

Text the Word
IFALLSSUPER1
To 77948

To receive our weekly circular
And weekly specials right to
your mobile phone

Last week to use your
holiday cash cards!

SuperOne
FOODS **1**

Open 7 Days A Week
5:00 a.m. - Midnight

Hwy. 11-71 West, International Falls, MN

283-8440

Visit our new website
superoneifalls.com

PRICES IN EFFECT

Noon Sunday, February 1 - Saturday, February 7



We reserve the right to limit
quantities!

Your only locally-owned Supermarket for over 50 years.

Meat Department - Fresh Meats Cut Daily



Stewart's
SuperOne
U.S.D.A. Choice
Black Angus

**Boneless
Top Sirloin
Steak**
\$4.97
lb.

Stewart's
SuperOne
U.S.D.A. Choice
Black Angus

**Boneless
Chuck Mock
Tender Steak
or Roast**
\$4.67
lb.

**Fresh Cut
Pork
Shoulder
Steak**
\$1.97
lb.

**Fresh Cut
Pork
Shoulder
Roast**
\$1.87
lb.

Sanderson Farms
Grade A
**Boneless Skinless
Chicken Breasts**
\$1.97
lb.

Gold'n Plump
90% Lean Fresh
Grand Chicken.....
\$3.49
lb.

Matlaw's
Stuffed Clams
or Scallops.....15-20 oz.
\$3.89

SeaPak
Shrimp Poppers or
Shrimp Burgers.....12.8-25 oz.
\$4.99

SeaPak
Jumbo Butterfly or
Butter Garlic
Shrimp Scampi.....9-12 oz.
\$4.99

W.H.M. Stewart's
Old Fashioned Wieners or
Old Fashioned
Cheddar Wieners.....
\$4.79
lb.

**Oscar Mayer
Turkey Franks,
Smokies,
Bacon Dogs or
Jalapeno Dogs**
2/\$5
14-16 oz.

Land-O-Frost
Hickory Smoked
Canadian Bacon.....6 oz.
2/\$5

Elliott's Up North
Smoked Sausage or
Polska Kielbasa.....16 oz.
2/\$5

Elliott's Up North
Polish, Smoked Brats or
Cheddar Brats.....14-16 oz.
2/\$6

Oscar Mayer
Original, Light, Garlic or
Jalapeno Bologna or
Cotto Salami.....16 oz.
2/\$5

Oscar Mayer
Original, Jumbo or
Bun Length Wieners.....16 oz.
2/\$5

VALUABLE COUPON 1150
**Our Own Bakery
Hot Dog Buns**
8 count
99¢
Limit 1 per family with coupon at Super One thru February 7, 2015

VALUABLE COUPON 1015
**Schweigert
Fun Dog Franks**
12 oz.
\$1.00
Meat Department
Limit 10 per family with coupon at Super One thru February 7, 2015

VALUABLE COUPON 1025
**Elliott's Up North
Pork Sausage Rolls**
16 oz.
\$1.25
Meat Department
Limit 10 per family with coupon at Super One thru February 7, 2015

VALUABLE COUPON 1035
**Jamestown
Hardwood Smoked
Sliced Bacon**
16 oz.
\$2.00
Meat Department
Limit 10 per family with coupon at Super One thru February 7, 2015

VALUABLE COUPON 1045
**Jack Links
Original Beef
Summer Sausage**
11 oz.
\$1.50
Meat Department
Limit 10 per family with coupon at Super One thru February 7, 2015

**Washington
Apple Sale!!**

**Red Delicious,
Gala, Braeburn
Fuji, or
Granny Smith**
3 lb. bag
\$3.49
ea.

**Golden
Yellow
Premium
Bananas**
49¢
lb.

**Jumbo
Vine-Ripened
Tomatoes**
\$1.69
lb.

**Fresh
Sweet
Seedless
Clementines**
5 lb. box
\$5.99
ea.

**Jumbo
Green
Bell Peppers**
69¢
ea.

**Texas Rio
Red
Grapefruit**
5 lb. bag
\$2.99
ea.

**Jumbo
Snowwhite
Cauliflower**
\$2.49
ea.

**Premium
Russet
Potatoes**
10 lb. bag
\$2.99
ea.

**Fresh
Produce**



DELI

**February 1 - February 7
Sandwich Special
Roast Beef w/ side \$5.99**

Check out our specials
on facebook!

Deli Hours:
7am-7pm All Week

MEATS

Butterball Chicken
Breast \$4.75 lb.
Butterball Buffalo
Breast \$4.75 lb.
Kretschmar Turkey
Off The Bone \$5.65 lb.
Wilson Pepperoni \$5.05 lb.

CHEESES

Yellow
American
\$5.05 lb.
White
American
\$5.05 lb.

SUNDAY ONLY (FEB. 1)

Until supplies last

Pork Ribs \$4.85 lb.
Meatballs
(Regular or Wild Rice) \$4.15 lb.
Chicken Wings
(Hot & Cold) \$4.55 lb.
**Come In And Check Out Our In-Store
Special For Sunday's Big Game**

Fresh Bakery

All Made From
Scratch By
**Our
Bakery**

BUTTERED GARLIC BREAD.....1½ lb. loaf **\$2.49**
ASST. TURNOVERS ½ doz. **\$2.99**
RASPBERRY FILLED BISMARCKS 4 cnt. **\$1.99**



Dairy

Tru Moo
Chocolate Skim Milk.....half gal. **\$1.19**
Land O Lakes
Half & Half.....pint **95¢**
Crystal Farms
Deli Sliced Cheese.....7-8 oz. pkg. **2/\$5**
Essential Everyday
Chunk Cheese.....8 oz. block **\$1.88**
Shredded Cheese.....8 oz. pkg. **\$1.88**
Essential Everyday
Soft Cream Cheese.....8 oz. tub **2/\$3**
Chobani
Greek Yogurt with Oats.....5.3 oz. cup **\$1.18**

Chobani
Flips Yogurt.....5.3 oz. pkg. **\$1.18**
Essential Everyday
Butter.....1 lb. quarters pkg. **\$2.28**
Country Crock
Spread.....45 oz. tub **\$3.48**
Buitoni
Pasta.....9 oz. pkg. **\$2.98**
Buitoni
Sauce.....10-15 oz. tub **\$2.98**
Minute Maid
Pure Squeeze
Orange Juice.....59 oz. bottle **\$2.48**

REDEEMABLE COUPON | VALID: 02/01/15-02/07/15 | RV0200 | 1130
DAIRY
Welch's
Refrigerated Juice
Cocktails 59 oz. carton
2/\$3.00
Redeem Via S.V. Retail Accounting
Limit 2 per family with coupon at Super One thru February 7, 2015

REDEEMABLE COUPON | VALID: 02/01/15-02/07/15 | RV0200 | 1140
DAIRY
Essential Everyday
Grated Parmesan Cheese
8 oz. canister
\$1.68
each
Limit 2 per family with coupon at Super One thru February 7, 2015

Frozen

Brew Pub
Pizza.....12 inch **\$4.94**
ea.
Red Baron
Pizza.....14.76-29 oz. **4/\$10**
Stone Ridge
Premium Ice Cream.....48 oz. pkg. **\$2.98**
Banquet
Boneless Chicken.....24-26.5 oz. bag **\$3.98**
Essential Everyday
Blueberries.....12 oz. bag **\$1.98**
Essential Everyday
Berry Blend Medley.....12 oz. bag **\$1.98**
Healthy Choice
Frozen Dinners and
Steamers.....9.5-12 oz. pkg. **4/\$10**
Swanson
Hungry Man Dinners.....13.1-17 oz. pkg. **2/\$5**

Jose Ole
Tacos.....20-22.5 oz. pkg.
Chimichangas.....18 oz. pkg.
Mini Tacos.....20 oz. pkg. **\$5.98**
TGI Fridays
Appetizers.....7.6-11 oz. pkg. **\$2.98**
Ore Ida
Potatoes.....19-32 oz. pkg. **2/\$5**
Essential Everyday
Vegetable Blends.....16 oz. bag
Stir Fry Vegetables.....16 oz. bag **\$1.28**

REDEEMABLE COUPON | VALID: 02/01/15-02/07/15 | RV0200 | 1120
FROZEN
Essential Everyday
Garlic Bread
16 oz. loaf
\$1.38
each
Limit 2 per family with coupon at Super One thru February 7, 2015