



Open 7 Days A Week
5:00 a.m. - Midnight
Hwy. 11-71 West, International Falls, MN
283-8440
Visit our new website
superoneifalls.com

PRICES IN EFFECT
Noon Sunday, November 2 - Saturday, November 8

Use our
ATM

VISA MasterCard

We reserve the right to limit quantities!

Your only locally-owned Supermarket for over 50 years.

Meat Department - Fresh Meats Cut Daily





T-Bone Steak

\$6.99 lb.

Fresh All Natural Pork Loin Back Ribs

\$3.79 lb.

Fresh Cut Bone In Pork Country Style Ribs

\$1.79 lb.

Fresh Cut Assorted Pork Loin Chops

\$1.89 lb.

Gold-n-Plump Family Pack Boneless Skinless Chicken Breasts

\$8.99 2.38 lb.

Gold-N-Plump Extra Lean Ground Chicken.....16 oz.

\$3.49

Arctic Shores Jumbo Cooked Tail on Shrimp.....16 oz./28-30 ct.

\$11.99

Olsen Pickled Herring Party Pail.....32 oz.

\$6.49

Schweigert Original or Beef Summer Sausage.....16 oz.

\$3.99

W.H.M. Stewart's Smoke House Boneless Ham.....

\$3.99 lb.

Essential Everyday Braunschweiger.....12 oz.

2/\$3

Essential Everyday Pillow Pack Pepperoni.....6 oz.

2/\$5

Essential Everyday Premium Lunch Meat Tubs.....7-9 oz.

\$3.69

Essential Everyday Smoked Sausage or Polska Kielbasa.....14 oz.

\$3.69

Essential Everyday Original or Thick Sliced Bacon.....16 oz.

\$3.69

Fresh Whole Pork Shoulder
Great for Sausage Making!!

\$1.89 lb.

<p>VALUABLE COUPON 1015</p> <p>Porky's Last Stand Original Fresh Bratwurst 16 oz.</p> <p>\$2.00</p> <p>SuperOne Meat Department</p> <p>Limit 10 per family with coupon at Super One thru November 8, 2014</p>	<p>VALUABLE COUPON 1025</p> <p>On-Cor Breaded Chicken Nibblers or Patties 35-36 oz.</p> <p>\$3.99</p> <p>SuperOne Meat Department</p> <p>Limit 10 per family with coupon at Super One thru November 8, 2014</p>	<p>VALUABLE COUPON 1035</p> <p>Family Favorites Fully Cooked Baby Back Ribs 16 oz.</p> <p>\$4.99</p> <p>SuperOne Meat Department</p> <p>Limit 10 per family with coupon at Super One thru November 8, 2014</p>	<p>VALUABLE COUPON 1045</p> <p>Jamestown Hardwood Smoked Bacon 16 oz.</p> <p>\$2.00</p> <p>SuperOne Meat Department</p> <p>Limit 10 per family with coupon at Super One thru November 8, 2014</p>
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Fresh Minnesota Grown Green Cabbage

39¢ lb.

Fresh Garden Cello Carrot 2 lb. Bag

99¢ ea.

Fresh California Green Celery

99¢ ea.

Fresh Waxed Rutabagas

59¢ lb.

Fresh Iceberg Lettuce Salad Blend 12 oz. Bag

99¢ ea.

Fresh Premium Roasted-In-Shell Peanut Salted or Unsalted

\$1.59 lb.

Washington Premium Braeburn Apples

99¢ lb.

California Sweet Seedless Navel Oranges 4 lb. Bag

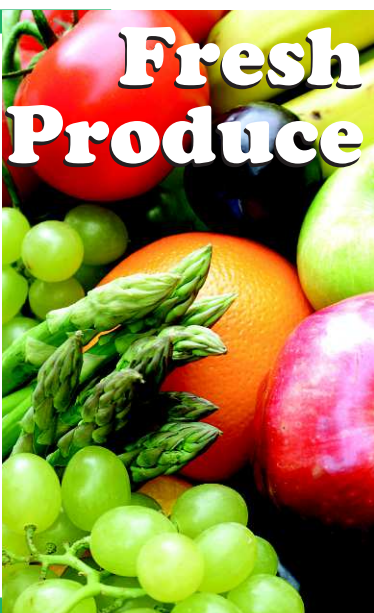
\$3.99 ea.

Golden Yellow Hamburger Onions 5 lb. Bag

\$2.99 ea.

Premium Russet Potatoes 10 lb. Bag

\$2.99 ea.





DELI

November 2 - November 8 Sandwich Special
Hawaiian Chicken w/Side \$5.99

Check out our specials on facebook!

Deli Hours:
7am-7pm All Week

MEATS
Jennie-O
Buffalo Chicken Breast **\$4.85** lb.
Jennie-O Chicken Breast **\$4.85** lb.
Kretschmar Ham
Off The Bone **\$4.95** lb.

CHEESES
Provolone **\$4.65** lb.
Colby **\$4.85** lb.
Belgioioso Mozzarella Pearls **\$3.25** ea.

Fresh Bakery

All Made From Scratch By **Our Bakery**


WHITE HOMESTYLE BREAD.....1 1/2 lb. **\$1.99**

JUMBO KAISER ROLLS.....1/2 doz. **\$1.79**

CRANBERRY WHITE CHOC. SHORTBREAD COOKIES ..9.5 oz. **\$3.49**

ASST. VARIETY JUMBO MUFFINSw/coupon **50¢ OFF**

limit 1 coupon. Good thru Nov. 8, 2014



Dairy

Land O Lakes Sour Cream.....16 oz. **\$1.48**

Land O Lakes Half & Half..... pint **95¢**

Land O Lakes Dips.....8 oz. **5/\$5**

Essential Everyday Shredded Cheese.....8 oz. pkg. **\$1.88**

Essential Everyday Chunk Cheese.....8 oz. block **\$1.88**

Essential Everyday American Singles.....12 oz. pkg. **\$2.19**

Kemp's Cottage Cheese.....22 oz. tub **\$2.99**

Oikos Greek Yogurt.....5.3 oz. cup **5/\$5**

International Delight Flavored Creamers.....32 oz. bottle **\$2.99**

Imperial Spread.....1 lb. quarters **66¢**

Smart Balance Spread.....13-15 oz. tub **\$2.49**

Pillsbury Cookie Dough.....11.5-16.5 oz. pkg. **2/\$5**

Essential Everyday Jumbo Biscuits.....16 oz. tube **\$1.39**

Essential Everyday Cream Cheese.....8 oz. brick **99¢**

Jell-O Gelatin.....4 pack cups **\$1.88**

Jell-O Pudding.....4 pack cups **\$1.88**

Dole Orange Juice.....59 oz. bottle **2/\$5**

Dole Juice Blends.....59 oz. bottle **2/\$5**

Minute Maid Pure Squeeze Orange Juice.....59 oz. bottle **\$2.99**

Frozen

Red Baron Pizza.....14.76-29 oz. **4/\$10**

Red Baron Singles.....8.8-11.6 oz. **2/\$4**

Stone Ridge Premium Ice Cream.....48 oz. scround **\$2.99**

Kemp's Ice Cream Sandwiches.....9-18 count pkg. **\$3.49**

Stone Ridge Ice Cream Sandwiches.....12 count pkg. **\$2.99**

Essential Everyday White Bread Dough.....5-1 lb. loaves pkg. **\$3.99**

Pillsbury Deep Dish Pie Shells.....12 oz. pkg. **2/\$4**

Essential Everyday Garlic Toast.....13 oz. pkg. **2/\$3**

Essential Everyday Garlic Bread.....16 oz. pkg. **2/\$3**

Banquet Family Size Entree's.....25-27 oz. pkg. **\$2.99**

Tai-Pei Entree's.....12-14.2 oz. pkg. **2/\$5**

Essential Everyday Pizza Rolls.....20 oz. pkg. **\$2.49**

Reames Egg Noodles.....12 oz. bag **2/\$4**

Ore-Ida Potatoes.....20-32 oz. pkg. **2/\$5**

Essential Everyday Vegetables.....16 oz. pkg. (Peas, Carrots, Mixed Veggies, Crinkle Cut Carrots, Cut Green Beans, French Style Green Beans, Peas, Corn, Chopped Broccoli, Cauliflower, Broccoli Cuts) **88¢**

Essential Everyday Steamy Vegetables.....12 oz. pkg. **88¢**