

# Husband’s ‘harmless escapade’ has broken his wife’s heart

**DEAR ABBY:** I just found out that my husband of 30 years is having an affair. When I confronted him, he said: “I have a girlfriend. I can’t imagine the rest of my life without girlfriends, so get over it!” Then he told me he has never been faithful, but that he loves me and would be devastated if I left. He considers his fooling around to be “safe and harmless escapades.”



DEAR ABBY

Abby, my heart is broken. He has flaunted this woman in my face, and embarrassed and humiliated me in public. Now he's angry with me because I told her husband what is going on.

How do I find the strength and courage to leave? I have some health issues and haven't worked in years. What do I tell our kids? My world is crashing down around my ears. — **HEARTBROKEN IN THE SOUTH**

**DEAR HEARTBROKEN:** Your husband’s “escapades” are neither safe nor harmless to YOU. His behavior is callous, hurtful and disrespectful.

It’s very important that you remain calm and do nothing in haste. You will be better able to weigh your options if you talk to an attorney and find out what you’re entitled to after having been married to this man for 30 years. And if you feel it would be helpful, find a licensed counselor to talk to.

**DEAR ABBY:** I’m a new husband, and things I thought I could tolerate

you should waste no time in dealing with this.

**DEAR ABBY:** My sister “Beth” has a boyfriend, “Danny.” They have a 6-month-old baby girl. Neither one has a driver’s license, and they both have low-paying part-time jobs.

Beth expects us to babysit, take her to the doctor, etc. Mom is now starting to refuse to do more than babysit on Sunday, because she says Beth needs to get her license and look for a better job, and it won’t happen until she’s “pushed to the wall.” Only then will she realize she has to.

I agree, but I feel Beth and Danny should pursue their dreams. It takes money to get a license, and where we live there is no public transportation. What’s your take on this tug-of-war? — **BIG BROTHER IN CALIFORNIA**

**DEAR BIG BROTHER:** Listen to your mother. The chances of your sister and her boyfriend attaining their dreams while working at low-paying part-time jobs are not great. What they need now is help in gaining their independence. While your mother may have put it in harsh terms, she has the right idea.

Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Contact Dear Abby at [www.DearAbby.com](http://www.DearAbby.com) or P.O. Box 69440, Los Angeles, CA 90069.

## su | do | ku

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|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   |   | 3 |   | 2 | 5 |   | 4 |   |
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|   | 4 |   |   | 1 |   | 2 |   | 5 |
|   | 2 |   | 7 |   | 4 |   | 3 |   |
| 5 |   | 1 |   | 8 |   |   | 7 |   |
|   |   |   |   | 9 |   | 3 | 5 | 2 |
|   |   |   |   |   |   | 6 |   |   |
|   | 8 |   | 6 | 4 |   | 9 |   |   |

Instructions for play: Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9.

That’s all there is to it. There’s no math involved. The grid has numbers, but nothing has to add up to anything else. You solve the puzzle with reasoning and logic. It’s fun. It’s challenging. It’s addictive!

Solving time is typically from 10 to 30 minutes, depending on your skill and experience. The solution for today’s puzzle will be published in Saturday’s paper. Or you can go to [www.sudoku.com](http://www.sudoku.com) to find the solution.

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 1 | 9 | 4 | 6 | 5 | 7 | 3 | 2 | 8 |
| 5 | 3 | 2 | 1 | 8 | 9 | 7 | 6 | 4 |
| 7 | 6 | 8 | 3 | 4 | 2 | 1 | 9 | 5 |
| 4 | 5 | 7 | 9 | 2 | 6 | 8 | 3 | 1 |
| 6 | 1 | 3 | 8 | 7 | 4 | 9 | 5 | 2 |
| 8 | 2 | 9 | 5 | 1 | 3 | 4 | 7 | 6 |
| 2 | 4 | 6 | 7 | 9 | 1 | 5 | 8 | 3 |
| 3 | 7 | 5 | 4 | 6 | 8 | 2 | 1 | 9 |
| 9 | 8 | 1 | 2 | 3 | 5 | 6 | 4 | 7 |

## HELOISE’S KITCHENEERING BY HELOISE

### Chop, Freeze, Use When You Please

Dear Heloise: I just finished finely CHOPPING ONIONS for food I was preparing. Could I chop some in advance, place in a plastic freezer bag and store it in the freezer for future use?

How about doing the same with garlic? — Ernst G., via email

Yes to freezing both of these items! After chopping, wrap tightly in plastic wrap or a plastic freezer bag. Just be sure you will be adding the onions or garlic to something you are cooking in the future. After these foods have been frozen, the texture changes, so you don’t want to use them raw after freezing. — Heloise

### Send A Great Hint To:

Heloise  
P.O. Box 795000  
San Antonio, TX 78279-5000  
Fax: 210-HELOISE  
Email: [Heloise\(at\)Heloise.com](mailto:Heloise(at)Heloise.com)

### Food Demonstrations

Dear Heloise: Many grocery stores have people they pay to demonstrate food items. There are some problems with this, so some of us in the industry have hints to help out:

■ These foods are samples, not snacks.

■ Do not allow your kids to roam the store in search of these samples, and be aware that many stores do not let kids have samples unless parents are present.

■ Always ask what the food is first. Do not eat the food and then ask, “What is it?” and then tell the demo person that you are allergic.

■ Do not touch something and then put it back.

Thank you for helping to educate the public. — Food Demonstrators in the Midwest

These samples are a great way to try new foods, and these are some good rules for all to remember before approaching a demonstration. — Heloise

### Saving Grapes

Dear Heloise: I have two young kids who enjoy grapes as a healthy snack (me too). We like to buy them in bulk, but have the problem of them shriveling up and drying out in the refrigerator if not eaten right away.

To counter that, I simply pluck them off the stem and then store them in a bowl, covered with water. It keeps them hydrated so they last lots of extra days, and it doubles as a great way to wash them off, too. — Paul M., via email

This is the same storage method many readers use for keeping celery and carrots lasting longer. However, experts state that grapes are to be stored, unwashed, in the refrigerator, loosely wrapped in paper towels or a plastic bag. — Heloise

### Convenient Chicken

Dear Heloise: Rotisserie chickens are very convenient and can be used in many ways. I buy two and chill them in the refrigerator for a few hours to cool them off. It is very easy, at this point, to rip the carcass in half with your hands or a knife, and cut off the meat for use in future meals. I wrap enough for one meal in a foil packet and stack these packets in a large, freezable container. You can then take out one packet at a time, while keeping the rest frozen. — Rose R. in Florida

## CROSSWORD

By THOMAS JOSEPH

**ACROSS**  
1 Play parts  
5 Used a vintage phone  
11 Had on  
12 Concert bonus  
13 Banded stone  
14 What regulars run up  
15 Zodiac cat  
16 Join together  
17 Grammar topic  
19 Is able to  
22 Following  
24 Hokey  
26 Existence  
27 Memory unit  
28 Norse inlet  
30 Helpful push  
31 Knight's title  
32 Parting word  
34 Veep's boss  
35 Black gunk  
38 “Rabbit, Run” writer  
41 Bushy do  
42 Blotto  
43 Go it alone  
44 Hearts, e.g.

**45** School dance

### DOWN

1 MP's quarry  
2 Volcano shape  
3 Seek, as a role  
4 Gender  
5 Work on code  
6 Shortly  
7 Plot unit  
8 Auction unit  
9 Memento-able time  
10 Coming-out girl  
16 Way off  
18 Oracle

|   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|
| C | L | A | M | P | S |   | M | A | M | A |
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| E | N | E | R | G | Y |   | S | I | C | K |
| S | C | A | T | S |   | R | E | G | A | L |
| S | E | M | I |   | P | A | R | A | D | E |
|   |   |   | S | O | O | N |   | T | A | T |
|   |   |   | M | A | E | L | S | T | R | O |
| J | I | G |   | D | E | S | I |   |   |   |
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| C | E | S | A | R |   | S | C | A | R | E |
| A | R | A | L |   | M | E | A | G | E | R |
| M | A | G | E |   | A | N | G | L | E | E |
| A | L | O | T |   | S | T | E | E | D | S |

Previous Puzzle

- 19 Need badly

20 Colony members

21 Russian refusal

22 Landon and others

23 Pacific nation

25 Bassoon's kin

29 Cloud over
- 30 Trade, for short

33 Actions

34 Print unit

36 Woody's son

37 Hotel unit

38 Gl entertainers

39 Golf goal

40 Used a spade

41 Nile serpent

NEW CROSSWORD BOOK! Send \$4.75 (check/m.o.) to Thomas Joseph Book 1, P.O. Box 536475, Orlando, FL 32853-6475

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|    |    |    | 17 | 18 |    |    |    | 19 | 20 | 21 |
| 22 | 23 |    |    |    |    | 24 | 25 |    |    |    |
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| 31 |    |    |    |    | 32 | 33 |    |    |    |    |
|    |    |    | 34 |    |    |    |    | 35 | 36 | 37 |
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| 42 |    |    |    |    |    |    |    | 43 |    |    |
| 44 |    |    |    |    |    |    |    | 45 |    |    |

7-2

## CROSSWORD

By THOMAS JOSEPH

**ACROSS**  
1 Front desk feature  
5 Strut  
11 Opera piece  
12 Will topic  
13 Leo or Libra  
14 Stage comments  
15 Writer  
17 Hot drink  
18 Oklahoma city  
22 Festive  
24 Bar mishap  
25 In the style of  
26 Dems.' foes  
27 Wrong  
30 Massage targets  
32 “Water Lilies” painter  
33 Nonsense  
34 Ethnic  
38 Refer  
41 Party spread  
42 Illinois city  
43 Pride member  
44 Urban bird  
45 Avenue liners

**DOWN**  
1 Deep voice  
2 Rock's Clapton  
3 Drizzle  
4 Poet Sidney  
5 Barking beast  
6 Useful skills  
7 Roil  
8 Posessed  
9 Pigged out  
10 “You bet!”  
16 Put down  
19 Urban transport  
20 Gin flavorer

|   |   |   |   |   |   |   |   |   |   |   |
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| A | D | A | P | T | E | D |   | R | E | P |
| Y | E | L | L | O | W | S |   | M | O | O |
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| P | I | A | N | O |   | L | O | D | E | S |
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| S | E | C | U | R | E |   | S | O | R | E |
| R | A | G | E | D |   | A | W | E | S |   |

Previous Puzzle

- 21 Chamois' home

22 Polite address

23 Sailor's saint

28 Tie down

29 Painter's place

30 Museum topic
- 31 Twosome

35 Good for dieters

36 Proton's place

37 Eye part

38 Phone download

39 Floral ring

40 Lumber unit

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|    |    |    |    |    |    |    |    |    |    |    |
|----|----|----|----|----|----|----|----|----|----|----|
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| 22 | 23 |    |    |    |    | 24 |    |    |    |    |
| 25 |    |    |    |    |    |    | 26 |    |    |    |
| 27 |    |    | 28 | 29 |    | 30 | 31 |    |    |    |
| 32 |    |    |    |    |    | 33 |    |    |    |    |
|    |    |    | 34 |    |    | 35 |    |    | 36 | 37 |
| 38 | 39 | 40 |    |    |    |    |    | 41 |    |    |
| 42 |    |    |    |    |    |    |    | 43 |    |    |
| 44 |    |    |    |    |    |    |    | 45 |    |    |

7-3

Daily Cryptoquote – Here’s how to work it:

A X Y D L B A A X R  
is L O N G F E L L O W

One letter stands for another. In this sample, A is used for the three L’s, X for the two O’s, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each day the code letters are different.

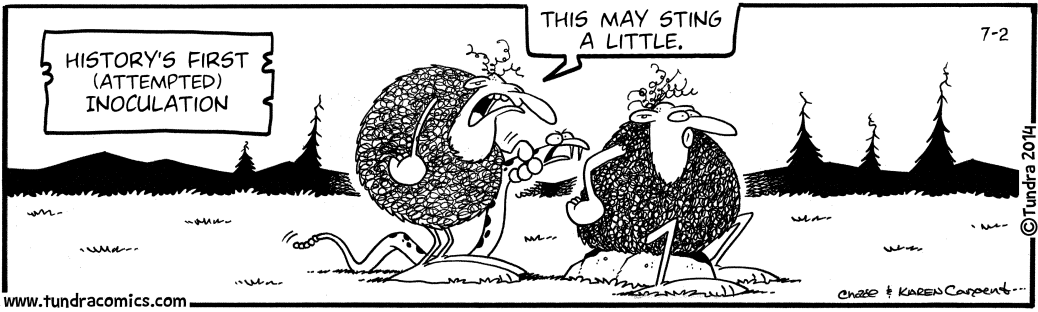
## 7-2 CRYPTOQUOTE

T N T C J Y Q P G J E T Y J L G O U C  
X O G G X H T G M T X C T G M Q C S  
C T F T P P J U L G X J V X U G M V M Q A T  
J F M Q T N T Y T C G . — M T C U L  
K X U B

Previous Cryptoquote: FRIENDSHIP MAY, AND OFTEN DOES, GROW INTO LOVE, BUT LOVE NEVER SUBSIDES INTO FRIENDSHIP. – Lord Byron

## COMICS

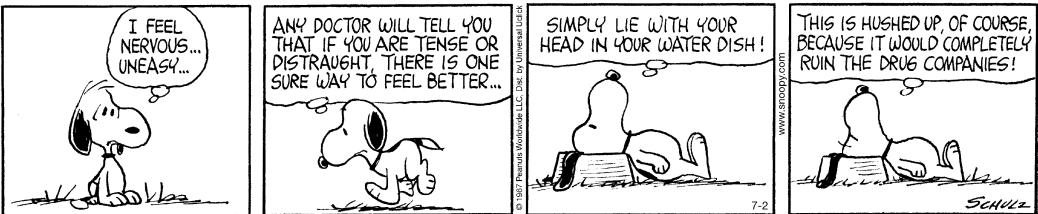
### Tundra



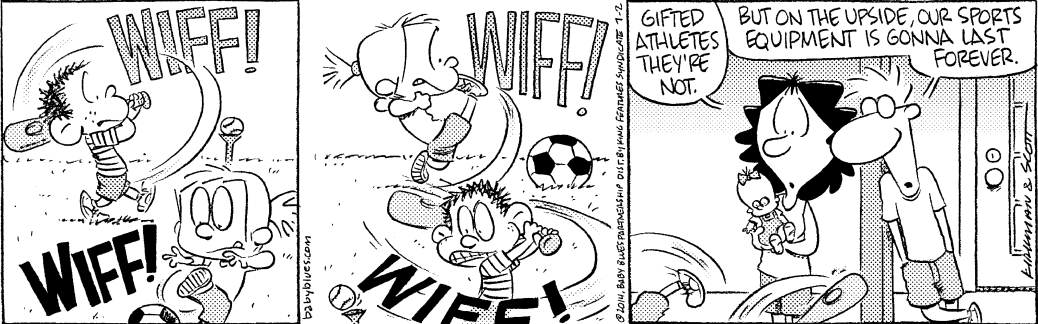
### Hagar the Horrible



### Peanuts



### Baby Blues



### Dilbert

