

SPORTS



Who is...
McKenna Rasmussen, Bronco girls volleyball senior hitter, is featured

B2

QUICK HITS

Bronco girls lose opener at Hibbing

The International Falls girls swimming and diving team opened the season Thursday losing a dual meet at Hibbing, 100-77.

The Broncos placed first in five of the 12 events.

Falls' 200-yard medley relay team of Abby Kostiuk, Emily Saari, Emma Misner and Claire Herzig won in 2 minutes and 89 hundredths of a second.

Kostiuk also won the 100 backstroke (1:05.9), Misner had the top time in the 100 butterfly (1:09.85) and Saari and Herzig went 1-2, respectively, in the 100 breaststroke in 1:14.78 and 1:18.8.

Falls' other top finish came from Jessica Hell in 1-meter diving (150.25 points).

Falls CC teams open season at Virginia

The International Falls boys and girls cross country teams competed Thursday at the Virginia Invite in their first meet of the season.

The Broncos' top individual finish came in the girls competition from sophomore Lexi Erickson, who placed second on the 4,000-meter course in 16 minutes, 21.1 seconds.

The Bronco boys had a top-20 individual finish from John Cowman, who placed 15th on the 5,000-meter course in 19:13.

The Broncos' next meet is next Thursday at Roseau.

GIRLS VOLLEYBALL

FHS gallops past L-BF, improves to 3-0

BY KEVIN BONESKE
Sports Editor

For the first time since 2010, International Falls has won a varsity volleyball match over nearby rival Littlefork-Big Falls.

Thursday night in the FHS gym, the Broncos swept the Vikings in three straight games, 25-19, 25-23, 25-19.

"We played well, we passed and we had some tough hits," said FHS head coach Erin Shikowsky. "What I like about my team so far is that they can play with confidence, even when there's a lot of pressure, and I think we did that (Thursday night)."

The Broncos' statistical leaders included: McKenna Rasmussen, 11 kills, two blocks and five ace serves; Tessa Walls, 11 kills and three blocks; Maddie Filipiak, 10 kills and three blocks; Teagan Anderson, 30 set assists; and Lauren Rautio, 22 digs.

The Vikings were led statistically by: Amanda Nelson, 11 kills and four blocks; Breann Larson, 21 digs; Emily Knaeble, 19 digs; and Taylor Wendt, 14 set assists.

FHS improved its season match record to 3-0, while L-BF remains winless at 0-3.

"In all three matches



STAFF PHOTO BY KEVIN BONESKE

From left, the Vikings' Amanda Nelson (9) hits the ball into blocking opposition from the Broncos' Bianca Carlson (15) in Thursday's match in the Falls High School gym.

we've played this season, we've certainly had the opportunity to win," said Vikings head coach Kim Wimmer. "We have the

volleyball skills to win these matches. It's between errors and just not playing our game, I guess, on game night. We just

haven't been able to pick up a win and we need to turn that around."

L-BF will seek its first match victory of the sea-

son at home Tuesday against Bigfork. FHS will seek to extend its undefeated record Tuesday at North Woods.



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