

Your only
Locally-owned
Supermarket for
over 50 years.



PRICES IN EFFECT NOON
Sun., August 31 - Sat., September 6

Open 7 Days A Week 5:00 a.m. - Midnight
Hwy. 11-71 West, I. Falls, MN
283-8440 • superoneifalls.com

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| <div>VALUABLE COUPON1010</div> <div>Essential Everyday Marinades 12.25 oz. bottle</div> <div>88¢each</div> <div>1</div> <div>Limit 2 per family with coupon at Super One thru September 6, 2014</div> | <div>VALUABLE COUPON1020</div> <div>Essential Everyday Oyster Crackers 9 oz. bag</div> <div>88¢each</div> <div>1</div> <div>Limit 2 per family with coupon at Super One thru September 6, 2014</div> | <div>VALUABLE COUPON1030</div> <div>Starkist Chunk Light Tuna 5 oz. can</div> <div>58¢each</div> <div>1</div> <div>Limit 2 per family with coupon at Super One thru September 6, 2014</div> | <div>VALUABLE COUPON1040</div> <div>Essential Everyday Peanut Butter 18 oz. jar</div> <div>\$1.38each</div> <div>1</div> <div>Limit 2 per family with coupon at Super One thru September 6, 2014</div> |
| <div>VALUABLE COUPON1050</div> <div>Essential Everyday Strawberry Preserves 18 oz. jar</div> <div>\$1.28each</div> <div>1</div> <div>Limit 2 per family with coupon at Super One thru September 6, 2014</div> | <div>VALUABLE COUPON1060</div> <div>Angel Soft Bathroom Tissue 4 roll pkg.</div> <div>78¢each</div> <div>1</div> <div>Limit 2 per family with coupon at Super One thru September 6, 2014</div> | <div>VALUABLE COUPON1070</div> <div>Essential Everyday Napkins 120 count pkg.</div> <div>78¢each</div> <div>1</div> <div>Limit 2 per family with coupon at Super One thru September 6, 2014</div> | <div>VALUABLE COUPON1080</div> <div>Milwaukee Dill Pickles 32 oz. jar</div> <div>\$1.68each</div> <div>1</div> <div>Limit 2 per family with coupon at Super One thru September 6, 2014</div> |
| <div>VALUABLE COUPON1090</div> <div>Hunt's Spaghetti Sauce 24 oz. can</div> <div>88¢each</div> <div>1</div> <div>Limit 2 per family with coupon at Super One thru September 6, 2014</div> | <div>VALUABLE COUPON1100</div> <div>Creamette Spaghetti 16 oz. box</div> <div>78¢each</div> <div>1</div> <div>Limit 2 per family with coupon at Super One thru September 6, 2014</div> | <div>REDEEMABLE COUPON VALID: 8/31/14-9/6/14 RV0300 1110</div> <div>SAVE \$3.00 When You Buy Any 5 of these Quaker Items: Instant Oatmeal, Oatmeal, Aunt Jemima Pancake Mix, Aunt Jemima Syrup, Chewy Granola Bars, Quaker Cereals</div> <div>1</div> <div>Limit 2 per family with coupon at Super One thru September 6, 2014</div> | <div>VALUABLE COUPON1120</div> <div>FROZEN Old Orchard Orange Juice 12 oz. can</div> <div>88¢each</div> <div>1</div> <div>Limit 2 per family with coupon at Super One thru September 6, 2014</div> |
| <div>VALUABLE COUPON1130</div> <div>Essential Everyday Onion Soup Mix 2 oz. box</div> <div>68¢each</div> <div>1</div> <div>Limit 2 per family with coupon at Super One thru September 6, 2014</div> | <div>VALUABLE COUPON1140</div> <div>DAIRY Pillsbury Grands Biscuits 5 count/10.2 oz. tube</div> <div>88¢each</div> <div>1</div> <div>Limit 4 per family with coupon at Super One thru September 6, 2014</div> | | |

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| Pepsi & Pepsi Products 24 oz./6 packs | 3/\$11 |
| Pepsi & Pepsi Products 12 pk | \$2.99 |
| Pepsi & Pepsi Products 2 liters | 4/\$5 |
| Aquafina Water 24 pk. | \$3.99 |
| Aquafina Flavorsplash 6 pk. | 2/\$5 |
| Lipton Teas 12 pks | \$4.99 |
| Nestle Pure Life Water 24 pack | \$2.99 |

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| Del Monte Fruit Cups | 2/\$4 |
| Geisha Mandarin Oranges | 11 oz. can 88¢ |
| Essential Everyday Applesauce | 46-48 oz. jar \$1.88 |
| Tide Liquid Laundry Detergent | 92-100 oz. bottle \$11.88 |
| Dawn Dish Detergent | 20-24 oz. bottle \$2.88 |
| Charmin Bathroom Tissue | 12 double roll pkg. \$5.88 |
| Bounty Basic Paper Towels | 6 big roll pkg. \$5.88 |
| Essential Everyday Facial Tissue | 66-86 count box 78¢ |

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| Frito Lay Family Size Ruffles | 13-13.5 oz. |
| Cheetos | 18.5-20.5 oz. |
| Munchies | 15.5 oz. |
| Doritos | 16 oz. \$4.49 |
| Frito Lay Doritos | 10-11 oz. 2/\$6 |
| Frito Lay Nut Harvest | 5.5-6.75 oz. 2/\$6 |
| Frito Lay Variety Pack Chips | 20 ct. \$5.99 |
| Old Dutch Restaurant Style Tortilla Chips | 13 oz. \$2.79 |
| Nabisco Nilla Wafers | 11 oz. box \$2.99 |
| Nabisco Bel Vita | 8.8 oz. box \$2.99 |
| Nabisco Newtons | 8.75-14 oz. pkg. \$2.99 |
| Essential Everyday Blueberry Muffin Mix | 18.25 oz. box \$1.88 |
| Hershey's Chocolate Syrup | 18.5-24 oz. bottle \$1.98 |
| Maxwell House Coffee K Cups | 12 pack box \$5.99 |
| Gevalia Coffee K Cups | 12 pack box \$5.99 |
| Essential Everyday Steak Sauce | 15 oz. bottle \$1.88 |
| Ken Davis BBQ Sauce | 18-18.5 oz. bottle \$1.88 |
| Langer's 100% Cranberry Juice Blends | 64 oz. bottle 2/\$5 |
| Langer's Apple Juice | 64 oz. bottle \$1.88 |
| Essential Everyday Apricot Preserves | 18 oz. jar \$1.88 |

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| Essential Everyday Peach Preserves | 18 oz. jar \$1.88 |
| Essential Everyday Seedless Strawberry Jam | 18 oz. jar \$1.88 |
| Essential Everyday Seedless Blackberry Jam | 18 oz. jar \$1.88 |
| Gedney Relish | 10 oz. jar \$1.38 |
| Uncle Ben's Rice | 4.4 oz. cup 88¢ |
| Essential Everyday Mayonnaise | 15 oz. jar \$1.66 |
| Marzetti Slaw Dressing | 16 oz. bottle \$2.99 |
| Pompeian Olive Oil | 16 oz. bottle \$3.99 |
| Lay's Stax Potato Chips | 5.5 oz. pkg. 5/\$5 |
| Essential Everyday Sugar Sweetened Drink Mixes | 19 oz. can \$1.66 |
| Essential Everyday Tomatoes | 28 oz. can 99¢ |
| Essential Everyday Tomato Sauce | 29 oz. can \$1.19 |
| Essential Everyday Long Grain White Rice | 32 oz. bag 2/\$3 |
| Canoe Cooked Wild Rice | 15 oz. can 2/\$5 |
| Mr. Clean Cleaners | 40 oz. bottle 2/\$5 |
| Essential Everyday Sandwich Bags | 150 count box 99¢ |
| Essential Everyday Aluminum Foil | 25 ft. 77¢ |
| Cascade Automatic Dishwasher Detergent | 45 oz. powder/ 45 oz. gel \$3.29 |

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| Take An Additional \$3.00 OFF of these prices with coupon from above | |
| Aunt Jemima Pancake Mix | 32 oz. box 2/\$4 |
| Aunt Jemima Syrup | 24 oz. bottle 2/\$5 |
| Quaker Cap'n Crunch | 14 oz. |
| Peanut Butter Crunch | 12.5 oz. |
| Crunch Berries | 13 oz. |
| Life | 13 oz. |
| Life Cinnamon | 13 oz. |
| Life Maple Brown Sugar | 13 oz. 2/\$5 |
| Quaker Oatmeal | 42 oz. canister \$2.89 |
| Quaker Instant Oatmeal | 8-12 count box \$2.89 |
| Quaker Chewy Granola Bars | 6.1-7.4 oz. box 2/\$5 |

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| Ball Park Hotdog Buns | 8 ct. \$1.99 |
| Ball Park Hamburger Buns | 8 ct. \$1.99 |
| Old Style Potato Bread | 24 oz. \$2.29 |
| Old Style 12 Grain Bread | 24 oz. \$2.29 |
| Little Debbie Swiss Cake Rolls | 12 ct. 4/\$5 |
| Nutty Bar | 12 ct. 4/\$5 |
| Oatmeal Cream Pies | 12 ct. 4/\$5 |
| Cosmic Brownies | 6 ct. 4/\$5 |
| Honey Buns | 6 ct. 4/\$5 |
| Sunbelt Granola Bars | 8 ct. \$1.88 |

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| Frito Lay Kettle Cooked Lays | 7-8.5 oz. 2/\$5 |
| Fritos | 9.75 oz. 2/\$5 |
| Cheetos | 8-9 oz. 2/\$5 |
| Canned Dip | 8.5-9 oz. 2/\$5 |
| Ruffles | 7.5-10 oz. 2/\$6 |
| Old Dutch Popcorn | 12 oz. \$3.79 |
| Old Dutch Dutch Crunch Chips | 8-9 oz. \$2.79 |

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| Campbell's Chunky Soups | 15.25-18.8 oz. can 3/\$5 |
| Krispy Saltines | 16 oz. box \$1.66 |
| Red Gold Stewed Tomatoes | 14.5 oz. can 78¢ |
| Diced Tomatoes | 14.5 oz. can 78¢ |
| Hunt's Tomato Sauce | 8 oz. can 44¢ |
| Uncle Ben's Country Inn Rice | 6 oz. box 88¢ |
| Creamette Pasta | 12-16 oz. box 88¢ |

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| CEREAL | |
| General Mills | |
| Honey Nut Cheerios | 12.25 oz. |
| Multi Grain Cheerios | 9 oz. |
| Cheerios Banana Nut | 10.9 oz. |
| Cheerios Cinnamon | 10 oz. |
| Cheerios Chocolate | 11.25 oz. |
| Cheerios Honey Nut Medley Crunch | 13.1 oz. |
| Cheerios Frosted | 12 oz. |
| Cheerios Dulche | 12 oz. |
| Cheerios Fruity | 12 oz. |
| Cheerios Apple Cinnamon | 12.9 oz. 2/\$5 |
| Malt-O-Meal | 11.5-16.5 oz. box 3/\$5 |
| Naturals Cereals | 11.5-16.5 oz. box |
| Betty Crocker Fruit Snacks | 4.5-8 oz. box 2/\$4 |

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| FROZEN | |
| Red Baron Pizzas | 14.76-23.45 oz. 4/\$10 |
| Red Baron Singles | 5.34-11.6 oz. 4/\$10 |
| Brew Pub Lotzza Motzza Pizza | 12 inch \$4.94 |
| Birdseye Vegetables | 14.4-16 oz. bag 5/\$5 |
| (Peas, Broccoli Cuts, Corn, Mixed Vegetables) | |
| Essential Everyday Frozen Whipped Topping | 8 oz. tub 88¢ |
| Northland Vanilla Ice Cream | 1 gallon pails \$3.99 |

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| Essential Everyday Spicy Brown Mustard | 12 oz. bottle 78¢ |
| Horseradish Mustard | 12 oz. bottle 78¢ |
| Dijon Mustard | 12 oz. bottle 78¢ |
| Ground Dijon Mustard | 12 oz. bottle 78¢ |
| Jalapeno Mustard | 12 oz. bottle 78¢ |
| Essential Everyday Ketchup | 24 oz. \$1.18 |
| Van Camp's Baked Beans | 15 oz. can 88¢ |
| Gedney Hamburger Dill Slices | 32 oz. jar 2/\$4 |
| Essential Everyday Stuffed Green Olives | 5.75 oz. jar 88¢ |

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| Kraft Macaroni and Cheese Cups | 1.9-2.39 oz. cups 5/\$5 |
| Carlita Taco Shells | 12 count box 5/\$5 |
| Betty Crocker Hamburger Helper | 5-8.7 oz. 5/\$5 |
| Chicken Helper | 5.2-9.2 oz. 5/\$5 |
| Tuna Helper | 5.2-9.2 oz. 5/\$5 |
| Essential Everyday Au Gratin Potatoes | 4.5-4.7 oz. box 5/\$5 |
| Scalloped Potatoes | 4.5-4.7 oz. box 5/\$5 |
| Julienne Potatoes | 4.5-4.7 oz. box 5/\$5 |
| Essential Everyday Pasta Salad Mix | 7.5-7.75 oz. box 5/\$5 |