


Tchotchke

(choch•key)

meaning:
trinket, doohickey, gizmo, whatchamacallit

Make your Own Fabric Refresher


1/8 C. of Fabric Softener of your choice.
2 Tablespoons Baking Soda
Hot Tap Water
Spray Bottle
(you can reuse empty 27 oz. Febreze bottle)

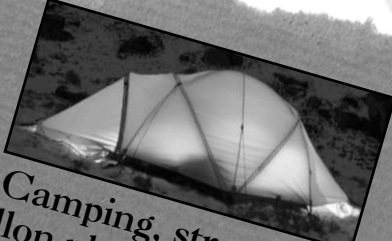


Mix 1/4 cup Listerine (any kind but I like the blue), 1/4 cup vinegar and 1/2 cup of warm water. Soak feet for 10 minutes and when you take them out the dead skin will practically wipe off.

Bug Bite Remedy

Use roll on or stick antiperspirant on insect bites to relieve itching and swelling. The aluminum salts in the antiperspirant are key to taking down the swelling and getting rid of the itch.





When Camping, strap a headlamp to a gallon plastic milk jug filled with water. When turned on, it will luminate light through your entire tent or camper.

Easy Peach Salsa with Cinnamon Sugar Chips


INGREDIENTS:

Salsa:
8 fresh peaches - peeled, pitted, and diced
1/2 cup quartered yellow cherry tomatoes
1/4 red onion, chopped
2 tablespoons chopped fresh cilantro
1/2 jalapeno pepper - seeded, membranes discarded, and pepper chopped

Chips:
10 small flour tortillas, cut into 8 wedges
1/4 cup butter, melted
2 tablespoons cinnamon sugar


DIRECTIONS:

a. Mix peaches, tomatoes, onion, cilantro, and jalapeno pepper together in a bowl; sprinkle with cardamom. Drizzle lime juice and lemon juice over salsa; toss to coat.
b. Preheat oven to 350 degrees F (175 degrees C).
c. Brush tortilla wedges with melted butter; sprinkle generously with cinnamon sugar. Arrange coated wedges on a baking sheet.
d. Bake in the preheated oven until chips are crisp, 15 minutes. Serve chips alongside peach salsa.



HOST AN EXCHANGE STUDENT TODAY!

(for 3, 5 or 10 months)




Pablo from Spain, 17 yrs. Loves soccer and would like to learn to play baseball. Pablo is a boy scout and enjoys the outdoors.

Make this year the most exciting, enriching year ever for you and your family. Welcome a high school student, 15-18 years old, from Italy, France, Norway, Denmark, Spain, Germany, Brazil, Thailand or China as part of your family for a school year (or less) and make an overseas friend for life.


For more information or to select your own exchange student please call:

Marcy at 1-800-888-9040 (Toll Free)
or e-mail us at info@world-heritage.org

For privacy reasons, photos above are not photos of actual students



Julie from Denmark, 16 yrs. Enjoys gymnastics, swimming and photography. She's positive, fun loving and easy to get along with.



www.whhosts.com
World Heritage is a public benefit, non-profit organization based in Laguna Beach, CA.

ELKS LODGE LOCAL SCHOLARSHIP FUNDRAISER


BRAT OR BURGER/CORN BEER OR POP

Silent Auction **Bouncing Gym** **ALL THE CORN YOU CAN EAT**

\$6

Friday, August 16
3-7 p.m. Third Street

Live Music with PAT PORTER
Starting at 7 p.m.
Public Invited



BACKUS COMMUNITY CENTER CALENDAR OF EVENTS

Visit us – www.backusab.org or Facebook – Backus AB

August 15 Free Movie – “Black Stallion” 1:30 pm
Sponsor: Falls Public Library

August 17 Backus Rainy Lake Triathlon – 9 am - City Beach Run, Bike, Swim – Registration 8 am

August 20 Stroke Detection Clinic – 9:00 am - 4:30 pm

August 29 & 30 .. Backus Kid’s Club Closed

September 2 Backus Office & Kid’s Club Closed

September 5 Soup Supper 4:30 – 6:30 pm
Sponsor: First Baptist Church

September 28 Chris Koza “Rogue Valley” Concert 7:00 pm


Community Café – Free Meals
Tuesdays & Thursdays
5:30 – 6:00 pm

COMMUNITY MARKET
Wednesdays 4:00 – 6:30 pm
Saturdays 9:00 am – Noon




“Backus is fully accessible to persons with disabilities – Please call our office for specific accommodations.”


Call Backus Community Center for Information 218-285-7225



Learn how we’re re-defining assisted living for you.

Call Danette Nixon at (218) 285-9563 today to learn more.

**Good Samaritan Society®**
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