

Text the Word
IFALLSSUPER1
To 77948

To receive our weekly circular
And weekly specials right to
your mobile phone

SuperOne
FOODS **1**

Open 7 Days A Week
5:00 a.m. - Midnight

Hwy. 11-71 West, International Falls, MN
283-8440

Visit our new website
superoneifalls.com

PRICES IN EFFECT

Noon Sunday, February 15 - Saturday, February 21



Use our
in-store ATM
We reserve the right to limit
quantities!

Your only locally-owned Supermarket for over 50 years.

Meat Department - Fresh Meats Cut Daily

LENT SPECIALS

Arctic Shores
**Wild Caught
Keta Salmon Sides**
\$7.99
1.5 lb.

Arctic Shores
**Wild Caught
AHI Tuna**
\$5.49
12 oz.

Arctic Shores
**Raw EZ-Peel
Large Shrimp**
\$7.99
16 oz. 26-30 ct.

Cannon Fish Co.
**Wild Caught
Swordfish Steaks**
\$3.99
5 oz.

Stewart's
SuperOne
U.S.D.A. Choice
Black Angus

**T-Bone
Steaks**

\$6.89
lb.

Stewart's
SuperOne
U.S.D.A. Choice
Black Angus

**Sirloin Tip
Steak**

\$4.49
lb.

Stewart's
SuperOne
U.S.D.A. Choice
Black Angus

**Sirloin Tip
Roast**

\$4.29
lb.

Gold'n Plump
**All Natural
Whole Chicken**
\$3.99
3.5 lb.

Gold'n Plump
**All Natural Family Pack
Chicken Drumsticks
or Thighs**

\$3.99
3.5 lb.

Gold'n Plump
**Extra Tender Chicken
Breast Fillets or
Breast Tenders**

\$3.99
14-15 oz.

Minnesota Gold
**Family Pack Sliced
Slab Bacon**

\$3.99
lb.

Family Favorites
**Chicken Wing
Drumettes**

\$4.99
2 lb.

W.H.M. Stewart's
**Smoked Taco
Sausage Links**

\$3.89
lb.

Claussen
**Kosher Dill
Refrigerated Pickles**..20-32 oz.

\$2.99

Midwest Pride or Elliott's
**Fresh Pork
Sausage Links**

\$2.79
lb.

Oscar Mayer
**Chopped Ham, Ham &
Cheese, Oven Roasted
or Smoked Turkey**.....16 oz.

2/\$6

Oscar Mayer
**Uploaded
Lunchables**.....14.1-15.5 oz.

2/\$6

Bongards' Creameries
Sliced American Cheese.....

\$17.99
3 lb.

VALUABLE COUPON

Shoppers Value
**Original, Pepperoni,
Supreme or
Breakfast Pizza**
4.5-5.25 oz.

79¢

Meat Department
Limit 10 per family with coupon at Super One thru February 21, 2015

VALUABLE COUPON

Shoppers Value
**Breaded Chicken,
Sausage Biscuit,
Cheese Burger or
BBQ Rib Sandwich**
5-5.5 oz.

99¢

Meat Department
Limit 10 per family with coupon at Super One thru February 21, 2015

VALUABLE COUPON

Antioch Chicken
**Kiev, Cordon Bleu
or Broccoli & Cheese**
5 oz.

99¢

Meat Department
Limit 10 per family with coupon at Super One thru February 21, 2015

VALUABLE COUPON

Essential Everyday
Fully Cooked Bacon
2.1 oz.

\$2.50

Meat Department
Limit 10 per family with coupon at Super One thru February 21, 2015

**Sun-Shine
Citrus Sale!**

California
**Seedless
Navel Oranges**
4 lb. bag
\$2.99
ea.

Texas Rio
**Red
Grapefruit**
5 lb. bag

\$2.99
ea.

Sweet Ripe
**Minneola
Tangelos**

99¢
lb.

Super Select
**Cucumbers or
Jumbo
Green Bell
Peppers**

2/99¢

Jumbo
**Vine-Ripened
Tomatoes**

\$1.49
lb.

Seedless
**Sweet
Clementines**
5 lb. box

\$5.99
ea.

Fresh
**California
Grown Celery**

99¢
ea.

Washington
**Red
Delicious
Apples**
5 lb. bag

\$3.99
ea.

Golden
**Yellow
Onions**
2 lb. bag

\$1.29
ea.

Premium
**Russet
Tomatoes**
10 lb. bag

\$2.99
ea.

**Fresh
Produce**

DELI

February 15 - February 21
Sandwich Special
Pulled Pork w/ Side \$5.99

Check out our specials
on facebook!

Deli Hours:
7am-7pm All Week

MEATS

Baby Pit Ham **\$4.15 lb.**

Bourbon

Pepper Turkey **\$4.85 lb.**

CHEESES

Pepper Jack **\$4.55 lb.**

Colby **\$4.65 lb.**

Fresh Bakery

All Made From
Scratch By
**Our
Bakery**

WHITE HOMESTYLE BREAD..... 1½ lb. **\$1.99**

JUMBO KAISER ROLLS..... ½ doz. **\$2.29**

ANGEL FOOD 12 oz. loaf **\$1.99**

ELEPHANT EARS..... 3 For **\$1.49**



Dairy

Land O Lakes
Half & Half pint

95¢

Land O Lakes
Buttermilk quart

\$1.18

Yoplait
Light Yogurt 6 oz. cup

10/\$5

Custard Style Yogurt..... 6 oz. cup

Coffeemate
Flavored Creamers..... 16 oz. bottle

\$1.88

Blue Bonnet..... 1 lb. quarters

77¢

Essential Everyday
English Muffins..... 6 pack

89¢

Cruz
Flour Tortillas..... 24 oz. pkg.

\$2.39

Kemp's
Cottage Cheese..... 22 oz. tub

\$2.59

Essential Everyday
Shredded Cheese..... 8 oz. pkg. **\$1.88**

Chunk Cheese 8 oz. block **\$2.99**

Simply
Lemonade..... 89 oz. jug **\$2.99**

Simply
Orange Juice 59 oz. bottle **\$3.49**

Land O Lakes
Orange Juice 64 oz. bottle **\$1.49**

REDEEMABLE COUPON | VALID: 02/15/15-02/21/15 | RV0200 | 1130

Blue Bonnet

1 lb. quarters pkg.

58¢ each

Redeem Via SV Retail Accounting.
Limit 10 per family with coupon at Super One thru February 21, 2015



Frozen

Freschetta
Pizza 14.54-30.88 oz.

\$3.98

Edward's
Pies..... 22.4-38 oz.

\$4.99

Tony's
Pizza 14.14-15.76 oz.

\$1.98

Kemp's
Ice Cream 132 oz. pail

\$5.49

Shoppers Value
Ice Cream 56 oz. square

\$1.88

New-York
Texas Cheese Toast ...13.5 oz. pkg.

2/\$5

Van De Kamp's
**Fish Sticks or
Fish Fillets**..... 14-24.6 oz. pkg.

\$3.49

Essential Everyday
Whole Strawberries... 16 oz. pkg.

2/\$4

Essential Everyday
Sliced Strawberries..... 15 oz. pkg.

2/\$4

Banquet
Value Meals 4.73-10.25 oz. pkg.

5/\$5

Essential Everyday
French Fries 32 oz. bag

\$1.88

Hashbrowns..... 24-32 oz. bag

Essential Everyday
Vegetables 32 oz. bag

2/\$4

(Mixed Vegetables, Cut Green Beans, Peas, Corn,
Broccoli Cuts)

WestPac
Vegetables 16 oz. pkg.

5/\$5

(Mixed Vegetables, Peas, Cut Green Beans,
Chopped Broccoli, Corn)

Essential Everyday
Waffles..... 12.3 oz. box

\$1.29