

SuperOne  
FOODS

1

Open 7 Days A Week  
5:00 a.m. - Midnight

Hwy. 11-71 West, International Falls, MN  
283-8440  
www.s1foods.com

Use our  
In-store ATM



We reserve the right to limit quantities!

PRICES IN EFFECT  
Noon, Sunday, December 22 -  
Saturday, December 28

Your only locally-owned Supermarket for over 50 years.

Holiday Seafood Specials

Kemp's  
Extra Fancy Skinless Lutefisk.....  
Fresh Frozen  
Canadian Cold Water Lobster Tails.....4 oz. tails  
Fresh Frozen  
Jumbo Canadian Snow Crab Legs.....  
Elf  
Pickled Herring Fillets in Wine Sauce.....32 oz.  
Matlaw's  
Stuffed Clams or Scallops.....15-20 oz.

\$4<sup>95</sup>  
lb.

2/\$8

\$8<sup>99</sup>  
lb.

\$6<sup>79</sup>

\$3<sup>99</sup>

Blue Wave  
Cooked Shrimp Cocktail Ring.....10 oz.  
Arctic Shores  
Cooked Tail on Shrimp.....12 oz./41-50 ct.  
Arctic Shores  
EZ-Peel Raw Jumbo Shrimp.....16 oz./26-30 ct.  
Blue Wave  
Jumbo Sea Scallops.....16 oz.  
Wild Caught  
Alaskan Salmon Fillets.....

\$5<sup>99</sup>

\$6<sup>49</sup>

\$8<sup>99</sup>

\$10<sup>99</sup>

\$5<sup>99</sup>  
lb.

Meat Department - Fresh Meats Cut Daily

We Will  
Match Any  
Locally Advertised  
Price On Farm Fresh  
or Comparable  
Whole or Half  
Bone-In Ham

Stewart's  
SuperOne  
U.S.D.A. Choice  
Black Angus

Boneless  
Ribeye Steak  
or Roast  
"Prime Rib"  
\$17<sup>98</sup>  
lb.

Stewart's  
SuperOne  
U.S.D.A. Choice  
Black Angus

Boneless  
Sirloin  
Tip Roast  
\$3<sup>28</sup>  
lb.

Jennie-O  
or HoneySuckle  
"Fresh" Grade A  
Turkeys  
\$1<sup>47</sup>  
lb.

Fresh Cut  
Boneless Pork  
Loin Chops or  
Roast  
\$2<sup>78</sup>  
lb.

Fresh Seasoned  
Boneless Porketta Roast .....  
Tyson  
Any Tizers Boneless Breaded  
Chicken or  
Chicken with Sauce.....25-25.5 oz.  
Hickory Country  
Smoked Bacon.....16 oz.  
Cloverdale  
Tangy Summer Sausage...28 oz.  
W.H.M. Stewart's  
Smoked Andouille  
Sausage Links.....

\$2<sup>38</sup>  
lb.

\$5<sup>99</sup>

\$2<sup>99</sup>

\$6<sup>49</sup>

\$3<sup>48</sup>  
lb.

Hillshire Farms  
Rope or Link Smoked Sausage or  
Polska kielbasa .....13-14 oz.  
Hillshire Farms  
Original, Beef or  
Turkey Lit'l Smokies .....13-14 oz.  
Farm Fresh  
Chicken Party Wings .....  
Johnsonville  
Italian or Homestyle  
Meat Balls .....1.5 lb.  
Johnsonville  
Original or Maple Pork  
Sausage Links or Patties ....12 oz.

2/\$5

2/\$6

\$6<sup>88</sup>  
3 lb.

\$5<sup>68</sup>  
1.5 lb.

2/\$5

Superb & Simple  
Smokey BBQ or  
Habanero Chicken  
Wings

\$5<sup>98</sup>  
1.75 lb.

Fresh Dole  
Premium  
Head Lettuce

99¢  
ea.

Fresh Dole  
Classic  
Coleslaw Blend  
14 oz. bag

99¢  
ea.

Fresh Dole  
Premium  
Celery

79¢  
ea.

Fresh  
Carolina  
Grown Yams

69¢  
lb.

Fresh  
Premium  
Russet Potatoes  
10 lb. bag

\$2<sup>99</sup>  
ea.

Fresh  
Bolthouse  
Peeled Baby  
Carrots  
16 oz. bag

99¢  
ea.

Fresh  
Ripe  
Avocados

69¢  
ea.

Jumbo Sweet  
Ripe  
Pineapple

\$1<sup>99</sup>  
ea.

Fresh Produce





Dec 22 - Dec 28  
Sandwich Special  
ROAST BEEF w/SIDE \$5.29

 Check out our specials  
on facebook!

Winter Hours:  
Deli Hours M.-F. 5am-8pm • Sat. & Sun. 6am-7pm

DELI

MEATS

Bourbon Maple Turkey \$5<sup>25</sup> lb.  
Cracked Pepper Turkey \$5<sup>25</sup> lb.  
Virginia Ham \$3<sup>85</sup> lb.

CHEESES

Farmer Cheese \$4<sup>35</sup> lb.  
Baby Swiss \$5<sup>35</sup> lb.  
Amablu Blue Cheese and Gorgonzola Wedges \$3<sup>25</sup> ea.  
President Brie 7 oz. \$3<sup>75</sup> ea.  
Crunchmaster Crackers \$2<sup>95</sup> ea.

Our Own Fresh Bakery

HOMESTYLE WHITE BREAD .....1½ lb. loaf

\$1<sup>99</sup>

WHEAT DINNER ROLLS ..... doz.

\$1<sup>79</sup>

PLAIN OR SUGAR CAKE DONUTS ..... doz.

\$2<sup>29</sup>

NEW YORK STYLE CHEESECAKES..... 54 oz.

\$10<sup>99</sup>

MANUFACTURER'S COUPON | COUPON EXPIRES: 12/28/13

SAVE \$2

WHEN YOU BUY ANY THREE (3) 12 OZ. CAN 12-PACKS OR 24 OZ. BOTTLE 6-PACKS OR 7.5 OZ. CAN 6-PACKS OR 12 OZ. 6-PACKS BOTTLES OF PEPSI PRODUCTS

3/\$10.98 - \$2 in ad Coupon 3/\$8.98 Final Cost





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Dairy

Land O Lakes  
Sour Cream .....16 oz.

\$1<sup>48</sup>

Land O Lakes  
Half And Half .....pint

88¢

Land O Lakes  
Whipping Cream.....pint

\$1<sup>88</sup>

Land O Lakes  
Cottage Cheese .....22 oz.

\$2<sup>48</sup>

Essential Everyday  
Chunks Cheese .....8 oz. blocks

2/\$3

Essential Everyday  
Shredded Cheese.....8 oz. pkg.

2/\$3

Essential Everyday  
American Singles.....12 oz. pkg.

2/\$3

Reddi Wip .....6.5 oz. aerosol can

\$1<sup>75</sup>

Coffee Mate  
Flavored Creamers .....32 oz. bottle

\$2<sup>75</sup>

Essential Everyday  
Butter .....1 lb. quaters

\$1<sup>88</sup>

Blue Bonnet  
.....1 lb. quaters

78¢

Pillsbury  
Crescent Rolls.....8 oz. tube

\$1<sup>88</sup>

Pillsbury  
Cinnamon Rolls.....12.4-13 oz. tube

2/\$3

Pillsbury  
Caramel Rolls.....13 oz. tube

2/\$5

Pillsbury  
Orange Sweet Rolls.....13.9 oz. tube

\$2<sup>25</sup>

Pillsbury  
Grands Biscuits .....16.3 oz. tube

2/\$5

Pillsbury  
Grands Sweet Rolls ....16.9 - 12.5 oz. tube

2/\$5

Pillsbury  
Pie Crust.....14.1 oz. pkg.

\$2<sup>75</sup>

Dole  
Juice Blends.....59 oz. bottle

2/\$3

Tropicana  
Pure Premium Orange Juice.....59 oz. bottle

\$2<sup>19</sup>

Azteca  
Flour Tortillas.....8 count/14 oz. pkg.

\$2<sup>75</sup>

Simply Potatoes  
Hashbrowns.....20 oz. bag

\$2<sup>19</sup>

Frozen

Red Baron  
Original Crust .....14.76-23.45 oz.

3/\$9

Pagoda  
Egg Rolls.....4.8-12.27 oz.

2/\$5

O'Entrees.....14 oz.

\$4<sup>44</sup>

Freschetta  
Pizza.....16.08-30.7 oz.

6/\$10

Tony's  
Original Crust.....13.5-17 oz.

\$2<sup>25</sup>

Tony's  
Pizza Snacks.....20 oz.

\$3<sup>69</sup>

Rhodes  
Rolls.....24-36 count bag.

\$3<sup>49</sup>

Mrs. Smith's  
Fruit Pies.....35-37 oz. pkg.

2/\$4

Essential Everyday  
Deep Dish Pie Shells.....12 oz. pkg.

\$2<sup>99</sup>

Pepperidge Farms  
Puff Pastry Shells.....10 oz. pkg.

\$3<sup>49</sup>

Pepperidge Farms  
Puff Pastry Sheets.....17.25 oz. pkg.

2/\$5

New York  
Cheese Garlic Toast.....13.5 oz. pkg

2/\$4

Essential Everyday  
Sliced Strawberries.....16 oz. pkg.

\$1<sup>88</sup>

Minute Maid  
Orange Juice.....12 oz. can

\$4<sup>75</sup>

Jose Ole  
Taqitos.....20-22.5 oz. pkg.

5/\$5

Chimichangas.....18 oz. pkg.

5/\$5

TGIF  
Snacks.....7.6-11 oz. pkg.

2/\$4

Totino's  
Pizzza Rolls.....7.5 oz. box

2/\$4

Totino's  
Party Pizzas.....9.8-10.9 oz. box

2/\$4

Essential Everyday  
French Fries.....32 oz. pkg.

2/\$4

Essential Everyday  
Hashbrowns.....33-32 oz. pkg.

2/\$4