

Your only
Locally-owned
Supermarket for
over 50 years.



PRICES IN EFFECT NOON
Sun., August 11 - Sat., August 17

Open 7 Days A Week 5:00 a.m. - Midnight
Hwy. 11-71 West, I. Falls, MN
283-8440 • www.s1foods.com

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| VALUABLE COUPON 1010  Duncan Hines Brownie Mixes 18-18.3 oz. box 98¢ each <small>Limit 2 per family with coupon at Super One thru August 17, 2013</small> | VALUABLE COUPON 1020  Creamette Pasta 12-16 oz. box 88¢ each <small>Limit 2 per family with coupon at Super One thru August 17, 2013</small> | VALUABLE COUPON 1030  Angel Soft Bathroom Tissue 4 regular roll pkg. 88¢ each <small>Limit 2 per family with coupon at Super One thru August 17, 2013</small> | VALUABLE COUPON 1040  Essential Everyday Paper Towel single roll 68¢ each <small>Limit 4 per family with coupon at Super One thru August 17, 2013</small> |
| VALUABLE COUPON 1050  Essential Everyday Dry Roasted Peanuts 16 oz. jar \$1.48 each <small>Limit 2 per family with coupon at Super One thru August 17, 2013</small> | VALUABLE COUPON 1060  Cascade Ice Flavored Sparkling Water 17.2 oz. bottle 68¢ each <small>Limit 4 per family with coupon at Super One thru August 17, 2013</small> | VALUABLE COUPON 1070  Van Camp's Pork and Beans 16 oz. can 38¢ each <small>Limit 4 per family with coupon at Super One thru August 17, 2013</small> | VALUABLE COUPON 1080  Open Pit BBQ Sauce 18 oz. bottle 68¢ each <small>Limit 2 per family with coupon at Super One thru August 17, 2013</small> |
| VALUABLE COUPON 1090 DAIRY  Essential Everyday English Muffins 6 pack 88¢ each <small>Limit 2 per family with coupon at Super One thru August 17, 2013</small> | VALUABLE COUPON 1100 FROZEN  Stone Ridge Creamery Premium Ice Cream 48 oz. scround \$1.98 each <small>Limit 1 per family with coupon at Super One thru August 17, 2013</small> | VALUABLE COUPON 1110  ERA Liquid Laundry Detergent 50 oz. bottle \$2.88 each <small>Limit 1 per family with coupon at Super One thru August 17, 2013</small> | VALUABLE COUPON 1120  Old Orchard Apple Juice 64 oz. bottle \$1.48 each <small>Limit 2 per family with coupon at Super One thru August 17, 2013</small> |
| VALUABLE COUPON 1130  Hershey's Chocolate Syrup 24 oz. bottle \$1.68 each <small>Limit 1 per family with coupon at Super One thru August 17, 2013</small> | VALUABLE COUPON 1140 DAIRY  Dean's Whipped Cream 6.5 oz. aerosol can 98¢ each <small>Limit 1 per family with coupon at Super One thru August 17, 2013</small> | VALUABLE COUPON 1150  Essential Everyday Sugar 4 lb. bag \$1.88 each <small>Limit 1 per family with coupon at Super One thru August 17, 2013</small> | VALUABLE COUPON 1160  Folgers Country Roast Coffee 34.5 oz. can \$6.88 each <small>Limit 1 per family with coupon at Super One thru August 17, 2013</small> |
| VALUABLE COUPON 1170  Chicken of the Sea Chunk Light Tuna 5 oz. can 68¢ each <small>Limit 2 per family with coupon at Super One thru August 17, 2013</small> | VALUABLE COUPON 1180  K.C. Masterpiece Baked Beans 16 oz. can 78¢ each <small>Limit 2 per family with coupon at Super One thru August 17, 2013</small> | VALUABLE COUPON 1015  Arctic Shores Cooked Salad Shrimp 6 oz. \$2.00 each <small>Limit 10 per family with coupon at Super One thru August 17, 2013</small> | VALUABLE COUPON 1025  Steak-umm Sliced Beef Steaks 9 oz. \$2.99 each <small>Limit 10 per family with coupon at Super One thru August 17, 2013</small> |

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| Coke & Coke Products 2 liters..... | 2/\$3 |
| Coke & Coke Products 12 packs..... | 3/\$10 |
| Dasani Water 24 packs | \$3.99 |

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| Hunt's Ketchup24 oz. squeeze bottle | 88¢ |
| Open Pit BBQ Sauce ... 18 oz. bottle | 88¢ |
| Milwaukee Dill Pickles 32 oz. jar | \$1.88 |
| Van Camp's Pork and Beans 15 oz. can | 55¢ |
| K.C. Masterpiece Baked Beans 16 oz. can | 88¢ |
| Plochman's Mustard 24 oz. | 2/\$3 |

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| Keebler Chips Deluxe Cookies .. 13.3-14.8 oz. pkg | 2/\$4 |
| Keebler Fudge Shop Cookies 6.6-15 oz. pkg | 2/\$4 |
| Keebler Cracker Packs 10.4-11 oz. pkg | 2/\$5 |
| Keebler Cheez-It Crackers6-7 oz. box | 2/\$3 |
| Nabisco Premium Saltine Rounds10 oz. box | 2/\$4 |

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| Duncan Hines Brownie Mixes18-18.3 oz. box | \$1.18 |
| Pillsbury Cake Mixes 15.25 oz. box | \$1.18 |
| Diamond Walnuts 16 oz. bag | \$5.98 |

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| Baked Lay's, Ruffles, Tostitos, Cheetos & Doritos 9-11.5 oz. | \$3.49 |
| Rold Gold Pretzels 10-16 oz. | 2/\$6 |
| Munchies 8 oz. | 2/\$6 |
| Variety Pack Chips 20 ct. | \$6.99 |
| Matador Jerky 3 oz. | \$4.99 |
| Frito Lay Naturals 8-9 oz. | 2/\$7 |
| Old Dutch Triple Pack Box Chips 15 oz. | \$3.79 |
| Old Dutch Kettle Corn 7 oz. | 2/\$4.88 |
| Valley Fresh Canned White Chicken 10 oz. can | 2/\$4 |
| Carnation Instant Breakfast 8-10 count box | \$3.99 |
| Keebler Graham Pie Crust 6 oz. | 2/\$3 |
| Chicken of the Sea Chunk White Tuna 5 oz. can | 4/\$5 |
| Chicken of the Sea Salmon 2.5 oz. pouch | 4/\$5 |
| Essential Everyday Chopped Olives 4.25 oz. can | 4/\$3 |
| Essential Everyday Sliced Olives 2.25 oz. can | 4/\$3 |
| Classico Pasta Sauce 8.1-24 oz. jar | 2/\$4 |
| Carlita Taco Dinner Kit 9.75 oz. box..... | 2/\$4 |
| Carlita Taco Shells 12 count box | \$1.18 |
| Carlita Flour Tortilla 19.2 oz. pkg. | 2/\$3 |

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| Carlita Taco Seasoning 1.25 oz. packet..... | 2/\$1 |
| Morton Sea Salt 26 oz. | \$1.88 |
| Pop Secret Microwave Popcorn 3 count box. | 2/\$4 |
| Essential Everyday Dry Roasted Peanuts 16 oz. jar | \$1.68 |
| Crystal Light Drink Mix 12 pack..... | 2/\$5 |
| Maruchan Instant Ramen Cups 2.25 oz. cup | 2/\$1 |
| Essential Everyday Mushrooms 4.5 oz. glass jar | 4/\$5 |
| Essential Everyday Long Grain White Rice 1 lb. bag | 88¢ |
| Essential Everyday Long Grain Brown Rice 1 lb. bag..... | 88¢ |
| Zatarain's Rice Dishes 7-8 oz. box | 2/\$3 |
| Lysol All Purpose Cleaner 40 oz. bottle | 2/\$5 |
| Lysol Disinfecting Wipes 35 count container | 2/\$5 |
| Kleenex Facial Tissue 68-160 count box | 2/\$3 |
| Dial Soap 8 bar pkg. | \$4.98 |
| Ajax Dish Detergent 30 oz. bottle | 2/\$4 |
| Finish Automatic Dish Washer Detergent 25-32 count tabs | \$4.98 |

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| No Name Steak House Seasoned or Cheddar Bacon Steak Burgers 27 oz. | \$5.99 each <small>Limit 10 per family with coupon at Super One thru August 17, 2013</small> |
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| Johnsonville Mushroom Swiss or Cheddar Bacon Grillers 2 lb. | \$5.99 each <small>Limit 10 per family with coupon at Super One thru August 17, 2013</small> |
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| FROZEN | | |
|---|---------------|--|
| Freschetta Pizza 18.25-28.01 oz. | \$3.98 | |
| Red Baron Pan Pizza 30 oz. | \$3.98 | |
| Red baron Pizza & Sides 28.60 oz. | \$3.98 | |
| Pagoda Egg Rolls 12.27 oz. | 2/\$5 | |
| Shoppers Value Ice Cream gallon pail | \$4.50 | |
| Stone Ridge Creamery Ice Cream Sandwich 12 count box | 2/\$5 | |

| DAIRY | | |
|---|---------------|--|
| Essential Everyday Shredded Cheese8 oz. pkg. | \$1.48 | |
| Essential Everyday Cheese Loaf2 lb. | \$3.98 | |
| Crystal Farms American Singles ..12 oz. pkg. | \$1.88 | |
| Essential Everyday Grated Parmesan Cheese (reg. only) 8 oz. tube | \$1.88 | |
| Essential Everyday English Muffins 6 pack | 98¢ | |

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| Taystee Large White Bread ... 24 oz. | \$1.99 |
| Sara Lee Honey Wheat Bread 20 oz. | \$1.99 |
| Brownberry Thins 8 cnt. | \$2.49 |
| Essential Everyday Split-top Wheat Bread ... 24 oz. | 2/\$3 |
| Old Style 12 Grain Bread 24 oz. | \$1.99 |

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| Creamette Pasta 12-16 oz. box | 5/\$5 |
| Creamette Lasagna Noodles 16 oz. | 2/\$3 |
| Chicken of the Sea Chunk Light Tuna 5 oz. can | 88¢ |
| Kraft Macaroni and Cheese Dinner 7.25 oz. box | 5/\$5 |
| Essential Everyday Mayonnaise or Salad Dressing 30 oz. jar | \$2.18 |
| New York Texas Toast Croutons 5 oz. pouch | 5/\$5 |

| CEREAL | | |
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| <i>Kellogg's</i> | | |
| Rice Krispies 9 oz. | | |
| Corn Flakes 12 oz. | | |
| Raisin Bran13.7 oz. | | |
| Smorz Cereal 8.9 oz. | | |
| Frosted Flakes10.5 oz. | | |
| Cinnabon Cereal 9 oz. | | |
| Cocoa Krispies 11 oz. | | |
| Scooby Doo Cereal 12 oz. | | |
| Froot Loops 8.7 oz. | | |
| Corn Pops 9.2 oz. | | |
| Apple Jacks 8.7 oz. | 3/\$5 | |
| <i>Quaker</i> | | |
| Life 18 oz. | | |
| Life Cinnamon 18 oz. | | |
| Life Maple Brown Sugar 18 oz. | | |
| Cap'n Crunch 20 oz. | | |
| Peanut Butter Crunch17.1 oz. | | |
| Crunch Berries18.7 oz. | 3/\$9 | |
| Kellogg's Pop Tarts 8 count box | 3/\$5 | |
| Kellogg's Special K Bars4.4-4.86 oz. box | 2/\$5 | |
| Kellogg's Fiber Plus Bars 6-6.3 oz. box | 2/\$5 | |
| Kellogg's Fruit Snacks 8 oz. box | 2/\$4 | |
| Kellogg's Nutri-Grain Bars ...7.4-10.4 oz. box | 2/\$5 | |

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| Gatorade ... 6 packs 12 oz. bottle | \$2.98 |
| Old Orchard Apple Juice64 oz. bottle | \$1.68 |
| Cascade Ice Flavored Sparkling Water 17.2 oz. bottle | 78¢ |
| Old Orchard 100% Juice Blends 64 oz. bottle | \$1.88 |

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| Sun Chips 10.5 oz. | 2/\$6 |
| Frito Lay Kettle Cooked Lays 8-8.5 oz. | 2/\$6 |
| Tostitos/ Lay's Dips & Salsa15-15.8 oz. | 2/\$6 |
| Tostitos Cantina's 9-12 oz. | 2/\$6 |
| Tostitos 9-13 oz. | 2/\$6 |
| Old Dutch Ripples Potato Chips 8-8.5 oz. | 2/\$4.44 |
| Old Dutch Arriba Nacho Cheese Tortilla Chips ...12 oz. | 2/\$4.44 |
| Barrel-o-Fun Cheese Balls, Puffs & Curls 12 oz. | 2/\$4.88 |