. Erving Jerome, Sunnyside Addition, underwent a tonsillectomy at Northern Minnesota Hospital this morning. His brother, James, was hospitalized yesterday when he injured his hand in the gears of a machine.

*Compiled by the Falls Public Library. Visit them online at [www.internationalfallslibrary.us](http://www.internationalfallslibrary.us).*

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