

LIFESTYLES

SHARE YOUR STORY

The Journal welcomes ideas for stories about people in our community who have gotten married, graduated, joined the military, etc.
Call the Journal at 285-7411

Many area events planned

September passed in a blur. I no longer have children in the local schools but still find the first month of the school year to be very busy. October will be busy as well but a little slower so hopefully I can enjoy many of the area events.

Tuesday, Oct. 8, the local “Great Decisions” group will meet at the library from 4 to 5:45 pm. Great Decisions is a foreign policy discussion group that meets seven times a year on the second Tuesday of the month during the school year except during December and May.

The group utilizes the guide published by the Foreign Policy Association and coordinated by the Minnesota International Center, a non-profit, nonpartisan organization that inspires the residents of the state to understand global issues and cultures in an ever changing world.

The October topic is “China in Africa.” What interests govern China’s engagement in Africa? Should China’s growing emphasis on political ties and natural resource extraction inform U.S. relations with African nations? How will China’s decisions regarding Africa affect



Diane
ADAMS

@ YOUR LIBRARY

us here in the United States, should we care?

I attended a conference for rural and small libraries this past week and was thrilled to hear two authors I’d never read. Joe Starita writes non-fiction about the Native American experience. He was wonderful to listen to and I came home to discover we had one of his books that I adding to my “to read” pile. *The Dull Knives of Pine Ridge* is a Lakota odyssey. He writes with passion, compassion and knowledge.

The other author I heard speak was Craig Johnson, creator of the Walt Longmire novels and now a television series on A&E. He was funny, poignant and a great promoter of libraries. We have eight of his novels and they will also be added to my “to read” list. These crime westerns starring Walt Longmire

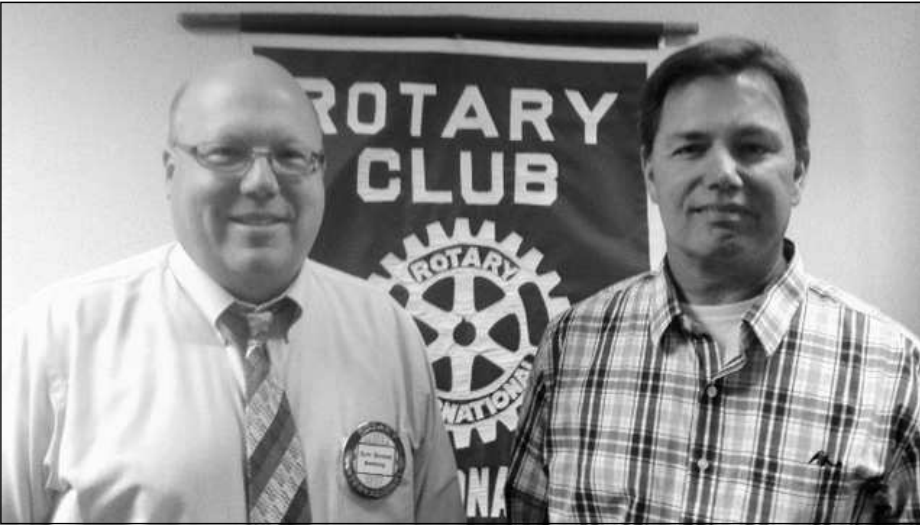
a sheriff in Wyoming sounds terrific. We don’t have the first book in the series so I will be order it to add to the collection.

The Association of Rural and Small Libraries provide great resources and lots of sharing among the many small and rural libraries spread around the country. As a group we share and help one another with ideas, problems and more over the Internet all year long, but the chance to get together with almost 400 other rural librarians in person is awesome.

I came away with lots of cool program ideas, and a realization that our ‘small’ library in our ‘small town’ is very relative. Many of the librarians I spoke with worked in communities of less than 1,000 and in buildings of less than 5,000 sq. ft.

Free tickets for the Rose Ensemble concert are now available at the library. This is their 8th annual Greater Minnesota Tour and this year’s concert is called “The Roots of Bluegrass.” Explore our country’s musical heritage with the Rose Ensemble through America’s Fold, Old-time and Gospel traditions with vocal harmonies, banjo, guitar and fiddle.

ROTARY GUEST



CONTRIBUTED PHOTO

Gary Potter, at right, was the guest of Rotarian Erik Strand at a recent meeting of the International Falls Rotary Club. Potter gave an update on the 2013 International Falls Bass Championship.

PET OF THE WEEK

Meet “Rocky.” He is a spirited dog with lots to offer a family. Owned by a wonderful elderly woman, she is finding out that life for her is getting harder so must find him a new home. He reportedly is a man’s dog — loves men and responds to them very well. Great with kids and other dogs, Rocky is neutered and up to date on shots. Unsure about cats. Call if interested.

For more information, visit the website at www.borderlandhumanesociety.org or call 218-324-2313 or 283-9276.



CONTRIBUTED PHOTO

MEMORIAM

In loving memory of **Leonard W. Groehler**, who passed away Oct. 4, 2008.

*Our hearts still grieve that you had to go.
We all think it was too soon.*

Know that you are in our hearts and that you touch us every day.

**Love from
Pat
Scott and Janine**

**Theresa and Rick
Ross and Jeni
Norma, Jean and
Geno**

COMMUNITY CAFE MENU

The Community Cafe offers free meals, to anyone in Koochiching County, regardless of income, with no restrictions. The program is sponsored by the Falls Hunger Coalition and Citizens for Backus/AB with the support of local volunteers. Reservations are not required. There is no charge for the meals, but donations are accepted. Take-out meals are also available. Meals served on

Tuesdays and Thursdays from 5:30 to 6 p.m. at Backus Community Center, 900 Fifth St. Call the Backus office for information, 285-7225.

October 1

Volunteer Group – First Lutheran Church

Cheeseburger macaroni
Green beans
Dinner rolls
Fruit

October 3

Volunteer Group – First

Lutheran Church

Sausage or cheese pizzas
Salad
Fruit

October 8

Volunteer Group – Knights of Columbus

Baked chicken
Mashed potatoes with gravy
Peas
Fruit

October 10

Volunteer Group – Evangelical Covenant Church

Brats and turkey dogs
Potato wedges
Carrots
Fruit

October 15

Volunteer Group – Zion Lutheran Church

Scalloped potatoes with ham
Green beans
Fruit

October 17

Volunteer Group – Holy Trinity Episcopal Church
Hamburger noodle cas-

serole

Dinner rolls
Fruit

October 22

Volunteer Group – Evangelical Covenant Church

Chicken Parmesan over spaghetti noodles
Salad
Garlic bread sticks

October 24

Volunteer Group – Zion Lutheran Church

Hamburgers
French fries and Tater

Tots

Fruit

October 29

Volunteer Group – Friends Against Abuse

Cheesy broccoli soup
Sliced ham
French bread
Fruit

October 31

Volunteer Group – Falls Hunger Coalition

Shepherd’s pie
Pudding with topping

Wedding Invitations

Custom Printed by North Star Publishing

- Invitations and Envelopes
- Programs
- Save the Date Cards and Magnets
- Thank You Cards

North Star PUBLISHING
Printing & Design

1602 Hwy 71 • Int'l Falls, MN
218-285-7411

• PLAY PULL TABS • PLAY PULL TABS • PLAY PULL TABS

MOOSE LODGE 1259
Guests Welcome

BINGO

EVERY SATURDAY * 1P.M.
\$400 Jackpot
Doors open at noon
20 games including blackout jackpot
Lunch - pull tabs & other games

MOOSE LODGE
Main Street • Int'l Falls, MN
218-283-3615

• PLAY PULL TABS • PLAY PULL TABS • PLAY PULL TABS

Public AUCTION

Saturday October 5, 2013 9:30 AM

616 Memorial Drive, International Falls, MN
Directions: From Highway 53 and the Chocolate Moose Restaurant, go East on Memorial Drive and over 2nd Avenue East and continue on to 616 Memorial Drive.

Henry Macedon Estate

Furniture 4 Pc. Bedroom Set w/ Queen Size Select Comfort Air Bed Single Beds La-Z-Boy Rocker Recliner Oak Display Cabinet w/ Beveled Glass Insets Lamps Microfiber Couch w/ Reclining Ends End Tables Wingback Setting Chair w/ Matching Ottoman Howard Miller, Landsbury, Tripple Chime, Grandfather Clock No. 610-6982 Spindle Legged Wing Chair TV Stand w/ Storage	Sporting Goods / Outdoors Camping Equipment Elk Creek Gun Safe Schwinn Cross Fit Bike Fishing Equipment Smoky Mountain Series LP Upright Smoker Husqvarna 240 and Polan Chainsaws Propane Turkey Fryer Traps Aluminum Loading Ramps 8 ft. and 16 ft. Aluminum Extension Ladders 6' x 5' Enclosed Deer Stand on Trailer, Heated and Carpeted	Shop / Tools Many Hand Tools Pr-Tek 10 in. Miter Saw Craftsman 4 hp 20 gal. Air Compressor Oxyacetylene Torch Set Coleman Powermate Sandborn Upright Air Compressor 14 in. Chop Saw DeWalt Power Shop Radial Arm Saw Guardian Power Drill Press Well-Built 10 gal. Sandblaster Silver Beauty, Exide and DART 6, 12 - V Battery Chargers / Starters Automotive Tools Many Small Power Hand Tools Impact Guns and Air Tools Socket Sets and Wrench Sets Large Craftsman Socket Set Central Machine Tire Changer Lincoln 225 Amp AC welder Electric Cement Mixer
Household Large GE Stainless Steel Microwave Kenmore 5 ft.³ White Chest Freezer Kitchen table w/ 6 chairs and 1 Leave Small Kitchen Appliances Kitchen Glassware and Dishes Pots and Pans Stainless Steel Stock Pot Hoover Steam Vac Electric Grinder Pressure Cooker Canners Many Large Containers of Wheat, Sugar, Flour Many Boxes Canning Jars 18 qt. Roaster Oven	Lawn / Garden / Patio Workhorse 550 Front Tine Tiller Craftsman Gas Powered Garden Tiller Lawn Tractor Yard Sweep Gas BBQ Grill Matching Patio Chairs Outdoor Wood Fire Pit Yard Windmill Ryobi 780 Gas Weed Whip Husqvarna 323L Gas Weed Whip Tree Pruner w/ Fiberglass Handle Garden Seeder	Tractors / Sawmill B John Deere tractor narrow front (parts tractor) B John Deere in restoration process, newer rears 12 x 38, 5 x 16 fronts 11 ft. Sawmill w/ 29 in. Round Saw Blade
Antiques / Collectables Wildlife Art Work by Ray Mertes New Red Wing Pottery Canister Collectible Glass 4 gal. Salt Glaze Target Crock 10 gal. Red Wing Bale Handle Crock Wooden Kraut Cutter Trans Oceanic Radio Railroad Lantern	Trailer / 3 pt. Log Splitter / Power Washer 5 x 10 Utility Trailer North Star 3 pt. Hydraulic Log Splitter Brut 3000 PSI Power Washer w/ Honda Engine 7 ft. Yellow Pickup Snow Plow	1990 John Deere LX 178 Lawn Tractor, 38 in. Deck, Weights, Tire Chains and Snow Blower 1996 Ford 100, Twin I Beam Pickup, 3179 miles, 4 speed man. Trans. 1994 Chevy Fleetside SS 350, Extended Cab, auto trans, Running Boards, Visor, window louvers, Towing Pack, 167, 126 miles 2003 Buick LeSabre Sedan Custom, 4 door, V-6, 160, 304 miles 2005 Polaris 500 H.D., ATP, AWD 4 Wheeler w/ Windshield

Go to our web site or MidwestAuctions.com for more info. and pictures

Body Lab's Holistic Healing & Psychic Fair

Gift Bags for the First 25 Guests

Saturday, Oct. 19th • 10:00am – 5:00pm

AmericInn Hotel & Suites, 1500 Hwy 71, Int'l Falls

4 FREE Guest Speakers

Dean McMurray
Psychic/Medium
10:30-11:30pm

Lisa Howard
Psychic Intuitive, Empath and Clairseient
12:00-12:30pm

Tami Muska-Fitch
Certified Hypnotherapist & Reiki Master
1:00-1:30pm

Shimen Averhoff
Reiki Master Teacher, Certified Crystal Healer, Intuitive Aura Reader
2:00-2:30pm

OVER 20 VENDORS & PRACTITIONERS
Healing Therapists, Intuitive Consultants, Aura Photos, Health Professionals, Psychics, Spirituality Resources, Crystals, Stones, Jewelry, Specialty Gifts...and More!!

\$5 Admission • FREE Lectures • Door Prizes

For more information visit www.BodyLabUSA.com or [Join us on Facebook](https://www.facebook.com/bodylabusa)