

LIFESTYLES

SHARE YOUR STORY

The Journal welcomes ideas for stories about people in our community who have gotten married, graduated, joined the military, etc.
Call the Journal at 285-7411

Now is a great time to create and make

Come experience the art of metal tooling this Saturday, Nov. 16, at noon. This program for anyone ages 7 and above (adults included) will allow you to create a picture frame using soft metal, embossing tools, color and more. The Duluth Art Institute staff will provide all the materials needed.

If you make gifts for friends and family at the holidays you have either been making things all year or it's time to get started. If you keep the home fires burning while everyone else is out hunting, now is a great time to create and make. Here are new books to help you discover that perfect gift.

Edible DIY by Lucy Baker contains "simple, giftable recipes to savor and share." You'll find everything from sweet and spicy walnuts to lemony sweet tea vodka and balsamic-raisin steak sauce. *The Pickled Pantry* by Andrea Chesman has recipes for everything from apples to zucchini, 150 recipes in all for pickles, relishes, chutneys and more.

The more adventurous might want to check out *The Homebuilt Winery* by Steve Hughes. The book includes 43 projects for building and using winemaking equipment. So while probably not gifts themselves (unless



Diane
ADAMS

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you have friends who make their own wine) the projects can enable you to gift friends and family with homemade wine, yum.

Classic Chain Mail Jewelry with a Twist by Sue Ripsch includes some phenomenal pieces of jewelry with clear directions and great ideas using an ancient metal technique. *The Gentle Art of Stitching* by Jane Brocket includes a variety of needle arts including Sashiko, embroidery, cross stitch, kantha and more. Pick up some skills not seen much these days and create gifts that will be treasured for their uniqueness.

Continuing the sewing theme with *Return of the Stupid Sock Creatures* by John Murphy includes 19 different creatures built from socks and a variety of add-ons. The directions include easy-to-understand diagrams and plenty of humorous

instructions so before you know it, you'll have your own menagerie of sock creatures.

Sew Pretty T-Shirt Dresses contains more than 25 easy, pattern-free designs for little girls. These delightful dresses are sure to please just about any young girl on your gift list this holiday season. *Tie-Dye* by Shabd Simon-Alexander conjures up memories from the 1960s, but tie-dye has grown up according to the author and is now inspired. The author provides details on dip-dye, shibor, ombre or the traditional circle pattern to create innovative styles.

The Art & Craft of Pyrography by Lois Irish explains, illustrates and provides patterns for drawing with fire on leather, gourds, cloth, paper and wood. The author provides information about buying your own pyrography system and the importance of practicing new techniques and strokes before doing the actual project before outlining work on seven different surfaces with patterns for 43 projects.

We'll finish this week with *Natural Soap Making* by Elizabeth Letcavage. I'm ready to clean up after a long day of crafting and this book includes a dozen recipes created naturally.

PET OF THE WEEK

Hi, my name is "Carter." I am a fun loving boy who loves life. I get along with everybody, literally everybody – other dogs, cats, people and little people. Let me tell you about my favorite things in life: toys, toys and more toys, stuffed animals, going on walks, wrestling with my dog friends, being held and snuggling with my people friends. I can't believe I forgot to mention treats – I really like treats too! The cool thing about me is that I am versatile – I like to play hard, but I also like to take it easy and be a couch potato. Don't get me wrong; it is nice to lounge around all day, but I have to exercise each day. I don't like to blow my own horn, but if you ask me, I am a

smart boy. I know a few commands and when we play fetch, I will run after the ball (I don't want it to get away), grab it, run back to you and drop it (without being told), so we can start the process all over again. If you look at Facebook you can see a video of me playing fetch with a dog friend of mine. I am looking for my forever home. Won't you consider adopting a gentle, handsome, smart boy? I'm talking about me, just in case there was any doubt in your mind. - Always, Carter.

For more information, visit the website at www.borderlandhumanesociety.org or call 218-324-2313 or 283-9276.



CONTRIBUTED PHOTO

Degree of Honor – what is it?

COMPILED BY LYNDA FAITH

It's the first Monday of the month, nearing 7 p.m., at the River's Edge Villa dining room. The friendly banter among the ladies is dying down. The president's gavel resounds, all is suddenly quiet, and the local Degree of Honor, Peace Lodge 251, comes to order.

The inviting member begins with the introduction of the evening's speaker from the immediate area. The end of the informational talk is indicated by applause, questions, comments, and the presenting of a check from the lodge to the speaker to help his/her cause.

The speaker leaves, and the monthly meeting begins with the members standing, placing their hands over their hearts, and pledging their allegiance to our country. Soon enough, during the usual order, comes the time for "New Business" and each member brings up either our yearly benefactors, articles from The Journal that ask for community help, and our own observations of needs from simply living in our area.

You see, we, the local members of Degree of Honor, Peace Lodge 251, record and report our volunteer hours to the main Degree of Honor Protective Association offices in St. Paul and receive compensation to disperse as we see fit within certain parameters to the people and our community and surrounding area for charitable reasons.

Locally, we give scholarships to qualified young area volunteers, help our fellow townspeople, aid our schools, donate to animals, and support multiple other needs in this area.

At each meeting we suggest, read, listen, observe, recognize, discuss, agree



CONTRIBUTED PHOTO

Degree of Honor members include, from left, Lynda Faith, Mary Pautz, Sherry Fehrman, secretary, June Wilson, president, Muriel Severt and Mary Morrisseau, treasurer. Missing from the photo are Corinne "Corky" Brindos, Pat DeBenedet and Anne Nordstrom.

and finally act on these needs. Naturally, we provide for charitable organizations as Ronald McDonald House and The Salvation Army, and internationally, the Smile Network International.

One member states, "I love helping our young people."

"We help feed people and animals, and I'm proud of what we do," yet another voices. "At last, a way to volunteer that helps at many levels," and "I love keeping our money in our community ...," two others pipe in. We give our time to our community with glad hearts.

The Degree of Honor was formed in 1886 because railroad workers could not get insurance. When a husband died, wives pooled donations to provide financial support for the family survivors. Families today still are of great importance. They are able to get affordable life insurance to help them throughout life and even through burials.

The Degree of Honor Protective Association is a not-for-profit organization that has taken as its motto, "Insurance with a Heart," and it works hard to live up to

this, even to its local lodges and service clubs continuing the work of helping families and communities which brings us to Peace Lodge 251 here in International Falls.

The local chapter was established in November 1919. Its first president was Emily Dahl and the current leader is June Wilson.

The president again bangs the gavel to end the meeting. Refreshments are served, perhaps a short game or two is played, prizes are distributed, pleasant conversation is shared, and finally our members start leaving slowly.

Interested in joining us? If you are a committed volunteer with a desire to help the community to retain its generous reputation, please come. You are welcome to become part of a network of people who support the greater good for families in our area and society at large. Either by buying insurance or paying a mere \$5 a year, you can become a member. Again, we meet the first Monday of the month at 7 p.m. at River's Edge Villa in the dining room. Feel free to check us out.

LOOKINGBACK

25 YEARS AGO

Bronco gridders Joe Casareto, Steve Crosby, Roger Oettinger and Marty Olson made the Sea Range All-Conference team.

Pat Monkman, a 1988 graduate of Indus School, received the first Vernon Skrien Memorial Scholarship of \$150. Skrien was the man who started and taught the small engines course at Rainy River Community College. The \$150 scholarship was organized by Von Morgan.

40 YEARS AGO

A boy was born today at Falls Memorial Hospital to Mr. and Mrs. Mark Richmond.

A boy was born today at Falls Memorial Hospital to Mr. and Mrs. Ronald Daniels.

A girl was born today at Falls Memorial Hospital to Mr. and Mrs. William Marvel.

50 YEARS AGO

Mrs. Wayne Simonson and infant daughter, Alaina Marie, were honored at a cradle shower at the home of Elaine Long.

Mrs. Marvin Bakken and daughter, Patty Marie, 3, Island View Route, are enjoying a six-week visit in New York City with her four brothers and three sisters.

This marks Mrs. Bakken's first visit to her former home in five years.

An autumn theme was used in decorating for a party at the Falls Nursing Home. Three employees who are leaving the staff were honored, Mrs. Gerald Hodgson, registered nurse, and Mrs. Peter Adams and Mrs. Loren Reyes, aides.

Mrs. Russell Christensen was the guest of honor at a stork shower at Ukrainian Hall.

60 YEARS AGO

A daughter was born today at Falls Memorial Hospital to Mr. and Mrs. Vernon Pelland, Gateway Cabins; weight, 7 pounds, 9 ounces. Name chosen, Connie Lynn.

Miss Doris May Clauson, a senior student at Concordia College, Moorhead, is teaching business at Oak Grove Lutheran High School in Fargo for her student

teaching assignment.

Two South International Falls men retired recently after long and faithful service with the Falls division of Minnesota and Ontario Paper Company. Allen D. McElDowney, a veteran of the Insulite with more than 24 years of service, retired Nov. 1.

October marked the last working day of Ingvald S. Dahl, a millwright and sawmill man with the company for the last 19 years.

Bennett LaVigne and 3-year-old son, Bruce, both celebrated their birthdays Tuesday evening at a supper at their home, 1119 First Ave. W.

70 YEARS AGO

Home on furlough from Portland, Ore., is Pvt. Earl Bray, son of Mrs. Frank Bray of Holler. Bray intends to leave Monday for his new base somewhere in Arizona.

Wedding Invitations

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