



**Open 7 Days A Week**  
**5:00 a.m. - Midnight**  
Hwy. 11-71 West, International Falls, MN  
**283-8440**  
Visit our new website  
**superoneifalls.com**  
**PRICES IN EFFECT**  
Noon Sunday, January 11 - Saturday, January 17

Use our In-store ATM

VISA MasterCard

We reserve the right to limit quantities!

*Your only locally-owned Supermarket for over 50 years.*

**Meat Department - Fresh Meats Cut Daily**



Stewart's SuperOne U.S.D.A. Choice Black Angus

**Boneless Top Sirloin Steak**

**\$4.88** lb.

Stewart's SuperOne U.S.D.A. Choice Black Angus

**Boneless Chuck Roast or Steak**

**\$4.38** lb.

**Fresh Cut Assorted Pork Loin Chops**

**\$1.78** lb.

**Fresh Center Cut Stuffed Pork Loin Chops**

**\$2.28** lb.

Sanderson Farms

**Family Pack Chicken Drumsticks or Thighs**

**98¢** lb.

Gerber

All Natural Cut Up Chicken .....

**\$1.78** lb.

Essential Everyday

Pillow Pack Pepperoni ....6 oz.

**2/\$4**

Bongard's Creameries

Asst. Block Cheese.....

**\$3.99** lb.

Hormel

Fully Cooked Meat Entrees..... 15 oz.

**\$4.99**

W.H.M. Stewart's

Smoke House Cottage Bacon .....

**\$3.49** lb.

Elliott's Up North

Sundays Best Pork Sausage Links.....12 oz.

**2/\$5**

Elliott's Up North

Smoked Sausage or Polska Kielbasa ..... 16 oz.

**2/\$5**

Elliott

Double Smoked or Thick Sliced Bacon.....16 oz.

**\$3.69**

Elliott's Up North

Fair Style Wieners.....

**\$4.99** 3 lb.

**Oscar Mayer**

**Chopped Ham, Ham & Cheese, Smoked Turkey or Oven Roasted Turkey**

**\$3.49** 16 oz.

1015 VALUABLE COUPON

Bar S Jumbo Franks 16 oz.

**\$1.25**

Limit 10 per family with coupon at Super One thru January 17, 2015

1025 VALUABLE COUPON

Arctic Shores Imitation Crab 8 oz.

**\$1.50**

Limit 10 per family with coupon at Super One thru January 17, 2015

1035 VALUABLE COUPON

John Morrell Plump & Meaty Cocktail Smokies 12 oz.

**\$2.00**

Limit 10 per family with coupon at Super One thru January 17, 2015

1045 VALUABLE COUPON

On-Cor Breaded Chicken Nibblers or Patties 35-36 oz.

**\$3.99**

Limit 10 per family with coupon at Super One thru January 17, 2015

**Fresh Ripe Blackberries** 6 oz.

**2/\$3**

**Fresh Sweet Ripe Blueberries** 1 pint

**\$2.99** ea.

**Washington Jumbo Granny Smith Apples**

**99¢** lb.

**Texas Ruby Red Grapefruit** 5 lb. bag

**\$2.99** ea.

**Fresh Texas Grown Green Cabbage**

**49¢** lb.

**Fresh Red Ripe Strawberries** 16 oz.

**2/\$5**

**Fresh Garden Cello Carrots** 2 lb. bag

**99¢** ea.

**Fresh Garden Cello Turnips or Parsnips** 20 oz. bag

**\$1.99** ea.

**Fresh Flavor Waxed Rutabagas**

**79¢** lb.


**Fresh California Grown Celery**

**99¢** ea.

**Fresh Dole Classic Romaine** 9 oz. or Greener Select 12 oz. Salad Blends

**\$1.69** ea.

**Fresh Produce**



**January 11 - January 17**

**Sandwich Special**

Chicken Salad w/ side \$5.29

Check out our specials on facebook!

**Deli Hours:** 7am-7pm All Week

**DELI MEATS**

BLACK PEPPER JALAPENO HAM \$5.65 lb.

MESQUITE TURKEY \$5.25 lb.

HARD SALAMI \$5.05 lb.

**CHEESES**

PROVOLONE \$4.55 lb.

MUENSTER \$4.45 lb.

**Fresh Bakery**


All Made From Scratch By *Our Bakery*

FRENCH BREAD..... 1 lb. loaf **\$1.29**

SNOWFLAKE BUNS ..... doz. **\$1.99**

8" PECAN PIE ..... **\$4.99** ea.

BRAN MUFFINS ..... 1/2 doz. **\$2.99**



**Dairy**

Land O Lakes Sour Cream..... 16 oz. **\$1.59**

Land O Lakes Cottage Cheese.....22 oz. **\$2.79**

Crystal Farms Shredded Cheese..... 8 oz. pkg. **2/\$5**

Crystal Farms Chunk Cheese .....8 oz. block **2/\$5**

Essential Everyday String Cheese ..... 24 oz. pkg. **\$6.99**

Dannon Activia Yogurt..... 4 pack **2/\$5**

Yoplait Original Yogurt ..... 6 oz. cup **10/\$5**

Yoplait Whips Yogurt..... 4 oz. cup **10/\$5**

Daisy Sour Cream..... 16 oz. **\$1.99**

Essential Everyday Butter..... 1 lb. quarters **2/\$5**

Pillsbury Grands! Biscuits..... 16.3 oz. tube **3/\$4**

Crystal Farms English Muffins..... 6 count pkg. **\$1.19**

Sunny Delight.....64 oz. bottle **95¢**

Essential Everyday Orange Juice..... 64 oz. carton **\$2.29**

Land O Lakes Orange Juice.....gallon **\$2.97**

**Frozen**

Pagoda Egg Rolls & Appetizers.....4.8-12.27 oz. **2/\$5**

Stone Ridge Ice Cream .....48 oz. scround **\$2.99**

Cole's Garlic Toast..... 14 oz. pkg. **2/\$4**

Cole's Garlic Bread..... 16 oz. pkg. **2/\$4**

Essential Everyday Sliced Strawberries..... 9 oz. tub **2/\$3**

Stouffer's Homestyle Classic Entrees ..... 6-12 oz. pkg. **4/\$10**

Stouffer's Homestyle Classic Entrees ...8.36-12.75 oz. pkg. **4/\$10**

Totino's Pizza Rolls..... 90 count pkg. **\$5.99**

Stouffer's French Bread Pizza.. 11.25-12.37 oz. cup **4/\$10**

Mr. Dells Hashbrowns..... 30 oz. pkg. **\$2.29**

Essential Everyday Vegetable Blends..... 16 oz. bag **5/\$5**

Essential Everyday Stir Fry Vegetables .....16 oz. pkg. **5/\$5**

WestPac Vegetables..... 16 oz. pkg. **5/\$5**

Eggo Waffles .....8-10 count box **2/\$4**