

# LIFESTYLES

## SHARE YOUR STORY

The Journal welcomes ideas for stories about people in our community who have gotten married, graduated, joined the military, etc.  
Call the Journal at 285-7411

## Enjoy the dog days of summer

August arrives tomorrow and I hope your summer thus far has been enjoyable with plenty of time for beach reading, campfires, boat rides and whatever else makes you love being here. August is usually a little slower time for us as we plan for fall programming, enjoy the dog days of summer and have staff taking some vacation time.

Our regular summer hours continue through Labor Day weekend. The library is open Monday and Tuesday, 10 a.m. to 8 p.m.; Wednesday, noon to 8; and Thursday and Friday, 10 to 6. The junior room closes at 6 each evening except Tuesday when it remains open until 8.

The library has a number of exciting programs coming this month. Tuesday craft day continues all day each Tuesday through August with the craft projects continuing to be “Dig Into Reading” related. Make Tuesday



Diane  
ADAMS

@YOUR LIBRARY

your library day and come create with your children before picking out a week’s worth of books.

The North Shore Scenic Railroad has teamed up with The Arrowhead Library System and using a grant from the Minnesota Arts and Cultural Heritage Fund is able to offer a limited number of tickets to their “Day out with Thomas” train rides on Aug. 2-4 and 9-11. We have vouchers that can be exchanged for a ticket issued by the Depot for their 2, 3 and 4 p.m. rides. Please

stop by the library to pick one up if you are planning or able to take your children to this wonderful opportunity.

Preston Gunderson will provide a musical performance and songwriter’s workshop on Wednesday, Aug. 14, at noon here at the library. Preston is a native of Virginia, and has had an album in the top 200 iTunes pop charts, and songs in the top 25 iTunes singer/songwriter charts. He will perform and provide a workshop on writing and recording original music, his processes and experiences. This is an amazing opportunity for teens and adults to explore writing and recording their own music.

Summer reading continues for teens and adults through Friday, Aug. 23. All bookmarks recording books read this summer must be turned in by 6 p.m. to be eligible for the drawing of prizes.

Youth participating in summer reading can turn in hours read until 6 p.m. on Friday, Aug. 30.

Thursday, Aug. 15, at 1:30 p.m., the library will show “The Black Stallion” at Backus Auditorium following the free lunch and open gym time. Everyone is welcome to attend this classic film.

Teens can come and play games on the Wii and PS3 while enjoying refreshments and just hanging out with friends on Monday, Aug. 19, from 3 to 5 p.m. The Friends of the Library monthly book sale will be Friday, Aug. 23, from 1 to 5 p.m. All sales by donation with proceeds benefiting the Friends support of library programming.

Board games will be available for play on Friday, Aug. 30, from noon to 3 p.m. Come discover a new game or play an old favorite, we have great games for all ages.

## ENGAGEMENT



CONTRIBUTED PHOTO

## JAMIE BERGSTEDT AND TIM LOFGREN

Jamie Bergstedt and Tim Lofgren announce their engagement and forthcoming marriage. Parents of the couple are Jack and Shirley Bergstedt and Jay and Pam Lofgren. The bride-to-be is an accountant at REM Minnesota in Edina. The groom-elect is an electrical engineer at 3M in St. Paul. The couple will be united Saturday, Aug. 17, 2013, at a wedding ceremony in Stillwater. They are planning a trip to Hawaii for their honeymoon.

## COMMUNITY CAFE MENU

The Community Cafe offers free meals, to anyone in Koochiching County, regardless of income, with no restrictions. The program is sponsored by the Falls Hunger Coalition and Citizens for Backus/AB with the support of local volunteers. Reservations are not required. There is no charge for the meals, but donations are accepted. Take-out meals are also available. Meals served on Tuesdays and Thursdays from 5:30 to 6 p.m. at Backus Community Center, 900 Fifth St. Call the Backus office for information, 285-7225.

Macaroni and cheese  
Ring sausage  
Bread  
Fruit  
Milk

### AUGUST 15

*Volunteer Group – KOOTAS-CA*  
Country egg bake  
Bacon  
Fruit  
Milk

### AUGUST 20

*Volunteer Group – Zion Lutheran Church*  
Tuna casserole  
Bread  
Fruit  
Milk

### AUGUST 22

*Volunteer Group — Rotary Club*  
Hamburger/noodle casserole  
Bread  
Salad  
Milk

### AUGUST 27

*Volunteer Group — Evangelical Covenant Church*  
Chicken salad sandwiches  
Pudding  
Milk

### AUGUST 29

*Volunteer Group – Bethany Lutheran Church*  
Beer brats and sauerkraut  
Baked beans  
Cookies  
Milk

## PET OF THE WEEK

“Tres” is our special needs kitty. She has three legs due to an injury. Despite looking different to you and I, she doesn’t know she is different than other cats. She gets around very easily and is a happy-go-lucky kitty. Tres is about 1-year-old, spayed and up to date on shots. Extremely affectionate despite what she has gone through. Liter-

ally saved by good Samaritans, she now has a second chance at life. To read her story, click on the “Amazing Stories” page on Borderland Humane Society’s website. You will love the drama.

For more information, visit the website at [www.borderlandhumanesociety.org](http://www.borderlandhumanesociety.org) or call 218-324-2313 or 283-9276.



CONTRIBUTED PHOTO

## BIRTH

John and Kate Kirchoff, of International Falls, announce the arrival of their son, Kyle Kane Kirchoff, 8 pounds, 20 inches long, born Wednesday, July 3, 2013, at Rainy Lake Medical Center hospital campus.

Welcoming Kyle home were his brother and sister, Cody and Ashley.

Grandparents are Jean Dault and Erik Fremstad and Wanda and Ron Heem.

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COME CELEBRATE WITH US  
50 YEARS OF RIDING TOGETHER!  
LOLITA AND RAY MOONE'S 50th WEDDING ANNIVERSARY PARTY!

August 3rd 1:00 p.m. - 4:00 p.m.  
At Donita and Tony Ettestad's Farm  
3646 County Road 97  
Highway 53 to Rogers Corner  
Right @ Fas Gas Station

**Thanks From Dick's Family**

We would like to thank all of you for the caring support you have given us during this sad time of the unexpected death of our husband, dad and grandpa. Your thoughtfulness has made this difficult time easier for us.

Thanks to Pastor Andy and the rest of you who visited Dick in Falls Memorial and St. Mary's hospitals, who phoned him, sent flowers and cards. To the ambulance people for their quick responses and service. To the staff at Falls Memorial, to Dr. Boddicker and staff for the friendliness and excellent, friendly care he received while at St. Mary's.

We greatly appreciate the many who attended the funeral, the greetings, flowers, cards, phone calls, and the memorials in Dick's honor.

We especially thank Green-Larsen's for their helpful, friendly support, Pastor Andy for the wonderful, moving service, Jeff for his heartfelt, touching eulogy, Linda and Kathy for the special music, the casketbearers, and the church ladies for the great lunch served after the service.

*If we have missed thanking anyone, please accept our appologies.*

Love and appreciation from us all,  
The family of Richard (Dick) Hardwig,  
Inez, SanDee, Cam and Jacoby

**Your Community News Source.**

From sports stats to business news,  
The Journal keeps you in the local loop.

**The Journal**  
www.ifallsjournal.com | 218-285-7411  
1602 Hwy 71 | International Falls

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**THE FAMILY OF JIM MCKELVEY INVITE YOU TO HIS CELEBRATION OF LIFE**  
*Saturday, August 3rd 1:00-4:00*  
at the Union Hall, with time for reflections at 2:00.  
Bring your memories and stories to share with his family and friends.

**Laminate...**  
Maps, posters and shop drawings up to 38" wide.  
No seams.  
Also, we can mount documents onto 3/16" or 3/8" foam core.

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