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FORD F-150 XLT SUPERCAB
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Saturday, November 30, at 7 p.m.
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LOCALNEWS

PUMPKIN MASTER



CONTRIBUTED PHOTO

Sam Maass recently harvested these giant pumpkins from his International Falls garden. He was unable to get an official weight on the largest gourd, but said based on its measurements of 30 inches tall with a 28-inch diameter, it probably weighs at least 275 pounds. The Molpus Timberlands area forester says he grew the pumpkins with seeds his wife, Lisa, gave him from a Wisconsin farmer who grows pumpkins that weigh more than 1,100 pounds. He admitted it is a challenge to grow such large pumpkins this far north and while there are plenty of techniques that can be used to produce “the big ones,” Maass said he doesn’t take it too seriously, it is just fun to watch them grow.

Fall fun

Rainy River Community College students and West End Elementary School sixth graders Friday visited residents at the Good Samaritan Society — International Falls to carve pumpkins and spread some fall cheer.



STAFF PHOTO BY EMILY GEDDE

Shania Rhinehart helps Eugene Aklestad carve a pumpkin at Good Samaritan Society — International Falls Friday.

Tchotchke

(choch•key)

meaning:
trinket, doohickey, gizmo, whatchamacallit

Keep Your Kids Safe Halloween Night

When going to crowded places with your small children, make a temporary tattoo for them. Use a fine point sharpie or pen to write "If lost, call (your phone number)". Then use liquid band aid on top of it. It will seal it in, it's waterproof, and it should last for about a day.



Fun and Yummy Finger Paints

Use Colored
Yogurt for your
Toddler to
Finger Paint



FALL BACK REMINDER!

Don't forget to set your clocks back one hour the morning of Sunday, Nov. 3rd. Get ready to sleep in an extra hour. Enjoy!.



Pumpkin Dessert Bars

- INGREDIENTS:**
- 1-3/4 cups graham cracker crumbs
 - 1-1/3 cups Imperial Sugar® / Dixie Crystals® Granulated Sugar, divided
 - 1/2 cup butter, melted
 - 1 package (8 ounces) cream cheese, softened
 - 5 eggs
 - 1 can (15 ounces) solid-pack pumpkin
 - 1/2 cup packed brown sugar
 - 1/2 cup milk
 - 1/2 teaspoon salt
 - 1/2 teaspoon ground cinnamon
 - 1 envelope unflavored gelatin
 - 1/4 cup cold water
 - Whipped topping and ground nutmeg, optional

- INSTRUCTIONS:**
1. In a small bowl, combine graham cracker crumbs and 1/3 cup sugar; stir in butter. Press into a greased 13-in. x 9-in. baking dish.
 2. In a small bowl, beat cream cheese and 2/3 cup sugar until smooth. Beat in 2 eggs just until blended. Pour over crust. Bake at 350° for 20-25 minutes or until set. Cool on a wire rack.
 3. Meanwhile, separate remaining eggs and set whites aside. In a large saucepan, combine the yolks, pumpkin, brown sugar, milk, salt and cinnamon. Cook and stir over low heat for 10-12 minutes or until mixture is thickened and reaches 160°. Remove from the heat.
 4. In a small saucepan, sprinkle gelatin over cold water; let stand for 1 minute. Heat over low heat, stirring until gelatin is completely dissolved. Stir into pumpkin mixture; set aside.
 5. In a large heavy saucepan, combine reserved egg whites and remaining sugar. With a portable mixer, beat on low speed for 1 minute. Continue beating over low heat until mixture reaches 160°, about 12 minutes. Remove from the heat; beat until stiff glossy peaks form and sugar is dissolved.
 6. Fold into pumpkin mixture; spread evenly over cream cheese layer. Cover and refrigerate for 4 hours or until set. Garnish with whipped topping and nutmeg if desired. Yield: 15 servings.



Did you know

Dr. Oz uses bananas for a natural Botox mask? Simply mash up half a ripe banana and mix in 1/4 cup yogurt and 1 tsp of honey. Then, spread the face mask all over your face and relax for 15 minutes before completely rinsing .

